



The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Marilyn's Musings

The week-end of 11th and 12th June will see any number of street parties and cream teas around the country and commonwealth celebrating the official 90th birthday of our earthly monarch Queen Elizabeth II.

Whether or not you are a Royalist, you cannot help but stand in awe of this remarkable woman, the longest reigning British Monarch of all time, who at the age of 90, still works over 40 hours a week fulfilling her oath - *"I declare before you all that my whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong."*

Until recently we have only seen glimpses of her, but the documentary 'The Queen at 90' narrated by Prince Charles, showing private home movies, gave us a privileged insight into the woman who is not only our Monarch, but also a mother, grandmother and great grandmother.

So what is it that gives her the strength, the ability to engage with people of all ages, of all faiths and none, from across the globe?

The answer can be found in her Christmas Day messages, summed up in this one from 2002 - *"I know just how much I rely on my faith to guide me through the good times and the bad. Each day is a new beginning. I know that the only way to live my life is to try to do what is right, to take the long view, to give of my best in all that the day brings, and to put my trust in God...I draw strength from the message of hope in the Christian gospel"*.

Just as Prince Charles gave us opportunity to see what our Queen is really like, so Jesus gives us opportunity to see what God is really like - the Queen's Christmas message in 2012 reminded us that *"God sent his only son 'to serve, not to be served'. He restored love and service to the centre of our lives in the person of Jesus Christ"*.

If everyone strived to do the same, what a different world we would live in!

Yours in Christ

Marilyn



Sally and Ray Tomlins' St Saviours' Flower Show exhibit

From the Editor

Weddings. They seem to be back in fashion this year. After quite a few lean years, our group of Churches has about 16 booked for this year, 9 of them at St. Willow. And whilst there are always those who grumble about 'what a waste of money' and 'it's all become so commercialised' it is still a magical and spiritual event. A statement of love and commitment from the couple involved.

It gives families something out of the ordinary to talk about - hats, caterers, wedding cars, confetti, hymns, who to invite (and not), champagne and food. It's all about tradition and above all it says something about faith in the future and celebrating life. We wish them all luck, health and endless happiness. Romantic it maybe - and why not !

Sue

IMPORTANT NOTICE TO ADVERTISERS AND CONTRIBUTORS

Due to clashes with the present September press date and the editorial teams' other commitments we are changing the publication dates of the Parish News.

To achieve this we will publish a one off August/September/October issue going to press 14th July.

Thereafter we will publish as before at 2 monthly intervals

See revised copy dates on page 22

CHURCH DIARY

*St. Wyllow Lanteglos, St. Saviour Polruan, St. Ildierna Lansallos
St. Tallanus Talland, St. John Bodinnick, St. Marnarch Lanreath, St. Nun Pelynt*

JUNE

Thursday 2

10.00 St. Saviour Morning Prayer
11.00 St. Wyllow Wedding

Saturday 4

13.00 St. Wyllow Wedding

Sunday 5 Trinity 2

09.00 St. Ildierna Morning Prayer
09.30 St. Marnarch Holy Communion
11.00 St. Saviour Parish Eucharist
11.00 St. Tallanus Songs of Praise
18.00 St. John Evening Prayer & Baptism

Wednesday 8

09.30 St. Nun Holy Communion

Thursday 9

10.00 St. Saviour Holy Communion

Sunday 12 Trinity 3

09.30 St. Marnarch Holy Communion
11.00 St. Tallanus Morning Prayer
11.00 St. Wyllow Parish Eucharist
11.00 St. Nun United Village Service
18.30 St. Ildierna Evening Prayer

Thursday 16

10.00 St. Saviour Holy Communion

Sunday 19 Trinity 4

09.00 St. Ildierna Holy Communion
11.00 St. Wyllow Morning Prayer
11.00 St. Tallanus Parish Eucharist
17.00 St. Marnarch Evening Worship

Wednesday 22

10.00 St. Saviour Experience Biblical Seaside

Thursday 23

10.00 St. Saviour Morning Prayer

Sunday 26 Trinity 5

09.00 St. Wyllow Parish Eucharist
09.30 St. Marnarch Family Service
11.00 **Polperro Big Green Festival Service**
11.00 St. Nun Holy Communion
18.30 St. Ildierna Evening Prayer

Thursday 30

10.00 St. Saviour Morning Prayer

JULY

Friday 1

14.00 Polruan School leavers service

Sunday 3 SEA SUNDAY Trinity 6

09.00 St. Ildierna Morning Prayer
09.30 St. Marnarch Holy Communion
10.40 Coal Wharf Polruan Blessing of the Sea
11.00 St. Saviour Parish Eucharist
11.00 St. Tallanus Morning Prayer
17.00 St. Nun Songs of Praise

Thursday 7

10.00 St. Saviour Holy Communion

Sunday 10 Trinity 7

09.30 St. Marnarch Holy Communion
11.00 St. Nun United Village Service
11.00 St. Tallanus Morning Prayer
11.00 St. Wyllow Parish Eucharist
18.30 St. Ildierna Evening Prayer

Wednesday 13

09.30 St. Nun Holy Communion

Thursday 14

10.00 St. Saviour Morning Prayer

Sunday 17 Trinity 8

09.00 St. Ildierna Holy Communion
11.00 St. Wyllow Parish Eucharist
11.00 St. Tallanus Parish Eucharist
17.00 St. Marnarch Evening Worship

Thursday 21

10.00 St. Saviour Holy Communion

Sunday 24 Trinity 9

09.30 St. Marnarch Family Service
11.00 St. Wyllow Parish Eucharist
11.00 St. Nun Holy Communion
18.30 St. Ildierna Evening Prayer

Sunday 31 Trinity 10

11.00 St. Marnarch Benefice Eucharist

FROM THE REGISTERS

Baptisms:

1st May Freddie Eric Barton
St. Marnarch's
Heidi Margaret Barton
St. Marnarch's

Weddings:

2nd April David James Richard Morgan to
Jennifer Jane Parsons St. Wyllow
23rd April Christopher David Secker to
Hermione Jane Davis St. Ildierna

Cyrille Jean Jacques Lacroix to
Rachel Elizabeth Pollard St. Wyllow

21st May Jacob Ellery Fletcher to Megan
Jade Bryant St. Tallanus

Funerals:

21st April Janice Mary Kennedy
St. Tallanus

23rd April Jacqueline Mary Goddard
St. Wyllow

20th May Kitt Brooke Alcuin John Fulke
Augustine Constantine Spencer-Churcher
St. Tallanus

23rd May Joyce Bevan St. Nun

Services at the Crematorium:

28th April Shirley Warner of Polruan

9th May Ernest Peters of Pelynt

23rd May Joyce Bevan of Pelynt

Lansallos Parish News

by John Feeseey,

Honorary Treasurer



Those of you who may be regular followers of this column (if indeed there are any!) will know that in the last few issues we've been learning about the story of the Church of St Ildierna and its Celtic and Norman predecessors over the centuries. Well, you may be relieved to know that you're getting a break from history this month, with more instalments in future issues.

Instead, I'd like to highlight the success of our amazing Lansallos Bellringers over the last year, winning the East Cornwall winter league, held in towers throughout East and Mid Cornwall, from Saltash to St Columb. The final was held at Menheniot when Lansallos won the first set. Last year Lansallos came second in the round ringing and third in the change ringing at the East Cornwall Ringing Association Festival, held in Lanreath. There's new blood coming on too, with three new ringers under training of whom the youngest is teenager Edward Talling. Regular bell practices were held over the winter months and will start again in September, so if you'd like to join do contact our tower captain, Roger Talling.

I'd also like to salute the generosity of the late Mr John Bagley, who was interred two years ago at Lansallos and who kindly left a bequest to help defray the cost of churchyard maintenance. It serves as a reminder to us all that leaving a gift to your church in your will is one of the simplest and best ways that you can help – and it won't cost you anything!

Sadly, our good work is sometimes still undone by vandalism, the latest being the wrenching of the donations organ pipe in the porch from its fixings and theft of its contents. As it was low season and the pipe had just been emptied, it's unlikely that the thief gained very much but it shows how important it is to keep our eyes open. Rural churches like ours are always vulnerable and we certainly don't want to keep them closed, so vigilance is our best defence.

Lansallos Fete An important date for your diaries: Lansallos Fete will be held in the Old Rectory garden (next to the church) at **2.30pm on Saturday, 30th July** (in the church if wet).

This is a traditional, family fete with stalls, games for children (of all ages!), ice cream, plant sales and cream teas. The event will kindly be opened by Radio Cornwall personality Donna Birrell. Free parking, too, and you can combine your visit with a stroll down to picturesque Lansallos Cove, so do come and enjoy a day out.

Lowena dhywgh! (Have a nice day! – in Cornish)



Publisher
Revd Marilyn Elliott 01503 221159
marilynelliottm@btinternet.com

Managing Editor
John Nuttall-Smith 870273

Editor - Susan Shakerley 870211
susanshakerley@gmail.com

Assistant Editor - Janet Downes 870627
downes@trethake.freeseerve.co.uk

Advertising - John Nuttall-Smith 870273
lpn@parica.force9.co.uk

Distribution - Mary Toms 870462
philipktooms@hotmail.com

**Churches Together Cornerstone
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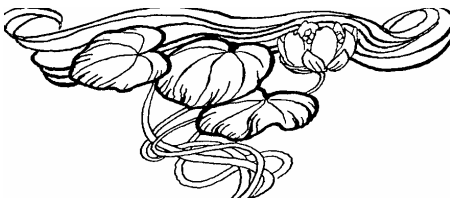
Cornerstone the Churches together Charity Shop in West Looe, would still appreciate some additional help. If anyone feels able to help (3 hours at a time) please call Jenny Hall on 01503 598267 she would be delighted to add your name to the list of monthly volunteers or on the floating list which means help when you are able. Also if you have any unwanted gifts or nice quality items, you no longer require, we would also be delighted to receive them. As it is a very small shop we are unable to take large items and clothing. It still has a full range of Christian cards. Fairtrade goods as well as books and bric a brac, and we are now able to take working electrical appliances, which we have electrically checked. Additionally we are able to serve Fairtrade Tea and Coffee along with a nice slice of cake! The shop, which is on the corner of Quay Road in West Looe, is run by a group of Trustees under the chair of Revd.

