



The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Marilyn's Musings

My musings this time are more by way of an announcement.

On 13th February, 2018, following a period of consultation, the Church Commissioners agreed a new Pastoral Scheme in accordance with the 'Mission and Pastoral Measure 2011' for the parishes of Lanteglos-by-Fowey, Lansallos, Talland, Lanreath and Pelynt to enable the five parishes to become one 'united benefice'.

Given that the first Trelawny Baronet was born at Hall Farm, Bodinnick and subsequent members of the Trelawny family have lived in or owned land in each of our five parishes, and of course Bishop Trelawny is laid to rest in Pelynt Church – we shall be known as 'The Benefice of Trelawny'.

You might wonder what difference this will make to the individual parishes, well you probably won't notice anything different as each parish will continue to be distinct and responsible for their own day to day running and finances – so will still need their own Church Wardens, Treasurer, Secretary, Lay Chair and PCC Members.

What it will do is acknowledge and affirm that Rev'd Gary and myself are licensed to the entire area, and not just our own corner of it and that we, that is you, can have a greater, and I pray, united voice when it comes to matters which affect us but decided further afield within the Diocese.

The Scheme will come into effect on **Thursday 24th May** at which point I will become 'Rector' of the benefice with Rev'd Gary continuing as the 'Curate'.

To celebrate this, the service on **Trinity Sunday, 27th May** will be a **Benefice service at St. Wyllow**, Lanteglos-by-Fowey when we can not only celebrate the 'Three in One', but also our five parishes becoming 'One Benefice' - The Benefice of Trelawny.

Yours in Christ



Olivia Tomlin rides a camel in Kenya

From the Editor

May and June. What do these months mean to us ? Well as I write this Spring has finally sprung. A glorious day - so beautiful it almost takes your breath away. This time of year means getting out into the garden for many of us, looking at the new shoots with wonder and a little surprise that the miracle of Spring happens every year.

For the older children it means exams. Revising when the weather tempts you to be outside. For the younger children the summer term means lots of outdoor activities, practising for Sports Day, long evenings when you don't want to go to bed.

And for the Parish a new beginning. A new benefice when our five Parishes are formally joined together. A new family, new friends. Let's share our time and visit the other Churches in the group. It will be beneficial to all!

In this issue

- Childrens' Multi Activity Holiday p7**
- Remembering Charlie Bunt p11**
- Council Report & Planning Applications p14 & 15**
- Olivia Tomlin's Kenya report p16 & 17**

CHURCH DIARY

St. Wyllow Lanteglos, St. Saviour Polruan,
St. Ildierna Lansallos St. Tallanus Talland,
St. John Bodinnick, St. Marnarch Lanreath,
St. Nun Pelynt

MAY

Thursday 3rd

10.00 St. Saviour Holy Communion

Sunday 6th Easter 6. Godparents Day

09.30 St. Ildierna Holy Communion

09.30 St. Marnarch Holy Communion

11.00 St. Saviour Holy Communion

11.00 St. Tallanus Parish Eucharist

17.00 St. Nun Songs of Praise

Wednesday 9th

09.30 St. Nun Holy Communion

Thursday 10th

10.00 St. Saviour Morning Prayer

Sunday 13th Sunday after Ascension

11.00 St. Tallanus Morning Prayer

11.00 St. Wyllow Parish Eucharist

11.00 St. Nun United Village Service

17.00 St. Marnarch Evening Worship

18.30 St. Ildierna Evening Prayer

Tuesday 15th

11.00 St. Saviour Renewal of Vows

Thursday 17th

10.00 St. Saviour Holy Communion

Sunday 20th Pentecost

09.30 St. Ildierna Holy Communion

09.30 St. Marnarch Holy Communion

11.00 St. Wyllow Parish Eucharist

11.00 St. Tallanus Holy Communion

15.30 St. Saviour Sing a new Song

Thursday 24th

10.00 St. Saviour Morning Prayer

Saturday 26th

12.00 St. Tallanus Wedding

15.00 St. Marnarch Wedding

Sunday 27th Trinity Sunday

11.00 St. Wyllow Benefice Service

Monday 28th

14.00 St. Wyllow Wedding

JUNE

Sunday 3rd 1st after Trinity

09.30 St. Ildierna Holy Communion

11.00 St. Saviour Parish Eucharist

11.00 St. Tallanus Holy Communion

11.00 St. Nun Baptism

18.00 St. John Evening Prayer

Thursday 7th

10.00 St. Saviour Holy Communion

Saturday 9th

14.30 St. Tallanus Wedding

Sunday 10th 2nd after Trinity

11.00 St. Wyllow Parish Eucharist

11.00 St. Tallanus Morning Prayer

11.00 St. Nun United Village Service

17.00 St. Marnarch Evening Worship

18.30 St. Ildierna Evening Prayer

Wednesday 13th

09.30 St. Nun Holy Communion

Thursday 14th

10.00 St. Saviour Morning Prayer

Sunday 17th 3rd after Trinity

09.30 St. Marnarch Holy Communion

09.30 St. Ildierna Holy Communion

11.00 St. Tallanus Holy Communion

11.00 St. Wyllow Parish Eucharist

15.30 St. Saviour Sing a New Song

Thursday 21st

10.00 St. Saviour Holy Communion

Sunday 24th 4th after Trinity

09.30 St. Marnarch Pet Service

11.00 St. Wyllow Morning Prayer

11.00 St. Nun Holy Communion

11.00 Polperro Big Green

FESTIVAL SERVICE

18.30 St. Ildierna Evening Prayer

Thursday 28th

10.00 St. Saviour Morning Prayer

Saturday 30th

19.30 St. Nun **TRELAWNY DAY**

NEWS FROM NIGERIA

In the last Parish News I wrote about Kathleen's visit to the UK because of skin cancer; all is now well and she is back in Nigeria and very busy catching up with all the paperwork that has accumulated! In a recent letter she wrote: 'A Boko Haram camp in the Sambisa Forest was destroyed and hostages released. Some of the women who were released were Yusuf's relatives. Two lecturers from Maiduguri University, who were kidnapped on survey work near Lake Chad, were released too. One of them was Yusuf's friend.' [Yusuf is her daughter, Grace's, husband].

You may have heard about the 110 girls abducted by Boko Haram from their school in Dapchi, Nigeria in February. Then came the news that sadly some had died while in captivity but all but one of the survivors had been released albeit with a warning from Boko Haram to their parents not to send them back to school. The girl still in captivity is 15 year old Leah Sharibu and her friends reported that they had pleaded with her to do as Boko Haram wanted and convert to Islam so she could be released with them but Leah was insistent that she could not live with herself if she did so. She continued to maintain her faith even when the Boko Haram commander said they would kill her if she did not convert to Islam. Leah sent a message to her parents asking them to pray for her. Her parents are devastated but also very proud of her courage. There is no more news of Leah at the time of writing, please pray for her, her parents and the rest of the family.

Kathleen also gave news of Gwoza where they lived and worked for so many years. 'The Church are now worshipping in the former Youth Centre which was only slightly destroyed. There is a Pastor to care for them. The folks are being fed by a Non-Governmental Organisation (N.G.O.) as they can't go to their farms as Boko Haram

are still around. The Computer School building has been renovated and "Doctors without Borders" live in it and work in the renovated Government Hospital (formally Sudan United Mission Hospital, where I used to work in my early missionary days). Very few people have gone back as the security is not very good and there are no schools open. Most of the ones in Gwoza were already hiding in the villages and have now come out to live in camps or houses of other people which were not destroyed. It may be years before things are really safe and that is why we are trying to build houses for the Internally Displaced Persons (IDP's) at VOM and the other villages. Let me explain that Refugees are officially those who ran to other countries and IDP's are those who had to leave their homes but moved to other areas in their own country.'

£530 of the money donated in lieu of gifts for my 75th birthday [see my 'thank-you' elsewhere in this issue] will help with the cost of the houses they are building for these IDP's. Kathleen & Daniel are hoping and praying for good rains so that the IDP's can grow sufficient crops to become self-sufficient except for help with school fees for their children and medical bills. They also wrote that: 'There are now talks with Fulani and locals to try and bring peace, and hope the Fulani won't raid the farms and burn houses again. This is on the Plateau but we hear near Mubi there are similar meetings.' The problems with the Fulani raiders are rarely in our news but the damage and loss of life and livelihoods has been immense so this is a hopeful development.

The balance of £604 is for school fees for Yakubu and Nankat, the two blind boys at Boys Secondary School Gindiri. The different totals are because some people designated their gifts for the blind students and the 'marmalade money' was also for them; the undesignated money was then shared equally. Yakubu and Nankat's fees for the summer term have been paid and there is enough in hand to pay next term's fees. I plan a fund-raising event in the autumn for the following term's fees. Clement is delighted and very grateful for this support for the boys and wrote asking me to thank 'all those who dipped their hands into their savings to make the dream of education a reality for these blind students.'

Kathryn Hill

CHRISTIAN AID WEEK.

May 13th - 19th 2018

We do not have enough people to do a house-to-house collection in Lanteglos-by-Fowey Parish, but there will be collection boxes in the three churches and, hopefully, in some of the businesses as well.

In addition there will be a Coffee Morning in St. Saviour Church from 10.30 a.m. on the morning of Saturday 12th May with a raffle and a cake/ produce stall.

Offers of help, raffle prizes, cakes and produce welcome.

Kathryn Hill [870953]



Publisher

Revd Marilyn Elliott 01503 221 159

marilynelliottm@btinternet.com

Managing Editor

John Nuttall-Smith 870273

Editor - Susan Shakerley 870211

susanshakerley@gmail.com

Assistant Editor - Janet Downes 870627

janet@janetdownes.com

Advertising - John Nuttall-Smith 870273

lpn@parica.force9.co.uk

Distribution- Mary Toms 870462

philipktoms@hotmail.com

The Benefice of Trelawny

Which includes the parishes of Lanreath, Lansallos, Lanteglos-by-Fowey, Pelynt and Talland

The Rectory, St. Marnarch's Road, Lanreath, PL13 2NU
Telephone The Revd Marilyn Elliott 01503 221159

DATA PROTECTION NOTICE

We are required to send out this notice to comply with the new requirements of the General Data Protection

Regulations which comes into force in May 2018. In it we outline the data we hold about you, the reasons why we need to hold the data and your rights regarding access to this data.

What information do we hold?

We may hold your name, address and telephone number (if known) on a computer database and also in a printed directory which is made available to Church Officers. The directory also records details of any post which you may hold in a voluntary capacity.

If you make regular contributions to any of parish Churches by way of Standing Order or Direct Debit we will hold your bank details and if you contribute through the Gift Aid Scheme we will hold a record of those contributions for tax purposes.

What are your rights to know what information we hold?

Under the General Data Protection Regulations you are entitled to see a copy of all information we hold about you, whether this is held on our computer systems or in our paper based files. Should you feel that any information which we hold is incorrect we would be happy to correct our records.

To request copies of the information we hold please write to The Protection Officer, at The Rectory, St. Marnarch's Road, Lanreath, PL13 2NU. As provided for in the regulations, we shall charge a modest fee of £10 for providing copies of the data.

Why do we hold the information?

Primarily for mailing purposes and where applicable, for the purposes of recording planned giving. For financial data only those who need the information have access to it.

Who else can see the information we hold?

It is the policy of PCCs of the parishes within The Benefice of Trelawny that we do not pass information, such as names and addresses of individuals, to any outside bodies either for commercial or charitable purposes.

What should you do regarding this notice?

Under the Regulations, organisations such as our parish PCCs who hold information must not use it for a purpose other than that for which the individual thought they were providing it.

No action is required unless you feel you need to see the information that we hold about you.

BATE Betty Maud (nee Kerslake) formerly of Greenbank Polruan passed away peacefully in her sleep in Exmouth on Tuesday 20th March 2018. Wife of Jimmy (deceased), dearly beloved mother of Nigel and Claudia, loving mother-in-law, grandmother and great grandmother. Funeral service was held at Glynn Valley on Tuesday 10th April. Donations in lieu of flowers shared between Polruan Community Bus and Exmouth St John's Ambulance.

