

# Rev's ramblings Use it or loose it

Lord Longford (1905 – 2001) was a controversial figure who spent much of his life visiting prisoners, including Myra Hindley. Yet no one could doubt his compassion and faithfulness both to God and to those he visited. When he died, former prisoners joined hundreds of mourners to say farewell to the man who had spent his life faithfully fighting for society's outcasts. On his deathbed he asked his wife,

'You know what the most important question from the Bible is?'

He spoke his last words by answering his own question quoting the words of Jesus:

'I was in prison and you came to visit me'. Matthew 25 v36.

Life is not a competition that you have to win. It is not supposed to be rat race. Life is a huge privilege and an opportunity. God has trusted you with gifts and abilities, which he wants you to use. Use them or lose them. He is faithful to us and he expects us to be faithful to Him.

We need to see the least and the last as Jesus in disguise. Jesus said:

'Whatever you did for one of the least of these brothers and sisters of mine you did for me'.

He tells us that faithfulness to him is shown in what we do for the most vulnerable and most needy in the world.

The hungry: Millions of people are dying of starvation. Every time you feed the hungry you encounter Jesus. Mother Teresa said,

'The dying, the unwanted, the unloved – they are Jesus in disguise'.

The stranger: To be homeless, a refugee or an asylum seeker must be one of the most painful experiences of life. When you encounter people who are 'strangers' and when you look after the homeless, provide them with shelter and invite them into the heart of your community, you encounter Jesus.

The sick: Another way in which you can meet Jesus is through ministering to those who are sick, whether they are in hospital, at home or at church. Every time you pray for the sick you have the opportunity to encounter Jesus.

The prisoners: Those in prison often come from the category the least and the last of our society. Jesus challenges us to imitate his grace and acceptance of sinners. We too need to remember we are forgiven sinners. It is a huge privilege to go into prisons or to care for and mentor ex-offenders. The Chaplain General to the prison service said when he first went into prisons he thought he would take Jesus in with him. He soon realised that Jesus was already there. He said that from then on he went into prisons in order to encounter Jesus.

In all these areas Jesus says, `

'Whatever you did for one of the least of these brothers and sisters of mine, you did for me'.

`The Rev` Richard Allen Rector of Trelawny



Photo by Daniel o'Dowd on Unsplash

#### From the Editor

As I write this Spring is definitely in the air and with that the hope of better times to come, despite the challenges we face globally at the moment.

Inside these pages you will see there are lots of events and activities available to try and to attend – there is quite literally something for everyone. Yoga and other clubs, bell ringing, rambles, talks, films to see, art shows, cream teas, plant and table top sales but to mention a few.

We have Easter celebrations on the horizon and much to look forward to in June to celebrate the Platinum Jubilee of our Queen, Elizabeth II.

It's good to welcome the return of local groups and clubs such as the Friends of Fowey, Whitecross & District Garden Club, Kidz Klub and the Children's Hospice Book sales, all of which have been in moth balls during the pandemic.

Whatever you choose to do over the next two months, I hope you have a very happy time and enjoy the events on offer.

You may be interested in checking out the innovative and interesting outdoor and on-line Services Rev. Richard Allen has introduced and may be take part in a future services (see page 6). What a treat it must have been for those attending the Lambing Service to witness a live lambing!

And this is our very biggest issue ever — 32 pages! Thank you for all the wonderful contributions. Wishing everyone a very Happy Easter.

#### Suzanne

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## **Church Diary** in the Benefice of Trelawny

St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;

St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt

#### New Guidance for attending Church in the Trelawney Benefice

The Rev'd Richard Allen and the PCC have agreed that, whilst not a legal requirement, for the safety of our community as a whole, anyone attending services in the Trelawny Benefice must continue to wear a face covering and adhere to distanced seating inside Church.