**TALLAND CHURCH DATES FOR
YOUR DIARY**

Tuesday June 21st 11am Churches Together Fete Day on Big Green Polperro . 11AM The Stalls will include Cake, Chocolate Tombola, books, plants, cards, Bric a Brac, and Sweets to name but a few. There is also a BBQ serving Burgers, Sausages and Egg and Bacon Baps. At 4pm the final of the Bake Off Competition takes place. For further information contact Jenny Hall . 01503 598267.

Saturday 25th June Midsummer Concert in Talland Church. 7pm – With the Callington Community Gospel Choir Come and join in the singing Tickets £8:50 to include Pasty and Cream Tea Supper : Licensed Bar and Raffle Tickets available from Joe O' Keefe Pelynt. Polperro Bakery. Looe Tourist Information Centre or on the door on the night.

Saturday 23rd July Cheese and Wine in the Ebenezer Gallery 7pm until 9: Come and enjoy an evening of chat, cheese and wine in convivial surroundings and look around the paintings and sculptures in the Gallery, enjoy the skills of the artists and sculpture's. Tickets £7:50 to include 1st glass of wine and cheeses. Licensed bar and Raffle Tickets from Jenny Hall 01503 598267 or on the door on the night.



EXPERIENCE

The ecumenical and cross parish team are currently writing 'Experience the Biblical Seaside' which will be happening in St Saviour Church on Wednesday 22nd June for Polruan and Pelynt Schools. The 'stations' will remain in church until after the Sea Sunday service in St Saviour on Sunday 3rd July so do pop in and have a look. We will then take them to Polperro School on Tuesday July 5th so that they too can 'Experience the Biblical Seaside'.

GODPARENTS SUNDAY

We celebrated 'Godparents Sunday' in St Saviour Church on 1st May with a Family Communion service. We were pleased that a number of people accepted our invitation to this special event. At the end of the service some of the children blew out a candle on the celebration cake which was then cut by Amy Shakerley and one of her Godmothers and enjoyed by all of us after the service. There was a display about baptism centred on the font plus an activity leaflet for the youngsters and 'Thank-you for being my Godmother/Godfather' cards for them to colour and then give or send.

Kathryn Hill

MESSY CHURCH

Our annual Pentecost Praise Party was held in St Saviour Church on Pentecost Sunday with 12 children and 20 adults. Wind chimes and clay were the most popular crafts. As always we are grateful to Foye for playing the piano for us, to all who bring contributions to the bring-and-share tea and to all who help in various ways including the gallant band of 'clearer-uppers'!

Our next Messy Church will be 'Messy Harvest' in the autumn.

Kathryn Hill

The Churches of Lanteglos by Fowey, Lansallos, Lanreath, Pelynt & Talland

Priest in Charge Revd. Marilyn Elliott 01503 221159

Lanteglos
Churchwarden Colin Payne 01726 870715
Treasurer Graham Tyson 01726 870221
Secretary Kathryn Hill 01726 870953

Lansallos
Churchwardens Brian Langdon 01503 272269
Margaret Phillips 01503 272430
Treasurer John Feesey 01503 220884
Secretary Glen Feesey 01503 220884

Pelynt
Churchwardens Sheila Morrell-Davies 01513 220976
Frank Edwards - Ex Directory
Treasurer Graham Whiteley 01503 220688
Secretary Sheila Morrell-Davies 01503 220976

Lanreath
Churchwardens Rose Northcott 01503 220475
Dawn White 01726 870743
Treasurer Peter Bartram 01503 220490
Secretary Jenny Bartram 01503 220490

Talland
Churchwardens David Bailey 01503 262890
Sheridan Hughes 01503 264948
Treasurer Joe Sharples 01503 273466
Secretary **3** Jenny Hall 01503 598267

PARISH DIARY

JUNE

Wednesday 1 -
Saturday 4
Polruan Theatre Club
' Fresh Winds in the Willows'
7.30pm Polruan Village Hall
Tuesday 7
Age Concern Summer Outing to Falmouth
Saturday 11
Loveny Choir Concert
7pm St. Marnarch's Church Lanreath
Tuesday 14
Womens Hour. Trerulefoot 9.30
Tuesday 21
Churches Together Fete Day
11.00am Polperro Big Green
Friday 24
Polruan School Summer Fayre
3.30.
Saturday 25
Age Concern Coffee Morning
10.30 Polruan Village Hall
Midsummer Concert
Talland Church 7 - 9 pm

JULY

Saturday 2
Farmers Market. 10-3
Whitecross Village Hall
Sunday 10
Cream Teas at Polruan Village Hall
in aid of Kids Holiday Club 2.30 - 4.30
Saturday 23
Polruan Regatta & Children's Sports
Beach Gala followed by evening
BBQ & Disco
Cheese & Wine at Ebenezer
Gallery, Polperro 7 - 9.30
In aid of Talland church
Monday 25 - Thursday 28
HOLIDAY CLUB
St. Saviour & Polruan Village Hall
Saturday 30
Lansallos Church Fete
The Old Rectory, Lansallos 2.30pm
Flower Festival
St. Marnarch's Church Lanreath
Sunday 31
Flower Festival - as above
Cream Teas and Gardens Open
Puffin, Meadow Close, Polruan
in aid of Motor Neurone Disease Assoc
& Childrens Hospice SW.

**CELEBRATING THE QUEEN'S
BIRTHDAY ON JUNE 12TH**

To celebrate the Queen's 90th Birthday we will have special hymns and prayers at the 11 a.m. service at St Wyllow Church.

After the service we will cut a celebration cake and enjoy a slice of it with our tea or coffee.

All are welcome, do come and join us.

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We are always so grateful and amazed at the generosity of those both resident and visitors to our Parish, not only by their donations but with time and talent.

Last year Polruan artist, Jane Walker held an event 'Art Rocks' a pop up art show. With support from fellow artists, printers and photographers, Jane's event was very successful. Jane's series of originals and prints, 'Fowey River' were on sale with 100% of sales donated to three local charities. We were recently delighted to receive a magnificent £300, thank you so much Jane.

On Sunday July 31st the lovely garden of Puffins, 12, Meadow Close, will again be open with the option of enjoying a cream tea, from 3.00.p.m. -5.30.p.m. Come and enjoy the planting whilst admiring the view. As last year we will be sharing the proceeds with the Motor Neurone Disease Association.

Our coming book sales will be on June 7th and July 5th, hopefully the weather will be kind and we can sell outside.

Thank you for your continued support.

Lynn Bartlett 870536. bella Tyson

Please make a note in your diaries for two imminent fund raising events to be held in the church toward the upkeep of St Marnarch's.

**SATURDAY 11 JUNE
LOVENY CHOIR IN CONCERT AT
7.00pm.**

TICKETS £7.50 to include refreshments
Contact Jenny 01502 220490

**SATURDAY AND SUNDAY 30 and 31
JULY A FLOWER FESTIVAL
"THROUGH ALL THE CHANGING
SCENES OF LIFE "**

This festival is a village affair combining the talents of many of the above mentioned organisations who will be creating their own floral arrangements on display.

Polruan Taxi

Run by Tony Cottrell, using a Citroen Berlingo (space for four passengers and loads of luggage), the service is on an advance bookings only basis and can be contacted by ringing

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Polruan WI News

Our Birthday lunch was held way back in February at The Luggier Inn. We had a splendid meal, after which the grand winners for the year were announced by Beth Rigg, our President. Each year the points for the winners of the monthly competitions are added together to decide the overall winners for the cup. The winner was Ruth Frizell. Runners up were Chris Cox and Kathryn Hill. Well done to everyone.

Our March meeting was the AGM and while we were waiting for our Area Advisor to arrive we had a competition to name as many countries in Europe from a map we were given. It was a lot harder than we thought. In the end Kathryn and Chris got the most right answers.

Once the Area Advisor had arrived the minutes from the last AGM were read and signed. Beth gave a speech, listing all the activities and talks over the past 12 months. Voting for the President for next year resulted in Beth being re-elected. the advisor gave a talk about the events of the Cornish WIs and the courses that are available at Denman College.

April's meeting was on Fire Safety and the competition to make something out of matchsticks.

Ladies of Polruan do come along and join our social gathering once a month. For more information phone Chris Cox (Vice President on 01726 870194)

**Polruan Garden Open Afternoon for
Little Harbour Children's Hospice
and Motor Neurone Association.**

The attractive garden, with stunning, uninterrupted harbour views, at Puffins, 12, Meadow Close will be open for all to enjoy on Sunday July 31st.

Cream Teas will be available.

The gardens will be open between 3.00.p.m. and 5.30.p.m.

Regrettably the terraced garden has no wheelchair access.

For further information please contact Lynn Bartlett (870536) or Joan Simpson (870357)

**The Story of
St. SAVIOUR AT POLRUAN
by Frances Eileen Burdett**

A history based on legend, fact and fancy from A.D. 12 to 1968. Rev. J. Trounshell Mugford's "diary and accounts" of the building of St. Saviour in 1889, also containing early history of this parish.

Frances Eileen Burdett lived at Headlands, Polruan and her book was first published on Midsummer's Day 1968.

This new and revised 36 page edition is now available as part of the 125th anniversary celebrations of the dedication of St Saviour- Price £3 from St Saviour, St Wylow, and The Winklepicker.

*By Post £4.50 from The Parish News,
1 St Saviours Hill, Polruan PL23 1PR*



Jean Hill Remembered

On Monday 9th May in the Village Hall, Tony Cottrell paid tribute to Jean by starting his readings with this poem :-

*There will be no light in 'Headlands' tonight.
Jean Hill is dead.
No more fight for what she felt to be right.
Jean Hill is dead.
The gardens may go on show again
The plants will continue to grow again
Someone else might know every flowers' name -
But it won't be the same.
In the Village Hall, there may be more plays
But not like in the Good Old Days
Because now, she'll nowhere be seen,
Is Jean.
And she will be missed -
The iron fist in a velvet glove,
So much giving, so much love,
Always needing to be involved;
Give her a problem, it'll be solved.
Headlands won't need an epitaph
Simply the echo of her generous laugh.
A shadow sat in the shade of a tree.
Where else will she be?*

There followed a selection of readings from Tony's two books. Afterwards followed the unveiling of a memorial plaque and planting of a Cornish apple tree to honour her memory.

