



October/November 2021

The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Rev's Ramblings

One of my most frightening experiences in life was while playing rugby for my university. I was quite literally 10 meters from the try line. I picked up a loose ball and lumbered towards the line in characteristic fashion, only to be pole-axed by two opposition forwards who tackled me from the left and right. Winded on impact I landed in a deep puddle of muddy water completely submerged with a pile of players pinning me to the bottom of this murky pond. Mud and water filling my choking mouth. Quite literally I thought I'd be the first rugby player to drown whilst playing! I can still see now Dai Hughes, that rugged Welshman, pulling my mop of black curly hair above the water line so air could reach my gasping frame! Thankfully I lived to tell the tale!

At one level fear is healthy. Fear is an emotion induced by a perceived threat. It is a natural human emotion. It is God given. It is a basic survival mechanism. It keeps us alive. It protects us from danger. However, there is also such a thing as unhealthy fear. The Greek word commonly used in the New Testament is 'phobos' from which we get the word phobia. This is unhealthy fear. It is disproportionate to the danger posed. It is false expectations appearing real. It is when I catastrophise – overestimate the danger and underestimate my ability to cope.

Common phobias include fears in relation to health, finances, failure, growing old, death, loneliness, rejection, messing up, public speaking, flying, heights, snakes and spiders. They also include things such as, what is now called 'fomo' – the Fear of Missing Out, the fear of not being special.

In my own life, I have experienced many fears from a fear of heights to panic attacks and other irrational fears; fears about preaching and a fear of doing anything that might bring disappointment to the name of Jesus.

Whereas the spirit of God does not produce negative fear, there is a kind of healthy fear – the fear of God. This does not mean being frightened of God. In fact it means the opposite. It is an understanding of who God is in relation to us. It means respect, reverence, awe, honour, adoration and worship; it could even be translated as love for God. It recognises the power majesty and holiness of God Almighty. It leads to a healthy respect of God and is the antidote to all other fears and phobias we experience in life. Fear God and you need not fear anything else or anyone else.

It is no coincidence that as the fear of God has decreased in our society, all the other fears have increased. We need to return to a right relationship with God. The expression 'do not be afraid' is one of the most frequent commands in the bible. There are in fact 365 – perhaps one for each day.



Polruan Academy Business Class winning Scarecrow – "Captain Hook and the Clockadile" (see page 17)

From the Editor

This is our second colour issue and the plethora of photographs from around the Parishes really does showcase the events and the efforts of everybody so much better than black and white. It has meant lots of learning for us though, taking longer to prepare and print and a keener eye for detail as the new paper shows up any mistakes! It is all well worth it. We feel very privileged to be in a position to publish in such high quality, thanks to the late Marjorie Barrie's bequest, and welcome any suggestions on how we can improve or add to The Parish News.

We have been blessed with some good weather and this has meant many events have had the benefit of the sun to make them happier, despite the obvious curtailments. So it has been very busy and we have some wonderful photographs and descriptions of local events, the Scarecrows probably being the most prolific!

While we have an unfortunate spike in COVID-19 cases in Cornwall and need to continue to protect ourselves and others, it has been good to feel the benefits of some freedom over the last two months.

I do hope you enjoy the wonderful content from our many contributors and as always we remain very grateful to them, you and our advertisers for making this publication possible.

Suzanne

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Church Diary in the Benefice of Trelawny

**St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;
St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt**

New Guidance for attending Church in the Trelawney Benefice

The Rev'd Richard Allen and the PCC have agreed that, whilst not a legal requirement, for the safety of our community as a whole, anyone attending services in the Trelawny Benefice must continue to wear a face covering and adhere to distanced seating inside Church.

Communion will be taken in one kind only.

Congregational singing will now be allowed behind a mask.

October 2021

Saturday 2nd

St Tallanus 11:00 Baptism
St Marnarch 12:00 Baptism

Sunday 3rd

Eighteenth after Trinity

St Marnarch 09:30 Holy Communion
St Wyllow 11:00 Holy Communion
St Tallanus 11:00 Harvest Festival
St Nun 17:00 Songs of Praise
St Ildierna 18:30 Holy Communion

Saturday 9th

St Marnarch 13:00 Memorial Service and
Internment of Ashes
St. Tallanus 11:30 Internment of Ashes

Sunday 10th

Nineteenth after Trinity

St Marnarch 16:00 Tractor Service
St Wyllow 11:00 Morning Prayer
St Tallanus 09:30 Holy Communion
St Nun 11:00 Harvest Festival
Family Service
St Ildierna 18:30 Holy Communion

Monday 11th

St Nun tba Pre-School Service

Sunday 17th

Harvest Festival

St Marnarch 09:30 Holy Communion
St Wyllow 11:00 Harvest Festival
St Tallanus 11:00 Public Worship with
Communion By
Extension
St Nun 11:00 At Methodist Chapel
St Ildierna 18:30 Harvest Festival

Sunday 24th

Twenty first after Trinity

St Marnarch 09:30 Service of the Word
St Saviour 09:30 Holy Communion
St Nun 11:00 Holy Communion
St Ildierna 18:30 Evening Prayer
St John 18:30 Harvest Festival

Sunday 31st

Twenty second after Trinity

St Marnarch 09:30 Service of the Word
St Tallanus 09:30 Holy Communion
St Wyllow 11:00 Holy Communion
St Wyllow 14:00 Baptism
St Ildierna 18:30 Holy Communion



November 2021

Tuesday 2nd

St Saviour 14:30 All Souls Service

Sunday 7th

All Saints

St Marnarch 09:30 Holy Communion
St Wyllow 11:00 Holy Communion+
Baptism
St Tallanus 11:00 Public Worship with
Communion by
Extension
St Nun 16:00 Song of Praise
St Wyllow 17:00 All Souls Service*
St Ildierna 18:30 Holy Communion

Thursday 11th

St Nun 1045 Act of Remembrance
at War Memorial
St Marnarch 11:30 Act of Remembrance
at War Memorial

Saturday 13th

St Ildierna 11:00 Baptism
St Tallanus 14:00 Wedding

Sunday 14th

Remembrance Sunday

St Wyllow 10:50 Act of Remembrance
and Service
St Marnarch 11:00 At St Nun
St Tallanus 10:45 Remembrance Service
St Nun 10:45 Act of Remembrance
St John 12:30 Act of Remembrance
St Saviour 15:30 Sing a New Song
St Ildierna 18:30 Evening Prayer

Sunday 21st

2nd before

St Tallanus 09:30 Holy Communion
St Wyllow 11:00 Holy Communion
St Ildierna 16:00 700th Anniversary
Service
St Nun 11:00 At Methodist Chapel
St Marnarch 09:30 Service of the Word
St Saviour 16:00 Sing a New Song

Saturday 27th

St Wyllow 12:00 Wedding

Sunday 28th

Advent

St Marnarch 09:30 Service of the Word
St Saviour 09:30 Family Communion
St Nun 11:00 Holy Communion
St Wyllow 17:00 Advent Carols*
St Ildierna 18:30 Holy Communion

**Please note that there will be a bus service from
Polruan for the 17:00 All Souls and Carol Services
on 7th and 28th November respectively.*



From the Registers

Weddings

24th July; Liam Robert McClary to Lonneke
Helena Hermina Maria Spierings, St
Marnarch, Lanreath

30th July; Alexander David Ley to Elizabeth
Hazvinei Bushe, St Marnarch, Lanreath

21st August; Daniel John Bateman to Sarah
Catherine Rogers, St Wyllow, Lanteglos by
Fowey

1st September; Wedding blessing for Andrew
and Eve Skiggs, St Wyllow, Lanteglos by
Fowey

4th September; Patrick Luke Richard Woodhead
to Rose Jenny Slavin, St Ildierna, Lansallos

11th September; Christopher Edward Dellar to
Hannah Kathryn Kelly, St Wyllow, Lanteglos
by Fowey

Baptisms

5th September; Angus Bull at St. Ildierna,
Lansallos

Funerals and burial services

14th July; Church service for Jean ay Clarke of
Portlooe at St. Tallanus, Talland; followed by a
service at Bodmin Crematorium

Funerals/Thanksgiving services

27th July; Church service and burial at St. Nun,
Pelynt for Ena Mary Libby formerly of Pelynt

Internment of Ashes

7th August; Ashes interred at St Nun, Pelynt for
Laura Margaret Squire

31st August; Ashes interred at St Wyllow,
Lanteglos by Fowey for Alec Clayton of
Yorkshire

LANSALLOS CHURCH 700th ANNIVERSARY

A special service will be held
at 4.00pm on

SUNDAY 21st NOVEMBER

to mark the 700th anniversary
of the Dedication
of Lansallos Church to our
Patron Saint, St Ildierna.

The Rt Reverend Bishop
Graham James will preach,
Lanteglos Choir will sing and
there will be birthday cake, tea
and coffee to follow.

Do come and
celebrate with us!

The Organ at St Tallanus, Talland

from Eric Patterson

The organ at Talland is one of only two church pipe organs remaining in our benefice and is quite a fine instrument. Its maker was an organ builder of high reputation, James Conacher of Huddersfield, whose brother Peter also built good organs. Their instruments are particularly revered in the north, and are instantly recognisable by their characteristic decorative pipework. That in Talland is particularly attractive and comes to life startlingly when properly lit. It is something of a rarity in Cornwall, as James Conacher built only one other in the county, that in Gulval Methodist Church near Penzance, which has long since closed.

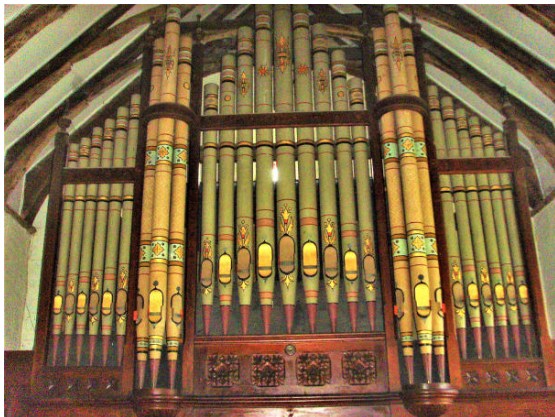
The present Talland organ began its life as an undated instrument of two manuals and pedal in the Methodist Church, Shutta Lane, East Looe. It was moved to Talland by the firm of George Osmond of Taunton in the 1960s, replacing a very small instrument by Heard & Son of Truro. That organ was undated too, but was certainly in place by 1936. The Methodist

subsequently at some stage by Raymond Greaves of Plymouth, but perhaps losing rather by his slight alteration of the great manual, hampering its ability to accompany solo stops on the swell. Some of the details can be found in the National Pipe Organ Register Nevertheless, it remains a satisfying instrument to play. Some of the flues have

almost a French sound to them and most of the louder stops speak strongly and lead well. The quieter stops are perhaps the most appealing though, and in general almost all the stops combine well. The organ is built like a battleship, like all Conachers and has lasted well, though

there are areas which need attention and essential improvements are slowly being made. It is maintained by Lance Foy of Truro, who recently updated and improved the pedalboard and replaced the rather weak reed stop with a superior one from Duloe, adding greatly to the bite and power of the full organ.

The organ is treasured by the present church members and those who play it, and rightly so, and I enjoy using it as a regular practice instrument.



church meanwhile later became a bookshop. The specifications of the Looe and Talland organs differ slightly, the latter benefiting perhaps from some extra stops added



Parish Diary

Please note, all of the below may be subject to alteration/cancellation, please check beforehand.

