



The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Tolland

Polruan's in Bloom

from Polruan Regatta and Children's Sports

Never have the gardens of Polruan looked so well tended! If there is one small benefit to come out of these strange times, it is that with the beautiful weather, and time on our hands, our outdoor space has been a place to seek solace. With garden centres now opening, the time is right to add the finishing touches to front gardens, pots, planters and window boxes, ready for entry in the annual Polruan in Bloom competition, the details of which are below. With so many of the Town's gardens looking so glorious we anticipate a real headache for our judges this year, because, as we all know, Polruan's a bloomin' lovely place to live!



Polruan in Bloom Competition

Two perpetual trophies are awarded on Regatta Day:

- The Mulready Trophy for displays of window boxes, planters and pots
- The Millennium Trophy for best front garden or border

Entry forms will be available from the Winkle Picker from 1 June

Judging to take place in the week commencing 6 July

If you have any queries, or if you wish for an entry form to be delivered, please contact Tammy Skinner 07708 023772



© National Trust, Cotehole



Easter Garden at St Saviour's Church Polruan - page 6

From the Editor

Wow, what an edition. Three weeks ago I was wondering how we could publish an edition of *The Parish News* with so many events and our normal life suspended because of Coronavirus — I didn't think there would be much in it. But Marylyn and I decided to give it a go and, lo, here we find ourselves not being able to fit everything in! Apologies to those who have sent contributions that are not in this edition, they will be in the next one!

And what a super crop of contributions we have received. It is wonderful that amid so much sadness, distress and impact we have rediscovered each other and how to communicate.

For two of the poems (Max Boyce on page 3 and Thomos Roberts on page 11) there is a YouTube version read by the author — if you can access these it is well worth it. And Tony Cotrell has a wonderful poem reflecting a real take on the current situation from close to home (page 4).

There are also reflections on living under lockdown, how to do VE Day at a social distance and for the historians (or politicians!) a wonderful article on the last time the churches were closed written by John Feeseey on page 4. And some wonderful letters from our younger readers — more please (page 15)!

Some of our advertisers have updated their adverts to reflect restricted operations, but please contact them direct to check as this is obviously a very dynamic situation.

I hope you really enjoy this edition as much as I did putting it together from such wonderful contributors, and that you and all your loved ones stay safe and well.

Suzanne

In this issue

Marilyn's Musings	2	Our lives in Lockdown	15
Poem and prayers	3	VE Day	16
The Papal Interdict of 1208	4	Parish Council and Planning	18
News from the Parishes	5	The Lions and a special person	20
Local News	6	Weleda <i>Pay it Forward</i> scheme	22
Letters to the Editor	8	Higher Windmill Allotments	23
Local news	10	Town Trust	24
Poetry page and Secret Patrols	11	NCI	25
Whitcross local produce market	12	Fowey festival and Friends	26
Frogmore Farm	13	FHHS and RNLI	27
Coronavirus and local support	14	Social distancing	28



Church Diary - in the Benefice of Trelawny

St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;
St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt

On this page you would normally expect to see our Parish Church Diary. However, The Archbishops of Canterbury and York have called for Church of England churches to put public worship on hold, and become a "different sort of church" in the coming months to face the challenge of Coronavirus.

All updates will be published on the dedicated Church of England web page. Plans for live-streaming of some services and some diocese-wide initiatives are being worked upon.

Marilyn's Musings

The Easter season came to an end last Sunday (31 May) on the Day of Pentecost (or Whit Sunday) and Sunday 7 June is Trinity Sunday — Easter, Pentecost and Trinity — a trinity of celebrations that have been and are somewhat different this year.

Easter is a time to celebrate 'new life' and for all of us we have experienced 'new life' in lockdown, a restoration of 'family' which has been an opportunity to get back to basics, to evaluate what really matters, to engage with our close families in ways that the hum drum of 'normal' life often obliterates. People have had opportunity to sit around the dinner table and share home cooked meals, meals possibly

The Churches of Lanteglos by Fowey Lansallos, Lanreath, Pelynt and Talland

Priest in Charge Revd. Marilyn Elliott 01503 221159

Lanteglos

Churchwardens	Colin Payne	01726 870715
	Norman Mallard	01726 870747
Treasurer	Graham Tyson	01208 873750
Secretary	Liz Luck	01726 870542

Lansallos

Churchwarden	Margaret Phillips	01503 220474
	Josie Slade,	01503 220513
Treasurer	John Feesey	01503 220884
Secretary	Glen Feesey	01503 220884

Pelynt

Churchwardens	Sheila Morrell-Davies	01513 220976
	Frank Edwards	Ex Directory
Treasurer	Graham Whiteley	01503 220688
Secretary	Sheila Morrell-Davies	01503220976

Lanreath

Churchwardens	Rose Northcott	01503 220475
	Dawn Richards	01503 220052
	Gill Sanders	01503 220827
Treasurer	Peter Bartram	01503 220490
Secretary	Jenny Bartram	01503 220490

Talland

Churchwardens	Sheridan Hughes	01503 264948
	David Bailey	01503 262890
Treasurer	Joe Sharples	01503 273466
Secretary	Jenny Hall	01503 598267

prepared together, rather than rushing about and eating 'on the hoof' or in front of the telly.

Pentecost is the time we remember that, after the Ascension, God sent the Holy Spirit on his disciples which enabled them to communicate to all around them, from every country, in their own languages. This lockdown has encouraged each of us to communicate with others in ways we might not have even considered before – for myself, it has been engaging with the wider communities through Facebook – still learning – but through this medium I have been able to engage with and communicate to people that in my previous seven years in this area I have not.

Years gone by in a time of crisis, people flocked to their local Church for support and private prayer – sadly due to the nature of this pandemic the Archbishop of Canterbury ordered that our church buildings (and indeed our churchyards*) should remain locked. This in turn has meant different ways of 'doing church' with some livestreaming services on the internet via facebook, Utube and websites. Sadly I'm not that technically minded! But what I have been doing is to email each week's readings and a reflection (together with a couple of brain teasers) to those who normally attend church and for whom I have an email address – if you would like to receive this too, please let me know (marilynelliotm@btinternet.com).

Obviously this technology precludes all those not on the internet, and Archbishop Justin has thought of that too, there is now a 'free' phone line which people can ring to listen to hymns, reflections and prayers – this initiative is called 'Daily Hope' and can be rung at any time, day or night, on 0800 804 8044, I know many have already rung this number and found it extremely helpful. That said, I am still here, so please do feel free to ring me during the day on 01503 221159.

That brings us to Trinity, and to my mind, the Holy Trinity is a 'delicious mystery' and a very real sense of the ultimate Community of Love, Unity and Harmony. From the ideal of One God in Trinity we need to take our own aim for life, not only in the church, but in the wider world as well.

We all know that the world needs to take on board these ideals, but sometimes we look, wait, complain and then do nothing. But one thing this pandemic has done, is make each and everyone in our communities more thoughtful of others – people they know and others they don't or didn't before this period of lockdown. People shopping for others, picking up prescriptions and ringing around to check people are ok – these are what I would call 'acts of random kindness' and

reminds me of another great Bible story – Noah, who at God's instruction, built an ark within which to save humanity from destruction – Ark – Acts of Random Kindness – long may these continue long after lockdown.

I don't know if you have been watching the daily Coronavirus updates on the television, I have, but the one thing that really upsets me is the way the media constantly want to apportion blame – aimed mainly at the Government – rather than pointing the finger of blame at the government for being human, perhaps they should be striving to find out the origins of the virus and point their finger at them.

As I posted on Facebook – I also think Journalism is missing the "mood" in this great country of ours - the United Kingdom. We do not want or need blame. We do not want constant criticism of our Government who are doing their very best in a very difficult and unprecedented global emergency.

We want and need a constructive contribution to the national effort to help us out of this crisis. We need hope, optimism and faith, with less negativity and more positive support from these journalists. It is time they all changed their negative and political rhetoric for the health of this nation and start supporting our Government.

The lockdown has forced us to live life somewhat differently to 'normal' but through it, memories are being made. The world might be a little crazy right now, but hopefully people will appreciate the special times spent with family, the joy in what they have and the little things in life that make us happy – and thank God for them.

Yours in Christ

*As there is a public footpath through St. Wyllow Churchyard this, and others in the Benefice remain open as I am aware many of you would still want to visit family graves and have somewhere for quiet reflection.

Rev'd Marilyn on 01503 221159 or via e.mail marilynelliotm@btinternet.com



Loving Lord from Chris Hope-Wynne

Loving Lord we give thanks to you for our lives and our continued blessings in these challenging times . . . for those public spirited individuals who altruistically reach out to the vulnerable in mind body or estate in our society to give hope, help, healing, hospital excellence as well as other practical and emotional humanitarian fellowship.

We pray especially for those who are desperately in need for whatever reason as they come face to face with your smiling and welcoming countenance to quell their natural fear of death.

Lord in thy mercy hear our prayer.

We pray for all those at the front line Who so courageously pursue societal wellbeing by keeping us as valued persons . . . we pray especially for all devoted NHS people from all over the world who give so much of their heads, hearts and professionalism to preserve life and now will be faced with heartbreaking decisions which will be forged into their memories. Bless them.

We thank all those who keep us supplied with food and all those putting their lives at jeopardy to maintain our human basic human needs . . . Kiki in our village store and all her delightful staff who are known to many and who give such security to our community on a definitive social level and we thank all those Key Workers who have selflessly stepped up to the line to keep the vulnerable and much loved members of our community supplied

with their necessities.

Lord in thy mercy hear our prayer.

Good Lord we pray that our love for others and theirs for us will keep us in your eternal vigilance, sure in the knowledge that despite all the uncertainty now befalling humanity, our trust in your divine purpose will be made manifest in the continuance of love and life.

Lord in thy mercy hear our prayer.

Good Lord we pray for ourselves and for those who we love and care for during global unrest. We pray for our leaders who despite their own frailties to which human flesh is heir, continue to display the physical and moral courage to make our country safe secure and long lived.

Lord in thy mercy hear our prayer.

We pray for all clergy who no doubt face sometimes overwhelming and challenging times, whether archbishops or recent trainees; their selfless altruism defines them as being worthy of their calling and no doubt their bravery is seen and heard by God as they do their duty to those who most seek succour.

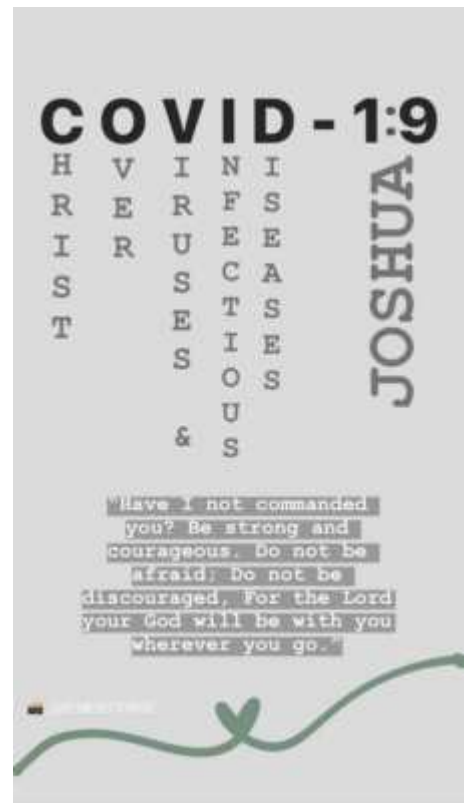
Especially we pray for our Devoted Clergy in this diocese . . . bishops, archdeacons, rectors prelates, precentors, deacons, deans, vicars, padres . . . lay readers, treasurers, servers, vergers . . . the sometimes unsung heroes
Good Lord please accept our supplications as we Pray for global unity, the end of strife and a return to physical and loving fellowship amongst all humanity.