From the Registers

Baptism

1st April Scarlett Clark

Weddings

4th April Gregory Adam Richards to Bernadette Louise Maria Cadogan St. Wyllow, Lanteglos

Funerals/Thanksgivings

6th April Elizabeth Hill St. Marnarch, Lanreath

Glyn Valley Crematorium Funerals:

1st March William Charles Bunt Charlie of Pont
12th March Jean Hoskins of Atlantis, Polperro
13th March Lesley Roy Hicks MBE of Pelynt
10th April Betty Maude Bate (formerly of Polruan)

Interment of cremated remains:

12th March Ada Margaret Miller – Margie St. Wyllow, Lanteglos by Fowey
31st March Riley Owen Jones St. Marnarch's, Lanreath
28th April Bertha Sheila Cheadle St. Wyllow, Lanteglos

Burial

23rd March Mary Lapenotiere Kinver St. Nun's, Pelynt

Graveside Funeral Florence Freeman Polperro Cemetery

The Churches of Lanteglos by Fowey, Lansallos, Lanreath, Pelynt & Talland

Priest in Charge Revd. Marilyn Elliott 01503 221159
Curate Revd Gary Eve 01726 870568

Lanteglos

Churchwarden Colin Payne 01726 870715
Treasurer Graham Tyson 01208 873750
Secretary Kathryn Hill 01726 870953

Lansallos

Treasurer John Feesey 01503 220884
Secretary Glen Feesey 01503 220884

Pelynt

Churchwardens Sheila Morrell-Davies 01513 220976
Frank Edwards - Ex Directory
Treasurer Graham Whiteley 01503 220688
Secretary Sheila Morrell-Davies 01503 220976

Lanreath

Churchwardens Rose Northcott 01503 220475
Dawn White 01726 870743
Treasurer Peter Bartram 01503 220490
Secretary Jenny Bartram 01503 220490

Talland

Churchwarden Sheridan Hughes 01503 264948
Treasurer Joe Sharples 01503 273466
Secretary Jenny Hall 01503 598267

MAY

Thursday 3
Poetry Group 2.30pm.
870691

Saturday 5
Whitecross Market 10 - 1
Whitecross Village Hall

Monday 7
Cream Tea. Polruan Village Hall
2.30pm

Wednesday 9
Octaves 12.30 W.I. Hall 870439

Polperro Fisherman's Choir at St. Saviour as part of The Fowey Festival

Saturday 12
Coffee Morning for Christian Aid Week
St. Saviour 10.30

Saturday 19
Coffee Morning for WI.
WI Hall 10.30

Sunday 20
Sing a new Song. St. Saviour 3.30pm

Monday 28
Choosing of the Carnival Queen and entertainments. Coal Wharf

JUNE

Saturday 2
Whitecross Market - as above

Saturday 9
Age Concern Coffee Morning
Whitecross Village Hall. 10.00
(pick up in Polruan 9.30)

Tuesday 12
Age Concern trip to Exmouth

Saturday 16
History of Boconnoc talk
Whitecross Village Hall 2.30pm

Sunday 17
Sing a New Song. St. Saviour 3.30pm

Tuesday 19
Church Fete. Big Green
Polperro. All day with BBQ

Thursday 21
Pre School. Summer Fayre
Polruan School 1.30

Saturday 28
Lansallos Fete.

Don't forget ZUMBA
Whitecross Village Hall . Wednesday
evenings 7-8pm.



LANGMAID & HUNKING
FUNERAL DIRECTOR

**FOR A CARING AND
PERSONAL SERVICE**

CONTACT PETER RIPLEY
10 GREENBANK POLRUAN
01726 870380

penmarlam

caravan & camping park

Bodinnick's local shop
Tel: 01726 870088

Fresh Fruit & Vegetables
Groceries & Provisions
Milk, Eggs, Cream,
Bacon, Cheese

Beers, Wines & Spirits
Confectionery
Ice Creams & Soft Drinks

Calor Gas & Camping Gaz
Internet Access
Mobile Phone Top-Up

Open Every Day
09.00 – 12.00:17.00 – 19.00
School holidays
08.00-12.00: 17.00-20.00

'the nest'

37 West St, Polruan, PL231PL

CRYSTALS & ST.EVAL CANDLES
Browse-Shop-Order at your convenience!
8am-8pm Please call- 0777 9297209

THE CRYSTAL DOLPHIN ROOM
offering Spiritual Healing-
Aura-Chakra Balancing-using the ancient
healing therapy of crystals
for body-mind-spirit

Tessa Skola HPAI YA IAYT
www.yogafitessa.com & Daily tweet

CURTAINS
& CUSHIONS

handmade in Polruan by
Sally Tomlin

Phone 01726 870798

Nick Hitchcock
Bathroom fitting
Plumbing
Tiling

Churchtown Farm, Lanteglos PL23 1NH
Phone 0770 4680043

LANREATH NEWS

There is much happening in and around Lanreath over the next couple of months so be sure to come along and enjoy the action!

Lanreath Community Spirit are busy organising the May Day activities which will take place on Sunday 6 May. The procession of the May Day King and Queen will commence at the Village Hall at midday and proceed down to the Millennium Green where the children will be dancing around the Maypole. Should the weather be unkind, these activities will take place in the Church. Also in the Church will be a Flower arranging competition with the theme The Changing Seasons. Please display your entry by 11.15am at the latest for judging at 11.30am. If you would like to enter this, or the other two competitions, Photography and The Great Lanreath Pasty Bake off - either sweet or savoury, there are entry forms available in the shop at a £1 per entry. Please enclose your photograph with your entry form. There will be the usual fun stalls, bouncy castle and refreshments with the Rally Club hosting May Day Open Mic at 7.00pm.

Lanreath Amenities Group monthly Bingo Session at the Village Hall is on Wednesday 9 May, doors open at 6.30pm, eyes down at 7.30pm. All monies raised go back into the community. An additional Bingo Evening will be held on Friday 4 May at Pelynt Village Hall in aid of the Royal British Legion.

The Community Shop and Post Office have plenty of special offers and the Post Office is happy to return parcels to companies such as Amazon, provided they have a Royal Mail label on them. The Post Office also acts as a bank, and cash withdrawals from all the major banks can be made free of charge here in the village. The shop is looking to recruit a couple of volunteers for the Clean Team for an hour or two once every two to three weeks. Apparently an easy task which simply involves checking use-by-dates and wiping down shelves. Contact the shop manager if you feel you would like to join the team, they would be grateful for your help.

The Walking Group continue to organise interesting walks once a fortnight on the first and third Monday mornings meeting at the Village Hall at 10.00am. To whet your appetite Monday 7 May is a moorland walk commencing at Minions

POLRUAN POST OFFICE

OPENING HOURS FOR
MARCH—APRIL 2018

Monday - 9 - 4.30
Tuesday - Closed
Wednesday - 9 - 4.30
Thursday - Closed
Friday - 9-4.30
Saturday - 9-1.00
Sunday - Closed

and the 21 May will be a circular walk around Sibleyback Lake. Contact Sally on 220799 or Di on 220577 if you need more details.

The WI, after hosting beer and wine tasting evenings last year are organising a gin tasting evening later in the year. The next meeting will be a talk from SAS (Surfers Against Sewage).

Philip and Faith Hambly and Beth and Gordon Roberts are holding their Lakes at Penadlake Open Days on Friday and Saturday 1 and 2 June from 11.00am. Seeing is believing, it is an absolutely delightful venue, lakes covered with lilies and water iris, lovely walks through woods and across wild flower meadows. Refreshments and Cream Teas are available.

At church we have a Safari Supper arranged for Saturday 16 June commencing at 7.00pm at the Village Hall. Tickets are £16.00 per person so if you would like to attend this very popular event contact either Jenny on 220490 or Mary on 264403. On Saturday 30 June Reverend Marilyn and Dave Elliott are hosting a Summer Fete in the grounds of The Rectory from 2.30pm. Last year we were blessed with marvellous weather and had a wonderful time – we hope we are as lucky this year!

Jenny Bartram

Talland and Polperro

On Tuesday 19th June there will be a Church Fete on Big Green in Polperro. Come and join us for this annual celebration as part of the Polperro Music Festival. There are stalls and an all-day BBQ. Entry is Free.

HELP URGENTLY REQUIRED
Cornerstone the Churches together Charity Shop in West Looe, would still appreciate some additional help. If anyone feels able to help (3 hours at a time) please call Jenny Hall on 01503 598267 she would be delighted to add your name to the list of monthly volunteers or on the floating list which means help when you are able.

Also if you have any unwanted gifts or nice quality items, you no longer require, we would be delighted to receive them. As it is a very small shop we are unable to take large items and clothing.

The shop has a full range of Christian cards; Fairtrade goods; books and bric a brac, and we are now able to take working electrical appliances, which we have electrically checked.

Additionally we are able to serve Fairtrade Tea and Coffee along with a nice slice of cake! The shop, which is on the corner of Quay Road in West Looe, is run by a group of Trustees under the chair of Revd. Marilyn Elliott and volunteers.

Lansallos Parish News

by John Feeseey,
Lansallos PCC



The countryside and coastline of Lansallos parish are exquisitely lovely and mostly lie within an official Area of Outstanding Natural Beauty (AONB) – but you might not think it to see the litter that adorns our lanes and beaches in increasing quantities each year. This morning, as I write, our small church parking area was despoiled with a discarded Subway plasticised cup and its lid, several paper napkins (used), two chocolate bar wrappers and some dog poo bags (filled). And the problem is not only one of careless visitors, since some of the litter appears well out of the holiday season so is presumably caused by locals. Likewise, in the coves, a lot of the rubbish is clearly “jetsam” thrown overboard from fishing boats and ships and is found all the year.

It's not just that litter disfigures our wonderful surroundings in Cornwall. As has been recently highlighted, most plastic lasts virtually for ever and much of it ends up in our water courses and the sea. Here it gradually breaks up into small particles that are eaten by fish and other marine life that mistake it for food. We then eat the fish – and we are, as they say, what we eat! Other sea creatures get entangled in the plastic and die a lingering death. It's estimated that worldwide over a million sea birds and 100,000 sea mammals die each year through plastic pollution.

Metal cans and plastic containers are equally dangerous on land as small mammals become trapped in them and die. Many animals get strangled in discarded rubber bands or the plastic ties around 6-packs of drinks. Over 5,000 cows and sheep die each year in the UK due to eating metal and plastic thrown or blown into their fields.

What can we do about it? No doubt we all want to set an example by taking all our own rubbish home or disposing of it properly, including things like dog poo bags. We'll also want to try to reduce our “plastic footprint” by whenever possible avoiding buying items in non-recyclable plastic, and ensuring that everything else gets recycled or re-used. Truro Diocese is supporting the “ReFill Cornwall” scheme in which local businesses can have stickers in their window encouraging passers-by in to refill their own flasks and water bottles with free tap water.

And here's another idea: when you go for a walk along our lanes or beaches, take a string bag in your pocket and pick up any small items of plastic or metal litter that you see and dispose of it properly. If we all did this the amount of rubbish spoiling our lovely Cornwall would soon decrease, our wildlife and farm animals would benefit and risks to human health would reduce.

An important advance date for your diary: Lansallos Fete will be held at **2.30pm on Saturday, 28th July** in the Old Rectory Garden, next to the church. If you have any unwanted gifts for the tombola stall or the raffle, or small items of bric-a-brac, contact John Feeseey on 01503 220884.

Congratulations

The St. Piran Cross was recently awarded to Viv Tregellas of Talland and David Mashfor of Millbrook, who regularly plays the organ at Pelynt and Glyn Valley.

We would like to offer our congratulations to both of them.

Polruan WI

Will be holding a Coffee Morning and Plant Sale on Saturday 19th May 2018 in the W I Hall, Polruan, from 10.30am onwards in aid of WI Hall refurbishment.

Apart from the plants for sale there will be a cake stall, tombola and raffle along with tea, coffee and good company!

We look forward to seeing you there.

POLRUAN VILLAGE HALL

In the last two issues we reported our current lack of a secretary and I am delighted to report that Mrs Suzanne Goddard volunteered and is now our new PVH Secretary, welcome aboard Suzanne we are delighted to have you join our team.

We had a very successful Quiz night and raised £156 for hall funds. Many thanks to Martin and Jenny for hosting this event. We are also very grateful to Olivia for stepping in as ‘Quizmaster’ when her dad, Ray, was unwell and doing an excellent job. We plan further Quiz Nights in The Lugger on May 26th, August 4th and October 20th.

Our next event is our annual Cream Tea in the Hall on the May Day Bank Holiday, Monday May 7th from 2.30 p.m. Do come and join us for what is always a most enjoyable afternoon. Our annual BBQ on the Old Coal Wharf is planned for Sunday 12th August.

Over the last few years the Committee have instigated various repairs and improvements to the Hall and now feel that they have essentially completed such works, other than usual ongoing maintenance. However they would welcome feedback from users and others as to whether there are any facilities and/or equipment that would enhance the usage and enjoyment of the Hall. Please do come back to us on this or make any other comment you feel appropriate in connection with the Village Hall.

Contact: Kathryn 870953,
kathryn.hill@polruan.co.uk or any PVH Committee member.



The Old Ferry Inn®
B O D I N N I C K

“New Dining room” with fantastic river views

**Breakfast
Morning Coffee
Afternoon Tea**

Bar Meals and Specials Board

Don't forget we are open every day
Lunch 12pm – 3pm
Evening 6pm – 9pm
Sunday Roasts also served

Family or Friends visiting?
We have 12 Letting rooms available to book online

Visit our new Website
www.oldferryinn.co.uk
Email: info@oldferryinn.co.uk
Tel: 01726 870237
The Old Ferry Inn, Bodinnick By Fowey, PL23 1LX

CRUMPETS

Teashop
1 Fore Street, Polruan
Breakfasts
Light Lunches
Afternoon Teas
Take away service

Open daily from 9 a.m.
07968 502644

Crumpets Too
12 Fore Street, Polruan
Freshly baked breads & rolls
Croissants
Savoury pies & pastries
Homemade cakes & jams

Open Mon—Sat from 8.30 a.m.
07890 602813

Worried about Inheritance Tax?
Still not made your Will or thinking about a Living Will?
Considering an Enduring Power of Attorney?
Problems with a planning application?
Letting Property?

For friendly professional advice telephone Kevin Francis on 01726 870405
Home visits easily arranged



BRUCE SWEEPCLEAN!