October

Saturday 2nd, Whitecross Market 10am to 1pm (see page 18)

Tuesday, 5th, Little Harbour Hospice Book Sale (see page 10)

Tuesday, 5th, 12th, 19th, 26th Woman's Hour, St Saviour 2.30pm (see page 7)

Sunday 10th, Ramble in Lostwithiel 10.30 (see page 10)

Saturday, 16th 'Breaking the Mould: The South West Suffragettes' A Talk by Pamela Vas, 2.30pm Whitecross Village Hall (see page 22)

Sunday, 17th Harvest Festival, St Ildierna, Lansallos 6.30pm (see page 4)

Sunday, 17th Harvest Festival, St Wyllow 11am

Tuesday, 26th October, Polruan Village Hall opening and AGM (see page 28)

November

Tuesday 2nd, 9th, 16th, 23rd, 30th Woman's Hour, St. Saviour 2.30pm (see page 7)

Saturday, 6th Whitecross Market 10am to 1pm (see page 18)

Sunday, 14th Remembrance, St Wyllow 10.50am

Sunday, 14th Sing a New Song, St Saviour 3.30pm

Sunday, 21st 700th Anniversary of St Ildierna, Lansallos 4pm (see page 2)

December

Saturday, 4th Whitecross Market 10am to 1pm (see page 18)

Sunday, 5th December, Illuminating Polruan Christmas Tree

Monday, 6th December, Fowey Festival short story competition opens for entries



Harvest of the Sea The Old Coal Wharf, Polruan

from Richard Allen, Rector

Around 150 people gathered on the Old Coal Wharf in Polruan to celebrate a Harvest of the Sea Service on Saturday, 14 August. Worship was led by the Pelynt Male Voice Choir. A good number of Sea faring hymns were sung. Although we couldn't resist finishing with Cornwall my Home. The Rector preached on the Life Jacket and the way in which Jesus saves lives!



The Churches of the Benefice of Trelawny

Rector	Rev Richard Allen	01503 220847
Benefice Administrator	Pippa Morrell-Davies	07399 563440

Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

Lanteglos

Churchwardens	Colin Payne	01726 870715
	Norman Mallard	01726 870747
Treasurer	Graham Tyson	01208 873750
Secretary	Liz Luck	01726 870542

Lansallos

Churchwardens	Margaret Phillips	07493 310816
	Josie Slade	01503 220513
Treasurer	John Feeseey	01503 220884
Secretary	Glen Feeseey	01503 220884

Pelynt

Churchwardens	Sheila Morrell-Davies	01513 220976
	Frank Edwards	Ex Directory
Treasurer	Rosemary Lee	01503 220169
Secretary	Sheila Morrell-Davies	01513 220976

Lanreath

Churchwardens	Gill Sanders	01503 220827
	Peter Hooper	01503 220229
Treasurer	Peter Bartram	01503 220490
Secretary	Jenny Bartram	01503 220490

Talland

Churchwardens	Sheridan Hughes	01503 264948
	David Bailey	01503 262890
Treasurer	Joe Sharples	01503 273466
Secretary	Jenny Hall	01503 598267



Publisher

Lanteglos-by-Fowey PCC 07399 563440
trelawnybenefice@gmail.com

Editor

Suzanne Goddard 01726 870818
suzanne.goddard@me.com

Advertising

Edgar Goddard 01726 870818
edgar.goddard@gmail.com

Distribution

Linda Hazell and 07977 625134
Mark Pope
lindahazell@sky.com

Advertisers and organisers

The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

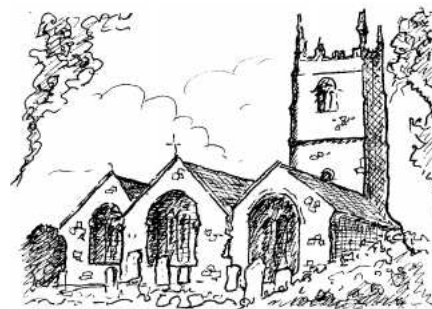
News from Lansallos

from John Feasey,
Lansallos PCC

This year we celebrate the 700th anniversary of the completion of the present Lansallos Church (the third place of worship on the site) and its dedication to St Ildierna in 1321AD, during the incumbency of Richard de Kernyre – and, yes, the rector was another Richard! The building would have looked quite different from the church we know today, as the tower, porch and probably two aisles were later additions in the late 15th century.

But have you thought what must have been involved in constructing such a large building without the benefit of more recent technology? There would have been no blueprints as we know them today, but just a sketch plan on vellum by the master mason, a very skilled artisan. The basic building material was slate, with shillet infill, stones being quarried as close as possible to the site to minimise the need to transport such heavy loads. Materials from the previous Norman church were also recycled, including the limestone font from Normandy. As the walls grew higher, external and internal scaffolding would have been built of wood by a team of carpenters. To get the heavy stones to the top, systems of wooden pulleys and ropes were employed, probably helped by a human treadmill (and what a job that must have been).

The real challenge would have been transporting the granite used in the huge pillars as well as for the arches, transoms and some window mullions. The pillars are each in one piece, weighing several tonnes, and the nearest sources of granite are Bodmin Moor and west Cornwall. It's likely that river and sea transport was used as much as possible, the road network of the time being very rudimentary. Having arrived by boat at Lansallos Cove, the granite would have been transferred onto wooden sledges to be hauled up to the village by teams of oxen. Deep grooves made by sledges can still be seen in the track leading up from the cove. Roofing



slates may have come the same way from quarries such as Delabole.

Although the Romans used cement and concrete, the secret of making these strong building materials was lost in the Dark Ages, so weaker lime mortar had to be employed. The interior walls would have been plastered and covered in colourful religious frescoes, now sadly long lost. There was probably little or no seating until the present oak pews were introduced in around 1500AD. The church would have been what we now call a "multi-functional space" being used for markets, meetings and plays as well as for services. We are so lucky that the building has survived really well for seven centuries despite fires, lightning strikes and even damage from shrapnel from an aerial dogfight during WW2.

Our 700th anniversary will be commemorated at 4.00pm on Sunday, 21st November, by a special service at which Bishop Graham, the former Bishop of St Germans, will be returning to preach. This will be followed by plenty of birthday cake (but we can't afford 700 candles . . .), wine, tea and coffee, so come along and help us to sing Happy Birthday to St Ildierna!

Another date for your calendar is Harvest Festival at 6.30pm on Sunday, 17th October, with cocktail pasties, coffee and tea to follow. Do join us in celebrating Harvest Home.

*Penn-bloodh Lowen, St Ildierna!
(Happy birthday, St Ildierna!)*

Welcome

All churches of Lanteglos-by-Fowey Parish will be open for you to visit and enjoy:

St Wyllow,
our Parish Church

St Saviour,
a Victorian Church in Polruan

St John,
a converted stable in Bodinnick

We respectfully ask for your consideration for the people who regularly use these buildings.

Please use the sanitiser supplied when entering and leaving and also limit your contact with any hard surfaces when moving around.

We hope your time with us is one of refreshment

Lanteglos-by-Fowey PCC

Pelynt and District

Thursday Club

Meetings are held in Pelynt Village Hall on the last Thursday of each month at 2.30pm
Admission £2, including raffle ticket and refreshments
All welcome- we look forward to seeing you

Planned meetings

We are currently preparing a programme of events

News from Lanreath

Lanreath songs of Praise

from Richard Allen, Rector

Around 50 people gathered on Lanreath Village Green for a Songs of Praise service on Sunday, 22 August. The worship was led by a group of 12 or so singers and musicians. The weather held fair and we were all joyfully able to sing God's Praise together.



Lanreath Scarecrow Service and Competition

from Richard Allen, Rector

Lanreath Village entered into a new first by having a scarecrow service and competition in July. It was great fun with lots of folks gathering on the green along with their scary friends. Local farmer John White as always using his great sense of humour and fun, appeared with a replica vicar! The service as always was led by the Lanreath music group with great joy.



Polruan Village Hall is in a lovely position, and is ideal for weddings, birthdays and parties, so please remember you can hire the hall for a very reasonable cost.



- The rates are £12 per session (i.e.. morning, afternoon, or evening)
- Please contact Kathryn (01726 870953) for more information or to book

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OPENING HOURS

Monday	9.00am to 4.00pm
Tuesday	9.00am to 4.00pm
Wednesday	9.00am to 4.00pm
Thursday	9.00am to 4.00pm
Friday	9.00am to 4.00pm
Saturday	9.00am to 1.00pm
Sunday	Sorry, Closed

POLRUAN KIDZ KLUB AND YOUTH CLUB



INFORMATION NEEDED!

Polruan Youth Team are looking at the best way to provide ongoing fun and relevant activities for children and young people in our village, but need some information to do this:

Are there children or young people who would be interested in regular activities such as youth clubs

?

If so, what age groups

?

Would there be interest in one-off events such as Outings, hikes, fundays, holiday club etc

?

We are looking for volunteers to get involved with the youth work team - we would particularly welcome those who have previous relevant experience - could this be you

?

Please contact us if you can help with answers to any of the above questions -

Look out for details of an open evening for parents and young people to find out more, at the Village Hall as soon as things are up and running again -

Angie Mallard - Chairman Polruan Youth Committee
 (07967 131525)

News from Polruan Village Hall from PVH Management Committee

The refurbishment of the Hall is coming along well. Our brand new kitchen is looking very smart and the lighting is being upgraded to make the area much lighter, brighter and inviting. The outside white paintwork has been completed and new fascia boards and guttering will be installed soon, along with a defibrillator. The stage area has been opened up to create a larger space for hirers to use and that, along with the interior of the Hall, is ready for redecoration. This will make the Hall much more desirable for weddings, parties and children's parties as will the WiFi connection which should be up and running this month - Progress is being made!

Due to the spike in COVID-19 cases in the village and surrounding areas, we were forced to postpone our Open Day provisionally booked for 19 September. We also made the decision to postpone our AGM scheduled for 28 September to 26 October, by which time it is hoped things will have settled down a little. Prior to the AGM we now plan to host a brief Open Evening to showcase what our newly refurbished Hall has to offer to our Community. We do hope as many of you as possible will be able to come along to this event and share a drink or two! (Please see details on page 28.)

We look forward to welcoming you.





Polruan Woman's Hour from Kathryn Hill

When I was young, whilst Mum was making arrangements, she often said "DV and WP" – DV stands for 'Deo valente', Latin for 'God willing' while WP means 'weather permitting'; in these uncertain times, arrangements are also 'CP' – COVID permitting!

So, DV and CP, Woman's Hour will start meeting again on Tuesday, 5 October and, hopefully, on all the following Tuesday afternoons. Do come along and join us in St Saviour Church at 2.30pm on any Tuesday afternoon. We will still need to wear masks but we will be able to join in the singing. Unfortunately we will still not be able to enjoy a cuppa, at least initially but, CP, that may be possible later in the year.

At the time of writing the programme is very embryonic but we have booked Rev'd Richard for Tuesday, 2 November to lead us in a short service for All Souls Day. Our parish 'All Souls' book will be available throughout October at the back of St Wyllow when there is a service there, and at the back of St Saviour at all other times; please feel free to write the name of a loved one who has died in the book and they will be remembered at this service. For clarity please print their names!

All are welcome at any Woman's Hour meeting but you are especially invited to the special 'All Souls' meeting.

Polruan Hidden Gardens from Sue Rowe

Unfortunately we were forced to postpone this event to keep everyone safe due to the rising number of COVID cases in Polruan and surrounding areas in September.



