The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Rev's Ramblings

We have settled very quickly into the lovely Rectory and are both looking forward to a little more freedom in the coming months, hopefully. I can hear my Mum saying to me as a kid "patience is a virtue". What I have learnt more than anything else during the lockdowns, is probably patience. It is a wonderful life attribute. For those of you who have played cricket, we all know the longer you can stay at the crease, the easier batting becomes, as your eyes adjust to the pace of the pitch, the light and climatic conditions, as the ball gets older and less likely to swing. I remember my son, Josh, batting in a Somerset under 15's, 20 over competition final. Opening up and with his partner, they had 32 runs on the board after 10 overs. They finished up 136-2 off 20 overs, with Josh unbeaten on 69 not out. Patience!

We all need patience in the family. I have probably spent more time with my wife, Harriet, in the last year than I have in the previous 10! We've had the odd tiff but probably learnt to live with each other in better ways. I am sure many of you have had to develop patience in lots of areas of family life.

I have had to develop patience in the work place. People have reacted in strange and wondrous ways towards me during lockdown. I have tried to understand the pressures and dilemmas they face and to understand and deal with their situations patiently. Basically I have had to go the extra mile — a good discipline to learn in life.

As you will all find out, I am a dinosaur when it comes to technology so have had to develop new skills using Teams, Zoom and posting services on YouTube and Facebook. I am used to preaching off the cuff and have had to restrict myself to 5 mins on the internet or a side or so of A4 to be sent by snail mail.

I have had to almost learn patience with myself as I have adapted to new ways of life. There have been good days and bad days days when I have achieved and days when I feel as though I have failed. I have had to learn to forgive myself and not be too hard on myself, to learn patience and wait. I want this all to end tomorrow. I want to wake up tomorrow and think this is all a bad dream, but I haven't, as it's true. I want normality again or what was normality. I'm desperate to go out for dinner, go to the cinema or theatre, sit in a crowd and watch cricket, footie or rugby. Go around to my friends for a curry and a pint! Go on holiday. If I'm patient I will and gradually, now these things are being made available to us, safely! I have had to learn to wait. Waiting can be painful but you can learn through it.



Photo by Daniel o'Dowd on Unsplash

I have had 5 operations on my left knee and if you count the cartilage trims 7. To quote Jamie Webster on Virgil Van Dyke strong as you like! That's how my knee feels now, even with somebody else's Achilles tendon running through the middle of it. I've spent months rehabbing. I am able to walk up to 40 miles a week. No swelling, no pain. It took a long time. I got there. I worked on it.

What I am saying is the thing we have had to all learn the most is patience. For me it's the fruit of the Holy Spirit. It's certainly something that I have had to ask God for and He's freely given. May you all know the fruit of patience in the coming months.

I hope you all have a great spring enjoying a little more freedom with friends and family, appreciating some of the things we have had to patiently wait for.

Richard

From the Editor

Nature is a wonderful thing, it's clock continues to tick no matter what is happening all around. Spring is starting to spring and nothing will stop it; the daffodils in the gardens and on the verges are holding their bright yellow heads high, the lambs are are jumping and skipping in the fields and the birds are twittering busily getting their nests ready for new life. Such a wonderful time of the year filling us with so much joy and promise for what lies ahead. We still face challenging times ahead but I agree with sentiments in The Rev's article, following a period where we have had to be so patient and have made so many sacrifices, let's hope the coming months will gradually allow us to spend our lives enjoying the close fellowship of our friends and family in a less restricted

I wish you all a very happy Easter.

Suzanne

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Church Diary in the Benefice of Trelawny

St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland; St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt

Whilst we are enduring another lockdown, sadly our Churches are having to restrict their opening or close in order to keep all safe. St Marnarch at Lanreath is still planning to have a Sunday service at 11am throughout the lockdown period. St Ildierna at Lansallos, St Wyllow, Lanteglos-by-Fowey and St Saviour, Polruan are currently closed for public services although this is subject to periodic review.

St Nun at Pelynt remains open only for private prayer every Wednesday between 10am and 12pm, St Tallanus at Talland will be open for private prayer only on Sundays and Wednesdays and St Wyllow, Lanteglos-by-Fowey remains open for private prayer twice a week on Wednesdays and Sundays from 10am until 4pm.

We will open our Churches as soon as we safely can and notices will be displayed on each Church keeping parishioners up to date. Should you have any queries please contact the Trelawny Benefice office on: 07399563440 or trelawnybenefice@gmail.com

In the meantime please stay safe.

Please be aware that due to changing guidelines from the Government, these services were correct at the time of going to print but may be subject to change. Please note, the times for Private Prayer are approximate.

APRIL 2021

Wednesday 3rd

St Wyllow 1000-1600 Private Prayer

Good Friday

St Ildierna	1000	at S Nun
St Marnarch	1000	at St Nun
St Nun	1000	Hymns and Readings
St Wyllow	1415	Liturgy of Good Friday with Choir
•		Friday with Choir

Sunday 4th — Easter

St Ildierna 0930	Holy Communion
St Marnarch 0930	Morning Service
St Wyllow 1100	Holy Communion
St Tallunus 1100	Public Worship with
	Communion by
	Extension

Extension

St Nun 1100 at Methodist Chapel

Monday 5th

St Saviour 1530 Messy Church (tbc)

Wednesday 8th

St Wyllow	1000-1600	Private Prayer
St Nun	1000-1200	Private Prayer
St Ildierna	0900-1700	Private Prayer

Sunday 11th — Second of Easter

St Ildierna	0930	Holy Communion
St Marnarch	0930	Morning Service
St Nun	N/A	Closed
St Wyllow	1100	Morning Prayer
St Tallunus	1100	Holy Communion

Wednesday 15th

Weariesaa	,	
St Wyllow	1000-1600	Private Prayer
St Nun	1000-1200	Private Prayer
St Ildierna	0900-1700	Private Prayer

Saturday 17th

St Wyllow 1230 Wedding

Sunday 18th — Third of Easter

St Marnarch	0930	Holy Communion
St Tallunus	1100	Morning Prayer
St Wyllow	1100	Parish Eucharist
St Nun	1100	at Methodist Chapel
St Ildierna	1830	Evening Prayer

Wednesday 22nd

St Wyllow	1000-1600	Private Prayer
St Nun	1000-1200	Private Prayer
St Ildierna	0900-1700	Private Praver

Sunday 25th — Fourth of Easter

St Saviour	0930	Holy Communion
St Wyllow	0700	Private Prayer
St Marnarch	1630	Evening Service
St Nun	1100	Holy Communion
St Ildierna	1830	Holy Communion

Wednesday 29th

St Wyllow	1000-1600	Private Prayer
St Nún	1000-1200	Private Prayer
St Ildierna	0900-1700	Private Praver

MAY 2021

Sunday 2nd — Fifth of Easter

St Tallunus	1100	Benefice Eucharist
St Nun	1700	Songs of Praise

Sunday 9th - Sixth of Easter

St Ildierna	0930	Holy Communion
St Marnarch	0930	Morning Service
St Tallunus	1100	Holy Communion
St Wyllow	1100	Morning Prayer
St Nun	1100	United Service
St Saviour	1530	Sing a New Song (tbc)
		Song (tbc)

Sunday 16th — Sunday after Ascension

St Marnarch	ı 0930	Morning Service
St Nun	1100	at Methodist Chapel
St Wyllow	1100	Parish Eucharist
St Tallunus	1100	Morning Prayer
St Ildierna	1830	Evening Prayer

Sunday 23rd — Pentecost

St Marnarch	า 0930	Morning Service
St Saviour	0930	Parish Eucharist
St Nun	1100	Holy Communion
St Ildierna	1830	Evening Prayer

Saturday 29th

St Marnarch 1230	Wedding
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Sunday 30th

St Nun	1100	Benefice Holy
		Communion

From the Registers

Graveside service

27th February; Gwendoline Eunice Pearce of Lanteglos Highway, St Ildierna, Lansallos

Funeral service

5th March; William Ernest Vivian Sandy of Lanteglos Highway, Bodmin Crematorium 22nd March; Leonard Cox of Lanreath, Truro Crematorium

St Saviour Rotas

from Kathryn Hill

Rita Stewart has been arranging flowers in St Saviour Church and organising the rota of her fellow flower arrangers for over forty years and has sadly decided that the time has come to hand over the baton. Thank you so much for all you have done Rita, your skill with the flowers will be much missed. I have no skills in flower arrangement but have agreed to organise the rota with Chris Cox's help, pending finding someone to take over this important role. If you feel this could be you, please contact me. We also need more people to join the rota – offers to me (01726 870953; kathrynehill@gmail.com) or Chris (01726 870194) please.

Now that Sonia Watts has moved to Fowey there is another 'rota organiser' post to fill, that of cleaning St Saviour. Again I am 'filling in' with Chris's help but I am hoping that there might be someone who would like to take over this equally important role. Again we also need some 'new blood' on the cleaning team – offers to me or Chris please. Thank you Sonia for all you have done for St Saviour for many, many years and I promise we will keep the brass shining bright!

Useful contact numbers

	Emergency – not life threatening	111
	Fowey River Practice	01726 829272
	Boots Chemist, Fowey	01726 833332
	Polruan Village Shop	01726 870477
	Post Office and shop, Winklepicker	01726 870134
SEA	Crumpets bakery	07890 602813
	Jam First Coffee Shop	07875 293364
र्त्ता	The Russell Inn	01726 870707
	The Lugger Inn	01726 870567
ш	Travel Cornwall Bus Service	
L ₀	Polruan Community Bus	01726 870707
citizens advice	Citizen Advice, St Austell	0344 411 1444
복	Lanteglos by Fowey Parish Council	01726 884024
gov.ı	Dr Pat Moore, Parish Councillor	01726 870340
·	Edwina Hannaford, County Councillor	01503 264160 07717 203725
in the second se	Lanteglos Churches Benefice Administrator	07399 563440
, .	Foodbank, Liskeard and Looe	
, <u>~</u>	The Trussell Trust	07512 011452
	Anyone needing any assist message directly on Polrua – this will only be seen by who will maintain discretio	an Isolation page the administrator

Parish Church Electoral Roll

What is the electoral roll? This is the basic list in every Parish of all those entitled to vote on elections within the Church of England. Those entitled to have their names on this roll must be 16 years of age or more and they must reside in the relevant Parish or be regular visiting worshippers. The roll is completely renewed every six years, at which point all members have to re-apply.

Do I have to join? You can of course be a full and active member without joining the Roll. Being on the Roll does not entail signing up for any additional commitments but there are advantages such as if you wish to get married or baptise your children if you live outside the Parish.

