



MARCH-APRIL 2018

The **PARISH NEWS**

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Curate's Corner

Spring is here again and it has now been a year since my licensing in February of 2017, Where did last year go?

As always I am fascinated by the changing colours of the natural year. As I write this the colour is white, there are little crowds snowdrops huddled together in many gardens about the benefice and wild garlic is pushing through. But white will soon give way to yellow as the primroses and daffodils make an appearance leading up to the main event, purple, once the bluebells burst onto the scene.

The church year too follows a similar pattern, the liturgical colour of Christmastide and Epiphany is white too but soon gives way, briefly, to the green of Ordinary time. This in turn also gives way to purple once we enter into Lent. Ash Wednesday was relatively early, 14th of February, this year.

In years gone by most baptisms traditionally took place at Easter, and Lent was often used as a time of preparation for the candidates. Soon others began to take an interest in what was going on, and not wanting to be left out, began to run courses of their own, thus the idea of a Lent course took shape.

There are some very good Lent courses about this year, there is one being run locally by Looe and District Churches together. Also Christianity Explored will be run in Polruan (Wednesday evenings at the Vicarage), but if you are unable to get along to any of these the diocese has produced an excellent resource; Responding to God's Grace Lent Course 2018, which is available from the churches in the benefice, or if they have run out Church House in Truro.

Whatever you decide and however you fill your time over the coming weeks and months, may God bless you richly.

Gary



From the Editor

I have a lime tree. Not the large specimen tree of garden avenues, but a little tree in a pot which grows sweet smelling white flowers and little limes which I use in my Gin and Tonic. It sits on a south facing window sill next to my computer and encourages me to write and to look forward to warmer weather. In March I will re-pot it and once the weather does warm up I will leave it outside. It is a most rewarding plant and reminds me every day how little pleasures can make such a difference in life.

If you have any little pleasures which you would like to share. Please write and let us know so that they can be passed on to others.

We wish you all a Happy Easter with family and friends.

In this issue

Womens World Day of Prayer p2

Choir is back p2

Tribute to Brian Langdon p5

Two Polruan Girls set out to help local people and have an adventure. p9

New binoculars for Polruan NCI p23

CHURCH DIARY

*St. Wyllow Lanteglos, St. Saviour Polruan,
St. Ildierna Lansallos St. Tallanus Talland,
St. John Bodinnick, St. Marnarch Lanreath,
St. Nun Pelynt*

MARCH

Thursday 1st

10.00 St. Saviour Holy Communion

Friday 2nd

13.45 St. Saviour Women's World Day of Prayer

19.00 St. Saviour Stations of the Cross

Sunday 4th Lent 3

09.30 St. Ildierna Holy Communion

09.30 St. Marnarch Holy Communion

11.00 St. Saviour Parish Eucharist

11.00 St. Tallanus Holy Communion

17.00 St. Nun Songs of Praise

Thursday 8th

10.00 St. Saviour Morning Prayer

14.00 St. Saviour Polruan School Mothering Service

Friday 9th

19.00 St. Saviour Stations of the Cross

Sunday 11th MOTHERING SUNDAY

11.00 St. Tallanus Morning Prayer

11.00 St. Nun United Village Service

11.00 St. Wyllow Parish Eucharist

17.00 St. Marnarch Evening Worship

18.30 St. Ildierna Evening Prayer

Wednesday 14th

09.30 St. Nun Holy Communion

Thursday 15th

10.00 St. Saviour Holy Communion

Friday 16th

19.00 St. Saviour Stations of the Cross

Sunday 18th Lent 5

09.30 St. Ildierna Holy Communion

09.30 St. Marnarch Holy Communion

11.00 St. Wyllow Parish Eucharist

11.00 St. Tallanus Parish Eucharist

Thursday 22nd

10.00 St. Saviour Morning Prayer

Friday 23rd

19.00 St. Saviour Stations of the Cross

Sunday 25th PALM SUNDAY (BST STARTS)

09.30 St. Marnarch Family Service

10.40 Coal Wharf Blessing of Palms

11.00 St. Saviour Family Service

11.00 St. Nun Holy Communion

18.30 St. Ildierna Evening Prayer

Thursday 29th MAUNDY THURSDAY

10.00 St. Saviour Holy Communion

Friday 30th GOOD FRIDAY

10.00 St. Ildierna Meditation

10.00 St. John Meditation

10.00 St. Nun Morning Worship

12.00 St. Saviour Stations of the Cross

14.15 St. Wyllow Liturgy of Good Friday with Choir

APRIL

Sunday 1st EASTER SUNDAY

09.30 St. Marnarch Holy Communion

09.30 St. Ildierna Holy Communion

11.00 St. Nun Holy Communion

11.00 St. Wyllow Parish Eucharist & Choir

11.00 St. Tallanus Parish Eucharist

& Baptism

18.00 St. John Evening Prayer

Monday 2nd

15.00 St. Saviour Messy Church

Wednesday 4th

13.00 St. Wyllow Wedding

Thursday 5th

10.00 St. Saviour Holy Communion

Sunday 8th EASTER 2

11.00 St. Wyllow Parish Eucharist

11.00 St. Tallanus Morning Prayer

11.00 St. Nun United Village Service

17.00 St. Marnarch Songs of Praise

18.30 St. Ildierna Evening Prayer

Wednesday 11th

09.30 St. Nun Holy Communion

Thursday 12th

10.00 St. Saviour Morning Prayer

Saturday 14th

19.30 St. Saviour NCI Concert

Sunday 15th EASTER 3

09.30 St. Marnarch Holy Communion

09.30 St. Ildierna Holy Communion

11.00 St. Wyllow Parish Eucharist

11.00 St. Tallanus Parish Eucharist & Baptism

Thursday 19th

10.00 St. Saviour Holy Communion

Sunday 22nd EASTER 4

09.30 St. Marnarch Family Service

11.00 St. Wyllow Morning Prayer

11.00 St. Nun Holy Communion

18.30 St. Ildierna Evening Prayer

Thursday 26th

10.00 St. Saviour Morning Prayer

Sunday 29th EASTER 5

11.00 St. Ildierna Benefice Eucharist

WOMAN'S WORLD DAY OF PRAYER

Woman's World Day of Prayer always falls on the first Friday of March which this year is March 2nd. In Lanteglos Parish we meet in St Saviour Church at 1.45 p.m. for the service which is followed by light refreshments.

Each year Christian women from a different country prepare the service booklet and this year it has been written by Christian women from Suriname and is called "All God's Creation is Very Good!"

Although called Woman's World Day of Prayer, the service is open to everyone and we would be delighted if some gentlemen joined us!

There is also a Woman's World Day of Prayer Service at Sclerder Abbey at 2 p.m.



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Annual Parochial Church Meetings

The APCM's are an important event as they encourage everyone to have their say on Church matters. The following are the dates of each APCM in our cluster of Churches:

Lanteglos (at St. Saviour) 6.55 on April 26

Lansallos April 22 after evening service

Pelynt April 10 7pm in church

Lanreath April 8 after evening service

Talland April 23 7pm Polperro VH

Do try to attend if you can. Enquiries to your Church Wardens or Rev'd Marilyn or Rev'd Gary.

MESSY CHURCH

We held our 'Create a Christingle' Messy Church on Sunday 10th December. This was well attended and enjoyed by all. It was lovely to have the Youth Choir singing and Norm's 'Chocolate Nativity' was a big hit! I am writing this ahead of a Messy Church on Sunday 25th February. As usual our Easter Messy Church is planned for Easter Monday at 3 p.m. in St Saviour Church.

With seasonal crafts and word puzzles, an Easter Egg Hunt plus prayers, songs and an Easter-themed Afternoon Tea there is something for everyone, so do come along and join us.

NATIVITY

Our Nativity drama this year was based on 'The Ballad of the Bread Man' and was well received. We had fewer than usual children taking part but thanks to multi-tasking and quick costume changes by Shannon and Rosie all parts were covered. It was lovely to have the Youth Choir singing and even though they were depleted by sickness they did a wonderful job and were much appreciated.

POLRUAN SHROVE TUESDAY PANCAKE LUNCH

Sadly this traditional event did not happen this year as there was no one to organise it. If you missed it why not think about reviving it next year? I have all the information and would be willing to work with, and assist, someone to revive this event but for health reasons I cannot undertake to run it myself

Kathryn Hill

Lanteglos Churches Choir

We have just started singing practice for the Good Friday and Easter services. Rehearsals are on Tuesday at 6pm at St. Saviour. If you missed the start or if you would like to join in, please come along. You would be most welcome. We are short of Sopranos and Altos at the moment, and we are afraid that our Tenors are non-existent, so the men all sing bass and they are a merry bunch!

We would particularly welcome any of the Children's Choir who joined us at The Carol Service last December. You were so good and it would be great if any of you could join us again.

Practices: Every Tuesday at St. Saviour

6pm from Feb 20th - March 27th

Services: Good Friday at St. Wyllow at

2.15pm

Easter Sunday at St. Wyllow at 11.00am

HOW IS OUR CHURCH RELEVANT?

On the third Sunday in January we had an interesting get together over tea and cakes in St Saviours Church to discuss ways in which the church might be more relevant in our community.

Lots of ideas were discussed including possibly getting a 'bank of skills' together where people could access practical and emotional support when needed. It was suggested that a questionnaire is prepared for people to offer their skills as well as to gather information regarding types of needs to be met.

It was also suggested that a Welcome Pack detailing all local services and contacts could be compiled for new people who move into the village. Alternative types and times of church services were discussed in order to cater for those who prefer a more informal way of worship. These included Family Friendly services, Songs of Praise type services and possibly a remake of an afternoon Teatime Service - maybe even on a Saturday.

By the time this is published we will have had the first 'Sing a New Song' event on the third Sunday of February including old and new songs with a more lively feel. Please feel free to offer ideas and suggestions regarding all of the above (contact Rev'd Marilyn, Rev'd Gary or Angie) and look out for further details/postings as things unfold over the next few months.

Electoral Roll of the Church

If you would like to be on the Electoral Roll of the Parish of Lanteglos-by-Fowey now is the time to say. Also if you are already on the roll and you have moved or if you know anyone who has moved away or who has sadly died.