The Polruan in Bloom Competition

Summer is once again not very far away after what seems the wettest and longest winter for a long time. So why not enter the Polruan in Bloom Competition, the entries were a very good standard again last year and the judges found it hard to decide, so why not try again.

The Categories are:-

The Mulready Trophy for Hanging Baskets, Windows Boxes or Containers.

The Millenium Trophy for Front Gardens and Borders.

Good Luck !

Judging will take place week commencing 4th July 2016.

Entry Forms from the Winklepicker, The Quay, Polruan from 6th June.

NEWS FROM LANREATH

from Jenny Bartram

The celebrations for May Day were marred by very wet weather but the village turned out to support the event and a good time was enjoyed by all.

If you have watched the recent Angela Rippon programme on television, 'How to Stay Young', there is a suggestion that living in Lanreath helps you to stay healthy and to live longer. This is by virtue of the variety of activities, physical and otherwise, which are organised in the village, and to which everyone is welcome to join.

Taking a look at the diary page of the Lanreath Lifestyle, the following are listed for May/June:

Sunday Services weekly at St Marnarch's Church.

Mondays - Bell ringing practice at 7.00pm. Badminton at 7.00pm at the Village Hall

Tuesdays - Exercise to Music at 6.30pm followed at 7.15pm by the Choir/Band practice - both in the Village Hall

Wednesday - Bingo on the 2nd Wednesday at 7.30pm and W.I on the 4th Wednesday at 7.30pm in the Village Hall

Thursday - Scottish Dancing at 7.30pm in the Village Hall

Friday - Pickle Ball at 11.00am and Line Dancing at 7.00pm in the Village Hall

There are other activities not listed eg The Breakfast Book Club which meets the first Tuesday of the month at 9.00am at 22 Grylls Park, The Walking Club which has a varied schedule, contact Sally 01503 220799 for more information and the History Group, contact Rosemary Pollock for forthcoming events 01503 220568. Our Neighbourhood Development Plan committee are forging ahead with the scheme which will be submitted for approval in the not too distant future.

The Ladybirds, our thriving baby and toddler group, run by Sandra Pipe meet at the Village Hall every Tuesday and Thursday 9.00 - 11.00am. If you can spare time on a Tuesday or Thursday morning to give Sandra a helping hand, please contact her on 01503 220860

All these events, and others organised by the Amenity Group, the Lanreath Community Spirit, the Rally Club, the Village Shop and the Church can be found on our website www.lanreath.com



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Polruan School News

by George Newton and Jasmine Stone

It has been a busy start to the summer at Polruan School! Our new whole school topic this half term has been 'Space' linked to Tim Peake's space expedition. We have: created our own space art; learned all about the International Space Station and written reports about it; designed a new menu for Tim Peake in Design Technology; and learned all about space in science. It has been a really fun topic!

We have been getting out and about a lot with the weather improving. We have been practising hard for our forthcoming sports day which is really exciting now we have four teams which are Lantic, Essa, Gribben and Pencarrow. Lots of us have taken part in Rounders Club after school and the games have been really exciting and close between the two teams. Every Tuesday and Wednesday, we are extremely lucky that all pupils get the chance to go out and take part in Forest School activities- we get the chance to explore and find out all about nature.

We have lots of visitors into our school who we learn lots from and two weeks ago the RNLI lifeguards taught us all about beach safety which is really important as we live right next to the sea.

The Year 6 pupils have just completed their English and maths SATs this week- they all worked hard and are proud of how they did. We can now get back into class and enjoy the topics we will be studying over the summer term.

Canute class are very excited to be moving back into their newly renovated room. We have had builders in for the last 6 weeks working on their room and it is now looking brilliant!

Coming up soon, the year 3, 4, 5 and 6 pupils will all be taking part in two afternoons of sailing at Gallants while the choir is practising hard for a performance at the Hall for Cornwall which takes place in June. At the end of this half term, both Canute and Tregeagle classes will be working together on a special space workshop for the whole day where they will be making their own rockets amongst other things. Some of the year 5 and 6 pupils are also looking forward to a trip to London with some pupils from Pelynt school. We hope you all have a great summer.

From the head boy and head girl at Pelynt School – Jowan & Annabelle

At Pelynt School the Year 6 children have just completed their SATs tests in maths, reading, spelling and grammar. We are all pleased that the tests are finished and we all tried our best.

In Class 3 we are now starting to discuss our leaver's assembly – we have plenty of ideas to choose from, so get ready to be entertained!

HOLIDAY COTTAGE TO LET

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We have all been on trips out and about this term; Class 3 went to Tesco at St Austell, where we learnt where our food comes from. We went into a giant fridge and freezer to see where chilled food is stored and we also made bread in the bakery. We played games to learn the names of fruit, vegetables, fish and cheese which gave us ideas for our health enterprise topic.

Class 2 are learning about rainforests and they have been studying a book called 'Stanley Saves the Rainforest.' Stanley is a spider who saves the rainforest from the wood choppers with his friends. Linking to this, Class 2 is looking forward to taking part in a World Wildlife Fund clean-up day.

Class 1 went to the Deer-park Forest at Herodsfoot and enjoyed a great day of activities which included shelter building and pond dipping as well as different crafts. They also went on a forest trail based on their story of 'Peter and the Wolf', where they found all the different characters in the forest.

In forest school Classes 1 and 2 have been learning about different animal habitats, while Class 3 has been making tree cookies with ladybirds and bees on to help younger children to count in the forest. We have also been challenged to make different types of den including a teepee design. We are now looking forward to sports day in June and to taking part in area athletics competitions. We hope the weather stays sunny!

Polruan Regatta & Children's Sports from the committee

At the end of April over 50 of the Parish children had a free, fun day either at Camel Creek Adventure Park or for the older ones, Crealy Devon. The weather was kind and all came away happy and tired. It's a huge responsibility taking children out and keeping them safe, as a committee we take that responsibility very seriously.

Our Carnival Queen and Attendants will have been chosen by the time this issue is delivered and so our next event will be the Beach Gala followed in the evening by a barbeque and free disco with DJ's Tilly and Suze; Nite Flite Disco. This takes place on Saturday July 23rd. We are hoping lots of the local children will enter the games on the beach this year. Entry forms will be delivered or available from the Winklepicker.

Several of last year's entrants in the scarecrow competition have signed up to take part again. Entry forms will be available from The Winklepicker and Polruan Stores from the beginning of June. The theme is 'Nursery Rhymes' and they need to be in place by 29th July. This is a week after the end of term to allow the children time to construct their entry.

We are grateful to Rev. Marilyn and the PCC for allowing us to enclose our Patron's forms within this issue. We sincerely thank those of you who already support us in this way and in anticipation to those who will become first time patrons this year. We certainly couldn't organise and run our successful events without you.

St Saviour Church 125 Festival



The Easter Garden Competition on Saturday 26th March didn't attract as many entries as we had hoped but Donna Birrell from Radio Cornwall who kindly came and judged them was impressed by what she saw. Refreshments were available all day and they, the raffle and the sale of memorabilia raised £160.

Our **Flower Festival** [12th – 15th May] was a great success with no fewer than 25 organisations and businesses accepting our invitation to take part. All of the displays were lovely and many of them showed great ingenuity – what a lot of talent there is in Lanteglos Parish! Visitors were very impressed as can be seen from the following written comments:

"A beautiful exhibition full of brilliant ideas cleverly executed. So impressed that so many organisations in such a small place have taken the time and trouble to make these displays. Absolutely lovely." "We six ladies loved the 'Afternoon Tea', the sewing/painting one, Children's School one; also the W.I. and Messy Church. All of them were delightful, colourful and fun – thank you. Also thanks to the volunteer ladies."

"Lovely flowers, beautifully arranged in a graceful setting – compliment to the church for organising it all and to the spirit of the village which contributed the beautiful decorations."

"What a wonderful way to spend some time in such lovely surroundings and with wonderful company."

Light refreshments and '125 Festival' memorabilia were on sale each day and the Festival Tablecloth gained a number of signatures. The 125 Committee are very grateful to all who helped 'man' the festival, serve refreshments, and sell raffle tickets as well as to all who donated prizes and who came along and supported this event and helped us raise the magnificent sum of £478.95, thank you one and all!

By the time you read this our **Cream Tea** on Sunday May 29th will have happened, more news of this in the next issue. It is not too late to buy a 125 Festival Quiz Sheet – ask any 125 Committee Member, only £1 each.

The next Festival event is our annual **Church Fete** which will be held in and around St Saviour [inside if wet] on August 13th from 2 – 4 p.m. Again, more details in the next issue.

St Saviour 125 Festival Committee

The Story of **St. SAVIOUR AT POLRUAN** By Frances Eileen Burdett

The Mission Church of St. Saviour at Polruan by Scott L. Burdett including much early history.

The diary of Sir Richard Edgcumbe's journey to Ireland in 1488.

A history of the Reformation in Cornw all.

The Rev. J. Trounseil Mugford's "diary and accounts" of the building of St. Saviour's in 1889

Frances Eileen Burdett lived at Headlands, Polruan and her book was first published on Midsummer's Day 1968. It was last reprinted in 1973.

This new and revised edition is published by the Lanteglos-by-Fowey Parochial Church Council by kind permission of the Burdett family.

Price £3 from St Saviour, St Wyllow, and The Winklepicker.

By Post £4.50 from The Parish News, 1 St Saviours Hill, Polruan PL23 1PR

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LETTERS

TO THE EDITOR

Sue Shakerley,
Coombeland,
Lanteglos-by-Fowey PL23 1NL.
susanshakerley@gmail.com
PHONE 870211

Or use the letterbox in the porch of
St Saviours Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that anonymous contributions are not acceptable. Please give your name & postal address: this will not be published in full unless you specifically request it.

FROM THE PUBLISHER

Due to clashes with the present September press date and the editorial teams' other commitments we have to change the publication dates of the Parish News.

To achieve this we will publish a one off August/September/October issue going to press 14th July and thereafter publish as before at 2 monthly intervals as follows.

