



JANUARY-FEBRUARY 2018

# *The* **PARISH NEWS**

*for Lanteglos, Lanreath, Lansallos, Pelynt & Talland*

## *Marilyn's Musings*

**Happy New Year - 2018**

Since Rev'd Gary joined the cluster in February, the 'clergy' team is now complete and we can settle down to ministering to the needs of the five parishes (seven churches) and looking for opportunities for outreach into our communities, so that together we can discover God's Kingdom, and grow the Church. But as Rag and Bone man sang last year – I (we) are only human after all – and cannot do everything. There are, of course, some things only Gary and I can do, but many others that can be done by anyone and this got me 'musing' about how important and indeed imperative it is to have a 'team' of people in each parish to help with the day to day running of the parishes.

With Christmas now behind us, we look forward to our annual meetings, which must be held before Easter, so in March – it is at these meeting that we review the past year and look forward to the next and of course elect various officers – Church Wardens, Secretary, Treasurer, PCC members – without which the Church cannot continue – just think of St. Pinnock which was forced to close through lack of volunteers.

There are of course other ways to support the day to day running of our Churches by reading the lessons, leading intercessions, administering the chalice, 'serving' at the altar, cleaning, flower arranging and fund raising to name but a few – might you be able to take on or help with one of these roles?

On page 24 you will see an advertisement specific to Lanteglos-by-Fowey parish, but actually each of our parishes needs help. We are very much in a time of 'use it' or 'lose it' – 'support it' or it will not be there to support in the future.

If you would like to know more about how you can help please speak to Rev'd Marilyn on 01503 221159 or via e.mail [marilynelliottn@btinternet.com](mailto:marilynelliottn@btinternet.com)



## *From the Editor*

A New Year. Spring to look forward to. Snowdrops and primroses. Evenings getting lighter - well a bit. Time to spring clean and re-think.

Many stalwart helpers leaving our community, but hopefully many new-comers who are eager to help. All our groups need extra helpers. Church; Village Hall; Theatre Club; Town Trust and lots more.

So let 2018 be the year you volunteer. It can be great fun.

*Sue*

### **In this issue**

**Oberammergau 2020 p 4**

**Frogmore Farm p 10**

**Lanteglos Parish Council Chairmans Report & Planning p 14**

**Winter Warmers p16**

## CHURCH DIARY

St. Wyllow Lanteglos, St. Saviour Polruan,  
St. Ildierna Lansallos St. Tallanus Talland,  
St. John Bodinnick, St. Marnarch Lanreath,  
St. Nun Pelynt

### JANUARY

Thursday 4th

10.00 St. Saviour Holy Communion

### Sunday 7th EPIPHANY

09.30 St. Marnarch Holy Communion

09.30 St. Ildierna Holy Communion

11.00 St. Tallanus Holy Communion

11.00 St. Saviour Parish Communion

17.00 St. Nun Songs of Praise

Wednesday 10th

09.30 St. Nun Holy Communion

Thursday 11th

10.00 St. Saviour Morning Prayer

### Sunday 14th EPIPHANY 2

11.00 St. Wyllow Holy Communion

11.00 St. Nun United Village Service

11.00 St. Tallanus Morning Prayer

17.00 St. Marnarch Evening Worship

18.30 St. Ildierna Evening Prayer

Thursday 18th

10.00 St. Saviour Holy Communion

### Sunday 21st EPIPHANY 3

09.30 St. Ildierna Holy Communion

09.30 St. Marnarch Holy Communion

11.00 St. Tallanus Holy Communion

11.00 St. Wyllow Parish Eucharist

15.00 St. Saviour TBA

Thursday 25th

10.00 St. Saviour Morning Prayer

### Sunday 28th CANDLEMAS

09.30 St. Marnarch Family Service

11.00 St. Nun Holy Communion

11.00 St. Wyllow Morning Prayer

18.30 St. Ildierna Evening Prayer

### FEBRUARY

10.00 St. Saviour Holy Communion

Sunday 4th

09.30 St. Marnarch Holy Communion

09.30 St. Ildierna Holy Communion

11.00 St. Tallanus Holy Communion

11.00 St. Saviour Holy Communion

17.00 St. Nun Songs of Praise

Thursday 8th

10.00 St. Saviour Morning Prayer

Sunday 11th

11.00 St. Nun United Village Service

11.00 St. Wyllow Holy Communion

11.00 St. Tallanus Morning Prayer

17.00 St. Marnarch Evening Worship

18.30 St. Ildierna Evening Prayer

Wednesday 14th

09.30 St. Nun Holy Communion

Thursday 15th

10.00 St. Saviour Holy Communion

Sunday 18th

09.30 St. Marnarch Holy Communion

09.30 St. Ildierna Holy Communion

11.00 St. Tallanus Holy Communion

11.00 St. Wyllow Holy Communion

18.00 St. Saviour Songs of Praise

Thursday 22nd

10.00 St. Saviour Morning Prayer

Sunday 25th

09.30 St. Marnarch Family Service

11.00 St. Nun Holy Communion

11.00 St. Wyllow Morning Prayer

18.30 St. Ildierna Evening Prayer

**NB. FEBRUARY SERVICES MAY BE  
SUBJECT TO ALTERATION.  
CHECK NOTICES.**

## The Big Clean

We will be having a big clean at St. Wyllow Church in time for Christmas.

It's a long time since we had a really good go, so put it in your diary. Thursday 21st December. Any time from 9-12.30 in the morning. There will be refreshments on the house (Church!) The flower ladies will be there too. So whether you would like to help with flowers, wield a broom or simply do some light dusting, there will be something for you. If transport is a problem, we can help with that too. Phone Sue 870211.

## Whatever happened to the Church Christmas Fayre?

At the October PCC meeting we had 'Church Christmas Fayre' on the agenda and we had hoped to fix a date and find someone to organise it but, when we looked in the diary, we realised that all the possible Saturdays had been 'bagged' by other events!

Having 'missed the boat' with regard to a fund-raising event before Christmas we now plan to hold a Coffee Morning in St Saviour on Saturday 13th January at 10.30 am.

Shrove Tuesday is February 13th this year when we hope to hold our annual Pancake Lunch and we are looking for a volunteer to organise this.

Kathryn Hill for PCC

## LENT COURSE FOR 2018

Christianity Explored.

Rev'd Gary will be running a Lent Course every Wednesday at the Vicarage throughout Lent, beginning on 7th February at 7pm

All are most welcome to attend.  
For more information phone  
Rev'd Gary on 870568



**The PARISH NEWS**  
for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

### Publisher

Rev'd Marilyn Elliott 01503 221159

marilyneliottm@btinternet.com

### Managing Editor

John Nuttall-Smith 870273

Editor - Susan Shakerley 870211

susanshakerley@gmail.com

Assistant Editor - Janet Downes 870627

downes@trethake.freemove.co.uk

Advertising - John Nuttall-Smith 870273

lpn@parica.force9.co.uk

Distribution - Mary Toms 870462

philipktoms@hotmail.com

## Lansallos Parish News

by John Feesey,  
Lansallos PCC



Lansallos Parish is blessed with one of the most picturesque yet unspoiled stretches of coastline in Cornwall with its hidden coves and rocky headlands, much appreciated by visitors in summer. Yet these same beautiful waters and rocks have been a death trap over the years for many ships.

One of the most recent, and worst, shipwrecks was that of the *Islander* in 1930. The following information is from the Board of Trade Wreck Report. The vessel was a converted Bristol Pilot Cutter which had left Dartmouth bound for Falmouth with two crew and four passengers, who included the MP, privy councillor and government minister Commander Douglas King and three of his friends who were senior Royal Navy officers. After the cutter was seen passing Polperro, distress flares were then observed at 8.30pm in the region of the bell buoy marking Udder Rock, off Lansallos, by a Dr Fox who was camping on the cliffs at Lantivet Cove. He ran to Frogmore Farm to call for help from the farmer, Mr Ralph Rosevere. There was a coastguard hut at Lantivet but it was unmanned at the time so help had to come from Polruan Coastguard who arrived with commendable promptness. Rockets were used to try to carry ropes to the *Islander*. This rescue attempt was sadly unsuccessful.

Fowey lifeboat had also arrived on the scene and managed to locate the yacht by searchlight, now only some 200 yards from the rocks and dragging her anchor. The lifeboat crew got as close as they dared before firing a line towards the *Islander*, but this fell short. Another member of the shore party, a Mr Hunt, eventually succeeded in throwing a rope over the stricken cutter which was caught by the captain. Unfortunately, the anchor cable almost immediately parted and the vessel was driven onto a rock which, by a curious co-incidence, was known as Island Rock.

One man tried to swim ashore but was carried away by enormous waves. The *Islander* was then swept off Island Rock into deeper water where she quickly sank at about 10.00pm. Further rescue attempts had to be abandoned due to the massive seas and the rising tide, and all aboard were drowned despite these heroic rescue efforts. The subsequent enquiry concluded that the cutter lost her mainmast and suffered hull damage after striking Udder Rock and then dragged her anchor until driven ashore. Crew and passengers might have been saved if the Lantivet Coastguard hut been manned as it should have been in those weather conditions, but regrettably was not, due to communications difficulties and misunderstandings. The Udder Rock was also the scene of another, earlier, disaster which will be described in later issue of Parish News.

**Forthcoming Event.** The 697<sup>th</sup> birthday of the Church of St Ildierna will be celebrated at a **Patronal Sunday Evensong Service at 6.30pm on 11<sup>th</sup> February 2018** - with tea, coffee and birthday cake afterwards, kindly baked by Mrs Marjorie Crew!



### New home for much travelled portable altar and communion set.

The set went to Normandy with the Rev'd John White who was a chaplain with the Royal Marines. He stayed with the invasion forces right through to the end of the war. He then spent some time in Germany before returning to England in 1946.

On leaving the army the Rev'd White became vicar of Upper Norwood and then Ramsgate. He died in the 1970's and his wife went to live with her brother and sister in Dawlish. The last of them died last year, and the set was found in the corner of the attic, not having been used for about 30 years.

Nephew Michael Smith who played bridge with Rev'd Maggie Smith from Looe says "I knew that Maggie had several parishioners whom she visited at home. I was really pleased to think that the altar set that had been used to hold services and give comfort to so many people on the battlefields of Europe could again serve a purpose with Maggie"

### Let's Talk ....

**How can Church be more relevant in the life of our village today?**

**We invite you to join us for an  
informal sharing of thoughts and ideas  
with tea and cake on Sunday 21<sup>st</sup> January 3pm**

**St Saviour Church Polruan**

### MESSY CHURCH

We plan to hold a Messy Church on Sunday 25th February and our Easter Messy Church will be on Easter Monday as usual, both in St Saviour at 3 p.m. Messy Church is a different way of 'doing church' so, if you have never been to one, why not come along and see what we get up to?