Could you please let Sue Shakerley know (870211). The Electoral Roll is currently being revised. Thank you.



The Story of

St. SAVIOUR AT POLRUAN

By Frances Eileen Burdett

This new and revised edition is published by the Lanteglos-by-Fowey Parochial Church Council by kind permission of the Burdett family.

Price £3 from St Saviour, St Wyllow, and The Winklepicker.

By Post £4.50 from The Parish News, 1 St Saviours Hill, Polruan PL23 1PR

Please make cheques payable to Lanteglos PCC

From The Registers

Golden Wedding Blessing:

13th January John and Glen Feeseey
St. Ildierna, Lansallos

Engagement Blessing

29th December Cyrus Parlin & Caroline
Crew St. Ildierna, Lansallos

Funerals/Thanksgiving services:

12th December Daphne Vivian Mitchell
St. Marnarch's Lanreath

22nd December William Brian Langdon
St. Ildierne, Lansallos

9th January William John Haley
St. Marnarch's, Lanreath

20th January Ian Mayman
St. Tallanus, Talland

23rd January David John Chapman
St. Nun, Pelynt

27th January Bertha Sheila Cheadle St.
Wyllow, Lanteglos

17th February Alice Irene Eastley
St. Nun, Pelynt

Glyn Valley Crematorium Funerals:

19th December Ian Mayman of Talland
20th December Christine Ann Wilcox
of Polruan

22nd December William Brian Langdon of
Polperro

3rd January Jean Margaret Pring
formerly of Restgarth, Polperro

18th January Baby Riley Owen Jones
of Lanreath

27th January Bertha Sheila Cheadle
of Pelynt

31st January Pamela Pooley of Pelynt
14th February Ada Margaret Miller
of Polruan

19th February Minnie Palmer
formerly of Pelynt

Weston Mill Crematorium Funeral:

29th December Pauline Horsfall

Interment of cremated remains:

20th January John Harry Dunn
St. Wyllow, Lanteglos

13th February Michael Anthony
Kirkpatrick Polperro Cemetery

15th February Margaret Mary Glew
St. Wyllow, Lanteglos

The Churches of Lanteglos by Fowey, Lansallos, Lanreath, Pelynt & Talland

Priest in Charge Revd. Marilyn Elliott 01503 221159
Curate Revd Gary Eve 01726 870568

Lanteglos

Churchwarden Colin Payne 01726 870715
Treasurer Graham Tyson 01208 873750
Secretary Kathryn Hill 01726 870953

Lansallos

Treasurer John Feeseey 01503 220884
Secretary Glen Feeseey 01503 220884

Pelynt

Churchwardens Sheila Morrell-Davies 01513 220976
Frank Edwards - Ex Directory
Treasurer Graham Whiteley 01503 220688
Secretary Sheila Morrell-Davies 01503 220976

Lanreath

Churchwardens Rose Northcott 01503 220475
Dawn White 01726 870743
Treasurer Peter Bartram 01503 220490
Secretary Jenny Bartram 01503 220490

Talland

Churchwarden Sheridan Hughes 01503 264948
Treasurer Joe Sharples 01503 273466
Secretary Jenny Hall 01503 598267

PARISH DIARY

MARCH

Friday 2nd

Womens World Day of Prayer. St. Saviour
1.45pm
Kidz Klub 5.30 & 6.45
Polruan Village Hall

Saturday 3rd

Whitecross Market 10 - 1

Tuesday 6th

Womens Hour. St. Saviour 2.30pm
Choir Practice 6pm St. Saviour

Friday 9th

Youth Club 7pm Polruan Village Hall

Monday 12th

Oberammergau meeting. St. Saviour 7pm

Tuesday 13th

Womens Hour St. Saviour 2.30pm
Choir Practice 6pm St. Saviour

Friday 16th

Kidz Klub - as above

Saturday 17th

Age Concern Coffee Morning WI Hall
10.30

Monday 19th

Lanteglos PCC Fire Station 7pm

Tuesday 20th

Womens Hour - as above
Choir Practice - as above

Friday 23rd

Youth Club 7pm Polruan Village Hall

Saturday 24th

Holiday Club Fund Raising 10.30
Polruan Village Hall

Tuesday 27th

Womens Hour - as above
Choir Practice - as above

APRIL

Monday 2

10.30 am Easter Coffee Morning.
Whitecross Village Hall
15.00 Messy Church. St. Saviour

Saturday 7th

Whitecross Market

Tuesday 10th

Womens Hour. St. Saviour 2.30pm

Saturday 14th

NCI Choir Event

Tuesday 17th

Womens Hour - As above

Tuesday 24th

Womens hour - As above

Thursday 26th

Lanteglos APCM St. Saviour 6.55

STOP PRESS

Zumba at Whitecross Village Hall

7-8pm on Wednesday's

March 7,14,21,28 & April 4,11,18,25.
see page 6

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NEWS FROM LANREATH

from Jenny Bartram

Spring is on its way and Lanreath is busy with a myriad of activities in the Church, the Village Shop, the Village Hall and those activities such as the Walking Group and excursions on the Community bus, which take place outside the Village.

We were very proud and happy to learn that after the official referendum in January, Lanreath Neighbourhood and Development Plan had been adopted. There were a minority of 18 who voted against the recommendations but a majority of 105 voted to accept the plan which will now become an important foundation document for guiding planning decisions in the Parish until 2030. Our grateful thanks go to Peter Seaman who chaired the steering committee over the past 18 months which involved a tremendous amount of work, and also to the members of the steering committee who supported Peter, collectively contributing many hours of their time and expertise.

Lanreath Community Spirit is planning a St Piran's Day celebration in the Church following the morning service on Sunday 4th March and are hoping that other groups in the village will join them to provide a fun packed occasion. Also in Church, the March Soup Lunch will be held on Wednesday 21st from noon at £5.00 per person, our last lunch of the season is on Wednesday 25th April. Everyone is welcome – the company is friendly and fun and you get a good warm, nourishing meal. Lizzie is bringing her donkeys to join us at the Palm Sunday Service at 9.30am and Easter Sunday Family Holy Communion will host the annual egg hunt!

The Walking Group are back in form and walking twice monthly on the 1st and 3rd Monday mornings meeting at 10.00am at the Village Hall. Its popularity is increasing – the two walks planned for March are Sibleyback Lake and later in the month Donderry and Narkurs, this being a circular road walk with panoramic views. If you require transport or further information please contact either Sally on 220799 or Di on 220577.

The Community Shop and Post Office enjoyed a 'bumper Christmas' and has pledged to become plastic bag free. A wider range of fresh fruit and vegetables are now stocked with prices being reduced, firewood and kindling are available and as usual there are a variety of special offers.

POLRUAN POST OFFICE

OPENING HOURS FOR
MARCH—APRIL 2018

Monday - 9 - 4.30
Tuesday - Closed
Wednesday - 9 - 4.30
Thursday - Closed
Friday - 9-4.30
Saturday - 9-1.00
Sunday - Closed

The Post Office offers most of the banking facilities you would expect from your bank, and it is open every morning – Monday through Friday.. If you haven't visited the Shop for a while it is well worth popping in to see what is available.

Rally Social Club are hosting a variety of acts and musical tributes on alternate Saturdays commencing 3rd March from 9.00pm.

The popular monthly Bingo at the Village Hall introduced by the Amenities Group is held on 2nd Wednesday evening – doors open at 6.30pm, eyes down 7.30pm. All monies raised go back into the community.

Lanreath WI meet on the last Wednesday of the month at the Village Hall at 7.30pm. They have an interesting diary of events over the next few months and are pleased to welcome new members so if you are interested please go along to the next meeting.

The Village Hall is a popular venue, check the Lanreath website to find out what is available.

Some members of the Lanreath Community Choir are travelling to London in March and will be singing, along with other choirs, at the Royal Albert Hall. Our good wishes to them on what is an amazing opportunity in such a wonderful setting.

Talland Church News

Talland Church would like to express many thanks to everyone who supported our social events and the Christmas Tree Festival during 2017. A successful and very convivial year was spent at eleven events. However, without your support and generosity none of this would have been possible

**HELP VERY URGENTLY REQUIRED
PLEASE HELP IF ONLY TWO OR
THREE TIMES A YEAR.**

Comerstone the Churches together Charity Shop in West Looe, would still appreciate some additional help. If anyone feels able to help (3 hours at a time) please call Jenny Hall on 01503 598267 she would be delighted to add your name to the list of monthly volunteers or on the floating list which means help when you are able. Also if you have any unwanted gifts or nice quality items, you no longer require, we would also be delighted to receive them. As it is a very small shop we are unable to take large items and clothing. However books and bric a brac are gratefully received. Anything of value is researched and priced accordingly.

Additionally we are able to serve Fairtrade Tea and Coffee along with a nice slice of homemade cake! The shop, which is on the corner of Quay Road in West Looe, is run by a group of Trustees under the chair of Revd. Marilyn Elliott and volunteers.





Lansallos Parish News

by John Feese, Honorary Treasurer

The Church of St Ildierna lost a dear friend when our churchwarden, William Brian Langdon ("Brian" to everyone) sadly passed away peacefully at his home in Polperro on 9th December, after several months of illness which he bore with typical stoicism. The following notes are based on the eulogy given by his son Martin at the subsequent memorial service at Lansallos and are used by kind permission of the family.

Brian was born on 10th January 1937 at Landividdy, Polperro, and was given the nicknames "Curly" or "Birdsnest" at school on account of his thick mass of unruly hair. During the war, Brian would often accompany his father who was in the Home Guard on lookout duties on the cliffs, and told tales of watching the glow in the night sky of Plymouth burning in the distance.

After the war, Brian was taken on as an apprentice carpenter by local building firm Libby's, where he learned his trade under the watchful eye of Harry Fisk from Looe.

At the age of 20, Brian was called up for National Service in the Duke of Cornwall's Light Infantry. After training at Bodmin he was posted to Germany where Brian landed the "cushy" job of CO's driver, so managing to avoid having to go on field manoeuvres with his colleagues.