Do I qualify for the roll? You must be aged 16 or over and you must be baptised. You must also be a member of the Church of England and either live in the Parish or have attended a church in the Parish regularly for at least 6 months.

Why join the electoral role? Joining the Electoral Role is an important way of supporting your Parish Church, its community and vision. It enables you then to have greater involvement at a local level through to national level should you wish. Numbers are important in the present climate in which the Church of England needs to be aware of the commitment of its people. Church morale is affected by statistics and while it would be wrong to inflate the significance of the Roll it would be a missed opportunity to ignore it. With your name on the Roll the strength of the church can be seen in your local area and across the Diocese. If you are a regular, you should sign up! Above all enrolment is a way of saying I belong. For us in the Trelawny Benefice it is an act of commitment and community. It opens the way for a greater involvement in the life of the church whatever your age.

We are reminded of that lovely old poster with Churchill pointing 'Your country needs you'. Well in the same way, 'Your parish church needs you . . .'. When circumstances permit, we are sure there will be lots happening and lots to be involved in. Remember the body (church) is a unit with everyone bringing their different and varied gifts. It needs lots of people with lots of gifts to fulfil its potential. Our new incumbent, Rev Richard Allen will be on hand for a chat and encourage you to join in.

Are you interested in joining and supporting your local Church community? We are now updating our Church Electoral Roll before our next Annual General Meetings for each in the spring. If you are interested in joining us please contact the Electoral Officer for your Parish below and we look forward to hearing from you.

Lanreath - Jenny Bartram

01503 220490 <u>jennifer.s.bartram@gmail.com</u>

Lansallos - Glenda Feesey

01503 220884 johnfeesey@gmail.com

Lanteglos by Fowey - Janet Downes

01726 870627 janet@janetdownes.com

Pelynt - Carol Gibbs

01503 220400 carolgibbs@btinternet.com

Talland - Polly Mayman

01503 272052 pmayman@macace.net

To all my wonderful friends!

from Louise Courtney

After 4 months in hospital, I am finally home again. Alleluia!

A quick recap: In September of last year, I



went into Clinique Pasteur in Bergerac for a second new knee. Unfortunately in addition to the new knee I got given COVID-19. It was apparently one of the worst cases they had

seen and I was in a coma on a ventilator for 5 weeks. The medical staff kept trying to bring me out of it but for a long time I wasn't strong enough to breathe on my own. I have since been told by many people that I was very fortunate because I had been sent to a hospital where they really fought hard to keep me alive. In some other places they'd possibly have looked at this 72-year-old woman who they couldn't bring out of her coma and decide to let me slip away. When I finally came out of the coma, as well as other complications, I had no muscle mass and was paralysed. I'd also lost a lot of my memory of the past year. The rest of the time was spent in various hospitals in ridding me of various infections and allergies, and learning to walk.

I really believe that my survival is a miracle; several times during my battle with Covid I was very close to death, indeed the undertakers were alerted and advised to expect my Covid body, but the Lord heard the prayers of my many friends here in France

and across the world. The outpouring of love and support that I received was incredible and totally overwhelming and

I thank you all from the bottom of my heart. I will also



never be able to adequately thank my dear friend Liz and the local Methodist minister who bravely came into the ICU while I was in the coma to play music and to pray over me. God bless you for your kindness

I am so impressed with the health provision here in France. Not only did they save my life but now I am back home they send in [physiotherapists, nurses and help with day to day living].

It is wonderful to be back home and to sleep in my own bed. I can manage to walk around my house, my hands still don't work very well and I can fall asleep at the drop of a hat. BUT BY GOD'S GRACE I AM ALIVE! May I take this opportunity to thank all the wonderful people who have done so much to help me through this very difficult time. I have been truly blessed, the Lord didn't give me friends, he gave me angels.

I hope that you had as good a Christmas and New Year as is possible at this very difficult time. Do look after yourselves and I pray that you will keep safe and healthy.

With love and blessings, Louise. XX

The Churches of the **Benefice of Trelawny**

Rector Rev Richard Allen 01503 220847 Benefice Pippa Administrator Morrell-Davies 07399 563440

Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

Lanteglos

Churchwardens	Colin Payne	01726 870715
	Norman Mallard	$01726\ 870747$
Treasurer	Graham Tyson	$01208\ 873750$
Secretary	Liz Luck	$01726\ 870542$
Lansallos		

Churchwarden	s Margaret Phillips	07493 310816
	Josie Slade	01503 220513
Treasurer	John Feesey	01503 220884
Secretary	Glen Feesey	01503 220884

Pelvnt

Leryme		
Churchwardens	Sheila Morrell-Davies	01513 220976
	Frank Edwards	Ex Directory
Treasurer	Rosemary Lee	01503 220169
Secretary	Sheila Morrell-Davies	01503220976

Lanreath

Churchwarden	s Gill Sanders	01503 220827
	Peter Hooper	01503 220229
Treasurer	Peter Bartram	01503 220490
Secretary	Jenny Bartram	01503 220490

Talland		
Churchwarde	ens Sheridan Hughes	01503 264948
	David Bailey	01503 262890
Treasurer	Joe Sharples	01503 273466
Secretary	Jenny Hall	01503 598267

Advertisers and organisers

The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

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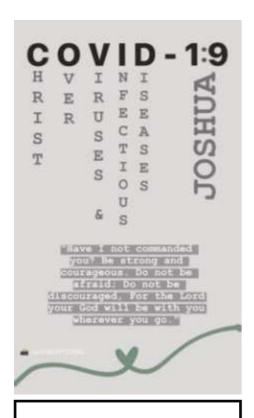
Advertising

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News from Lansallos from John Feesey, Lansallos PCC

The Church of St Ildierna mourns the sad loss of two good friends. Gwendoline Eunice Pearce (known as Eunice or "Neecie") has passed away in Derriford Hospital, just 6 weeks short of her 101st birthday. She had been a regular attender and stalwart supporter of Lansallos Church for most of her adult life. Eunice's legacy remains in the church in the form of the beautiful altar frontals and cloths which she crafted by hand, the priest's vestments and numerous tapestry kneelers which she also helped to make. Until she became too infirm she was a regular member of the church cleaning rota and an invaluable helper at the annual fete and other church events. She was particularly proud of her wartime service as an aircraft mechanic in the Women's Auxiliary Air Force. Eunice had let it be known that she "wanted no fuss" and after a private graveside service on 27 February was buried in the same grave already occupied by her husband, Roy.

Another church supporter who died in February, this time on the other side of the Atlantic, was Dan Hoben of Colorado, USA. Dan, with his wife Beverley, had been stationed in England in the early sixties as a member of the United States Air Force, becoming keen Anglophiles and lovers of Cornwall and especially the churches of Lansallos and Lanteglos which they used to visit regularly. Every year for many years we've received a cheque from the Hobens and were saddened to hear that he'd died after his health was undermined by contracting COVID-19 and he suffered a massive heart attack. We hold Dan, Eunice and their families in our prayers.

After being temporarily closed for over ten weeks during the latest COVID-19 pandemic lockdown, St Ildierna is now open again for private prayer and to visitors, but only on



Wednesdays and Sundays to minimise the need for deep cleaning and sanitisation. Our first service after lockdown was on Sunday, 14 March, when the Reverend Richard was warmly welcomed at his first service in the parish after his institution as Rector of Trelawny Benefice. We hope that, pandemic permitting, we'll be able from now on to resume normal weekly services at Lansallos.

The new wall mounted infra-red heaters in the Lady Chapel are now fully installed and are already proving their worth in keeping the congregation much warmer than the old storage heaters and, we hope, at considerably less cost.

Future Events: There'll be no service of Meditation this year but a 10.00am Benefice Good Friday service will be held at Pelynt Church instead. Our Easter service will be 9.30am Holy Communion with the Rev Richard. The Annual Parochial Church Meeting will take place after 6.30pm evening service on Sunday, 25th April: do come and hear about plans for the year ahead.

Pask Lowen! (Happy Easter!)

penmarlam

caravan & camping park

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Calor Gas & Camping Gaz Internet Access Mobile Phone Top-Up



Advice and Support available

The Trussell Trust foodbanks support over 1,200 food bank centres across the UK, and can offer other help and advice where necessary.

During the pandemic, when many people have found themselves with a wide variety of financial needs, the local foodbank at Liskeard has also been able to provide support and advice by sign-posting people to the right place to find the help they require.

So do not hesitate to contact them for advice and support of any sort; not just for foodbank services.

https://liskeardlooe.foodbank.org.uk Barras Place, Liskeard PL14 6AY Tel: 07512 011452

Lanteglos Community Bus

It is very much regretted that our regular services to St. Austell, Trago and Truro are suspended until further notice.

This follows government advice in response to the COVID-19 crisis, particularly as it relates to the use of public transport and the vulnerability of both passengers and drivers due to age and underlying medical conditions.

We are extremely sorry for the inevitable inconvenience that this will cause and will monitor the situation closely to bring updates.

News From Lanreath from Jenny Bartram

We paid our final respects to Len Cox, one of our oldest residents, on 22 March when his coffin was driven through the village on its way to Truro Crematorium. Len had lived on Grylls Park for many years, was a veteran of World War 2, and was often seen heading for the Post Office and Shop on his mobility

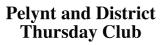
The Shop and Post Office are happy to report a healthy financial turnover and wish to thank all their customers for their continued support. They are pleased to take orders for meat, fruit and vegetables and bread.

In preparation for the Easter celebrations they have organised an Easter Egg Decoration Competition with prizes for the following three categories:

0-4 years, 5-10 years and 11-13 years.

There is also a super Easter hamper to raffle – tickets are £1 a strip and the proceeds will go to help maintain the shop.

The Tipsy Cow will be reopening its doors at the Village Hall on 12 April and will be



Meetings are held in Pelynt Village Hall on the last Thursday of each month at 2.30pm Admission £2, including raffle ticket and refreshments All welcome- we look forward to seeing you

Planned meetings

We are currently preparing a programme of events which will be publicised once restrictions are lifted



serving food – socially distanced – outside. Please visit, you will receive a warm welcome.

Stop Press: Work on The Punch Bowl is due to commence after the lockdown ceases, so expect to see a hive of activity within and without the pub this coming summer.

The Ladybirds recommence at the Village Hall on Tuesday, 20 April between 9.30 and 11.30am. Apparently there have been a number of new arrivals since Ladybirds last gathered and Sandra looks forward to greeting old and new friends alike.