This was very disappointing but necessary and we are now planning to hopefully hold the event in June next year, when gardens are often at their best. Obviously we can't do this without you, so if you are happy to open your gardens next year, please let me know and we will start to plan the event.

(sjsherwood2@gmail.com; 07813125989).

Look out for reminders and information in subsequent editions.

In the meantime, let's keep our fingers crossed that next year will be more successful.



Lanteglos Churches Choir

from Sue Shakerley

We are hoping to begin Choir practice again on Tuesday, 5 October at 6pm in St Saviour Church. This will depend on the rules and regulations at the time of course.

We are hoping that everyone who usually sings with choir will do so again, with perhaps some new faces as well.

Here is a list of the services at which the choir is hoping to sing so that you can put them in your diaries.

Sunday, 17 October,
St Wyllow, 11am - Harvest Festival

Sunday, 7 November,
St Wyllow, 5pm - All Souls

Sunday, 14 November,
St. Wyllow, 10.50am - Remembrance

Sunday, 28 November,
St. Wyllow, 5pm - Advent

Christmas Carol Service and Midnight Mass — times to be confirmed.

Please get in touch with Sue Shakerley if there is anything you would like to know or would like further information (07966 681014).

St Saviour Church Rotas from Kathryn Hill

Now that we look like being able to have the churches open during the day like we used to, I need to get the flower and cleaning rotas for St Saviour properly organised rather than the somewhat 'hand-to-mouth' system I had during lockdown! The more people who volunteer, the less often each volunteer will be called upon!

If you are willing to arrange flowers, clean brass or clean the church please contact me (details below). I am especially keen to find someone who likes cleaning brass as currently I am doing it each month and it is not my favourite thing!

Kathryn Hill, 39 Fore Street, 870953

kathrynhill39@gmail.com.



COVID-19

H V I N I
R E R F S
I R U E E
S T S C A
S E S I E
& S O S
JOSHUA

"Have I not commanded you? Be strong and courageous. Do not be afraid; Do not be discouraged; For the Lord your God will be with you wherever you go."

© JOSHUA 1:9

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So do not hesitate to contact them for advice and support of any sort; **not just for foodbank services.**

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LETTERS TO THE EDITOR

Suzanne Goddard
Springhill
Chapel Lane
Polruan PL23 1PG
01726 870818

suzanne.goddard@me.com

or use the letterbox in the porch
of St Saviour Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.

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*The official website of
Lanteglos by Fowey
Parish Council*



**Closing date for the
Oct/Nov 2021 issue is**

Wednesday 10 November 2021

Please send all copy and letters to
Suzanne Goddard at
Springhill
Chapel Lane
Polruan PL23 1PG
suzanne.goddard@me.com
01726 870818

Or use the letterbox in the porch of
St Saviour's Church Polruan
**no later than
Wednesday 10 November 2021**

*** Thank you ***

Thank you

from Kathryn Hill

I would like to thank all those who have helped me and are continuing to help me in so many ways whilst I am incapacitated with my broken arm.

Thank you too for the 'get well soon' cards, flowers and meals that I have, and still am, enjoying. I feel very blessed.

Thank You

from Anne Allan

A very big thank you to the Regatta and Children's Sports Committee for organising the Polruan Scarecrow Competition and to all those who took part. They gave us all so much pleasure!

It was good to see something else returning to normal and I saw all that my mobility scooter allowed me to!

Thank you

from Kath Welsh

I would like to say thank you to everyone who supplied me with jigsaw puzzles over lockdown. They gave me so many hours of pleasure and took away the boredom.

Lanteglos Age Concern

from Kath Welsh

At this time we are very short of helpers at Polruan Age Concern and really need some new blood on our committee. If you are interested and can spare some time, it would really help and hopefully revitalise and save our group which is a lifeline to many. Please contact me (01726 870510) for further details, come along and join in the fun.

Hospital and medical appointment drivers

from Kath Welsh

We are very short of drivers to take people who don't have cars to hospital and medical appointments. This has been made worse since lockdown because the surgery in Polruan has closed and we have to go to Par or Fowey. If you can spare the time, please can you come forward to help, it would really be appreciated. Please contact (01726 870510).

A Pantomime for the New Year!

from Tony Cottrell

As many of you know, Polruan Theatre Club had been intending to perform a new pantomime, 'Sleeping Beauty', at the end of November. Unfortunately a clash of commitments has forced us to postpone the production until the February half-term.

Apologies for dashed hopes but it gives something to look forward to after Christmas and we look forward to seeing you then!

Lock up wanted

Does anyone have a small lock up or storage area accessible from the road to store a motorbike over winter?

Please contact Edgar or Suzanne 01726 870818

Bridge Group

Are there any Bridge players in Polruan? We are a small club who play every Monday afternoon, from 2 until 4pm in the WI Hall. We would very much welcome any new players.

If you are interested, please contact Anne (01726 870691) or Mona (01726 870632).

Happy 100th Birthday

from Tony Bartlett



Former Polruan resident, Alf Bartlett, recently celebrated his 100th Birthday with a garden party for family and friends, at Rosehill House Care Home. Alf, father of Mary Toms and Tony, wishes to thank all those who sent cards and good wishes.

The Season of Mellow Fruitfulness

from Chris Hope-Wynne

As we begin the season of mellow fruitfulness and enjoy the abundance of our land, we should give respectful thanks to All those who till the land in pursuit of our food security whilst enduring individual determination and encroaching winter hardship. Those who work the fields here must have fortitude in abundance as they produce our sustenance . . . Hard Laborious Consistency . . . Thank You All for Delicious Loving Devotion . . . French and Runner Beans, Beetroot, Courgettes, Sugar snap Peas, Cabbage, Delicious Eggs, Spuds, Wheat, Corn, Maize . . . You keep us going . . . it's Much appreciated and you should know this . . . Your Annually Enduring Message of Nutrition is Recognised . . . How fortunate we are to be here . . . Thank You To you ALL at Frogmore Farm and Beyond.

PS. Do please keep your pets under control over farming land . . . Farmers and their animals don't like it one bit . . . they both have enough to contend with . . . No mammals under any circumstances desire stress.

Polruan Regatta and Children's Sports

from the committee

The Committee met safely at the beginning of August to discuss how we could adjust our Regatta plans to ensure all residents and visitors could be kept as safe as possible. We had available to us the Cornwall Council Risk Assessment Document 'Key Considerations for Event Organisers in Protecting Public Health where People are Gathering'. After considering this document, disappointingly, we realised it would be inadvisable for our Regatta Day, scheduled for Monday, 30 August, to go ahead.

Optimistically we planned for the sports event, with a free barbecue and games to take place, however, just a few days before, we became aware of several COVID cases in our village. That, together with a shortage of helpers, forced us to cancel this event also. Next year will be a bumper year!

It seems a while ago, but we would like to say a big thank you to all those who entered our Polruan Scarecrow Competition; Peter Pan was a popular theme choice. The unsettled weather did not help to preserve the scarecrows at their best, but the majority made it through August and cheered up residents and visitors alike. (See photographs on page 17)

The new bunting was bright and cheerful and we were grateful to the 'Bunting Decorating Crew' who gave up their time to put it in place and take it down. (See photo below)

Whilst no one can forecast the path COVID will take over the next few months, we

anticipate that the following events will take place:-

- Children's Christmas party (birth to Year 2) – Saturday, 11 December
- Pantomime Trip, The Theatre Royal, Plymouth, (Y3-Y11) - Sunday, 2 January 2022

Invitations will be sent out in late November. The Coal Wharf Christmas tree will be put in place and illuminated on Sunday, 5 December. There will also be a tree for the grounds of St Saviour Church.

Our 'Christmas Lighting Up' last year was a huge success, so we'd like to encourage everyone to decorate their windows with lights and festive scenes if possible, (especially in Fore Street). This will really help to brighten and cheer up the festive season and will be enjoyed by residents and visitors alike.

Parish Organisations please note we have optimistically set our dates for 2022 as follows:

Annual General Meeting	7 March 2022
Carnival Queen Choosing	3 June 2022
Beach Gala and Disco	July 2022 (tba)
Regatta Weekend	27 to 29 August 2022
Craft Coffee Morning	13 November 2022
Children's Christmas Party	10 December 2022

www.polruan-regatta.co.uk



The Queen's Platinum Jubilee

2 June to 4 June 2022

from the steering group

The steering group, organising the celebration programme for the Queen's Platinum Jubilee, plan to meet again at the beginning of October.

Ever mindful that bookings for popular live music bands and groups would quickly be booked, some have already been secured as follows:-

Thursday, 2 June: Company B, a Jump and Jive Band.

Friday, 3 June: Swingology, a Swing Band to accompany the street tea party.

Saturday, 4 June: Good Old Fashioned Lover Boys, Queen Tribute Band.

Sunday, 5 June: The Countrymen. Cornish Rock Folk Harmony.

Other plans for the celebration are:

- For a beacon to be lit on Thursday, 2 June (as was done for the Queen's Diamond Jubilee)
- A disco will be booked for Friday, 3 June
- A firework display by Celebration Pyrotechnics is booked for Friday, 3 June
- A floral arch over the top of Quay Hill (as has been done in past Jubilees).
- A flower festival and memorabilia exhibition in St Saviour Church.

How are we financing this? We are reallocating the £1,000 raised for the VE Day 75 celebrations which had to be cancelled. We have received a generous grant from the Barrie bequest and some individual donations which will all go to cover the cost of this event.

Polruan always celebrates Royal Jubilees in style and we will all be ready for a community celebration after so many cancelled events.

Watch our for social media and Parish News updates for further information.



Photo by kind permission of Brian Cook

Chris Mylward
Carpentry and Refurbishment
Building work-Roofing-Painting-Tiling
Mobile 7837 831571
Office 01726 870078
chrismylward@hotmail.co.uk
Based in Polruan

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Little Harbour

from Lynn Bartlett and 'bella Tyson

It was good to be able to begin our outdoor book sales again; the two sales generated a grand total of £81.00. There will be one more sale on Tuesday, 5 October, weather permitting, before our winter break. As we go to press the Reading Room is not open but once it is there will be access to the books and a few jigsaws on the Blamey shelves.

We have also gratefully received two generous donations totalling £60.00.

We will have Christmas cards for sale, these will be available from me. As last year, I will set up two mornings of sales from the Reading Room doorway.

Last year, no new cards were printed and stock from previous years was sold and cleared. This year there is a selection of 12 different new packs, all containing 10 cards and all for sale at £3.50. There are calendars and diaries, also at £3.50. All can be viewed online at www.chsw.org.uk under the shopping heading.

Sue and Ellie Sainsbury have kindly agreed to have the Christmas Cards available in Jam First again this year. Please watch for information posters or contact me on 870536 or email lbart49738@aol.com.

Thank you for your continued support.



Little Harbour

Ramble in Lostwithiel

Sunday, 10 October at 10.30am



Please come and join members of Fowey River Lions for a ramble in aid of BBC's Children in Need on Sunday, 10 October at 10.30am. We will be undertaking an easy walk of about one to one and a half hours, which is suitable for all ages and abilities. Do come with us and bring your family and friends as well for a fun event. All we ask is that you bring some sponsorship with you, preferably a minimum of £10. Obviously the more sponsorship you bring the more can be done to help the projects supported by Children in Need. Come along at 10.30am on Sunday, 10 October and meet us outside Lostwithiel Community Centre. We look forward to seeing as many of you as possible. Who knows, we might even be lucky enough to see Pudsey on the day!