Brian first met his wife Joan at a party at his home when he was 14 and she 10. Joan says she will never forget the sight of Brian washing his feet in a bowl, as of course there was no bathroom in those days. On return from Germany, Brian went back to work at Libby's and met up with Joan again. She was working as a nurse in Plymouth and he would drive his motorbike there to visit her (no doubt after first washing his feet!). They were married in Lansallos Church in March 1963 and moved into a two bedroom cottage in Longcombe Lane, Polperro, in 1966. As by now they had a growing family, one of Brian's first tasks was to greatly enlarge their house, a process that he continued in the years to come.

When in 1971 Libby's business folded, Brian and Eric Wakeham formed their own company together. Sadly, in 1981, Eric died and Brian bought out his share of the company, eventually employing several local men. There are few buildings within 10 miles of Polperro that Brian hasn't built, extended, painted or repaired. Things didn't always go to plan and in 1995, when extending the house upwards by another floor, the wind blew off the temporary tarpaulin in the middle of the night. The family remembers Brian up

there in the pitch darkness, singing merrily whilst nailing the tarpaulin back on. In another incident, Brian was carrying an aluminium ladder in Polruan, didn't spot the overhead electric cables, shorted them out and left half of Polruan without power for several hours - fortunately without harm to himself. Brian "retired" in 2001 but not to a life of leisure. After a well deserved holiday of a lifetime touring New Zealand and the Cook Island's, where Brian's sister-in-law hails from, he turned his attention to further extending and improving his home as well as working on the church.

Brian had been a bell ringer at Lansallos Church since his marriage and in 1976 he also became churchwarden, serving for an extraordinary 41 years in the job, combining it for some years with treasurer and annual fete organiser. He took his warden duties seriously, carrying out most of the church maintenance himself, and was often found up on the roofs replacing fallen slates. After the great church fire of 2005, Brian spent hundreds of hours helping with the rebuild and renovation. His skilled handiwork can be seen in the church vestry, which he made into a habitable and useful space, and where he installed a kitchen in what had been the cold, damp base of the tower.

Amongst numerous other projects, Brian also constructed an electrical control cupboard, devised an ingenious handle so the church door could be opened more easily, crafted new wooden candlesticks, vases and a cross for the altar, all from waste pieces of oak, and put in new pitch pine benches in the porch from choir stalls that were damaged in the fire. Brian threw nothing away that he might later find a use for and even made new stays for the church bells from branches of ash trees that were being cut back in his lane. With Joan he cleaned the church on a regular basis and carefully tended the churchyard. Brian's talks on the church's history to groups of visitors were always popular, particularly as they included a wealth of amusing anecdotes, delivered in his delightful local accent. When asked by tourists how far it was down the fairly steep footpath to Lansallos cove, he would reply "it's half a mile there and three quarters of a mile back".

Brian was above all a modest man who never blew his own trumpet, despite his many impressive achievements. He was kind, conscientious, and hard working. He will be hugely missed by Joan, his family and all that knew him, and especially by the congregation of St Ildierna.

RIP Brian.

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Polruan In Bloom
from Polruan Regatta and Children's Sports.

It may seem a little early but we wish to give advance notice to all gardeners. It's time to plan your planting ready for the annual Polruan In Bloom competition. We would like to see a bumper entry again this year.

There are two perpetual trophies to win and will be awarded on Regatta Day:
The Mulready Trophy:- Display of window boxes, containers and pots.
The Millennium Trophy:- Front gardens and borders.

Entry forms will be available from The Winklepicker from early June. Judging will take place week at a date to be advised at the beginning of July .

Polruan Theatre Club News

We have just started rehearsals for our next production which will be performed on May 30, 31, June 1,2 2018. The play is a favourite of many 'Dial M for Murder' Many of you may remember the film with Grace Kelly and Ray Milland.

It is a fascinating play, which needs concentration from the audience ! It is set in the 1950's and has a very detailed and well written script which we hope you will enjoy.

So put the dates in your diary. There will be more details in the next issue.

Zumba at Whitecross
from Liz Luck

Ellie May, our Zumba teacher, held her first class in Whitecross village hall on Wednesday 21st February. Sorry to those of you who would have preferred a different day, but Wednesdays were the only evenings with no other bookings in the hall.

The cost per class is £5, and Ellie says that it's suitable for all ages and levels of fitness. Wear comfy footwear and bring a bottle of water if you like (tap water available in the hall).
Next sessions Whitecross Village Hall 7-8pm on Wednesday's
March 7,14,21,28 & April 4,11,18,25.
Looking forward to seeing you all then

Have you recently had a baby or do you have a child under 5?

Polruan Under 5's and Toddler Group

Pop along to our toddler group at Polruan Village Hall every Wednesday 10am-12pm, during Term Time.
Termly membership available or £3 a session for non members.
Babies 6 months and under free.
Come and meet with new or old friends for a coffee and chat.
Different activities each week for parents/carers to get involved in with their children.
Every third Wednesday of the month the Health Visitor visits the session.
Dates: 18th April, 20th June, 18th July.

Every fourth Wednesday of the month we are opening our doors to the whole community. £2.50 entry fee includes a cup of tea or coffee*, cake and entry in to our prize draw. Come along and see what we get up to!
*we ask a small donation for any extra drinks
Dates: 28th February, 25th April, 27th June.

For more information, find us on Facebook "Polruan Under 5's Toddler Group" or email polruanu5s@gmail.com

LISKEARD FOODBANK

A big thank you to all those who donated food and cash for the Liskeard Foodbank at Christmas. Nearly £40 was collected at the Children's Choir event on the Coal Wharf and other events. This was gratefully received by the Foodbank and helped to support families over a sometimes very difficult season. We would be most grateful if people continued to give regular donations and the Foodbank collection basket will remain in St Saviours Church porch - donations can also be brought to Kidz Klub and Youth Club. Donations will be collected and delivered to the Foodbank regularly. Please note that only tinned or sealed dried foods are suitable. PLEASE DO NOT LEAVE CASH. The Polruan Youth Club are visiting the Foodbank this month and further information will be available after their trip.

Many thanks
Angie and Norman Mallard

Bingo

In December the Russell Inn at Polruan held a Bingo night. What a great evening for those who like Bingo.
The pub was full and the Bingo prizes and the raffle were very good. Many thanks to Robbie, Sue and Ellie, and also to Fleur who is such a good Bingo caller.

We are all looking forward to the next one. £100 was made and all the money put back into the bottles for the fireworks.



Interested in Local History and want to share it with others?

Cornish Riviera Guides are in the early stages of planning a 12 week course with partners to train more tourist guides for the Port of Fowey area. Our current seasonal walks cover from Mevagissey to Looe and places in between and there is growing demand from visitors. The course will possibly start in the late Autumn, probably based mainly in Fowey but with visits to local areas. There will be a fee for the course and this will depend on funding and demand.

If you enjoy sharing your love of this area with others do let us know. The proposed course will include specialist history talks from noted experts and practical guide training. It is based on the very successful course run some years ago, led by Dr Helen Doe and Lynn Goold, that trained the excellent Fowey and Polruan guides who are part of the Fowey Harbour Heritage Society. The course will provide a very special and unique insight into our coastal communities and their wonderful heritage.

More details will come out later in the year but meanwhile please register your interest by contacting cornishriviera@gmail.com

Lanteglos Age Concern

After our very successful Christmas Party, we would like to say a belated thank you to all Age Concern Committee members, helpers who worked in the kitchen, to Mrs. Tippett, Crumpets and Mr. & Mrs. Libby for all the supplies, and to Mr. & Mrs. Garret for transporting the takeaways. We would also like to thank the entertainers, Carnival Queen and attendants; the Village Hall and Gardening Club for the decorations and to those who gave donations. Thanks also to Alan our local bus driver and to Gary for driving the bus this year. He had to make 4 trips! So many thanks to Dawn for everything she did in ordering the goods.

This year we did 70 meals and takeaways. We all enjoyed it and look forward to 2018.

NB Next coffee morning is at Polruan WI Hall 10.30 start on March 17th

AGE CONCERN

**URGENTLY NEED
VOLUNTEER HOSPITAL
DRIVERS**

**IF YOU CAN HELP
PLEASE CONTACT
KATH WELSH 870510**

(EXPENSES REFUNDED)

What did your relatives do in WW1?

Do you want to find out about your connections to WW1? Are you are curious about your relatives and want to know more about them and how they served? What were the women doing during the war? Many of them served in a variety of different ways.

On local war memorials such as that in Lanteglos by Fowey, we know the men who died served in a wide range of army regiments, not just in the DCLI, and that others served in the Royal Navy and the merchant service. But where were they and what did they do? Do you know why Herodsfoot is a 'thankful village'?

Between April and June we are planning to run a couple of half day workshops at Whitecross Village Hall, near Bodinnick where you can come and find out more about your relatives or your war memorial. There is a wealth of material now online due to the WW1 centenary and this will be explored. These workshops will be open to all and no experience is needed, just your curiosity.

Contact me to register your interest: helendoe@gmail.com

Tony Cottrell's new comic novel

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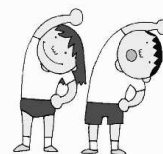
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STRETCH AND TONE



Every Wednesday from 6 September
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Please bring a mat and wear loose clothing
Contact Jenny Bartram 01503 220490

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LETTERS TO THE EDITOR

Sue Shakerley,
Coombeland,
Lanteglos-by-Fowey PL23 1NL.
susanshakerley@gmail.com
PHONE 870211

Or use the letterbox in the porch of
St Saviours Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that anonymous contributions are not acceptable. Please give your name & postal address: this will not be published in full unless you specifically request it.

A (slightly delayed) letter from Mary Taylor in Australia

Well Christmas is done and dusted and now they have got hot cross buns in the shops. Christmas cards are not the same as they used to be. A lot of them just look like ordinary cards. We used to make paper chains and I haven't seen that done for years. A few days before Christmas it was very hot but thankfully Xmas day was much cooler as Jim and I cooked a hot lunch for 7 of us. In the afternoon Plum took his grandsons for the opening of the presents, as he has a nice big back veranda. Ella, the great grand-daughter was there and into everything like most 14 month olds.