Congregational singing will now be allowed behind a mask.

| April | 2022 |
|-------|------|
| C     | ard. |

| Sunday 3 <sup>rd</sup>  |       | Fifth of Lent           |
|-------------------------|-------|-------------------------|
| St Marnarch             | 09:30 | Holy Communion          |
| St Wyllow               | 11:00 | Holy Communion          |
| St Tallanus             | 11:00 | Public Worship with     |
|                         |       | Communion by Extension  |
| St Nun                  | 16:00 | Sons of Praise          |
| St Ildierna             | 18:30 | Holy Communion          |
| Thursday 7 <sup>t</sup> | h     |                         |
| St Tallanus             | 10:00 | Benefice Prayer meeting |

## St Tallanus

St Nun

|             |       | 0                     |
|-------------|-------|-----------------------|
| Sunday 10th |       | Palm Sunday           |
| St Nun      | 09:30 | Village Service       |
| Polruan     |       |                       |
| Coal Wharf  | 10:45 | Blessing of the Palms |
| St Saviour  | 11:00 | Morning Prayer        |
| St Tallanus | 11:00 | Holy Communion        |
| St Marnarch | 16:00 | Palm Praise           |

13:00 Wedding

| Thursday 14 | <b>L</b> th | Maundy    | Thursday |
|-------------|-------------|-----------|----------|
| St Ildierna | 18:30       | Evening F | rayer    |

| St Nun | 10:00 | Benefice Prayer meeting |
|--------|-------|-------------------------|
|        |       | with Holy Communion     |

Polruan

Coal Wharf 16:00 Messy Church

|                         |       | •                   |
|-------------------------|-------|---------------------|
| Friday 15 <sup>th</sup> |       | Good Friday         |
| St John                 | 10:00 | Meditation (tbc.)   |
| St Nun                  | 10:00 | Meditation          |
| St Nun                  | 11:00 | Hot Cross Buns      |
| St Marnarch             | 12:00 | Hot Cross Buns      |
| St Wyllow               | 14:15 | Liturgy of Good Fri |
|                         |       |                     |

14:15 Liturgy of Good Friday plus Choir

#### Saturday 16th

St Nun 18:30 Benefice Easter Praise

| Sunday 17 <sup>th</sup> |       | Easter              |
|-------------------------|-------|---------------------|
| St Marnarch             | 09:30 | Holy Communion      |
| St Wyllow               | 11:00 | Holy Communion      |
| St Tallanus             |       | Holy Communion      |
| St Nun                  | 11:00 | at Methodist Chapel |
| St Ildierna             | 18:30 | Holy Communion      |

#### Thursday 21st

St Ildierna 10:00 Benefice Prayer Meeting

| Sunday 24th |       | Second of Easter    |
|-------------|-------|---------------------|
| St Saviour  | 09:30 | Family Service      |
| St Marnarch | 09:30 | Service of the Word |
| St Nun      | 11:00 | Holy Communion      |
| St Ildierna | 18:30 | Evening Prayer      |

#### Thursday 28th

St Saviour 10:00 Benefice Prayer Meeting

#### May 2022

| -           |       |                        |
|-------------|-------|------------------------|
| Sunday 1st  |       | Rogation               |
| St Marnarch | 09:30 | Holy Communion         |
| St Tallanus | 11:00 | Public Worship with    |
|             |       | Communion by Extension |
| St Wyllow   | 11:00 | Holy Communion         |
| St Ildierna | 14:00 | Baptism                |
| St Nun      | 17:00 | Rogation Service       |
| St Ildierna | 18:30 | Holy Communion         |
| Thursday 5t | h     |                        |

St Tallanus 10:00 Benefice Prayer Meeting

#### Saturday 7th

| St Wyllow   | 11:00 | Interment of Ashes |
|-------------|-------|--------------------|
| Sunday 8th  |       | Fourth of Easter   |
| St Nun      | 09:30 | United Service     |
| St Marnarch | 09:30 | Morning Service    |
| St Tallanus | 11:00 | Holy Communion     |
| St Wyllow   | 11:00 | Morning Prayer     |
| St Saviour  | 16:00 | Sing a New Song    |
| St Ildierna | 18:30 | Evening Prayer     |