If you are unable to come along on that day but would like to donate to our Children in Need ramble you can make a payment to the following account with the reference CinN:

Account: Fowey River Lions

Sort code: 30-97-28

Account number: 28977568

Reference: CinN

Fowey River Lions area extends from Fowey and Polruan and all the villages either side of the river up to and including Lostwithiel. We also cover Par, as far as the railway line and Tywardreath. We are always grateful for the support we receive from our local area. Thank you.

If you are interested in what we do perhaps you would like to join us for one of our events or come and meet us at one of our social evenings. We have a business meeting the first Monday of every month (except August) at 8pm at the Ship Inn, Par and a social evening once a month (when permitted). We would be delighted to meet you, so do contact us. We look forward to hearing from you.

President: Lion Tony Bartlett

Treasurer: Lion Tony Bartlett

Secretary Lion Alastair Barr

For further information please contact us on foweyriverlions@gmail.com

facebook: [foweyriverlions](https://www.facebook.com/foweyriverlions)

Tel: 0345 833 7484

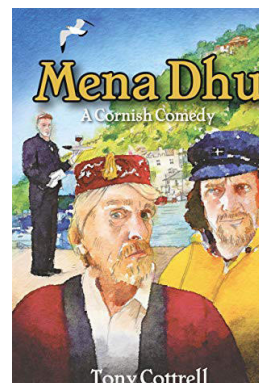


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from Jane Wills – Head of School

Fresh from the summer break and loaded with energy, enthusiasm and smiley faces, the children have joined us for the start of another exciting year at Polruan Primary Academy. We have spent a significant amount of time admiring and polishing the cup we were awarded for the first prize in the village scarecrow competition, and we are still in awe of the engraving.

We have lots of exciting plans for the Autumn term and with the loosening of restrictions we hope to be able to invite the wider community to join us for some of the planned events. Please keep an eye on our school website, notice board outside school and our Facebook page for information about upcoming events.

Our successful Barrie bequest bid has allowed us to start the refurbishment of the Rainbow Room in the lower part of the school. I am pleased to say, the major works are now completed, and we have started furnishing the room. Hopefully, we will have a finished Peter Pan Reading Room very soon to inspire and support a lifetime love of reading for the children in our school. In the first instance, we

will share photos, but we are hoping to be able to invite families in to see the room for real!

The school continues to have a close working relationship with the church, and we are delighted that we found ways around the challenges presented by the pandemic by inviting Reverend Richard to join us for the outdoor version of the Year 6 Leaver's Assembly at the end of the summer term. We are looking forward to inviting the "Open the Book" team back in school this term, we have missed their performances.

The year 6 children will be writing the next newsletter from Polruan Primary Academy.



Film Club coming soon to the Village Hall!

from Sue Rowe

Thank you for all the interest already shown in a Film Club to be held in Polruan – it has been really encouraging. We have set up a Committee and are currently working with the Village Hall Committee to source and purchase the

equipment for showing films. As soon as the equipment is installed we will begin the fun part of choosing films and setting up the first show. Anyone wishing to watch the film will be required to join with an annual membership of £6.00. This will enable you to watch the first film without charge and any subsequent films will be at a charge of £4.00 for adults.

We are very excited about the Club and further details will be issued shortly. In the meantime if you would like further information or would like to register your interest, please contact Sue Rowe (sjsherwood2@gmail.com; 07813125989).

AGE CONCERN

Should anyone need a driver to take them for a hospital appointment could they please make contact with someone from the following list.

Tom Simmons 07757 706337
Angel Burstow 870059

FARES

Fowey Surgery £6: St Austell £10: Truro £20:
Bodmin £12: Liskeard £12:
Plymouth £20: Hayle £30

Plus – Ferry, bridge tolls and parking costs

We would like to invite people of Polruan to join us on our Village Hall Committee, or just help at our events. If you are interested, or would like more information, please contact Suzanne on (01726) 870818.



Come get involved – your Village Hall needs you!



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Letter from Australia

from Mary Taylor, Cootamundra,
New South Wales

[By Ed.]

We have not heard from Mary for a little while, and I had been concerned as both she and Jim have not been in the best of health recently. Shortly after going to press for our last issue I received the following letter.]

Sorry it's been a long time but I had a very sick husband to look after and unfortunately he died on 19 June, he was at home with all the family around him.

I am very lonely now without him, he was the love of my life . . . Some good news though, Tamara and Brandon are expecting a baby

It's a short note this time and I will write again when things settle down a little. I hope you have all had a good summer - Love to all the readers.

I've been trying to write for a while now but there's been so much paper work and things to sort out. Not helped by the fact I've been waiting for a cataract operation since January and now my other eye is getting worse.

It's been two months now since Jim died, I really miss him a lot and keep talking as if he's here sometimes. I'm coping well though and the family are really supportive and helpful and I have home carers coming in too.

Letter from Nigeria

from Kathleen and Daniel

Quite a lot has happened since my last letter. I celebrated my birthday with Mark's household and Bethany had made a lovely cake to celebrate. Thank you to everyone who sent emails and e-cards to mark the day - they were very much appreciated.

I have been back to the hospital and the professor was very pleased with my progress. There are signs of improvement, so I am to take tablets for 4 months at which point my heart will be X-rayed again.

Sadly we had the funeral of one of the IDPs yesterday. His widow will come under our widows project, the childrens' school fees are being paid and neighbours have been very good to them. Please pray they will be comforted and adjust.

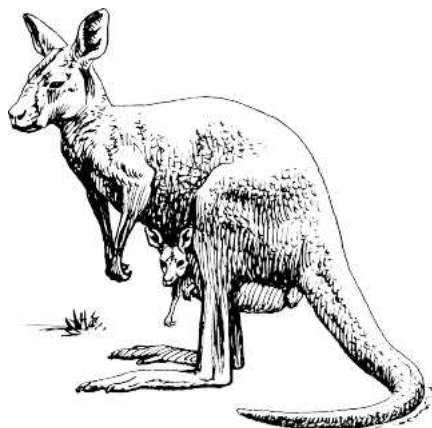
The Bible Study with the young people is going well and once a month they play games in our sitting room. Grace brought a few new games when she last visited which were popular, as well as Lego and Brunchum (they have called this COVID-19 because it looks like the virus pictures!). Pray for these young lives as there are so many temptations.

Continue to pray for Vom and Jos which have been subject to terrible attacks recently. We fear for the folk there. Thankfully things have settled a little recently, but for how long we don't know.

Unfortunately COVID-19 is spreading in Nigeria, some of the doctors are on strike and the country is in a mess and getting worse. All we can do is pray and thank you that you pray too.

On a more positive note, the rains are good for which we praise God and we are eating potatoes and corn in the cob from the farms.

May God encourage you and bless you as we work together for the Lord.

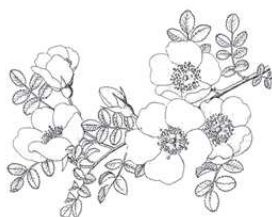


The family did a good job at the service in the funeral parlour. We had the wake at the Wallendbeen Hotel, Jim's old drinking hole and gave him a good send off!

We are in lock down again and everyday more and more people are getting the virus. Thankfully I've had my 2 jabs and don't get out much anyway - I only go for medical appointments and the boys take me to those. They bring in my shopping too.

While we've been in lockdown I've taken the opportunity of turning out some drawers - you do hoard a lot don't you! I've sent bags and bags to the Red Cross - all good stuff as Jim dressed well and looked after his things.

We're getting lovely weather here. All the best to everyone in Polruan.



A Country walk

the late Mavis Cox

I'm sure many enjoy a good walk down
our beautiful country lanes.
Noting the varying scenery,
no two days are the same.

I like to see the flowers unfold,
trees get new mantles of green
and as the year progresses
each month brings a different scene.

One day the wind blows you along
the next day may be full of cloud.
Often you find yourself with mist
settling around you like a shroud.

Then again the sun may shine down,
or you get caught in a shower.
Rain, wind, sun or mist
all portray nature's power.

Lots of folk yearn to travel abroad,
exotic places to see.
But a walk down a beautiful lane
that spells enchantment to me.

© Mavis Cocks
First published August 2007

Parish Council Meetings

Virtual Meetings of the Parish Council are The Parish Council will be returning to face-to-face meetings with effect from September 2021. Members of the public are warmly invited to attend but are asked to contact the Clerk beforehand, as numbers will be limited due to continued pandemic concerns.

Planning Applications

PA21/05956, 52A Fore Street Polruan - householder application for proposed extension and alterations. Members supported this application.

PA21/06090, Polveithan Farm Lanteglos Highway - construction of agricultural shed as covered dung store for mid-tier stewardship scheme. Members supported this application.

PA21/06096, Penmarlam Caravan and Camping Park - S73 application to vary condition 3 of planning decision 5/78/0832 dated 2/04/1979. Members made no comment.

PA21/06903, Pont Sawmill Lanteglos - application for a lawful development certificate for the existing use of the building as a residential dwelling. Members had no objection, subject to a condition that a detailed survey is provided to ensure the integrity of the building is preserved.

PA21/06367, Rock Cottage Tinkers Hill Polruan - replacement roof structure, and substandard rear extension. Replacement with new rear extension and conversion of roof space. Members objected on the grounds that the height will increase by 2.3 metres and Members feel this equates to over development in terms of mass and the visual impact. Members request a "Daylight and Sunlight" report.

PA21/07112, 8 St Saviours Hill Polruan - rear extension and alteration of roof dormers. Members had no objection.

PA21/06500, 67 West Street Polruan - retrospective planning application to retain existing spiral staircase from garden to owned foreshore. Members had no objection but noted that no Notice 1 was included in the application.

PA21/07433, 9 Ocean View Polruan - replacement dwelling. Members had no objection but requested that the planning officer looks into the large increase in footprint and ensures there is sufficient green space around the plot.

Planning Applications Approved by Cornwall Council

PA21/03651, 76 Fore Street Polruan - extension for new bedroom and bathroom on first floor above existing kitchen to rear of property and new opening for a small window to the north west elevation.

PA21/02653, Ring O' Bell Lanteglos - full application for the proposed partial demolition of dwelling, construction of extension and provision of new openings.



News from Nigeria

from Kathryn Hill

In addition to the terrorist attacks and threats in Plateau State mentioned by Kathleen, there are numerous reports from all over Nigeria of both terrorist attacks and of kidnapping for ransom by criminals. There are some reports of both criminals and terrorists being arrested or killed by the military but these hardly seem to scratch the surface of the problem and Nigeria is a very dangerous place to live.

I have had two recent phone calls from former students and while each mentioned the fear and ongoing problems and dangers, they both seemed to have a much more positive outlook than I would have expected from knowing the dangers they face every day.


I came across a news item about the Duchess of Cornwall becoming a patron of the Mirabel Centre in Lagos. The centre, which was founded in 2013, gives free medical and psychological help to victims of sexual violence and they have helped over 6,000 survivors.



Map courtesy of Wikipedia



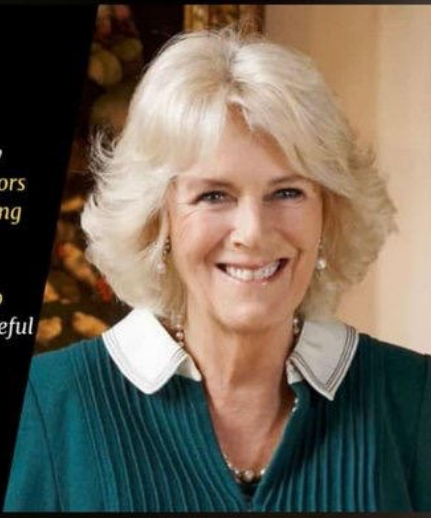
Four typical one bedroom public housing units



"I am delighted to become Patron of the Mirabel Centre in Lagos, Nigeria. It is a truly trailblazing organisation, supporting survivors of rape and sexual assault as they seek healing and justice.