December 2nd was the day of our daughter Liz's 60th birthday. It poured with rain all day so the venue had to be changed from the shearing shed to the Wallendbeen Village Hall. She was taken away for the day and didn't know about it, but she let out a big scream when they took her into the kitchen and there was her son from Darwin with his family. Then she saw her old friends and there were more tears. We went to our friends 94th birthday party before so we had a big day out.

Jim had a plant growing by his shed which we let go and then found out it was a hollyhock. It looked really nice it did. Jim has a magpie here that will come and eat out of his hand. He's always around at meal times - must smell the tucker.

The post has been ages coming from England. One card posted end of October and we got it two weeks ago. One of my cousins who used to live in Duloe 40 years ago has come to Wallendbeen to live now - small world hey. We've been here 50 years now but we are still called Poms.

All the best for 2018.
Mary
Cootamundra NSW

It has become an evocative town with Cootamundra Wattle (Acacia baileyana) evoking images of the Australian bush.

The connection with Donald Bradman (it was his birthplace) gives the town a link with Australia's most famous sportsman.
- ed



The **PARISH NEWS**
for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

TIME FOR A CHANGE

The Editorial team of The Parish News needs a change. Our wonderful Managing Editor turns 80 this year and has been on the job for 25 years.

The Editor and Assistant Editor have been putting in the hours every two months for 10 years. It is seriously time for some new, young enthusiastic person/s to have a go. It's a fun job but it needs commitment.

It also needs some computer skills.

We will show you how The Parish News is put together for press every two months and work with you until you feel confident to go solo. It takes about one week, 2 hours a day, after the deadline to complete an issue.

Having said that, there are always new ways of doing things. The bits of news come in via email, notes in the box at St. Saviour, word of mouth, phone calls, letters. You never know what you are going to get.

You do not have to be a Church goer.

Please help us to keep this interesting, informative and useful publication going.

Contact:

John Nuttall-Smith on 870273
lpn@parica.force9.co.uk

or Sue Shakerley on 870211
susanshakerley@gmail.com

We are prepared to carry on for the rest of this year.

**After that it is
'keep it going or loose it'**

If you have applied before, you need not re-apply.



The **PARISH NEWS**
for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

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MAY-JUNE ISSUE

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PHONE 870211

Or use the letterbox in the porch of
St Saviours Polruan

not later than

Saturday 14th APRIL

We had a disaster !

From Chris and Tony Cox
8 Greenbank, Polruan

We would like to say a big thank you to all those who came to our rescue before Christmas. We had a disaster ! The car broke down by the Bodinnick Ferry. We got on the ferry hoping to be able to push it off on the Fowey side, but found that even with all the help we had, we could not get it up the slope, so pushed it back onto the ferry. Thanks also go to the ferry crew who let Tony and car go backwards and forwards until the car could be towed off. Another thank you to that (Angel) Norman who drove me home. It was one of the coldest days in December.

I (Chris) would also like to say thank you for all the good wishes on my recovery, as I have been poorly throughout January and part of February. I am now much better - but still have a way to go.

So thank you everyone for helping Tony and I in our hour of need and for the get well wishes.

My favorite place in the UK

from Benjamin Harvey, Windsor
aged 12

My favorite place in the UK is Cornwall. Now although the weather isn't always good; it's still my favorite place in the UK. Cornwall is a county to the south west of England, just next to Devon.

Cornwall is my favorite place in the UK mainly because my Grandparents live there but also because there is so much to do there. Some of the things I like to do there is fishing and crabbing, as my grandpa owns a boat. Sometimes we can go out to sea to go fishing or sometimes we can go out in the boat down river to have a picnic. And if were lucky with the weather then we would have a picnic on the beach.

Another thing I like to do there is kayaking and Cornwall is a great place to do it. In the village were my grand parents live, there is always a carnival in the summer, which we sometimes go to for fun. Cornwall in my opinion, has the best walks, especially the coastal walks as you can look out into the beautiful sea. The walks are full of wildlife.

There is also a very famous tourist attraction in Cornwall called the Eden project, which consists of two domes each with different biomes in, one is a rain forest biome and the other is a Mediterranean biome.



Two Polruan Girls set out to help local people and have an adventure.

Olivia Tomlin and Sasha Alexander from Polruan are helping out in very foreign parts and need a little help with expenses. They are doing very well and have been busy fund raising. People have been extremely generous and both girls would like to say a big thank you to all those who have contributed to their efforts. But there is still a little short-fall and if there is anyone who hasn't heard about their adventures and would like to help, here is a little information about their trips and how you can help.

Olivia has already left. In fact by the time some of you read this she may well be on her way back. She is in Kenya with Camps International based in Nairobi. She will be travelling to Mombasa and helping with deforestation and building schools. To help sponsor Olivia you can phone Sally and Ray Tomlin on 01726 870798.

Sasha leaves in July. She will be travelling to Peru also with Camps International. She will be working for three weeks working on the land clearing dams and fencing. She will be based around Lake Titicaca. The last five days will be hiking to Machu Picchu. Sasha needs to raise £4,000 and is doing very well. All the money raised goes back into the community in Peru. You can sponsor Sasha by phoning Bella and Chris Alexander on 01726 870853 or by emailing Bella at bellacornwall@outlook.com

We hope to publish a report of Olivia and Sasha's adventures in a future issue - ed

Thank you

From Kevin Parsons and family.

We would like to say a big thank you to all our friends and neighbours for all their get well cards and good wishes following Kevin's heart surgery. He is now well on the way to a full recovery.

As time goes by

Imagine there is a bank account that credits your account each morning with £86,400. It carries over no balance from day to day. Every evening the bank deletes whatever part of the balance you failed to use during the day. What would you do? Draw out every penny, of course? Each of us has such a bank. It's name is TIME. Every morning, it credits you with 86,400 seconds. Every night it writes off as lost, whatever of this you have failed to invest to a good purpose. It carries over no balance. It allows no over draft. Each day it opens a new account for you. Each night it burns the remains of the day. If you fail to use the day's deposits, the loss is yours. There is no drawing against "tomorrow." You must live in the present on today's deposits. Invest it so as to get from it the utmost in health, happiness and success! The clock is running!!
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KIDZ KLUB & YOUTH CLUB

The Kidz Klub: The Christmas Party was enjoyed by all, thank you Danny for supplying the music and thank you to all who brought party food for us all to enjoy. We have welcomed several new members as well as some visiting cousins this term. The younger group had a most enjoyable 'Pyjama Party' and both groups enjoyed making and eating pancakes in the run-up to Shrove Tuesday. Remaining dates for the Spring Term are March 2nd & 16th one of which will, hopefully, be a Night Hike and Kidz Klub will resume after the Easter Holidays on April 20th.

Youth Club : A good time was had by all at the Christmas Disco again, thank you Danny! This term we have enjoyed two 'Club Nights' one of which included pancake making. By the time you read this we will hopefully have had an outing on a Saturday to the Liskeard Food Bank to learn about their work, followed by a picnic. Dates for the remainder of the Spring Term are March 9th & 23rd one of which will, hopefully, be a Night Hike, Youth Club will resume after Easter on April 27th.

Holiday Club dates are still not settled at the time of writing but the theme will be 'Treasure Seekers'. A fund-raiser is planned for Saturday 17th March at 10.30 a.m. in Polruan Village Hall – see posters nearer the time for details. Do come along and help us raise funds for this worthwhile cause.

Kidz Klub & Youth Club Leaders

POLRUAN VILLAGE HALL

As mentioned last time Parent and Toddler Group are now meeting in Polruan Village Hall which has meant more items of equipment needing to be stored in our limited storage space. We continue to experiment to find the best storage plan to fit in all the furniture and equipment. Currently the plastic stacking chairs have been moved from the cupboard under the stairs to the Table & Chair Store to make room for quite a lot of the Toddler Group's equipment. The storage situation will continue to be monitored as we seek to find a solution which is best for all users, meanwhile we apologise for any inconvenience this causes. If you have any ideas about how we can best fit the 'quart' of furniture and equipment into the 'pint pot' of cupboard and other storage space in the hall please speak to Kathryn [Bookings Clerk] or Bonnie [Caretaker] or any PVH Committee Member.

Last time we reported our current lack of a secretary and this situation sadly remains unchanged ; as we only hold a few meetings each year, the resultant workload, although important, is quite light- is there anyone who could help us with this? If so please contact Kathryn Hill, Bookings Clerk 39 Fore Street, 01726 870953, kathryn.hill@polruan.co.uk or any PVH Committee member.

Fowey Library & One Stop Shop

Fowey Readers' Group

Fridays 30th Mar & 27th Apr 10.30-11.30

Fowey History Group

Fridays 23rd Mar & 20th Apr 2-4

Crafties

Tuesdays 27th Mar & 27th Apr 2-4

Fowey Poetry & Writing Group

1st Tuesday of every month 2-4

Sing & Sign – Caroline is on Maternity Leave at present but all mums and dads with 0-2 year olds are still welcome to drop in use our cd player and musical instruments on Thursdays 10-10.45.

Lego Club – Tuesday afternoons 3.30-4.30 for 5-10 year olds during term time.

Mobile Library - Tuesdays 20th Mar & 17th Apr at Lanteglos Highway Old Chapel and 13.35-14.15 at Polruan Fire Station. You can also use the Micro Library situated in the Ship Inn pub in Lerryn!

CHIROPODIST! – Trevor Johnson is now at Fowey Library on alternate Thursday mornings (started on 4th January) where we have parking, toilets and a lift. Please feel free to ring him for an appointment on 01503 232964 or 07790383750.

DEMENTIA AWARENESS – Teresa Parsons from Alzheimers Society was at the library to give a talk on Dementia Awareness on February 22nd (sorry it missed getting into this newsletter but it wasn't finalised until after date for submission of articles). As a result we do have some leaflets available and there are lots of books on the subject which we can reserve for you (cost £1 per reservation) or they can be reserved online (6 free reservations at any one time) via the Libraries part of the Cornwall website - <http://www.cornwall.gov.uk/leisure-and-culture/libraries/>

HOME LIBRARY SERVICE - If you know of anyone who can no longer get to the library, but would appreciate still being able to borrow books please get in touch. We have a number of Royal Voluntary Service volunteers who can choose items, deliver the books, stop for a chat and cuppa if clients would like then return the books to the library for them at their convenience – ALL FREE OF CHARGE!