#### Thursday 12th

10:00 Benefice Prayer Meeting St Ildierna

#### Sunday 15th

| St Marnarch | 09:30 | Holy Communion          |
|-------------|-------|-------------------------|
| St Nun      | 11:00 | at Methodist Chapel     |
| St Wyllow   | 11:00 | Parish Eucharist        |
| St Tallanus | 11:00 | Morning Prayer          |
| St Ildierna | 17:00 | Family Rogation Service |
|             |       | · -                     |

#### Thursday 19th

| nmunion   |
|-----------|
| r Meeting |
|           |

#### Saturday 21st

| St Wyllow   | 12:15 | Wedding |
|-------------|-------|---------|
| St Tallanus | 14:30 | Wedding |

#### Sunday 22nd

| St Saviour  | 09:30 | Café/Communion   |
|-------------|-------|------------------|
| St Nun      | 11:00 | Holy Communion   |
| St Marnarch | 17:00 | Rogation Service |
| St Ildierna | 18:30 | Evening Prayer   |

#### Thursday 26th

St Saviour 10:00 Benefice Prayer Meeting

#### Saturday 28th

St Ildierna 14:00 Baptism

#### Sunday 29th

| St Ildierna | 09:30 | Holy Communion           |
|-------------|-------|--------------------------|
| St Tallanus |       | Holy Communion           |
| St Marnarch |       | Benefice Songs of Praise |

#### From the Registers

#### **Funeral Services**

21st January; George Edward Brown of Polperro, service at St Tallanus, followed by burial at Polperro cemetery

28th January; Pamela Gwendoline Gribble of Congdon Shop, Launceston, service and burial at St Marnarch, Lanreath

17th February; Pearl Suzanne Cudlipp of Pelynt, Service at Bodmin Crematorium

23<sup>rd</sup> February; Elizabeth Helen Cross of Plymouth, service and burial at St Ildierna, Lansallos

28th February; Wallace James Facey of Saltash, service and burial at St Marnarch, Lanreath 23rd March; Jane Joplin of Pelynt, service at **Bodmin Crematorium** 

#### Memorial Services/Scattering of Ashes

5<sup>th</sup> March; Amanda Holmes of Saltash, memorial service and scattering of ashes in

22<sup>nd</sup> March; Jill Grant, Scattering of ashes in Lanteglos-by-Fowey Parish

#### **Interment of Cremated Remains**

5th February; Patricia Swiggs of Lanteglos by Fowey at St Wyllow, Lanteglos

26th February; Pearl Suzanne Cudlipp of Pelynt at St Nun, Pelynt

## **Polruan Woman's Hour**

#### from Kathryn Hill

Do feel free to come and join us in St Saviour Church on Tuesday afternoons at 2.30 pm. We are a small but friendly group and would love to welcome new members. We look forward to seeing you.



World Day of Prayer in Polruan



#### **Parish Diary**

All dates and times are correct at the time of going to press — please check notices for changes/cancellations

#### Apri

Friday, 1st Johnny Cowling at Whitecross Village Hall, 7.30pm

Friday, 1st Kidz Klub, Polruan Village Hall, 6-7.30pm (see page 8)

Saturday, 2nd Whitecross Market 10am-1pm (see page 20)

Tuesday, 5<sup>th</sup> Hospice book Sale (see page 12) Tuesday, 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, Woman's Hour, St Saviour, 2.30pm

Tuesday, 5<sup>th</sup> Town Trust AGM, WI Hall, 7pm (see page 26)

Wednesday, 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> Yoga at Polruan Village Hall from 5pm (<u>www.georgiekay.</u> <u>yoga</u>)

Thursday, 7th, 14th, 21th, 28th, Polruan Youth Choir, Polruan Village Hall, 5.30-7pm (see page 7)

Sunday, 10<sup>th</sup> Liskeard Easter Fayre, Liskerett Community Centre 11-3pm (see page 14)