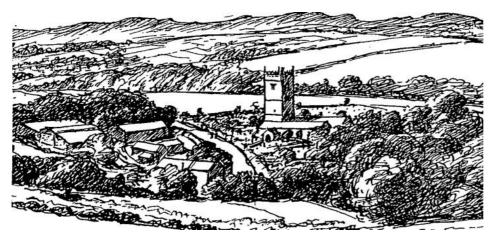
Woman's World Day of Prayer

from Kathryn Hill, for Polruan



WWDP Committee

Woman's World Day of Prayer is held annually on the first Friday of March and we normally meet for the prayer service in St Saviour Church but because the church was closed due to COVID-19 it was not possible this year. Many groups have been similarly affected and those with digital skills went online while others decided to postpone the event until restrictions are lifted. We plan to hold Woman's World Day of Prayer in June (details in the next Parish News). It will not be the same as being part of a 24 hour 'wave' of prayer going all round the world but it will definitely be better than cancelling!





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Email: info@oldferryinn.co.uk
Tel: 01726 870237
The Old Ferry Inn, Bodinnick By
Fowey, PL23 1LX

Polruan Village Hall is in a lovely position, and is ideal for weddings, birthdays and parties, so please remember you can hire the hall for a very reasonable cost.

- The rates are £12 per session (ie. morning, afternoon, or evening)
- Please contact Kathryn (01726 70953) for more information or to book





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POLRUAN POST OFFICE

OPENING HOURS

Monday 9.00am to 4.00pm Tuesday 9.00am to 4.00pm Wednesday 9.00am to 4.00pm 9.00am to 4.00pm Thursday Friday 9.00am to 4.00pm Saturday 9.00am to 1.00pm Sunday Sorry, Closed (See Facebook for latest information)

Polruan Kidz Klub and **Polruan Youth Club**

from Angie Mallard - Chair of Youth



At last a glimmer of light at the end of the Lockdown tunnel!

Unfortunately though we still can't make any definite plans for this year, but we really hope it won't be too long before we can meet together again! Missing you!

Meanwhile keep safe and well, with best wishes from us all

Woman's Hour from Kathryn Hill

By the time you read this Polruan Woman's Hour should have started again. As usual there will not be a meeting on the Tuesday after Easter Monday so the first meeting in April will be on Tuesday, 13 April at 2.30pm in St Saviour Church. Unfortunately we still won't be able to sing or enjoy a 'cuppa' but there will be some sort of music and our usual prayer, reading and talk and, above all, some good fellowship. All are welcome and if you want to know more please contact me on 01726 870953.

We are all sad that long-term Woman's Hour member, Sonia Watts, has moved to Fowey so we will see less of her. For many years Sonia has got the church ready for our meetings and kept the register as well as joining in enthusiastically in all we do. We have told her that we will still consider her a member and that we hope that when weather allows she will catch the ferry and come over and join us.

Children's Easter Messy Church Bags



As we still cannot meet for our Easter Messy Church service this year, we are organising some hygienically prepared 'Messy Church Bags' which include craft activities and an Easter treat. Bags will be delivered to Polruan Academy but if your child doesn't attend there and would like a bag, please contact Angie Mallard (01726 870747) or Kathryn Hill (01726 870953).



Celebrating years

from Lynn Bartlett

Little Harbour Children's Hospice has continued to remain open for emergency stays and the care team have extended our support to offer visits to families in their own homes and support virtually.

The teams have also been doing their bit to help ease pressures on the NHS by supporting children to leave hospital early and to avoid hospital stays or visits all together.

We are frustrated not to be able to do our bit by holding our first Book Sale of 2021 but hope to resume in June.

I am sorry that we cannot accept books at present.

Thank you for your continued support and please do not hesitate to contact me should you have any queries (01726 870536).

News From Polruan Village Hall from PVH Management Committee

This last year has been very testing for everyone and we are sure you all just want to get back to normal. Once the COVID-19 restrictions have been lifted, we are hoping to resume all our usual events and functions at the Hall, on the Wharf and in local hostelries. Any suggestions on how to improve our Village Hall or ideas on new Clubs would be very welcome. Have a chat with anyone on the Committee or email our Secretary, Suzanne (suzanne.goddard@me.com). Once we are able to meet again, why not come along to a Meeting, bring along your ideas and think about becoming a new Committee Member. Let's make the Hall the heart of the Village again.

Just to up date you on our news, as you may be aware, we launched a major project to completely refurbish our kitchen and its facilities in May 2020. Following wonderful initial funding support through the Polruan Community, its friends and relations and follow-on funding support from other organisations, we are now in a position to complete the refurbishment. The preferred layout and equipment needs have been identified by a willing band of Representatives from our Local User Groups and Organisations and, if all goes to plan, the refurbishment will hopefully have been completed prior to our full re-opening after Lockdown. Our special thanks go to the significant number of Grant Providers who are supporting our Project and a list will be published on completion of the project.

Keep safe and healthy, and we very much look forward to seeing you soon.

Readers are kindly requested to mention the Parish News when responding to our advertisers.

It helps the advertisers to know that their advertising is effective. It also helps The Parish News which relies on our advertisers' continued support.

Thank you from Jane Wills, Head of School



As the local school, we know that we are an integral part of our community providing the starting point for the lifelong learning journeys of the children of Polruan and we have strong links with community groups collaborating to bring a variety of experiences to the children.

During the latest lockdown, we have learnt the true value of community and collaboration. The children enjoyed creating hearts provided by the Polruan Isolation Support Group and these were distributed to members of the community. We continue to have the support of the Open the Book team and we are looking forward to the Easter Activities they have planned for us.

The school has received several donations of laptops, desktops, and iPads from individuals to support children's access to remote learning - Thank You. In addition to the generosity of individuals, we have received funding from community groups to buy electronic devices. Fowey River Lions have donated £300 and Lanteglos Parish Council supported an offer from Cornwall Councillor, Edwina Hannaford for a £400 grant from the Community Chest. Our own FOPA (Friends Of Polruan Academy) kindly topped up this funding to allow us to purchase three new iPads - again Thank You.

We will continue to enjoy being part of the community and are looking forward to brighter times when we can get out and about in the village to show our appreciation.

Robin welcomes you to

The Russell Inn West St Polruan PL23 1PJ

Doors open from 12 April for outside drinking only. Food will be takeaway only

From 17 May we will be open inside, tables maximum of 6. **Certain restrictions will still** apply

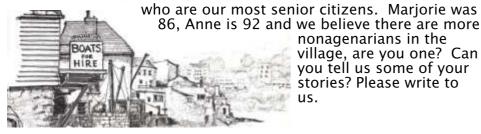
Hopefully from 21 June all restrictions lifted

Please see notices and our FaceBook page for updates

01726 870707 robinsainsbury1965@gmail.com

Who is the Oldest resident in Polruan?

Anne Allen wrote to us that she had read in a previous edition that Marjorie Barrie was proud to be the oldest resident in Polruan. Anne and we were interested to see if we could find our



nonagenarians in the village, are you one? Can you tell us some of your stories? Please write to us.

Polruan Secret Gardens

from Sue Rowe

A date has been set for the Secret Gardens to be held on Saturday, 11 and Sunday, 12 September from 13.00-16.00. Although most gardens are usually at their best in June, social distancing could still be difficult to achieve and numbers would have to be limited. September will be a good starter and hopefully next year we can see the gardens in June.

It has been agreed that Cornwall Air Ambulance will be the charity to benefit from this event. Maps for the location of the gardens will be sold but each garden will also have a collection tin if people wish to donate more. We are also hoping to combine this with cream teas to be held at the village hall, but this still needs to be confirmed.

Cornwall Air Ambulance will visit each garden prior to September to run a risk assessment and a list of all the hazards will be displayed at each garden.

We are very keen to have as many gardens as possible added to the list of gardens. Please don't worry if your garden is small or you feel it is not up to standard - it's more about the social side of the event after a very difficult year, and of course raising some money for Cornwall Air Ambulance.

If you would be able to add your garden please contact Sue Rowe on 07813 125989, 01726 780505 or email sjsherwood2@gmail.com.



Polruan

AGE CONCERN

Should anyone need a driver to take them for a hospital appointment could they please make contact with someone from the following list.

Tom Simmons Angel Burstow 07757 706337 870059

FARES Fowey Surgery £6: St Austell £10: Truro £20: Bodmin £12: Liskeard £12: Plymouth £20: Hayle £30

Plus - Ferry, bridge tolls and parking costs

We would like to invite people of Polruan to join us on our Village Hall

Committee, or just help at our events. If you are interested, or would like more information, please contact Suzanne on (01726) 870818.

Come get involved - your Village Hall needs you!



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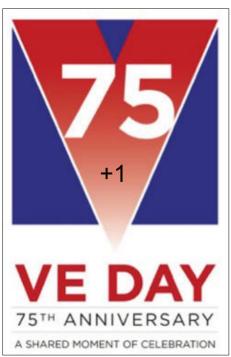


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VE Day 75 +1 Proposed celebrations Monday 3 May 2021

from the steering group

In the last edition of the Parish news, we were doubtful that the postponed VE day 75 celebrations, rolled over from last May, would go ahead. With lockdown 3 announced the steering group reluctantly cancelled the event.

In order not to lose what was to be a village celebration, all the more needed after the last 12 months, we decided to re-group in September and plan for Her Majesty, the Queen's, Platinum Jubilee in June 2022.

The funds from various fund raising in 2019/2020 will be used for that purpose. Those of you who remember the Queen's Silver, Gold and Diamond Jubilees, know that Polruan and the wider Parish certainly know how to celebrate Royal Jubilees.

Look out for ways to become involved in future editions.





Fowey River Lions donate £1000 to Fowey River Academy's Ten Tors expedition.

At the beginning of February Fowey River Lions received a letter from Fowey River Academy detailing their plans for pupils of Fowey River Academy to enter the Ten Tors expedition on Dartmoor. The students had already started training and needed to raise £5000 to cover the setup costs. This is a new initiative and what the students did not have is any modern equipment. This donation will go towards purchasing up to date equipment. On their shopping list was lightweight backpacking tents, gas stoves, folding benches, and walkie talkies to name but a few.

Fowey River Lions took very little time to decide that this was a well worth while activity to support. Lion President Tony Bartlett said "This is such a wonderful opportunity for young people to test their endurance and develop as citizens. Fowey River Lions look forward to hearing how the students progress in the future".

Currently the school have nine students making up one 35 mile team. Their plan is to expand to have two 35 mile teams and one 45 mile team in future years. Students need to train for about 8 months of the year and currently can only train out of lockdown. Their aim is to run camping weekends as well for other students. The Academy have offered to keep Fowey River Lions up to date with the students' progress. We wish them well and look forward to hearing more from them in the future.