RECYCLING - With the expansion of the plastics recycling from please do call in if you need extra capacity as we have red recycling bags in stock plus the other bags and black bin (all free) and seagull proof sacks (£3.50 per sack).

REVERSE ADVENT CALENDAR – If you visited the library during December you will probably have noticed our Reverse Advent calendar whereby library users donated foodstuffs, toiletries etc to be taken to St Austell foodbank before Christmas. St Austell Foodbank have sent this thank you - "We would like to thank everyone at Fowey and Par Libraries who kindly donated items towards your recent Foodbank collection. A total of 38 kg of food was collected. The Foodbank relies totally on the support of the local community who give generously to our cause. As we are only able to give out what is given to us the continued support of everyone is greatly appreciated." Our normal opening hours are: Tuesday, Thursday, Friday 9.30–5. Closed Good Friday. Tel:03001234111
Email: fowey.library@cornwall.gov.uk

From Fields to Homes

by the late Mavis R. Cocks

I am often asked to describe any notable difference in the appearance of Polruan now and when I was a young child. when I look at the 66 houses and bungabows comprising Greenbank and out to Meadow Walk, it seems difficult to even remember the area as green fields. Where Greenbank begins there was a big farm gate, to keep the cattle in. Mostly cows back then. There were very few sheep. It is quite the reverse today.

Most of you have probably seen cards showing the picturesque little well at the top of Fore Street where the cows stopped to drink and, incidentally, where children washed the mud off their shoes.

In front of our Primary School, there was open land with no buildings. This land was divided up into plots known as the 'allotments.' My father and some of my uncles who were without gardens had plots there in which to grow vegetables. Most of the very much needed Council houses were built on those fields.

I can remember the row of Coastguard houses being lived in by just members of the Coastguard and their families. The Brennans, Eastons, Mastons, Trims, Plealeys, Ricketts, Rosses and so on. They all had lovely views of Fowey and the Harbour. Sadly, the coastguards and their view have gone. The big field in front of them, which was also used as allotments, has been built on. The owners of the former coastguard houses have put windows in their attics to have a fair view from the top of their houses.

So, when I am asked what I consider to be one of the big differences as to when I was young I would say green fields have been taken over by bricks and concrete.

OUR COUNTRY LANES

*I'm sure many enjoy a good walk
Down our beautiful country lanes;
Noting the varying scenery No two
days exactly the same.*

*I like to see the flowers unfold;
Trees getting new mantles of green;
And, as the year progresses
Each month bringing a different scene.*

*One day the wind blows you along;
The next may be full of cloud;
Often you find yourself in a mist
Settling around like a shroud.*

*Then again, the sun may shine down
Or you get caught in a shower.
Rain, wind, sun or mist All portray
Nature's power.*

*Lots of folk yearn to travel,
Exotic places to see,
But a walk down a beautiful country
lane That means contentment to me.*

by the late Mavis Cocks



Memories of Polruan

by the late Mavis R. Cocks

Over the years the late Mavis Cocks provided us with a wonderful insight into life in this Parish before, during and after the second world war through her regular articles in the Lanteglos Parish News.

She contributed to practically every issue of the Lanteglos Parish News for 14 years and this 104 page book collects together her articles forming a unique record of life in this parish

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Lanteglos-by-Fowey Parish Council Chairman's Report February 2018

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Truro	28	25

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Bodmin:£10: Plymouth :£16: Truro :£16: Hayle :£25

Plus – Ferry fares, bridge tolls and parking costs

Council Meetings: The Council has resolved that it will continue to meet on the fourth Tuesday of each month at Whitecross Village Hall with the exception of August and December, when meetings will not be held. The Annual Parish meeting, in May, and any additional meetings will be at the Polruan WI Hall. We are pleased to see so many members of the public at these meetings. All matters are discussed in full Council meetings where decisions are made by the whole Council. We value your comments and questions so please keep attending, making any point that concerns you during the time allowed for public participation. The Neighbourhood Plan meetings are also held at Whitecross Village Hall on the second Tuesday of each month. Details of all meetings, agendas and minutes can be found on our website.

Betty Woons/Hewans sign: The Council had been advised that the Cornish Language Panel were of the opinion that Betty Woons would be the correct option. But, in accordance with local knowledge provided to the Council by residents, we have requested, and an order has been placed, that the new sign will list both variations: Betty Hewans and Betty Woons.

Lighting in Furze Park and Ocean View

Following a meeting arranged by Cllr Edwina Hannaford, Cllr Fisher, Mrs Amy Looker, ITC Operations Team Manager and Mr Andy Sanderson, Manager of Roads and Lighting, both of Cornwall Council, and I, it has now been formally agreed that Cornwall Council will adopt the six lights in Ocean View. The Parish Council has contracted SSE to bring them up to adoptable standard. The situation of the two lights in Furze Park has been taken up by Cllr Hannaford with CC Officers as these are already on Cornwall Council owned land or Cornwall Housing managed land. I hope you will agree with me that this is a satisfactory outcome to what was becoming a sensitive issue.

Lanteglos Neighbourhood Plan:

To help us do this it is vital that we know what you think about local issues. Your opinions will directly inform the content and wording of policies in Lanteglos-by-Fowey Neighbourhood Plan. We had planned to have completed the draft of the more detailed survey to go out to all residents in the Parish at the beginning of 2018 but because of personnel changes this has now been re-scheduled for just after Easter. We have also put back the timing of the public exhibition of the first working draft of the Local Landscape Character Assessment (LLCA) to the same time. This will be your opportunity as residents, including our youngsters, to look at what we have drawn together in the Local Landscape Character Assessment and add to it. We consider it is important that our under-18s have a say on both the LLCA and on the more detailed survey. As the plan will be in place until 2030 it is their future we are talking about. We cannot cover every inch or every little byway, but your knowledge will augment what we have. All of this then becomes part of the evidence for the Neighbourhood Plan and it will carry considerable weight when it comes to examination and referendum.

Local By-Election

We are pleased to place on record our thanks for his efforts on our behalf to Cllr Julian Shakerley upon his resignation as Councillor for the Parish Council. He was a valued member and we shall miss him, and wish him well for the future.

We are also pleased to welcome Cllr Dianne Wilton as our newest member of the Parish Council. She is already known to many of our community.

While writing I would also like to point out that when a vacancy occurs between elections there are two ways of appointing a replacement. Co-option is one way when one or more residents apply to the PC to be considered for the position and that is then voted upon by Council members present.

Before this can take place there is also the opportunity for 10 or more residents to request a by-election by petition to Cornwall Council. In this case a properly drawn up petition was submitted by a group of residents and a by-election was duly called for the beginning of February. At the close of nominations it was declared that only one nomination had been received and accordingly, that person, Mrs Dianne Wilton was duly elected in the non-contested election.

I should remind you that residents are absolutely entitled to exercise their democratic rights to call a by-election and no-one could dispute this; indeed, it was how I was elected to the PC in the first place, but I would ask residents to remember that there is a cost involved in all of this which is paid by the PC, and therefore, you, notwithstanding whether a candidate is put up or not. By all means exercise the right to lodge a petition for a by-election but then, please, go the further step of the full democratic process, and put up a willing candidate, to avoid your money being needlessly wasted.

My best wishes to you all as we approach Easter and I look forward to lengthening days and just a little more sunshine.

Please get in touch with us through the website or by email.

Cllr Dr Pat Moore OBE

Chairman: Lanteglos by Fowey Parish Council and Neighbourhood Plan Steering Group
Website; www.lanteglosbyfowey.org.uk

Email: clerk@lanteglosbyfowey.org.uk

Meetings of the Parish Council are held on the fourth Tuesday of the month in the Whitecross Village Hall, commencing at 7pm. Members of the public are warmly invited to attend.

Planning Applications

PA17/10105, Granny's Well, Mixtow – a new garage set into the slope of an orchard attached to the existing agricultural shed for use as a store for a vintage, veteran and classic car collection. Members supported this application provided the building does not exceed the stated size and they required a traffic management plan as the access road is poor.

PA18/00488, Chapel House, 1 Battery Lane, Polruan – internal alterations to the first floor: a number of non-loadbearing internal walls to be removed to make an open plan living space; One flush window to the internal covered area changing to a box window; Metal balustrading at the front changing from metal to glazed (obscure if required); New glazed balustrading around the garage roof; Existing grey PVCu guttering and downpipes changing to black PVCu. Members supported this application.

Planning Applications Approved by Cornwall Council – information only.

PA17/02838/PREAPP, Furze Park, Polruan – pre-application advice for a replacement dwelling.

PA17/04987, Daw's Lombard, Lombard Farm, Lanteglos – conversion of a redundant barn to a dwelling together with the construction of a garage and the installation of a septic tank. PA17/08859,

Pendennick, New Road, Fowey – tree works to fell two large Monterey pine trees subject to a TPO.

PA17/08937, 18 Ocean View, Polruan – conversion of garage to additional accommodation with 1st floor extension over and proposed entrance porch including other alterations.

PA17/08947, 8 Meadow Close, Polruan – proposed first floor balcony and associated works.

PA17/09193, 1 Florizel Mews, Fore Street, Polruan – removal of condition 2 (occupancy restriction) of application No.83/00097/F dated 6th June 1983.

PA17/10105, Granny's Well, Mixtow – a new garage set into the slope of an orchard attached to the existing agricultural shed for use as a store for a vintage, veteran and classic car collection.

Enforcement Cases

EN17/00177, 4 Bones Meadow, Greenbank, Polruan – alleged construction of gabion basket design wall not being built in accordance with approved plans PA15/09540; namely safety concerns associated with the wall which is leaning out over the public footway and also the path which has not been surfaced. Case officer, Felicity Coplestone.