Amen

'When just the tide went out' by Max Boyce and dedicated to all in the NHS

[by Ed. find the YouTube version if you can]

Last night as I lay sleeping, when dreams came fast to me
I dreamt I saw Jerusalem beside a tideless sea
And one dream I'll remember as the stars began to fall
Was Banksy painting Alun Wyn on my neighbour's garage wall
And dreams like that sustain me 'til these darkest times have passed
And chase away the shadows no caring
night should cast
But times like this can shine a light as hardship often can
To see the best in people and the good there is in man
And I remember Swansea with nobody about
The shops were closed like Sunday and just the tide went out
And I remember Mumbles with the harbour in its keep
And the fishing boats at anchor that trawl the waters deep
And I heard the seabirds calling as the gulls all
wheeled about But all the town was sleeping now and just the tide went out
And when these days are over and memories remain
When children painted Rainbows and the sun shone through the rain
And the doctors and the nurses who
stretchered all the pain
And I hope the carers never see a time like this again
And I prayed last week for Boris, who knocked on Heavens door
And I thought of voting Tory, which I've
never done before
And though the sun is shining I've no immediate plans
So I'll write a book on 'Staying In' and 'Ways To Wash Your Hands'
And now more days of lockdown, 3 weeks of staying in
I'm running out of vodka and I've started on the gin
And my neighbours are complaining, I've heard them scream and shout
With the sound the bins are making
when I take the empties out
And when all this is over, and our fragile world survives
And I hope that God is caring now for the ones who gave their lives
And I pray we'll find an answer, for my
faith is cast in doubt
And God draws back the heavens and all the stars come out
And I'll remember mornings with nobody about
When the shops were closed like Sunday, and just the tide went out



Advertisers and organisers:

The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community



Publisher

Revd Marilyn Elliott 01503 221159

marilynellottm@btinternet.com

Editor

Suzanne Goddard 870818

suzanne.goddard@me.com

Advertising

Edgar Goddard 870818

edgar.goddard@gmail.com

Distribution

Suzanne Goddard 870818

suzanne.goddard@me.com

LANGMAID & HUNKING
FUNERAL DIRECTOR
 FOR A CARING AND
 PERSONAL SERVICE
 CONTACT PETER RIPLEY
 10 GREENBANK POLRUAN
 01726 870380

penmarlam
 caravan & camping park
Bodinnick's local shop
 Tel: 01726 870088
 We plan to open as soon as we
 can - watch this space!

Fresh Fruit & Vegetables
 Groceries & Provisions
 Milk, Eggs, Cream,
 Bacon, Cheese

Beers, Wines & Spirits
 Confectionery
 Ice Creams & Soft Drinks

Calor Gas & Camping Gaz
 Internet Access
 Mobile Phone Top-Up

See you all then!

eden project
 Buy your tickets with us
Great Savings

Adult	£28.50	£24.23
Senior (60+)	£26.00	£22.10
Student	£23.50	£19.98
Child (5-16)	£15.00	£12.75

e.g. 2 Adults + 2 Children (5-16 years)
 Full price £75.00
 Our price £63.75

Choose a gift aid donation for free entry for 12 months

enjoy!
 FOWEY
 Find us next to the church
 5 South Street, Fowey PL23 1AR

King John and the Papal Interdict of 1208

from John Feese, Lansallos PCC

Our cathedrals and churches have been closed by our archbishops to all worshippers and visitors (and even to our bishops and priests!) since the government imposed lockdown in the UK on 23 March 2020, in an effort to limit the spread of Coronavirus (Covid-19). For centuries, until now, places of worship in this country have remained open to provide spiritual comfort and solace to people throughout two world wars, a civil war, plagues and the black death.

It's an unprecedented situation - or is it? The following facts, largely gleaned from a lecture given by C R Cheney, Professor of Medieval History at Manchester University in 1948 (and available on the internet), and a recent article by Francis Young in the Catholic Herald, tell quite a different story.

On 23 March 1208 (by an amazing co-incidence the same date as this year's lockdown), Pope Innocent III issued an instruction, an Interdict, that bishops throughout England and Wales were to suspend the celebration of Mass, as well as nearly all other sacraments, in their churches and cathedrals. This suspension, which lasted for 6 years until July 1214, was not the result of a pandemic or any other health problem, but was caused by a fierce political dispute between the Pope and King John.

After the then Archbishop of Canterbury, Hubert Walter, died in 1205 the king wanted the monks of the cathedral chapter to elect his choice as the new archbishop. Instead, in 1207 and under the influence of Rome, the chapter elected Stephen Langton, the Pope's nomination for this important position. King John's subsequent refusal to accept Archbishop Langton caused the Pope to try to punish King John by imposing the Interdict. As this did not merely deprive the guilty of spiritual consolations but also the innocent members of congregations throughout the country, making them potentially hostile to the king, the Pope doubtless hoped for an immediate result. In fact, he misjudged his adversary, with King John treating the Interdict as tantamount to a declaration of war.

Funerals could not take place, churchyards were closed and burials in consecrated ground were forbidden. Even bishops who died had to be interred in unconsecrated ground. The ringing of church bells was prohibited, too, which must have caused major problems as bells were the only means available to mark the time for many in the medieval period.

The only general exceptions to the Pope's Interdict were that children could still be baptised in church (how different from our current situation!) and the confessions of the dying could be heard and absolution given. The reason for these exceptions was so that people could still have access to salvation, even if they were excluded from the grace of the other sacraments. Places of worship also remained open so that people could still make their offerings to the church, even if they couldn't worship there.

To understand the impact of the Pope's Interdict on people of that time we need to consider that the population was in great fear of excommunication, which was widely regarded as a form of living death. Also, English people were aware that an earlier Interdict imposed on France in the year 1200 had resulted, amongst other things, in unburied bodies filling the streets. The resulting smell and gruesome sights filled the minds of the living with



horror and these stories soon came across the Channel to England.

The Interdict gave King John, never a great admirer of the church, some golden opportunities. Many bishops were forced into exile and the income from their sees was confiscated. In particular the religious taxes paid to Rome ("Peter's Pence") were taken to swell the royal purse. Priests were attacked and imprisoned or exiled by the king's men and even the monks of Canterbury Cathedral were expelled, in a foretaste of King Henry VIII's actions over three hundred years later. Clergy could recover possession of their confiscated property only by paying a fine. Bishoprics and monasteries were left vacant for years so the Crown could enjoy their revenues and by May 2013 there were seven vacant bishoprics and dozens of abbeys without abbots.

Although the English and Welsh people suffered as a result of the king's refusal to obey the pope, there were some unintended benefits. Previously, trials were commonly presided over by the clergy, another practice forbidden by the Interdict. As a consequence it's believed by many historians that trial by jury evolved instead. Royal interference in the appointment of bishops and abbots also reduced, at least until Henry VIII's time. In the absence of church services, the veneration of saints and their relics became more widespread and people attended their shrines in large numbers, with pilgrimages becoming particularly popular. In the absence of the sacraments people found new and inventive ways to express their faith through a flourishing of lay popular devotion.

King John's "war" against the Church pointed to a certain roguish humour in his temperament. He gave orders to his officials charged with confiscating the clergy's goods that they were to lock up the "mistresses, housekeepers and lady-loves" of priests and clerks and hold them to ransom!

How much the king profited in the end from his confiscations of church assets and money is not clear. It took a year of talks before the Interdict would be lifted. The different interests of the pope, who wished to regain control of the Church in England and Wales, the king, who was required to relinquish control of much of the Church's property (though not necessarily its profits) and the clergy, who had suffered heavy material losses, confused and prolonged the negotiations.

While there are some parallels in the Pope's Interdict of 1208 with church closures in 2020, the cause then was rooted in politics and a power struggle between church and state, whereas attempting to defeat a global pandemic is the, arguably much more justified, motive today. Nonetheless, it's interesting to note that while our places of worship are barred to all, certain commercial premises that are considered essential have been permitted to stay open. Whilst recognising the need for food shops to continue trading, one wonders what message this gives to people about the relative importance of our churches and religious beliefs versus "essential" off-licences and pet shops, for instance?

News From Lanreath from Jenny Bartram

At a time when we were hoping to celebrate VE day, the following article makes interesting reading. It refers to an earlier Rector of Lanreath, Charles Girling, who was the last Rector (though not the last clergyman) ever to occupy Lanreath Rectory.

Mr Girling had a lively young family and was popular in the village. He was licensed as Rector on 13 January 1940, at a time of desperate national anxiety, and one of his first acts was to order the digging up of the west lawn and the creation in its place of a large emergency vegetable garden.

Lanreath Home Guard met regularly in his study where their weapons were kept, stored in a cupboard so large that it has since been turned into a kitchen in one of the Rectory's apartments!

Soon Plymouth was being devastated by enemy action, and from time to time even the little town of Looe came under attack.

Lanreath's young men were far away and in danger (the Roll of Honour inside the Church lists those who were serving at this time and the war memorial by the west gate honours those who died) and there was a real fear that the invasion, if it came, might be launched on the beaches of Cornwall.

No one knew how it might all end, but like clergymen up and down the country, Charles Girling was an enduring source of strength, and when it ended he helped to co-ordinate the celebrations.



The Girling family remained at Lanreath Rectory until 1962, but some time before that date it had begun to be evident that the Rectory (as a rectory) did not fit into the modern world. It had been built to house a self sufficient community, and such communities were now part of the past.

In 1962, after the death of Charles Girling, the Church Commissioners put the old house up for sale. The purchaser, a private company, sought and obtained permission to convert its acquisition into eight flats. The Church had retained Reverend Richard Buller's orchard, circa 1830, and there a new rectory was being built, but the remaining gardens were still unnecessarily extensive and several pieces of land - constituting most of the current village, east of the Punch Bowl Inn, were sold off as potential building sites.

This will not be news to those who have lived in the parish all their lives, even I can remember the nissen hut which served as the village hall, but it is good to learn more of the history of our lovely village.

Lanteglos Community Bus

It is very much regretted that our regular services to St. Austell, Trago and Truro are suspended until further notice.

This follows government advice in response to the Covid-19 crisis, particularly as it relates to the use of public transport and the vulnerability of both passengers and drivers due to age and underlying medical conditions. We are extremely sorry for the inevitable inconvenience that this will cause and will monitor the situation closely to bring updates.

Pelynt and District Thursday Club

Meetings are held in
Pelynt Village Hall
on the last Thursday of each
month at 2.30pm
Admission £2, including raffle
ticket and refreshments
All welcome- we look forward to
seeing you

Planned meetings

*We are currently preparing a
programme of events which will
be publicised once restrictions
are lifted*



**"Great Dining room" with fantastic
river views available to hire for private
functions**

**Breakfast
Morning Coffee
Afternoon Tea
Bar Meals and Specials Board**

**Don't forget we are open every day
Lunch 12 pm – 2:30 pm
Evening 6 pm – 8:30 pm
Sunday Roasts when available**

**Family or friends visiting?
We have 11 Letting rooms available to
book online**

**Visit our new Website
www.olferryinn.co.uk
Email: info@olferryinn.co.uk
Tel: 01726 870237
The Old Ferry Inn, Bodinnick By
Fowey, PL23 1LX**

Polruan Village Hall is in a lovely position, and is ideal for weddings, birthdays and parties, so please remember you can hire the hall for a very reasonable cost.



- The rates are £12 per session (ie. morning, afternoon, or evening)
- Please contact Kathryn (01726 70955) for more information or to book

Crumpets Too



12 Fore Street, Polruan

**Freshly baked bread and rolls
Croissants
Savoury pies and pastries**

Party catering

**Open for "Take - Away" only
Monday to Saturday**

8.15am 'til 2pm ish

07890 602813

BRUCE SWEEPSCLEAN!
 PROFESSIONALLY REGISTERED,
 RELIABLE CHIMNEY SWEEP

- Excellent service
- 'Mess free' work
- Cowl & Bird Guard Fitting
- Birds nest/blockages removal
- Camera Surveys/ Stove Installation
- Chimney & twin wall liners
- Supply of stoves and accessories

Appliance and Chimney safety advice
 HETAS Registered Sweep and Member of APICS

Call us now
 01579 351478 / 07768 750669
 www.brucesweeps-clean.co.uk



**AGE CONCERN
 URGENTLY NEED
 VOLUNTEER
 HOSPITAL
 DRIVERS**

**IF YOU CAN HELP
 PLEASE CONTACT
 KATH WELSH 870510**

(EXPENSES REFUNDED)

STEVE STROUD
 Penleath, Cliff Rise, Polruan
 Tel : 01726 870712
 Mob : 078101 24137

**BUILDER &
 DECORATOR**

**CERAMIC TILING,
 PLASTERING,
 ROOFING & STONEMWORK**



WILL RECYCLE: Plastic Carrier Bags, Plastic bread bags, Plastic cereal bags and inner cereal bags, Plastic wrappers and ring joiners from multipacks of cans and plastic bottles, Plastic wrappers from toilet roll and kitchen towel packs, Plastic freezer bags, Plastic magazine and newspaper wrap (type used for home delivery only), Thin bags used for fruit and veg at supermarkets, Bubble wrap, Low-density polyethylene (LDPE) - resin ID code 4, Flexible plastic multi-pack can holders/rings

POLRUAN POST OFFICE

OPENING HOURS

Monday - 9.00am to 1.00pm
 Tuesday - 9.00am to 1.00pm
 Wednesday - 9.00am to 1.00pm
 Thursday - 9.00am to 1.00pm
 Friday - 9.00am to 1.00pm
 Saturday - 9.00am to 1.00pm
 Sunday - Sorry, Closed

**Polruan Kidz Klub and
 Polruan Youth Club**
 from Angie Mallard – Chair of Youth
 Committee



It seems such a long time since we saw everyone! I really hope you have all been keeping safe and well, and finding fun things to do during these strange times.