Primary Schools Donations

Fowey River Lions are also delighted to be donating £300 each to Fowey, Lostwithiel, Polruan, St Winnow and Tywardreath Primary Schools. This money is to be used for their IT departments to help with home schooling. During earlier lockdowns many children were unable to access their lessons as there were not enough computers to go around. Along with fundraising initiatives by the schools this donation will help with the supply of computers for children. Computer technology is now an important part of every child's education and Fowey River Lions are pleased to be able to support these schools.

Fowey River Lions area extends from Fowey and Polruan and all the villages either side of the river up to and including Lostwithiel. We also cover Par, as far as the railway line and Tywardreath. If you would like to support Fowey River Lions charities, why not make a donation to Fowey River Lions Club

Account Fowey River Lions Sort code 30-97-28 Account number 28977568

All money raised goes to help the local community, as well as some national and international appeals at times of crisis. A big thank you to all of you who have made a donation already, it is greatly appreciated and helps us to help others. Thank you.

If you are interested in what we do perhaps you would like to join us for one of our events or come and meet us at one of our social evenings. We have a business meeting the first Monday of every month at 8pm at the Ship Inn, Par and a social evening once a month (when permitted). We would be delighted to meet you, so do contact us. We look forward to hearing from you.

Your Parish News Needs You

Do you fancy getting a little exercise now the days are drawing out? Why not join our band of volunteers who deliver your copy of The Parish News. There are two rounds that need to be covered: one around the School Lane area and the other around Battery Park.

If you are interested, please contact The Editor, Suzanne at the usual address.

(suzanne.goddard@me.com; 01726 870818)

Distribution

To coincide with the possible relaxation of lockdown and current restrictions, we have gone back to our normal print run and distribution to take account of the arrival of second home owners and holiday makers. There are also extra copies of this publication in shops.

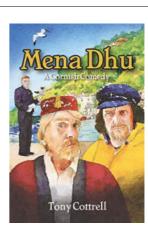


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Polruan Regatta and Children's Sports

from the committee

We optimistically hoped to be able to gather together and hold our AGM at the beginning of March. Sadly we had to hold our AGM via email and 'phone calls. The President, Vice Presidents and committee members still stand as of last year. We hope to co-opt those who who have expressed a wish to join us, when we can meet again, in the coming months.

Along with the Youth Committee, we will be distributing Easter Eggs to all the children in the Parish, keeping guidelines in mind.

For sure we will be able to hold our Polruanin-Bloom and scarecrow competitions, as last year. At present we haven't discussed a scarecrow theme, watch out for posters.

As to future events, it's definitely a case of 'wait and see' but we are hopeful of being able to hold our Regatta Weekend over the August Bank Holiday weekend and even the Beach Gala in July. These are events which take careful and some long term planning but with several years' experience, we know we can at least present some entertainment. Just what our community needs!

Wanted Bloomers!

from Polruan Regatta and Children's Sports



Photo by Vesela Vaclavikova on Unsplash

After such a magnificent group of entries last year, we are hoping that now Spring is on our doorstep, we can encourage more of you lovely Bloomers to get involved in the annual Polruan in Bloom competition. There are two classes of competition:

- The Mulready Trophy for best display of window boxes, containers and pots.
- The Millennium Trophy for best front garden or border.

Entry forms will be available from the Winkle Picker from the beginning of June, and judging will take place in early July. It is always a pleasure to showcase to the visiting judges just what a "blooming" beautiful place we live in. Join in and help show our village at its very best!

News from the WI

from Chris Cox, Vice President



Please note, the following may be subject to change, in accordance with Government guidelines

We are hoping to begin meetings again in June, and after such a long time, we are really looking forward to welcoming you all. We cannot meet inside at the moment until after 21 June, so our first meeting will be held on Thursday, 24 June at 7pm in the WI Hall.

At our first meeting we shall have our belated AGM and also some Scarecrow building in readiness for the Regatta competition in July (hopefully!). We will only be paying subscription funds for the National Federation and Cornwall Federation, our funds will cover the rest, so that makes £22 for the year.

We do hope that as many of our members as possible are able to come along so that we can have a good chat and a catch up and, I for one, am very much looking forward to this – even though as I write June seems such a long way ahead. Our meetings will be held in accordance with government rules and guidelines.

Just to remind you all, meetings are normally held on the second Thursday of the month at 7pm in the WI Hall.

If you are interested in becoming a member, or would just like to find out more, please contact me, Chris Cox (01726 870194).



Polly Pals Community Hearts Project



In February the Polly Pals helped to coordinate a Covid-safe 'Community Hearts' project for Valentine's day, with the help of volunteer delivery, preparation and decorating crews. Children of Polruan Academy, Polruan Toddler Group and other children and young people of the village used their fantastic decorating skills to produce beautiful heart cards that were then delivered to those who live alone in the village, as an expression of love and care and to help alleviate loneliness in this difficult lockdown time. We have received lots of 'thank yous' from grateful recipients who said it really made their weekend special. Many, many thanks to all who were involved in either donating craft materials, hours of cutting out and sorting bags, delivering bags in all weathers and of course to all those who actual did the beautiful decorating!

Does it apply to me?

One of the pleasures of lock down
Is seeing all of the faces
Of all of the strangers who flock down
From so many far-away places.
Taking their cue from our leader
They choose who they want in their
hubble

Do what they want and take heed of What will not too be much trouble. They don't seem to care about strangers They cannot keep socially distant They don't give a toss about dangers, To logic they're wholly resistant. They are playing a cruel game of Lotto The fallout they quite fail to see-They keep chanting the old Cummings motto:

"It doesn't apply to me"

Chris Mylward
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LETTERS TO THE EDITOR

Suzanne Goddard Springhill Chapel Lane Polruan PL23 1PG 01726 870818 suzanne.goddard@me.com

Or use the letterbox in the porch of St Saviours Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor's or the Parochial Church Council.

Stay in touch anywhere around the globe

The Parish News is now available online at:

www.lanteglosbyfowey.org.uk

The official website of Lanteglos by Fowey Parish Council



Closing date for the Jun/Jul 2021 issue is

Friday 14 May 2021

Please send all copy and letters to

Suzanne Goddard at Springhill Chapel Lane Polruan PL23 1PG

suzanne.goddard@me.com 01726 870818

Or use the letterbox in the porch of St Saviour's Church Polruan

no later than Friday 14 May 2021

*** Thank you ***

Origins of the large granite block at the Village Hall

from Martin Akerman

The Village Hall has, for many years, had an extremely large rectangular block of finely finished granite positioned to the far side of the outside Store. It has on occasions been used as a seat, looking out as it does down across Polruan and the Estuary.

Memory of a brief conversation with David Hill, many years ago, linked it as a gift from Jean Hill to the Hall taken from her garden at Headland. However, asking around, no-one as yet seems to confirm this.

Does anyone have any information about the block, its final location at the Village Hall and/or where it originated from? Did it come from Headland? Was it part of an older structure?

If you can recollect anything about it would you please drop me a line at martin@flyakerman.com or contact the Editor, Suzanne

A Polite Notice

Please adhere to the parking restrictions in Fore Street and elsewhere in the village. They are there to ensure the free movement of vehicles around the village without obstruction, particularly the bus.

Thank you

Thank you from the family of Viv Sandy

We would like to thank everyone who sent cards, donations and kind messages after Viv passed away from a short illness. He was an amazing dad, grandad and friend to many who will be missed very much and never forgotten. Thanks also to Peter, Margaret and Chris for their caring service and to 'The Rev' for his support during this sad time.

A big thank you

To the Polly Pals for remembering the older folk and those on their own on Valentines Day – what a surprise to get such lovely cards.

Thank you

The Parish News in Talland

Polly Mayman is delivering The Parish News in the Talland area. If you would like her to deliver a copy to you, please let her know on 01503 272052.

Thank you.

Letter from Australia

Sorry Skippy hasn't arrived with the post yet!



Letters from Nigeria From Kathleen and Daniel

(By Ed - these have been edited, should you require these in full, please contact the editor)

It is good to be in touch with you again, as we know so many pray for Nigeria and want the latest news.

The inauguration of the Local Church went very well, with many attending and sitting outside under 3 large canopies. We have a long way to go before being able to raise enough to put a roof on the Church but will continue to fund raise. A very big thank you you to all who sent gifts to help with this enormous task. It will take time as there is building work still to do and there is a shortage of cement!! It would probably be a good idea anyway to let the first rains come to soak the earth floor before putting the roof onto the rod frames.

We praise God that we are a lot better after succumbing to COVID-19 and were told by a senior doctor that we were extremely lucky not to have become more ill or worse, given our age. You prayed and God answered, thank you God and thank you Prayer Partners. Dr Dachung at Vom Christian Hospital looked after us well. When I told him folks were praying for him he said to thank you. The Director of Health has been changed and the new person is very sympathetic to VCH. However, the pandemic will slow down the preparations for the 100 years Centenary next year.

I have to share that I now have a thrombosis in both legs and am on tablets. I rest as much as I can but also make sure I walk around as much as I can which helps.

Yusuf is now back in Nigeria but the area he is working in is unsafe so continue to pray for his safety. Grace is with the children and doing a wonderful job looking after them and taking care of our finances. Kumi is with them as the College isn't open and he has online lessons. He is busy but seems to be coping well

Mark travels from time to time and Bethany and Ella go to Hillcrest School on alternate days and do online homework on the other days. They are all well.

We have a Joshua's wedding to look forward to on the 27 March and Kumi hopes to attend, all being well.

This year is a big year for Daniel and I. In October we will have been married for 50 years!! God willing. How time flies. If we wait until October Kumi won't be able to come because of lectures, so we are hoping to celebrate In April.

Thanks for your prayers and concern.

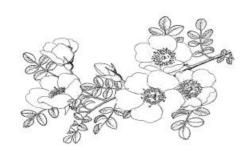
As we pray for each other we know our Lord is praying for all of us. What a wonderful thought. May God bless you, keep you safe and encourage you.

A Short Poem from Chris Cox

I thought these words may give people a sense of peace in these lonely, disturbing times.

When you're lonely
I wish you love
When you're sad
I wish you joy
When you're discouraged
I wish you hope
When your spirit is low
I wish you beauty
When you're troubled
I wish you peace.

Anon



Bright days Ahead by the late Mavis Cocks

Reflect on —
new lambs in the fields,
baby birds in the nests,
lovely flowers all around us
showing the country side at its
best.

Green mantles on bare trees, young fish swimming in the seas.

Blue sky above us, white clouds wafted by a breeze.

Somber days now behind us telling us loud and clear throw off your despondency a new Spring is almost here.