November/December closing	14 October
January/February closing	14 December
March/April closing	14 February
May/June closing	14 April
July/August closing	14 June
September/October closing	14 August

It is appreciated that it will be difficult for event organisers to provide details for the 3 month period August/September/October 2016 but please bear in mind that this a one off.



CLOSING DATE AUG/SEP/OCT ISSUE

COPY & LETTERS

to Sue Shakerley,
Coombeland,
Lanteglos-by-Fowey
PL23 1NL.
susanshakerley@gmail.com
PHONE 870211

Or use the letterbox in the porch of
St Saviours Polruan

**not later than
14th JULY**

From The Electoral Commission

On 23 June 2016 there will be a referendum on the United Kingdom's membership of the European Union.

If you're not already on the electoral roll, you need to register to vote by midnight on 7 June 2016 to vote in the EU Referendum.

What is the referendum about?

A referendum asks you to vote on a question.. For this referendum the question is:

Should the United Kingdom remain a member of the European Union or leave the European Union?

Can I vote?

You can vote in this referendum if you are registered to vote in the UK, are 18 or over on 23 June 2016 and are:
a British or Irish citizen living in the UK, or
a Commonwealth citizen living in the UK who has leave to remain in the UK or who does not require leave to remain in the UK,
or
a British citizen living overseas who has been registered to vote in the UK in the last 15 years.

You can register online at www.gov.uk/register-to-vote. If you don't have access to the internet, call 0800 3 280 280 for a registration form to be sent to you.

You will need to complete the form and post it to your local electoral registration office to arrive by midnight on 7 June 2016.

If you are already registered to vote you will receive a poll card by 25 May 2016.

Another letter from Mary Taylor in Australia

We first arrived in Australia on a very hot December day. It was snowing when we left London. We stayed with a relative of Jim's sister Dot until we bought our own home. John, our youngest thought it was wrong having Christmas in summer.

Shopping was different to start with. I needed a pair of wellingtons and the shop assistant said 'what's that?' I looked around and saw some on the shelf. She said 'that's gum boots you silly thing'

Jim said 'get a pumped leg and some snags from the butchers', 'no way', I said. But in the end I did ask for it. It was sausages (snags) and a corned leg of pork which was very nice indeed. We did have some moments shopping for a while, but got things right in the end. Well we have been here for 48 years now.

I remember when we were in Polruan in the old days, whenever we went to Jim's parents on a Sunday, the men would go to the hotel from 12 - 1pm and Gran Taylor would get the children around the old piano she had and would sing and try to teach them to play it. After everyone had lunch and cleared away, all us young ones would go down Furze Park pool and have fun, weather permitting of course. One of Jim's nephews never failed to fall in the pool, lucky it wasn't very deep.

My sister-in-law who organised for me to get the magazine says that the family like the letters I write and I have many more stories of Polruan if you would like to hear them.

We look forward to seeing them—Ed

Parish News Subscriptions

Volunteer Wanted. This is not a big job and full instruction will be given.
Contact Graham Tyson on 01208 873750



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The Parish News is now available on
the worldwide web at
www.lanteglosbyfowey.org.uk

The official website of
Lanteglos by Fowey Parish Council

Ten little Churchmen

*Ten little Churchmen went to Church when fine
But it started raining and then there were nine.*

*Nine little Churchmen stayed up very late
one over slept himself and then there were eight.*

*Eight little Churchmen on their way to heaven
one joined a rambling club and then there were seven.*

*Seven little Churchmen heard of Sunday flicks
one thought he would like to go and then there were six.*

*Six little Churchmen kept the place alive
one bought a television and then there were five.*

*Five loyal churchmen seemed loyal to the core
but the Vicar upset one of them and then there were four.*

*Four little Churchmen argued heatedly over all the changes
so then there were three.*

*Three little Churchmen sang the service through
got a tune they didn't know - so then there were two.*

*Two sincere Churchmen brought in one more
So their number doubled and then there were four*

*Four sturdy Churchmen simply couldn't wait
Till they found four others, and so then there were eight.*

*Eight eager Churchmen at Communion each week
soon encouraged other troubled souls to seek.*

*Now all the seats in Church are filled, not an empty pew
O God, supply the grace and zeal in our
Parish too !!*

Thank you

From the Lamb family

Anne, Sarah, Stephen and Caroline would like to thank everyone affected by the winter works in 4 Fore Street. Past history isn't a guide to the future, but we hope that such work may not be needed again for a while.

With best wishes to all.

In Memoriam

Remembering
Jeffrey Tomlin.

On Wednesday July 6
it will be 14 years since
he died.

Much loved by Family
and Friends.

Missed always.



Polruan Theatre Club

There may still be time to see 'Fresh Winds in the Willows' which runs until June 4th. Written by Tony Cottrell, with music by Peter Skellern.

If you haven't been yet phone Wendy on 870666 and hope that she can squeeze you in - you won't regret it.

Our summer production will be 'Proscenophia' by Bettine Manktelow. And if that sounds all Greek to you it probably is. Proscenophia means 'Stage Fright'.

This thriller takes place in the dressing room of a theatre. An aging actress is trying to make a come back, but her understudy (who is also her best friend) is younger than her, leading to much friction and cattiness.

Proscenophia will run for six Tuesdays throughout the summer holidays. August 2, August 9, August 16, August 23, August 30 & September 6.

Tickets from Wendy on 870666.

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News from Whitecross Village Hall

Our Easter Coffee Morning raised £309 for Village Hall funds. A grand effort from everyone.

Our Celebration of the Queen's 90th Birthday took place on Saturday May 14th and was a huge success. The hall was beautifully decorated in Red, White and Blue, with flags, bunting, balloons and lights. Cream Teas were served and the Pelynt Male Voice Choir sang many Cornish and other well known songs. The event was attended by more than 80 people, the huge raffle was very popular and the afternoon was enormously enjoyed by all.

A Farmers Market will take place at Whitecross Village Hall on the first Saturday on the month beginning in July. The Hall will be open between 10am - 3pm and there will be many stalls selling local produce and crafts (See the card enclosed with this magazine.) The dates will be July 2, August 6, September 3 and October 1. This is for an initial trial period, but hopefully the market will continue throughout the year. If you have produce to sell and would like to take a table - a small one will cost you £5 or a big one £8 with proceeds being shared equally between the Village Hall and the Cornish Association of Smallholders and Producers. Come along on the day, have a pasty for lunch and buy some fresh, locally grown produce.

NEWS FROM NIGERIA

compiled by Kathryn Hill

I received a recent e-mail from Kathleen and Daniel in which they wrote:

Greetings from Nigeria. Life is very busy and we praise God for His help and your concern and prayers. Both of us have been down with various infections but praise God for feeling a lot better. The Block industry is picking up[see below]. The rains have started so pray folks will get a good harvest. There are still attacks from Boko Haram and Fulani Herdsmen. They are attacking all over Nigeria so things still are not settled but it is a lot better than it was. The petrol shortage has caused many problems. It has been very expensive. We hope this will soon be rectified.

Kathleen included a history of how she went to Nigeria as a missionary, met and married Daniel and their life together including fleeing their home in Ngoshe Gladva because of Boko Haram attacks. It is too long to include here but I can make print copies or forward the e-mail if anyone is interested; However here is the end of the letter which has up-to-date news:

Recently we have set up a building block Industry in Vom - making cement blocks to sell - and providing work for the displaced refugees. Some want to stay in Vom, and thanks again to many of you who sent gifts specifically for this, we are helping them to buy land.

Security: The soldiers are trying hard to clear the Gwoza and Ngoshe Gladva area of Boko Haram as well as other parts of NE Nigeria. They need our prayers as Boko Haram are still quite strong in some areas. Being pushed out of many areas in the NE, Boko Haram have moved further South - to the Plateau. We are thankful to God that the mastermind of the plans to disrupt the Plateau area was caught recently.

We thank you for your love and concern and prayers. God is so good to us, and we praise Him for strength to cope and finances to help.

Daniel and Kathleen

AGE CONCERN

VOLUNTEER HOSPITAL DRIVERS

Should anyone need a driver to take them for a hospital appointment could they please make contact with someone from the following list.

DRIVERS

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Carol Gripton	870407
Eric & Cynthia Lockyear	870144
Charles & Lesley Steele	870452
Graham & bella Tyson	870221
Kathryn Hill	870953
Kevin & Andrea Francis	870405

CHARGES

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Plymouth	£16.00
Fowey	£ 4.00
Penrice	£ 8.00
Hayle	£ 25.00
Truro	£16.00
Liskeard	£10.00

Plus - Ferry fares, bridge tolls and parking costs

KOOL KIDZ FUN KLUB

As mentioned in the last issue we have split KKKF into younger and older sections again, starting this term.

The Younger Section of KKKF caters for children in School Years Reception to Year 4 and meets from 5.30 to 6.30 pm. The Older Section caters for young people in School Years 5 to 8 [note the increased upper limit] and meets from 6.45 to 8.15 p.m.

The dates for the rest of this term are June 10th & 24th & July 8th. Due to planned major improvements to Polruan Village Hall the two June meetings and possibly the July meeting will need to be elsewhere. This will be out of doors if the weather is suitable or at the Fire Station if it is wet; parents will be kept informed with the details of where each meeting will be held but our plans are:

10/6: **if fine** - both groups together from 6 – 8 p.m. in the Forest School Field doing Campfire Cooking & Orienteering;
if wet – separate groups at their normal times at the Fire Station for Table Games & Wii;

24/6: **if fine** - both groups together from 6 – 8 p.m. for a summer hike;

if wet – separate groups at their normal times at the Fire Station for Table Games & Wii;

8/7: **if fine** - both groups together from 6 – 8 p.m. at the School Field for Outdoor Games;

if wet – separate groups at their normal times at the Fire Station for Table Games & Wii.