Unfortunately as the future still seems unclear, and in order to keep everyone safe, we are officially cancelling Holiday Club 2020 and are not making any definite plans over the summer.

Hopefully things will get easier in the next few months. We will let you know if anything changes. Please contact me if you have any queries (07967131525).

**St Saviour Easter
 Garden**
 from Kathryn Hill

Unfortunately virtually all of the regular lovely Easter traditions had to go by the board this year but we did manage to set up the usual Easter Garden outside St Saviour. For



some years various members of the Cox family and I have set this up and by Tony taking his plants down and arranging them one evening, and me taking mine and the things to go on the cross the next morning, we were able to set it up without taking any risks.

Distribution
 from Suzanne Goddard, Editor

In the current crisis, we have revised our print run for this edition of the Parish News. As we go to print, Churches are still empty and Government restrictions on movement outside your local area has not been altered, therefore holiday homes, second homes and holiday sites remain empty or closed, so, in the circumstances, we have not delivered to these premises. This will be revised as guidelines alter. We have, however, increased distribution to shops in Polruan, Lanreath and Pelynt, should further copies of The Parish News be required.

Mary Toms

Mary Toms is retiring from organising the distribution of The Parish News. She will be sorely missed after many years of co-ordinating this and I think you will all stand with me in thanking her for her hard work and in wishing her and Philip well in the future.

As Editor, I will be taking over co-ordination of distribution for the immediate future. When the current situation has been resolved, should anyone be interested in taking on this role, please contact Suzanne Goddard (01726 870818; suzanne.goddard@me.com) for further information.

News From Polruan Village Hall
 from Chris Cox for PVH Management Committee



Well, what can I write about our Hall? Currently we are in lockdown, so we cannot have any bookings at the moment which is a real shame. But hopefully in the near future we will be able to go back to the 'good old days', the future will brighten and we will be able to hire the Hall as before.

Our caretaker has been keeping an eye on things during lockdown, so we are ready to be 'open as usual' when we get the go ahead from the Government.

Good Luck and Good Health to everyone.

Readers are kindly requested to mention the Parish News when responding to our advertisers.

It helps the advertisers to know that their advertising is effective.

It also helps The Parish News which relies on our advertisers' continued support.

Children's Hospice South-West from Lynn Bartlett

As this edition goes to press, care teams at the charity's three children's hospices – Charlton Farm near Bristol, Little Bridge House in Barnstaple, and Little Harbour in St Austell – have adapted their day-to-day care provision to help keep vulnerable children out of hospital during the Covid-19 pandemic, ensuring care is provided wherever it is needed most.

The hospices, which support more than 500 children with life-limiting illnesses and their families across the South West, are still offering symptom management and end-of-life care. However, planned respite stays at the hospices have been cancelled, with support being offered over the phone, as well as in the children's own homes.

In addition to the services being provided to families already known to the charity, hospice care teams are working alongside NHS and local care providers to support other vulnerable children and young people, helping to free up essential resources needed to respond to the coronavirus outbreak.

Our hospice nurses are using their expertise out in the community, for example, providing care directly in the family home if required, or

ensuring families have the food supplies they need.

With all of its charity shops now closed and a vast array of fundraising events postponed or cancelled, CHSW is calling on the generosity of its loyal supporters to continue supporting the cause, which needs to raise more than £11million a year to be a lifeline to an increasing amount of families.

The charity is asking supporters to 'Be Incredible' and do whatever they can, however they can, to help it to stand with children and local families who rely on its hospices.

Sadly our monthly book sales are cancelled until further notice. As the Reading Room is locked the Blamey book shelves are also inaccessible at present. As and when advice allows this may change as the summer progresses. We will keep you up to date.

As always, thank you for your support.



Little Harbour Children's Hospice

Village Hall Improvement Programme from the Committee

Following last years Community Lottery Fund Grant Award for the new fencing, mezzanine storage, PA and Sound System and Back of Stage Washroom refurbishment, we have now reached the final project in our 5 year Hall Improvement Programme – the refurbishment of our kitchen and the upgrade of its facilities.

We are looking to replace most of the current equipment with new. This includes a double oven cooker, a fridge/freezer, an instant water boiler, a dishwasher, plus a double sink, a new roller shutter, additional storage space and shelving and the replacement of the lighting.

Our Grant Application to the Calor Rural Community Fund through Crowdfunders, has been approved and goes live for voting on 5 June. We would ask those reading this article to please visit our Facebook Page or website at www.polruan.org from 5 June and through the links there vote - and if possible - pledge a small donation to our entry. Every donation, however small, counts as 10 votes!

We last used this Crowdfunder process for an M&S Energy Fund Competition a couple of years ago for a PV Array with a Battery Storage Facility and we were successful with that. Please vote and ask family and friends to support us also.

Thank you.

AGE CONCERN

Should anyone need a driver to take them for a hospital appointment could they please make contact with someone from the following list.

Tom Simmons 07757 706337
Tony Cottrell 870794
or 07870 280114
Angel Burstow 870059

FARES

Fowey Surgery £6: St Austell £10: Truro £20: Bodmin £12: Liskeard £12: Plymouth £20: Hayle £30

Plus – Ferry fares, bridge tolls and parking costs

Tony Cottrell's new comic novel

"One and All"

Set in a small Cornish Village !!

*Available from Amazon
or by special arrangement
direct from the Author (£10)
phone 07870 280114.*

"It's a great read!"



Robin welcomes you to
The Russell Inn
West St Polruan PL23 1PJ
**Local cask ales
and cider**

**Off-Sales
and
Take-Away
meals and Pizza**

**Mon - Sat
6pm - 8.30pm**

**01726 870707
robinsainsbury1965@gmail**



SHOWROOM NOW OPEN

www.rb-windows.co.uk
enquiries@rb-window.co.uk
Call today 01752 265000 / 263000



Conservatories | Doors | Windows | Sealed units
Rainwater goods | Secondary double glazing

- ✓ Since 1986, this family run business has become one of the leading suppliers of Profile 22 in Devon & Cornwall. We pride ourselves on beautifully made Windows, Doors & Conservatories.
- ✓ Excellent, reliable customer service with no compromise on quality.



LETTERS TO THE EDITOR

Suzanne Goddard
Springhill
Chapel Lane
Polruan PL23 1PG
01726 870818
suzanne.goddard@me.com

Or use the letterbox in the porch of St Saviours Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that anonymous contributions are not acceptable. Please give your name and postal address: this will not be published in full unless you specifically request it.

Stay in touch anywhere around the globe

The Parish News is now available online at

www.lanteglosbyfowey.org.uk

The official website of Lanteglos by Fowey Parish Council



Closing date for the Aug/Sep 2020 issue is Tuesday 14 July 2020

Please send all copy and letters to Suzanne Goddard at
Springhill
Chapel Lane
Polruan. PL23 1PG
suzanne.goddard@me.com
01726 870818

Or use the letterbox in the porch of St Saviour's Church Polruan

no later than Tuesday 14 July 2020

***** Thank you *****

Coronavirus

from Des and Val Libby

As the Coronavirus takes hold nobody knows what lays ahead or how it will affect us.

Des, Val and friends would like to offer the elderly and vulnerable in our area help with any shopping needs, the collection of prescriptions or any urgent needs in your home.

Contact us on 01726 870735

Remember for medical needs ring 111

Please Keep Safe .

Advance Notice

from Tony Cottrell

Although nothing is definite these days, there is a possibility that we might put on a new pantomime in February 2021.

Please will anyone interested in taking part, especially school children, contact me at (tonypolrun@aol.com).

Thank you

Good Advice from the RSPB

from Liz Luck

People everywhere are saying that the sight and song of birds has made them feel better during lockdown. An everyday joy – perhaps not noticed so much when the world was busier – but now a small, essential reminder of life going on in nature.

But a shocking number of bird species are in decline, so perhaps it's a good time to discover what we can do help. Most country people know this, of course, but the RSPB's advice on protecting birds and their habitats during the nesting season is helpful: '

'Avoid any tree or hedgerow management work between March and August. This is not just because the Law protects active nests, but because removing trees and hedgerows during this time can leave nature vulnerable. If the works are deemed unavoidable, for example on public health and safety grounds, we would want to see the lost habitat replaced, with new trees and hedgerows planted elsewhere nearby.'

Let's all try to follow this advice and take care of our wildlife, it's so important.

Thank you.

Letter from Australia

Will return with a hoppety-hop soon



Animals don't do social distancing

from Kathryn Hill

I have always been very fond of Daisy, the dog next door, and made a big fuss of her. I still talk to her standing well back from the gate but poor Daisy just can't understand why I no longer fondle her.

Bert and Nora the cats who live next door on the other side, have always tried to come into my house whenever the door is open. Bert has always been very friendly, but I gave Nora the nickname 'Ignora' because, even when in my house, she would not have anything to do with me. However, since we have been socially distancing it seems that almost whenever I am planting seeds or doing potting-on in my back court, Nora is right there in the middle of it wanting to be part of it – Nora definitely does not do social distancing!

Thank You!



To all the wonderful volunteer "Polly Pals" who have been supporting the Parish since lockdown. Whether it be shopping, picking up pensions or medicines, talking to those in need on the phone, sharing useful information, just generally lending a hand where needed, you're all doing a brilliant job!

[Polruan Isolation Support 07709609538](https://www.polruan-isolation-support.org.uk)

Foodbank

Many thanks to those who have contributed so generously during this time of lockdown when there has been such a great need.

Please see separate poster for new polruan collection details

Please contact the Foodbank if you would benefit from the Foodbank services or know of someone else who might need to:

Liskeard & Looe Foodbank

**Tel: 01579 343742
Mob: 07512 011452**

Letter from Nigeria

from Daniel and Kathleen

First of all let me thank you for your prayers and for those who send emails. They are always an encouragement to us and we can picture how you are facing lockdown.

Let us share with you our lockdown experience:

Each state varies but this is what life is like in Plateau State. On Monday through to Thursday we are in full lockdown, except for farmers. Our local Government allows the land to be farmed because no farming equals no food, which equals famine, but they do need to keep a safe distance. On Friday through to Sunday we can go to the market and bank but have to wear a mask and we can also go to Church, but services are restricted to 50 people, all keeping a safe distance.

There are border patrols set up to stop people coming from badly affected areas and quarantine regulations are in place, but not all are being stopped, so we fear the virus will spread and the 15 cases of Covid-19 in our area will increase. We pray that a patient with Covid-19 won't come to Vom Hospital because that will put the doctors and nurses in real danger.

The Internally Displaced Persons (IDPs) are building a house for Saleh's widow at the moment – there is room for one more house in the complex. We pray this will be complete before the corn in the cob need planting,

because the IDPs will be needed on the farm.

Daniel had a tooth extracted last week but unfortunately the 3 injections they gave him did not numb the area and he really was in pain as they pulled the back tooth out. Part of the root is still there but yesterday the dentist said to leave it in and see what happens.