*Kathryn Hill*

### FROM THE REGISTERS

#### Wedding:

26<sup>th</sup> October Matthew Lloyd Furneaux to  
Carly Diane Hitchen Tolland

#### Baptisms:

11<sup>th</sup> November Harry Dylan Bond St. Nun

#### Funerals:

25<sup>th</sup> October Marjorie Swiggs St. Ildierna

#### Internment of ashes

2<sup>nd</sup> October Richard Thoms Brend  
St. Marnarch

#### Glyn Valley Funerals:

21<sup>st</sup> November Valerie Lorraine Brailey

22<sup>nd</sup> November Gladys Atkin formerly of  
Lanreath

### The Churches of Lanteglos by Fowey, Lansallos, Lanreath, Pelynt & Tolland

Priest in Charge Revd. Marilyn Elliott 01503 221159  
Curate Revd Gary Eve 01726 870568

#### Lanteglos

Churchwarden Colin Payne 01726 870715  
Treasurer Graham Tyson 01208 873750  
Secretary Kathryn Hill 01726 870953

#### Lansallos

Churchwarden Brian Langdon 01503 272269  
Margaret Phillips 01503 272430  
Treasurer John Feesey 01503 220884  
Secretary Glen Feesey 01503 220884

#### Pelynt

Churchwarden Sheila Morrell-Davies 01513 220976  
Frank Edwards - Ex Directory  
Treasurer Graham Whiteley 01503 220688  
Secretary Sheila Morrell-Davies 01503 220976

#### Lanreath

Churchwarden Rose Northcott 01503 220475  
Dawn White 01726 870743  
Treasurer Peter Bartram 01503 220490  
Secretary Jenny Bartram 01503 220490

#### Tolland

Churchwarden Sheridan Hughes 01503 264948  
Treasurer Joe Sharples 01503 273466  
Secretary Jenny Hall 01503 598267

## PARISH DIARY

### JANUARY

Friday 5th  
Planning meeting for Kidz Klub, Youth  
Klub & Holiday  
Club at 39 Fore Street 870953

Tuesday 9th  
Womens Hour. 2.30pm St. Saviour

Wednesday 10th  
Octaves 12.30 WI Hall 870339 or 870691

Friday 12th  
Kidz Klub 5.30 & 6.40  
Polruan Village Hall

Saturday 13th  
Coffee Morning for  
Church funds 10.30 St. Saviour

Tuesday 16th  
Womens hour. 2.30pm St. Saviour

Friday 19th  
Youth Club 7pm Pol Village Hall

Sunday 21st  
Let's talk. 3pm St. Saviour

Tuesday 23rd  
Womens Hour. As above

Friday 26  
Kidz Klub 5.30 & 6.40 Pol Vill Hall

Monday 29th  
PCC meeting. Fire Station

Tuesday 30  
Womens Hour. As above

### FEBRUARY

Friday 2nd  
Youth Club 7pm PVH

Tuesday 6th  
Women's Hour. As above

Friday 9th  
Kidz Klub 5.30 & 6.40 PVH

Sunday 11th  
Cream Tea in aid of Blind Students of Ni-  
geria  
St. Saviour 870953

Tuesday 13  
Shrove Tuesday Lunch  
12 noon WI Hall

Womens Hour 2.30 St. Saviour  
Tuesday 20th  
Womens Hour. As above

Friday 23  
Youth Club 7pm PVH

Sunday 25  
Messy Church.  
3pm St. Saviour

Tuesday 27  
Womens Hour. As above.



**LANGMAID & HUNKING**  
**FUNERAL DIRECTOR**

**FOR A CARING AND  
PERSONAL SERVICE**

**CONTACT PETER RIPLEY  
10 GREENBANK POLRUAN  
01726 870380**

**penmarlam**  
caravan & camping park

**Bodinnick's local shop**  
Tel: 01726 870088

**WINTER CLOSING  
NOVEMBER-MARCH**

**REOPEN  
1st APRIL 2018**

**Thank you for your  
support**

**See you next year!**

**'the nest'**

37 West St, Polruan, PL23 1PL

**CRYSTALS & ST.EVAL CANDLES**  
*Browse-Shop-Order at your convenience!*  
8am-8pm Please call- 0777 9297209

**THE CRYSTAL DOLPHIN ROOM**  
*offering Spiritual Healing-  
Aura-Chakra Balancing-using the ancient  
healing therapy of crystals  
for body-mind-spirit*

*Tessa Skola HPAI YA IAYT*  
*www.yogafitessa.com & Daily tweet*

**RAY TOMLIN**

**PAINTING & DECORATING**



**Phone 01726 870798**

**Nick Hitchcock**  
**Bathroom fitting**  
**Plumbing**  
**Tiling**

**Churchtown Farm, Lanteglos PL23 1NH**  
**Phone 0770 4680043**



**BRIDGECLASSES FOR BEGINNERS**

Have you ever wanted to learn how to play bridge ? Friendly beginners courses are starting on Thursday evenings in February 2018 at Liskeard Public Hall.

There will also be an open session on Saturday 13th January 2018 10.30am - 12.30pm

Bridge is a great social activity; stimulating the brain, improving memory and widening your circle of friends.

For more information contact Bev - 07496 316429  
or Lynne - cherryblossom1066@outlook.com

**Oberammergau 2020**

Once every ten years, this unassuming village in the heart of the Bavarian Alps holds an event that draws eager crowds from across the world.

Oberammergau is now synonymous with its famous decennial passion play. Telling the story of the life and death of Jesus Christ, it's a wonderful community achievement that sees a cast of more than 2,000 local actors, musicians and technical crew come together for each sell out performance from May through to October. It takes two years to prepare for such a huge event, held in the town's specially constructed 4,700 seat, outside auditorium, and the scale of the project is quite something to behold. Backstage there are 16 wardrobe rooms housing over 1,000 costumes as well as a myriad of props, many of which date back centuries. Set against the backdrop of the scenic Ammergau Valley the theatre has all the modern comforts you could want, such as under floor heating, while on stage you watch a piece of living history, a tradition that has endured since 1633.

I know 2020 sounds like a long way ahead, but early booking is essential, so if you are interested in going along, please let Rev'd Marilyn know.

**POLRUAN POST OFFICE**

**OPENING HOURS FOR  
JANUARY, FEBRUARY & MARCH  
2018**

Monday - 9 - 4.30  
Tuesday - Closed  
Wednesday - 9 - 4.30  
Thursday - Closed  
Friday - 9-4.30  
Saturday - 9-1.00  
Sunday - Closed

**POLRUAN VILLAGE HALL**

Our 2017 A.G.M. was held on Tuesday October 31st with two members of the public attending, one of whom agreed to join the committee.

Thank you to all, near and far, who voted for us but sadly, following an intense final few days of supporter voting, we were, unfortunately, not successful in our bid for an M&S Grant for the installation of a 6kWh Solar Powered P V System. However, M&S have provided us with contact details for alternative Grant Funding opportunities, which we will explore.

We welcome the Parent and Toddler Group as a new regular weekly hall user. We are still experimenting to find the best storage plan to fit in their equipment plus some more school P.E. equipment into what were already full cupboards and loft space! It does mean that the green chairs have had to be stacked higher to make more space and this, in turn, means they are more difficult to get out and put away. We apologise for the inconvenience this causes.

Our Secretary has moved to Fowey. She kindly agreed to write up the minutes of the AGM and the Committee Meeting which followed but we are now in urgent need of a new PVH Secretary. Thank you Sonya for all you have done, we will miss you but we hope you will come back and visit. So if there is anyone out there who is willing to consider taking on this post please contact Kathryn Hill, Bookings Clerk [39 Fore Street, Polruan, 01726 870953, kathryn.hill@polruan.co.uk] or any PVH Committee member.



## NEWS FROM LANREATH

**Lanreath Amenities Group** are looking for a caller for their monthly Bingo sessions held at the Village Hall. Richard Pugh has for many years fulfilled this role but due to his many commitments, made his final call at the Christmas Bingo in December. If anyone could help it would be very much appreciated by the group as the Bingo evenings help to raise monies which enable the Amenities Group to donate money to a variety of organisations in the village. Please contact Sandra Pipe on 01503 220860.

The firework display on 3<sup>rd</sup> November was a wonderful spectacle. If you have not attended in the past make sure you don't miss it this year.

The Christmas Dinner organised by the Group at the beginning of December was, as usual, a huge success and thoroughly enjoyed by the fortunate guests.

### **Lanreath Neighbourhood Development Plan**

final draft has been reviewed and signed off by Cornwall Council in a 'Plan Proposal Submission' report. This was the last major hurdle and the Plan is now cleared to proceed to the last and final stage of the approval process where parishioners can have their final say as to whether the Lanreath Neighbourhood Development Plan should become part of planning regulations for the Parish. The referendum will take place in January.

**Lanreath Community Choir's** escape to Spain in October was enjoyed by all who participated even though they were accompanied by gale force winds on their travels across the Channel and the Bay of Biscay! They provided impromptu entertainment at their hotel, visited the Guggenheim in Bilbao and reached, by coach, the dizzy heights of the Picos de Europa mountains through the somewhat scary Hermida Gorge. They reckon it was such fun that most would go again!

**Lanreath Community Spirit** have also been active with the Halloween Party prior to the Firework Display and a Christmas Fayre at the end of November. They are planning a celebration for St Piran's Day in St Marnarch's Church on Sunday 4<sup>th</sup> March following the morning service.

If you enjoy a soup and pudding lunch and convivial company, then join us in Church normally on the fourth Wednesday of the month at noon. The dates for this spring are 24 January, 28 February and 21 March at £5.00 per person. All monies raised go toward the upkeep of the Church.

As this article goes to press it is impossible to detail current Special Offers in the Community Shop and Post Office but judging by the offers throughout 2017 it is well worth paying a visit to the shop for a pleasant surprise.

Should you require the following, they are in stock: - socks (men's and women's), umbrellas and I-phone and I-pad charging leads. The shop is owned by the community and run by community volunteers for the benefit of us all so your support is invaluable.



### **Polruan Regatta and Children's Sports** *from the committee*

The craft coffee morning was well attended and the children and some adults enjoyed all the activities provided. Christmas activities included the party and pantomime trip. The tree on the Coal Wharf added to the festive feel in the village too.

The committee have been pleased to welcome two new members this autumn and we thank Tammy and Christine for joining us so enthusiastically. We wish the new toddler group every success and have been pleased to help them by purchasing donating some sensory equipment.

We wish you all a Happy and Healthy New Year.

### **Help required at Cornerstones**

Cornerstone the Churches together Charity Shop in West Looe, would still appreciate some additional help. **If anyone feels able to help (3 hours at a time) please call Jenny Hall on 01503 598267** she would be delighted to add your name to the list of monthly volunteers or on the floating list which means help when you are able. **Also if you have any unwanted gifts or nice quality items, you no longer require, we would also be delighted to receive them.**

As it is a very small shop we are unable to take large items and clothing. It does, however, have good selection of Bric a Brac and books. Additionally we are able to serve Fairtrade Tea and Coffee along with a nice slice of cake! The shop, which is on the corner of Quay Road in West Looe, is run by a group of Trustees under the chair of Revd. Marilyn Elliott and volunteers. All the money after running expenses goes to local children's charities.