KKKF Leaders

HOLIDAY CLUB 2016: 'The Cornish Culture Club'

Holiday Club will be from July 25th – 28th from 10 a.m. to 3.30 p.m. each day in St Saviour Church, Polruan Village Hall and various outdoor venues and caters for the same age range as Kidz Klub. Plus there will be the usual Exhibition of Art & Craft with raffle and refreshments in Polruan Village Hall from 5.45 – 6.25 p.m. followed by 'Holiday Club Grand Finale' in St Saviour Church from 6.30 – 7.30 p.m. on the Thursday to which you are all invited. The brochure which includes the registration form is available from Kathryn or Bonnie. The price has been held at £7 per child per day [£5 for KKKF members with further reductions for families of 3 or more children attending]

As you can see from the name we have a Cornish theme this year so we are appealing for anything Cornish to decorate the venues and especially Cornish flags & bunting, Cornish tartan, black & gold bunting and similar. The planned teams are Miners, Sailors, Ferryman & Smugglers so anything on these themes would also be welcomed. As usual boxes [as big as possible!], cartons, yoghurt pots, paper-towel 'middles' etc. etc. which can be used for 'Junk Modelling' would be welcomed. We are again welcoming helpers from Sussex and Wales and any further local help will also be welcome!

Do come along to Polruan Village Hall on Sunday July 10th for a Cream Tea to raise funds for Holiday Club; 2.30 to 4.30. there will also be a raffle – prizes welcome.

Holiday Club Leaders



Inaugurated in 1927, Cats Protection is the largest cat welfare charity in the UK. Its aims are:

1 To reduce the number of stray and unwanted cats and kittens by rehabilitating and rehoming them.

2 To encourage the neutering of all cats and kittens.

3 To inform the public on the care of cats and kittens.

In 2014 Cats Protection helped over 205,000 cats and kittens through its national network of over 250 volunteer-run branches and 32 adoption centres. The St Austell & District Branch was formed in 2002 with just a small band of helpers to get it going. Though small the branch rescued and re-homed over 1000 cats and kittens in its first 10 years.

We are looking to recruit new volunteers to help us in our vital work, be it baking cakes, becoming a cat fosterer or many other roles in between.

If you would like to join us or would like more information on the work we do and how you can help please call us on 01726 817837 or email us through our website's 'contact us' page:

www.staustell.cats.org.uk

The branch is currently offering low cost cat neutering (£5) to owners in receipt of benefits in the PL22 – PL26 area. For more information please call the above number.

If you belong to a group which would like to learn more about the work we do, we would be happy to give a talk; just contact us as above.

*Jane Brogden Co-ordinator
Cats Protection, St Austell & District
Branch*

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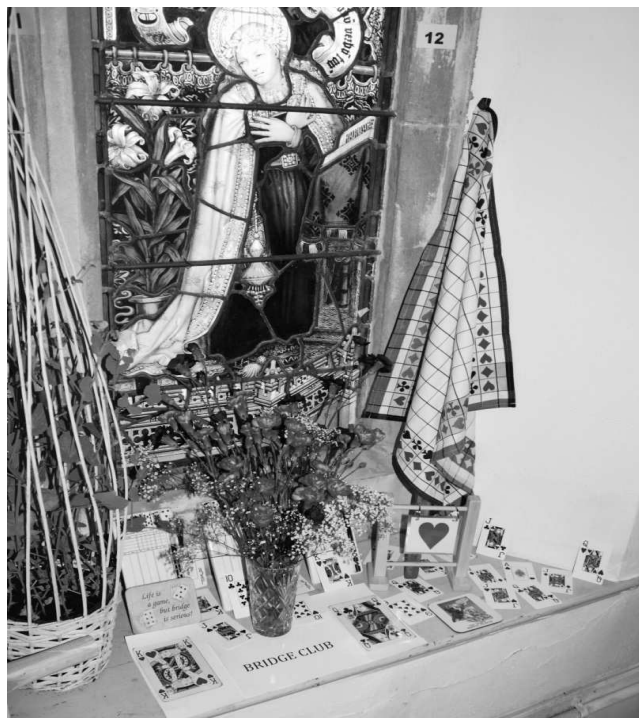
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Above
BRIDGE CLUB



Right
RNLI POLRUAN BRANCH
REGATTA AND CHILDREN'S
SPORTS

St Saviour Church 125 Festival Flower Festival 12th-15th May

St Saviour was filled with colour as twenty three local organizations and businesses set up their imaginative displays for the delight of visitors and locals.

It's a shame we cannot put these few pictures in colour as they made such an impression on all who saw them.

Introducing Cornish Horizons

*Cornish Quay Holidays have recently joined our
sister company Cornish Horizons.*

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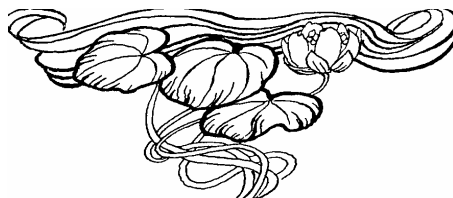
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Times Past

from Isabel Pickering

1895 Jul 18 The large and powerful new pleasure steamer "Plymouth Belle" made her first trip to Fowey on Thurs last, and took passengers to Falmouth for a few hours. There have been so many steamer excursions lately that the "Belle" was not quite as well patronised as she should have been. Still, a fair number of people took advantage of the trip, and spoke most highly of the "Belle's" seagoing qualities, and of the little motion that was felt, even when meeting a head wind.

1898 Jun 1 Fowey at present suffers somewhat from lack of adequate facilities for bathing. Not that bathing cannot be had - there are numerous creeks within 10 minutes walk or so of the town, but there is little chance of getting a dip nearer. Recently there has been some talk of providing good swimming accommodation at the foot of some cliffs in the town. Excellent fishing, however, is to be had with hook and line, or the seine, a peculiar net used for catching pollock, grey and red mullet, dabs, soles and such like fish. On the Polruan side of the harbour salmon may be fished with considerable success. A less expensive, and to many a more attractive sport, is the fishing to be had up the river.

1903 Jun 4 - Fowey - The Great Western Railway stevedores' regatta was on Monday. The Committee; Messers W. Symons, Honourable Treasurer, J. Snell, Honourable Secretary, J. Clemens, Starter, R. Truscott, Umpire, J Lewarne, Clerk of the course, John Clift, Timekeeper, H.S Fisher, C.L. Toyne, J.H. Hannam, W.J. Rundle, H. Coombes, C. Swiggs, J.P. Carter, J Coombes. Single Paddling race for pleasure boats, rowed by men over 40 and employed on GWR wharf - 1 "Spray", C Lewarne, 2 "Ethel", B Puckey, 3 "Willing Boy", W Cook. Two oared boats open - 1 "Kite", C Butson. Four oared bona-fide ships boats open - 1 "Martha Edams", E Butson. Mosquito Race for sailing boats not exceeding 15 ft. - 1- "Mon Ami", W. Watty, 2- "Mona", A Watty, 3- "Fairy", C Johns. Ran-a-dan for boys, Shovel race open- 1- "Mary", W Couch. Double paddling race for men employed at GWR wharf - 2 "Swift" G Ede. Single paddling race for boys open - 1 "Spray" Butson, 2- "Mosquito", R Robins, 3- "May", A Swiggs. Single paddling race open - 1 "Spray", J Butson, 2- "Bluebell", C Butson, 3- "May", J Tabb. The band of the 3rd co. 1st C. Artillery Volunteers rendered selections during the regatta. CRG

1903 - 25 Jun - Cyclists Lighting-Up Time. It having been established that lighting up time is one hour after local sunset, which in Cornwall happens to be later than Greenwich, Cornish cyclists are entitled to an extension of time corresponding to the latitude and longitude in which things happen to be. June 25 - 9:31.

1903 - Jul 2 - The living at Lanteglos by Fowey has been offered and accepted by Rev. Charles Francis Trusted, MA of Hertford College, Oxford. Mr Trusted was Vicar of St Sampson, Golant and previous curate at St Petrock Minor and at St Mellion.

1903 - Jul 16 - Fowey Harbour Order 1893 - Notice is hereby given that a meeting of

the owners of property rateable to the relief of the poor and of Persons rated to the relief of the poor for the parish of Lanteglos by Fowey will be held at the Institute, situated in West St. Polruan, Monday 10th Aug, 1903, at 6:00 in the evening for the purpose of electing one person to act as a Fowey Harbour Commissioner from the 20th of September 1903 till the Saturday preceding the third Monday in September 1906.

1906 Jun 14 - Died at Blundell's School, Tiverton, Jun 15, Charles Cyril, son of Rev Charles Francis Trusted, vicar of Lanteglos by Fowey, aged 15

1907 Jul 4 - A terrible accident occurred at the Fowey GWR jetties on Friday Several workmen were engaged in loading the Steamer Roanoke with casks of china clay, when the hatchways gave way. George Tippett, aged 64, was crushed between the casks and killed instantly, the body being battered out of all recognition. Andrew Osbrink sustained several cuts, and other men saved themselves by clinging to whatever they could lay hold of. Tippett leaves a widow and several married daughters behind.

1907 Jul 4 - All the candidates presented from Fowey Grammar School for the Preliminary Certificate Examinations at Christmas were successful. They have all again passed the second portion of the examination. The candidates were Misses Leta Humphries (distinction in English), Muriel Slade and Hetty Pester and Messrs JH Buley, C Widlake (distinction in History), and MJ Canning.

1909 Jun 19 - If it has been quiet this week in the immediate district, it has been the reverse at Polruan. Here the fisherfolk are in a state of excitement over the general sanitary condition. They do not want the present condition of things altered, and Mr. Moses Dunn has the homage of a ling paid him, so devoted are Polruan people towards the man who has not spared himself in their interest.

1913 Jul 10 RCG - Liskeard County Court. Monday James Burn, ferryman of Fore St. Polruan summoned for £2.2.6, quarters rent of house by James F. Peam of Plymouth. Plaintiff let house to defendant about 3 years ago at £8.10.0. June last year gave defendant notice to quit. Defendant sent quarters rent to Midsummer with no communication with it. Nov 11 received key of house by post but no communication. Later heard from Mr. Dingle who acted for him at Polruan that house was left empty. Defendant admitted he took house from half quarter. Judge gave for plaintiff, fined £1.1.3 and costs.