I've got a new job!! As a precaution, the children are not coming to the house for games. Instead they each have a reading book and when they have finished they come, one at a time, and tell me what they have read and then get another one. While we were in Nigeria, Bible studies were given to us, so each child has one to fill in, then I mark it. A support church in the UK sent us Bibles, each child has one and their parents say it's good to see them studying with the Bible open. Pray they will really understand what they read and put this into practice. The same Church gave us Bible Studies for older children, so now 5 Secondary School students are studying these. Thank you Church, God knew we would need them and they arrived not to long before the airports closed down - God's wonderful timing. The children also have memory verses to learn and come daily to get a piece of paper to draw and colour a picture with the pencils brought by the Former SUM missionaries. Thank you

Pray for Mark's children, they get homework on line and so are kept busy. Kumi should graduate in 2 weeks time but it looks like that will just be on line. I was getting a new outfit

made for the occasion but the virus means Daniel and I won't be going to Hillcrest. Never mind I can wear it some other time! Grace in the UK is teaching the children at home when they get the work via internet. Jason, Christabel and Jessica go into school, I think twice a week. Jason is a bit better but because of the virus, final diagnosis has been delayed, but the school is helping as much as it can. Yusuf is in Nigeria and still carrying on with the big project of bore holes, renovating schools, hospitals and so on. Continue to pray for him and his safety. My sister Jean and brother Ken seem to be alright and their families too.

At the time of writing, Nigeria has 3912 cases of Covid-19, with 117 deaths and 679 cured. Unfortunately, many areas still don't accept that Coronavirus is real and don't do what the Government has advised, so we fear it will spread.

We are in the Lord's hands and protect ourselves as much as possible, keep busy and rest as well.

Thanks for your prayers and concern.

We pray for each other,

God bless and keep you safe and encourage you.



POLRUAN STORE

14 Fore Street Polruan PL23 1PQ Tel: 01726 870477 kiki@polruanstore.com

The store with more.....

Pop in and have a look around at our extensive stock.

You will be surprised at what you find

We stock fresh & frozen products, crisps & snacks, confectionery, wine, beer, spirits, household goods, groceries, Fresh bakery products, newspapers & magazines

Croissants, pains au chocolate & Danish pastries cooked in-store to order

Cornish quality meat from James Kittow Butcher & Grazier

Fresh fruit & vegetables~cold meats~ sandwiches Rodda's Cornish creams & milk

Cornish & Continental Cheeses ~ Deli selection ~ traditional cakes

Paypoint agent: electric key top up/TV licence/mobile phone top up/bill payments,

Debit & credit cards accepted

PHONE OR EMAIL YOUR ORDER FOR DELIVERY OR COLLECTION

Polruan Regatta and Children's Sports from the Committee

Little did we think at the beginning of March that, as well as deferring our annual spring outing, the committee would have to consider the viability of holding all of our traditional summer events.

Our priority is to keep everyone safe and well and to respect and follow Government guidelines.

Our Carnival Royalty choosing event has had to be cancelled and we are delighted that our current group, Poppy, Thomas, Hallie and Tegan, have agreed to continue as our royalty for the coming year.

Our next event should be the Beach Gala followed in the evening by a barbecue and free disco with our favourites Tilly and Suze, Nite Flite disco. This was planned to take place on 25 July. As we go to press this event will not take place as it would encourage a social gathering of more people than permitted. If restrictions are lifted and the committee feel it would be safe to proceed, a scaled down event may take place with a different format.

As always at this time of the year, plans for our Regatta weekend on 29 to 31 August, are well advanced. Many regattas have, understandably, already been cancelled. We are in the position where we can wait until the beginning of August before we need to decide whether to go ahead, with as much fun as possible, but with a slimmed down programme.

We were able to join forces with Polruan Youth (Kids Klub and Youth Club) to give the Parish children a treat by distributing Easter Eggs. Parents and carers were all contacted to ask if they were happy to receive the eggs for their children. Precautions were taken to ensure the eggs and deliveries were as safe as they could be.

Elsewhere in this news you will see details on how you can take part in the annual Scarecrow and Polruan in Bloom competitions. These are two events that we can organise safely and can be done whilst safely at home.

Keep well and safe everyone. We will endeavour to keep everyone updated via email, our web page, social media and posters.



Please watch the date

We plan holding our Annual Fundraiser
On Sunday, 23 August – 2 until 4pm

Around the World in 40 days from Janet Downs



Back in February when the world was different, I signed up for the first leg of this year's Thighs of Steel cycle relay from London to Athens in aid of *Help Refugees*. My part was to cycle 580km (360 miles) from London to Amsterdam starting on the 4 July. The flat part of the route I reckoned! Surely the vintage old bat could manage that on her vintage old bike?



Janet on her bike in 1979

The cause is close to my heart because my family mean more to me than anything. I've been lucky enough to raise my children in a stable home with everything we needed. But it might not have been so. When I see families fleeing war and persecution, mothers unable to feed their children, I know that . . .

'there but for fortune go you or I...'

That's why I'm taking on this challenge and that's why I'm asking you to help me.

Now, we know the ride can't happen but, with Covid-19, the needs of refugees are greater than ever and *Thighs of Steel* have a new plan

Scarecrow Competition from Polruan Regatta and Children's Sports Committee



We first held our Scarecrow competition in 2012 as part of the Queen's Diamond Jubilee celebrations. Its success encouraged us to make it an annual event, numbers have dwindled over the last couple of years. Those who did enter have produced inspired, creative scarecrows which have enhanced our village during the summer holidays.

With so many staying at home at present, this year gives the ideal opportunity for you to enter. It could be a family project.

We are hoping that several of last year's entrants in the scarecrow competition will sign up to take part again.

As well as the perpetual trophies we give a cash prize.

to help. *Around the World in 40 Days* is a bid to collectively cover the 24,900 miles of the world's circumference in 40 days. I have pledged to cycle over the 40 days from 23 May, the 360 miles I would have done from London to Amsterdam, but I will be doing it in Cornwall and there will be a lot more hills!

If you can contribute any amount to my fundraising page, you will be helping people in great need and encouraging me up those hills. This is the link to the page

<https://donate.helprefugees.org/supporters/thighs-of-steel-round-the-world-in-40-days/583/>

If you would like to help but don't like making payments online please contact me on 01726 870627.

If you would like to join in the *Around the World in 40 Days* challenge yourself it is open to everyone. You can run, walk, cycle or do 20



Ready for the challenge - Janet and her 1979 bike today

minutes of any other exercise to equate to one mile. Just pledge your miles, set up a fundraiser and keep track of your progress. You can find out more at

<https://www.thighsofsteel.com/atwi40days.html>

Entry forms will be available from The Winkle Picker from Monday, 1 June or they can be delivered safely.

The theme is 'Bond 007' and they need to be in place by Friday, 24 July.

We look forward to seeing many of the well known characters appearing round the village (shaken not stirred !!)

News from the WI from Chris Cox, Vice President

Not much to report really as we have been unable to meet during the lockdown. I can let you know that we are continuing with our Lotto draw every month – at a distance!

We are a little worried that we may not be able to enter the Scarecrow competition this year as this is usually a team effort. It's a case of 'wait and see' whether circumstances change so we are able to enter and continue with our planned programme.

Hopefully we'll know more by the time the next Parish News goes to print!

Take care everyone and hope to see you soon.

The Great Realisation by Tomos Roberts

from Janet Downs

[By Ed. — Search YouTube for the whole story if you can]

*It was a world of waste and wonder, of poverty
and plenty.*

*Back before we understood why hindsight's
2020.*

*You see the people came up with companies to
trade across all lands.*

*But they swelled and got much bigger than we
ever could have planned.*

*We'd always had our wants, but now it got so
quick.*

*You could have anything you dreamed of in a
day and with a click.*

We noticed families had stopped talking.

That's not to say they never spoke.

*But the meaning must have melted and the work
life balance broke.*

*And the children's eyes grew squarer and every
toddler had a phone.*

*They filtered out the imperfections but amidst
the noise, they felt alone.*

*And every day, the skies grew thicker 'til you
couldn't see the stars.*

*So we flew in planes to find them while down
below we filled our cars.*

*We'd drive around all day in circles. We'd
forgotten how to run.*

*We swapped the grass for tarmac, shrunk the
parks 'til there were none.*

*We filled the sea with plastic because our waste
was never capped.*

*Until each day when you went fishing you'd
pull them out already wrapped.*

*And while we drank and smoked and gambled,
our leaders taught us why
it's best to not upset the lobbies, more convenient
to die.*

*But then in 2020, a new virus came our way.
The governments reacted and told us all to hide
away.*

*But while we all were hidden amidst the fear and
all the while*

*the people dusted off their instincts, they
remembered how to smile.*

*They started clapping to say thank you. And
calling up their mums.*

*And while the car keys gathered dust they would
look forward to their runs.*

*And with the skies less full of voyagers the earth
began to breathe.*

*And the beaches bore new wildlife that scuttled
off into the seas.*

*Some people started dancing, some were singing,
some were baking.*

*We'd grown so used to bad news but some good
news was in the making.*

*And so when we'd found the cure and were
allowed to go outside,*

*We all preferred the world we found to the one
we'd left behind.*

*Old habits became extinct and they made way
for the new.*

*And every simple act of kindness was now given
its due.*

Out of the Mess

When first this awful virus struck

And the news got more extreme

For inspiration I was stuck

I couldn't find my theme:

Disease and death? No cause for mirth

Especially when it's said

That everywhere throughout the Earth

This dreadful plague has spread.

No copping off to Tenerife

In order to escape

We're all defenceless underneath,

It's not a jolly jape.

And then they say-you stay indoors

At least two yards apart

And so we have to hold on pause

All matters of the heart.

With this prescribed amount of room

That is, just six feet each,

There will not be a new-born boom-

One simply cannot reach.

And now they say it could be weeks

Or months, if truth be told,

The outlook's looking, oh, so bleak

By then we'll be too old.

So some there are from upalong

Have asked: "Could jail be worse?"

It may be we are doing wrong

But they'll have to catch us first.

So let's go west, what harm in that?"

The answer is quite plain-

You bring it here from where it's at,

It could start up again.

So stay at home, leave us to ours

And let us all be hopin'

That restaurants hotels and bars

Are here once Cornwall's open.

Tony Cottrell



Secret Patrols: Just a Thought for the Future from Roger Talling

I have been doing some research into the Secret Patrols that were set up shortly after the start of WW2. Pelynt has just erected a memorial to some men of Pelynt who were secretly trained to cause as much mayhem as possible if the Nazi's had invaded Britain in war.

I thought that we could incorporate a small memorial to those men of this parish who were also involved and maybe it could be incorporated in the design for improving the corner at the entrance to Greenbank.

The men trained to be a part of the Churchill Secret Army were Leslie Mutton, Ronald Libby and Richard Williams. I know that these lived or worked in Lanteglos Parish. Others are Brice Charles Gudmunsen, James Rowe and Maurice Sanders. If anyone knows the above names please let me know.

This patrol was called the Lansallos Patrol and I know Maurice Sanders farmed at Higher Town Lansallos and had a secret base at Triggamelyn Farm. I got this information after John Jolliff (local historian for Pelynt) and I spoke at Pelynt Village Hall some time ago, as my great uncle was one of the Pelynt Patrol.

I knew several of these people and it amazed me with what they were tasked to do and what they were trained in. I thought it would be appropriate to recognise these men who were sworn to secrecy; they never even knew the names of the Pelynt Patrol, for example. I don't know if there were any other men involved as I obtained this information from John Jolliff.

I would be interested to know what others think or glean further information. Please get in touch with me:

Roger Talling 01726 870110





Whitecross Local Produce Market News from Liz Luck on behalf of the Whitecross Village Hall Committee

We've started to look at how and when we might safely reopen Whitecross Market, closely following all government guidance. Our first priority will – of course – be the safety of stallholders, shoppers and the volunteer pasty/kitchen team. A second but still important priority is to support local producers, farmers and growers, whilst giving local people the chance to buy the best and most wholesome food and drink, with the shortest possible supply chain.

Thanks to all of you who have continued to support the market stallholders during lockdown, many of whom have been taking orders and offering deliveries.