Their vital work means that women need no longer suffer in silence and I am deeply grateful to all Mirabel's wonderful staff and volunteers".

HRH THE DUCHESS OF CORNWALL





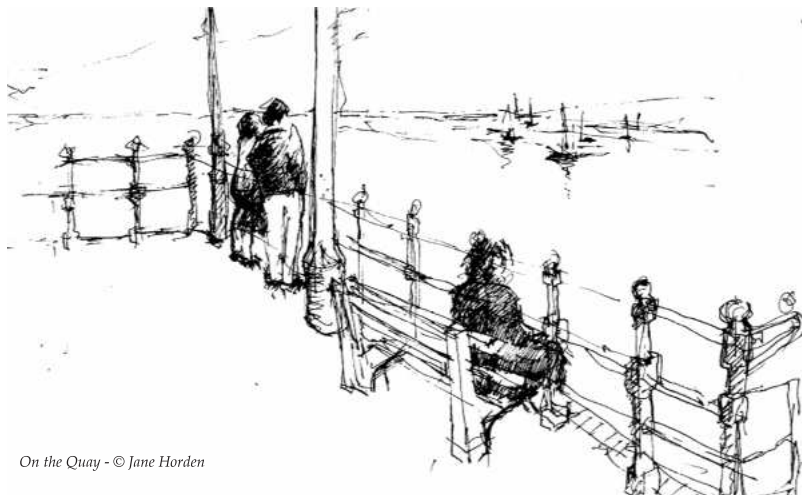
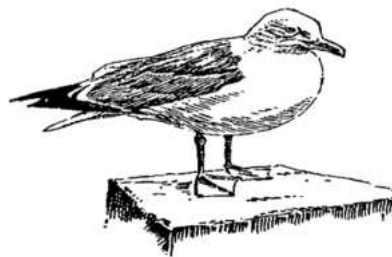
Have you ever thought of driving a bus?

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On the Quay - © Jane Horden

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We would like to say a huge thanks to our new friends in the local area and our very first guests, we are thoroughly enjoying our very first season at Penmarlam Holiday Park!

There isn't a day goes by that we don't feel lucky to be part of the community and have the opportunity to share such a beautiful part of the world with our visitors – the feedback speaks for itself.

Our shop is open daily from 9am – call in and say hello! The kettle is always on....

Lian, Rach, Susanne, Ang,
 Kev, Chrissy and Kev.



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Farewell to Alan

from Guy Bidmead,
Alan's brother

Sadly Alan Bidmead recently succumbed to COVID; he was seventy years of age.

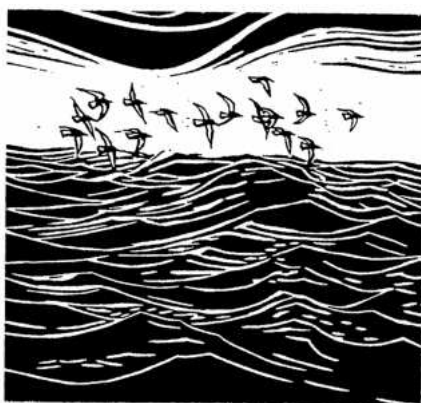
Many will remember his enthusiastic weather forecasts that used to appear daily on the Polruan Quay notice board back in the 1960's. RIP Alan.

Farewell to Jim Taylor

We were very sad to hear of the loss of Jim Taylor who died in Australia in June with all his family with him.

Jim was the much loved husband of Mary and having been born in Polruan emigrated to Australia but maintained strong links and of course the regular 'Letter from Australia' in The Parish News.

Our deep condolences to Mary and her family.



Seed Box

from Whitecross Village Hall
Committee

We have been thrilled at how popular our community seed swap in the old telephone box has been this Spring and Summer.

With the changing season fast approaching, please remember that Autumn is a good time to plant many seeds for next year.

There are still seeds available to swap, alongside an Autumn catalogue swap, as well as a variety of pots.

We would also love to see any pictures of plants grown from swapped seeds, please send to janewakeham4@googlemail.com if you have any to share.



Do you live near Polruan?
Are you interested in acting –
even if you haven't done much
or any?

Straight plays and pantomimes.
And if you can sing a bit, so
much the better.

Polruan Theatre Club

Always looking for new mem-
bers, both performers and back-
stage.

Especially newcomers to the
village.

If interested, contact
Tony Cottrell
(01726 870794) or
Wendy Tomlin
(01726 870666)

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Nostalgic Jubilees 1935 - 1977

the late Mavis Cocks

Nostalgia indeed. In 1935 for the Jubilee of King George V and Queen Mary,

I was one of the five 'village maidens' chosen to represent Polruan for the Silver Jubilee. Using maiden names, we were - Veronica Jacobs (Miss Jubilee), Carmen Hunking, Ina Peard, Audrey Cocks and myself, then Mavis Tomlin. We had a wonderful time. I was 19 years old and we were all young and carefree.

Polruan had never looked as it did then. The magnificent arches, banners, bunting, and flags on the water as well as ashore. The weather was perfect. We were taken to St Wyllow and back in a beautifully decorated wagon and the atmosphere was magical. The village women, as always, provided masses of scrumptious food and drink for the outdoor feasts, the dances and the sports events.

Among the organisers were Capt. and Mrs Hill (Kathryn's grandparents) and Mr Rix of West Street. My father was one of the many helpers. It was the work of the men to see to the building and lighting of the beacon. My souvenir photo shows us clustered near it. On a sombre note many in the photo are gone and sadly I am the only one left of the five 'maidens'. We weren't given mugs - these the children had - but we were presented with our Jubilee brooches. I still have mine. I am so proud of it and would not have missed that wonderful time for anything.

I was a widow by the time of our present Queen's Silver Jubilee. I was crossing to Fowey to work in David Moss' newsagent shop (formerly W. H. Smith), so enjoyed the 'goings on' both sides of the river. Polruan was just as decorative and festive as in 1935 with the feasts, school activities and dances etc. Fowey was equally decorative with stalls in the street before the Church and people everywhere.

I will point out one big difference - in 1935, all were locals - in 1977, there were just as many visitors as locals, the result of Cornwall being 'opened up' after World War II. The shop did a good trade in souvenir books, mugs, plaques and cards etc. The staff were given souvenir pens which I still have. I also have a mug and a beautiful plate.

Wonderful memories.

First published Parish News April 2002

© Mavis Cocks



What I did on my holidays by Tony Cottrell

Well, this year we couldn't go where we normally go

Down to our favourite spot
We usually choose Torremolinos
Somewhere that's bound to be hot.

Instead we had a 'staycation'

A holiday in the UK

But first the uppermost challenge

Was finding somewhere to stay.

But after some hours of Googling

We found this website on line

Offering places in Cornwall

Not cheap but looking just fine.

So we booked it and loaded the Beamer

With what we would need to survive

Most of it ordered from Waitrose,

Then headed off, down the M5.

We thought that we would be getting away

From our neighbours whom we find a bore

So you can imagine our total surprise

When we found they were staying next door.

And we queued in the rain for the ferry

And we queued in the rain for the shop

And we queued in the rain for a table

I wondered, would it ever stop?

So we went up to Eden to get out of the rain

And the crowds! You just wouldn't believe

I always thought that the Bible maintained

That Eden was just Adam and Eve!

So we drove off and joined in the queue for
St Ives,

And tried to find somewhere to park

The search seemed to take for the rest of our
lives

And we got back to the house after dark.










So, yes, it was quite an adventure-

Pricey and damp but I fear

If the virus is still there in Europe

We'll have to come back here next year.

Useful numbers

	Emergency - not life threatening	111
	Fowey River Practice	01726 829272
	Boots Chemist, Fowey	01726 833332
	Polruan Village Store	01726 870477
	Winkle Picker Post Office and shop	01726 870134
	Crumpets bakery	07890 602813
	Jam First Coffee shop	07875 293364
	The Russell Inn	01726 870707
	The Luggar Inn	01726 870567
	Travel Cornwall Bus service	
	Polruan Community Bus	01726 870707
	Citizen's Advice, St Austell	0344 411 1444
	Lanteglos by Fowey Parish Council	01726 884024
	John Adams, Chair of Parish Councillor	
	Edwina Hannaford, County Councillor	01503 264160 07717203725
	Trelawny Benefice Administrator	07399 563440
	The Foodbank, Liskeard and Looe	
	The Trussell Trust	07512 011452
Anyone needing any assistance can message Polruan Isolation page - this will be seen by the administrator who will maintain discretion.		

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Scarecrow Competition, Pelynt

from Richard Allen, Rector

A fantastic time was had by the people of Pelynt at their very first scarecrow competition and service on 5 July. Around 15 scarecrows, along with their owners, came to the service and many more appeared around the village. The service was a first for our new Archdeacon Kelly Betterbridge. Long may this new tradition continue!



Service of Equestrianism, Pelynt

from Richard Allen, Rector

A group of around 50 people gathered on Pelynt Village Green to celebrate a service of Equestrianism in our Benefice. We were blessed with lots of families and children and 9 horses including one ridden side saddle by our Benefice Administrator, Pippa Morrell Davies, and one by Ruby Mitchell from the National Trust. The horses very much appreciated the carrots on offer from the Rector.



Polruan Scarecrow Competition

Results

Business Organisations

- First: Polruan Academy
- Second: Crumpets Too
- Third: Polruan WI

Households

- First: Sue and Henry Rowe
The Cox Family
- Second: The Geoghegan Family
Mandy Johnson
- Third: Nicky and Rob Slack





**The first Saturday of every month
10am-1pm, at Whitecross Village Hall.**

Dates for your diary:

Saturday, 2 October, Saturday, 6 November, Saturday, 4 December

Community buses bring people to the market from Fowey and Polruan, but the Lanteglos bus (from Polruan) needs more drivers – please volunteer to help keep it running! (See page 13)

This autumn, the market will be brimming with the best seasonal produce – so come along and stock up, and support your local growers, bakers and makers.

And if you were foolish enough to give up pasties for the summer, now's the time to put away that bikini and submit to the irresistible smell of Liddicoats pasties drifting out of Whitecross kitchen on market day . . . Cheese and onion always available as well as classic steak.

There are also teas, coffees, hot chocolates and Gibsons ice creams on sale in our 'Brew with a View' hut, and plenty of room to sit safely outside.

What will you usually find on sale in the hall?

- Sustainable fish and shellfish from the Looe day-boats.
- Beef joints, steaks and mince from Andy's herd of Dexter cattle, which graze on Pencarrow Head.
- Rare-breed pork, sausages, bacon, lamb, chicken, meat pies (hot-water crust), from Oakcroft Farm.
- Goat joints and mince, Scotch eggs, jams, chutneys and goat-milk soaps, from Coppergon Farm.
- Homemade cakes, brownies, flapjacks and probably the best tiffin in the world, made by Di and Hannah.
- Fresh bread, pies, quiches and cakes from Crumpets Too, plus Cornish cheeses, chocolates, biscuits, olive oil and honey from Bellamama Deli.
- Debbie and Chris from Green Cow Dairy bring local milk in returnable glass bottles, plus cream and butter, straight from their farm (you can also sign up for their twice-weekly milk round).
- Seasonal veg, potatoes and plants grown very locally by the Tallings.
- Coffee beans and ground coffee by Lars and Margo, small batch coffee roasters from Liskeard.
- Homemade frozen ready meals and pies from the Luggar Inn, Polruan.
- Cards for a multitude of occasions, all handmade in Polruan by Lorraine.
- Sapooni artisan soaps, skincare and candles handmade in Bodinnick.
- Locally grown bunches of flowers from Brookside Flower Farm.