PROFESSIONALLY REGISTERED,
RELIABLE CHIMNEY SWEEP

- Excellent service
- 'Mess free' work
- Cowl & Bird Guard Fitting
- Birds nest/blockages removal
- Camera Surveys/ Stove Installation
- Chimney & twin wall liners
- Supply of stoves and accessories

Appliance and Chimney safety advice
HETAS Registered Sweep and Member of APICS
Call us now 01579 351478 or 07772 686772 / 07768 750669

www.brucesweeps-clean.co.uk



HOLIDAY COTTAGE TO LET

'Twixtu' St Saviour's Terrace, Polruan

Victorian character cottage with wide harbour views from bedroom windows. Comfortably furnished, 4 bedrooms, 2 bath rooms, lounge, dining room, kitchen. Sleeps 7.

STEVE STROUD

Penleath, Cliff Rise, Polruan
Tel : 01726 870712
Mob : 078 101 24137

BUILDER & DECORATOR

CERAMIC TILING, PLASTERING, ROOFING & STONEMWORK

eden project

Buy your tickets with us

Great Savings

| | | |
|---------|--------|--------|
| Adults | £27.50 | £23.38 |
| Student | £22.50 | £19.13 |
| Child | £14.00 | £11.90 |

e.g. 2 Adults + 2 Children (5-16 years)

Full price £71.00
Our price £63.80

Choose a gift aid donation for free entry for 12 months



Find us next to the church
5 South Street, Fowey PL23 1AR

CURTAINS & CUSHIONS

handmade in Polruan by
Sally Tomlin

Phone 01726 870798



OPEN STUDIOS CORNWALL 2018

Open Studios Cornwall will take place this year from 19 – 28th June, when artists all across the county will be opening their workshops and studios to the public. This is a great opportunity to see artists and crafts people in their working environment.

Check out the website www.openstudioscornwall.co.uk for details of all the participating artists, their opening hours and how to find them. Look out for the distinctive orange circle logo on signs around the county. There is also a handbook giving all details which will be available at Tourist Info Centres and Libraries. Locally you will find them at the Winklepicker and in Penmarlam Campsite shop.

Within our local area, the following people will have their studios open and work for sale:

Lesa Welch
Polperro - Catalogue No 227.
Mixed media, painting

Pamela Dearing
Pelynt - Catalogue No 276.
Painting, textile abstracts

Sandy Horton
Portlooe – Catalogue No 278.
Glass and jewellery

James How
Portlooe – Catalogue No 279.
Painting

Sean Hewitt
Lanreath – Catalogue No 275.
Mixed Media, painting

Janet Downes
Lanteglos – Catalogue No 274.
Silver jewellery

John Butler
Red Store, Lerryn – Catalogue No 272.
Painting

Rachel Brown
Red Store, Lerryn – Catalogue No 273.
Mixed Media, textiles



Polruan Regatta and Children's Sports from the committee

With the chilly days behind us, we're gearing up for all our summer activities.

The choosing of the Carnival Queen and Attendants for 2018-2019 will be held on May Bank Holiday Monday, May 28th. Starting at 11.00.a.m there will be an ongoing barbecue, a few games and raffle. Prof Hargreaves with his Punch and Judy Show will make a return visit before the choosing at midday; hopefully the weather will allow us to use the Old Coal Wharf, rather than the Village Hall. Please see posters for more details from mid-May.

As we go to press we are looking forward to taking the children to Crealy Adventure Park on the spring trip at the end of April.

We are always very aware that we keep data on families in the parish so that we can contact them to invite their children to events or on outings. This data is kept securely and never passed on to third parties. As from the end of May there are new laws coming into force that we, as an organisation, need to take action on. To this end all families will need to complete a form to enable us to store their contact data. We have distributed the forms and are collating the replies. We realise that new families may have moved into the Parish and would urge them to make contact with us so that they can be included in our events and outings. Contact Lynn Bartlett on 01726 870536.

Details of our Polruan in Bloom competition were in the last issue. Please consider joining in this year.

We look forward to scarecrows decorating our Parish again this summer. The committee has chosen Horrible Histories as the theme for 2018. The display and judging date will allow time for children to construct entries during the first week of the school holidays. We would be delighted to accept entries from anyone on holiday here or within the Parish. Entry forms and rules will be available from the Winklepicker in June. Those who have entered in the past will automatically receive a form. As previously there will be two classes of entry: private households and organisations/businesses/ groups. Scarecrows must be in place by 10.00.a.m. on Friday 27th July. Further details from secretary, Joanna Sandy (870671)

We are grateful to the Rev. Marilyn and the PCC for allowing us to enclose our Patron's forms within this issue. We sincerely thank those who generously support us in this way and in anticipation of those who become first time Patron's this year

Planning is well underway for all our summer events and whether you are resident in the Parish or a visitor you are always welcome to join in.

KIDZ KLUB & YOUTH CLUB

Kidz Klub: Due to cancelling one meeting because of snow Kidz Klub only met once in March when the younger group enjoyed dressing up, playing games and singing accompanied by Angie's guitar and the older group enjoyed a junk modelling challenge and impromptu and organised games. The night hike we had hoped to hold in March is now planned for the first meeting after the Easter holidays so hopefully will have happened by the time you read this! Remaining dates for the summer term are May 4th & 18th, **Saturday** June 9th which will be a trip to the Aquarium at Plymouth & June 22nd and July 6th & 20th. **Youth Club:** Youth Club members had an enjoyable Saturday morning outing to the Liskeard Food bank followed by a picnic at Cardinham Woods in late February when fortunately the weather was kind. They also enjoyed cooking pizzas in March but the night hike planned for the last meeting of term was rained off and substituted with a Club Night in the hall. The dates for the summer term are April 27th, May 11th [when a trip to Clip & Climb is planned] & 25th May, June 15th and then an overnight camp at Lansallos on the 29th, followed by a summer hike on July 13th.

Holiday Club: Holiday Club dates have been changed to July 30th to 2nd August the title has been slightly amended to 'Treasure Hunters'. There will be a short Holiday Club Service at St Saviours on the afternoon of Sunday 29th to launch and dedicate the week and give some exciting glimpses of what is to come! Everyone is invited, so do come along to give your support and find out what we will be getting up to! The fund-raiser planned for Saturday 17th March has been postponed to Saturday 28th April at 10.30 a.m. in Polruan Village Hall so will have happened by the time you read this. We are pleased that friends from Sussex and Wales plan to join us again this year.

FOR SALE

Mobility Scooter. Top performing Sterling Sapphire 2 road scooter lightweight and transportable As new. £850 including bag (£1500 new 2017). Telephone: Polly Mayman 01503 272052

AGE CONCERN

**URGENTLY NEED
VOLUNTEER HOSPITAL
DRIVERS**

**IF YOU CAN HELP
PLEASE CONTACT
KATH WELSH 870510**

(EXPENSES REFUNDED)

POLRUAN TOWN TRUST Registered Charity No. 232749 CHILDRENS MULTI ACTIVITY HOLIDAY BREAK

The Trust is proposing to fund multi activity holiday breaks in Summer 2018 for up to four Polruan children. To be eligible children must be full time residents of Polruan village and in Primary school year 6 in May 2018. The breaks are 7 day duration, residential and provided by PGL Adventure. PGL has a number of centres across the country.

The nearest are in north Devon and Dorset (see www.pgl.co.uk). The parent / guardian will choose the location and timing of the break (within the school summer holidays) and booking will be submitted via the Trust. Parents / guardians will be responsible for their child's transport to and from the activity centre.

Applications by the child in writing to the Trust's Clerk should state in not more than 200 words why she/he wishes to be awarded a place and include their full contact details. The applicant's parent/ guardian/ responsible adult should include a statement that they support the application and countersign it.

The closing date for receipt of applications is Friday 25th May 2018.

C.A. Wilson, Clerk to the Trustees
'Cannis', Cliff Rise, Polruan, PL23 1QQ
Tel: 01726 870118

During the Fowey Festival
On Thursday 17th May
In the Village Hall at 6pm

Tony Cottrell

will be reading from

Gurt Lush

a selection of his short stories
and poems

Admission Free with
A chance to buy copies of the work.



**Robin welcomes you to
The Russell Inn
West St Polruan PL23 1PJ**

**Local Cask Ales
& Cider**

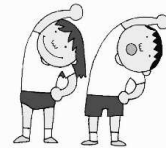
**Weekend takeaway
menu**

**Free wi-fi
Family & Dog Friendly**

01726 870707

snsbryrobin@aol.com

STRETCH AND TONE



Every Wednesday from 6 September
10.00am - 11.00am

LANREATH VILLAGE HALL

Fees £5.00 per session payable in advance
at the beginning of the month
Please bring a mat and wear loose clothing
Contact Jenny Bartram 01503 220490

Conservatories | Doors | Windows | Sealed units | Rainwater goods | Secondary double glazing

✓ Since 1986 this family run business has become one of the leading suppliers of Profile 22 in Devon & Cornwall. We pride ourselves on beautifully made Windows, Doors & Conservatories.

✓ Excellent, reliable customer service, with no compromise on quality.



RBWINDOWS
South West Limited

See our new website:

www.rb-windows.co.uk

Call today 01752 263000

32 Stonehouse Street, Stonehouse,
Plymouth, PL1 3PE

LETTERS TO THE EDITOR

Sue Shakerley,
Coombeland,
Lanteglos-by-Fowey PL23 1NL.
susanshakerley@gmail.com
PHONE 870211

Or use the letterbox in the porch of
St Saviours Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that anonymous contributions are not acceptable. Please give your name & postal address: this will not be published in full unless you specifically request it.

Children's Hospice South-West Little Harbour

Earlier in the year we reviewed the books we have kept in store and have taken 250 to Little Harbour to be distributed to their shops throughout the south-west. We have a similar number, with wide-ranging appeal, still in store.

We have received some lovely new books for our sales and the Reading Room shelves. We would welcome some children's books and any Cornwall themed books, fiction or fact. Please contact me if you have any books to donate to arrange collection, please avoid leaving any in the Reading Room.

Much to our surprise our March and April sales were able to be held outside; we avoided the snow and rain! Our next sales are on May 1st and June 5th.

Thank you for your continued support.
Lynn Bartlett 870536.

Fowey Harbour Heritage Society

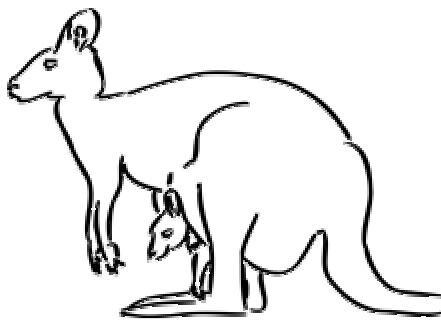
The popular summer walks around the historical areas of Fowey and Polruan, led by FHHS guides have already started.

The **Fowey** walks set off from Town Quay at 10.30am every Tuesday morning, until mid-October. **Polruan** walks start from the Coal Wharf, also at 10.30am, on Thursday mornings from 17th May, until September.

Both walks are approximately two hours long and cost £6.00 per adult and half price for children under 15.

No need to book, just turn up on the day, however if you have a large party it would be helpful if you could contact the society beforehand.

Further information at
www.foweyharbourheritage.org.uk;
Hon. Secretary 01726 833749



Letter from Mary Taylor

3 Warren Street
Cootamundra,
New South Wales 2590
Australia

What a week it's been in Australia, where we live. The heat came back with a vengeance, temperatures in the high 30's again and on Sunday we had dust storms all day. We fared better than other places here. Darwin had a cyclone that did a lot of damage and places in Victoria and NSW had terrible fires. Over 100 houses were lost and heaps more damaged. Must be terrible for people to lose everything, but most will pick up the pieces and build again. One family said they had to build four times due to fires. We also had 2 in hospital last week - one with a fractured leg and the other having iron infusion - so we've been busy.

What's happening with the veggies now? They don't last very long and they aren't tasty like they used to be. It was lovely just to go out in the garden and get what you wanted for the day's meal. Not much of that around now. The good old days are gone. It will soon be Easter and no little ones to buy eggs for but we still have fish on Good Friday.

We saw all your snow on TV. It looked lovely. Well we've had such a hot summer we may get a cold winter. Liz and Kim maybe wood carting over Easter as they still have wood fires. We have a gas heater - too old to get wood. Hope you all had a happy Easter.



CLOSING DATE

JULY-AUG ISSUE

COPY & LETTERS

to Sue Shakerley,
Coombeland,
Lanteglos-by-Fowey
PL23 1NL.

susanshakerley@gmail.com
PHONE 870211

Or use the letterbox in the porch of
St Saviours Polruan

not later than
Thursday 14th JUNE

FOWEY HISTORY GROUP EXHIBITION: 1918

This summer, on the 9th and 10th August at Fowey Town Hall, we are holding an exhibition focusing on the experiences of Fowey and Polruan during the year 1918, leading up to the November Armistice. In preparation for this event, we wish to record the experiences of the men who returned, as well as of those who died in the conflict, and of their families.

To help us in our research, we would very much like to hear their stories from their descendants. If your ancestor took part in the First World War in any capacity - and you would like to share their stories with us - we would be very grateful indeed to hear them and to remember them in our exhibition. Anything you can contribute, however small, will be valued and treated with respect.

You can contact the History Group by telephoning 01726 833749 or 832539 or by writing to the following email address: staniland2123@btinternet.com

Alternatively, you can leave a message for us at Fowey Library. You would also be very welcome to come to our meetings, which take place at the Library on the third Friday of every month, from 2pm to 4pm.