© Mavis Cocks, first published The [Lanteglos] Parish News February 2006



Do you live near Polruan?
Are you interested in acting –
even if you haven't done much or
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Wendy Tomlin
(01726870666)

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News from Nigeria from Kathryn Hill

In February The Church of England Newspaper reported that the religious freedom charity 'Open Doors' called for prayer for Leah Sharibu who, with her school friends, was abducted by Boko Haram in February 2018 when she was 15. One girl unfortunately died in captivity however the Nigerian government managed to secure the release of the remaining girls - except Leah, because she refused to deny her faith in Jesus. There has been no news of Leah for over a year but 'Open Doors' quotes Rev Gideon Para Mallam, a friend of Leah's family, as saying 'I think it is safe to say that Leah is alive. But the silence from her captors and from the federal government is absolutely not good.' Leah turns 18 in May; wouldn't it be wonderful if May also brought her freedom?

A new report released by The International Committee on Nigeria (ICON) reveals that a genocide of approximately 62,000 Christians has taken place in Nigeria since the turn of the century at the hands of the Islamic terrorist groups Boko Haram and Fulani militants – in what is being called the "Silent Slaughter." It is a staggering fact that more Christians have been murdered for their faith in Nigeria than in any other country of the world!

In addition there has grown up in Nigeria what is being described as 'a cottage industry of widespread kidnapping for ransom' by criminals. Including the kidnapping of schoolboys who were released once a ransom was paid.



I was asked recently if I would like to go back to Nigeria for a visit and my answer was that although I would love to revisit many places and people there, I certainly would not want to visit today's Nigeria!

Phyllis Langmaid from Janice Midwood and Kathryn Hill, for Woman's Hour

Phyllis Langmaid was an active member of Polruan Woman's Hour for many, many years. She was our Treasurer for a very long time and also ran the 'Thrift Club'. This was open to Woman's Hour members and their families and friends. People paid into the Thrift Club over the year then, a month or so before Christmas, Phyllis paid out what they had paid in. The money was kept in the Post Office Savings Bank and as there was good interest paid in those days, the interest earned by the Thrift Club money kept the Woman's Hour funds in a healthy state - a 'win-win' situation which sadly could not be replicated today! For many years Phyllis also organised the Woman's Hour Annual Outing - always a lovely day out! Phyllis contributed so much to Woman's Hour and we sorely missed her when her health prevented her, first from being our Treasurer and then from attending our meetings. With her death Polruan Woman's Hour has lost a big piece of our history and a true friend.

Phyllis didn't confine her activities to Woman's Hour. She and her friend Elizabeth Tomlin worked very hard for the Church, helping in the fundraising to enable the Church to buy the then 'Constitutional Club' (now 'Polruan Village Hall') for use as a Church Hall. This was mainly by running regular Bingo evenings which were always very well attended and are remembered for their excellent prizes. They ran a popular Youth Club in the Hall and, aided by the members, continued to raise funds for the club and for the church. Phyllis and Elizabeth and the Youth Club members enjoyed a holiday in Germany in 1964 through the Cornwall Youth Scheme and then hosted a return visit by a German Youth Club in 1966. These exchange visits were very successful and much enjoyed by all involved.

Michael Penprase from the Regatta Committee

It was with much sadness that, along with the Regatta Committee, many residents learnt of the death of former Fowey Town Crier, Michael, in early March.

Michael was a larger than life character who enjoyed coming to Polruan, in his capacity as Fowey Town Crier, on Regatta day. He loved to ring his bell as he made his way, on the ferry, across the harbour to lead the Polruan Royalty down the hill to be crowned on the Coal Wharf. He had encouraging words for the girls and boys to calm any nerves, getting the watching crowd to cheer them on their way. He would then quietly slip back across the harbour until the evening.

On returning, Michael loved to lead the carnival with enthusiasm and noise! It was a happy, annual reunion with many people enroute. Refreshment, in the form of whisky, was offered to support Michael around the village; Marjorie at the end of West Street, others at the top of Battery Lane and Phyl at the top of Fore Street. There were many stories of what happened next; best left to memories!

Michael had a kind word, a joke and a tease for all. Children were encouraged to ring the bell and there was always a story to go with it

Thank you Michael for making everyone's day special with your happy smile and kindness. You were one of life's extra special people.

We send our sympathies and love to the ever patient and supportive Celia and their much loved children and grandchildren.

Christian Aid Week in Lanteglos Parish

from Kathryn Hill

Christian Aid week this year is from 10 to 16 May. With COVID-19 restrictions in place, we will not be able to hold our usual Christian Aid Week Coffee Morning but there will be collection boxes in St Wyllow and St Saviour Churches during May, which can be accessed when they are open for services, Woman's hour meetings or private prayer. Alternatively I am happy to pass contributions on to Christian Aid or you could visit their website for details of how to donate on line. Below is a quotation from Christian Aid's publicity:

"Join us as we celebrate our 75th anniversary and look back at all that we have achieved together on our road to justice. Christian Aid was founded 75 years ago, by real people like you, coming together at the end of World War Two – determined to live out Jesus' teaching to love their neighbour, by offering love and care to those in need. Instead of focusing only on rebuilding their own lives, they raised an incredible amount of money to help refugees across Europe. But that was only the beginning. Over the following decades this became the inspiration for a movement of people bringing about real change right across the world – empowering communities to break the cycle of poverty and look forward to a more hopeful future."

Do please consider contributing to this worthy cause. Thank you

We did it!

from Kathryn Hill (Narrator and Shepherd!)

In the last Parish News we wrote that hopefully we would hold a COVID-19 Compliant Christingle Service on Sunday, 13 December, and a candle-lit Christmas Eve Nativity Service in St Saviour and both actually happened!

Seven Tables were booked for the Christingle Service and we also distributed six 'Christingle at Home' bags. It was sad not being able to sing, mingle with people on different tables or enjoy our usual seasonal refreshments but we still had an enjoyable afternoon and supported 'The Children's Society'.

The bookings for the Christmas Eve Nativity were just the right number to fit in to the main part of St Saviour with the correct social distancing. Many of the Nativity characters were only on the screen as we told the age old story with a mixture of people and video clips.

Many thanks to Poppy who played the Angel Gabriel, Norman who made us laugh as the harassed Innkeeper, Chris who played the Star that led the [imaginary] Maji to the stable, Angie who [in costume] played her guitar and sang, and Angie & Norman who provided the 'technology'. Many thanks also to all those who accepted our invitation to come in costume, this really added to the afternoon's enjoyment.

[By Ed – This article was unfortunately omitted from the last issue, for which I apologise]

Lanteglos-by-Fowey Parish Council Chairman's report April 2021

from Cllr Dr Pat Moore OBE, Chairman; Lanteglos by Fowey Parish Council and Neighbourhood Plan Steering Group

Council Meetings

As you will be aware during the Lockdown we have not been able to meet in face-to-face meetings, but have held "virtual meetings". Details of all meetings, agendas and minutes can be found on our website, but not for the time being on all the notice boards. Members of the public will also be able to join a meeting on-line. Several people have already done so. For the foreseeable future the strong recommendation and advice are to continue to hold Meetings virtually, unless we cannot conduct Council business in any other way. This will include both the March and April meetings. Law actually tells us that from May we should revert to holding public meetings. MPs, including Mrs Sheryll Murray, are being petitioned to extend the provision of virtual meetings into May and beyond.

COVID-19

I hope and trust that we are beginning to see light at the end of what seems like a very long tunnel. Children are going back to school and at the time of writing we are now permitted to meet with one person from another household, outside in a public place, for say, coffee or even a picnic. We should not be visiting other households indoors. I have the Government guidelines in front of me which say that from 29 March some sporting activities come back and we go back to the rule of 6 or meeting up between two households outdoors, still household only indoors.

No earlier than 12 April outdoor hospitality will be allowed as well as personal care facilities. And no earlier than 17 May indoor hospitality and indoor entertainment and attractions will be able to open. The Rule of 6 will still apply indoors. No earlier than 21 June will further restrictions be lifted.

The Vaccination figures are encouraging as are the falling figures for hospitalisation, new cases and death rate. We have all been careful and caring in the Parish, showing a wonderful community spirit.

Local Council Elections and Police and Crime Commissioner Elections

These will take place across the country on 7 May and people will be able to vote in person or do so by a postal vote. Those voting in person will have to bring their own pen/pencil and strict rules will be observed at polling stations. Canvassing and leafleting is now allowed to take place from 8 March but with strict COVID-19 Rules and safe distancing in place.

This will include Lanteglos-by-Fowey Parish Council elections and I can safely say that there will be changes. The Parish Council has 11 Councillors. Together with those current Councillors who will not be standing again there will be up to 6 new Councillors needed. We are all volunteers and Councillors are not paid, but if you would like to take the opportunity to represent our community

please apply. Information about the role of a Councillor can be found at Cornwall Association of Local Councils (CALC) www.cornwallalc.org.uk. Election Packs are on their way to us.

I should like to extend my own personal thanks to all members of the Council, past and present, for their support and hard work over the years.

Polruan Drains

A further virtual meeting is to be arranged by Cornwall County Councillor Edwina Hannaford, representatives of SW Water, Cornwall Council and ourselves. Some investigative work has been done. We await the date.

Polruan - Cornwall Bus Company

I am pleased to report that residents have said there are moves to improve the service. A resident has said that on Monday, 15 an 8-seater taxi was driven down to the bottom of Fore Street by Cornwall Bus Company who said they were there from Truro to learn the intricacies of coming to Polruan. On Tuesday, 16, it was a black taxi that drove across on the ferry to Bodinnick but the steps at the back grounded at Bodinnick and at the turning into Greenbank. By Wednesday, 17 the red bus was back on its normal route. The same resident took the trouble to telephone the Bus Company and thank them for their service.

Traffic Safety Improvements at Lanteglos Highway

We sent our outline plans to Cormac and have now heard from Mr Will Glassup, who is taking over from Mr Paul Allen, that he is proposing to call a small site meeting soon to talk through the issues. We will need to have a more detailed plan and costings.

Lanteglos Neighbourhood Plan:

All NDP referendums, including ours, have been postponed until a date in Summer 2021, yet to be announced. It was decided by Cornwall Council that the referendums, as they are organised and needing considerable documentation, could not safely or fairly be held at the same time as the Local and PCC Elections. The plans currently carry significant weight in decision making. It is available on Cornwall Council's website and on our own website:

www.lanteglosbyfoweyplan.org.uk which holds all up-to-date information about the NDP.

Please get in touch with us through the website or by email as shown below.