And outside?

- Organic seasonal vegetables, salads, flowers and plants, grown by Will and Sam of Fowey River Veg.
- Edwina Hannaford, your local Cornwall councillor – pop by for a chat, no appointment needed. If raining, you may find Edwina in the committee room at the back of the hall.

Looking forward to seeing you soon at Whitecross.

Facebook.com/whitecrosslocalmarket

Email: whitecrosslocalmarket@gmail.com

Tel: Liz on 870542



Rollo and Basil share a Woof-Woof ice cream, by Gibsons of Looe



Organic chillies



*Sam and Will of Fowey River Veg,
organic vegetable growers from Polruan
Photos by kind permission of Charlotte Kettle*

News from Frogmore Farm

From Gill Palmer

More excitement in the Palmer family. Emma and Alun presented us with Angus, our first Great Grandchild, a beautiful little boy. Where have the years gone? Our son is a Granddad!

Angus Edwin James was Christened at Lansallos Church by The Rev Richard. It was a very special lovely service, very child friendly for all the little children present.

A cattle shed (thoroughly cleaned) was the Christening tea venue, decorated with balloons and bunting. It's very useful having big sheds for parties. Lots of room and fresh air to keep people COVID safe.



Unfortunately after yet another TB test we are now under restrictions again. Two beautiful cows have had to be slaughtered. It's very upsetting for us to see them go and more so for their calves who are left calling for their mothers milk. I was a bit annoyed by the lady with the alpaca, I know how sad she feels but she kept the animal for four years although it had two positive tests. It may have been isolated from other alpacas but wild deer could easily jump the fence and carry the disease to other animals. The press and famous people surrounded the alpaca to try to protect it from slaughter. No one was there to protect our animals. But then they are only cows. It seems although cows have provided meat, milk and leather, feeding us and clothing us humans for thousands of years they don't matter any more. These TB rules, harsh as they may be, are in place to protect all of us from disease.

The sheep have been dipped to protect them from flies

landing and laying eggs in their fleeces, which when they hatch are maggots. They may not like swimming for sixty seconds but are so refreshed when it's over. The rams have been put with the ewes, hopefully we will be seeing lambs in the new year. Sophie won't be able to help with the lambing this time. It's not a good idea for pregnant ladies and sheep to mix. There is a disease called toxoplasmosis which can have a nasty effect on expectant



mums. All being well, she will be looking after a baby of her own in February.

There have been so many people in Cornwall this year, although it's lovely to see people enjoying our beautiful area it has caused us some problems.

Gates left open when cattle are in the field is really a nightmare. Someone walked through a field of forty plus animals (with no public footpath) and left a gate through to a corn field open. In the night, the cattle noticed this and went through into the barley. Maybe because it was dark they walked in single file down a tractor wheel mark. If they had started to eat the barley in any quantity they could have died because it ferments in their stomachs. At 4am we were awoken by cattle roaring and galloping around. It was still dark and I couldn't see what the problem was, I got dressed, took a torch and went to investigate. I looked over the gate and all I could see was cattle fighting. I was afraid to enter the field with a bull and his cows and calves all milling around. I tried to phone Frogmore but nobody answered. It was getting light so armed with a hefty stick I went into the field. I was shocked to see ninety animals all racing around instead of the usual fifty one. I realised that the two bunches had somehow got together but had no idea how. Everyone at last roused from sleep came and we had to take the cattle back to Frogmore and sort them all out, not an easy task. Luckily none of them was hurt apart from a few bruises. We later found that an electric fence had been knocked down as the cattle had broken through a hedge. Now there is a heavy chain and a padlock on the gate.

Simon and Ben have had a very busy Summer, they have worked all day and into the night to get the grain harvest done. We have a

contractor to do the actual combining and Simon and Ben bring the trailers of corn into the sheds. The strange Summer weather didn't help our barley crop. The strong gale we had earlier in the season had knocked some of the corn down. The grains don't dry as fast on

the ground as they do standing. So the noisy, dusty drier had to be used. Roaring day and night until the moisture level in the grain was low enough to store safely.

The straw has been baled and stored in the sheds ready for the cattle beds when they are housed in the Winter.

Another farming year over, but the planning for next years crops has already begun.

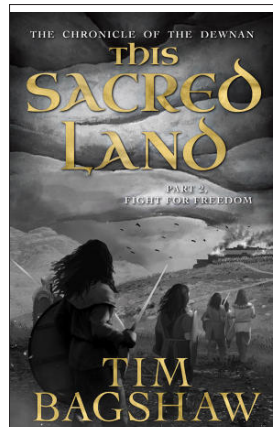




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Following the success of local author Tim Bagshaw's *This Sacred Land: The Return of the Prince*, the first in the *Chronicle of the Dewnan* series, his highly anticipated sequel, *This Sacred Land: Fight for Freedom* is welcome news

for fans of historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.

Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. *This Sacred Land*, Parts 1 and 2 combine myth and reality in this must-read series.

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: [www.twitter.com/@bagshaw_tim](https://twitter.com/@bagshaw_tim) and www.facebook.com/dewnanchronicle



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.

In the garden

Top Tips for winter

Prepare outdoor plants for winter

The onset of winter can wreak havoc on the unprepared garden, with water-logging, early frosts and biting winds being common sources of misery for the unsuspecting gardener.

Luckily, there are a few simple things you can do that will minimise the effect that winter can have on your garden and will see you well prepared for almost anything that the season has to throw at you.

Container plants are particularly vulnerable during winter. Often, they become waterlogged and this can lead to the compost freezing and the plant rotting or dying. The container itself is also at risk of cracking, if it is not frost resistant.

Raise the containers off the ground, as this has the benefit of aiding drainage and means the container is not sitting in water. You can do this effectively using bricks or pot feet which are available from most garden centres. Remember to remove saucers as these can also cause water-logging and should not be used in periods of heavy rainfall.



Insulate the pot by covering it with bubble-wrap—this will stop the compost from freezing and reduce the likelihood of the pot cracking. To prevent plants in beds and borders from succumbing to frozen earth, apply an organic mulch around the base, as this will retain heat and prevent root damage through freezing. Now that the base is protected, it's time to secure the top half of your plant. Frost and strong winds have the potential to devastate the non-hardy plants in the garden, often leaving behind traces of their work in the form of scorching, brown patches, stem-collapse, leaf-spotting and blackening.

Prevent these from happening by wrapping your plant in a frost fleece. These can be gently wrapped around the plant, ensuring all the tender parts are covered and carefully secured with garden twine or string. You can also use old bed sheets or tablecloths if frost fleece is not available.

Cover plants before dusk and remove the fleece in the morning, unless the weather is particularly formidable, in which case it can be left on until it subsides. Some hardier plants can withstand the occasional frost, but can suffer if they are allowed to thaw out too quickly.

This often occurs with the rising of the morning sun and vulnerable plants should be moved to a more suitable location, preferably one that is reasonably sheltered. It is also a good idea to move tender plants to sunnier locations, or indoors, where they will be able to withstand the temperatures better.

Plant winter bedding

Winter bedding is truly one of the miracles of the gardening world. While the rest of the summer plants are dying off, these colourful delights are just getting ready to explode onto the scene. They have a truly amazing impact on anything from the smallest window boxes to the largest palace gardens and November is



the perfect time to start planting them.

A few examples include the wonderfully colourful cultivars of *Violas* (pansies and violas), and the many unique varieties of *Primula* (primroses and polyanthus). There are also *Erysimum* (wallflowers) and *Dianthus barbatus* (sweet williams) among many other winter bedding plants that look spectacular in the winter garden.

They can be planted into beds, hanging baskets, containers, borders and window boxes for mesmerising winter colour.

The plants are usually available at garden centres in the bedding plants section and typically come in trays of 4-6 plants—meaning there's no need to choose between quality and quantity!

Provide food for winter birds

The classic winter garden would not be complete without the appearance of winter birds, which flutter in to feed and breed from November onwards. They are also joined by their cousins from the continent, which migrate to populate our gardens from Scandinavia, Russia and Europe.

The most well-known of these, which is also the national bird of the UK is the Robin. Other winter birds that are common sight in gardens



are finches, blue tits and nuthatches. These are joined by migrating populations of red wings, waxwings and bramblings which come to the UK for winter.

Providing food for these amazing birds will not only help them survive the winter, but is also a great opportunity to see them up-close and can bring a great sense of satisfaction—a feeling that encouraging wildlife into the garden often creates.

There are a number of ways you can provide food for winter birds and this includes putting out bird feeders with seeds, suet balls or blocks and a source of water. A simple bird

feeder with a seed mix will draw in plenty of flying wildlife, like sparrows, nuthatches and finches which greatly enjoy sunflower seeds. Niger seeds are a particular favourite of goldfinches.

Do you have much over-ripe fruit sitting in your fruit bowl at home? Scatter over-ripe apples, raisins and other fruits on the ground to attract thrushes and blackbirds. You can also plant berry and other fruiting trees to provide food and shelter.

It is important to remember that birds need fat as well as grains and fruit to survive throughout the winter. The most common method of providing this food group is with suet balls and suet cakes. These are balls or blocks of suet, pork fat or coconut oil, sometimes containing seeds, insects or mealworms.

They can be bought from shops, but are just as easy to make at home. Simply take a half coconut shell or a hollow piece of wood and fill with melted suet. Then add your choice of seeds, insects or dried mealworms and leave in a cool space or fridge to set.

Once it has been set, you can leave it outside and watch as the birds flock to it. You can also put out grated cheese or bacon rind, thinly cut for smaller birds like wrens to feast upon.

When hanging suet balls outside, try to avoid plastic netting and opt for metal or plastic cages instead. This will prevent birds or any other curious animals from getting caught in the netting.

It is just as important to provide a source of water and this can be in either a birdbath or a shallow dish. Make sure the sides are sloping to allow easy access and top up the water regularly.

Taken from David Domoney's 'Simple monthly calendar'



Higher Windmill Allotments

from Brian Cook

As recorded in this column last time, we have had a difficult weather year. Spring was cold which delayed the beginning of the growing season and we have had some wet/dry spells that haven't helped the gardener. The result is that weeds have managed to take off, but vegetable production hasn't been what it should be in a better year. Notwithstanding this, we have seen good crops of potatoes, the various beans and some of us have grown good beetroot. Salad crops have successfully weathered the attention of caterpillars, snails (always prolific in Polruan) and pigeons. Courgettes have done well for some, but others have been disappointed. Outdoor tomatoes have had a poor year because of blight. Rhubarb has done well.

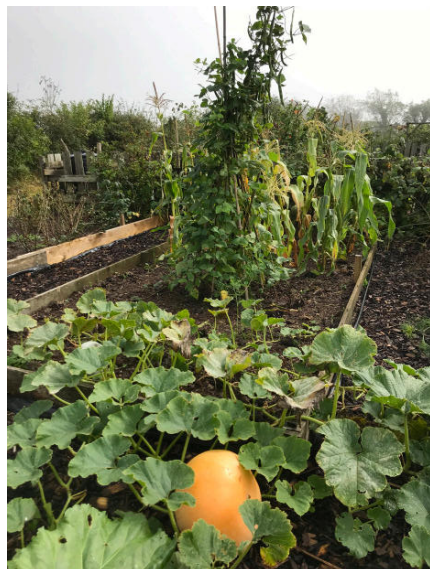
We have had good fruit crops, particularly strawberries, gooseberries, raspberries and blackcurrants. These always seem to repay the effort of looking after them.