We very much look forward to hearing from you.

A LAST BEATITUDE

And blessed are the ones we overlook.
The faithful servers on the coffee rota,
The ones who hold no candle, bell or book.
But keep the books and tally up the quota.

The gentle souls who come to do the flowers'
The quiet ones who organise the fete,
Church sitters who give up their weekly hours,
Doorkeepers who may open Heaven's gate.

God knows the depths that often go unspoken
amongst the shy, the quiet and kind.
O the slow healing of a heart long broken

Placing each flower so for a year's mind.
Invisible on earth, without a voice.
In heaven their angels glory and rejoice.

Be Responsible!



Clean up after your dog

POLRUAN THEATRE CLUB

Unfortunately, due to circumstances beyond our control we will not be staging 'Dial M for Murder' at the end of May. The Theatre Club is very short of players and would welcome new actors and support of any kind.

We will not be able to produce a summer play this year. Many of our band of actors are away. However we are going to be able to stage a production of 'Deathtrap' at the end of October during half term week.

Deathtrap is a very exciting thriller which will have you on the edge of your seats. There will be more details in the next issue, but meanwhile if you have any questions phone Wendy (870666) for more information.

***Stay in touch anywhere
around the globe***

***The Parish News is now
available on the
worldwide web at***

www.lanteglosbyfowey.org.uk

***The official website of
Lanteglos by Fowey
Parish Council***

Thank you

Olivia Tomlin says "Thank you so much to everyone who supported and sponsored my recent trip to Kenya under the guidance of Camps International. Please see article in this issue of the Parish News, which will tell you all about my adventure. I couldn't have done it without you."

Fowey River Lions Club

by Tony Bartlett.

A big thank you to Robin at The Russell Inn and all his customers who supported the raffle for the large Easter egg. The maximum of £100 was raised. The egg raffle was held in several pubs throughout Fowey River Lions area and a grand total of £1,000 was donated to the Cornwall Air Ambulance.

From Kathy Welsh

Greenbank, Polruan

I would like to say a big thank you to Des and Val Libby for the delivery of our goods during the bad weather, Rob Sainsbury for Fish and Chips on Friday night in bad conditions, Steve Stroud for coming to see if we wanted anything. Also John Adams, J. Garton and Shane Turner. We are so lucky to have such a good caring community in Polruan.

The friends of Betty Bate who went to her funeral at Glynn Valley Crematorium, would like to say a big thank you to Charles Courtney for driving the bus. He spent many hours both during the service and at the Wake afterwards waiting for us. Thank you Charles.

Little Cabin Therapies

For the Good of Your Health!

A professional & strictly confidential practice offering natural holistic treatments. Please call me for further info, Anna

Reiki

Tuning Fork Sound Therapy

Indian Head Massage

Thai Foot Massage

Oriental Hand & Arm Massage

Holistic Face Massage

Gift Vouchers Available!

Little Cabin Therapies

The Blue House

Lombard Farm, Mixtow,

Lanteglos by Fowey, PL23 1NA

Tel: 01726 870215

07894 221403

Email: littlecabintherapies@gmail.com

Readers are kindly requested to mention the Parish News when responding to our advertisers.

It helps the advertisers to know that their advertising is effective.

POLRUAN STORE

14 Fore Street Polruan PL23 1PQ Tel: 01726 870477

Email: kiki@polruanstore.com

Fresh bakery products daily

Croissants, pains au chocolat & Danish pastries cooked in-store to order

Cornish quality meat from Richard Kittow & Sons

Fresh fruit & vegetables daily (Local when available)

~ groceries ~ off licence ~ cold meats

Roddas's Cornish creams & milk

Cornish & Continental Cheeses ~ Deli selection ~ traditional cakes

Newspapers & magazines ~ photo developing service

Paypoint agent: electric key top up/TV licence/

mobile phone top up/bill payments, etc.

All debit & credit cards accepted ~ ATM cash withdrawals

Home deliveries by arrangement on Thursdays, Fridays & Saturdays

PHONE OR EMAIL YOUR ORDER FOR DELIVERY OR COLLECTION
PRE-BOOK YOUR ORDERS FOR BREAD, PASTRIES, NEWSPAPERS
& VEGETABLES, RESERVED FOR YOU DAILY

Mon-Sat 7.30am-5.00pm Sun 8 am-12.30pm

Bartlett's

The Radio Shop.



01726 833429.

Sales.bartletts@btconnect.com

- Aerial & satellite installation
- Service and Repairs
- Electrical contracting
- Televisions /Digital Recorders
- Household/ kitchen appliances
- Housewares & Hardware
- Roberts Radios.

retra
radio, electrical and television
retailers' association

NEC
DOMESTIC
INSTALLER

D. SIMPSON & SON BUILDERS

ROOFING - STONWORK
PROPERTY REPAIRS
DECORATING
ESTIMATES FREE

Tel: Polruan 870430
5 Meadow Walk, Polruan PL23 1QT.

ACS of Fowey

Carpet, rug and upholstery
cleaners since 1979

For a free quote call or text Alan
07703 552841

Happy to call you back

www.acscarpetcare.co.uk

Des Libby

3 Ferris Way, Polruan

Milk + Dairy Products
F/R Eggs Mineral Water
Fresh Fruit+ Veg (local when available)
Malcolm Bamecutt The Quality Baker
Fresh Quality Bread from £1.20 Pasties £3.40
Traditional Cornish Saffron Cakes from £3.00

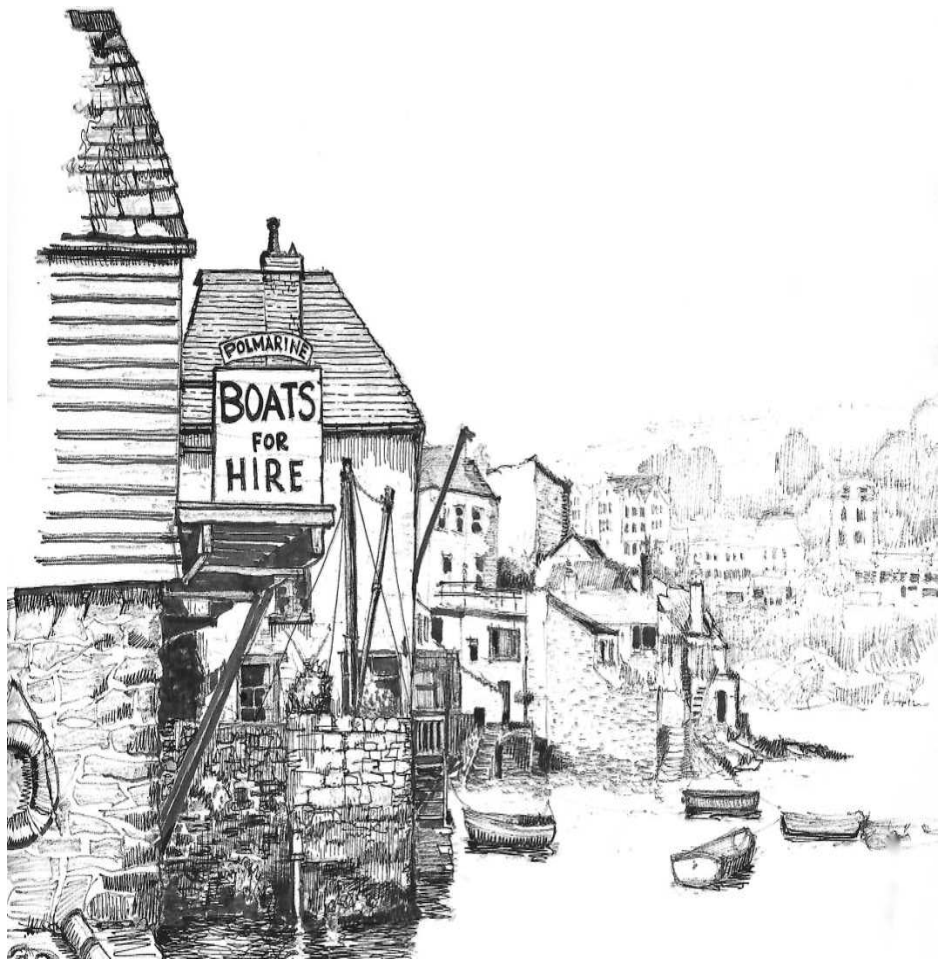
Multi Purpose Compost (40Ltre) £4.20
Grow Bags £2.50

Ornamental Bark (50Ltre) £6.50

Delivered to your door

Plastic Free Milk
Ask for details

Fresh milk now available at the Winkle Picker
Tel: 01726 870735
Mob: 07854197016
Email: deslibby@hotmail.co.uk



John Walkerdine MBE,
PPIOB, FBIAT

John Walkerdine was born in Derby in 1926 and spent most of his childhood holidays at his grandparents' house in Looe where along with his cousins they enjoyed a Swallows & Amazon existence.

During the 1960's John and family moved to Somerset and returned to Looe every year for their holidays. By the early 1970's the family had progressed from a canoe through several other boats to a 5 berth sloop and it was on a windless summers day in 1972 on passage from Looe to Falmouth that the engine failed and Fowey became the nearest refuge. Having eventually found a vacant visitor's mooring off Pont Pill, the Polmarine yard of Bob Pickering & Len Armstrong very efficiently repaired the engine and for the next 20 plus years Polruan became the home port.

John attended Architectural College after leaving the army at the end of the war before deciding to move into Construction Management but his architectural flair manifested itself in a constant series of pen and ink sketches and the occasional watercolour. The 1972 period of being "harbour bound" in Polruan produced the first of a number of local sketches of the South West- a part of the country he always loved so much.
(His sketch Polmarine is reproduced above)

Early this year John's ashes were scattered off the cliffs into the sea a few miles from Polruan- as was his long time and often reminded wish.

LANTEGLOS AGE CONCERN

There was very good attendance at the Age Concern Coffee morning on March 17th considering the weather conditions. Many thanks are due to everyone who donated in any way. A total of £238.50 was made.

There will be an Age Concern trip to Exmouth on June 12th. The trip will cost £13.00 (£5 deposit on booking). Any age is welcome if there are spare seats. Please book through K Welsh 870510.

There will be an Age Concern Coffee Morning at Whitecross on 9 June. Pick up from Polruan will be at 9.30am.

A special thanks to our bus driver Alan who generously donated £50 to Age Concern funds.

Tony Cottrell's new comic novel

"One and All"

Set in a small Cornish Village !!

Available from Amazon
or by special arrangement
direct from the Author. (£10)
phone 07870 280114.

"It's a great read!"



Remembering Charlie Bunt

4 June 1936 – 29 January 2018

Because Charlie's funeral was held on a very snowy day, 1st March, many people were not able to attend, so Joan and Kim thought it would be a nice for everyone who knew Charlie to be able to read the eulogy from the service.

William Charles Bunt – Charlie – was born on 4th June 1936 at Lombard to Minnie and Fred Bunt. He later had a younger sister Shirley, who sadly died just before Christmas.

Charlie attended Whitecross School and used to help his dad on the Bodinnick night ferry, and would also row for Bodinnick rowing club. He maintained close links with Whitecross in later years, being on the hall committee and involved with the sports.

On leaving school he went to work for Roy Pearce at Trevecca, then Richard Williams and later David Williams at Trethake Farm. Afterwards he became a self-employed gardener. Earlier he had met Anne Crapp and they married on 27th October 1956 at Lanteglos Church.

They were blessed with their daughter Joan, and later their grand-daughter Kim. Charlie, Anne and Joan continued living at Lombard until 1964 when the family moved to Ring o' Bells, Pont, which is where Charlie said he wanted to spend the rest of his life. This is exactly what he did, thankfully with no long-term illness or prolonged hospital stays. Charlie was a very private, home-loving person who always put his family first. But that said, he loved to help people when he could, enjoyed looking after his chickens and playing whist – Kim says he was a clever player and seemed to know what everyone had in their hands. He also liked a laugh and would often play practical jokes or wind someone up.

On rare moments when he had time to sit down, he liked to watch darts and snooker on TV. The things he enjoyed most, though, were Anne's hot saffron buns straight out the oven. Joan and Kim have received an amazing amount of cards and letters, for which they thank everyone, and some of these messages from the cards sum him up well:

One of the 'old school'.
Happy memories of harvest teas in the field.
Much respected, a privilege to have known him.
Took pride in his work.
A truly special part of Pont.

Chris Mylward
Carpentry and Refurbishment
Building work-Roofing-Painting-Tiling
Mobile- 07837 831571
Office-01726 870078
chrismylward@hotmail.co.uk
Based in Polruan

The Lugger Inn

The Quay, Polruan, PL23 1PA



Jenny & Martin welcome you
Open noon till 11 pm
Food served from 12-2.30 & 6-8.30

Sunday carvery serving local meat
Fresh fish from Looe dayboats
Fowey estuary mussels
Local Cask Ales & Cider
Freshly ground Cornish coffee

free wi-fi
Family & dog friendly

01726 870007

OCEAN ONE

COME AND VISIT OUR
GORGEOUS SHOP SELLING
A SELECTION OF
BEAUTIFUL AND
UNUSUAL LADIES
CLOTHES, SHOES AND
ACCESSORIES
INCLUDING
PENNY BLACK,
LE CASHMERE, MEISIE,
LE PETIT BAIGNEUR ETC.
& BOOTS AND SHOES
BY TONI PONS.