### **Worried about Inheritance Tax?**

**Still not made your Will or thinking about a Living Will?**

**Considering an Enduring Power of Attorney?**

**Problems with a planning application?**

**Letting Property?**

**For friendly professional advice telephone Kevin Francis on 01726 870405**

**Home visits easily arranged**

**The Old Ferry Inn®**

B O D I N N I C K

**"New Dining room" with fantastic river views**

**Breakfast  
Morning Coffee  
Afternoon Tea  
Bar Meals and Specials Board**

**Don't forget we are open every day  
Lunch 12pm – 3pm  
Evening 6pm – 9pm  
Sunday Roasts also served**

**Family or Friends visiting?  
We have 12 Letting rooms available to book online**

**Visit our new Website  
[www.olferryinn.co.uk](http://www.olferryinn.co.uk)  
Email: [info@olferryinn.co.uk](mailto:info@olferryinn.co.uk)  
Tel: 01726 870237  
The Old Ferry Inn, Bodinnick By Fowey, PL23 1LX**

## **CRUMPETS**

**Teashop  
1 Fore Street, Polruan  
Breakfasts  
Light Lunches  
Afternoon Teas  
Take away service**

**Open daily from 9 a.m.  
07968 502644**

**Crumpets Too  
12 Fore Street, Polruan  
Freshly baked breads & rolls  
Croissants  
Savoury pies & pastries  
Homemade cakes & jams**

**Open Mon—Sat from 8.30 a.m.  
07890 602813**

**BRUCE SWEEPCLEAN!**

**PROFESSIONALLY REGISTERED,  
RELIABLE CHIMNEY SWEEP**

- Excellent service
- 'Mess free' work
- Cowl & Bird Guard Fitting
- Birds nest/blockages removal
- Camera Surveys/  
Stove Installation
- Chimney & twin wall liners
- Supply of stoves and accessories

Appliance and Chimney safety advice  
HETAS Registered Sweep and Member of APICS

**Call us now 01579 351478 or  
07772 686772 / 07768 750669**

**PRICES FROM JUST £40**  
**www.brucesweeps-clean.co.uk**

APICS  
Chimney Sweeps

HETAS

**HOLIDAY COTTAGE TO LET**

**'Twixtu' St Saviour's Terrace, Polruan**

Victorian character cottage with wide  
harbour views from bedroom windows.  
Comfortably furnished,  
4 bedrooms, 2 bath rooms, lounge, dining room,  
kitchen. Sleeps 7.

**STEVE STROUD**

**Penleath, Cliff Rise, Polruan**  
**Tel : 01726 870712**  
**Mob : 078 101 24137**

**BUILDER &  
DECORATOR**

**CERAMIC TILING,  
PLASTERING,  
ROOFING & STONEMASONRY**

**eden project**

*Buy your tickets with us*

**Great Savings**

Adults	£27.50	<b>£23.38</b>
Student	£22.50	<b>£19.13</b>
Child	£14.00	<b>£11.90</b>

e.g. 2 Adults + 2 Children (5-16 years)  
**Full price £71.00**  
**Our price £63.80**

Choose a gift aid donation for free entry for 12 months

**enjoy!**  
**FOWEY**

Find us next to the church  
5 South Street, Fowey PL23 1AR

**CURTAINS  
& CUSHIONS**

**handmade in Polruan by  
Sally Tomlin**

**Phone 01726 870798**



**Pelynt Harvest Celebration  
aids Foodbank.**

Pelynt Academy held their annual Harvest Festival in St. Nun Church, Pelynt to which they brought a selection of tinned, dried and fresh foods as their way of thanking God for the Harvest.

The non perishable goods were placed in the Church's Food Bank collection box, whilst the perishable goods were taken to the Harvest Supper held at The Jubilee Inn where they, and items donated by The Jubilee Inn and their sponsors, were auctioned and some £405 raised for the Food Bank.

Mr. David Berry of Liskeard and Looe Food Bank is pictured receiving a cheque and the goods from representatives of Pelynt Academy supported by Rev'd Marilyn Elliott.



**Keeping the home fires burning**  
*by the late Mavis Cocks*

Most houses today have central heating plus portable electric or gas fires. Before electricity came to Polruan all houses used coal with a stove in the kitchen and a fireplace in most other rooms. Coal was brought by boats and these were unloaded where the wharf is now and where Mr Stone had his big coal store.

It was sold in cwt bags and these were taken around the village to the houses, horse and cart being used for this work. During the 1920s when the coal miners went on strike for better wages and conditions coal was rationed a bag to each family. For households with babies or elderly and sick people a special permit was given allowing extra coal for that family. Chimney sweeps were in great demand. The soot was used in the gardens.

There wasn't electric sweeping as today but screw-on extending rods with the circular brush on the end to be pushed right out of the chimney top. Rooms got quite dirty with escaping soot as you can imagine. Dirty chimneys were a real hazard – they could so easily catch fire. Regular ash-collecting was a necessity - again horse and cart used - and smoke issued from the chimneys.

When I was married my first bag of coal cost about 2/6 old money. One of my wedding presents was a coal skuttle and shovel. Another was a companion set to keep the hearth clean. We used "black lead" to keep our stoves shining bright. How different it all is today!



## EXPERIENCE HARVEST

*An experience times two!  
From Rev'd Marilyn Elliott*

On Friday 6th October the whole of Polruan school, pupils, teachers and support staff, were transported to Pelynt for a day looking at Harvest.

The combined schools were divided into three groups – Oats, Barley and Wheat – for the day's activities of Music, Fantastic Farming (which included having tractors on the school field) and a Church visit to 'Experience Harvest'.

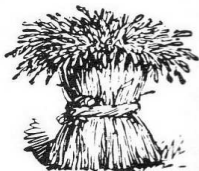
The various 'Experience Harvest' stations in Pelynt Church had been created by an ecumenical team from Pelynt, Polruan, Lanreath and Pelynt Methodist Churches and depicted Harvests of the Grain, Flock, Ocean and Garden and their associated Fruits of the Spirit – Generosity, Humility, Peace and Patience.

As each group arrived into Church they were welcomed by Rev'd Marilyn Elliott, given some history about the first Harvest Festival and then split into four groups to visit the various 'stations' in turn and finally gathered together in the Chancel area where the focus was on our 'Thankfulness' to God for all the good things we have in our lives before singing 'Stand up, clap hands, shout thank you God', which the children particularly enjoyed.

The session ended with a reminder that not all children would have enough to eat that day and that we can all help those in our community through donations to the local Food Bank. Rev'd Gary Eve then ended the session with prayer.

At the end of the day the 'Church Team' were invited into school for the final assembly where children and adults alike agreed they had really enjoyed the day and learnt a lot.

Then on Thursday 12th October Classes 3 and 4 from Polperro Primary also went to Pelynt to 'Experience Harvest' and also learn a bit of the history of the Church before undertaking a 'Treasure Hunt' to find various things around the building. Over those two days some 150 children and around 40 adults 'Experienced Harvest' through these stations, which remained in place for the Church Harvest celebrations and until the end of half term for parents and visitors alike to see.



**Robin welcomes you to  
The Russell Inn**  
West St Polruan PL23 1PJ

**Local Cask Ales  
& Cider**

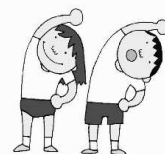
**Weekend takeaway  
menu**

**Free wi-fi  
Family & Dog Friendly**

**01726 870707**

**snsbryrobin@aol.com**

## STRETCH AND TONE



Every Wednesday from 6 September  
10.00am - 11.00am

LANREATH VILLAGE HALL

Fees £5.00 per session payable in advance  
at the beginning of the month

Please bring a mat and wear loose clothing  
Contact Jenny Bartram 01503 220490

## Conservatories | Doors | Windows | Sealed units | Rainwater goods | Secondary double glazing

- ✓ Since 1986 this family run business has become one of the leading suppliers of Profile 22 in Devon & Cornwall. We pride ourselves on beautifully made Windows, Doors & Conservatories.
- ✓ Excellent, reliable customer service, with no compromise on quality.



**RBWINDOWS**  
South West Limited

**See our new website:  
www.rb-windows.co.uk  
Call today 01752 263000**

32 Stonehouse Street, Stonehouse,  
Plymouth, PL1 3PE



## LETTERS TO THE EDITOR

Sue Shakerley,  
Coombeland,  
Lanteglos-by-Fowey PL23 1NL.  
susanshakerley@gmail.com  
PHONE 870211

Or use the letterbox in the porch of  
St Saviours Polruan

*The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.*

*We regret that anonymous contributions are not acceptable. Please give your name & postal address: this will not be published in full unless you specifically request it.*

### Letter from Australia from Mrs. Mary Taylor

Xmas nearly here again, comes around quick now. I like Xmas but its not the same out here as it gets hot, and with all the family spread around, they all try to get home for Xmas but sometimes the distances stop them. We always have roast veg and pudding- a lot of people here have seafood or a BBQ. On December 3rd our daughter Liz will be 60 and her family are giving her a party with about 80 people coming. We were told that her son and his family are trying to give her a surprise and come down from Darwin. It's a long way- 5 hours on the plane to Canberra and then 2 hours more to drive. There will be 9 of them all together Gerard, Jodie and their 4 children and 3 that they foster.

Jim has tied one of the roses around the fence. That rose bush was here when we came and it looks lovely this year. Of course Jim has diabetes now and doesn't like it one bit. We have had the Cootamundra show. We didn't go, but we saw the fireworks from the lounge room window. We have been watching the darts on TV. Jim used to play in Cornwall at the Liskeard and district league, and out here when we were at Wallendbeen. He has several trophies.

I have so many memories of Christmas in England. The butcher that used to come around and the baker. None of that happens now. Anyway we hope you all had a Merry Christmas and will have a happy New Year.

## AGE CONCERN

URGENTLY NEED  
VOLUNTEER HOSPITAL  
DRIVERS

IF YOU CAN HELP  
PLEASE CONTACT  
KATH WELSH 870510

(EXPENSES REFUNDED)

## Crabbing Competition 2017

There once was a seaside quayside wall  
Where children loved to go crabbing  
And the thought of a swirling tide would  
be all  
That was needed to get them grabbing  
Their buckets and lines, their packets of  
bait  
Then they'd chuck them all over-  
and wait.

And down at the bottom of the grey stone  
quay  
That into the harbour jabs  
Is where all the children are sure there'll  
be Crabs

And all of the shore crabs know it's a  
game  
Specially at the Regatta  
They chew on the bait, it is always the  
same  
Then go for a ride, getting fatter.  
The lines are a mess, even right from the  
start  
But the crabs take it all in good heart

For the aim of the contest is trying to  
catch,  
Or even if they're up for grabs  
To beg, or steal them so you can match  
Crabs.

But then this last year, I am loath to  
relate  
Not just crabs started hearing this sound  
And the whole ocean floor had begun to  
vibrate  
As if giants were stomping around  
For less than a few yards away, be it said,  
Men were drilling into the sea bed.

And nothing could stay and live with that  
noise  
Not a mullet, not a sea bass nor dab  
And to the grief of the girls and the boys.  
Not one single, solitary crab.

Tony Cottrell



## CLOSING DATE

### MAR-APR ISSUE

### COPY & LETTERS

to Sue Shakerley,  
Coombeland,  
Lanteglos-by-Fowey  
PL23 1NL.

susanshakerley@gmail.com  
PHONE 870211

Or use the letterbox in the porch of  
St Saviours Polruan

not later than  
**Friday 14th February**

## Hospital Transport

A number of people who are considered to be 'frequent users' of transport to and from Royal Cornwall Hospital Trust have recently received a letter from the NHS KCCG, outlining changes to the current eligibility criteria that determine which patients are entitled to free transport for non-emergency appointments. After receiving many calls into our Transport office, it seems that many people have had little warning or were unaware of the pending eligibility criteria changes. We are concerned that these changes have increased anxiety amongst individuals who require regular & one-off transport for non-emergency appointments.

Coming to hospital can present many practical and logistical issues, **TAP (Transport Access People)** and **Age UK Cornwall & The IOS** are here to help, and we are continuing to offer our voluntary car scheme for individuals who need transport support. TAP provides a safe, co-ordinated and cost effective door to door service, with trained drivers & staff teams to help with advice & support. If you have concerns about any of the above, there are two contact options: **TAP (Transport Access People)**

If you require transport, and have been informed by the NHS that you have to pay for your journey, please contact **01872 223388 (TAP)** - we can provide you with information on cost and shared journeys, which could reduce your fee.

**PALS (Patient Advice & Liaison Services)** The Patient and Family Experience Team provide a Patient Advice and Liaison Service (PALS), who can offer information, support and advice regarding your transport needs.