Whatever happens, we won't be reopening in June – but the July market is a possibility. The date for this would be Saturday, 4 July. If not then, the August date would be Saturday, 1 August. Put them on your calendar, then keep an eye on our Facebook page and the village hall website (see below), and the wall outside the hall: we'll put the banner up the week before, if it's going ahead.

When we do reopen, it will have to be a very different market – at least for a while – with no tea and coffee tables, no community buses, no friendly hubbub, no queue for irresistible pasties. But with a careful one-way system, hand sanitisers, and the possibility of spacing stalls out (perhaps with some outside under canvas), it should still be possible for you to buy great local produce in a safe and enjoyable way, and wave at friends from a distance.

We're looking at how we can manage the pasty situation. We hope to be able to do something (everyone needs a great pasty at a time like this) – but no firm news as yet.

We're looking forward very much to welcoming you back, as soon as possible.

Email: whitecrosslocalmarket@gmail.com Tel: 870542
www.facebook.com/whitecrosslocalmarket www.whitecrossvillagehall.org.uk



News from Frogmore Farm

from Gill Palmer

Farming still has to go on, lockdown or not! The animals have to be checked every day the same as usual. Chris and I are in lockdown at Carne, so Emma is going to write the farming news for me.

The spring corn has been planted at last! It's not growing as well as usual owing to the late tilling, but hopefully because we have had some nice rain, it may catch up soon.

The caesarean mother is doing fine, just left with a big scar sadly. The cattle are all out in the fields now, what joy it was to see them jumping and skipping around when we let them out. One of our favourite times of the year.

Unfortunately farming doesn't always go to plan. We had a young cow calving one evening, it was getting dark and we needed to help her as she was struggling. As we put her into the cattle crush we soon realised it was a big calf. After lots of hard work from Jess and Ben and lots of pushing from Mum, the calf was unfortunately delivered dead. We all felt deflated and upset and we could see the Mum was looking around for the calf she so desperately wanted.

Now, as I mentioned, farming doesn't always go to plan but this time, things worked out perfectly . . . As Gran had mentioned in her last write up, one of our cattle had given birth to twins. She had done really well raising them both, however, as the calves get older and stronger they demand more milk. It was obvious to us that the twin girls had been trying to steal milk from others to top themselves up. We thought this a perfect opportunity to adopt one of the girls onto the new Mum who had lost her calf. The day after the traumatic birth, we brought the cattle in to pick out one of the twins. After putting the new Mum in the cattle crush with a bucket of corn we were ready to help her new baby have a drink. There was no need to intervene. The calf raced over to her new Mum and drank and drank! We had to stop her. The duo were then put into a shed together so they could get to know one another. The baby followed her new Mum around like a dream, after a day they were inseparable. Mum and Dad mentioned they had never had an adoption work so quickly in all of their years of farming. What a happy ending at Frogmore!

Back to Carne now and back to Gran's news . . . Prickles, the hedgehog, after a long winter in the shed, was ready to be released. We spent a morning making a nice shelter safe from badgers and foxes, filled with straw, his favourite blanket, food and water. We put him in there and he stayed curled up as usual. The next morning I went to see how he was doing and he was gone. We didn't see him for ten days, the food was untouched and we were feeling very worried. One night, Emma rang to say Alun had seen 3 big hedgehogs in the farmyard, so we headed out with a torch to look for Prickles. We were so excited to find him on the lawn snuffling around. The next day we decided to build a 'hedgehog feeding station'. It was very simple, just a square of bricks with a wooden roof, a large dish of water outside and a dish with an egg and cat food inside. The next day the dish was clean. Nothing left! Not wanting to feed a population of rats we installed a night vision camera and refilled the dish with more cat food. The night vision camera showed us to our joy, Prickles going in to eat and popping back out again for a drink, his little tongue was so sweet lapping up the water like a dog. Thank goodness no rats!

We have had lots of time to watch all of the wildlife in our garden. We have found a lovely little nest in the hedge with four beautiful bright blue eggs. It is the nest of a hedge sparrow (Dunnock). We haven't looked at it again as we don't want to frighten the mother away.

Hopefully by the next issue we will have more freedom. Stay safe and keep well.



ACS
CARPET CARE

Your Local Carpet, Rug & Upholstery Cleaning Experts

- Stain Removal
- Odour Removal
- Stain Protection
- Flood Damage
- Local & Friendly Service

For a free, no obligation quote, call or text Alan;
07703 552841 www.acscarpetcare.co.uk



Following the success of local author Tim Bagshaw's *This Sacred Land: The Return of the Prince*, the first in the *Chronicle of the Dewnan* series, his highly anticipated sequel, *This Sacred Land: Fight for Freedom* is welcome news for fans of

historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.

Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. *This Sacred Land, Parts 1 and 2* combine myth and reality in this must-read series.

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: www.twitter.com/@bagshaw_tim and www.facebook.com/dewnanchronicle



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winklepicker.



Are you socially isolating from infection or protection in or around the Polruan area?

*Polly Pals can support you with everyday needs like shopping, picking up prescriptions, pet care etc...
If you would like a chat on the phone to discuss please call, text or email us, we are here for you!*

07709609538

Safeandsoundenablers@gmail.com

Polruan Isolation Support



Official Advice on Covid-19 from Cornwall Council's Website as at 21 May 2020

Stay alert

We can all help control the virus if we all stay alert. This means you must:

- Stay at home as much as possible
- Work from home if you can
- Limit contact with other people
- Keep your distance if you go out (2 metres apart where possible)
- Wash your hands regularly

Self-isolate if you or anyone in your household has symptoms.

Guidance from Government

- [Prime Minister's address](#)
- The full [Government recovery strategy](#)
- Detailed information on [what you can and cannot do](#)

are all available at Cornwall Council website



Feeding local people in crisis

Last year April 2019 to April 2020 we distributed 2,503 emergency food boxes to individuals, couples and families from the Rame peninsula to Polruan, including to 893 children. All food and funds are donated by the public to enable us to continue this vital service.

Thank you for your support

Liskeard & Looe Foodbank, Charitable Incorporated Organisation (CIO) Registered in England & Wales: 1183375.

Unit 1, Barras Place, Liskeard, Cornwall. PL14 6AY



- FOOD & CASH DONATIONS -
CRUMPETS TOO 8am - 12pm

- DOORSTEP COLLECTIONS -
*by phone request



CALL ANGIE ON 01726 870747

Our thoughts on Lockdown by Hallie and Tegan



from Hallie, age 7

"I don't mind the lockdown so much but I do miss playing with my friends at the park and my teachers also. It's my birthday soon and normally we would go to Paignton Zoo, this year we can't because it's shut. Before the lockdown I was learning to swim and now it's stopped. I'm really enjoying having my mum and dad home because we're spending a lot more time all together doing fun things. I've climbed trees, baked cakes, found sea creatures, painted rocks, done Mrs Dean's picture hunts and still managed to do my school work. When it's stopped the first thing I want to do is go to my nanny's house for a day."



How I kept sane in Lockdown

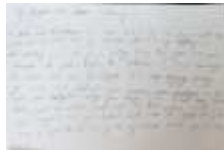
from Chris Cox

With days merging into one, I needed something to occupy me and keep me active, so I started to make octopus and rainbow people out of scraps of wool. You may have noticed them hanging around the Town; some red, white and blue octopus (and black and white!) for VE Day and some rainbow people to say 'Thank You' to the NHS and front line workers. It kept me busy and was a nice way for me and everyone else to remember the dedication and hard work of our key workers at a time when we were also remembering the sacrifice made by so many during the war. A big thank you for all the donated wool, especially to Kathryn Hill - I couldn't have made so many without it.

Oh and I can make more if anyone is interested, just let me know.

from Tegan, age 6

"I don't like the lockdown very much because I don't get to go to school and play with my friends. My holiday to Greece was cancelled and I was sad I couldn't go on an aeroplane. I miss my teacher very much and the rest of my family. There are some things about lockdown I like though. My mum and dad are home with us every day and we go on lots of walks and play lots of games. I hope everyone stays safe."



My life in lockdown

from Kathryn Hill

Recently, Radio Cornwall asked what object summed up 'April in Lockdown' for them and I phoned in and said 'seed trays' as I had them everywhere — on windowsills, in my cold frame and in the back court. By good luck I had laid in a lot of seeds just before we went into lockdown and had acquired a lot of compost from a neighbour, so I was well supplied and have been able to do a lot of gardening. Unfortunately I have not achieved as much indoors, except some sorting out!

With all the lovely weather I've almost lived in my garden, tending to it and just enjoying it. Most days I've been able to have refreshments on my front terrace or in the back garden. Both have been quite sociable with people passing in Fore Street or on the path off Policeman's Lane. It really has been a joy and blessing to me.

I am fortunate to have near neighbours and have enjoyed chats with them when we've been out at the same time either at the front or at the back. I've missed usual activities and meeting with family and friends, but phone calls and emails have been a good way to keep in touch. I've also been blessed by family delivering meals, cakes and shopping and also neighbours helping with shopping and anything else I need – thank you all!

The thing I have missed most during lockdown, is being able to go to church for both worship and fellowship; but I have been really blessed by the service on Radio Cornwall at 8am each Sunday and by the fact that the same service is on BBC Local Radio all over the country, so I am actually worshipping with thousands of people. The same is true of the mid-morning service and Songs of Praise each Sunday on BBC1. None of these is as good as actually being able to meet with others to worship but they are an excellent second best. Another similar help is the 'Daily Hope' initiative by the Church of England which includes a message from the Archbishop of Canterbury, plus a choice of other things; my favourite is 'Hymns We Love' – why not call [Freephone] 0800 8048044 and have a listen for yourself?

These are worrying times but I do find that my faith is a great help as I know that, despite what it looks like, God is in control and I am safe in His hands. There are many places in the Bible where God tells us not to be afraid and I currently have a reminder of this on my fridge door: *[and reproduced on page 3]*

'Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.'

Joshua 1:9



VE Day 75 from the Committee

The celebration the Steering Group had been planning for 8 May 2020 may not have been as expected but creative residents found a way of marking this great moment in history, safely.

The community bunting flags were skilfully sewn, by Sue, into a length of bunting which stretched round the three sides of the Coal Wharf. They were able to be put up and admired by those who were able to view whilst on their daily exercise or shopping. They will be taken down and stored safely. Many properties had dressed their properties with bunting too adding to the festive spirit.

Residents set up tables and chairs in their gardens, on pavements and patios to enjoy an afternoon tea, jam and cream scones were very popular and we were grateful for the production and delivery from the Jam First crew.

At 3pm, Tony Cox, retired submariner, proposed the Nation's Toast to the Heroes of World War 2. It read:

'For those that gave so much, we thank you'.

There followed raised glasses as well as cups of tea as afternoon tea was enjoyed.

It was important to be able to see and talk, albeit with raised voices, to our neighbours and friends and to share memories of family who had served during World War 2 or were just old enough to remember VE Day.

At 7pm, Fowey Town Crier and Polruan resident gave the Cry for Peace Around The World from his home and broadcast it live via Facebook.

The hamper draw took place on 4 April as planned and all winners were very pleased with their prizes, thank you for your support with this draw. All monies raised and grants given have been safely banked.

The Steering Group had been unable to meet at the end of March as planned. Technological communication had allowed us to postpone the planned celebrations to an agreed date of the early May Bank Holiday, next year. The majority of the activities and street party will now take place on Monday, 3 May 2021, with the *Memorabilia Exhibition and Flower Festival* covering 1 to 2 May. The Swing band, Swingology, disco, Nite Flite and Celebration Fireworks have been re-booked for this date. There will be a further opportunity to make bunting flags to add to the string later in the year.

We will certainly have a joyous party when we celebrate next year; would it be too much to ask for the same weather as this year?!

The official Victory Celebrations took place on 8 June 1946 and so our celebrations will be VE Day 75 +1!



VE Day 75 in Meadow Close from Chris Cox

Unfortunately VE Day was not the big celebration the Town had planned. But in true Polruan spirit that didn't stop many raising a glass to all those Heroes of WW2 and to those who sadly lost their lives. At 2.55pm we rang a bell to warn that 3pm was coming, the time set aside for Tony (Cox) to make The National Toast to everyone. He did this from our front garden in his full Naval uniform (and very smart he looked too!) and this can be seen live on Facebook (recorded by Rob and Charlie thank goodness as we didn't have a clue how to do that - thank you both). The rest of the afternoon was spent listening to music of time, particular favourites being Glenn Miller and the Andrews sisters.