We tend to concentrate in these reports on produce that we eat. We mustn't forget that many of our allotments have flowers. Some of these are for cutting, but others are simply to brighten up the plot. There are plenty of flowers around the allotments at the moment.

At this time of the year, we are harvesting and then clearing ground in readiness for preparing it with manure for the next season. If we haven't already done so, we will shortly be pruning fruit bushes to maximise next season's production.

We told you last time that we were planning to have a wildlife pond on one of the plots. This has now been installed and the area around it will soon be landscaped.

If you would like to join us on the allotments, please speak to Des Libby. There isn't a long waiting list at present.



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WHITECROSS & DISTRICT GARDENING CLUB

2021

We have taken the sad decision to not
hold any meetings this year. We will be
looking at a programme of events for
when we can all circulate more freely,
please keep an eye out and we will
update everyone as soon as we can.

Stay well and safe

New members are always
welcome

Enquiries:
Please telephone
Sue Watts on 01208 871513

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Breaking the Mould: The South West Suffragettes

A talk by Pamela Vass

Saturday, 16 October at 2.30pm
at Whitecross Village Hall



A fascinating story of the fight for the vote in the south west – the tale of West Country women prepared to protest publicly, join mass rallies and go on hunger strike.

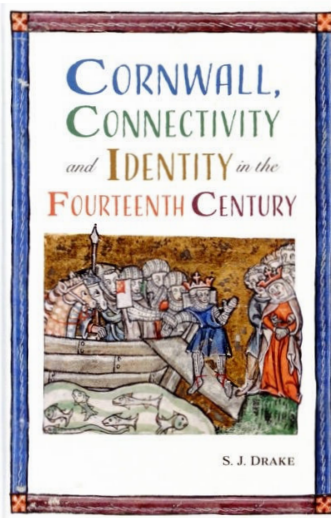
Pamela is a writer of fiction and non-fiction and lives in Looe

14th Century Cornwall

a talk by Dr Sam Drake

Saturday, 13 November at 7pm
via Zoom

Sam recently published his research on 14th Century Cornwall. It was a time of pirates, the Fowey Gallants and more. A talk and a conversation with Dr Helen Doe
Cornish born, Sam, gained his PhD at Royal Holloway University and is now a Fellow in the Institute of Historical Research



Forthcoming events:

The Vikings in the South West:

A talk by Derek Gore

7 pm Saturday, 11 December
via Zoom

Cornish Church Benchends

A talk by Dr Todd Gray, MBE

7.00 pm Saturday 22nd January
via Zoom

Face to face meetings: Members £5 each (non-members £8)

Zoom meetings: £5 per screen for members (£8 non-members)

All meetings will follow the Government guidelines in force at the time so may be subject to change

For further information about the programme of Talks and the Society please visit our website at:

www.foweyharbourheritage.org.uk

Why not become a member — membership costs £15 or £25 for two adults at the same address. An application form, and much else can be found on our website.

The du Maurier Festival Society presents

FOWEY FESTIVAL
OF ARTS AND LITERATURE

6 to 14 May 2022

It is planned to hold the next Fowey Festival of Arts and Literature from 6 to 14 May 2022. As part of the Fowey Festival we run a short story competition which is inspired by the writings of Daphne Du Maurier. Her writing remains very topical and past titles, taken from her stories, have included Rule Britannia and Breaking Point. For 2022 the title will be Spring Picture, which is the title of one of her lesser known novels, published in 1944. Hopefully this title will inspire all budding authors to write with a sense of optimism after the difficult period which forced us to cancel the 2020 and 2021 Festivals (but not the short story competitions). Entries must be no more than 1500 words and must include the title but its interpretation is entirely up to you!

The competition is open to all those over 16 years of age by the time of the Fowey Festival. Entry costs £10 and there will be a first prize of £200 and a second prize of £100. The competition will open to entries on 6 December 2021 and close on 6 March 2022. Judging will then take place to enable the winners to be announced in time for an award ceremony at the Fowey Festival.

Further details and an entry form will be available shortly on the Fowey Festival website, foweyfestival.com

So please start thinking about the pleasures which await you this coming spring.

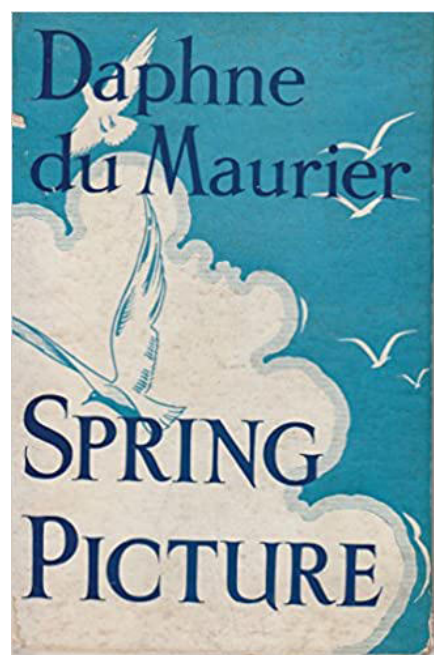
You can keep in touch with us as follows:

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Facebook: [@FoweyFestival](https://www.facebook.com/FoweyFestival)





from Eric Lockyear

Looking back on the past summer, the enduring effects of the COVID-19 pandemic meant that all of our regular fundraising events, whether the Pig Roast, Lifeboat Day or Flag Week, all had to be cancelled, to keep both volunteers and others safe.

However, as the summer season got into full swing the Fowey volunteer RNLI lifeboat crew were kept busy. On 11 July at 1:45pm they were tasked to assist a commercial sailing vessel with a person onboard who had suffered a suspected seizure.

On 17 July, a man collapsed onboard a yacht and lost consciousness. The yacht managed to reach Albert Quay where the crew assessed the casualty and, assisted by the Coastguard, took him back to the RNLI station to wait for an ambulance.

A request for medical evacuation was received at 4.35pm on 18 July. In Lantic Bay, a 19-year-old female had jumped into the water from the rocks and injured her leg. The crew were concerned about a possible spinal injury, so with the help of the Coastguard, they got her on to a stretcher and into Fowey's Inshore lifeboat. She was subsequently safely transferred to the Devon Air Ambulance helicopter.

On 23 July, at 10pm, the crew were requested to assist local police and the Coastguard near Carlyon Bay. A female casualty was successfully located by the Coastguard and police and no further assistance was required.

The month finished with reports of, firstly, a boy falling off rocks near Readymoney beach, which fortunately turned out to be a false alarm, and then a call to assist a windsurfer near St Catherine's castle. The lifeboat was launched at 6.53pm but was later stood down, as the windsurfer was found not to be in danger.

The busy summer season continued during August. In addition to assisting a drifting kayak and people stranded on rocks, at 3:27pm on Monday, 16 August, just after the Falmouth working boats had completed their regatta race to Fowey Harbour from Falmouth, the Fowey RNLI lifeboat pagers sounded.

Falmouth Coastguard requested that we launch our D-Class boat to assist a 4.6m rib that had lost all engine power approximately one mile off Pentewan beach. It was reported that there were three people on board.

Helm Adam and two crew, Graham and Callum, made their way across St Austell Bay to the casualty position. Initially, they had no visual sighting of the vessel. A search established that a local sailing vessel was standing by with the casualty vessel around 2.5 miles off the beach, the casualty vessel having been pushed further away from the beach by a north-westerly wind.

An initial assessment of the three people on board was conducted and it was decided the best way to get the casualties back to shore was to tow their vessel into Mevagissey

Harbour. Once in the harbour, one D-Class crew member was able to identify the fault with the casualty vessel's engine, and the decision was made to escort the vessel back to Pentewan beach once it was operational.

At 1:09pm on 18 August, Fowey's All-Weather lifeboat was called out to assist with a medical evacuation of an 82 year old male with a badly gashed leg. The casualty was on-board one of the Fowey Regatta committee boats and was receiving care from the St Austell Coastguard when the Fowey lifeboat crew arrived on the scene. The casualty was transferred to the All-Weather lifeboat, and safely returned to Fowey where he was looked after until South Western Ambulance Service NHS Foundation Trust ambulance resources were available. A great result with excellent multi-agency cooperation: the casualty has since been in touch to thank all services involved.

The month ended with an action-packed August Bank Holiday weekend:

At 6.01pm on Friday, 27 August, Fowey RNLI's inshore D-Class lifeboat crew launched. They responded to a call from the Coastguard advising that the Charlestown NCI had spotted three people in danger of being stranded on Polmear Island, a spot notorious for being cut off by the tide. Fortunately, on this occasion Fowey's lifeboat crew were not required and the shout was cancelled shortly after launch. Tidal cut-off is a major cause of RNLI call-outs and people are advised to always check the tide times, carry a means of calling for help and to tell someone else where they are going.

At 8.12pm on Monday, 30 August, Fowey's lifeboat crew responded to a call from the Coastguard. There was an urgent requirement to rescue a 49-year-old man who had injured himself after jumping off Charlestown Pier. Fowey's D-Class inshore lifeboat launched, travelling to Charlestown as fast as it was safe to do so, to assist the Coastguard Rescue Team, who had recovered the man from the water. The man had badly injured his leg and was in acute pain, so the Fowey crew supplied pain relief for the casualty. They supported the Coastguard and South Western Ambulance Service at the harbour and, together they aided the injured man, who was taken to hospital.

Commenting on this case, Chris Ogg, RNLI Lifeboat Operations Manager for Fowey, said: "Jumping or tomb-stoning off piers is a high-risk activity, and hazards such as submerged rocks or low tides can cause significant injuries. Fortunately, a member of the public raised the alarm and a collaborative effort between the RNLI, Coastguard Rescue Team and emergency services resulted in the man being safely rescued in this instance."

Chris recalled: 'Our volunteer crews had not finished their work for the evening though. At the same time as the rescue in Charlestown, our crew responded to a call from the Falmouth lifeboat to help assist a twin-engine 32ft motorboat that had lost its propeller. After arriving at the pontoon in Fowey Harbour, the boat was subsequently lifted out of the water and taken to a local boatyard for repairs. This weekend rounded off what has been a busy August for Fowey RNLI, where we have faced some challenging weather conditions and call-outs.'

Stay safe

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Publisher
Lanteglos-by-Fowey PCC 07399 563440
trelawnybenefice@gmail.com
Editor
Suzanne Goddard 01726 870818
suzanne.goddard@me.com
Advertising
Edgar Goddard 01726 870818
edgar.goddard@gmail.com
Distribution
Linda Hazell and 07977 625134
Mark Pope
lindahazell@sky.com

Lanteglos Community Bus Timetable

	Oct	Nov	Fare
Whitecross Market	2 nd	6 th	
Par Market & St Austell	6 th , 20 th	3 rd , 17 th	£3.00
Trago & Bodmin	13 th	10 th	£3.00
	13 th	10 th	£4.00
Truro	27 th	24 th	£4.50

Please note the change from Tuesday to Wednesday for the St Austell service. The bus leaves the main car park at 9.25 (10.15 for Whitecross) then as requested at Furze Park, Well, Greenbank and Ferris Way.
£1 reduction for concessions to all fares

To book, please call in at The Russell or telephone 01726 870707
(please do not phone before 9 am)

Service subject to driver availability and of course Government Guidelines



KEEP POLRUAN SAFE

Whilst we are all pleased at the relaxation of Covid restrictions, please do remember that there are still some vulnerable and anxious people around.