Thursday,  $14^{\text{th}}$  WI meeting at Polruan WI at 7pm (see page 7)

Friday, 15<sup>th</sup> to Sunday, 17<sup>th</sup> The Kernow Art Collective Art Show at Boconnoc (see page 9) Saturday, 16<sup>th</sup> Easter Celebration, Pelynt Parish Church, 6.30pm (see page 9) Tuesday, 19<sup>th</sup> Rockpool Ramble, Ready Money Beach, 1-3pm (see page 31)

Thursday, 21<sup>st</sup> 'Botanising in Turkey' A talk by Trevor Wiltshire, Whitecross Village Hall, 7.30pm (see page 24)

Saturday, 23<sup>rd</sup> 'Surnames of the Fowey Valley' A Talk by Dr Bernard Deacon, Whitecross Village Hall, 2.30pm (see page 26)

Sunday, 24th John Cowling sings Gospel, St Marnarch Church, Lanreath, 7pm (see page 5)

Saturday, 30<sup>th</sup>, The Polruan Film Club present Fisherman's Friend's at the Polruan Village Hall 7pm (doors open at 6pm) — (see page 18)

#### May

Monday, 2<sup>nd</sup> May, Cream Tea at Polruan Village Hall, 2.30-4.30pm (see page 5)

Saturday, 7<sup>th</sup> Whitecross Market 10am-1pm (see page 20)

Tuesday, 3<sup>rd</sup> Hospice Book Sale, (see page 12) Tuesday, 3<sup>rd</sup>, 10th, 17th, 24th, 31st, Woman's Hour, St Saviour, 2.30pm

Wednesday, 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>, Yoga at Polruan Village Hall from 5pm (<u>www.georgiekay.yoga</u>)

Thursday, 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, Polruan Youth Choir, Polruan Village Hall, 5.30-7pm (see page 7)

Friday, 6th - 14th Fowey Festival

Friday,  $6^{th}$  Kidz Club, Polruan Village Hall, 6-7.30pm (see page 8)

Thursday, 12<sup>th</sup>, WI meeting at Polruan WI, 7pm (see page 7)

Sunday, 15<sup>th</sup> to 21<sup>st</sup> Christian Aid Week (see page 10)

Sunday, 15<sup>th</sup> Table Top Sale, Polruan Village Hall at 2.30pm (see page 10)

Saturday, 21st Plant Sale and Cream Tea, 2.30-4.30pm (see page 24)

Saturday, 28<sup>th</sup> — Sunday, 5<sup>th</sup> June Open Studios Cornwall, (see page 28)

(tbc; Bluebell Walk, late April/early May Lantyan Wood (bluebells dependent), (see page 31)

#### June

Thursday, 2<sup>nd</sup> to Sunday, 5<sup>th</sup> The Queen's Platinum Jubilee Celebrations across the parish (see pages 16-17 and 32)

 $We dnesday, 1^{st}\ Polruan\ Jubilee\ Scare crows\ in\ position\ by\ 10am\ (see\ page\ 17)$ 

# World Day of Prayer in Polruan

from Kathryn Hill, for Polruan WDP Committee

World Day of Prayer, formerly known as Women's World Day of Prayer, is a woman led, ecumenical prayer movement and the annual service is held on the first Friday of March each year. After a number of years when the service has been prepared by Christian women in various far flung countries, this year's service was prepared by Christian women in England, Wales and Northern Ireland and was titled "I know the plans I have for you" and based on Jeremiah 29: 1-14.

Being very aware of the situation in Ukraine we started with the prayer for Ukraine produced by the Archbishops of Canterbury and York.

Although we were a small group who gathered in St Saviour Church it is good to know that we were part of a world-wide, twenty four hour 'wave' of prayer going around the whole world. The service ended with the hymn "The day thou gavest, Lord has ended" which emphasises this in verses 3 and 4:

As o'er each continent and island the dawn leads on another day, the voice of prayer is never silent, nor dies the strain of prayer away. The sun that bids us rest is waking Our friends beneath the western sky, and hour by hour fresh lips are making Thy wondrous doings heard on high.