So celebrating VE Day was done, with gratitude and love not as big as we had planned, but people made an effort to remember this very important day — virtually! Thank you all.



Chris Mylward
Carpentry and Refurbishment
Building work-Roofing-Painting-Tiling

Mobile- 07837 831571

Office-01726 870078

chrismylward@hotmail.co.uk

Based in Polruan





Lanteglos-by-Fowey Parish Council Chairman's report June 2020

from Cllr Dr Pat Moore OBE, Chairman; Lanteglos by Fowey Parish Council and Neighbourhood Plan Steering Group

Covid-19

This has been a strange time and we have now been in lockdown since 23 March. We are slowly adjusting to what is called the new normal. This means we are supposed to stay home, not make unnecessary journeys, stay safe, and now alert. The weather has been kind and I have been bringing my garden up to scratch.

As I write I hear that we can now get back onto the water again and welcome the re-opening of access to Penmarlam.

I wish, on behalf of us all, to make special thanks to the Polruan Isolation Support Group who have been of immense strength in the village with all manner of things such as collecting shopping, collecting prescriptions and post, collecting newspapers and generally being true friends. Thank You from all of us. There are many vulnerable people in the Parish and this kind of support has been invaluable to them. I would also like to thank the two stores in Pelynt, Boxalls and O'Keefe's, who have been assiduous in drop and collect deliveries to Whitecross Green. Thank you too to Nippers of Looe for deliveries of the best quality fish.

Council meetings

As you will be aware during the Lockdown we have not been able to meet in face-to-face meetings, but have held "virtual meetings". Details of all meetings, agendas and minutes can be found on our website, but not for the time being on the notice boards. However, by the time you read this, your Council will have held a trial meeting on Zoom, and on the strength of that the meeting called for 26th May will be held in the same way. Watch this space. If it works it should mean that members of the public will also be able to join a meeting by telephone or on-line. Again, watch this space.

Lanteglos Neighbourhood Plan

Our Plan Proposal has completed the statutory six-week (Regulation 16) Community Consultation, when all residents and other interested stakeholders were consulted by Cornwall Council. All comments received have been made available to the Parish Council for our responses if we wished to make any. We look upon the results of the Community Consultation as an opportunity for a fresh pair of eyes to consider what we have. The comments have all been passed on to the Inspector who has been appointed by Cornwall Council (Regulation 17), Mrs Deborah McCann, for examination. A copy of all the comments will also be available on our website. Mrs McCann will prepare a report and make proposals for changes to the plan as appropriate and further modifications may be recommended. All of

this will be published on CC's website and on our Neighbourhood Plan website: <http://www.lanteglosbyfoweyplan.org.uk> which has been substantially revised and holds all the up-to-date information about the NDP.

We know that because of CV19 no further NDP Referendums are likely to be held until May 2021, including ours.

Fowey River Doctors' Practice

As you will remember a public meeting was held at the WI Hall on Tuesday, 18 February. This was a constructive meeting attended by 70 residents with Dr Waldron in attendance. A full report including all the comments made was published at the time. A letter was also sent to Mrs Sheryll Murray, MP, requesting that a Parliamentary Question be asked. The substance of her reply is:

"Thank you for your recent correspondence in respect of the above.

I have sent your communication to NHS England and have enclosed your correspondence for their ease of response. I am sure you will appreciate that in view of the present situation it may take them a little longer to respond.

I would happily ask a Parliamentary Question on the matter when the opportunity presents itself. However, Parliament itself has been operating on a limited basis through the Hybrid system and I have not been selected to ask a health question since the date of your correspondence.

Sadly, the Hybrid Chamber system has not allowed MP's to attend the Chamber and try to catch the Speaker's eye.

I can confirm that the question of dispensing of prescriptions from Polruan was raised with me by a constituent living in Polruan as a response to one of my village wide questionnaire/surveys on 30 September 2019.

I wrote to Mrs Bone from the Fowey River Practice at the time, and I received a response stating: "Unfortunately, NHS England has stopped us dispensing to any of our patients, that are more than 1 mile away, as the crow flies from a nearest chemist, which has put the future of dispensing in Polruan in jeopardy. There are a couple of options, there are pharmacies that deliver

by post and we are in discussions with our local Boots to see if there is anything they are able to offer, I will be happy to update you if we have a favourable reply.

The outcome of these discussions does not appear to have been raised during your public meeting. Having replied to the constituent with this information and offering to take the matter forward should they wish to contact me again, this case was closed when nothing further was received.

I will now write to the Practice Manager and ask for the outcome of the discussions and will also send any response from NHS England when it is received.

Finally, Parliament looks set to return at the beginning of next month and I will take the opportunity to raise this matter as soon as I can.

Sheryll Murray MP Your local Member of Parliament"

Annual Parish Meeting

This meeting was another casualty of CV19 and had to be cancelled, but will now take place in 2021. Cllr Moore remains as Chairman and Cllr Fisher remains as Vice Chairman. All other Councillors remain in place. Elections for all Parish, Town and Cornwall Councils will take place in May 2021 and also for the Police and Crime Commissioner for Devon & Cornwall.

Seagull Scheme

We were not granted a licence from Natural England to go ahead with the Seagull scheme in Polruan which would have permitted the replacement of eggs in nests with ersatz eggs. We will hold onto these until 2021.

Please get in touch with us through the website or by email as shown below.

Cllr Dr Pat Moore OBE

Chairman: Lanteglos by Fowey Parish Council and Neighbourhood Plan Steering Group

Website: www.lanteglosbyfowey.org.uk

Email: clerk@lanteglosbyfowey.org.uk



Parish Council Meetings

Meetings of the Parish Council are held on the fourth Tuesday of the month in the Whitecross Village Hall, commencing at 7pm. Members of the public are warmly invited to attend.

Planning Applications

PA20/00660, Storms Reach, 14 The Quay, Polruan – refurbishment of existing boat shed to be used as annexe to Storms Reach and Holiday let. Cllr. Bunt made no comment. Cllrs. Fisher and T. Libby objected because they felt the size of the proposal does not appear to provide suitable/ habitable living space, even as holiday accommodation. However, the general opinion was No Objection

PA20/01027, Land Adjacent to Hall Farm, Old Road, Bodinnick – temporary agricultural dwelling. NOTE – the agent, Mr Mark Dyson, had asked for an extension to the planning deadline, which would allow him to submit new plans. He had suggested that the type of temporary dwelling is changed to a low-profile timber clad structure (with much the same appearance and profile as a field shelter) possibly screened with a more substantial earth and turf bank, however, this had not been done.

All Members wished to support this local farming business and Cllrs. Talling and Bunt proposed support for the application. Cllr. Talling said it met Theme 1, objective 1 of the main Cornwall plan. He emphasised the costs involved in running such a business.

Cllrs. Adams, Fisher and Carter objected to the proposal as it stands. Cllr. Fisher said he would rather the application was withdrawn and a new application submitted, giving weight to Paragraph 79(e) of NPPF, Policy 7 (5) of CLP and Policy 1 of the emerging NDP.

Cllrs. Moore and T Libby spoke of the need to support local businesses and this agricultural enterprise which, from both reports, looks to be sound. However, they felt this temporary dwelling should be regarded as an annexe to the farming business at Hall. They agreed with Mr Jim Wood of Cornwall AONB, who had objected to this application, saying: "In order to avoid unacceptable effects on the designated landscape it should be located in a more discrete location within the pattern of existing agricultural buildings either to the north or south in order to avoid it being an isolated and discordant element with the landscape."

The Clerk submitted these comments to Mr Jonathan Luker, Planning Officer, and maintained Members' objection to the application.

Cllr. Shakerley had declared an interest and made no comment.

PA20/01887, 6 Florizel Mews, Fore Street, Polruan - lifting of Condition 2 (occupancy restriction) of Permission 83/00097/F dated

06/06/1983. (Conversion of garage, guest house and two existing dwelling units into 8 houses.) The general opinion was No Objection.

PA20/02628, Wycherley, 16 Meadow Close, Polruan – proposed new dwelling. No Objection but Members would prefer a slate pitched roof, rather than the flat roof proposed.

PA20/02840, 16 West Street, Polruan – works to the roof in order to create a habitable loft room. Specifically, three roof light windows and a dormer window. Members had No Objection.

PA20/02983, 3 Ocean View, Polruan- proposed replacement roof with new dormer and gable extension. Members' requested a "street scene elevation" to enable them to compare the height of the proposal with both the adjacent dwellings. As yet this had not been received. In view of this the Clerk advised the Planning Officer that Members are unable to reach a decision. At the same time she will ask for a correction to be made to the application itself. This should be described as being in Liskeard & Looe CNA, paragraph 3, not St Blazey, Par and Lostwithiel.

Planning Applications Approved by Cornwall Council

PA20/00091, The Nook, 63 Fore Street, Polruan – demolition and removal of existing summerhouse, renewal of concrete base and construction of replacement summerhouse.

PA20/00707, Creekside House, Mixtow – proposed first floor extension and extended balcony.

PA20/01208, Barmera, Chapel Lane, Polruan – lifting of Condition 2 (occupancy restriction) of Permission 83/00097/F dated 06/06/1983. (Conversion of garage, guest house and two existing dwelling units into 8 houses.)

Good News for Cornish ferries and local communities from Pat Moore

Cornwall Council considers it is vital we keep our community links open, so I am pleased to say they have pledged to provide financial grant support to keep three vital ferry links open. The King Harry Ferry, Bodinnick Ferry and Polruan Ferry all serve as important transport links for key workers, school children and the emergency services. This support is intended to keep these vital links in place during the lockdown period.

Geoff Brown, CC, Portfolio Holder for Transport said, due to the reduction in normal traffic, the companies had been losing money on a daily basis, and were set to close these services. However, the impact of that closure would seriously hinder residents in a number of communities, who would face diversions of up to 27 miles. Cornwall Council will endeavour to claim the funding back from Central Government, but have decided to act immediately to ensure services keep running.

Ferry times for the Fowey ferries are:

Bodinnick

7.00am – 7.00pm weekdays,
10.00am – 4.00pm weekends

Polruan

9.00am – 12.30pm and
2.00pm – 5.00pm
Monday to Saturday, not Sundays

Thanks are due to our Cornwall Councillors Edwina Hannaford and Andy Virr for putting the case forward



P.P.D.M.

Polruan Property Development & Maintenance

*Very friendly service from a local family
FREE quotation on all services provided*

- ✓. Hard landscaping patios a speciality including Indian stone and porcelain
- ✓. Fibreglass roofing with 25yr guarantee
- ✓. Plastering
- ✓. Kitchens and Bathrooms
- ✓. Full Renovations
- ✓. Electrical work
- ✓. Extensions & Additions
- ✓. Tiling
- ✓. Painting
- ✓. Some aspects of plumbing

Honest reliable and Quality Assured

No job too small

call Barry on: 07388 10 66 17

or Stuart on: 07714 20 82 04

or contact via e-mail at: barryjamesking@hotmail.co.uk



Fowey River Lions and Fowey Scrubs

£100K: Lions Clubs supporting communities during Covid-19 crisis

Fowey River Lions has received a share of £100,000 from the Lions Clubs Foundation of the British Isles. Lions Clubs across the British Isles have benefited from a special fund launched to support local communities during the Covid-19 crisis.

Fowey River Lions are delighted to be able to donate £250 to the newly formed Fowey Scrubs at this critical time. The group is the brain child of three local ladies, Heather

Hunt, Caroline Hoddinott and Lynne Higman all from Fowey. Since early April they have raised £2800 to make Medical Scrubs for the local doctors surgeries of Fowey, Polruan, Par and Lostwithiel and due to their success are now working with Liskeard surgeries as well.

Heather, Caroline and Lynne are working with about 30 local people who have different skills. Some are cutting out, stitching scrubs, making bags for the scrubs or making scrub hats. All the material has been bought locally and so far 73 sets of scrubs have been made and passed on to the surgeries mentioned.

President Chrissie Anders said:

"This is a significant sum of money that we are putting to good use straightaway. We are doing what we can, and this money has helped to support our local surgeries and care homes."