Cllr Dr Pat Moore OBE

Chairman: Lanteglos by Fowey Parish Council and Neighbourhood Plan Steering Group

Website: www.lanteglosbyfowey.org.uk Email: clerk@lanteglosbyfowey.org.uk

Parish Council Meetings

Virtual Meetings of the Parish Council are being held via Zoom during the pandemic. Members of the public are warmly invited to attend.

Planning Applications

PA21/00233, Fox Valley Cottages Lanlawren Farm Trenewan – proposed development of manager's accommodation, three additional holiday units and ancillary site facilities.

Members supported the application but requested a Heritage Impact Assessment / Archaeological Assessment and geophysical survey be undertaken in accordance with the comments made by Historic Environment Planning (Archaeology). Cllr. Adams objected to the application.

PA21/00857, Penmarlam Caravan and Camping Park New Road Fowey – Certificate of Lawful Existing Use or Development for use of the land edged red as a caravan and camping site all year round in breach of Condition 2 of planning permission reference 78/0832 dated 20/04/1979. Members supported the application.

Planning Applications Approved by Cornwall Council

PA20/10071, 16 Ocean View, Polruan – single storey extensions and alterations with proposed new garage. Existing parking arrangement to be retained.

PA20/09609, 8 St Saviours Hill, Polruan – revert the property from a single dwelling back into two dwellings as previously existed.

PA20/10935, Pont House, Lanteglos – extensions to dwelling to provide bathroom and porch, construction of new access ramp.

Construction of new dormer and demolition of Southern window opening to create door.

Construction of steps and replacement of windows.





Back to normal – the first Saturday of every month, 10am-1pm, at Whitecross Village Hall

Dates for your diary: Saturday 3rd April, Saturday 1st May, Saturday 5th June

Whitecross Market restarts on Easter Saturday 3rd April, and we're all really excited about seeing stallholders and shoppers again.

Most of your usual favourites will be back from the restart – including fresh fish and shellfish from the Looe day-boats and free-range rare-breed pork from Oakcroft Farm. And of course there will be plenty of hot and juicy Liddicoats pasties coming straight out of the oven in the hall kitchen, thanks to Joan and Kim. Andy won't have any of his delicious Dexter beef ready for April, but he will be back in May. Lars and Margo coffee roasters from Liskeard will also be back with us in May.

The many fans of Jo and Lois (Lowarth Losow plants) will be sad to hear that they've had to give up coming to our market – but you can still buy plants from their roadside stall on Passage Lane, outside Fowey. We'll miss them very much, but it does mean that we now have room outside for another plant stall, so please let me know if you're interested – or if you know anyone who might be

Talking of outside, you might have noticed that a neat little cabin has appeared opposite the front door of the hall. This is our lovely new hot drinks hut – 'Brew with a View' – run by the welcoming Wakehams. It'll probably be a while before we can all get hugger-mugger in the hall like we used to, but this way you can still get together with family (or as many friends as regulations allow) to enjoy an outdoor cup of tea, coffee or hot chocolate. Rain and wind may try to spoil the fun, but Jane and Toby will keep smiling...

Another exciting new arrival is Zoltan, the famous sharpener of knives and tools. We're hoping he'll be able to come to Whitecross regularly every month, but his first definite visit will be on Saturday, 3 April. He'll be setting up outside from 9am onwards and will stay until the end of the market at 1pm, so you can drop off your tools or knives at any time with him, to avoid queuing (although he says anyone is welcome to stay and watch him work). He sharpens on a first-come first-served basis, no booking, but if anyone has more tools than they can carry (say more than 8-10 garden tools) they can book an appointment for a home visit at a later date. You can find his price list on the village hall noticeboard, and his website: www.zoltanthesharpener.co.uk

Looking forward to seeing you all on Easter Saturday!



Where your milk round begins: the Green Cow Dairy



Brew with a View – the place to be on the first Saturday of every month



Are you working from home?

Do you need some peace and quiet?

What about a good broadband connection?

Whitecross Village Hall has 4G connectivity and good Wi-Fi. You can hire the hall for a half day session from just £12.

See our website for availability and booking. www.whitecrossvillagehall.org.uk

News from Frogmore Farm

from Gill Palmer

Farmers to the rescue yet again! Some people in Polruan will have watched with baited breath as Simon, Ben and Steve Stroud guided two enormous lorries backwards up Polruan's very narrow and very steep hill. After some very long days in the tractor drilling corn Ben and Simon were looking forward to a restful evening and then the phone went. Two articulated lorries carrying machines for repairing roads were stuck at the bottom of Polruan Hill. Could someone come with a tractor to help. Simon and Ben loaded up some heavy chains and a towing belt and went to see what they could do. The road machines had been unloaded and had made their way up the hill just leaving the lorries unable to turn around. With only a couple of inches to spare on either side of the huge vehicles it was a pretty stressful job. Ben was in the tractor towing, Simon was standing on the lorry trailer, Steve was walking up the hill, shouting instructions to the lorry driver and Simon was passing them on to Ben. Two hours later the job was completed with no damage to any properties or vehicles thank goodness. The poor drivers had no idea where they were going. There are no signs to say there is nowhere to turn at the bottom of the hill. They were shaking and very stressed, so were guided to the farm yard where Lorna gave them some strong coffee to steady their nerves. They slept in their lorries and left early the next morning. Satellite navigation systems are not always a good thing. A sign somewhere on the road stopping large lorries getting into Polruan would be a good idea.

When Simon was ploughing the fields before the tilling could begin there were so many seagulls following the tractor it was like Daphne Du Maurier's story 'The Birds'. We have never seen so many in one field. The noise of them fighting and screaming was very loud. That didn't frighten four little wagtails who calmly carried on eating worms among the fighting greedy gulls.

The fields are full of jumping and skipping lambs, such a joy to watch. Great gangs race around having fun until they realise mum is so far away, then it's a race back to her for some reassurance and some warm milk. As I write this there are five ewes left to lamb. Lorna and Sophie have been very busy. There are lots of tame lambs to feed each day, born to triplet Mums who can only feed two babies. It was taking hours each day, mixing and feeding the milk. Tame lambs never look as good as lambs running with their mothers. This is because four or five big feeds a day cannot compare with little drinks throughout twenty four hour periods. Now we have a simple automatic feeding system. A large bucket of milk is kept warm day and night, there are teats so that lambs can help themselves to a drink when they want one.



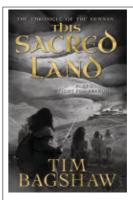
The lambs are looking so much better and there are no more late night feeding sessions — wonderful!

The cow sheds still need late night visits though, as the cows are calving. It's lovely to find a new born calf having it's first drink of milk, trying to stand on wobbly legs, the mother talking gently to her calf as she licks it cleans. Everything is not always so easy. One night a cow was found to have a major prolapse. The vet was called and the whole family roused to help. It was a very difficult for the vet to put the prolapse back and stitch it in place, she was exhausted when the job was done and it was past 2am. Since then we have had two sets of twins born neither expected. The first set — both boys — were very small, but very lively. They could run under Mum's tummy easily. As a first time mother she was a bit confused to begin with so she was put in a separate pen so she could bond with them both. Her udder is quite small and we are hoping she will be able to produce enough milk for both of them. So far so good. The second set of twins were born to an older cow, they were much bigger. A boy and a girl. I suspect they may have been a couple of days early because the little heifer calf was very sleepy and was slow to suckle. A neighbour came with a stomach tube and put some colostrum directly into her tummy. A few hours later she was spotted having a good drink from Mum. It's a strange fact that if one calf is a boy and one a girl it is very probable that the heifer will be sterile. So her passport will be marked 'Not for Cow'.

Ben and Simon travelled to the other side of Liskeard to buy a young bull to replace Frank. A fine young South Devon was chosen. He isn't on the farm as I write this. He will arrive in time to go directly into the fields when the cows are turned out from the sheds. I hope he is good tempered.

It was so nice of Chris Hope-Wynne to mention Frogmore in his letter of gratitude. Thank you Chris, and thank you to all that have bought wood and dung etc from the gate. You all helped the Young Farmers raise £10,000 for the Air Ambulance. But I must tell you that the Frogmore young people are now too old to be young farmers. A new committee has taken over the reins. Unfortunately, although eager to start raising money for their chosen charity COVID-19 has put a stop to all meetings and therefore fund raising. The big breakfast which is such a money maker was the first to be cancelled. Hopefully things will soon be back to normal.





Following the success of local author Tim Bagshaw's This Sacred Land: The Return of the Prince, the first in the Chronicle of the Dewnan series, his highly anticipated sequel, This Sacred Land: Fight for Freedom is welcome news

for fans of historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.

Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. This Sacred Land, Parts 1 and 2 combine myth and reality in this must-read series

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: www.twitter.com/@bagshaw_tim and www.facebook.com/dewnanchronicle



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.



Scent in the Garden from Gillian Thompson

Surely no garden, no matter how attractive and interesting, would be complete without scent. It is, however, in my experience, quite difficult to plan for and frequently what seemed like a good idea, fails in the execution. For example outside of my bedroom window (I live in a bungalow), I have planted a few Lathyrus odoratus (sweet peas). They scramble up through a flowering quince, which resides there permanently. It is something I've done for three or four years now, some years are more successful than others. The idea behind it, of course, is that the scent of the sweet peas perfumes the bedroom, the reason that some years are more successful than others is down to the variety of sweet pea used - it needs to be strongly scented to make the transition from outdoors to in - and you can't always believe what you read on a seed packet! This year, I've gone a step further and planted six Nicotiana sylvestris (sweet-smelling, tobacco plants), in amongst the sweet peas, I'm hoping for a big



Courtesy Wikipedia

Scent is, of course, very much a personal choice and one of my favourites is the heavily perfumed lily. I grow most of my lilies in pots, mainly because once they have finished flowering, they can be moved to an out-of-the-way spot, until they're ready to take centre stage next year. But, also because in a pot they can be moved, when in flower, to be near where I am sitting – that way I get the full benefit of their evocative perfume.

New mown grass must surely rate as one of everybody's favourites – hay fever sufferers being the exception! I think it is one of the most evocative of scents and transports me back immediately to my happy childhood, lying on my tummy on the grass and wondering why it wasn't possible to cut the grass but leave the daisies standing.



Some scents have to be sought out, for example Clemantis montana 'Alba' – you have to get up close and personal to appreciate its faint vanilla scent. Other plants

have a deep association with perfume – mention a rose, for example, and you immediately think scent. I have Rosa 'Madame Alfred Carrière' growing over an arch with the clematis (above). Visually they are a perfect match, the same shade of clear white flowers, both making their first appearance in late Spring. The rose has it on scent though, an underlay of musk being evident.