## A Prayer for Ukraine

God of peace and justice,

we pray for the people of Ukraine today.

We pray for peace and the laying down of weapons.

We pray for all those who fear for tomorrow,

that your Spirit of comfort would draw near to them.

We pray for those with power over war or peace,

for wisdom, discernment and compassion

to guide their decisions.

Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them.



#### The Churches of the Benefice of Trelawny

Rector Rev Richard Allen 01503 220847

Benefice

**Administrator** Pippa Morrell-Davies 07399 563440 Please direct all enquiries regarding Baptisms, Weddings

and Funerals to Pippa Morrell-Davies

#### Lanteglos — St. Willow; Polruan — St. Saviour; Bodinnick — St. John

|   | Churchwardens   | Colin Payne       | 01726 870715 |
|---|-----------------|-------------------|--------------|
|   |                 | Norman Mallard    | 01726 870747 |
|   | Treasurer       | Graham Tyson      | 01208 873750 |
|   | Secretary       | Liz Luck          | 01503 261582 |
|   | Lansallos — St. | Ildierna          |              |
|   | Churchwardens   | Margaret Phillips | 07493 310816 |
|   |                 | Josie Slade       | 01503 220513 |
|   | Treasurer       | John Feesey       | 01503 220884 |
| ı | Secretary       | Glen Feesey       | 01503 220884 |

Pelvnt - St. Nun

Churchwardens Sheila Morrell-Davies 01513 220976
Frank Edwards Ex Directory
Treasurer Rosemary Lee 01503 220169
Secretary Sheila Morrell-Davies 01513 220976

Lanreath — St. Marnach

| Churchwardens | Gill Sanders  | 01503 220827 |
|---------------|---------------|--------------|
|               | Peter Hooper  | 01503 220229 |
| Treasurer     | Peter Bartram | 01503 220490 |
| Secretary     | Jenny Bartram | 01503 220490 |

Talland — St. Tallunus

| Churchwarden | David Bailey | 01503 262890 |
|--------------|--------------|--------------|
| Treasurer    | Joe Sharples | 01503 273466 |
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The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

#### **News from Lansallos**

from John Feasey, Lansallos PCC

**Churchyard Policy** 

I've covered this subject before, but after receiving some complaints about the recent strimming and so-called "desecration" of Lansallos Churchyard it's probably time for another article on the subject.

The plants which cover most of our churchyard are not"white bluebells" but unfortunately a non-native, very aggressive and invasive species called Three Cornered Leek (TCL) (Allium Triquetrum), a member of the garlic family that was introduced to the UK in the 18th century from the Mediterranean. It's listed under Schedule 9 of the Wildlife and Countryside Act 1981, making it an offence to plant it or allow it to spread into the wild (though not to allow it to remain if already established). It's probable that many years ago a well-meaning person planted some on a relative's grave and TCL has now spread and is swamping our native bluebells, daffodils and primroses and making it a major threat to biodiversity. Apart from the white flowers the plant can be identified by the stem, which is triangular in cross section, and by its garlicky smell when



Three Cornered Leek (Allium Triquetrum,



Lansallos PCC wishes to avoid using weedkiller and so, as TCL spreads mainly by seed, we now aim to strim the churchyard in late winter before it has flowered. Our contractor does endeavour to leave any native species untouched as far as possible. If you're keen on foraging for food you might also like to know that every part of the TCL is edible, with a mild flavour like spring onion or leek; the flowers can be used in salads, the leaves to make a pesto or in soups and the bulbs for cooking (though please note it's not legal to dig in the churchyard without permission and it's important not to dispose of any left over plant material in your compost heap or waste food recycling bin to avoid any risk of spreading it). Try "Googling" Rachel Lambert, a foraging teacher and cookbook author based in Cornwall, to see some interesting ideas for cooking with this and other otherwise unwanted invasive species. There's even a restaurant in Edinburgh (Wedgewood The Restaurant) that serves charred TCL when in season on a potato and crème fraiche puree, with shavings of Alexander's stem and a smoked paprika crumb. Food for thought!