Your local Lions Club supports a range of good causes and local projects where you can get involved.

facebook: foweyriverlions

Tel: 0345 833 7484

A special person from Chris Hope-Wynne

Here are some words to describe someone who made this special place so quintessentially happy and bright by charitable giving combined with that undefinable quality of green 'feel good factor'

- Superlative cream teas on ceramic beauty.
- A series of views to die for.
- Someone who took no hostages.
- Was punctilious to a fault.
- Was an accomplished gardener.
- A country wide renowned plantswoman with an encyclopaedic knowledge and experience about salt tolerant foliage who
- Appeared in magazines and on national television.
- A Party woman par excellence . . . she generously hosted many gatherings both after the customary Thursday RNLI open days and on Boxing Day.
- A fiercely competitive racing sailor who had many a crew quaking in their sou'westers!

She was also a very enthusiastic swimmer and despite infirmity's privations in later life, she descended the numerous steps from her terrace, to the beach below with as much singular purpose as she displayed in the cooling and soothing water which relieved her incessant and whole body itching complaint which troubled her for most of her adult life.

A deeply religious Lady who took her faith seriously and sang her heart out in The Choir and in the congregation . . . She was devoted to The King James Version of The Common Prayer and loved St Johns at Bodinnick.

She loved people and had 'The Common Touch' with all but kept her dignity as well.

She loved The Village Hall and all that goes on there . . . sitting on its management

committee and raising funds for its continuance through her garden openings.

She was loving and embracing of so many . . . allowing the sick and vexed of spirit to spend time in quiet contemplation in the garden . . . hidden away in deep and solitary spiritual connection with the magnificence of nature.

She was an accomplished actress and hugely enjoyed theatrical conviviality and creativity . . . she opened Headland for read throughs of upcoming plays and did her utmost to encourage the young to join The Theatre Club.

She had trenchant views about politics and kept abreast of world events . . . often venting her spleen with a forthrightness which impressed!

She was a tough old bird . . . sometimes hard to please, sometimes demandingly uncompromising but always strived for the highest standards . . . yet always repentant and sometimes tearful when challenged.

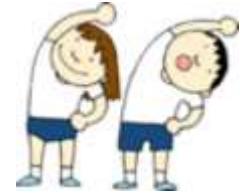
She was passionate about this Village and was possessed of the kind of Robust Christianity which inspired many of us who are so fortunate to have had the incalculable privilege to have known this person, and who continues to reside amongst us . . . death never divides us from those we love . . . it's that continuance of purpose which unites us all despite everything.

I hope I've given a balanced view of this person who many of us remember with affection, gratitude and respect.

The Lady From Headland whose light shines on in us . . .

. . . Jean Hill

STRETCH AND TONE



We will return as soon as we can — watch this space
LANREATH VILLAGE HALL

Fees are £5.00 per session payable in advance at the beginning of the month

Please bring a mat and wear loose clothing

Contact Jenny Bartram 01503 220490

We would like to invite people of Polruan to join us on our Village Hall Committee, or just help at our events. If you are interested, or would like more information, please contact Suzanne on (01726) 870818.



Come get involved – your Village Hall needs you!

Readers are kindly requested to mention the Parish News when responding to our advertisers.

It helps the advertisers to know that their advertising is effective.

It also helps The Parish News which relies on our advertisers' continued support.



Jean Hill at her Summery Best just before a splendid tea party at Headland on 8 September 2011

Try something different...



If you are looking to **SELL** or **LET** your property this summer, leave it to us so you can enjoy the better things in life!

Competitive packages ● No Sale / No Let / No Fee



Par Sales and Lettings: 01726 812271

FAC St Austell: 01726 73450

O&C Bodmin: 01208 264686

O&C Liskeard: 01579 345609

O&C Looe: 01503 266980

www.facproperties.co.uk

www.oceanandcountry.co.uk

Weleda Pay it Forward scheme from Sophie Rowe

Care staff at Restgarth residential home were recently surprised with a Natural Wellbeing hamper donated by Polruan locals through a pay it forward scheme. Nestled into the valley at Polperro, Restgarth is the home many from Polruan will move to for their final years. The home can care for 30 residents at a time with 35 full time staff including carers, kitchen, domestic and maintenance who pride themselves on a homely atmosphere with personalised rooms, beautifully tended gardens and several communal rooms for residents to enjoy including a new conservatory that will become a special visiting space for families to spend time together when conditions are safe. They also have their own activities coordinator, Lisa, who is always looking for new things for the residents to enjoy.

A Polruan resident whose mother recently

enjoyed her 100th birthday there said:

"It has been an extremely stressful time. Wanting to show our support and thanks we chose to donate some lovely soothing skin food for carers with some extra so residents could be enjoy hand massages and manicures."



Care staff outside the new conservatory

The staff all have their own mini Skin Food too thanks to the scheme so everyone at Restgarth is enjoying a pamper.

Nathan Blick, the homes care coordinator said:

"I've never seen all the staff agree on anything before, they all absolutely love it!"

Local Weleda Wellbeing Advisor Sophie Rowe who started the Pay it forward scheme said

"As a dementia specialist I know how great hand treatments are for residents but also how the staffs' skin will be suffering with constant hand washing stripping the skin of its own natural oils. Skin Food will help to sooth and support the staffs' skin whilst they are working and giving hand treatments to residents is a golden opportunity to connect emotionally - an amazing natural mood



Phyllis Sheppard – 100 years old

booster, it also gives time to reminisce and attend to personal care.

Being nearly 100 years old Weleda, a not-for-profit company, are the pioneers of ethical and sustainable beauty. If you would like to find out more about their certified, organic, natural skin care ranges, well being and medicinal products please contact: sophie.rowe@weleda-advisor.co.uk Instagram - WeledawellbeingCornwall 07709 609538



Wärme HEATING

LOCAL SUPPLIER OF ENERGY EFFICIENT GERMAN STORAGE HEATERS



UP TO £500 SCRAPPAGE SCHEME
TO REMOVE AND REPLACE YOUR OLD NIGHT STORAGE HEATERS

ENERGY EFFICIENT | SLIM LINE | BUILT TO LAST GUARANTEE

ELECTRIC RADIATORS



The perfect solution to replace your old storage radiators or heating system



- Fast heat up
- 24/7 programming
- High performance & Clean
- Control each room independently
- No service costs & maintenance
- Lot20 compliant
- Fitted by NICEIC Approved Installers

CHEAPER THAN OIL & LPG



TO BOOK YOUR FREE SURVEY PLEASE CALL

07498 190045 | 01208 455701 | warmeheating.co.uk



Higher Windmill Allotments

from Brian Cook

When the last allotment report was drafted, we had no idea what was about to strike us. All the focus was on the weather and when it would be warm enough to sow seeds. Shortly after we published, coronavirus hit the country, then lockdown.

As they say every cloud has a silver lining, at least it has for Polruan allotments. The allotments are thriving as they haven't done for years past. Our members have gained the time to garden as they never have before. We have also gained new members who have taken over spare plots, some taking half allotments and a few have even taken quarters. The effort that has been put into the gardening is impressive. In the past, it was normal to be alone when up at the site, but the new normal is to see six or eight people working away . . . all socially distancing of course, by keeping to their own plots. It works . . . the advice and banter from a distance is still good and humorous!



What has been going on? A number of plots have been rotovated and dug over to clear weeds. Beds have been set out and plants put in. Recently it has been warm enough to sow seeds and these are beginning to show through. Already onions, broad beans, lettuce, beetroot, runner beans, various brassicas and potatoes are up . . . some are quite tall. We are waiting a little longer for some warmer weather, particularly overnight, so that we can plant the French beans and courgettes that have grown at home in pots.



Fruit growing is particularly enjoyed in Polruan. Already we can see that this is going to be a good year for soft fruit. Strawberries are abundantly setting and there are going to be good crops of gooseberries and raspberries. Most of our allotmenters grow soft fruit and a few also have dwarf apple trees on their plots.

Flower growing is keenly done by some of our gardeners and seeds are currently being sown. Flowers always brighten up the site during the summer and autumn

There are one or two spare plots still available. If you want to join this happy crowd of gardeners why not speak to our chairman Des Libby to see what is available.



Logan's Logs

LPG Bottled Gas
Patio, BBQ & Camping Gas
Kiln Dried Firewood
Coal & Smokeless Fuel
Eco Heatlogs
No Contracts
FREE DELIVERY



01208 816827
sales@loganslogs.com
www.loganslogs.com

AIR PRODUCTS
Cylinder Gas Agent

- Commercial Gases
- Welding & Cutting Gases
- Food & Drink Gases
- Balloon Gases



Perfect Venue for Parties,
Weddings, Clubs, Meetings,
Training and much more



Excellent Facilities including:

- WIFI
- Modern Fully Equipped Kitchen
- Good Access
- Easy Parking
- Reasonable Rates

Visit our website for more information.
www.whitecrossvillagehall.org.uk
 Bookings can be made via our online calendar
 or call Margaret -01726 870310

WHITECROSS & DISTRICT GARDENING CLUB

2020

We are looking at a programme of events for when we can all circulate more freely, please keep an eye out and we will update everyone as soon as we can.

Stay well and safe

New members are always welcome

Enquiries:
Please telephone
Sue Watts on 01208 871513

Polruan Holidays

A delightful very select family owned exceptionally well maintained exclusive **FIVE STAR** and **GOLD AWARD** winning camping and caravanning park, with no overcrowding and well-spaced pitches, no club or evening entertainment on site just peace and quiet, all within a splendid unique location of outstanding natural beauty surrounded by National Trust and farmland, with the most fantastic panoramic breath-taking sea views.

Also Holiday Caravans for sale & for hire

Please visit our website for revised information

Web: www.polruanholidays.co.uk
Email: polholiday@aol.com

BARTLETT'S ELECTRICAL SERVICES

01726 833429
info@bartlettselectrics.co.uk

Electrical Services and quality products supplied and installed

Aerial and satellite installation
 Television sales and installation
 White goods sales and repairs
 Electrical contracting
 Electrical testing

Based in Fowey,
 covering all surrounding areas

www.bartlettselectrics.co.uk





Town Trust News

from Robin Sainsbury
Chairman

In these unprecedented times the Trust have been continuing to function by way of online meetings using Zoom to enable us to deal with the day to day running of the Trust's assets.

The Trustees took the decision to cancel the AGM this year, the Trustees due to stand down will sit for an extra year. My report and the annual accounts will be made public both on the notice board outside the Reading Room and in the next edition of the Parish News.

Since my last report Adrian Fisher has been appointed as Clerk and is already proving to be a great asset to the Trust. We are currently undertaking a full review of our assets and liabilities to ensure that our insurances cover us sufficiently for any unforeseen occurrences.

To this end we do not plan any large expenditure in the short term, ongoing projects such as the extension to the cover on the Coal Wharf will be completed and the repairs to the slipway will be undertaken. The Trust have also purchased some new life jacket lockers to place on the quay as and when the river is reopened to leisure users.

As ever we continue to manage the assets of the Village to the best of our ability and will continue to do so in these trying times. Should you have any questions for the Trust please contact either The Clerk or any other Trustee.



LANTEGLOS PARISH COUNCIL

IMPORTANT NOTICE

As local residents know, there is a ongoing problem caused by seagulls ripping open plastic rubbish bags, strewing around the unsanitary contents and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

Early Monday morning and NOT BEFORE!

It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

PLEASE DO NOT FEED THE GULLS

SUBSCRIPTIONS

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

It only costs £8 (UK)
£18 (Europe) £24 (overseas) to have the Lanteglos Parish News sent by post on publication for a year.

To Graham Tyson, The Old Barn,
Polscoe, Lostwithiel, PL22 0HS

Please send me the the next 6 issues of the Parish News by post on publication.
PLEASE PRINT CLEARLY

Name _____

Address _____

Postcode _____

Name of Addressee (if different)

Address _____

Postcode _____

I enclose my cheque for £8 (UK) / £18 (Europe) £24 (overseas) made payable to Lanteglos by Fowey PCC

Photocopies of this order form are acceptable.



**NCI Polruan
from Brian Cook**

Please note that the NCI stations will not be manned until further notice.