The links below can provide more information & support <http://www.ageuk.org.uk/cornwall/news-and-campaigns/do-you-need-transport-today/> <https://www.royalcornwall.nhs.uk/our-care-promise/practical-help-and-advice/>

Stay in touch anywhere  
around the globe

The Parish News is now  
available on the  
worldwide web at

[www.lanteglosbyfowey.org.uk](http://www.lanteglosbyfowey.org.uk)

The official website of  
Lanteglos by Fowey  
Parish Council

## Be Responsible!



## Clean up after your dog



## Thank you

Joan Simpson would like to thank her wonderful family and friends for the beautiful flowers, cards, gifts, meals, visits and taxi service since her accident. Thanks also to the very kind gentleman who rescued me and took me home in his car.

I would like to say thanks also to Des, Val, Colin and Shelagh for choosing Motor Neurone Disease for their Charity Christmas cards. Brilliant!

### The Story of

## St. SAVIOUR AT POLRUAN

By Frances Eileen Burdett

*This new and revised edition is published by the Lanteglos-by-Fowey Parochial Church Council by kind permission of the Burdett family.*

Price £3 from St Saviour, St Wyllow, and The Winklepicker.

By Post £4.50 from The Parish News, 1 St Saviours Hill, Polruan PL23 1PR

*Please make cheques payable to Lanteglos PCC*

## Bartlett's, Fowey

It's time for change and as the lease on Bartlett's Radio Shop comes up for renewal on 31st December, I have taken the decision not to renew it.

Bartlett's began high street retailing when my parents took over the Radio Shop, in Polperro, in 1960, followed by a shop in Polruan. We then accepted the offer to run Fowey Radio in 1992. The closure of the shop will signify the end of an era.

Although the shop will be closing, I will continue to provide service work and sales as usual.

I can be contacted by telephone on 01726 833429 or by email: [sales@bartletts@btconnect.com](mailto:sales@bartletts@btconnect.com)

Thank you to all those who have kindly used and supported the shop and I look forward to continuing to provide service and sales in the future.

I also record my grateful thanks to all staff past and present for their loyalty and support.

Tony Bartlett.

### WANTED

*from Robert Groves*

Wanted. A Cartoonist, Illustrator, or someone who draws for an almost completed 'Tongue-in Cheek' book of Children's Horror Stories

Phone Bob on 01726 870529

## Little Cabin Therapies

For the Good of Your Health!

A professional & strictly confidential practice offering natural holistic treatments. Please call me for further info, Anna

### Reiki

*Tuning Fork Sound Therapy*

*Indian Head Massage*

*Thai Foot Massage*

*Oriental Hand & Arm Massage*

*Holistic Face Massage*

Gift Vouchers Available!

Little Cabin Therapies

The Blue House

Lombard Farm, Mixtow,

Lanteglos by Fowey, PL23 1NA

Tel: 01726 870215

07894 221403

Email: [littlecabintherapies@gmail.com](mailto:littlecabintherapies@gmail.com)

*Readers are kindly requested to mention the Parish News when responding to our advertisers.*

*It helps the advertisers to know that their advertising is effective.*

# POLRUAN STORE

**14 Fore Street Polruan PL23 1PQ Tel: 01726 870477**

Email: [kiki@polruanstore.com](mailto:kiki@polruanstore.com)

**Fresh bakery products daily**

**Croissants, pains au chocolat & Danish pastries cooked in-store to order**

**Cornish quality meat from Richard Kittow & Sons**

**Fresh fruit & vegetables daily (Local when available)**

**~ groceries ~ off licence ~ cold meats**

**Roddas's Cornish creams & milk**

**Cornish & Continental Cheeses ~ Deli selection ~ traditional cakes**

**Newspapers & magazines ~ photo developing service**

**Paypoint agent: electric key top up/TV licence/**

**mobile phone top up/bill payments, etc.**

**All debit & credit cards accepted ~ ATM cash withdrawals**

**Home deliveries by arrangement on Thursdays, Fridays & Saturdays**

**PHONE OR EMAIL YOUR ORDER FOR DELIVERY OR COLLECTION**  
**PRE-BOOK YOUR ORDERS FOR BREAD, PASTRIES, NEWSPAPERS**  
**& VEGETABLES, RESERVED FOR YOU DAILY**

**Mon-Sat 7.30am-5.00pm Sun 8 am-12.30pm**

# Bartlett's

## The Radio Shop.



01726 833429.

Sales.bartlett@btconnect.com

- Aerial & satellite installation
- Service and Repairs
- Electrical contracting
- Televisions /Digital Recorders
- Household/ kitchen appliances
- Housewares & Hardware
- Roberts Radios.

**retra**  
radio, electrical and television  
retailers' association



## D. SIMPSON & SON

### BUILDERS

ROOFING - STONWORK  
PROPERTY REPAIRS  
DECORATING  
ESTIMATES FREE

Tel: Polruan 870430  
5 Meadow Walk, Polruan PL23 1QT.

## ACS of Fowey

Carpet, rug and upholstery  
cleaners since 1979

For a free quote call or text Alan  
07703 552841

Happy to call you back

[www.acscarpetcare.co.uk](http://www.acscarpetcare.co.uk)

## Des Libby

3 Ferris Way, Polruan

Milk + Dairy Products  
Fresh Fruit and Veg  
(local when available)

Reliable friendly service for regular or  
one off deliveries around the Parish

Malcolm Barnecutt The Quality Baker  
Selection of quality Bread  
Large Steak Pasties,  
C+O Pasties, S+K Pies

Semi Skimmed, Skimmed, Full Cream  
In various sizes inc 1pt 1Litre 2Litre  
Organic/ Soya /Goats milk to order  
Support a local business today !!  
Logs by the net, kindling

Fresh milk now available at  
The Winkle Picker.

Tel: 01726 870735 Mob: 07854197016  
Email [deslibby@hotmail.co.uk](mailto:deslibby@hotmail.co.uk)

## Frogmore Farm

from Gill Palmer



The cattle are all in the sheds now. They were eager to come in. I think they were fed up of lying in the wet fields, now they can sleep on nice straw beds.

Our morning routine changes in the Winter, our first tasks are feeding grain and silage to the animals. If you are ten minutes late on parade they all begin to roar so no lying in on a Sunday morning. The pigs start to scream for their breakfast, what a noise. They want some potatoes and crushed barley and wont stop until they are fed.

The two kittens have now been spayed. When Emma collected them from the vets she was told they would be very sleepy for two days. On arriving home she opened the travel bas-

ket and the kittens jumped out. They were so pleased to be home they raced around the room and jumped on the sofa. We were worried about their stitches bursting. Now each day they are catching mice, Cats are cruel, they play with the poor little things for ages before killing them.

The rams have been taken out from the flock. Now we have to prepare for the lambing season in early January. We are going to have the sheep scanned in early December to see how many lambs we can expect. It is fascinating to watch. The ewes run through a race and the scanner shows how many lambs she is carrying. We put a different colour mark for one, two or three.

The next TB test is due in early December. We are hoping to go clear so we can buy and sell again. What a nightmare cattle TB is.

Terrance the Turkey has died. We have no idea how old he was. He had lived with friends for years and we took him on when they moved house. He was huge. He would come to the fence to talk to us every day. His tail was almost as good as a peacocks. We had got him some turkey hens to keep him company but they flew away. We do miss him.

The new gander is very noisy, I think he will be better than a guard dog. It is impossible to sneak past him. We are hoping to get some goslings in the Spring, the old gander (Lucy) seemed to be infertile.

The Young Farmers have been busy again chopping and bagging wood. The sales are up on last year already. **BUT one local person is collecting a bag every few days and not paying enough for it.** These young people work hard for no personal reward. Every penny goes to the charities they are supporting. I hope this thief will stop this mean practice. They may need help themselves one day.

## After Winter's Grime Spring Cleaning Time

by the late Mavis Cocks

The words 'Spring Cleaning' mean very little to people today with all the latest electrical gadgets and aids, but they had a far different meaning to people who spent their lives with no such aids. After a winter of coal warmed houses with its soot and also oil lamps that slowly helped to discolour ceilings and walls, it was a relief to say its time to Spring-clean.

Most houses had wallpaper on the walls and it was a pleasure to put up a fresh new paper even though the rolls had to be hand trimmed and usually put up with home made paste. Most people used their so handy kitchen tables to paste the paper and then carefully put it on the walls.

Just think how lovely it was to see a clear burning fire after the sooty chimney had been swept. Then up came the floor coverings to be taken out in the air and thoroughly cleaned. Heavy winter curtains were replaced with lighter ones. From the bedrooms the feather filled eiderdowns, bolsters and pillows brought down and shaken in the sun and air and fresh feathers added if needed.

As well as paint I remember we used lime wash or white wash as we called it. All outside walls, sheds, closets had a fresh coat or two of white wash and I don't think anything looked as fresh and lovely as walls done with whitewash. Cheap too. A few pence would buy enough lime to be mixed with water to use on quite an area.

So to my generation Spring cleaning applied not only to houses and the surroundings but also to a actual lifting of the spirits and a very real relief from a hard winter with its resulting dirt and discomfort.

However - I'm sure we really do miss the actual cosiness of our lovely coal fires and the welcoming warmth they gave to the whole house!.

## KIDZ KLUB & YOUTH CLUB

The Kidz Klub trip to I-Bounce on October 10th was enjoyed by the older youngsters – where do they get the energy from? The next day the younger children [and their leaders and Rev'd Gary] enjoyed rides on Kevan's trains, thank you Kevan and Helen for your hospitality, we had a lovely time.

The children enjoyed the Christmas party.

Dates for the Spring Term are January 12th & 26th, February 9th, and March 2nd & 16th.

Youth Club members enjoyed their sleepover in PVH [and they did sleep!] and their trip to the cinema to see 'Justice League'.

The Christmas Disco, was a successful evening.

Dates for the Spring Term are January 19th, February 2nd & 23rd, and March 9th & 23rd.

We are very grateful to our County Councillor, Edwina, for her grant which enabled us to subsidise the trips to I-Bounce and to the cinema.

Thank you too to Danny for providing the disco music and lights for the Kidz Klub Christmas Party and the Youth Club Christmas Disco.

*Kidz Klub & Youth Club Leaders*



**Stay in touch anywhere  
around the globe**

**The Parish News is now  
available on the  
worldwide web at**

**[www.lanteglosbyfowey.org.uk](http://www.lanteglosbyfowey.org.uk)**

**The official website of  
Lanteglos by Fowey  
Parish Council**



## Whitecross Local Produce Market: the place to be in January and February!

Things can get a bit gloomy after Christmas, so what better to cheer the spirits than a happy Saturday morning spent shopping and meeting friends in Whitecross village hall? The fire will be lit, and all our regular local stallholders will be there selling plenty of great local seasonal food including fish from Looe, fresh vegetables, Dexter beef, honey, cakes, bread, chutneys and cheeses. And after all that rich fancy festive food, surely there's nothing you crave more than a hot and wholesome Liddicoats pasty straight from the Whitecross kitchen?

Dates for your diary: Saturday 6th January, Saturday 3rd February, Saturday 3rd March.

The market is open from 10am to 1pm, with plenty of parking, and community buses run from Fowey at 10 and Polruan at 10.30.

Don't forget to follow the market on Facebook, and please spread the word amongst everyone you know so we can keep this great little market going.

Any questions or suggestions, email [whitecrosslocalmarket@gmail.com](mailto:whitecrosslocalmarket@gmail.com) or call Liz on 870542.