#### **AGE CONCERN**

Should anyone need a driver to take them for a hospital appointment please contact Angel Burstow on 01726 870059

FARES: Fowey Surgery £6: St Austell £10: Truro £20: Bodmin £12: Liskeard £12: Plymouth £20: Hayle £30

Plus – Ferry, bridge tolls and parking costs

#### Welcome

All churches of Lanteglos-by-Fowey Parish will be open for you to visit and enjoy:

> St Wyllow, our Parish Church

St Saviour, a Victorian Church in Polruan

St John,

a converted stable in Bodinnick

We respectfully ask for your consideration for the people who regularly use these buildings.

Please use the sanitiser supplied when entering and leaving and also limit your contact with any hard surfaces when moving around.

We hope your time with us is one of refreshment

Lanteglos-by-Fowey PCC

## **Pelynt and District**

## Thursday Club

Meetings will be held in Pelynt Village Hall on the last Thursday of each month at 2.30pm

Admission £2, including raffle ticket and refreshments

There is no membership fee and all are welcome to attend any meeting

We look forward to seeing you!

#### **News from Lanreath**

#### from Jenny Bartram

We were delighted to see Reverend Marilyn (retired) and husband Dave when they were in Looe two weeks ago. They both looked hale and hearty and are thoroughly enjoying retirement in their new home in Tavistock. They send their very best wishes to all in Trelawny Benefice.

Rev Richard has been busy introducing innovative services since his appointment just over a year ago as our Rector. The Plough Service, the latest outreach service at Lanreath, hosted a very large plough sited in the nave and a beautiful Shire horse called Swallow, who remained on the Green during the service, but whom the large congregation could admire and stroke afterwards. We also enjoyed warm pasties and Cornish cider whilst enjoying the warmth from the fire pit. The Rev has a number of services with a difference programmed to take place on

Lanreath Village Green over the next few months, so watch the church notice boards, and the notice board at the shop, for posters advertising these services.

Work has commenced on the cottages adjoining The Punch Bowl. It is really uplifting to know that finally the owner is able to proceed with works that have been in abeyance for some considerable time. The Ukranian flag is being flown on the Green to show the support of the village for that war torn country.

Lanreath Community Music will be performing at St Nun's, Pelynt on Easter Saturday, 16 April, at 6.30pm along with Pelynt Male Voice Choir and accompanied by other musical groups in the area. The following Sunday, 24 April, 'Johnny Cowling



Sings Gospel' at St Marnarch's Church at 7.00pm. Tickets £12 to include a pasty supper.

A Lanreath Garden Safari is planned for May/June, an event which will allow you to explore some of the beautiful gardens in the village and enjoy a cream tea in tranquil surroundings. The date has to be confirmed.

A date for your diary
May Day Cream Tea
Monday, 2 May at 2.30pm
Polruan Village Hal
(Please look out for notices
nearer the time)



## News from Polruan Village Hall

from PVH Management Committee

Finally, Spring is here, hopefully bringing with it the promise of a return to some kind of normality and the opportunity to meet and spend more time with friends, neighbours and our early season Visitors. And what better place to meet than in our newly appointed Village Hall, with lovely views over the harbour.

Whether it's joining in activities with our regular clubs; Kids Klub, Theatre Club, Film Club, Yoga Classes, Youth Choir or attending meetings, parties or wedding receptions, the Hall is now able to provide the perfect location for any of these Events.

The addition of WiFi and the Film screening capabilities has widened the scope for activities that can take place in the Hall and we are exploring the Film Licensing process to allow individuals and Groups to use the equipment and by the time you read this that may be in place.