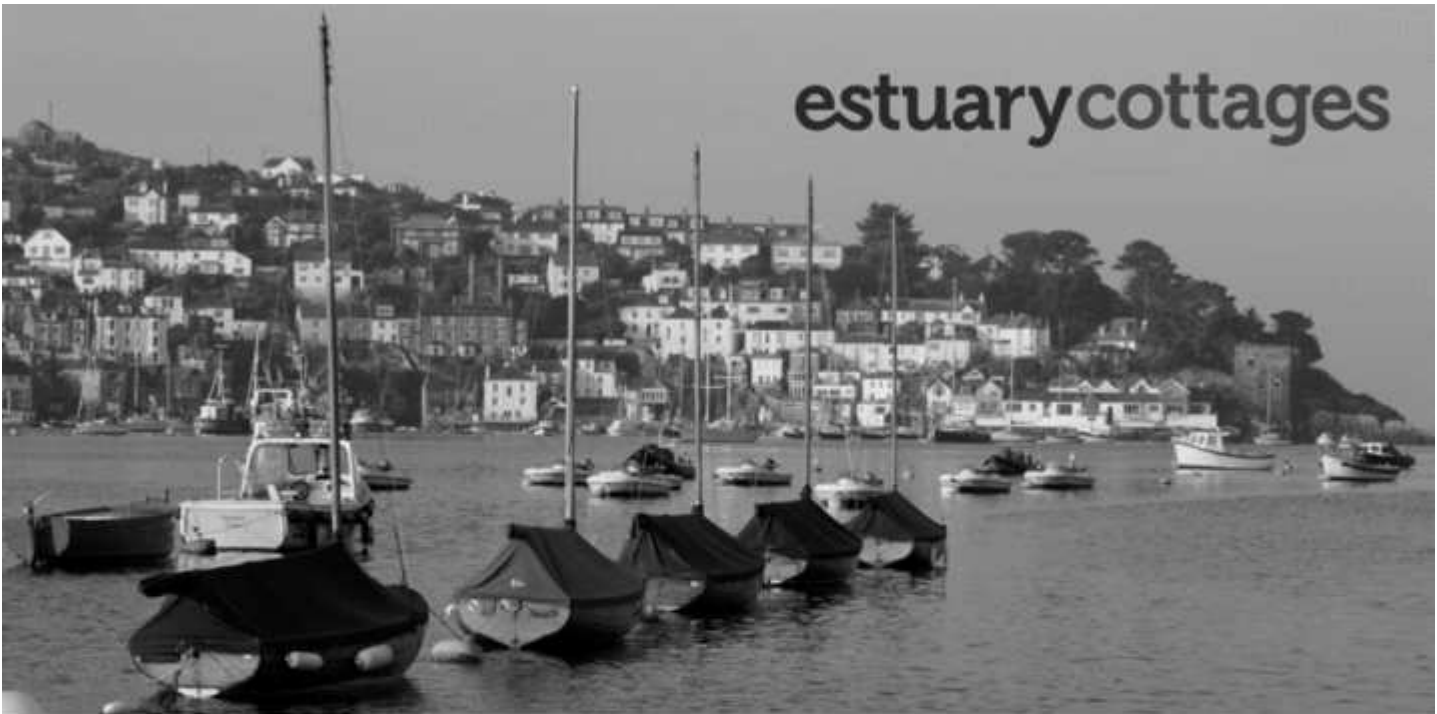
In our last report we were looking forward to a busy summer and remembering one of our senior members Tony White, who had recently died. So far it has been far from busy and at about the time we were at Tony's funeral the first hints of lockdown were appearing.

Because of the coronavirus lockdown, our Station has been shut down. This has coincided with the least activity around the harbour and coast that we have ever known.

The only activity has been commercial - Clay boats and fishermen. The only walkers have been local residents who probably don't need the NCI keeping an eye on them.



We have now been told from on high that the Station will be shortly allowed to open. We have to single man the lookout and take other social distancing measures. Already there are leisure boats around and 'foreign' walkers are appearing, so maybe we will have a busy season after all!



**Estuary Cottages is currently looking for high quality holiday homes in the Fowey area.
If you have a property you would like to let contact us now for proper professional advice.**

Caretaking & maintenance arranged
Highly experienced team
High quality & very effective website

A personal & professional service
Fully managed local office with
client parking & disabled access

Excellent occupancy rates
Industry leading brochure

Estuary Cottages, Porcelain House, Tower Park, Fowey PL23 1JD | Telephone: 01726 832965 | www.estuarycottages.co.uk

Fowey Festival has been postponed to 25 September to 3 October 2020

We need your support. Can you please help Fowey? Many of you will understand that the Fowey Festival is good for the lovely Town of Fowey by attracting visitors from all over the world, but we are on the edge of losing the Festival for want of funds. We need it to be there after lockdown so we can all celebrate and, more importantly, help Fowey attract visitors to come and spend their money to help local businesses get back on their feet. Fowey will not be the same place without the independent shops, lovely pubs and great restaurants.

If you can make a donation that would be very much appreciated, but if you are unable to do so, please help us by sharing this message as widely as possible. If you have already donated please accept our grateful thanks, it is greatly appreciated.

Funds for Fowey Festival

<https://uk.virginmoneygiving.com/charity-web/charity/displayCharityCampaignPage.action?campaignId=11702>

Or you can search for: *Virgin Money Donate Funds For Fowey Festival*

Fowey Festival derives most of its income through ticket sales and the lack of a Festival in May, due to Covid-19, is stretching our cash flow and our ability to continue working with all the preparation needed to put on a Festival. We have postponed the May Festival to late September, and it is our hope that it will be able to go ahead. Either way, we need to find a way to survive both financially and to enable the work we do behind the scenes to continue.

We thank you for your consideration and support. In the meantime please stay safe and we hope to bring a Festival to Fowey in the Autumn and/or next May. Let's all work together to make this happen. Do keep in touch.

www.foweyfestival.com

Twitter: [fowey_festival](https://twitter.com/fowey_festival)

Email: info@foweyfestival.com

Facebook: [@FoweyFestival](https://www.facebook.com/FoweyFestival)



Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website
www.friendsofthefowey.org.uk

Or join us on Facebook

Our events are Free to members and £2.50 for non-members, unless stated otherwise

Forthcoming events

Please check our Facebook page for updates or contact us on the telephone numbers listed



Image by [OpenClipart-Vectors](https://www.openclipart.com/) from [Pixabay](https://www.pixabay.com/)



C. TOMS & SON BOATYARD POLRUAN

- Boatbuilders & Repairers
- Slipway to 350 tonnes
- Boat hoist to 220 tonnes

- Craneage to 50 tonnes
- Marine Engineering

- Winter Storage
- Diesel & Petrol Sales
- Launderette & Showers



Tel: **01726 870232**

enquiries@ctomsandson.co.uk www.ctomsandson.co.uk

Since 2012 the Fowey Harbour Heritage Society's accredited guides have led walks in Fowey and Polruan during the season. These have grown in popularity and the numbers of visitors on the walks have tripled. This year in March seven more guides successfully completed their examination after six months of training. We congratulate Sue Reardon, Suzanne Goddard, Marian Cole, Kathryn Bartlett, Chris Bradish, Cecil Varcoe and Simon Cole on their achievement. They took a written exam which was externally verified and then had a one day practical exam with four external assessors. The official celebrations have been delayed but we warmly congratulate them all. All the guides leading the walks are now part of the Cornish Riviera Guides who are supported by the Fowey Harbour Heritage Society.

Looking ahead the Fowey Harbour Heritage Society is continuing with its plans for its usual popular programme of talks beginning in September. In light of the current situation all speakers will be local to the area to avoid disruption if changes have to be made.

We plan to hold them in the usual locations with suitable precautions taken to socially distance and to strictly follow any health advice. If, when the time comes such meetings are not advisable, we plan to provide the talks free to members of the Society via Zoom on the day.

More details of the talks and the dates will be given nearer the time but here is a taster of what is in store.



Polruan Coastguard from Des Libby, Station Officer

How things have changed this last couple of months due to the Covid-19. All training and exercises have been cancelled until further notice to minimise contact within the team and to help prevent the spread of the virus. Extra cleaning goods have been acquired to disinfect any equipment needed after casualty use and indeed the CRV contact points after any use. New procedures have been introduced along with new PPE so we can protect ourselves and casualties.

Several members of the team have signed up to the new Coastguard Mutual Aid Scheme as a response from HM Coastguard to the COVID-19 pandemic. The idea is to be able to help the local community and respond to requests from Devon & Cornwall Police, SWAS and local authorities, should the need

- Helen Doe**
Butcher, Baker Candlestick Maker:
Cornish Shipowners
Marcus Lewis
- History of the Fowey Rivers (70th anniversary
this year)**
Cornish Riviera Guides
An Historical Tour of Looe
Lynn Goad
- Fascinating Characters associated with
Fowey**
Alex Lewis
- What the Tudors did for Fowey**
Cornish Riviera Guides
An Historical Tour of Mevagissey

The Society's annual journal for members, The Barquentine, is currently being produced and has a good crop of interesting articles about local history.

If you are interested in joining the Society see our website

www.foweyharbourheritage.org.uk

Or contact our Honorary Secretary, Jane Staniland on 01726 833749



arise. As part of this, the team has been on numerous MA patrols in our area at the request of Devon & Cornwall Police, monitoring the use of the beaches and water ways and reporting back to Falmouth, who pass information on to the Police. A maximum of two people per patrol, out for three to four hours at a time.

Remember the advice is to take extra care in these extraordinary times.

Regular conference calls are held with the Area Commander to update the teams on changing procedures and requirements, with updates and patrol rota being emailed out to the team.

Remember if you see anybody in difficulty along the coast line call 999 and ask for the Coastguard



With changes in guidance on exercise and travel, please follow the safety advice that will protect you, your loved ones, and the lifesavers

Following changes in Government guidance, it might be that you're considering heading to the sea.

Please be aware that there are currently no RNLI lifeguards on beaches in the UK. Although our volunteer lifeboat crews are fully operational if needed, this is your watch too. Follow safety advice to protect yourself and your loved ones – and you'll help to reduce the demands placed on our lifeboat crews and other emergency services.

- Take care near cliffs - know your route and your limitations
- Have a plan - check the weather forecast and tide times
- If you fall into the water unexpectedly, FLOAT TO LIVE. Fight your instinct to thrash around, lean back, extend your arms and legs, and Float
- If boating, ensure your equipment is functioning and maintained
- In any coastal emergency dial 999 or 112 and ask for the Coastguard

The RNLI normally patrols over 240 beaches around the coast. But rollout of the normal seasonal lifeguard service was paused at the end of March due to the measures put in place by the UK Government to control the spread of Coronavirus.

The charity is currently working with local authorities and beach owners in the hope that it can provide a lifeguard service on around 30% of the beaches the charity usually covers this summer. Re-establishing this infrastructure and distributing equipment to beaches will take time. We must also make sure that conditions are safe for our lifeguards to provide an effective service – our priority remains to be the safety of our people and the public.

Our lifeboat crews are still ready to launch 24 hours a day, 7 days a week.



VISITORS

Have you just arrived in Polruan?

Please help us to protect our village,
which has many vulnerable residents by



If you need to speak to someone during
your visit please call

Polruan Isolation Support 07709609538

The
Carpet Gallery
CARPETS

www.thecarpetgallerylostwithiel.co.uk

The
Carpet Gallery
VINYLS

www.thecarpetgallerylostwithiel.co.uk

The
Carpet Gallery
TILES

www.thecarpetgallerylostwithiel.co.uk

With over thirty years experience, The Carpet Gallery will give you free professional advice on an extensive range of products from leading manufacturers worldwide. To further ensure your satisfaction, The Carpet Gallery is a member of the Carpet Foundation and operates under a code of practice approved by the Office of Fair Trading. Flooring professionals dedicated to upholding the highest standards of workmanship and integrity

Mon 9 - 1 • Tues 9 - 5 • Wed 9 - 1 • Thurs 9 - 5 • Fri 9 - 5 • Sat 10 - 12

Other times by appointment



FREE FITTING - MEASURING - ESTIMATING
20 QUEEN STREET, LOSTWITHIEL PL22 0AD Tel: 01208 873237