A site meeting had been held on 19th January with Mr Simon Gardner, Bickley Developments; Mr Jon Pearson, Transport & Highway Consultant acting for BD; Ms Felicity Coplestone, Planning Enforcement; Mr Rob Causton, Structures Group Manager Cormac; County Cllr. Edwina Hannaford; and Cllr. Pat Moore. Cllr. Moore said the significant finding

was that this part of the development was not built as per the agreed planning permission.

Bryn Y Mor, Chapel Lane, Polruan – alleged installation of a fuel pump in a conservation area. Cllr. Hannaford is pursuing.



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Lanteglos by Fowey
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IN THE KITCHEN

THE VERSATILE LEMON



Classic Lemon Flan

Serves 6-8

Filling:

3 lemons
405g can condensed milk
284ml carton double cream

Flan Case:

75g butter
10 digestive biscuits
1 tbs caster sugar

Melt the butter in a small pan. Meanwhile, put the biscuits in a plastic bag and crush to crumbs with a rolling pin. Remove the butter from the heat, add the biscuits and the sugar and mix. Press into a 20cm flan dish and chill in the fridge until firm.

Grate or thinly peel some of the zest from the lemons and set aside to use as decoration. (To make large pieces of peel edible, blanch in just-boiled water for a minute, refresh in cold water, then drain well and pat dry on kitchen paper.)

Juice the lemons and put the condensed milk, cream and lemon juice into a bowl and whisk lightly until thick and holding soft peaks. Pour into the chilled flan case and chill for at least 4 hours. Decorate with the zest.

Lemon, ricotta, pine nut cake

A Tuscan variation of a traditional Easter cake from *River Café Two Easy* by Rose Gray and Ruth Rogers

3 lemons
80g white breadcrumbs
600g ricotta
200g caster sugar
4 eggs
2 egg yolks
200g crème fraîche
350g marscapone
2 tbs lemon essence
50g pine nuts

Preheat the oven to 150C / Gas 2
Butter the sides and bottom of a 25cm springform cake tin.

Finely grate the lemon zest, squeeze the juice and combine. Leave for 10 mins to infuse. Scatter the breadcrumbs over a baking tray and bake for 10 mins until lightly crisp.

Whisk the ricotta with the sugar until smooth. Add the eggs and egg yolks one at a time and continue beating. Add the crème fraîche. Finally fold in the lemon mixture and marscapone, and add the lemon essence.

Put the crisped breadcrumbs into the cake tin and shake to evenly coat all sides. Pour in the cake mixture, shake the pine nuts over the top and bake for 45 mins until just set but wobbly. Cool and turn out.

Quinoa Salad with Toasted Pistachios, Preserved Lemons & Courgettes

From *Persiana* by Sabrina Ghayour

Serves 4-6

150g quinoa
100g shelled pistachio nuts
olive oil
2 large courgettes cut into 1cm slices
1 small bunch mint, leaves picked and finely chopped
6-8 preserved lemons, deseeded and finely chopped
Juice of half a lemon
Sea salt flakes and ground black pepper
2 heaped tsp nigella seeds

Put the quinoa in a saucepan, cover with water and bring to the boil.

Reduce the heat and simmer for 15 mins, then strain and rinse in cold running water until the grains are cold. Allow the excess moisture to drain, then put into a large mixing bowl.

In a large frying pan over a medium heat, toast the pistachio nuts without any oil for just 3-4 mins, gently tossing to ensure they don't blacken or burn. Set aside.

Drizzle just the tiniest amount of oil into the same frying pan and fry the courgettes for 3 mins each side until they get a good colour but are not cooked all the way through. Transfer to a chopping board and chop each slice in half.

Add the courgette to the quinoa along with the mint, preserved lemons, 3 tbs of olive oil, lemon juice, and salt and pepper to taste.



Tender Lamb Shoulder with Tomatoes, Chick Peas & Preserved Lemons

Quick and Easy Food by Jamie Oliver

Serves 8

500g dried chickpeas
2 preserved lemons (20g each)
1kg ripe plum tomatoes
1 x 2kg lamb shoulder, bone in
2 heaped tsp ras el hanout* -see note below

Pour the chickpeas into a 30cm x 40cm roasting tray. Quarter the preserved lemons and trim away the seedy core, then finely chop the rind and add to the tray with a good splash of liquor from their jar. Roughly chop the tomatoes and add to the tray.

Drizzle the lamb with 1 tbs of olive oil, then rub all over with the ras el hanout and a pinch of sea salt and black pepper. Sit the lamb in the tray, pour in 1 litre of water, cover tightly with tin foil and place in a cold oven. Turn the temperature to 170C / 325F / Gas 3 and leave the lamb there for 6 hours, or until the chickpeas are cooked through and the lamb is pullable. After 3 hours stir a splash of water into the chickpeas, covering tightly again with foil.

To serve, taste the chickpeas, season to perfection, and drizzle with 1 tbs of extra virgin olive oil, then pull the lamb apart with two forks.

Ras el hanout is a blend of paprika, pepper, cumin, cinnamon, cloves, cardamom and nutmeg. You could more simply substitute it with a mixture of equal parts of paprika, coriander, ginger and a pinch of saffron.



NEWS FROM FROGMORE FARM



The lamb says it all!

The folks at Frogmore Farm are too busy with lambing to write a report for this issue but they will be back in touch for the next issue.

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Springtime at Whitecross Local Produce Market



Don't miss the first Saturday of every month at Whitecross Market, where the delicious smell of Liddicoats pasties greets you and the best of all our lovely local spring food and drink will be on sale.

Dates for your diary: Saturday 3rd March, Saturday 7th April, Saturday 5th May. The market is open from 10am to 1pm, and community buses run from Fowey at 10 and Polruan at 10.30.

Don't forget to follow the market on Facebook, and please spread the word amongst everyone you know so we can keep this great little market going. Any questions or suggestions, email whitecrosslocalmarket@gmail.com or call Liz on 870542.



Stallholder Spotlight

8 questions for:

LANTIVET DEXTERS

(answered by Oscar Simmons - pictured here selling Dexter beef at the market)

1. How many cows do you have, and where do they live?

We have around 20-30 cows living on Lantivet and Pencarrow Head in the summer and most of the winter.

2. How long do they live there for, and what do they eat?

Our Dexters can live until they are up to 15-18 years old and they live off grass, feed and hay.

3. Why Dexters?

They are ideally suited to graze out on the cliffs and are ideal small farm cows, and have a justified reputation for flavour and tenderness.

4. What's your favourite way to eat/cook your beef?

Our favourite is a roast rib of beef, cooked to pink perfection.

5. What's your top seller in the market?

Our best seller at the market is brisket, for a succulent slow roast.

6. If we miss you at the market, where else could we buy your beef?

You can contact us, and we will be happy to deliver locally. Call Andy Simmons on 01208 871207 or 07980 600879

7. Describe Whitecross Local Market in three words ...

Community
Tasty
Sociable

8. What's the question I should have asked you (and what's the answer)?

Q What is the character of our cows?

A They are gentle, cheeky, and they all have individual personalities, and they are always happy.

Whitecross Village Hall. Easter Coffee Morning

Our usual Easter Monday Coffee Morning will start at 10.30am on April 2nd.

Please come and join us for Coffee with a 'Cream Tea' theme this year. The usual raffle and stalls will be available. We look forward to seeing you all then.



NEWS FROM NIGERIA

from Kathryn Hill

Recently there has been a lot of news from Nigeria. Kathleen has had skin cancer in the past and had some suspicious patches on which biopsies were done recently. In late January she e-mailed saying: *'One of the biopsies was cancerous so I plan to arrive in UK on Friday and the GP, who is the one we go to when in UK, recommended this and he will see me. He is a dermatologist. Daniel won't come immediately but perhaps later on. His visa takes about 2 weeks or more to process.'* She had a good journey and the doctor kindly saw her on the Monday after she arrived, even though it was his day off, and referred her to Shrewsbury Hospital and she had an appointment only a week-later. Kathleen was expecting to pay for any treatment needed as they do not qualify for NHS treatment. he wrote: *'The consultant was happy with all the biopsies except one which she felt needed excising. The surgeon who will do this, on knowing our circumstances, said he would pay for the job. He is a very nice Asian Doctor and his words were. "You have worked as a missionary for all these years and helped so many people I would like to help you" He will arrange for me to go to his clinic sometime next week. Isn't our God so good to us! Perhaps I may need to pay for follow up. Daniel won't need to come as it is only short term treatment. The original melanoma on the nostril seems to be OK and the one that needed doing is the double one under my right eye. Thanks for your prayers and e-mails. It is lovely to feel God's presence and feel surrounded with prayer. Daniel seems to be OK and is happy I will soon be back. The IDP's say: Thank you for your prayers and support. Their last words to me were: "Please don't die, we still need you." But God knows what He has planned.'*