Open Mon-Sat 10.30-5.30

at BLUE MILL, STATION ROAD,
FOWEY, CORNWALL PL23 1DF

JUST PAST THE LIFEBOAT STATION
OPPOSITE CAFFA MILL CAR PARK

www.oceanone.co.uk

01726 832823

Polruan Holidays

A delightful very select family owned exceptionally well maintained exclusive **FIVE STAR** and **GOLD AWARD** winning camping and caravanning park, with no overcrowding and well-spaced pitches, no club or evening entertainment on site just peace and quiet, all within a splendid unique location of outstanding natural beauty surrounded by National Trust and farmland, with the most fantastic panoramic breath-taking sea views.

Also Holiday Caravans for sale & for hire

Free Wi-Fi now available

Web:

www.polruanholidays.co.uk

Email polholiday@aol.com

Lanteglos Community Bus

Timetable

| | MAY | JUN |
|------------|--------|--------|
| St Austell | 1 & 15 | 5 & 19 |
| Trago | 9 | 13 |
| Truro | 23 | 27 |

Change possible subject to passenger demand and driver availability

The bus leaves the main car park at 9.25 then as requested at Furze Park, Well, Greenbank and Ferris Way

To book, please call in at The Russell or phone 870707 (please do not phone before 9am)

'Service subject to driver availability'

AGE CONCERN

URGENTLY NEED
VOLUNTEER HOSPITAL
DRIVERS

IF YOU CAN HELP
PLEASE CONTACT
KATH WELSH 870510

Should anyone need a driver to take them for a hospital appointment could they please make contact with someone from the following list.

DRIVERS

| | |
|--------------------------|--------------------------|
| Tony Cottrell | 870794 or 07870280114 |
| Angel Burstow | 870059 |
| Eric & Cynthia Lockeyear | 870144 |

FARES

Fowey :£4: St.Austell :£8: Liskeard:£10:
Bodmin:£10: Plymouth :£16: Truro :£16: Hayle :£25

Plus – Ferry fares, bridge tolls and parking costs



STALLHOLDER SPOTLIGHT

8 QUESTIONS FOR HELEN JARVIS - COPPERGON PRODUCE

1. WHAT DO YOU SELL AT WHITECROSS MARKET ?

Goat meat, seasonal veg and salads, preserves, baked goods using my own pork and goat meat, veggy samosas, cooked ham, free-range eggs, goatskin rugs.

2. HOW DOES YOUR PRODUCE CHANGE THROUGH THE YEAR ?

More vegetables and salads from spring to autumn. Goat meat starts in the autumn and lasts as long as it lasts. But I'm hoping to form a South West co-operative for goat meat to ensure a year-round supply at the market.

3. WHERE ARE YOU BASED ?

On a 9-acre mixed smallholding at Lanescot near Par. It's called Coppergon because the land was originally part of Fowey Consols copper mine.

4. WHAT KIND OF GOATS DO YOU HAVE ?

At the moment 10 Golden Guerneys (they are dairy goats) and 30 Boer goats which are meat goats originally from South Africa - heavier in the body than dairy goats so they have more meat on them. I also have 20-odd Cornish Black Pigs - sadly they're a very rare breed now.

5. WHAT'S YOUR FAVOURITE WAY OF COOKING GOAT MEAT ?

I use lamb curry recipes to make goat curries and also Jamaican goat curry.

6. WHERE ELSE DO YOU SELL YOUR PRODUCE ?

Liskeard market on the 2nd Saturday of the month, Fowey on the 3rd Saturday, Lostwithiel on the 4th Saturday and Wadebridge County Market every Thursday.

7. DESCRIBE WHITECROSS LOCAL PRODUCE MARKET IN 3 WORDS...

Vibrant - friendly - great produce !

8. WHAT'S THE QUESTION I SHOULD HAVE ASKED YOU (AND WHAT'S THE ANSWER) ?

Q. What are your plans for the future ?

A. Setting up the Boer goat co-operative, and then hopefully selling ready-made goat curries at the market and also goat's milk soaps.

Early summer at Whitecross Local Produce Market

Don't miss the first Saturday of every month at Whitecross village hall, where the delicious smell of Liddicoats pasties and fresh coffee greets you and the best local food and drink will be on sale.

As we move into summer, there will be more variety of flowers, fish, vegetables and salads at the market, and we hope to be able to find room for two popular stalls from last year – Chloe and Amelia's Real Food Garden, and Jamie and Bev's Cornish Potting Shed plant stall.



Dates for your diary: Saturday 5th May, Saturday 2nd June, Saturday 7th July. The market is open from 10am to 1pm, and community buses run from Fowey at 10 and Polruan at 10.30.

Don't forget to follow the market on Facebook, and please spread the word amongst everyone you know so we can keep our lovely market going. Any questions or suggestions, email whitecrosslocalmarket@gmail.com or call Liz on 870542.



Our penultimate talk 'Boconnoc – it is the paradise of Cornwall', was a victim of the snow bound weekend in March but by popular demand Dr. Catherine Lorigan has agreed to try again and will give her talk to us in June at Whitecross Village Hall. The story of the estate of Boconnoc, situated near Lostwithiel, is an extraordinary one. This talk will show how the estate and house have developed over time. Dr. Lorigan traces how a medieval fortified tower house evolved into a Georgian mansion and explores the eventful lives and deaths of the Cornish families who owned and played important roles in national events as well as those of Fowey, Bodinnick, Polruan and Lostwithiel. Dr. Catherine Lorigan has written a number of books about the history of Cornwall from the socio-economic role of Delabole slate quarry to the agricultural and industrial landscape around the self-contained estate of Boconnoc.

Saturday 16th June, 2.00pm for a 2.30pm start. Whitecross Village Hall, Lanteglos-by-Fowey, PL23 1NF £6.00 on the door to include refreshments – members half price

Further information at www.foweyharbourheritage.org.uk: Hon. Secretary 01726 833749.

Frogmore Farm

from Gill Palmer

It's the 10th of April as I write this and it is raining again. Hopefully we will be sitting in the sunshine when you are reading it.

What a horrible wet Winter we have had, nothing but mud, mud, mud. The animals were cosy in their sheds, it was the workers who got wet every day feeding them their grain and silage.

The lambing went reasonably well but we had to keep them in pens for longer than usual. You can't just put very small lambs out in the fields when it is blowing a gale and raining. Lorna and I spent a great deal of time carrying buckets of water to each ewe. If we were lucky enough to have a dry morning we would put as many lambs as we could out in the driest fields. They would skip and jump happily, then the rain would return. We would worry about them getting wet and cold. The lambs although they looked wet, muddy and miserable seemed to cope with the weather quite well.

The snow came as a bit of a shock. I know it had been forecast for several days but we didn't expect quite so much. We had filled up several buckets of water and filled the boiler so we would have some warm water if the pipes froze. Minus six and snow drifts of up to six feet high was more than we thought possible in Cornwall. Our roads were blocked and yes the pipes were well and truly frozen. I left home before six am. I had to walk. That was hard. It was dark and the snow deep. It was interesting to see the animal



footprints in the snow. A deer had eaten the peanuts we had put in the porch for the birds. Fox and badger prints were in the garden and lots of rabbit prints everywhere.

I arrived with aching legs but I wasn't cold, I had seven layers of clothes on. The cattle were roaring, a sure sign that they didn't have any water. All the pipes were frozen. I switched the boiler on and put heat lamps on the plastic pipes. It was a nightmare. We managed to get one tap running. It took all day to water the cattle and all the ewes. The next day everything was frozen again. Simon and Ben laid some new pipe and connected it to a joint that was running, the animals were happy again. The Grandchildren were happy too. They used bags filled with straw as sledges and wizzed down the hills. Emma jumped into a snow drift and she almost disappeared. She had to swim to get out.

Of course nobody rushed to rescue her, they were crying laughing. The only good thing was, all the lambs in the fields survived thank goodness. It has been a dreadfully difficult Winter for sheep they don't do well in such wet weather.

In the Summer when we are harvesting, our machinery sometimes causes a few traffic jams on the road and we aren't very popular. Then in the snow suddenly we were in demand. People stuck in the snow wanted a tractor to tow them out and Polruan had a new milkman as Simon used our buggy to help Des deliver the milk.

Thank goodness Spring is almost here. The birds have started their morning chorus, it's lovely to wake up to such a cheerful noise. Also the ducks that swam on the fish pond last year are back, they have brought a friend as well. She is a big black duck and she has a greenish flash on her wing feathers, very beautiful. The three ducks seem quite at home here, we find them sitting inside the kitchen door if we are late putting some food out for them. Last year we saw our first swallow on the 14th April. I wonder if they will arrive on time this year. They will have to repair their nests a little before their egg laying can begin. The wrens have been using them in the cold wet weather. Sometimes they were guilty of overcrowding, unfortunately some mud has broken off the nest sides. The cows and calves are waiting to go out into the fields. We have to wait for the mud to dry first and the grass to grow. Hopefully it will be soon.

Local company run by local family

Follow us

info@polruancottages.co.uk

01726 870582

POLRUAN COTTAGES CORNWALL

Full Management service available

Cleaning/Laundry services

24 hour callout

Self-catering cottages in Polruan, Fowey and local areas

www.polruancottages.co.uk

Lanteglos-by-Fowey Parish Council

Chairman's Report April 2018

Council Meetings: The Council has resolved that it will continue to meet on the fourth Tuesday of each month at Whitecross Village Hall with the exception of August and December, when meetings will not be held. The Annual Parish meeting, in May, and any additional meetings will be at the Polruan WI Hall. We are pleased to see so many members of the public at these meetings. All matters are discussed in full Council meetings where decisions are made by the whole Council. We value your comments and questions so please keep attending, making any point that concerns you during the time allowed for public participation. The Neighbourhood Plan meetings are also held at Whitecross Village Hall usually on the second Tuesday of each month. Details of all meetings, agendas and minutes can be found on our website.

Lighting in Furze Park and Ocean View

As previously reported the lighting in Ocean View has now been adopted by Cornwall Council, whilst those in Furze Park are now also taken back by Cornwall Council/Cornwall Housing. Future maintenance of these lights has now passed from the Parish Council to Cornwall Council. I hope you will agree with me that this is a satisfactory outcome to what had become a somewhat sensitive issue.

Lanteglos Neighbourhood Plan:

The Steering Group has been working on two projects over the winter and we are now ready to launch both. The first is the final draft of the Local Landscape Character Assessment and the second, the detailed Residents' Survey.

The survey should be arriving in your letterboxes during the first week of May and can either be filled in by hand or completed on line through our website. We hope that you will be able to use the website route as not only does it save us money in not having to pay for postal returns but it means that analysis can be carried out more quickly and we can get results back to you. It will remain open until the end of May. The survey itself has been designed by Cornwall Rural Communities Charity and they will also handle the analysis and report. If you wish to complete the report on-line but do not have access to a computer we will be pleased to help you do this at Whitecross Village Hall where we have access to WI-FI, and the Parish laptop. When we have the results we will publish these on the website and in this magazine.

We have the first working draft of the Local Landscape Character Assessment which has been most ably drawn together by Liz Luck. We took copies to the Produce Market at Whitecross Village Hall where people showed great interest in what was before them; the comment, 'I never knew about this...' was heard several times. In Lanteglos we live in a very special place and it is clear from your comments so far that you also value what we have. It is still a work in progress and there will be amendments to be made. We plan to put the draft on the website and also to have copies available at a series of public exhibitions to be held throughout the Parish.

One of these will be at the Annual Parish Meeting on 14th May at the Polruan WI Hall. Please have a look at the Assessment draft and add your own comments. We cannot cover every inch or every little byway, but your knowledge will augment what we have. All of this then becomes part of the evidence for the Neighbourhood Plan and it will carry considerable weight when it comes to examination and referendum.

One of the things which has become apparent is that there is very little land we know about that is available for development of affordable housing in the Parish. We know we have an identified housing need of over thirty residents and whilst there is the possibility of infill, rounding-off sites or conversion of redundant buildings in the main settlements, these alone will not enable sufficient development. We are therefore making what is known as a Call for Sites, which has been done elsewhere in Cornwall. We have looked at the maps and thought about possibilities but we cannot know what is available as only landowners will know this. Please see the separate notice.

Earlier this morning Cllrs Adams, Fisher and I met with Cornwall Cllr Edwina Hannaford and Mr Paul Allan, Highways & Environment Manager at Cormac Solutions Ltd., to do a 'walk-about' of the Parish, logging potholes, looking at drains and gullies, the odd flooded road and areas of grass to be cut. As a result of this at least eleven reports have been made and your Council will negotiate with Cornwall Council about which parts of this vital maintenance work we could take on and so deal with problems locally. More news of this later. I have already mentioned the Annual Parish Meeting to be held at Polruan WI Hall on 14th May. Invitations have been sent out to local organisations and members of the public are warmly welcomed. We look forward to seeing you. Please get in touch with us through the website or by email.