The Polruan Theatre Club production of Sleeping Beauty was extremely well supported and received (see page 15). Similarly the launch of Polruan Film Club was very successful as was the subsequent matinee screening during half term. Don't miss the next two shows (see page 16)

We have now completed the replacement of all of the kitchen equipment and utensils – all we need now is for you to come and use them. We look forward to welcoming you to the Hall.



View from the Verandah at Polruan Village Hall

# Calling all Readers and Ringers . . .

#### Lanteglos Parish needs you! Readers

If you enjoy reading aloud, we could always do with a few more volunteers to read passages from the Bible during Sunday services. You can choose to read as often or as seldom as you like, and in any of the three churches in Lanteglos: St Wyllow, the parish church; St Saviour in Polruan; or St John in Bodinnick

Just email lizluck@hotmail.co.uk, or call Liz on 07900 668604, if you'd like to know more.

#### Ringers

Church bells drifting over hills and valleys must be one of the most ancient and atmospheric sounds of the countryside, but recently Lanteglos has fallen silent. We have a dearth of bell-ringers, both novice and active/experienced. Would you like to help get the beautiful old tower of St Wyllow Church ringing again (and exercise brain and body at the same time)?

If you're interested, please call John Adams on 01726 870381.

JOHNNY COWLING sings GOSPEL

St Marnarch's Church Lanreath on SUNDAY 24 APRIL at 7.00pm

Tickets £12.00 to include a pasty supper available from

Lanreath Shop and Post Office Dora Facey 01579 346953 Mary Mortimore 01503 264403

Proceeds towards maintenance of the Church

## **Lambing Service - Frogmore Farm**

Sunday, 23rd January

#### from 'the Rev' Richard Allen

Trelawny Benefice celebrated another first when they organised a Lambing Service at Frogmore Farm, near Polruan. Over 40 children and 80 adults gathered in the lambing shed to give thanks for the birth of the new lambs and celebrate all that is good about Cornish farming.

We had the privilege of watching the birth of twin lambs which was fascinating for the

congregation as well as meeting lots of newly born lambs and their mums. Some of us visited the hospital where those who need a special helping hand stay, including the mums' of triplets!

'The Rev' Richard Allen preached on Jesus as a good shepherd from a sheep pen, showing the congregation how the shepherd would





have acted as a gate and Jesus being our gateway to God. He showed them a shepherds crook and how sheep followed the shepherd and how he fed the sheep. The Rev fed the sheep their nutrient pellets explaining how Jesus leads us and feeds us spiritually as well as protecting us, demonstrating how the crook could help troubled sheep! The children also had great fun in acting out the Lost Sheep, bleating and baaing far louder that the sheep's din which characterised the service.

We met some of the other farm animals too including the giant bulls and a number of newly born calves and the pet pigs!

In Trelawny we continue to try to do church in creative and innovative ways where we meet on village greens, barns, quays and hopefully beaches in the summer. We will certainly be back

to Frogmore Farm for Harvest Festival and a Nativity Service at Christmas.

The day was rounded off well for 'The Rev' and Harriet, his wife who were treated to a special glass of Cornish Farm Cider!

February sees us Blessing the Plough in church settings around the Parish as well as a barn concert with the Pelynt Male Voice Choir and around the fire pit on Lanreath Green followed by pasties and of course Cornish farm cider!



## **Plough Sunday in Trelawny**

#### from 'The Rev' Richard Allen

Trelawny Benefice hosted three differing Plough Sunday Services throughout February. Plough Sunday has traditionally been celebrated by rural churches for hundreds of years; the plough is blessed and farmers and their land is prayed for so they will have a fruitful harvest.

Swallow, a beautiful 7 year old shire mare, entertained us at Lanreath as the congregation of over 60 enjoyed Cornish Farm cider, lemonade and hot pasties around the fire pit on the village

green. During the service the children made an array of vegetable faces based on a potato with other veg added to create a face.