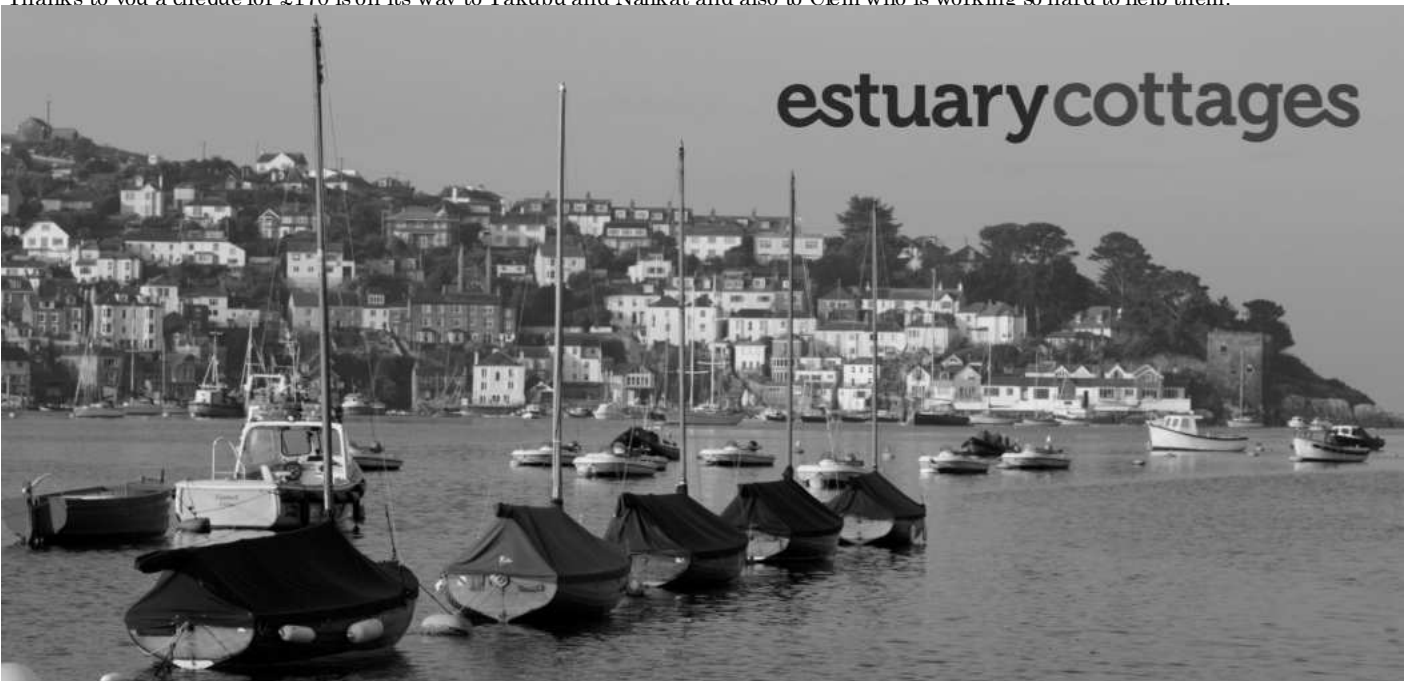
In mid-February Kathleen phones and e-mailed with some good news: *'Some good news about Nigeria. Last year there were many people kidnapped, men women and children and now just this week many were released so there is much rejoicing in Nigeria as we praise God. Many of the women were distant relatives of Yusuf [Kathleen's son-in-law] and the men who had been kidnapped were on a mission from Maiduguri University and are Yusuf's friends in Maiduguri, Borno State. We hear Shekau, the Boko Haram leader, is on the run, dressed as a woman. May God give the soldiers the wisdom as they try to catch him and also the desire to do so.'*

I have also had news from Clem who wrote: *'I am writing to acknowledge receipt of the sum of N140,000 from Kathleen being September Term school fees for the blind students. We are most grateful and we pray for all those who contributed towards this. Please tell them of our gratitude to them.'*

He also wrote: *'Yakubu Adamu Comes from a very poor family in Borno and with the constant threat of Boko-Haram there are times that he isn't able to go home and so stays with me for the school holidays. His father is a mechanic but these days he hardly has any work and because of the constant attacks they mostly live in fear. Yakubu is quite intelligent, he came 2nd out of 31 students in his class this last term. Nankat Timothy is from the lower part of Plateau state, his father is a small scale farmer and very poor so I and a few friends had to get him some of the things he needed in order to start at Boys Secondary School; he is quite willing to learn though not as intelligent as Yakubu, he came 17th out of 31 students in his class.'* As both boys are the only blind students in their class I think they have made a very good start. Clem hopes to send photographs of the two boys soon.

Many thanks to all those who came to the Cream Tea on Sunday 11th February, to all who couldn't come but who gave donations in cash and kind and to my lovely helpers.

Thanks to you a cheque for £170 is on its way to Yakubu and Nankat and also to Clem who is working so hard to help them.



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Working on a waterside property... do you need a Marine Licence?

If you are planning works on a waterside property in tidal waters you will in most cases be required to first obtain consent from the relevant Marine Licensing authority. In many cases, this consent will be in addition to planning permission, landowner consent, permits from the Environment Agency and advice from statutory nature conservation bodies such as Natural England.

In England the Marine Licensing Authority is the Marine Management Organisation (MMO), a Government Body that holds licensing powers under the Marine & Coastal Access Act 2009. To carry out Marine Licensable works without a valid Marine Licence is considered a criminal offence and can result in prosecution. What is a Marine Licence? A Marine Licence is official consent to carry out your marine works following a specific method – The MMO issues Marine Licenses to ensure such works are properly considered and authorised in order to provide a balance between protecting the environment, whilst supporting controlled development of the marine space.

Where do I need a Marine Licence?

A Marine Licence may be required for activities in the Marine Area which are *below the Mean High Water Springs mark, and in any tidal river to the extent of the tidal influence.*

What do I need a Marine Licence for?

Marine Licenses can potentially be required for construction or repair works to structures, as well as deposits, incinerations or removals of substances or objects in the Marine Licensable Area. Common examples of Marine Licensable projects include erecting/removing scaffolding, construction or repair of properties /walls/pontoons next to or in tidal waters, repairs to outflow pipes, and dredging, amongst many others. Some activities are considered non-licensable, whilst others can be exempted from the licensing process. Minor lower-risk activities can be eligible for fast-tracking self-service licensing with a flat rate cost, complex or high-risk projects will require a full marine licence which is cost banded. Applications for licenses are made online via the MMO's Marine Case Management System <https://marinelicensing.marinemangement.org.uk>

How do I find out more about Marine Licenses?

You can phone the MMO on 0191 3762791 for advice on any projects you are planning, or submit an online enquiry via the above web link. The MMO website also offers useful advice at <https://www.gov.uk/guidance/do-i-need-a-marine-licence>.

If your works are above and do not affect Mean High Water Springs then you will not be required to apply for a Marine Licence, but you may need planning permission. Between Mean High and Mean Low Water Springs you will need both planning permission from your local authority and a Marine Licence. In most cases for works solely below mean low water, you will not be required to obtain planning permission, but it is worth checking with your Local Authority as in some areas their jurisdiction extends further - such as where two or more Local Authorities share responsibility for an estuary or river.

Regardless of where your works are in the marine environment, you are likely to require land owner consent, you may need permission if you are within FHC harbour authority's jurisdiction, and you could need a permit from the Environment Agency or agreement with Natural England. There are many overlapping controls on works in the marine environment, and in many cases, you will need more than one licence or permit to undertake works.

Look at the Fowey Harbour website for information on marine planning and a downloadable summary sheet of contacts. <https://www.foweyharbour.co.uk/environmental-information/marine-planning>

Claire Hoddinott
Environment Officer
clairehoddinott@foweyharbour.co.uk

Friends of the Fowey Estuary

Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website
www.friendsofthefowey.org.uk
Or join us on Facebook

Forthcoming Events

Tuesday 27th March

AGM & Talk –

'Up the Creek' –

SW England by kayak

By Rupert Kirkwood

Time: 7.30pm

Meet: Trenython Manor Hotel

Cost: Free for members, £2.50 for non-members

More info: Peter 01726 833141

Tuesday 3rd April

Rockpool Ramble at Whitehouse Beach

Time: 1.30pm – 3.30pm

Meet: Whitehouse Beach, Esplanade, Fowey SX123514

Cost: Free to members, £1.50 for non-members

Further info contact Claire 01726 833061

Please wear sensible footwear and all children must be accompanied

Tuesday 24th April

Film – 'FISHPEOPLE - A film about lives transformed by the sea'

Raising funds for the Cornwall Seal Group Research Trust

Time: 7.30pm



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IN THE GARDEN

HIGHER WINDMILL ALLOTMENTS

Even in winter there is much to be done on the allotment. Here in Polruan our soil is fairly free-draining so, while we don't want to be out working in a storm, we can get onto our ground fairly quickly afterwards.

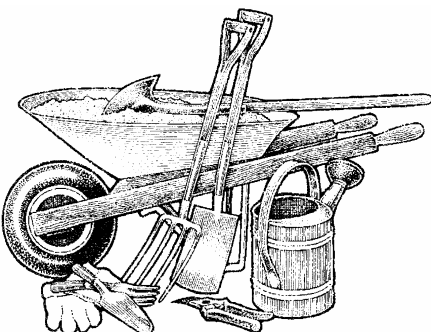
We are still gathering a few of the crops sown last year. There are still leeks, parsnips, golden turnips and spinach to be eaten. Most of our other crops were harvested by the autumn and are just memories... beans, potatoes, carrots, beetroot, courgettes, onions and various green veg and fruit. Already the new rhubarb is showing and will be ready to be eaten early in the summer.

Now is the time of the year to prepare for the new season. On the rare fine days this winter we have been clearing the ground of weeds and digging in manure for those crops that will benefit from it. In this society we have a delivery of manure by the local farmer and can take what we require from the communal dung heap... very convenient but still a fair bit of barrowing to do. We all have compost heaps to take the weeds which when rotted down will provide nutrients for the soil.

It's important to plan out what we want to grow this time round. Some things didn't do well last year while others were a great success. Will we repeat what we put in last year and hope for improvement in the new season or will we change tack? Last year the potatoes were hit by blight but maybe a blight resistant variety will do better in 2018. Which one will we choose? We are now looking through seed catalogues and picking up seeds and onion sets in Trago. The weather last year wasn't only poor for sunbathing it also affected vegetable growing...all gardeners will be optimistic that the new year will be better.

Our planning and manuring takes account of the need to rotate the crops so that plants are given different positions on the patch from last year. Some grow well in fresh manure while others need to grow in areas that were manured for the previous season.

If you would like to have an allotment and enjoy the satisfaction of growing and eating your own fruit and vegetables, there are a few plots available... talk to Colin in The Winklepicker. Go on, take the plunge!



March is usually a peak month for gardening, full of promise and as yet few disappointments. On fine days, when the air is bracing and the ground reasonably dry underfoot, most forms of cultivation are possible and there is a variety of plants ready for sowing or planting. However, one important rule should be observed: never work the soil when it is wet and sticky. If clods of earth stick to your feet as you walk over the ground you will do more harm than good. On fine days, when you can walk over the ground without your shoes becoming muddy, it is possible to kick or hoe the soil clods so that they break into fine fragments. Conditions are then right for cultivation, sowing and planting.

General Tasks Whenever conditions are favourable get on with outdoor tasks, particularly anything of a constructional nature. Tidy tool sheds; replace or repair tools as necessary. Wash out pots and seed trays in readiness for next month's sowing. Order seeds and plants for spring delivery.