Cllr Dr Pat Moore OBE

Chairman: Lanteglos by Fowey Parish Council and Neighbourhood Plan Steering Group

Lanteglos-by-Fowey Parish Council Neighbourhood Plan

Call For Sites

As a result of the Housing Needs Survey conducted by the Council in 2016 and those people already registered with the Homechoice Housing Register, we know that over 30 residents have identified themselves as being in need of affordable housing in the next few years. Not all of this housing can be provided by infill, rounding off, or conversion of redundant buildings in or near our main village settlements of Polruan and Bodinnick. We know there is very little building land available in the Parish, much of which is in the Area of Outstanding Natural Beauty, and we are now making a call to landowners who may wish to consider this type of development. This is an invitation to any resident, landowner, business, developer or agent to submit a site or sites for consideration in our Neighbourhood Plan. Should you be interested could you please supply the following information:

Site name

Site address

Site plan (showing 'red line' boundary around the site)

Ownership

Site area (in hectares)

Expected number of units

Timescales for development, e.g., available now or at some point in the future

Any barriers to delivery, e.g., legal issues, contamination

Any information you provide will be treated with confidentiality and more details of the assessment process will be provided. I should point out there is no guarantee that planning permission will be granted, and that we are just seeking to identify possible sites. Please apply to us at the address shown below:

Cllr Dr Pat Moore OBE

Chairman: Lanteglos by Fowey Parish Council and Neighbourhood Plan Steering Group

Website; www.lanteglosbyfowey.org.uk

Email: clerk@lanteglosbyfowey.org.uk

Meetings of the Parish Council are held on the fourth Tuesday of the month in the Whitecross Village Hall, commencing at 7pm. Members of the public are warmly invited to attend.

Planning Applications

PA18/00774, Plot Adj. to Allwynds, Lanteglos – outline application with all matters reserved for proposed new dwelling. Although not a quorum (as five Members had declared an interest), the Members present supported the application, as the site is naturally a building plot adjacent to the existing row of bungalows. A bungalow would be in keeping and the site has good access. Members also supported this as a principal residence.

PA18/01350, Jan Svvy, Old Road, Bodinnick – consent to fell 3 Leylandi, 1 Ash, 2 Cherry, 1 Oak clump and 1 Eucalyptus tree within Bodinnick Conservation area. Noted this type of application is dealt with under delegated authority by CC's case officer.

PA18/01033, Pendower House, Pont Bottom, Highway – conversion of existing outbuilding into self-contained residential unit. Members supported this application.

PA18/01495, Midships, 2 New Quay Terrace, East Street, Polruan – installation of first floor balcony to front elevation of dwelling. Members objected to this application.

PA18/01629, Springhill, Chapel Lane, Polruan – works to trees in a conservation area, namely crown reduction of mature ash, reshape two mature oaks, crown reduce semi-mature cherry, crown raise semi-mature beech avenue, reduce by 40% small beech hedge and remove dead poplar. Noted this type of application is dealt with under delegated authority by CC's case officer.

PA18/02059, Hall Walk Cottage, Old Road, Bodinnick – works to trees in a conservation area, namely reduce ash trees T1 and T2 to 7m high and 5m spread. This application will be dealt with under delegated powers.

PA18/02435, Furze Park, St Saviours Hill, Polruan – replacement dwelling. This site had been the subject of previous applications. Some Members were unclear about what exactly was planned. There was general **SUPPORT** for the actual location of the dwelling, but Members are concerned about how the 'spoil' would be dealt with and felt a Traffic Management Plan was needed. Screening from the sea was also desirable.

PA18/02433, The Old Piggery, Coombeland – conversion of barn to dwelling (previously granted consent and works commenced under Class Q approval – PA16/06506). Members supported this application.

Planning Applications Approved by Cornwall Council – information only.

PA17/04168, Sails, St Saviours Hill, Polruan – construction of garage / boat store with solar panels mounted on roof, to include new vehicular access.

PA18/00488, Chapel House, 1 Battery Lane, Polruan – internal alterations to the first floor: a number of non-loadbearing internal walls to be removed to make an open plan living space; One flush window to the internal covered area changing to a box window; Metal balustrading at the front changing from metal to glazed (obscure if required); New glazed balustrading around the garage roof; Existing grey PVCu guttering and downpipes changing to black PVCu.

Enforcement Cases –

EN17/00177, 4 Bones Meadow, Greenbank, Polruan – alleged construction of gabion basket design wall not being built in accordance with approved plans PA15/09540; namely safety concerns associated with the wall which is leaning out over the public footway and also the path which has not been surfaced. Case officer, Felicity Copplesstone advised this investigation still stands largely as per the previous update. They are still awaiting additional information from the owners of the site. Relevant geotechnical experts had been in contact with CC's structural engineer and they are working to get the appropriate information together for assessment. They are hopeful to get a multi-agency meeting with the owners/agents and any relevant experts from their side, shortly.

Bryn Y Mor, Chapel Lane, Polruan – alleged installation of a fuel pump in a conservation area. Case officer: Ms Felicity Copplesstone advised they had concluded their assessment and have advised the owner of the oil pipeline that it is considered the works consisting of the installation of a cabinet and oil pipe line attached to the wall at Chapel Lane, constitutes development for which no planning permission had been applied for.

It is considered that due to the adverse impact caused to the character and appearance of the Conservation Area of the cabinet and pipeline that it would be unlikely for planning permission to be approved should any retrospective planning application to retain the works be made. The owner has been invited to arrange to have the cabinet and pipeline removed from Chapel Lane within a period of 21 days from the date of this correspondence. She is currently awaiting contact from the owner confirming their intentions in respect of this matter and a subsequent timescale for compliance.

Failure to comply with this informal request will result in the issue and service of a Planning Enforcement Notice to seek the removal of the cabinet and pipeline

EN18/00372, Lower Vevrey Meadow, Polruan – alleged untidy site. New case



Hakuna Matata- means no worries

from Olivia Tomlin

It has now been a month since I have returned from my adventure in Kenya and I can definitely say, as cliché as it sounds, I have come home a completely different person with a completely different perspective and mindset on life itself. To raise the money took a lot of time and effort, not just from me but also my family, friends and everyone both in and out of the village who were generous enough to have helped fund this once in a lifetime trip. I have now seen most of you since being home but still have a few personal thank yous I will include at the end.

Leaving Polruan, my family and everything I knew for the first time ever to meet a brand new bunch of people in such a culturally diverse country was, by far, the scariest thing I've done to date. Having never before been on a plane, I definitely didn't choose the easy option: Africa of all countries and a 10 hour flight plus changes to get through! Waving goodbye, all I could think was 'what am I doing?' but knowing the difference I could make to so many families was the motivation to power on and be properly brave. My first flight was successful: I, thankfully, had no issues and actually really enjoyed it (even the food!) and after 23 hours of travelling, when we arrived at remote Camp Tsavo, within Tsavo National Park, and met our family for 4 weeks, I relaxed and the first night, sat staring at the beautiful sunset over the savannah showed me that making it here was just the start. Now for the work to begin.

It would take probably a novel for me to fully describe each and every day and all the activities we got up to but it was the smiles of all those people we helped that made the hard labour worth it. Our first 2 weeks in Tsavo were spent de-worming 116 goats for locals (that we had to chase around a pen and catch might I add!) who couldn't afford de-worming treatment. The money we all raised to get here partly went towards the treatments for the goats and this means that the families can sell them on as healthy livestock and make a profit for food.

We also spent many days at Sasenyi and Itinyi Primary schools. Sasenyi is a school made up of around 600 pupils all below 18 and they struggled walking on an uneven corridor to their classes so we spent 5 days rebuilding it from scratch: smashing the old corridor up, flattening it, making cement, filling it in, covering it and making it structurally safe. Most, if not all, of the schools can barely afford to feed their students so Camps International, the company I travelled with, have, over the years, installed huge water filtration systems and provided food facilities so the children can have clean water and at least one hot meal a day while at school. Itinyi Primary was a lot bigger and our time there was spent making a classroom's worth of desks from scratch including measuring the wood planks, sanding them all down, hammering them together, sanding again and then varnishing. Every-day while we worked, the pupils would all come over and speak to us. Something that hit me more than anything were their aspi-



rations and dreams. Each one wanted to be either a doctor, lawyer, nurse or teacher and wanted to do what they could to make an impact on the world. These children have nothing; barely enough food, some wearing rag like clothes and no shoes and yet they are the happiest, most appreciative individuals I have ever met and all dream big- something we all could learn from.

Whilst at Itinyi, the teacher gave us all a speech and thanked us for all our hard work so his class would no longer have to learn on the concrete floors. We all brought gifts; I took tennis balls and pencils and I have never seen more excitement than when I gave a tennis ball to each class and how desperate they all were to have one.

Of course, it wasn't all hard work. Saturdays and Sundays were rest days and we spent them at Voi Wildlife Lodge near Voi Town. The lodge is a hotel with luxurious pools, delicious food and honestly breathtaking views over the National Park and watering hole where, when on Facetime to Mum and Dad, they were lucky enough to see an elephant walk over! These days were spent mostly taking photos and laughing, enjoying the sunshine (39 DEGREES) and relaxing after a week of manual labour. On one of the days off, we also paid to go on safari which was incredible. We saw lions, elephants, giraffes, hippos, ostriches and antelope to name a few and to see these animals in the wild where they belong was just amazing.

Also, we met the Masaai Tribe who have a base camp in Tsavo National Park. We were lucky enough to be shown around their village, be welcomed into their homes and introduced to their way of life which is a whole different ball game altogether. I have to say though, never have I met more friendly and warm people. Everyone we met just lived their life by 'Hakuna Matata' (no worries), and didn't want anything other than to be your friend and welcome you into their beautiful country. They don't see a difference in us having more than them

materialistically and aren't by any means jealous or longing for a Western way of life.

After 2 weeks at Tsavo we travelled down to our second camp: Camp Muhaka. Camp Muhaka was on the coast about an hour from Mombasa and felt completely different to Tsavo. Tsavo was the typical Africa scene: red sand, open plains and dirt tracks whereas Muhaka was sandy, roads were lined with luscious green trees and the towns nearby were a lot more built up but still dated and worn. Whilst at Muhaka, the majority of our time was spent rebuilding a house for a young family whose house collapsed in the rainy season forcing them to live with relatives. All that was left was a pile of rubble and mud that we cleared and then started on building the foundations for the house, its structure, all the walls which were made of sticks, woven string and mud and creating the frame of their new stronger home. This was very difficult and the intense heat made work all the more hard. We did have days where the things we saw affected us badly and I saw many things I'd never want to see again but to actually go there and witness everything we see on TV adverts and the news is an indescribable feeling and one I can't put into words unless you've seen it yourself.

Also at Muhaka we met the local women and learned about the traditional food and their hobbies including palm weaving. This was so interesting and it was so great to get stuck in to their way of life. Our days off at Muhaka were lucky enough to have been spent at the stunning Diani Beach. Clear, white sand, the turquoise warm Indian Ocean and basking sunshine- who could have wanted more. We paid to ride camels along the beach and it was one of the best experiences of my life and camels are much much bigger than you think!

Something that stuck with me a lot at Muhaka were two men in particular. One was a paralysed man we met briefly who had been injured in a motorbike accident which had left him paralysed from the neck down. He lives in a hut attached to

his family's house and sits staring at the same walls every single day unable to move. His family are trying to raise the equivalent of £1000 to get him the treatment he needs, but they're struggling. I know we complain a lot but we are SO lucky in the UK for the NHS and our healthcare. These people have absolutely nothing and, compared to them, we have everything and we should definitely show our appreciation for the NHS, police, fire and security more than we do as we are incredibly fortunate.

The other was the tailor in Muhaka village. Whilst there, most of us bought tailor made clothes to bring home and on the day we left I personally went to thank him. He was the loveliest, most genuine person you could ever imagine and couldn't stop thanking me for my custom and even told me to send his love to all my family back at home. He told me how the money he made off our purchases went towards feeding his whole family who live with him and what struck me the most was his honesty. At no point did he make us feel like we HAD to buy anything and he said from the minute he met us we were neighbours and family. His kindness and gratefulness is something that will stick by me for a long long time and I will never forget him.

As some of you may know, while over there I did become sick and ended up in hospital for 3 days due to seriously swollen lymph nodes, severe tonsillitis, a viral infection and dehydration. Clearly travelling to Kenya on my own for the first time wasn't enough and I had to try

EVERYTHING but I would like to say thank you to everybody for all your support while I was in hospital as it was scary and a bit unnerving and luckily I am fully recovered now. I am very sorry too to Mum as I can't imagine the panic and how she must have felt when I phoned her, 4000 miles away to say I was being admitted into hospital! I have tried to cram in most of what we got up to but this is only a snippet of my adventure and I want nothing more than to answer any questions or show photos to anybody who is interested. Thank you so much from the bottom of my heart to everybody once again who supported me and helped fund my trip, thank you for attending the quizzes, participating in the raffles and just offering any advice when I needed it.

On a personal level, I would love to say a HUGE thank you to Steve and Max who have been nothing but amazing from the start when I first mentioned my trip. They were not only so generous with their sponsorship but also lent me a lot of kit that I couldn't have done without. I feel so lucky and privileged to know people as lovely as them and I am eternally grateful for everything they have done. Also to Alex Pino for lending me an amazing camera which was absolutely perfect, also being incredibly generous with his sponsorship and just for cheering me up when I felt down in hospital and offering reassurance and comfort on those days when I needed it most. And lastly, to my family, for being there for me every step of the way.