To follow the rose, I've planted Lonicera periclycenum 'Belgica' (honeysuckle). This plant needs no introduction from me, but one of the joys of my garden is to sit on the patio, by

honeysuckle, on a warm, still summer's night with a glass of something cool in my hand, and just relax and enjoy its sweet scent.



Courtesy Wikipedia

Many herbs have a pleasing scent, especially rosemary and lavender. To brush past either of these and release their wonderful scent is all the excuse needed to turn around, and go back the way you came, to repeat the experience. There is an old, misshapen rosemary growing near our bird feeder and it is impossible to reach the feeder, without brushing against the rosemary – a delightful experience on a summer's morning.

Foeniculum vulgare 'Purpureum' (purple-leaved fennel) is another must-have herb, as far as I am concerned, not only for its unmistakable aniseed scent, released when you stroke it, but also for the soft, feathery-look of the foliage. It self-seeds readily and so one word of warning, if a self-sown seedling pops up where you don't want it, then remove it right away. Fennel has a deep taproot, which can be a devil to remove if you allow the plant to reach maturity.

Of all the annuals, there are three whose scent I particularly enjoy. The first is Petunia, and strangely enough I never really thought of them as being perfumed until I grew them myself from seed. The second is Laurentia axillaries, which fills the air with a delicate perfume. And

the third is Heliotropium arborescens, not for nothing has it been given the common name of "cherry pie", because that is exactly what it smells of. I also enjoy the scent from Pelargonium leaves. You might refer to this plant as bedding geraniums – please don't. They bear absolutely no relationship to the true, hardy, perennial Geranium.

Certain shrubs can excite with their scent. My next door neighbour has a Daphne, which simply oozes perfume in spring. I think if it was ever removed I would have to purchase a replacement myself – spring just wouldn't be the same without it.

Not all of the scent in a garden comes from plants. I love the smell of damp earth – it always makes me smile. I'm also addicted to the smell of compost – now you didn't expect me to say that did you? But there is something



Courtesy Garden Illustrated

rather pleasing about a compost heap, which is quietly doing its stuff.

An article of this length can't possibly do justice to the variety of scent, which a garden has to offer and I am sure you will have your favourites that I have not mentioned. But just writing about some of my own favourites has brought back memories, not only of the plant, but also of events associated with them. This is one of the great things about scent – its ability to transport us back to people and places we have known. Get out in the garden and start sniffing, you'll soon see what I mean!

(By Ed. This article first appeared in the Grampound Times)

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Higher Windmill Allotments

from Brian Cook

Despite the challenging weather, we have been preparing for the new season. There have been gaps between the bad weather spells and we have been taking advantage of them by preparing for seed sowing. During the winter we were digging over our plots and incorporating manure. This year we have already used up an enormous load of manure that was delivered during the winter and already are looking forward to having a second delivery.

March and April are the main seed-sowing months and some of us are already using pots and trays at home to get an early start — it's what light window sills and airing cupboards are for, isn't it? Apparently there is a national shortage of vegetable seeds because so many folk are 'returning

Some of us still have the last knockings of winter vegetables to harvest. At this time of the year the choice is fairly limited — a few parsnips, purple sprouting, leeks and perhaps some sprout

Most Polruan Allotment growers have fruit bushes that have to be pruned in readiness for the new season — a task that doesn't depend on dry weather. New bushes are planted about now. Last year was a good strawberry year so we have to sort out the new runners from the old bushes if we want another good crop.

We recently had a general meeting of plot holders (via Zoom) where we agreed the way forward for the Society. We are looking forward to having a working party to tidy the site and have agreed a rota for looking after the communal flower bed and grass cutting.

Despite lockdown this is an optimistic gardening time and we are looking forward to the new season. If you would like to join the society, please ask Des Libby about having a plot. There is only a short waiting list at present.





WHITECROSS & DISTRICT **GARDENING CLUB**

2020/21

We have taken the sad decision to not hold any meetings this year. We will be looking at a programme of events for when we can all circulate more freely, please keep an eye out and we will update everyone as soon as we can.

Stay well and safe

New members are always welcome

Enquiries: Please telephone Sue Watts on 01208 871513

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most fantastic panoramic breath-taking sea views.

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Web: www.polruanholidays.co.uk Email: polholiday@aol.com





Zo's Reading Corner



Join my local book club: Adult (16+): E7 a month Children: £5 a month Easter goodie bags £5, suitable for children 3-9

> PLUS offers, deals, raffle & competitions

Search "Zo's Reading Corner" - on Facebook and Instagram

zdolphing1@yahoo.co.uk 07375 667857



Awards for Young Writers and Artists 2021 Extended closing date 18th June 2021

This year we are inviting children and young people to create their own original story, poem or picture and enter our competition to become the Fowey Festival Young Writer or Young Artist of the Year 2021.

The 2021 challenge is to produce an original picture, poem or short story on the theme of Stepping Through a Door. It can be just an ordinary door or one that leads to the future, the past or an imaginary world.

The competition is open to all children and young people living in Cornwall and the Isles of Scilly aged 4 to 16 years on the final entry date of Friday, 18 June 2021.

Pictures, poems and stories can be entered independently or by schools.

Thanks to generous sponsorship, there is no entry fee. Full entry details can be found at www.foweyfestival.com

Short Story Competition

The short story competition has now closed. We received over 70 entries on the subject "The Breaking Point". Thank you to all the entrants. These are now being evaluated by a panel of judges and the final five selected will then be judged by Raynor Winn. Winning entries will be published on the Fowey Festival website.

If you would like to support us, then our donations page is still open: search for #FundsForFoweyFestival to find the virginmoneygiving.com website.

www.foweyfestival.com Email: info@foweyfestival.com
Twitter: fowey_festival Facebook: @FoweyFestival

Busy hands and nimble fingers by the late Mavis R. Cocks

I wonder if anyone remembers the big old fashioned chest with drawers that every family once had? The bottom drawer was the deepest and roomiest and when the daughter of the family was "going steady" with a young man and then got engaged, she was given the 'bottom drawer' in which to store lots of useful little items for her future home.

She herself made and embroidered cushion covers, table and tray cloths, settee and chair backs, bolster and pillow cases, teapot and egg cosies - all in readiness for when she married. Everything was carefully put in the 'bottom drawer'. Later, when the first baby was on the way, the 'bottom drawer' became the baby's drawer. There the layettes were placed after being hand - knitted and sewn; pram and cot sets, matinee coats, bootees, bonnets and caps,

beautiful shawls and blankets, lots of terry-towelling and muslin nappies-no disposable ones then. Pride of place would be given to the tucked and lace-edged christening robe. Very often this robe was handed down in the family and become a very precious heirloom. I haven't heard of anyone keeping a 'bottom drawer' for a long time now, but it was much used and very useful when I was young. Back in those days young men came a-courting and then couples were said to be "going steady". Then they became engaged to be married and saved up so they could set up their own home and raise their own family.

© Mavis Cocks



Advertisers and organisers:

The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community







Regrettably, under current Government guidelines, we have been unable to hold meetings in person. We have just finished our programme of events successfully via Zoom to members only and plan to hold our AGM the same way.

Why not join the FHHS, membership costs just £10 per annum and there are many benefits. For further information, please contact andrew@gardner.be or visit www.foweyharbourheritage.org.uk





AGM

followed by 'Fruit Schooners'

a Talk by Roger Barrett (postponed from February 2020)

17 April 2021 at 2.30pm For members only via Zoom



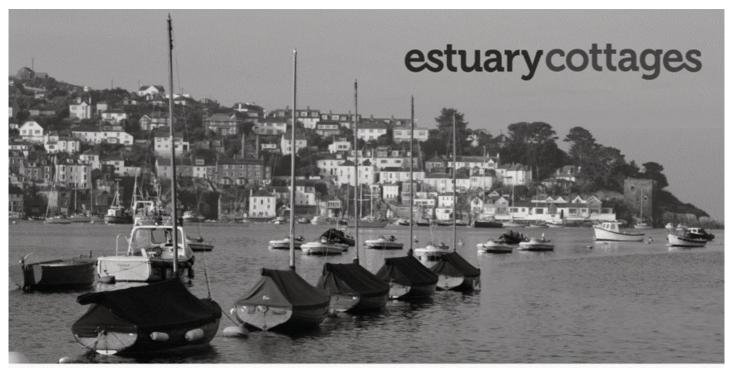
Built for speed, the clipper fruit schooners of the nineteenth century were the ocean racing yachts of the day, carrying home cargoes of highly perishable fruit from the Azores, the Mediterranean and the Bahamas. For many years Salcombe and its neighbour Brixham in the South Hams of Devon, were the dominant players but, in the later days of the trade, Fowey established a reputation for producing fast fruit schooners such as the Jane Slade and Silver Spray.

Roger Barrett is the curator of both Salcombe Maritime Museum and Salcombe Lifeboat Museum and the author of a number of books on local maritime history including 'Salcombe: Schooner Port', which tells the story of the Salcombe Schooners and the trades they engaged in.



Joining the Fowey Harbour Heritage Society costs just £10 and although this will be our last talk of the season, membership will allow access to this excellent Zoom talk and you will receive a copy of our annual publication, the Barquentine. Back copies of the Barquentine can be viewed on the website and are available to purchase for £5.

For further details, please visit our website or contact andrew@gardner.be www.foweyharbourheritage.org.uk



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Town Trust Report From Robin Sainsbury, Chairman

Since the last issue we have still been unable to meet properly and have covered basic Trust business via Zoom meetings

From 1 March Dan Hicks has once again taken on the concession for St. Saviours car park, so if you have any queries or wish to pay for an annual space please contact Dan direct, his contact details will be in the office window.

The review of our assets is now almost complete, and we are just about ready to move forward on this issue. The main areas of contention are the Quay, Coal Wharf and other ancient monuments, which are proving almost impossible to insure.

Funds from the extremely generous bequest from Marjorie Barrie have now been deposited with the Trust, we have set up a separate account so the fund can be easily administered. The family are keen that the funds are dispensed quickly, so if your organisation require funds for a project please apply to the Clerk (closing date 1 April).

It is hoped that, with the lifting of restrictions we may be able to hold the AGM this year, although it will be in late May rather than early April. As ever members of the public will be welcomed, details of date and venue will be duly published.

As ever we continue to do our utmost to administer the assets of the village to the best of our ability, should you have any questions please contact either Adrian Fisher, our clerk, or any Trustee.

polruantowntrust@icloud.com 07876 746909



Please don't feed the gulls

Please don't feed the gulls! It's not just on you that they poo! *Just like the rain, they droppeth* on the righteous and unrighteous too!

If they could be taught to deposit on you donors the fruits of your gift Then the rest of us, 'stead of wiping it off would not get so incredibly miffed.