1913 Jul 18 - Scion of the political family, Mr Isaac Foot had a narrow escape when returning from a meeting in Polruan on the Tuesday, when the car he was travelling in was involved in a collision with a cow at East Taphouse. The driver did his best to avoid a collision in a very narrow road, but was unable to do so. The car struck the animal and the occupants were thrown into the road. Fortunately they escaped with nothing worse than a severe shaking.

My Village ~ Polruan.

Busy, bustling streets,
with shop doors open wide
the smell of fresh baked bread
enticing you inside.

Local produce to buy
as fresh as fresh can be
lettuce, spring onions, radishes.
Plenty for you and me.

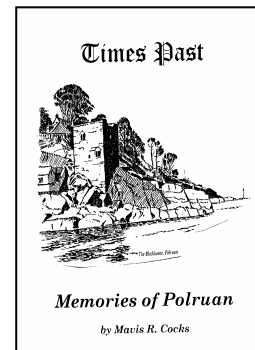
People who knew each other
all their families too.
Enquiring about new-born babes
all the rest of the family too.

Worried when friends and
relations were ill,
delighted when all was well.
Having a good laugh at the yarns
that were told,
each one rang a bell.

Many a time it was told with
their tongue in cheek
not afraid to speak out and be bold
not always docile and meek.

Beautiful chapel-singing,
especially carols as
Christmas drew near.
That's the Polruan I remember.

by Mavis R. Cocks



Memories of Polruan by Mavis R. Cocks

Over the years the late Mavis Cocks provided us with a wonderful insight into life in this Parish before, during and after the second world war through her regular articles in the Lanteglos Parish News.

She contributed to practically every issue of the Lanteglos Parish News for 14 years and this 104 page book collects together her articles forming a unique record of life in this parish.

The perfect gift for anyone who loves Polruan

The last few copies of Memories of Polruan are available- £5.00 incl p&p UK

Also at The Winklepicker
(Cheques to be made payable to Lanteglos PCC)

**From Lanteglos Parish News
1 St Saviours Hill, Polruan, Cornwall
PL23 1PR**



French Strawberry Tart

A beautiful strawberry tart recipe made with a shortcrust pastry case with creme patissiere and glazed strawberries. Perfect for a summer afternoon tea in the garden. The pastry case and the creme patissiere can be made the day before and the tart assembled a few hours before serving.

375g pack shortcrust pastry
500g small strawberries, hulled and halved
4 tbs redcurrant jelly

For the creme patissiere:
350ml whole milk
1 vanilla pod, split lengthways
4 large free-range egg yolks
100g golden caster sugar
25g plain flour, plus extra for dusting
Finely grated zest of 1 lemon

Roll the pastry out on a lightly floured surface to the thickness of a pound coin. Use to line a deep, 23cm fluted, loose-bottomed tart tin. Trim the excess and prick the base all over with a fork. Chill for 30 mins.

Meanwhile, make the creme patissiere. Put the milk and vanilla pod in a large pan, bring to the boil, then turn off the heat. In a large bowl, whisk the yolks and sugar for 10 minutes until voluminous, then beat in the flour and lemon zest. Strain the warm milk slowly into the egg mixture, whisking continuously. Clean the pan, then pour the mixture back in and gently bring to the boil, stirring constantly until it has thickened. Take the pan off the heat, cover the surface of the creme patissiere with baking paper and leave to cool.

Preheat the oven to 180_C/fan160_C/gas 4. Line the pastry case with baking paper and fill with baking beans or rice. Place on a baking sheet and blind-bake for 15 minutes. Remove the beans/rice and paper, then cook for a further 10-15 minutes until golden. If the edges look too dark, cover with foil. Leave for 5 minutes, then transfer to a wire rack to cool completely.

Spoon the creme patissiere into the tart, then level the surface with the back of a spoon. Place a strawberry half in the centre of the tart, then arrange concentric rings of fruit around it until all of the creme patissiere is covered.

Gently warm the jelly with 2 tbsp water until melted, brush over the strawberries and leave for 2 minutes to set. Serve.

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Lanteglos-by-Fowey Neighbourhood Plan

Update

At the April Parish Council meeting Cllr Moore reported that an application for grant aid towards developing the Parish Neighbourhood Plan had been made to My Community Rights - Locality (UK), a company and registered charity set up by Government. A parish of our size is eligible to apply for up to £9000.00 to support costs associated with developing the Neighbourhood Plan, including developing a website, help with putting together a project plan, help with developing the evidence base and analysing it to identify issues and aims for our plan, undertaking a housing needs survey, support with undertaking the six week pre-submission consultation, venue hire, publicity materials, printing and costs associated with planning and undertaking public engagement and consulting on the plan. Our application has been assessed and approved and an initial grant of £2500.00 has been approved and will be made to us in the next week or ten days by Groundwork, another Government organisation.

As you will be aware the Parish Council had already drawn up and consulted on a questionnaire that was delivered to all households in the Parish. The initial analysis was carried out by Cllrs Fisher and Moore, and the results published in the Parish Magazine and on the Council website. The costs for this were paid from the Parish precept. The grant will be spent on setting up a dedicated Lanteglos-by-Fowey Neighbourhood Plan website, having a detailed analysis and report of the questionnaires prepared by Cornwall Rural Communities Charity, having a housing needs survey prepared by the Neighbourhood Plan team at Cornwall Council, meeting room costs, printing costs, development of communications and engagement strategies, printing and distribution costs and postage and distribution costs associated with setting up a Steering Group. We are able to recover any VAT levied and do not need to set up a separate bank account.

Cllr Moore has met twice with David Read of Cornwall Council's Neighbourhood Planning Team, together with Cllr Hannaford and Zoe Bernard John, Senior Planning Officer, and their advice has been invaluable. They are also able to offer support in training and getting the Steering Group and specific issue working groups started and informed.

The Parish Council must take full responsibility for leading the Neighbourhood Plan but we can set up a working group to take that work forward. There is too much work for Councillors to undertake in a relatively short space of time, say two years at the most, and it is vital if we are to engage with the community as widely as possible that we set up a Steering Group. When people completed the questionnaires they were able to provide us with their contact details if they wished to be kept informed of developments. The Parish Council agreed at the April meeting that

Cllr Moore write to all those who did inviting them to consider becoming a member of the group. A total of thirty seven email and written letters to individuals and families have been sent and responses are already coming in. We should be in a position to set up a preliminary meeting of all those who are interested and wish to know more, together with Councillors and David Read. This should take place after the Parish Council Meeting on May 23rd.

At the May 23rd meeting a draft of the Terms of Reference for the Steering Group will be presented to the Council for examination and ratification. That is when the work starts and it is proposed that Steering Group meetings will be held monthly, in weeks when there isn't a PC meeting. The report and detailed analysis of the survey questionnaires should identify priority issues to be investigated further. An outline project plan will also need to be put in place. Whatever goes into our plan has to be permissive and have broad community support. It will be about land use planning and be produced by our community. It will enable development but give us the ability to influence that development. Our plan cannot conflict with local or national policy nor propose less growth than is contained in Cornwall Council's strategic plan. We can say where we think new houses, businesses and shops should go, and what they should look like. The whole community has the right to vote on whether to accept our Neighbourhood Plan at a referendum. If accepted the plan will be adopted and will have to be referred to before planning decisions are made.

Several of our neighbours have already started on their plans and it may be a positive move to link up with (not join) Polperro and Looe. Cornwall Council will act to us as a critical friend. We hardly need reminding that we have a large Area of Outstanding Natural Beauty, Heritage Coast, Site of Special Scientific Interest and two Conservation Areas in Bodinnick and Polruan. Cllr Moore has been invited to attend Looe's Steering Group meetings.

Further afield we are all aware of the front page reporting of what is happening in St Ives. Other communities which are much further along the Neighbourhood Development Plan path include Quethiock, Roseland, Rame, St Minver and St Cleer. St Cleer had this to say: "In essence, a Neighbourhood Plan is a twenty-year plan that defines the broad planning aims of the Neighbourhood. It might identify which areas are to be considered for future building, and which are to be protected from future development; it could give guidance on renewable energy, housing, industry, heritage-site protection, and so on. It should be self-inspired, i.e., produced from within the Neighbourhood, not imposed from above."

There is much to be done but also a lot of support and encouragement in doing it. Our aim should be to produce a plan, derived and developed by the whole community that sets out how we wish Lanteglos-by-Fowey to develop by 2030.

P A Moore
9th May 2016

Fowey Library & One Stop Shop

Memory Café – Thursdays 2nd, 16th, 30th June, 14th, 28th July 2-4

Fowey Readers' Group – Fridays 24th June & 29th July 10.30-11.30

Fowey History Group – Fridays 17th June & 22nd July 2-4

Crafties – Tuesdays 28th June & 26th July 2-4

Sing & Sign – All mums and dads with 0-2 year olds are welcome to drop in to Sing & Sign with Caroline Oldman on Thursdays 10-10.45.

Your next Mobile Library visits will be Tuesdays 14th June & 12th July at 12.05-12.25 at Lanteglos Highway Old Chapel and 13.35-14.15 at Polruan Hill. You can also use the Micro Library situated in the Ship Inn pub in Lerryn!

The Lego Club on Tuesday afternoons 3.30-4.30 for 5-10 year olds at Fowey Library has proved very popular and successful. It runs for 4 weeks at a time so do put your name down for the sessions starting after half term.

If you are interested in tracing your family history you may be interested to know that the Cornwall Library Service subscription to Find My Past (which can be used on the Public Network PCs in the library with your borrower card) now offers a year's free access to **The 1939 Register**.

Those of you who may have been put off reading a hefty tome like War and Peace, Lord of the Rings or Gone with the Wind may be interested in a website called www.howlongtoreadthis.com - simply type in the title of a book, click on one of the editions shown, then on the "Start Reading Speed Timer". Read the sample, click again on the timer when finished and it will tell you how long it would take to read your chosen book. Remember this is reading solidly without stops for meals, sleep, work, meals etc!! It did encourage me to start reading War and Peace though (now read!)

The Summer Reading Challenge starts on Saturday 16th July. This year libraries are celebrating 100 years of the world's favourite storyteller – Roald Dahl. Sign up to the Summer Reading Challenge and get a free collector folder to keep your special Big Friendly Read cards. The cards include Quentin Blake illustrations from some of Roald Dahl's best-loved stories – you can collect all six cards as you read books of your choice. It's fun, it's friendly and, best of all, it's totally FREE!