I hope I made you proud and I am so fortunate and lucky to be a part of such an amazing family who worked their socks off to help me get to Africa.

I feel so proud of myself and at the time I didn't think I was being brave at all but looking back on it, I was braver than I realised and I would go back tomorrow if I could and relive everything. I have made a fantastic new group of friends who are hoping to come down to Cornwall soon and not only proved a lot to myself but found out a lot about who I am too.

Kenya is the most beautiful country, I would recommend it to anybody. Expect a warm welcome and a solemn goodbye and it will cling onto you forever.

Words we learnt whilst over there:

Jambo – Hi

Jambo bwana – Hi sir

Habari gani? – How are you?

Mzuri sana – Very fine

**Wageni mwakaribishwa –
Visitors are welcome**

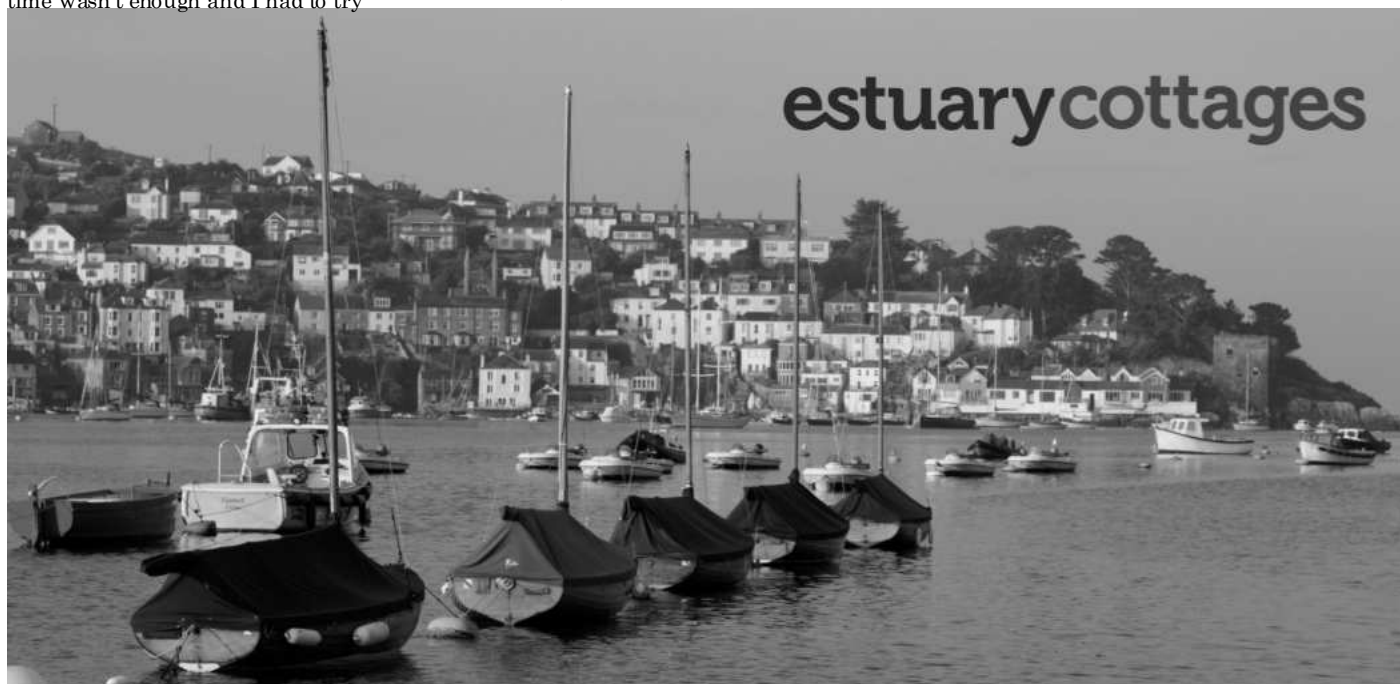
Kenya yetu – Our (country) Kenya

**Hakuna matata –
(there are) no worries**

**Kenya nchi nzuri –
Kenya is a nice country**

**Nchi ya maajabu –
A beautiful country**

**Nchi yenye amani –
A peaceful country**



**Estuary Cottages is currently looking for high quality holiday homes in the Fowey area.
If you have a property you would like to let contact us now for proper professional advice.**

Caretaking & maintenance arranged
Highly experienced team
High quality & very effective website

A personal & professional service
Fully managed local office with
client parking & disabled access

Excellent occupancy rates
Industry leading brochure

Estuary Cottages, Porcelain House, Tower Park, Fowey PL23 1JD | Telephone: 01726 832965 | www.estuarycottages.co.uk

FOWEY ESTUARY NEWS



FOWEY HARBOUR NEWS BE PREPARED FOR THE BOATING SEASON

Fowey was cloaked in snow only a few weeks ago so it seems strange to be talking about the boating season, but it is just around the corner! Our moorings team have been busy completing mooring maintenance and getting the pontoons ready for Easter. We also have a number of improvements to facilities and services coming this season, including FREE Wi-Fi for visiting craft and after further investment at Penmarlam we have renovated the shower and toilet facilities, shore power available to some pontoon berths and petrol will be available for sale. Berrills Yard pontoon will also have shore power available for overnight visitor berths.

After the cold and dark of winter, we are always keen to get our boats back on the water, but please take some time to prepare your boat and check your kit which has probably been stored away since the autumn.

Regular servicing of safety kit such as lifejackets and liferafts is essential. We also recommend the regular servicing of your engine to prevent mechanical failure which according to RNLi statistics was the single biggest cause for Lifeboat launches in 2016.

We would like to highlight Emily's Code, endorsed by the RYA, HM Coastguard and RNLi, which honours the memory of 14-year-old Emily Gardner who sadly drowned in May 2015 in a boating accident due to an ill-fitting buoyancy aid snagging on the cleat of a capsized speedboat. The code aims to prevent accidents at sea by highlighting the following key safety messages:

Wear a suitable lifejacket or buoyancy aid

Service equipment

Get trained

Make a plan

Know Your limits

Carry distress Signals

Use the kill Cord

Know your boat

Have a radio

Check the weather

We look forward to seeing you out on the water and wish you an enjoyable and safe boating season

Fowey Harbour Commissioners
01726 832471
www.foweyharbour.co.uk

Readymoney Beach gets Excellent grading

We are pleased that Readymoney Beach has been awarded an Excellent Water Quality grading for 2017, the second year running. We were unsure whether this would be achieved after such a wet summer and this result reaffirms the importance of the Beach Champion Scheme. It takes a daily commitment from Fowey Harbour staff throughout the bathing season (May to September) to monitor the predicted bathing water quality for the beach and display appropriate signage when bathing water quality may be affected by heavy rainfall or localised pollution incidents. Our team made 28 visits last season to update the signage but we feel that by achieving this grading, it was worth it! Our beaches, especially Readymoney, are an important part of our tourism and local economy and enjoyed by locals and visitors alike.

We would like to take this opportunity to thank the teams of volunteers who clean our beaches on a daily basis and thanks especially to Sue and Roger Simpson who coordinate these volunteers and also organise the cleaning of the seawater pool at Whitehouse. The pool has had some essential repairs over this winter, we want to keep the pool open for the benefit of locals and visitors during the summer season.

I reported in a previous newsletter about Pacific Oysters in the estuary, which are literally a growing problem! They are becoming a pest; with settlement on slipways and steps, on harbour walls and moorings. In some areas of the estuary they are forming reefs and their shells are sharp and are causing a hazard. Natural England have recently informed us that they have been successful in securing a grant to fund a part-time officer for the Pacific Oyster project and will also have resources to train volunteers in monitoring and population control

techniques. But the population control is time specific and 'bashing' of their shells to cull them should take place between October and April. At the time of writing this we have an initial training session planned for the end of April but our efforts will be extended in the autumn and we need the help of volunteers to do this.

Can you help? - Perhaps you've seen expansion of Pacific Oysters and you want to help do something about it. We cannot expect to get to every individual oyster but if we can act to lower the numbers of oysters, there will be less that can reproduce. Monitoring of controlled areas and looking for resettlement will also be an important part of the project. Please be in touch if you can help, any time you can spare would be gratefully received.

Claire Hoddinott
Environment Officer
Fowey Harbour Commissioners
01726 832471



Forth-coming Events

Tuesday 22nd May

Talk – Surveying the Birds of the Fowey Area

By Simon Taylor, BTO Regional Rep.

Time: 7.30pm

Meet: Trenythor Manor Hotel

Cost: Free to members, £2.50 for non-members

More info: Peter 01726 833141

Wednesday 30th May

Beach School meets Forest School

With Buccaneers Outdoor Learning
Rockpooling, Mini Fires and Woodland Exploration

Time: 12 noon to 2.30pm

Meet: Readymoney Beach SX117512

Cost: Free to members, £1.50 for non-members

All children must be accompanied, please wear sensible footwear and clothing
More info: Claire 01726 833061

MAY WHETTER & GROSE

**Straight forward
local knowledge.
Straight talking
professional advice.**

Your Local Estate Agent

01726 832299

www.maywhetter.co.uk

info@maywhetter.co.uk



IN THE GARDEN

Spring flowering plants and trees are all showing signs that a long cold winter is over and hopefully they will be looking their best.

Some tender plants have suffered in the cold winter months but the advice remains to leave it to June before giving up hope. Just tidy up around the affected plant; You can check a woody stem by scratching a small area; if it shows green all is well.

Hebes, lavenders and silver-leaved plants may only just be recovering, but if you examine the stems lower down, young growth buds are by now just beginning to swell. If they are tidied up and cut back to an outward-facing bud at the end of the month, they will produce flowering shoots by early summer.

May is above all a good growing month, for weeds as well as cultivated plants, so work round the garden systematically, removing weeds, staking, mulching and generally tidying everything ready for summer.

Preparing the ground for planting and sowing is now urgent, but do not be tempted to plant tender bedding plants outside too early. Some garden centres display petunias, tagetes, geraniums and even tomatoes as early as March, but unless you can keep them under glass, resist the temptation to buy until May.

Stakes and supports

Perennials should be staked before they grow flower heads, otherwise the first heavy shower or thunderstorm will bend or snap the stems and ruin the flowers.

Delphiniums, salvias, pyrethrums, oriental poppies and paeonies all require this attention. Twiggy peasticks make the best and most unobtrusive supports. The plant stems grow up and through them, and the supports can be cut to any length to fit various-sized plants.

Unfortunately peasticks are not readily obtainable and are often replaced by metal ring supports which can be clipped or hooked together to take very broad plants, or used singly with small ones.

Bamboo canes and green twine are also useful for staking, especially for lilies; like all types of support they must be inserted around the plants or between shoots while the growths are quite small, for once the stems become bent they will never restraighten.



Planting Hanging Baskets

Insert a plastic saucer at the base of a wiremesh or coir-lined basket to retain some of the moisture when you water, and add water retention gel to the compost; hanging baskets quickly dry out on a windy day.

Stand the basket on top of a bucket for stability, and half-fill it with the compost mix.

Starting at the bottom, carefully push small plants from the outside through the mesh or opening in the fibre.

Add more compost as you work your way up the sides, and top it off with the largest plants; be generous, cram in the plants, work the compost in between the rootballs, leaving a slight gap at the top.

Water the basket gently but thoroughly. The level of the compost should drop to leave it a 2cm-4cm (lin-2in) gap at the top.

Hang it in a frost-free greenhouse until May, when all danger of frost has passed.

Thereafter, dead-head the plants, water daily, and feed them with a liquid feed, such as tomato fertiliser.

And... your basket will stop the traffic

Weather

"April and May are the keys of the year" may be a true saying in more than one sense.

The weather during these two months often seems to influence conditions over the rest of the year, and cold wet weather, in particular, often presages a poor summer.

In the garden, if all is going well by the end of May, with annual plants well established and the first signs of pests and diseases under control, then well begun is indeed more than half done.

Seeds germinate quickly and plants grow vigorously as summer approaches, always provided that soil moisture supplies are adequate.



Bamboo Garden Canes

Various lengths

Proceeds to
WHITECROSS GARDENING CLUB

Buyer to collect from
1 St Saviours Hill, Polruan
01726 870273

WHITECROSS GARDENING CLUB

Saturday 26th May

Annual Plant Sale and Cream Teas

2.30pm – 4.30pm

New members are always welcome.

Enquiries: Please telephone
Sue Watts on 01208 871513

HIGHER WINDMILL ALLOTMENTS

You don't need to be an enthusiastic gardener to recognise what a long unpleasant winter we have had. It's been cold, wet and windy... not the weather to encourage winter gardening. There has always been time to gather the last of the winter crops between the worst of the storms....parsnips, leeks and perhaps the remaining broccoli. Very occasionally we have ventured out to do a little preparation for the new season.... Clearing weeds, rough digging and spreading manure and compost.

But all is looking up now... some fine weather at last! We have catching up to do ... the remaining digging and manuring. During the long winter we planned what we wanted to grow and thought out the proper rotation on the plot. Going through seed catalogues was a comfortable activity by the fire. We are now growing the first seeds in trays and pots... some getting a start in the bottom of the airing cupboard. Our tomatoes, leeks, courgettes and French beans are growing this way.

When it is a little warmer we will plant them out.


Some direct sowing is already going on. There are early potatoes in the ground and onion sets are just beginning to sprout. We have also sown some beetroot and parsnips. Parsnips are fickle, need a long growing season, but are often difficult to get started. We were successful with them last year and are still eating the last of them.