## Chris Mylward

**Carpentry and Refurbishment  
Building work-Roofing-Painting-Tiling**

Mobile- 07837 831571

Office-01726 870078

[chrismylward@hotmail.co.uk](mailto:chrismylward@hotmail.co.uk)

Based in Polruan

## The Lugger Inn

The Quay, Polruan, PL23 1PA



Jenny & Martin welcome you

Open noon till 11 pm

Food served from 12-2.30 & 6-8.30

Sunday carvery serving local meat

Fresh fish from Looe dayboats

Fowey estuary mussels

Local Cask Ales & Cider

Freshly ground Cornish coffee

free wi-fi

Family & dog friendly

01726 870007

## OCEAN ONE

COME AND VISIT OUR  
GORGEOUS SHOP SELLING  
A SELECTION OF  
BEAUTIFUL AND  
UNUSUAL LADIES  
CLOTHES, SHOES AND  
ACCESSORIES  
INCLUDING  
PENNY BLACK,  
LE CASHMERE, MEISIE,  
LE PETIT BAIGNEUR ETC.  
& BOOTS AND SHOES  
BY TONI PONS.

Open Mon-Sat 10.30-5.30

at BLUE MILL, STATION ROAD,  
FOWEY, CORNWALL PL23 1DF

JUST PAST THE LIFEBOAT STATION  
OPPOSITE CAFFA MILL CAR PARK

[www.oceanone.co.uk](http://www.oceanone.co.uk)

01726 832823

## Polruan Holidays

A delightful very select family owned exceptionally well maintained exclusive **FIVE STAR** and **GOLD AWARD** winning camping and caravanning park, with no overcrowding and well-spaced pitches, no club or evening entertainment on site just peace and quiet, all within a splendid unique location of outstanding natural beauty surrounded by National Trust and farmland, with the most fantastic panoramic breath-taking sea views.

Also Holiday Caravans for sale & for hire

Free Wi-Fi now available

Web:

[www.polruanholidays.co.uk](http://www.polruanholidays.co.uk)

Email [polholiday@aol.com](mailto:polholiday@aol.com)

## Lanteglos Community Bus

### Timetable

	JAN	FEB
St Austell	2 & 16	5 & 20
Trago	10	14
Truro	24	28

Change possible subject to passenger demand and driver availability

The bus leaves the main car park at 9.25 then as requested at Furze Park, Well, Greenbank and Ferris Way

To book, please call in at The Russell or phone 870707 (please do not phone before 9am)

'Service subject to driver availability'

## AGE CONCERN

URGENTLY NEED  
VOLUNTEER HOSPITAL  
DRIVERS

IF YOU CAN HELP  
PLEASE CONTACT  
KATH WELSH 870510

Should anyone need a driver to take them for a hospital appointment could they please make contact with someone from the following list.

### DRIVERS

Tony Cottrell	870794
	or 07870280114
Angel Burstow	870059
Eric & Cynthia Lockyear	870144

### FARES

Fowey :£4: St.Austell : £8 : Liskeard : £10:

Bodmin: £10: Plymouth :£16: Truro : £16: Hayle : £25

Plus – Ferry fares, bridge tolls and parking costs

## Affi in Africa

(An historical and very different) "Letter from Nigeria" from Margot Borash



For many years my husband, Denis had a dream of possessing a pair of Afghan hounds, so when we heard of a puppy for sale whilst on leave from Nigeria in 1969, we piled into the car and rushed to see it. Our only stipulation was that it should be gold, otherwise we weren't interested - and that's how we became the proud owners of Shani of Isfahan, the most beautiful black and tan Afghan hound in the world. When I say WE became the owners, anyone who has ever had an Affi will know that the boot is very definitely on the other paw...

Our return to Nigeria was delayed and by the time we arrived Floppsy (as she was affectionately known) was 10 months old. Despite a 12 hour hold up for fog in London and a missed connection, she took the journey in her stride.

She stepped out of her box at Kano airport, in Nigeria, and surveyed everything with an imperious glance down her aristocratic nose. How the Nigerians viewed her was obvious from the way they shrank back and muttered "Kai" an expression which covered anything they didn't understand - and they certainly didn't understand this hairy vision with the long nose. The Nigerians who got to know her well loved her, and the night watchman felt free to sleep most of the night away with so large a dog with the deep bark to keep thieves at bay. If only he had known. But more of that later.

When we first introduced Floppsy to our bush dog (mongrel) we could almost hear the "Good heavens, what is this"? Floppsy sniffed her and decided that Tina was beneath her dignity, ignored her and spent some time sauntering around the bungalow to see if it was fit for an Affi to live in. Coming to the conclusion that it was, she jumped onto a large, square leather pouffe, curled herself into a ball and, finding that she only hung over each end a little, made it her spot.

Each January the dogs had to have rabies injections. Tina accepted hers without a murmur. Floppsy decided she was going to be a temperamental prima donna and yelled when the injection was given, then spent the rest of the day lying around and moaning every time she moved. She had a sort of "Let me die in peace" look in her eyes - until feeding time, when miraculously the pain went, but seemed to return as soon as she had eaten.

The hot season was a bit of a trial for her, but she was usually found lying in the thick foliage of the Canna lilies which surrounded the bungalow or, if the fan was going she knew the exact spot on the floor where she could get the most benefit. At the first sign of the rains, welcome to humans and dogs alike after about 7 months of unrelenting sunshine, Floppsy would rush into the garden, flop down, sniff the cool air and glory in the rain, after which she would come in and shake her long, wet hair all over everything and everyone. Ticks were a bit of a menace but, with the aid of tick collars, regular bathing in anti-tick solution and careful checking, we kept tick free.

When we went on leave a friend had Floppsy for us, and so fell in love with her that an Affi was top of his list when he returned to the UK. This despite the story he told us of when he was awakened and heard a thief open the window of his lounge. He shot out of bed, opened the door and shouted "At him girl, get him Floppsy" and there was a large, shaggy, fierce looking dog lying on a chair, nose on paws, quietly watching the thief's progress with intense interest! So much for our night watchman's faith in her guarding qualities.

She enjoyed her days playing with Tina, chasing turkeys, chickens and ducks, annoying the cats and getting under the feet of our 2 long-suffering stewards. She used to flatten the seedlings carefully tended by the gardener, and she would run to meet the car when we came back from shopping. We would slow the car right down and she would jump on the bonnet and ride into the compound on the roof of the car, after which she would stay there and survey the world. A favourite trick was to howl every time a classical record was played. She may have been an aristocrat from the canine point of view, but not where music was concerned.

Obviously during the years Floppsy lived in Nigeria, we found reasons why Africa was not the ideal place for an Afghan hound. However, where we lived in Jos, on the Benue Plateau, which was 4,500 feet up with its temperate climate, I would say it was about the only place in Nigeria where a dog such as an Afghan could live in reasonable comfort. As far as Floppsy was concerned, as long as she was with her family, in Africa or anywhere else, there was no happier dog than ours. "The dog with sleeve and trouser" as she was known to many of her Nigerians admirers.

**NEWS FROM NIGERIA**  
*from Kathryn Hill*

Many thanks to all who supported the Cream Tea for Internally Displaced Persons [IDPs] in Nigeria, I was able to send £200 to Kathleen and Daniel and they wrote:

*Please thank those who so generously gave at the coffee morning. With this money we will pay school fees for Dorcas Ibrahim, one of the children we help support. Thanks for that money. The rest we will join with other gifts and buy meat, rice and stew ingredients for Christmas. This will be a real treat for them as they rarely buy meat or rice. You have helped us a lot during the years and we thank you so much. Pray for Daniel and I that we might have the strength and the finances to cope with the 28 families we are responsible for and nearly 100 children's School fees. We praise God for His continued care of us. I suffer from malaria regularly but Praise the Lord it does not stop me from working. Daniel suffers from arthritis of his spine but is coping and getting treatment. Malaria is rampant and many of the children and adults are going down with it. So the medical bills are paid by us in most cases. The Plateau State is said to be the worst State for malaria so we pray that the Government will do something about it by spraying the area, but we will see. Our next big project is to continue to build houses for some of the Internally Displaced Persons who live here at VOM with us. We have already built 4 houses and hope eventually to build 6 more as funds come in. Some of the IDP's live in 1 room, father, mother and 2 children so we would like them to have better accommodation. They suffered a lot in the Gwoza area with Boko Haram and we feel looking after them is a means of helping the trauma they went through.*

I have also recently heard from Clem who was the driver and Braille Repair Technician at Gindiri Material Centre for the Handicapped [GMCH] when I worked there. He had now studied special Education and is now the Resource Officer for the Blind at Gindiri Boys Secondary School where I taught from 1978 – 1990 before I moved to GMCH. He is seeking funding for two blind boys, Nankat Timothy from Plateau State and Yakubu Adamu from Borno State, who have just started at the school. The fees are N70,000 per term which is approximately £150. I plan to have a Cream Tea for this in St Saviour on the afternoon of Sunday 11th February, so do come along and join us. I also plan to send a small amount monthly and if anyone else would like to help either regularly or with a one-off donation for the blind students or the IDPs please contact me [39 Fore Street, Polruan, 01726 870953, kathryn.hill@polruan.co.uk].

In November I also received disturbing news published in 'Morning Star/Google News' and forwarded to me:  
*Nine Christians were buried in north-central Nigeria yesterday after Muslim Fulani herdsmen ambushed and killed them earlier this week, sources said. The victims, all members of the Church of Christ In Nations (COCIN), were buried after a funeral service in Plateau state's Riyom Local Government Area. They were killed, and three others seriously injured, on Tuesday (Nov. 7) evening at about 7:30 p.m. in Rim village as they returned from a nearby market. The Rev. Dacholom Datiri, president of the COCIN, confirmed the killing of members of his church. "We are saddened again by yet another attack on members of our church," he said. "We have continued to be forced into mourning the death of some of our members for no just cause. Whatever it is, our faith is dependent on Jesus Christ, our Saviour." Istifanus Gyang, a member of parliament in Nigeria's National Assembly, decried unabated attacks on Christians in Plateau state. Gyang said the attacks were carried out by "blood-thirsty killers and terror militia" whom he said were prosecuting "ruthless banditry and brutal slaughter" in order to wipe out Christian communities and occupy their lands. We shall therefore overcome this season, as it is written, "weeping may endure for the night, but joy comes in the morning," he said. A similar attack was carried out in the same area a few weeks ago, when a Christian woman and her son and a daughter were brutally killed by armed Muslim Fulani herdsmen who have been raiding Christian communities in the central Nigerian states of Plateau, Kaduna, Benue, Taraba and Niger.*

COCIN is the church I worked with when I was in Nigeria 1977 – 1998.

## Introducing Cornish Horizons

*Cornish Quay Holidays have recently joined our  
sister company Cornish Horizons.*

We now offer an amazing selection  
of holiday cottages in the Fowey River  
area and throughout all of Cornwall  
including popular locations such  
as St Ives, Padstow, Looe & Newquay



**CORNISH  
HORIZONS**

*The Fowey holiday makers*

**01726 209880**

**24B Station Road, Fowey, PL23 1DF**

**cornishhorizons.co.uk**

## Lanteglos-by-Fowey Parish Council Chairman's Report November 2017

**Council Meetings:** The Council has resolved that it will continue to meet on the last Tuesday of each month at Whitecross Village Hall with the exception of August. The Annual Parish meeting and any additional meetings will be at the Polruan WI Hall. We are pleased to see so many members of the public at these meetings. All matters are discussed in full Council meetings where decisions are made by the whole Council. We value your comments and questions so please keep attending, and make any point that concerns you during the time allowed for public participation. The Neighbourhood Plan meetings are also held at Whitecross Village Hall on the second Tuesday of each month. Details of all meetings, agendas and minutes can be found on our website.