Vicky, Pauline, Helen, Ali and Tim

Our normal opening hours are: Tuesday, Thursday, Friday 9.30-5.
We are closed on Monday, Wednesday and Saturday

Tel: 0300 1234111 Email:
fowey.library@cornwall.gov.uk



News from Frogmore Farm
from Gill Palmer

Just because I write this news letter the local rabbits must think I am Beatrix Potter. They are all in our garden. Luckily we have rabbit proofed the vegetable garden. Every morning and evening there are at least a dozen rabbits leaping and playing on the lawns. Do they eat the dandelions that pop up daily? No they don't, the lower leaves of the shrubs are much more tasty.

There is a big dog fox that patrols the field under the house. I think he would like to come in and eat the rabbits but he is too cautious. This may be why Limpy the pheasant has moved in with us too. He must have had a fight with another cock bird. His tail feathers are all tatty and damaged. When I try to shoo him off the flowers he turns and argues with me.

Last year Ben made a wren nesting box for our porch. They have totally ignored it preferring to adapt a swallows nest, the swallow however is very busy building a mud nest on top of the wren box. It has taken hundreds of trips to the bog to scoop up mud, this mud is very carefully placed and the nest is looking very neat. Now we are looking forward to some eggs being laid.



The farmyard is very quiet. The cattle have at last gone into the fields for the Summer. They were very excited to be set free, they raced around jumping and skipping.

We do however have a few animals in the sheds. Twenty seven young calves arrived in a cattle lorry. British Blues. They are very pretty, they range from grey to blue to black in colour. Jess has been in charge

of feeding them all. They are in pens of three so she can feed them their milk each morning, three litres each. They are really sweet. They will gradually be weaned off the milk on to special rations of crushed grain and rearing nuts.

Last year I wrote about a bull getting into a field full of heifers. It is now nine months later and so far we have three little unplanned calves and at least one more to come. Luckily they were all born without any help.

One young mum was not interested in her calf, so we made sure the baby drank from her several times a day to get the colostrum that is so vital for her future health. This involved the poor little thing being kicked several times at each feed. We decided to put Annabel (the calf's name) with the British Blues. One little jet black calf amongst all the others. She is very sweet and quite a character. Her mother was put back with her herd and she never called for her baby once. Obviously she wasn't the maternal type.



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Fowey Harbour News Summer 2016

Finally summer is upon us! This winter has seemed a long one with an almost endless procession of Atlantic depressions bringing rain and near gale force winds without respite. Let's hope that we can be rewarded with some settled weather to enjoy over this important season for us all. Last year was challenging for us with reduced numbers of both commercial and leisure vessels visiting our port. The impact of this is simple; fewer vessels means reduced income for the Port. As a consequence our ability to raise money to re-invest in port improvements is reduced significantly. It goes without saying that if revenues continue to reduce then the current level of service we provide will come under threat. Now, we are not there yet, and the Board are working hard to find innovative ways for us to generate some more revenue. The new facility at our Penmarlam site, 'Mixtow Marine' has been a great success and continues to grow. We have almost been overwhelmed by customer demand for the services offered and we are looking to expand the work force and facilities to improve the services we provide.

We have recently opened our new fuel facility at the former pilot's pontoon. This will provide a dedicated 24 hour fuel berth available to all boat users, something that has been requested by customers and, we hope will start to encourage the return of more visiting motor boats to the Harbour.

One trend that we have noticed is that visiting leisure craft are not staying long in Fowey. Often we are seen as just an 'overnight stop'. In an effort to start to change that perception the Commissioners have produced a new 'Fowey Guide'. Rather than a publication focused on the Port with lots of do's and don'ts, it showcases different things to do, places to eat, places to stay and places to visit. The aim is to fire the imagination of visitors to hopefully stay longer and explore or come back again soon!

Some other opportunities have arisen over the winter which the Board have seized. Firstly the purchase of a second Pilot boat, now named Gallant. This vessel is the sister of our current vessel Gribbin, she became available at an affordable price and was too good an offer to refuse! She will provide redundancy to our cutter fleet to ensure an un-interrupted service in Fowey and will be made available to charter to our neighbouring ports to provide cover there. It is hoped we will very quickly recoup our outlay for the purchase. As a consequence our smaller reserve pilot boat, Penleath will be put up for sale. Secondly we have acquired a new barge for the unglamorous but important role of housing our rubbish skips afloat. Suitable barges are very hard to come by so we were very pleased to acquire one in relatively good condition which will serve us well over future years.

Keen harbour watchers will have noticed our dredger Lantic Bay has been on our



slipway at Brazen Island for almost 6 months undertaking repairs. The vessel suffered some rapid thinning of her hull plating due to an electrical fault and large areas of the hull and internal tanks have had to be replaced. To achieve this repair at a commercial yard would have been beyond our means but, we are blessed with a wonderful yard and team at Brazen Island and they have been able to complete the repairs in house. This has been a mammoth undertaking with the lion's share of the work being completed by our welder/fabricator Dougie Nicholson assisted by our engineers who have done some remarkable work to restore Lantic Bay to service. We expect to see her back at work in the Harbour later this summer.

Wishing you a safe and enjoyable 2016 boating season.

*Capt. Paul Thomas
Harbour Master*

FOWEY HARBOUR *by Jinny Garrett*

Big and Small -

We get them all.

Pilot Boats and Tugs,

Clay Boats and Cruisers,

Ferries and Water Taxis,

Tripper and Hire Boats,

Dinghies and Dories,

Sloops and Ketches,

Schooners and Yawls,

Fishing Boats, Lifeboats,

Falmouth Working Boats,

Troys and Foweyes,

And even The World!

Kayaks or Canoes,

It's up to you to chose!

18



Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website
www.friendsofthefowey.org.uk
Or join us on Facebook

Forthcoming Events

Sunday 12th June
Fowey Estuary Kayak Clean Up
With Encounter Cornwall, Golant
Time: 10.00am – 1.00pm
Meet: The Boat Shed Golant
Kayaks provided or bring your own, some kayaking experience needed
Booking essential: Encounter
Cornwall 01726 832104 / 07976 466123

Saturday 18th June
Guided Tour of a Dairy Farm
Time: 1.00pm – 4.00pm
Meet: Leyonne Farm, Golant
SX108545
Cost: Free to members,
£2.50 for non-members
Wear sensible footwear
Further info contact Peter 01726 833141

Sunday 10th July
Guided walk through Luxulyan Valley
Joint event with Friends of Luxulyan Valley and Cornwall Butterfly Conservation.
A walk in the valley to include the wild flower and butterfly paddocks
Time: 11.00am – 3.00pm
Meet: Blackhill Car Park by the viaduct SX059573
Cost: Free to members,
£2.50 for non-members
Wear sensible footwear and bring a picnic lunch
Further info contact Margaret 01726 833780



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IN THE GARDEN

SEASIDE PLANTS

Natural denizens of seashores are the plants most likely to succeed. Strangely, many of these come from New Zealand, among them the wind-resistant, sun-loving olearias and the long-flowering hebes. Most Mediterranean shrubs, like lavender, cistus, rosemary and cotton lavender (santolina) also do well.

Olearia x haastii is the best known of the daisy bushes, probably because it is the hardiest and grows inland as well as near the coast. It attains a height of 4.5 ft (1.2-1.5 m), with small, evergreen, oval grey-green leaves, which like those of most olearias are white and woolly underneath, and clusters of small white daisies in July and August. *O. macrodonta*, 4-6 ft (1.2-1.8 m) high, usually known as New Zealand holly, has toothed leaves and larger flower trusses in June. *O. ilicifolia*, one of the best, has grey-green, toothed leaves and fragrant white flowers in June; the Tasmanian *O. stellulata* 'Splendens' has blue, pink and lavender-flowered forms.

Hebes persist in flower for weeks and are much more dependable near the coast than inland. They are medium-sized, evergreen shrubs with long racemes of variously coloured flowers. 'Autumn Glory' is a particularly freeflowering, violet variety; 'Midsummer Beauty' is lavender; 'Lindsayi', pink; 'Blue Gem', bright blue; and 'White Star', white.

High gloss on the foliage enables plants to throw off sand and salt spray, and the green-flowered, evergreen *Bupleurum fruticosum* and most euonymus and pittosporums thrive. Gorse, genista, brooms and the green-stemmed, almost leafless *Spartium junceum*, with long sprays of yellow, fragrant, pea-shaped flowers all summer, are others to plant.

Silver-foliaged plants also do well, such as *Santolina pinnata* and *S. chamaecyparissus*, pinks and border carnations, aubrietias, and *Senecio* 'Sunshine' and *S. bicolor* 'Silver Dust' and 'White Diamond'. Sea pinks (armerias), sea lavenders (limoniums), dimorphothecas (the beautiful daisy plants from South Africa), ice plants (mesembryanthemums and dortheanthus), echinops, sea hollies (eryngiums) and red-hot poker (kniphofias) are all easy and natural plants for coastal gardens. As the protected garden develops, bulbs, roses and herbaceous perennials will also give a good account of themselves.

Escallonia

Many of the species and varieties make very attractive evergreen hedges with masses of red, pink or white flowers in summer or autumn, varying from variety to variety. Two of the hardiest and best for hedging are *E. langleyensis* with bright cherry pink flowers, and 'Crimson Spire' with bright crimson flowers. They are not fussy regarding soil type, and are excellent for use by the seaside where they will withstand salt spray.



Worth a visit this month

TREWITHEN

An historic private estate boasting one of the loveliest gardens in England. With its magnificent collection of camellias, rhododendrons and magnolias, its wonderful woodland walks and its heritage family home, Trewithen is a rare and unique Cornish gem.

Whether you are a gardening expert, an enthusiastic amateur or someone simply in search of escape and tranquility, Trewithen's gardens cannot fail to impress. This level garden offers disabled friendly paths, woodland walks, picnic areas, plant sales and tearooms serving fresh Cornish Produce.

The 18th century house opens its doors to the public for guided tours on selected days during the season. Passed down through generations of Philip Hawkins' descendants, it remains a much cherished family home.

Location : On the A390 between Truro and St Austell, near Probus.