If instead of the random-spread splatter The lot was bestowed with precision just on your head as you throw out the bread, you might re-assess your decision!

from Tony Cottrell



KEEP POLRUAN SAFE

Thank you for keeping our village a safe place to live. Please keep up the good work for a little longer - hopefully the end is in sight but we must not relax yet!



If you need help with anything or simply need to Support Facebook page or call 07813125989

Lanteglos Parish Council Important Notice

As local residents know, there is an ongoing problem caused by seagulls tearing open plastic rubbish bags, strewing the unsanitary contents around and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

Early Monday morning and not before!

It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

> Please do not feed the gulls

Subscriptions

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

It only costs £8 (UK) £18 (Europe) £24 (overseas) to have the Parish News sent by post on publication for a year.

> To Graham Tyson, The Old Barn, Polscoe, Lostwithiel, PL22 0HS

Please send me the the next 6 issues of the Parish News by post on publication. PLEASE PRINT CLEARLY

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HM Government COVID-19 Spring 2021 Response — Summary © Crown Copyright

rch 29 March	STEP 2 No earlier than 12 April	STEP 3 No earlier than 17 May	STEP 4 No earlier than 21 June
	At least 5 weeks after Step 1	At least 5 weeks after Step 2	At least 5 weeks after Step 3
EDUCATION	EDUCATION		All subject to review
КСН	As previous step	EDUCATION	EDUCATION
ools and colleges open for all students tical Higher Education courses		As previous step	• As previous step
SOCIAL CONTACT	SOCIAL CONTACT	* SOCIAL CONTACT	SOCIAL CONTACT
rcise and • Rule of 6 or eation outdoors two households household or outdoors outdoors other person • Household only indoors ors	Rule of 6 or two households outdoors Household only indoors	Maximum 30 people outdoors Rule of 6 or two households indoors (subject to review)	• No legal limit
BUSINESS & ACTIVITIES	A BUSINESS & ACTIVITIES	A BUSINESS & ACTIVITIES	編 BUSINESS & ACTIVITIES
Paround care, organised outdoor sport, and adults) Outdoor sport and leisure facilities All outdoor children Cutdoor sport and leisure facilities All outdoor children's activities Outdoor parent & children's activities	All retail Personal care Libraries & community centres Most outdoor attractions Indoor leisure inc. gyms (individual use only) Self-contained accommodation All children's activities Outdoor hospitality Indoor parent & child groups (up to	 Indoor hospitality Indoor entertainment and attractions Organised indoor sport (adult) Remaining accommodation Remaining outdoor entertainment (including performances) 	• Remaining businesses, including nightclubs
15 parents)	15 parents)	TRAVEL	TRAVEL
	TRAVEL Domestic overnight stays (household only)	 Domestic overnight stays International travel (subject to review) 	Domestic overnight stays International travel
orinome • Minimise traver	No international nolidays	EVENTS	events
EVENTS	EVENTS	 Most significant life events (30) Indoor events: 1,000 or 50% 	 No legal limit on life events Larger events
erals (30) ddings and wakes (6)	 Funerals (30) Weddings, wakes, receptions (15) Event pilots 	Outdoor seated events: 10,000 or 25% Outdoor other events: 4,000 or 50%	

RNLI

from Eric Lockeyear

The quiet winter continued into the new year for our local lifeboat crews. The total of only two shouts in the last two months of 2020 was matched in January and February this year. Mostly mild weather contributed to safer conditions for the commercials, while the pandemic lockdown kept most pleasure craft off the water.

On Friday 29 January, Falmouth Coastguard initiated a search for an Emergency Position-Indicating Radio Beacon (EPIRB) between Mevagissey and Portscatho. The All-Weather Trent-Class Offshore Lifeboat, the Maurice and Joyce Hardy, was scrambled and joined the search, together with a Coastguard helicopter.

EPIRBs are important safety devices, carried on all commercial boats and some leisure vessels. When activated, the device transmits a coded message on a distress frequency via satellite and earth stations to the nearest rescue coordination centre — in this case Falmouth. In addition, a homing signal is transmitted to help rescue services pinpoint the beacon's location.

After two hours, the lifeboat and helicopter were stood down as the owner of the beacon had been located and it was deemed safe to call off the search. No further transmissions were received from the EPIRB.

On the morning of Wednesday, 3 February, Fowey All-weather lifeboat responded to a shout to assist a fishing boat with an engine room fire, several miles south of Fowey. On arrival the lifeboat crew found that the fishing boat crew had managed to extinguish the fire; however, the vessel's engines had been disabled.

The RNLI treats reports of fire onboard any vessel as a high priority, with danger to life high and the potential of re-ignition. Therefore, the lifeboat stood by while another fishing vessel, fishing nearby, pulled in their nets and took the casualty vessel under tow to



Looe. The lifeboat crew established the safety of the vessel and the tow before being stood down by the Coastguard.

Lifejackets

Some boat owners will have launched their craft by the time this reaches you, while others are still in the preparation stage. This means it's time to check all safety gear, lifejackets being perhaps the most important of all. Those who attended the lifejacket clinics at the Gallants in recent years will recall the pile of condemned lifejackets and out-of-date gas bottles that local sailors had been relying on – both to satisfy the rules and hopefully to save lives.

It is the personal responsibility of boat owners to check lifejackets, ensuring there are enough for everyone on board. Individuals venturing to sea in any craft are well advised to have a personal lifejacket. Check it regularly — and wear it

At the very least, the gas bottle should be withdrawn from the jacket and the date checked. If it is out of date — get a new one. Then inflate the jacket. If the old bottle is out of date, you can use that to do the inflating. Leave it at least overnight and preferably longer to ensure it remains inflated. If it doesn't, you know what to do with it!

Excellent lifejackets are not expensive — it's a small price to pay for your life. A detailed review of current models was carried in the August 2020 edition of Yachting Monthly, available free online at:

www.yachtingmonthly.com/gear/best-lifejackets-under-300-for-cruising-sailors-73284.

Stay safe.

Polruan Coastguard from Des Libby, Station Officer

With the "Glorious" 12th upon us when all our second home owners and visitors are once again allowed to come to Cornwall, barring any push backs from Boris, we are bracing for a busy season with a large influx of people heading to the coast and water ways.

Hopefully everybody has taken the opportunity over the lockdown and winter period to maintain and service their boats, outboard and inboard engines, lifejackets, make sure radios and navigation equipment are all ready to go and that distress flares and smoke markers are all in date.

Our recruits have now completed their first 12 months of service and are keen to get back to training properly again on station, by the time you read this they will have all completed their Rescue Responder (RR) Operational course and have moved up from awareness level. This will mean they can use the RR equipment independently on call outs and not just fetch and carry for the rest of the team.



From the Station Log

3 January 2021, 1726: Report of persons cut off by the tide in Lantic Bay area; Team mobilised to the area but found they were fishermen starting a night fishing trip and were not in any difficulty.

28 February 2021, 1657: Report from the Police of a missing person; Team assembled at station but were stood down after the person was located safe and well by the Police.

Remember if you see anybody in difficulty along the coast line dial 999 and ask for the Coastguard

Stay Safe and abide by lockdown rules.



Visiting podiatry/chiropody practice

O7813 5O874O/ O1872 53O715

Treatment of nails including conditions such as ingrowing, thickened and fungal nails.

Treatment of corns, callus and other skin conditions.

Diabetic and high risk foot management.

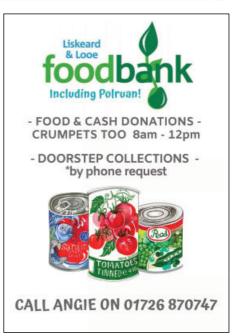
Biomechanical assessments and orthotics.

Footcare and footwear advice.

Julie Moutinho DPodM MCPod Registered Podiatrist

uliemoutinho123@gmail.com









Polruan NCI

From Brian Cook

NCI is a charity manned by volunteers which undertakes a visual and aural watch from 55 stations around the coast. It is looking out for boating or coastal walking incidents and reports them initially to HM Coastguard at Falmouth.

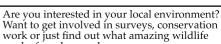
We have continued our winter watches in Polruan through this lockdown and have been single manning the station to ensure that we don't have any social distancing issues and have been undertaking two shifts between 9am and 4pm. There have been very few leisure craft around but the usual fishing and commercial port activities have continued. Occasionally recently we have seen canoes prowling along the coast outside the harbour entrance. Besides looking out for boating incidents we keep an eye on coastal path walkers. Again there have been few of these,

thankfully — mainly Polruan villagers.

With the lighter evenings and the country emerging from this lockdown we are expecting an increase in leisure boating and coastal walking and will shortly be extending our opening hours.

We have a Polruan weather station which is up to the minute on our website, please visit polruan@nci.org.uk





Friends of the Fowey Estuary

Want to get involved in surveys, conservation can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website www.friendsofthefowey.org.uk

Or join us on Facebook

Our events are Free to members and £2.50 for non-members, unless stated otherwise

Forthcoming events

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Our Easter-tideby the late Mavis Cocks



We all hoped for nice weather over the Easter. It was usually when the men began their gardening in earnest and lots of local customs were observed. Good Friday was Winkling Day. My father, then Ken my husband and later also Godfrey my son, always went up to Cairn Beach and other such places to get the winkles. They were usually gathered using buckets. I wouldn't like to say how many buckets of winkles I've cooked in my time and the number of hours spent with a pin picking them out of the shells. There were always plenty of friends and relations waiting to buy some and this was one way children could earn pocket money.

Mr Parsons, the local baker, made the most lovely hot X buns and he allowed some of the older boys and girls to take orders from the villagers for these. I think he used to pay 3d for each dozen or so ordered and delivered early Good Friday morning while still hot and I can remember doing this and we got to know where windows or doors would be left open plus of course the money for the buns. Mr Parsons would give us a nice hot X bun for ourselves when we finished the deliveries and that bun tasted like Nectar.

Easter Sunday was for Church and Chapel and all three services were well attended. Almost all local people – we saw very few visitors at that time, but as always the singing was beautiful.

I can't remember having much in the way of bought Easter eggs but we <u>did</u> have faces drawn on our Easter Sunday boiled eggs and the shells dyed in different shades. We didn't buy Easter cards either. In fact, I don't think such cards for just Easter were in the shops at that time. We drew our Easter chicks and bunnies on bits of card and of course we were delighted to pick our first little posies of Spring flowers for our Mums.

Our Easter holiday from school was just the long week-end. That was from the Thursday at closing time till 9 o'clock the Tuesday morning. We felt then that Spring had really come and so Summer was not so very far away.

© Mavis Cocks, first published in The [Lanteglos] Parish News



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