**Betty Woons/Hewans sign:** The Council had been advised that the Cornish Language Panel were of the opinion that Betty Woons would be the correct option. But, in accordance with local knowledge provided to the Council by residents, we requested the new sign to be in the name of Betty Hewans. This is still being considered by Cornwall Council and no action will be taken until an accurate Cornish translation of the agreed name is supplied.

**Parking:** There may be space for additional parking in Polruan behind the new Fire Station. The Fire and Rescue Service has provided a map of the area owned by Cornwall Council which includes this site. A search of the Land Registry revealed no results. The Council has agreed to take no further action on this site.

### Lighting in Furze Park and Ocean View

Members of the Council met with residents on 9<sup>th</sup> October to open a dialogue and to seek their views on the future of the lighting. Legal advice has been sought and whilst the Parish Council has a power to provide lighting, it has no duty to do so. Notes of the meeting were circulated to everyone present and residents who were not. Comments and responses to these will be added to the notes and circulated after the November Council meeting as well as being put on the website. There would appear to be an anomaly over the status of Furze Park which is Cornwall Council property and it is likely that we should not have been paying for electricity and maintenance for these. Cllr Hannaford is in discussion with CC officers to seek a resolution to ownership of the lighting going forward on both Furze Park and Ocean View.

By the time you read this Cllr Fisher and I will have met with Cllr Hannaford, Mr Andy Stevenson, Manager of Roads and Lighting, and Mrs Amy Looker, ITC Operations Team Manager, of CC. It was agreed at this meeting that Cornwall Council will adopt the six lights in Ocean View after the Parish Council has contracted SSE to bring them up to adoptable standard. The situation of the two lights in Furze Park will be taken up by Cllr Hannaford with CC as these are already on Cornwall Council owned land or Cornwall | Housing managed land. I hope you will agree with me that this is a satisfactory outcome to what was becoming a sensitive issue.

**Lanteglos Neighbourhood Plan:** Lanteglos-by-Fowey Parish is a very special place, bounded on three sides as it is by Fowey Harbour, Penpoll Creek and our Heritage Coast of the Headland, Lantic and Lantivet Bays. We have triple SI status on part of that coast and a significant part of the parish has Designated Area of Outstanding Natural Beauty status. This means that it is afforded the highest status of protection with regard to landscape character.

Most of our residents live in the villages of Polruan, Bodinnick and the smaller settlements of Whitecross, Highway, Mixtow and Lombard. We know from what you have already told us that you value this landscape character.

Neighbourhood Planning is designed to give local communities like ours more of a say over the details of local development policy. The plan is all about shaping future development in Lanteglos-by-Fowey and it will influence the look and feel of our Parish over the coming years. It will give the community much more control over the detail of what is built, where, and what it would look like.

Cornwall now has a Local Development Plan (LDP) for the years up to 2030 and anything that we wish to put in place will have to be guided by that. The Housing Needs Survey carried out recently showed that over 30 people with local connection have a genuine housing need but part of our remit will also be to reduce the impact of this on the AONB.

The Neighbourhood Plan Steering group is now starting to shape policy areas that we will consult on later in 2018 before our plan is submitted for examination. This is the process by which our plan will be checked against both Cornwall's Local Plan and The National Planning Policy Framework to make sure we comply with these too.

If it does the next stage is that the Plan will go to a ballot of the Community. The Neighbourhood Plan must achieve 50% approval at ballot to succeed. For this reason we need to ensure that everything in the Plan is in accord with what you have told us and we have sound evidence to support all our policies.

To help us do this it is vital that we know what you think about local issues. Your opinions will directly inform the content and wording of policies in Lanteglos-by-Fowey Neighbourhood Plan. We have completed the draft of the more detailed survey that will go out to all residents in the Parish at the beginning of the New Year and have put back the timing of the public exhibition to the end of the year, between Christmas and the beginning of the school term. This then is an opportunity for residents, including our youngsters to look at what we have drawn together in the Local Landscape Character Assessment and add to it. We consider it is important that our under-18s have a say on both the LLCA and on the more detailed survey. As the plan will be in place until 2030 it is their future we are talking about. We cannot cover every inch or every little byway, but your knowledge will augment what we have. All of this then becomes part of the evidence for the Neighbourhood Plan and it will carry considerable weight when it comes to examination and referendum.

Please get in touch with us through the website or by email.

Cllr Dr Pat Moore

Chairman: Lanteglos by Fowey Parish Council and Neighbourhood Plan Steering Group

Website: [www.lanteglosbyfowey.org.uk](http://www.lanteglosbyfowey.org.uk)

Email: [clerk@lanteglosbyfowey.org.uk](mailto:clerk@lanteglosbyfowey.org.uk)

Meetings of the Parish Council are held on the last Tuesday of the month in the Whitecross Village Hall, commencing at 7pm. Members of the public are warmly invited to attend.

#### **Planning Applications –**

PA17/08947, 8 Meadow Close, Polruan – proposed first floor balcony and associated works. Members supported this application.

PA17/09193, 1 Florizel Mews, Fore Street, Polruan – removal of condition 2

(occupancy restriction) of application No.83/00097/F dated 6<sup>th</sup> June 1983. Members supported this application.

PA17/02838/PREAPP, Furze Park, Polruan – pre-application advice for a replacement dwelling. Members made no comment on this application.

#### **Planning Applications Approved by Cornwall Council – information only.**

i PA17/05486, Lynton, Tinkers Hill, Polruan – alterations and addition to bungalow including reconfiguring roof and extending decking. Members supported this application.

ii PA17/07693, Rose Cottage, 13 Chapel Lane, Polruan – alterations and extensions to existing property including dormer and rear external steps. Members supported this application.

iii PA17/07983, Seaways, Cliff Rise, Polruan – alterations to dwelling including erection of replacement garage and games room extension with associated works. Members supported this application.

#### **Enforcement Cases –**

EN17/00177, 4 Bones Meadow, Greenbank, Polruan – alleged construction of gabion basket design wall not being built in accordance with approved plans PA15/09540; namely safety concerns associated with the wall which is leaning out over the public footway and also the path which had not been surfaced. Case officer, Felicity Copplestone. County Cllr. Hannaford had left a message for the case officer to the effect this was taking too long to resolve and urging action. She will continue to press for a resolution.

EN17/00760, Old Fire Station, Townsend – outside area being used to sell cars. The Case officer, Mr Bob Hoare, CC's Licensing and Compliance Team rang to advise he had liaised with the PCSO and the owner had given a verbal undertaking not to sell cars from the highway.

EN17/01604, Pieds Dans L'Eau, Lantegos – alleged breach of condition 5 (Construction Traffic Management Plan) of PA15/11192; namely contractors parking on road and not within the site compound. Case officer: Ms Felicity Copplestone reported that recent correspondence indicates the developers are now complying with the construction traffic management plan. Case closed.



### **Memories of Polruan** *by the late Mavis R. Cocks*

*Over the years the late Mavis Cocks provided us with a wonderful insight into life in this Parish before, during and after the second world war through her regular articles in the Lanteglos Parish News.*

*She contributed to practically every issue of the Lanteglos Parish News for 14 years and this 104 page book collects together her articles forming a unique record of life in this parish*

**The perfect gift for anyone who loves Polruan**

**The last few copies of Memories of Polruan still are available- £5.00 incl p&p UK**

*(Cheques to be made payable to Lanteglos PCC)*

**From Lanteglos Parish News  
1 St Saviours Hill, Polruan, Cornwall  
PL23 1PR**

Local company run by local family

Follow us

info@polruancottages.co.uk  
01726 870582



Full Management  
service available

Cleaning/Laundry  
services

24 hour callout



Self-catering cottages in Polruan, Fowey and local areas

**www.polruancottages.co.uk**



# WINTER WARMERS



## Roasted Tomato and Red Pepper Soup

Serves 3

8 plum tomatoes  
3 red peppers  
Large handful of fresh basil leaves (25g)  
Handful of fresh rosemary (10g)  
5 bay leaves  
4 cloves of garlic  
Dried thyme  
125ml of water  
3 dessert spoons of apple cider vinegar (use lime if you don't have this)  
3 dessert spoons of tomato puree  
Olive oil  
Salt and pepper to taste

Slice the red peppers into eighths, removing the centre. Then chop the tomatoes into four or five slices. Cover the bottom of a roasting pan or baking tray in olive oil and place the tomatoes, peppers with the garlic, fresh rosemary, dried thyme, bay leaves, salt and a drizzle more olive oil on top. Roast at 200C for 30 minutes. Once the vegetables have finished roasting put them into a liquidizer with the apple cider vinegar, tomato puree, salt & pepper and basil, being careful not to add the bay leaves or rosemary sticks though. As the soup blends, slowly add in the water until you reach your desired consistency. Once you have reached this pour the soup straight into bowls and serve.

## Spiced Pea Soup

Serves 6

3 tbs olive oil  
1 finely diced onion  
3 cloves garlic finely diced  
2 tbs curry powder  
750ml chicken stock  
500g frozen petit pois  
A handful of mint leaves  
Salt and pepper  
Creme fraiche to finish

Heat the oil and slowly brown the diced onion and garlic. Add the curry powder and stir for a few minutes. Add the stock and when it boils, stir in the petit pois. Bring back to the boil, cover, turn the heat down and simmer for about 30 minutes. Pour into a food processor, add most of the mint and blend to a rustic texture. Pour back into the pan and heat gently. Season with salt and pepper to taste. Just before serving, stir in the creme fraiche. Garnish with croutons and mint leaves.

## Baked squash with marscapone cheese and nutmeg

Serves 4

2 small butternut squashes  
chilli  
thyme  
garlic  
fresh nutmeg  
salt and pepper  
2 knobs of butter  
8 tablespoons marscapone  
50g grated Parmesan

Cut squash lengthwise and de-seed. Put on a baking tray and cut criss crosses in flesh of squashes. Add seasoning, herbs, garlic and a knob of butter on each half.

Bake for 45 minutes (oven number 6 or 200), basting with butter and juices half way through.

Mix marscapone with some thyme leaves lots of nutmeg, garlic and most of Parmesan. Divide this between the squashes and scatter on top the remainder of the Parmesan, more nutmeg and top with a sprig of thyme.

Bake for a further 15 minutes  
Serve

## Aromatic Slow Cook Pork

Serves 4

Time to cook: 2 hours  
Preheat oven Gas 5, 190C, 375F

900g (2lb) lean boneless collar, shoulder or leg joint  
2.5cm (1") root ginger  
4 cloves garlic  
30ml (2 tbs) soy sauce  
200ml carton orange juice  
5ml (1tsp) sesame oil  
30ml (2 tbs) brown sugar  
30ml (2tbs) hoisin sauce

Cut string off joint and flatten out. Cut into 6-8 large chunks. In an ovenproof casserole dish mix together peeled and thinly sliced root ginger, squashed garlic, soy sauce, orange juice, sesame oil, brown sugar and hoisin sauce. Mix in pork chunks. Cover with lid and cook for about 2 hours until meat is very tender. Serve with rice and stir-fry vegetables.