Open 10am to 4.30pm, Monday to Saturday
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Weather for Gardeners

'An English summer; three fine days and a thunderstorm' is an unkind, but not entirely untrue, summary of many a July. Thunderstorms are most common over southern and eastern England, especially after a light southerly wind has brought a short spell of sunny, warm weather.

The average rainfall in July is quite high over most of Britain, due chiefly to the prevalence of unsettled weather, sometimes called the 'summer monsoon'. The Dog Days, 3 July to 11 August, seem to enjoy their own conditions. 'When the sun enters Leo in July, the greatest need will arise', 'As the Dog Days commence, so they end'.

St Swithin (15 July) is the most famous weather prophet in July, but there are several other saints who have been recruited into the ranks of meteorologists and who are thought to bring us indicator days foretelling thirty or forty day spells of wet or dry weather at this time of the year.

Occasional rain or showers are more welcome in the garden than prolonged dry spells, but warm moist conditions can be favourable for the spread of many fungus diseases; in drier weather, pests are the greater problem.



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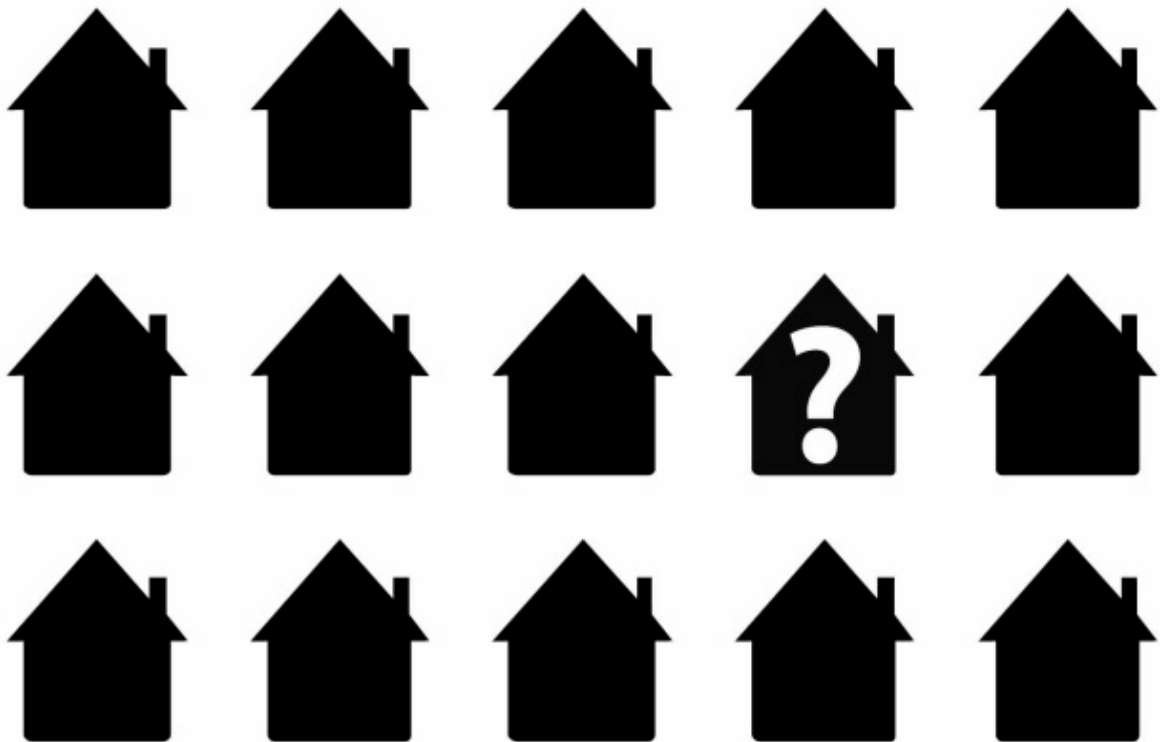
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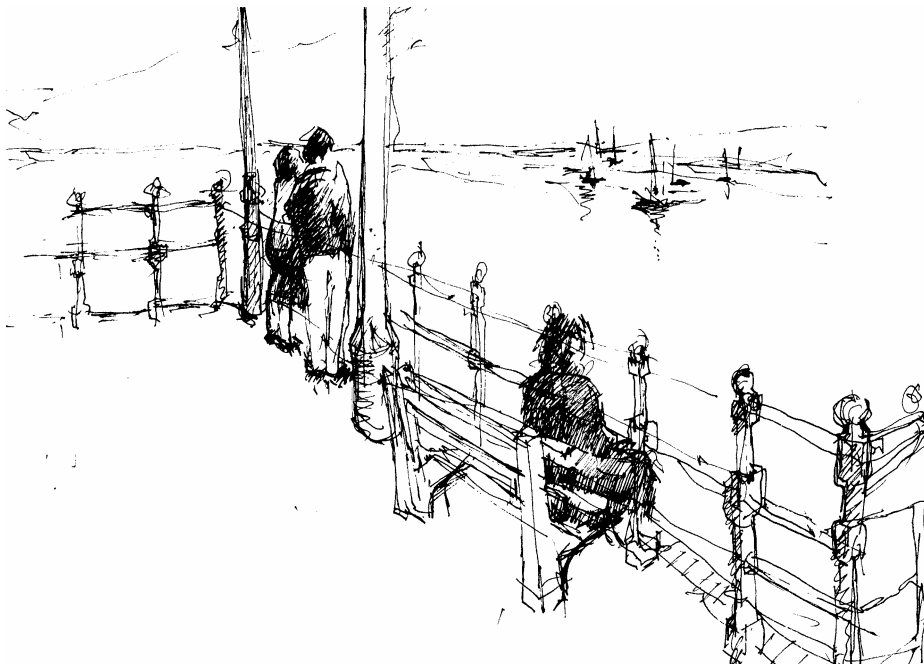
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NEWS FROM THE TOWN TRUST

At the recent AGM Robin Sainsbury and Robert Libby were re-elected as Trustees. The defibrillator is now in place on the Quay and available for use although obviously we hope that there is not an incident that will need it to be used. The memorial seat is also now in place on the Wharf and the replacement picnic tables are in place in the Veverly picnic area.

Unfortunately there has been no progress on leases relevant to the Quay area or handing back the reservoir at Veverly but we will pursue these matters. The Parish Council have signed the lease for the toilets on the Quay at a peppercorn rent but on a full repairing basis and the Trust have made a contribution to the Parish Council towards the cleaning costs of the toilets and will make the same contribution annually for the three year term of the lease.

Unfortunately there has been a further delay with the gate posts on the Hill with a new contractor but we hope this will be done by the time that you are reading this. As usual if you have any questions, comments or requests regarding Town Trust matters please approach the Clerk or any of the Trustees.

IMPORTANT NOTICE TO ADVERTISERS AND CONTRIBUTORS

Due to clashes with the present September press date and the editorial teams' other commitments we are changing the publication dates of the Parish News.

To achieve this we will publish a one off August/September/October issue going to press 14th July.

There after we will publish as before at 2 monthly intervals as follows.

November/December closing	14 October
January/February closing	14 December
March/April closing	14 February
May/June closing	14 April
July/August closing	14 June
September/October closing	14 August

Existing advertising bookings will automatically be transferred to the new dates.

Editor - Susan Shakerley 870211
 susanshakerley@gmail.com
 Asst Editor - Janet Downes 870627
 downes@trethake.freemove.co.uk
 Advertising - John Nuttall-Smith 870273
 jpn@parica.force9.co.uk



SUBSCRIPTIONS

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

It only costs £8 (UK)
 (£18 Europe / £24 overseas) to have the Lanteglos Parish News sent by post on publication for a year.

To Graham Tyson, The Old Barn,
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Fowey Lifeboats on exercise in St Austell Bay

Fowey RNLI were sent to a broken down inflatable with 3 persons on board a mile out to sea being towed by a kayak! At 8.10pm on 5 May 2016 the pagers went off, the inshore lifeboat was launched in 7 minutes and on scene a mile off Porthpean within another 12 minutes. Within that time reports arrived of the inflatable having been safely taken to the beach but the three volunteer crewmembers continued to Porthpean to check everyone was safe. Jimmy Hoddinott, Jamie Gitsham and Callum Pritchard took the ILB class Olive Two at a top speed of 20+ knots across St Austell Bay.

They found the 3 metre inflatable on the beach surrounded by the group of kayaks who had found them, towed and escorted them home. They were given safety advice for their future safe boating, including the advisability of wearing lifejackets, carrying some form of communication and not travelling too far from the land. Luckily a friend on shore had realised they had problems and had called for the RNLI to rescue them.

Jamie said, " Even on a beautiful, calm summer's evening the sea can be a very dangerous place and, without experience and the proper equipment, a happy day's fishing can quickly have a frightening end."

The inshore lifeboat was returned to Fowey lifeboat station & ready for service by 9.15pm.

LANTEGLOS PARISH COUNCIL

IMPORTANT NOTICE

As local residents know, there is a ongoing problem caused by seagulls ripping open plastic rubbish bags, strewing around the unsanitary contents and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

Early on Monday morning and NOT BEFORE!

It is strongly recommended that householders put bin bags in a dustbin or seagull proof sack obtainable from the Winklepicker

Owners of holiday lets are asked to provide their

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**Legs, Legs, Legs!
Bean's Legs 4 Africa**



Some months ago, back in the winter, in a moment of madness, Bean Downes thought it would be a good idea to run a marathon, at Conis-
ton in the Lake District, on her birthday – 5th June. Now the date is looming and the prospect is daunting.

Bean has signed up to support the charity Legs for Africa through sponsorship of her run. Legs 4 Africa take prosthetic legs from the UK,
where they can't be reused or recycled due to British legislation, to Africa where they can and do totally transform the lives of amputees.
We are fortunate here that prosthesis is viable for amputees whereas in much of Africa this simply isn't an option, so people just have to
make do . . . while we waste over 5000 prosthetic legs each year – some rarely used and some even unused if they've been misfitted.

It takes a huge amount of effort, both mental and physical, to run a marathon. If you would like to support Bean by
sponsoring her effort please follow this link <https://www.youcaring.com/legs-4-africa-565370>

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