In summary, after that rubbish winter we are optimistic for the new season and looking forward to having lots to eat later in the summer! Some of our allotment gardeners pay as much attention to their flowers as to their vegetables.

If you are interested in having an allotment, it's not too late to start the new season. There are a few plots free at present. Speak to Colin in The Winklepicker.

Are you looking to sell or let your property this Spring?



*We have bespoke and competitive **Sales and Lettings** packages to suit all your needs* 

We are local and professional – we don't have call centres

We employ personable, professional, local staff

We use a professional photographer and will conduct viewings at no extra cost to you...

Plus you get a free EPC and floorplan with every new instruction

Why not try something different?

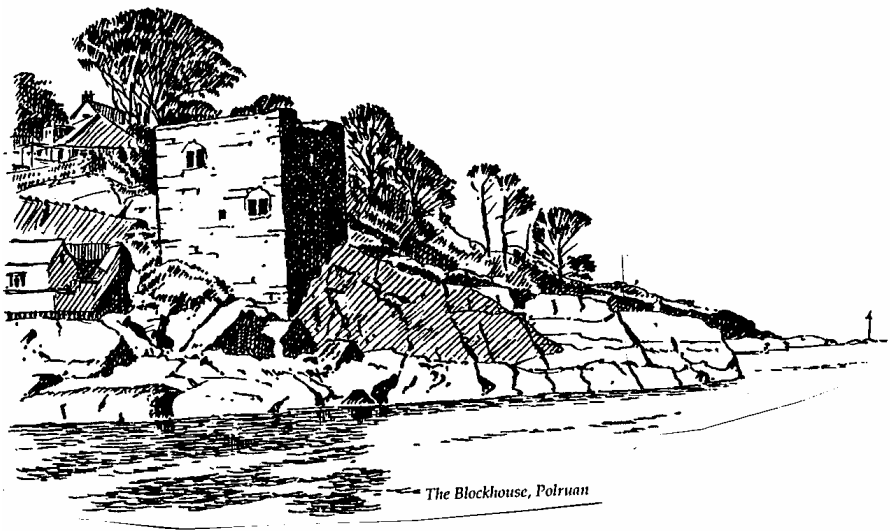
www.facproperties.co.uk

www.oceanandcountry.co.uk

Par Sales and Lettings: 01726 812271

St Austell: 01726 73450 / Bodmin: 01208 264686

Liskeard: 01579 345609 / Looe: 01503 266980



NEWS FROM THE TOWN TRUST

At the AGM on 9th April the two Trustees whose term of office came to an end were David Hill and Brian Cook. Both offered themselves for re-election and, being the only nominations were so elected for the 3-year term.

One item brought up and covered at the AGM was the "The Five Year Plan". The account reported at the AGM showed a substantial balance and, although we need to keep moneys in reserve for emergencies and we have allocated £50,000 to this, which still leaves a substantial sum and the Trustees have started discussion on a five year plan of items which could possibly be undertaken during such period. Possible ideas so far include a removable cover to the Coal Wharf, upgrading the Playground, upgrading and possibly enlarging Vevery Car Park, Development of Vevery old reservoir, additional pontoon dinghy mooring, provision of electric vehicle charging, improve sailing facilities, improve facilities on the path to the Blockhouse and sponsorship of local children initially for multi activity holidays but potentially expanding into other matters in due course..

These will be discussed and hopefully some started in the foreseeable future but we would welcome comments and suggestions from the public on the items already stated and on any other suggestions which could be considered. You should find elsewhere in this issue a notice requesting applications for the sponsorship of a multi-activity holiday for certain children for this year.

Legal paperwork regarding the Quay and Vevery is still ongoing. Recent maintenance has been the replacement of doors and window in the St Saviours Hill Car Park office and store. As usual if you have any questions, comments or requests concerning Town Trust matters please speak to any of the Trustees or the Clerk.

**LANTEGLOS PARISH COUNCIL
IMPORTANT NOTICE**

As local residents know, there is a ongoing problem caused by seagulls ripping open plastic rubbish bags, strewing around the unsanitary contents and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

Early Monday morning and NOT BEFORE!

It is strongly recommended that householders put bin bags in a Dustbin or gullproof sack

Owners of holiday lets are asked to provide their tenants with dustbins

PLEASE DO NOT FEED THE GULLS



SUBSCRIPTIONS

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

It only costs £8 (UK)
(£18 Europe / £24 overseas) to have the Lanteglos Parish News sent by post on publication for a year.

To Graham Tyson, The Old Barn, Polsoe, Lostwithiel, PL22 0HS

Please send me the the next 6 issues of the Parish News by post on publication.
PLEASE PRINT CLEARLY

Name _____

Address _____

Postcode _____

Name of Addressee (if different) _____

Address _____

Postcode _____

I enclose my cheque for £8(UK) / £18 (Europe) £24 (over seas)made payable to Lanteglos by Fowey PCC

Photocopies of this order form are acceptable.



**PENSIONS & INVESTMENT ADVICE,
CRITICAL ILLNESS AND LIFE INSURANCE,
INHERITANCE TAX PLANNING AND TRUSTS,
SECURING YOUR FUTURE TODAY.**

At The Financial Advice Centre, we feel that offering **Independent** Financial Advice is best.

We work on behalf of our customers and are not restricted to a limited range of products.

Contact your local adviser today!

Email ~ malcolm.dodd@facgroup.co.uk

Telephone ~ 01726 870100 www.facgroup.co.uk

3 Fore Street, Polruan, Cornwall PL23 1PQ

The Financial Advice Centre is a trading name of The Financial Advice Centre (South West) Limited, which is authorised and regulated by The Financial Conduct Authority. www.fca.org.uk
Financial Services Register Number 569616.
Registered Office - 40 Par Green, Par. PL24 2AF





National Coastwatch Institution

On Saturday evening (14th April) the Polruan Station has celebrated its 20th Anniversary with a concert in St Saviour's church followed by light refreshments in the WI Hall.

One of the station's members is Dai Jones and he is a member of the Conbrio Choir. The choir came to Polruan to celebrate the station's 20th anniversary in style. The audience were treated to an eclectic mix of songs including some old pop favorites from the Beach Boys and their contemporaries through to a poem set to music about John Edwards of Polruan who was abducted from his house on the cliff by pirates.

The celebration at the WI was also well attended and the high point was the cutting of a celebratory cake made by Frances Falconer one of the station's watchkeepers. The station which is financially self supporting raised a useful £245 from the entrance tickets and a raffle which had some really good quality prizes.

Lifejackets

With the new season upon us, it is time to check all your safety gear, lifejackets being perhaps the most important of all. Unfortunately, there will be no lifejacket clinic at the Gallants this year, so it becomes a personal responsibility to check lifejackets, ensuring there are enough on board for all crew members. Those who have attended the clinics in recent years were often shocked at the pile of jackets discarded as unsafe and the number of out-of-date gas bottles.

At the very least, the gas bottle should be withdrawn from the jacket and the date checked. If it is out of date – get a new one. Then inflate the jacket. If the bottle is out of date, you can use that to do the inflating. Leave it at least overnight and preferably longer to ensure it remains inflated. If not, you know what to do with it! Excellent lifejackets are now available quite cheaply — it's a small price to pay for your life!

HM Coastguard

Volunteers required for the Polruan Team
 If you are up for a challenge, want to give something back then come and join us, full training and uniform provided.
 Training 2nd and 4th Thursday each month
 Make a difference
 For more info contact
 Station Manager Des Libby
 on 01726 870735 email
 deslibby@hotmail.co.uk

A PRAYER FOR THOSE GROWING OLD

Lord, You know I am growing older. Keep me from becoming talkative and possessed with the idea that I must express myself on every subject.

Release me from the craving to straighten out everyone's affairs.

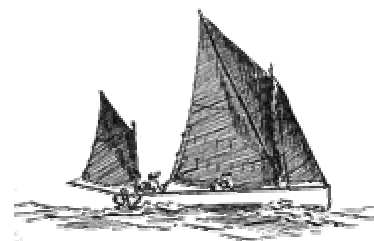
Keep me from the recital of less detail. Give me wings to get to the point.

Seal my lips when I am inclined to tell of my aches and pains. They increasing with the years and my love to speak of them grows sweeter as time goes by.

Teach me the glorious lesson that occasionally I may be wrong.

Make me thoughtful but not nose-y; helpful but not bossy. With my vast store of wisdom and experience it does seem a pity not to use it all.

But You know, Lord, that I want a few friends at the end.



C Toms & Son Chandlery

Our chandlery has everything for your boating needs at competitive prices from clothing to safety equipment, paints to outboards.

We also have:

- Launderette ● Showers ● Diesel & Petrol Sales



C. TOMS & SON
POWERBOAT TRAINING



C. Toms & Son is a RYA Powerboat Training Centre. Our RYA Powerboat Levels 1 & 2 qualifications will give you the skills to handle a powerboat safely & confidently.

For more information, call 01726 870232.
www.ctomsandson.co.uk

Ithaka

If you enjoyed following the amazing stories of Colin and Ana's journey which we printed last year, here is the final piece.

Ithaka has returned to the water. Ana and I drove south leaving Aberdeenshire in the grip of a Siberian winter and found Ithaka in a balmy, Breton, 10 degrees. We were there to hand her over to her new owner. We commissioned her, re-leading halyards, bending on sails, filling water tanks and installing batteries, while explaining her quirks and intricacies. The tractor reversed the trailer under her and, with a few deft hydraulic moves, she rose straight and level. At funereal pace, she moved down the tree lined lane towards the Villaine river, we two mourners following in time with her gentle descent, and behind, the broker and new owner with more eager anticipation. She settled gently to her marks in the river. I stepped aboard, made the usual checks of seacocks and prop shaft. The engine fired at the first turn of the key and she moved sternwards into the wintery green flow.

The following day the surveyor appeared and tested her functions. She flew down the river at full throttle – 8.5 knots, sails up and down, furlled and unfurled. Instruments, water heater, cabin heater, windlass, heads, all were pronounced satisfactory.

On Monday we left her, alongside the La Roche Bernard quay. Outside, looking trim and purposeful, inside, strangely bare, no longer our cosy home. The last thing we took from her was the C.P. Cavafy poem, "Ithaka", after which we had named her. I scanned the familiar words, now fully understood:

*"Ithaka gave you a splendid journey.
Without her you would not have set out.
She hasn't anything else to give you.
And if you find her poor
Ithaka hasn't deceived you.
So wise you have become, of such
experience, that already you'll have
understood what these Ithakas mean."*

RNLI

This year started quietly for our local RNLI crews, with three 'shouts' in the first three-and-a-half months. On the afternoon of 11 January, an 18-foot leisure fishing boat broke down between Fowey and Pencarrow Head, with two men on board. A radio call was made to shore and the All-weather lifeboat *Maurice and Joyce Hardy* quickly responded, providing a straightforward tow into Fowey harbour.

Polmear Island off Charlestown features regularly in this column, and on 7 April, the crew pagers sounded for a couple marooned on the island, who had been cut off from the mainland by the rising tide. The couple were cold and tired and the man had a badly cut leg. Quickly, the brand-new D-class inshore lifeboat *Olive Three* was scrambled and sped across St Austell Bay, picked up the couple and, after a quick check-up, dropped them ashore in Charlestown. This was the first-ever 'shout' for the new inflatable craft.

A more unusual rescue took place the next day. A mother and daughter had become stranded by the falling tide, two miles upstream in a creek close to St Winnow. Their kayak had run aground in soft, deep mud and they were unable to free themselves. *Olive Three* headed upriver, but was unable to reach the kayak and its occupants due to the shallow water and falling tide. The fire brigade and local coast guard had also responded but were unable to assist due to the distance from the safe shore line.



Crewmember Callum Pritchard climbed overboard and waded through 200 yards of mud, while the other crewmembers assembled a tow line from every piece of rope on their craft — the painter line, the main towing line, the towing bridle, the leaving line, the throw bag and, finally, the anchor chain and line. After 40 minutes, Callum reached the kayak, fixed the tow and climbed aboard the kayak, so it could be slowly towed off the mud. The two casualties, who were very cold, were transferred to the lifeboat and wrapped in thermal blankets for the journey back downriver. They were finally dropped off at Penmarlam.

Eric Lockyear / Hon Secretary, RNLI Polruan Branch

The
Carpet Gallery
CARPETS

www.thecarpetgallerylostwithiel.co.uk

The
Carpet Gallery
VINYL S

www.thecarpetgallerylostwithiel.co.uk

The
Carpet Gallery
TILES

www.thecarpetgallerylostwithiel.co.uk

With over thirty years experience, The Carpet Gallery will give you free professional advice on an extensive range of products from leading manufacturers worldwide. To further ensure your satisfaction, The Carpet Gallery is a member of the Carpet Foundation and operates under a code of practice approved by the Office of Fair Trading. Flooring professionals dedicated to upholding the highest standards of workmanship and integrity

Mon 9 - 1 • Tues 9 - 5 • Wed 9 - 1 • Thurs 9 - 5 • Fri 9 - 5 • Sat 10 - 12

Other times by appointment

FREE FITTING - MEASURING - ESTIMATING

20 QUEEN STREET, LOSTWITHIEL PL22 0AD Tel: 01208 873237