## Sausage and sage risotto with apple

Serves 2

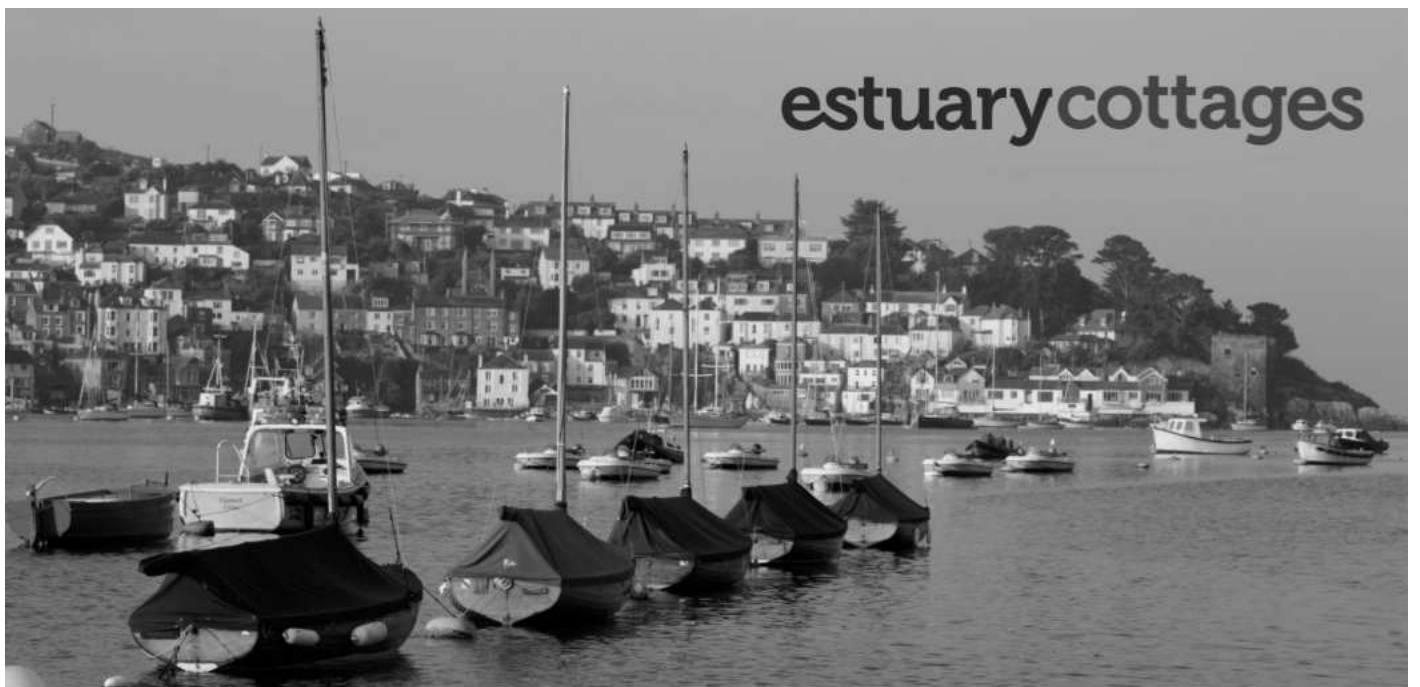
1 small onion, finely chopped  
2 eating apples  
25g butter  
\_ tbs olive oil  
3 meaty pork sausages, approx 250g  
4 chopped sage leaves  
150g risotto rice  
1 glass red wine  
1 chicken stock cube

Peel, core and cut the apple into bite sized chunks. Melt the butter over a medium low heat. Add the apple. Toss for 2-3 mins until nicely golden. Scoop onto kitchen paper. Add the oil and onion to the pan, reduce the heat and gently soften. Run a sharp knife down the sausages, peel away the skin and break up the sausages into small pieces. Increase the heat to medium, add the crumbled sausage and the sage and cook, stirring constantly for about 8 mins until nicely crusty and browned. If the sausages have produced a lot of fat, pour it away. Stir in the rice and add the wine. Let it bubble away into the sausage and rice. Meanwhile, dissolve the stock cube in about 400ml boiling water. Add about \_ the stock and stir constantly. Adjust the heat so it simmers gently. When all absorbed add a little more. Continue cooking, adding stock as necessary, until the rice is creamy with a slight bite. (You may need more or less stock than I've suggested – you have to play this by ear.) Stir in the apple, cover and leave for 5 mins before serving.

## Aztec Chocolate Sauce

250g dark chocolate (70%)  
2 tbs golden syrup  
300ml single cream  
a good pinch of cinnamon  
a good pinch of ground cloves  
a good pinch of cayenne pepper

Heat all ingredients very gently in a heavy bottomed pan, stirring with a wooden spoon until the chocolate has melted. Pour over vanilla ice cream, possibly with the addition of a drizzle of tequila . . .



**Estuary Cottages is currently looking for high quality holiday homes in the Fowey area.  
If you have a property you would like to let contact us now for proper professional advice.**

Caretaking & maintenance arranged  
Highly experienced team  
High quality & very effective website

A personal & professional service  
Fully managed local office with  
client parking & disabled access

Excellent occupancy rates  
Industry leading brochure

Estuary Cottages, Porcelain House, Tower Park, Fowey PL23 1JD | Telephone: 01726 832965 | [www.estuarycottages.co.uk](http://www.estuarycottages.co.uk)

# FOWEY ESTUARY N E W S



## Introducing the ReFILL Revolution...

Do you want to become a part of a global movement of individuals and organisations who want to stop the needless pollution of our rivers and seas with plastic ... in particular single-use plastic bottles!?

Refill is a free tap water initiative designed to reduce plastic pollution and promote healthy hydration by making refilling a water bottle easy, social and rewarding!

### In The Beginning....

The ReFILL model was first initiated in Bude, Cornwall, by a small team of volunteers and with funding and support from Beachcare (Keep Britain Tidy). From here the word has spread and thanks to the work of City to Sea in Bristol there are now several ReFILL locations all over the UK, all of which are connecting as a network on their new ReFILL rewards app. Happening now!

Cornwall is a county that prides itself for its beautiful coastline and beaches as well as the amazing conservation work that takes place all over the county by a number of different organisations and local marine conservation groups. We believe that together we have the power to roll out this disposable bottle-busting scheme into all Cornish communities.

A collective of organisations in Cornwall have been coming together to discuss how to make ReFILL go bigger and better countywide – Beachcare, Your Shore Beach Rangers Project, Clean Cornwall and Cornwall Wildlife Trust.

Did you know... adults in Cornwall will use an estimated 64 million single use plastic water bottles this year!

We want to work with people within the communities that border the Fowey Estuary to engage businesses in the scheme and get them refilling water bottles and educate and encourage people to use reusable drinking bottles rather than single-use plastics.

If you know a business who'd like to be involved or you can help us spread the word, we'd love to hear from you.

Claire Hoddinott  
Environment Officer  
[clairehoddinott@foweyharbour.co.uk](mailto:clairehoddinott@foweyharbour.co.uk)



Wednesday 17<sup>th</sup> January  
**Owl and Hawk Demonstration**  
By Sara Warne  
Time: 7.30pm

Meet: Lerryn Village Hall  
Cost: Free for members, £2.50 for non-members  
More info: Peter 01726 833141

## Fowey Library & One Stop Shop

Fowey Readers' Group – Fridays 26<sup>th</sup> Jan & 23<sup>rd</sup> Feb 10.30-11.30

Fowey History Group – Fridays 19<sup>th</sup> Jan & 16<sup>th</sup> Feb 2-4

Crafties – Tuesdays 23<sup>rd</sup> Jan & 27<sup>th</sup> Feb 2-4

Fowey Poetry & Writing Group – 1<sup>st</sup> Tuesday of every month 2-4

Sing & Sign – All mums and dads with 0-2 year olds are welcome to drop in to Sing & Sign with Caroline Oldman on Thursdays 10-10.45.

Lego Club – Tuesday afternoons 3.30-4.30 for 5-10 year olds during term time.

Mobile Library - Tuesdays 23<sup>rd</sup> Jan & 20<sup>th</sup> Feb at Lanteglos Highway Old Chapel and 13.35-14.15 at Polruan Fire Station. You can also use the Micro Library situated in the Ship Inn pub in Lerryn!

**HOME LIBRARY SERVICE** - If you know of anyone who can no longer get to the library, but would appreciate still being able to borrow books please get in touch. We have a number of Royal Voluntary Service volunteers who can choose items, deliver the books, stop for a chat and cuppa if clients would like then return the books to the library for them at their convenience – ALL FREE OF CHARGE!

With the expansion of the plastics recycling from mid June please do call in if you need extra capacity as we have red recycling bags in stock plus the other bags and black bin (all free) and seagull proof sacks (£3.50 per sack).

In December we said goodbye to Darren (SLIA at Bodmin Library/OSS) who had been looking after us since Vicky left – we wish him well in his new post with Penryn Town Council.

With best wishes for a very happy New Year.

Alli and Pauline

Our normal opening hours are: Tuesday, Thursday, Friday 9.30–5. We are closed on Monday, Wednesday and Saturday Tel: 03001234111

Email: [fowey.library@cornwall.gov.uk](mailto:fowey.library@cornwall.gov.uk)



**Stay in touch anywhere  
around the globe**

**The Parish News is now  
available on the  
worldwide web at**

**[www.lanteglosbyfowey.org.uk](http://www.lanteglosbyfowey.org.uk)**

**The official website of  
Lanteglos by Fowey  
Parish Council**

# MAY WHETTER & GROSE

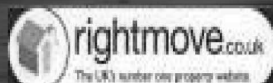
**Straight forward  
local knowledge.  
Straight talking  
professional advice.**

**Your Local Estate Agent**

**01726 832299**

**[www.maywhetter.co.uk](http://www.maywhetter.co.uk)**

**[info@maywhetter.co.uk](mailto:info@maywhetter.co.uk)**



# IN THE GARDEN

## WEATHER



*Hellibore Niger (Christmas Rose)*

### The Month in the Garden

Hellebores come in a variety of colours can be relied upon to brave the worst of weather. It always amazes me that they continue to flower in the bed in front of our kitchen window.

Cutting winds and icy rains are the main enemies of winter flowers. Snow does far less damage unless it freezes on buds or open blooms, though heavy falls of snow can weigh down evergreens so much that their branches break.

Masses of flowers cannot be expected outside in January, but there will always be some stray blossoms in well planted gardens, and colourful effects can be achieved by growing a few coloured-leaved conifers, or trees with ornamental bark and twigs.

Some shrubs and trees produce flowers in sheltered places - or even in exposed situations in mild winters - notably certain viburnums like *Viburnum farreri* whose sweetly scented blossoms stud the naked branches from the end of October until mid-March. The hybrid *V. x bodnantense* is another, as well as the evergreen, shade-tolerant *V. tinus*. The winter jasmine, *Jasminum nudiflorum*, should also be displaying itself as well as various heathers, and the sky-blue *Iris unguicularis*. As the month advances *I. histrioides*, the witch hazels (*Hamamelis* species and varieties), several hellebores and the green-catkin *Garrya elliptica* put in an appearance, and there are berries to enjoy on skimmias, pyracanthas, hollies and cotoneasters.

Plants such as these are worth fostering for they shine like jewels against sombre backgrounds. Anyone can have a charming garden in June, but it takes skilful planning and good planting to induce anyone to visit gardens on a cold January day.

'At New Year's tide, the days lengthen a cock's stride' is one of the few solid facts in the weather calendar, but the corollary is often equally true: 'As the day lengthens, so the cold strengthens', for the coldest winter weather almost always comes after Christmas.

Seasonal cold is not unwelcome in the January garden, if only because heavy rain is less likely when temperatures are low. There is a French saying that 'a bad year comes in swimming'.