Where possible please maintain social distance and wear masks if appropriate.

We are all keen to keep Covid out of our village.

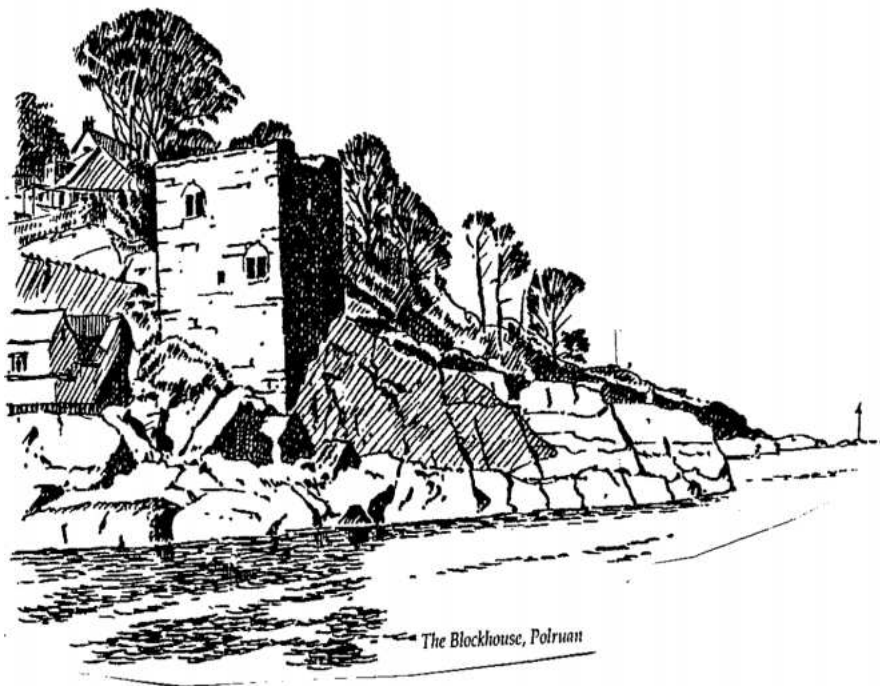
If you do have to self-isolate or need any help “Polly Pals” are still here to support you with your everyday needs such as shopping, picking up medicines, prescriptions, etc.



07813125989

Polruan Isolation Support

POLRUAN
ISOLATION SUPPORT



Town Trust Report

from Robin Sainsbury, Chairman

Since the last report little has happened largely due to the ongoing COVID issues. The Trust have however distributed a large proportion of the monies left to the village by Marjorie Barrie. Several of the projects have been completed and others are well underway. There is a residue of funds and some of this will be used to set up a Higher Education Trust Fund similar to the ones in Fowey, Polperro and Looe. This will be to benefit young people going to university who have attended Polruan Primary and a local secondary school.

The environmental reports for the proposed works at Veverly Car Park have been received and we will now progress the project and have plans drawn up. As soon as these are available we will invite and welcome comments from the public on the scheme.

The electric charge point at St Saviour Car Park has been out of commission since earlier this year, due to the supplier not paying the Trust for over a year. We are now close to agreeing terms to have this facility switched back on.

During the coming weeks the Winkle Picker, Doctor's Surgery and Quay area will under go external decorations as they are now due, this work was put out to tender and Ian Liston was the successful contractor and plans to start within the next few days.

With the increased number of COVID cases in the village the decision was taken to postpone the AGM until next April, the Chairman's Report and the Accounts for the year are on display on the notice board outside the Reading Room.

As ever The Trust continues to administer the assets of the village to the best of its ability, should you have any questions or concerns, please contact either our Clerk or any Trustee.

Goodbye and thank you to Nick Beard

from all the Volunteers in Fowey and Polruan

On Friday 20th August, Fowey RNLI said a big thank you to Fowey Lifeboat's Second Coxswain Nick Beard, who is leaving after 19 years' service with Fowey RNLI.

Nick began his lifesaving career aged 18, initially joining Padstow RNLI in 1975, and later progressing to Coxswain and Mechanic on an independent lifeboat based in Harlyn Bay, near Padstow. After moving to Fowey and founding his business, Nick joined Fowey RNLI as crew, eventually becoming a lifeboat Mechanic and later a Coxswain. Nick has volunteered for 11 years in this role, commanding the crew for approximately 75 call-outs.

Nick's time with the RNLI has been an enormously varied one.

"My toughest shout was probably during the Fastnet Race of 1979. Those of you who are sailors will know it well as one of the most tragic incidents of the race's history with multiple lifeboats out for days. I was

on the Padstow crew at the time, and we were out for 18 hours. I will remember it forever. It gave me the conviction to continue volunteering in lifesaving. On the other hand, I have many good memories over the years, including a shout for which Fowey crew were awarded for seven lives saved, and, of course, the day I was called to the office and asked if I would become Second Cox. I'll miss it".



The Fowey RNLI crew bid farewell to Coxswain Nick Beard (on right)

Lanteglos Parish Council

Important Notice

As local residents know, there is an ongoing problem caused by seagulls tearing open plastic rubbish bags, strewn the unsanitary contents around and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

Early Monday morning and not before!

It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

Please do not feed the gulls

Subscriptions

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

It only costs £8 (UK) £18 (Europe) and £24 (overseas) to have the Parish News sent by post on publication for a year.

To Graham Tyson, The Old Barn, Polscoe, Lostwithiel, PL22 0HS

Please send me the next 6 issues of the Parish News by post on publication.

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Name _____
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Name of Addressee (if different)

Address _____

Postcode _____

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"Lanteglos by Fowey PCC"

Photocopies of this form are acceptable



from Brian Cook

NCI is a charity run by volunteers who man 55 lookout stations around the coast of England and Wales. We are looking out for boating and walking incidents along the coast. In Polruan we initially report them to HM Coastguard in Falmouth who have the resources to deal with the emergency.

We man the station in summer by running three watches in daylight hours. Our hours will be shortened during the winter.

We have had a very busy summer keeping a good lookout and logging vessels in and out of the harbour. While commercial activity continued through lockdown, since it was lifted there has been a huge increase in leisure traffic. One notable feature of this summer compared with previous years is the great increase in the use of canoes and paddle boards. It is common now to see them leaving the harbour for Lantic Bay or Polridmouth. Given that they don't usually have any safety cover and the paddlers often don't wear buoyancy aids, these trips are undoubtedly hazardous and are a great concern. We particularly keep an eye on these potentially vulnerable people.

We are currently planning the detail of the refurbishment of the lookout and expect the work to be undertaken this autumn

and winter. During this period a temporary facility will be in place so that a watch can be maintained as usual.

We have a weather station that is on line 24 hours a day at polruan@nci.com.

We are keen to recruit additional volunteers. No nautical experience is needed as comprehensive training is given. If you are interested, call into the lookout and have a word with the duty watch-keeper.

We were involved in four emergency incidents in August.

Month	Com- mercial vessels	Leisure vessels	Military vessels	Other vessels (e.g. RNLI)
June	125	2368	5	13
July	172	1168	7	31
August	144	2882		9



Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website www.friendsofthefowey.org.uk

Or join us on Facebook

Our events are Free to members and £2.50 for non-members, unless stated otherwise

Forthcoming events

Please check our Facebook page for updates or contact us on the telephone numbers listed



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- Marine Engineering

- Winter Storage
- Diesel & Petrol Sales
- Launderette & Showers



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enquiries@ctomsandson.co.uk www.ctomsandson.co.uk

Please send all coronavirus related enquiries or issues to Cornwall Council's dedicated email address covid19@cornwall.gov.uk.

Keep testing for Cornwall



! Carrying out regular testing for COVID-19 - along with taking up the vaccine - is continuing to help to bring down Cornwall's rate of infection.

We're doing everything we can to help bring down case numbers after Cornwall was designated an Enhanced Response Area earlier this month. We've been visiting towns across Cornwall this week to talk to residents about the vaccine and give advice on how to stay safe.

Remember to:

- get a free PCR test if you've been in close contact
- wear a face covering in crowded areas, indoors or on public transport
- keep your distance from other people where possible
- wash or sanitise your hands regularly
- book a free test and isolate if you feel unwell
- get both doses of the COVID-19 vaccine as soon as you are eligible
- take twice-weekly lateral flow tests

Polruan Coastguard from Des Libby, Station Officer

After another busy summer the team have worked hard to carry out many rescues and no doubt as we move into the Autumn and the "staycation" continues, we are likely to have a few more. We have been trying something slightly different this summer by trying to educate visitors before they have even reached the coast. Our team have been setting up the new Air Shelter, kindly funded by the Barrie Bequest, in the car park at Lantic Bay and have been providing safety advice to tourists as they prepare to journey to the beautiful coast line and beaches. They have been handing out activity books to children encouraging them to stay safe, together with the ever popular stickers, book markers, beach bags and fridge magnets. Adults too have been targeted with safety material, all of which has been generally well received. Several visitors have commented this is the first time they have been to this particular beauty spot and many have no idea of the terrain that awaits them with the many steep and uneven steps going to and from the beach, often wearing inadequate footwear and attempting the journey with camping trolleys.

- Please take care whilst going to the beaches or coast line.

- Know your limitations and don't take risks
- Have a means of communication and know where you are
- Check the tide timetable and weather forecast
- Keep a close eye on children, especially with inflatables
- Don't enter the water after drinking or a large meal

From the Station Log

6 July 2021, 1448: Female with leg injuries, Lantic Bay area, evacuation by Air Ambulance

8 July 2021, 1613: Female with leg and pelvis injuries, Lantic Beach evacuation by Air Ambulance



10 July 2021, 2140: Male in difficulties, Bodinnick woods, self-recovered

15 July 2021, 1120: Female with possible stroke, Looe beach, South West Ambulance Service (SWAS) on scene

6 August 2021, 1240: Leg Injuries, Lansallos Beach area, recovered to family

7 August 2021, 1430: Male with shoulder injuries, Lantivet footpath, recovered to SWAS

20 August 2021, 0844: Assist Devon & Cornwall Police, Readymoney Cove

22 August 2021, 1339: 5 people on rocks, Lantivet Lookout area, False Alarm

30 August 2021, 2100: Monitor vessel coming from the West escorted by Falmouth Lifeboat into Fowey Harbour, New TI Scope in use.





**The Annual General Meeting
of Polruan Village Hall**

will take place on

Tuesday, 26 October at 6pm

in the Village Hall

Please join us before the AGM at 5.30pm

to see what our newly refurbished Hall can offer to you

Drinks and Nibbles available

We look forward to seeing you then.

All Welcome

<p><i>The Carpet Gallery</i> CARPETS www.thecarpetgallerylostwithiel.co.uk</p>	<p><i>The Carpet Gallery</i> VINYLS www.thecarpetgallerylostwithiel.co.uk</p>	<p><i>The Carpet Gallery</i> TILES www.thecarpetgallerylostwithiel.co.uk</p>	
<p>With over thirty years experience, The Carpet Gallery will give you free professional advice on an extensive range of products from leading manufacturers worldwide. To further ensure your satisfaction, The Carpet Gallery is a member of the Carpet Foundation and operates under a code of practice approved by the Office of Fair Trading. Flooring professionals dedicated to upholding the highest standards of workmanship and integrity</p>			
<p>Mon 9 - 1 • Tues 9 - 5 • Wed 9 - 1 • Thurs 9 - 5 • Fri 9 - 5 • Sat 10 - 12</p>			
<p>Other times by appointment</p>			
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