Trees and Shrubs Prune shrubs which normally carry their flowers from mid-summer onwards, on shoots made during the current year. The winter-flowering *Jasminum nudiflorum*, for example, should be pruned after blooming, the old flowering shoots being cut back to within 1/2 in. (1 cm) of the old wood. On *Buddleia davidii* (*B. variabilis*), cut last year's shoots back to within 1 in. (2.5 cm) of the older wood in order to obtain better quality blooms and to keep bushes shapely and compact; remove weak or damaged shoots altogether. Prune *Hydrangea paniculata*, *Ceanothus* 'Gloire de Versailles', *Campsis radicans*, spiraeas and tamarisks in a similar manner. Plant deciduous hedges when the weather is mild. Cut back and 'lay' overgrown hedges. Firm back newly planted shrubs which have been lifted by frost.

Climbers Cut last season's growths of *Clematis x jackmanii* back to 12-18 in. (30-45 cm) from the ground. On other clematis remove frosted, dead or broken shoots and shorten others to prevent overcrowding.

WEATHER

Stronger warmth from the sun, lengthening days and shortening nights mean that soil temperatures begin to increase appreciably during March. As a result plant roots react to the warmer conditions, and signs of spring can be seen in the garden.

An early spring may be a mixed blessing, especially if it is followed by a return of cold winds: 'Better late spring and bear, than early blossom and blast'. Impatience can be consoled by the thought that 'A late spring never deceives'. Most of all, a gardener hopes for spells of dry weather, for 'March water is worse than a stain in cloth', precisely because the adverse effects are so difficult to overcome. Far preferable is a drying topsoil which aids spring cultivation and early sowings, which is why 'a peck of dust in March is worth a king's ransom'. March winds may help to dry out the soil, but they can be harmful to tender plants. Gardens which are well sheltered and have a southern aspect are those which show the earliest growth at this time of the year.

*This rule in gardening never forget,
To sow dry and to plant wet.*



Bamboo Garden Canes

Various lengths

Proceeds to
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WHITECROSS GARDENING CLUB

15th March
**All Year Round Colour
Mike Smith**

Plants to enjoy all year round and bring seasonal colour to our gardens.

19th April
**Great Gardens of Cornwall
Kim Parish**


Kim, a garden designer and landscaper, will introduce us to some of the best, and not always best known, gardens of Cornwall - make notes for future visits!

New members are always welcome.

**Enquiries: Please telephone
Sue Watts on 01208 871513**

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The Blockhouse, Polruan

NEWS FROM THE TOWN TRUST

Since mentioning it in the last Parish News issue we have had a volunteer and have therefore co-opted Brian Cook to fill the vacant Trustee post.

The legal paperwork relevant to the Quay leases is still slow in its progress but the surrender of the old Vevry is well advanced and we will hopefully have possession of this area back shortly and will then have to consider what can be done with same.

With regard to memorial seats, one proposal is not proceeding but the other is well advanced and the new seat should be in place by the time that you are reading this - the location is near to the NCI Lookout overlooking the sea between the two Parish Council seats.

At the February meeting we received two tenders for the St. Saviours Hill Car Park. The successful person who therefore retains the Concession is Mr Morris Libby.

The AGM of the Trust has been fixed for 7pm on 9th April at the WI Hall in Fore Street. All inhabitants of the stated area [the Village as opposed to the Parish] aged 18 and over are entitled to attend and vote. Formal notices advertising the meeting will be published in due course.

As usual if you have any questions, comments or requests concerning Town Trust matters please speak to any of the Trustees or the Clerk.

**LANTEGLOS PARISH COUNCIL
IMPORTANT NOTICE**

As local residents know, there is a ongoing problem caused by seagulls ripping open plastic rubbish bags, strewing around the unsanitary contents and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

**Early Monday morning and
NOT BEFORE!**

It is strongly recommended that householders put bin bags in a Dustbin or gullproof sack

**Owners of holiday lets are asked to
provide their tenants with dustbins**

**PLEASE DO NOT FEED
THE GULLS**



SUBSCRIPTIONS

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

It only costs £8 (UK)
(£18 Europe / £24 overseas) to have the Lanteglos Parish News sent by post on publication for a year.

To Graham Tyson, The Old Barn,
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New Binoculars For Polruan NCI

With thick fog and rain all day, Wednesday 14th February was not a good day for watchkeeping in Polruan. That did not deter Sheryll Murray, MP for South East Cornwall, from visiting the lookout to unveil a new, state of the art, set of tripod-mounted Leviathan binoculars.

Acquisition of these optics, costing some £4,000, was made possible following extensive fundraising by NCI volunteers. They significantly enhance the viewing capability of the station whereby, weather permitting, watchkeepers can now see the details of a vessel clearly at a distance of 20 miles.

Commenting on the work of the National Coastwatch, Mrs Murray (pictured), who lost her husband in a fishing accident in 2011, warmly praised the volunteers for their commitment to watchkeeping and helping to save lives at sea and along our shores.

In 2017 alone, the Polruan lookout alerted the coastguard and assisted in responding to calls for help from disabled motor and speed boats, a swimmer in distress as well as disabled yachts at risk of running aground on rocks. The lookout is manned during daylight hours throughout the year. It is equipped with state of the art optics, radar, telephone and weather instruments as well as up to date charts. The watchkeepers provide both eyes and ears along the coast, monitoring Channel 16 while keeping a detailed log and remaining in close touch with HM Coastguard.

NCI also has its own dedicated VHF Channel 65 facilitating communications with seafarers on a variety of routine matters. The station responds to requests from passing, as well as local, sailing craft and fishing vessels for radio checks, real time weather and sea state conditions. We can provide information on a range of local facilities including local moorings, chartered anchorages, water taxi contact details and local hazards. Polruan NCI has its own weather station which can be accessed by mariners needing detailed information about local weather conditions before they set sail. The NCI website at www.nci.org.uk also provides a lot of useful information for mariners and walkers regarding the services available. Weather and shipping forecasts are recorded regularly, particularly in changeable conditions.

The station currently has 11 volunteers under training and more are always welcome to join as trainee watchkeepers. For further information on how to support or join NCI, visit www.nci.org.uk or contact Rob Langley, Station Manager, on 01566 86649.

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Safety at Sea—Who Does What

As the new season of waterborne and coastal activities rapidly approaches, it is, perhaps, a good time to review the ways help can be at hand if something goes wrong. Do you know who does what and how to summon assistance?

Her Majesty's Coastguard

As one of the four 'Category 1 Responders,' along with the Fire, Police and Ambulance services, HMCG has precedence on all rescue operations on the water, cliffs and shore. Thus, **any maritime emergency should lead to a 999 call.**

HMCG is responsible for the coordination of all maritime Search and Rescue through a network of Coastguard Operations Centres, so the 999 call will then be diverted to the HMCG. This is normally handled in our area by the Falmouth Operations Centre. As the HMCG has no on-the-ground capability of its own, they will then task the appropriate resources to the incident. These will usually be some combination of the following:

Coastguard Helicopter

Our nearest helicopter base is Coastguard 924, based at Newquay. The HMCG and the helicopter service are the only fully professional local services responsible for maritime safety.

Coastguard Rescue Team

There are a number of shore-based teams situated around the coast with the capability to carry out water, mud or cliff rescue, as well as comprehensive searches. Our local team's base is on the Polruan headland next to St. Saviour's ruin, from where they can respond, by call-out, to emergency alerts, using a Mitsubishi double-cab 4x4 to get personnel and equipment as close as possible to the required location. Each team's full complement is made up of 12 volunteers who are ready to respond on a 24/7, 365 days-a-year, basis. From a range of backgrounds, the volunteers all bring specialist skills to the team.

National Coastwatch Institution



Next to the Rescue Team's Base is the NCI station. With 50 stations around the coast, this voluntary organisation provides visual watch during daylight hours, year-round. NCI watchkeepers provide the eyes and ears along the coast—a function no longer carried out by HMCG themselves. They also monitor radio channels and provide a listening watch in poor visibility. The watchkeepers are trained to deal with emergencies, offering a variety of skills and experience. In-house training by the NCI ensures that high standards are met.

RNLI

The Royal National Lifeboat Institution is the most visible of the resources available and is, perhaps, the one with which we are most familiar. Fowey maintains a fully operational lifeboat station, with both an Offshore Trent class lifeboat, the *Maurice and Joyce Hardy*, and an Inshore D-Class Inflatable, the *Olive Herbert*. Apart from the station mechanic, all crew are volunteers, drawn from the Fowey side of the harbour. A 'shout' is tasked by the HMCG, with the lifeboat crew responding to a potential casualty in the water, a broken-down vessel or one in distress, or when there is the need for a water-borne approach to a shore incident.

A non-operational branch of the RNLI is located in Polruan, devoted to safety awareness and fund-raising.

What should I do?

If you see a maritime emergency or are involved in one yourself, whether on the water or the shoreline, **HMCG should be contacted, simply by phoning 999.** (Or by marine VHF radio, if afloat). HMCG will then decide on the appropriate resources to deploy.

How you can help

Our wonderful local maritime safety services rely on the time and goodwill of volunteers. If you can help and are willing to devote a little of your time to a worthwhile cause, consider joining one of the following:

The Coastguard Rescue Team is looking for volunteers who should be able-bodied, have local knowledge and the time to devote to training and practice, as well as operational turnouts. For more information, contact the Station Manager, Des Libby, on 01726 870735 or deslibby@hotmail.co.uk.

The NCI is looking for volunteer watchkeepers. This is a less physically demanding role and is therefore particularly suited to retirees. Training in skills such as navigation, meteorology, weather forecasting, first aid and radio operation, as well as operational procedures, will be provided. For more information, contact the Station Manager, Ray Rigg, on 01726 870806 or ray.rigg@nci.org.uk.

Polruan RNLI is looking for volunteers for occasional help at a range of fun shore-based activities over the summer. For more information, contact the branch secretary, Eric Lockyear, on 01726 870144 or eric@lockyear.com.

Eric Lockyear

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