A month of snow can be helpful in the garden; beneath the white blanket the soil and small plants will remain much warmer than if they were exposed to the full severity of winter frosts which occur over bare ground. 'Snow cherisheth the ground and anything sown in it' as Francis Bacon said. It is always wise to brush heavy snowfalls off branches and shrubs to prevent them from being broken down by the sheer weight. Plants may also suffer during a thaw from water-logging around their stems and surface roots if the melting snow cannot drain away quickly enough, but otherwise snow is more of a boon than a curse.

One type of January weather that is generally disliked and almost dreaded is unseasonal warmth. This causes premature emergence from winter dormancy which in turn leads to tender growth that will inevitably suffer when cold weather returns. The full adverse effect of such out-of-season warmth is often not obvious until later in the year, which explains the saying that 'January commits the fault, and May gets the blame'.

The old plea 'January warm - the Lord have mercy!' was the prayer of many a peasant; modern gardeners will surely agree, even if a warm January means a reduction in their heating bills.

## WHITECROSS GARDENING CLUB

18th January  
Trees and Shrubs for Shade  
Gary Long

Head of gardens and parks at Trew uthen Estate for the last 12 years Gary will tell us of some of his favourite examples suitable for our somewhat smaller gardens.

\*\*7pm 15th February  
AGM

Followed by  
Incredible Vegetables  
Mandy Barber

Discover more about this organic Dartmoor Nursery which produces perennial organic vegetables, Andean tubers, Skirrets and other unusual edible plants.  
Plants and seeds for sale

New members are always welcome.

Enquiries: Please telephone  
Sue Watts on 01208 871513

## Bamboo Garden Canes

Various lengths

Proceeds to  
WHITECROSS GARDENING CLUB

Buyer to collect from  
1 St Saviours Hill, Polruan  
01726 870273





# Still waiting for the right tenant?

*We are the key to  
letting your property!*



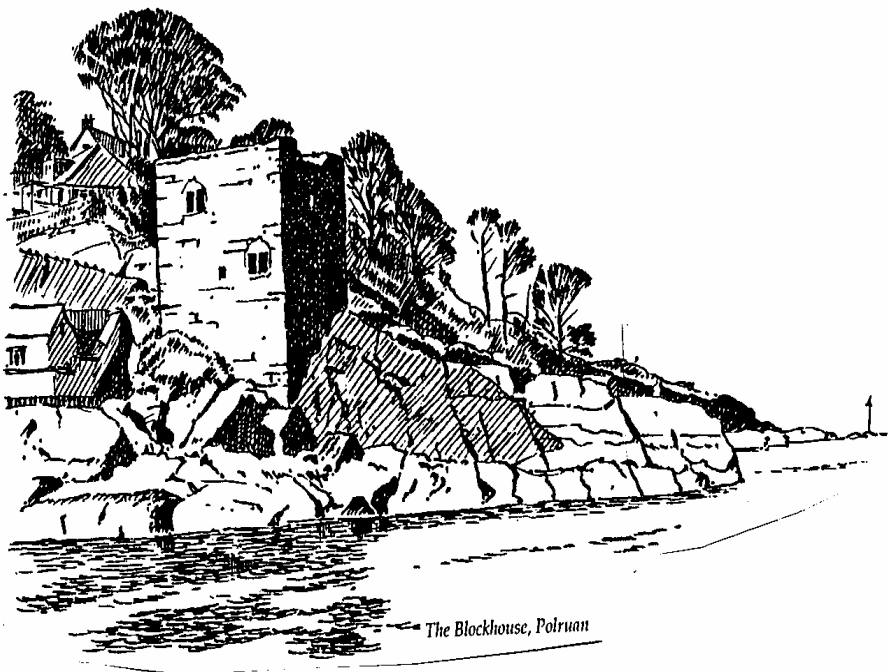
Due to an extremely  
successful 6 months we are now in need of new  
properties to let. Present this advert to your nearest  
FAC office before 31st October 2017 and receive:

**1 months FREE fully managed service  
along with 1 FREE inventory**

Offices in Par: 01726 812271 / Looe: 01503 266980

Bodmin: 01208 264686 / Liskeard: 01579 345609

**[www.facproperties.co.uk](http://www.facproperties.co.uk)**



## NEWS FROM THE TOWN TRUST

We had no contact from anyone regarding the item in the last Parish News Issue so still have a vacancy for a Trustee and would be glad receive contact from anyone wishing to volunteer to serve for the remaining term of the recently resigned Trustee - please speak to any of the other Trustees or phone the Clerk - Colin Wilson 01726-870118.

Some of the Hydrangeas have been put on the Bound with a few more to come. We are still waiting on South West Water regarding the Quay leases and the surrender of the old reservoir but have "chased" on this. We are currently dealing with the renewal of a few leases of Trust properties.

White lining of the Quay Car Park is currently being undertaken as and when spaces are not occupied.

We are currently dealing with a couple of requests for memorial seats on Trust land. As usual if you have any questions, comments or requests concerning Town Trust matters please speak to any of the Trustees or the Clerk.

## LANTEGLOS PARISH COUNCIL IMPORTANT NOTICE

As local residents know, there is a ongoing problem caused by seagulls ripping open plastic rubbish bags, strewing around the unsanitary contents and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

**Early Monday morning and  
NOT BEFORE!**

It is strongly recommended that householders put bin bags in a Dustbin or gullproof sack

**Owners of holiday lets are asked to  
provide their tenants with dustbins**

## PLEASE DO NOT FEED THE GULLS



**PARISH NEWS**  
for Lanteglos, Lanreath, Lansallos, Pelynt & Tolland

## SUBSCRIPTIONS

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

It only costs £8 (UK)  
(£18 Europe / £24 overseas) to have the Lanteglos Parish News sent by post on publication for a year.

To Graham Tyson, The Old Barn,  
Polscoe, Lostwithiel, PL22 0HS

Please send me the the next 6 issues of the Parish News  
by post on publication.  
PLEASE PRINT CLEARLY

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Name of Addressee (if different) \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

I enclose my cheque for £8(UK) / £18 (Europe) £24  
(over seas)made payable to Lanteglos by Fowey PCC

Photocopies of this order form are acceptable.



**PENSIONS & INVESTMENT ADVICE,  
CRITICAL ILLNESS AND LIFE INSURANCE,  
INHERITANCE TAX PLANNING AND TRUSTS,  
SECURING YOUR FUTURE TODAY.**

At The Financial Advice Centre, we feel that offering **Independent** Financial Advice is best.

We work on behalf of our customers and are not restricted to a limited range of products.

Contact your local adviser today!

**Email ~ malcolm.dodd@facgroup.co.uk**

**Telephone ~ 01726 870100 www.facgroup.co.uk**

**3 Fore Street, Polruan, Cornwall PL23 1PQ**

The Financial Advice Centre is a trading name of The Financial Advice Centre (South West) Limited, which is authorised and regulated by The Financial Conduct Authority. [www.fca.org.uk](http://www.fca.org.uk)  
Financial Services Register Number 569616.  
Registered Office - 40 Par Green, Par. PL24 2AF





## RNLI Polruan

After the busy months of summer, autumn sees a decline in on-the-water and coastal activity – but not for all. Yet again our rescue services were called upon in two dramatic cases. On the afternoon of 4<sup>th</sup> October, a 12-metre commercial dive vessel was on its way from Falmouth to a diving operation off Plymouth, when a number of compressed air dive cylinders on board exploded while the vessel was passing Dodman Point. Two of the three crew members on board were injured in the explosion.

Both Fowey and Falmouth all-weather lifeboats were scrambled, as well as the Fishery Patrol vessel *Saint Piran* and a Coastguard rescue helicopter. A paramedic was lowered onto the casualty vessel from the helicopter, while two lifeboat crew members and one from the *Saint Piran* were transferred from the fisheries vessel to assist in managing the dive vessel and preparing the casualties for evacuation. Following the successful helicopter evacuation, the two injured men were flown to Derriford Hospital.

Our Fowey lifeboat, the *Maurice and Joyce Hardy*, then took the stricken dive vessel in tow, while the remaining crewman was taken aboard the Falmouth lifeboat. In view of the concern regarding the remaining dive cylinders, the arrival of the Marine Rescue vessel *Agility* was awaited. This team then checked the condition of the remaining cylinders, took over the tow and returned the casualty vessel to Falmouth.



*Our All-weather Trent class lifeboat the Maurice and Joyce Hardy, on exercise with the rescue helicopter.*

Remembrance Sunday is special in many ways, and there is one man who will not forget this year. That evening, reports were received by the emergency services of a man in the water and struggling to reach the rocks on the south side of Mevagissey harbour, having apparently fallen into the sea.

Both Fowey lifeboats sped to the scene. The volunteers on the small D-Class inflatable *Olive Two* are trained and equipped to deal with shoreline extractions and provide first aid, while those aboard the all-weather Trent class lifeboat *Maurice and Joyce Hardy* can provide warmth, shelter and facilities for casualty monitoring.

The man was located, while liaison with other services established that the fastest and safest extraction was by helicopter. This airlift was achieved by the rescue helicopter from Newquay, while the lifeboat crews provided support and encouragement to the man in the water.

Both these incidents were excellent examples of joint, inter-agency responses that provided rapid aid and a safe outcome for victims of unexpected and potentially tragic incidents.

*Eric Lockyear*  
Branch Secretary

## C Toms & Son Chandlery

Our chandlery has everything for your boating needs at competitive prices from clothing to safety equipment, paints to outboards.

We also have:

- Launderette
- Showers
- Diesel & Petrol Sales



C. TOMS & SON  
POWERBOAT TRAINING



C. Toms & Son is a RYA Powerboat Training Centre.  
Our RYA Powerboat Levels 1 & 2 qualifications will give you the skills to handle a powerboat safely & confidently.

For more information, call 01726 870232.  
[www.ctomsandson.co.uk](http://www.ctomsandson.co.uk)

The Churches of  
St. Willow, St. Saviour and St. John  
in the Parish of Lanteglos by Fowey

**If we are to continue we need**

**HELP!**

**Church Warden**

**Volunteers**

**Secretary**

**Treasurer**

**Lesson Readers**

**Flower Arrangers**

**Servers**



Your Church  
needs  
**YOU**

If you would like to know more about any of these roles, or know anyone who you think might be interested, please speak to  
Colin Payne – 01726 870715, Richard Hews – 01726 870659  
Rev'd Gary – 01726 870568 or Rev'd Marilyn on 01503 221159

*The Carpet Gallery*  
**CARPETS**

[www.thecarpetgallerylostwithiel.co.uk](http://www.thecarpetgallerylostwithiel.co.uk)

*The Carpet Gallery*  
**VINYLS**

[www.thecarpetgallerylostwithiel.co.uk](http://www.thecarpetgallerylostwithiel.co.uk)

*The Carpet Gallery*  
**TILES**

[www.thecarpetgallerylostwithiel.co.uk](http://www.thecarpetgallerylostwithiel.co.uk)

With over thirty years experience, The Carpet Gallery will give you free professional advice on an extensive range of products from leading manufacturers worldwide. To further ensure your satisfaction, The Carpet Gallery is a member of the Carpet Foundation and operates under a code of practice approved by the Office of Fair Trading. Flooring professionals dedicated to upholding the highest standards of workmanship and integrity

**Mon 9 - 1 • Tues 9 - 5 • Wed 9 - 1 • Thurs 9 - 5 • Fri 9 - 5 • Sat 10 - 12**

**Other times by appointment**



**FREE FITTING - MEASURING - ESTIMATING**  
**20 QUEEN STREET, LOSTWITHIEL PL22 0AD Tel: 01208 873237**