The Pelynt Male Voice Choir led the joint Pelynt and Talland Service at West Wayland farm to a backdrop of grain and a large John Deere tractor with plough. Despite the weather, well over 50 people gathered to celebrate the agricultural tradition of these parishes and the choir treated us to a wonderful rendition of Cornwall My Home!

Lansallos, a parish of less than 80 full time residents and one of the smallest in Cornwall, started the trilogy of services. Over 30 parishioners gathered, including a group of children who enjoyed bringing their pet pony to the service who stood contentedly in the warmth of the church throughout the service. During the ceremony the congregation left the church to stand among the tractors and ploughs brought by local farmers so we could bless the work of their hands and labours in the coming months. It was great to have local farmer, Ben Palmer, with us along with his tractor and plough as a few days later his wife Sophie gave birth to their first child, Stanley. What a wonderful Cornish farming name!

At all of our services Richard spoke on Christian responsibility in farming. Our responsibility to



Cornish farmers in paying a fair price for their produce and trying to buy locally. The farmer's responsibility to treat the land fairly which God has entrusted to them as well as the principle of rotating the soil and resting it.

We will look forward in May to a series of Rogation Services which will include walking our parish boundaries and sharing family services on farms and in barns.

#### On-line Services, Trelawny Benefice

#### from The Rev'd Richard Allen

Trelawny benefice had the opportunity of producing the on line service for the whole of the Church of England on Sunday, 20 February. Rev'd Richard took the theme of Jesus Calms the Storms — more than appropriate as the whole country that weekend was buffeted by storm Eunice. Rev'd Richard conducted the service from beautiful scenic viewpoints around the Benefice. This included him speaking from the Fowey Lifeboat; Alan Toms taking a group of parishioners to Punches Cross on the Polruan Ferry to do a reading (see photos below) and Emmie Palmer sharing a reading in front of the bulls and sheep at Frogmore farm. Should you wish to watch the service visit the

www.youtube.com/watch?v=JyNNSyFy7CU

site below.



# Organist or keyboard player? We need You



Do you enjoy playing the organ or keyboard? We're looking for an organist for the parish church of St Wyllow, Lanteglos-by-Fowey, to play at services on the first three Sundays of each month. A good honorarium is available. There is the opportunity also to play at weddings and funerals and other occasional services, of which there are a number each year. The church uses a broad section of Christian music, mainly traditional but some contemporary, and a number of pieces written by Peter Skellern who was at one time musical director. There is also the opportunity to work with a small yet enthusiastic choir, who again all have a love of music and song. You don't have to be an expert but just someone who enjoys playing. If you live within a 10-mile or so radius, transport could be provided.

Further details are available from Richard Allen, the Rector of Trelawny

rev@trelawnybenefice.com 07383 621292 or 01503 220847.



## **News from the WI**

#### from Chris Cox

#### Vice President, Polruan WI

We started our March AGM with an adjudicator sent by Cornwall Federation, Mary Thompson, who was there to check our processes. A summary of our year's activities was written by and read out by our President, Beth and the financial report by our Treasurer, Margaret. We then moved on to vote in the Officers and Committee. Margaret stood down as Treasurer, after many years. Sue has agreed to take on the role and this was voted on and agreed. Andrea stood down as Secretary, after many years. Maureen has agreed to take on this role and this was voted on and agreed. Beth has agreed to remain as President, Chris has agreed to remain as Vice President and this was voted on and agreed. We would like to say a big thank you to both Margaret and Andrea for their hard work over the years. The adjudicator said a few words about our WI and stayed on for a cuppa and judged our competition.

Our Competition was "Name your favourite heroine and why". Maureen was first, Sue second, Chris third and Lynn fourth. We had



WI Lunch at the Russell Inn

## some time to spare so those who stayed on had a game of Linkee which was great fun.

The Birthday lunch at the Russell went down well and we shared happy memories about the WI over a lovely meal.

#### **Dates for your diary**

(Correct at the time of going to press, please check notices)

April – Beads and wire bracelet making with Lorraine: Competition – create a piece of edible jewellery

May – Build a Scarecrow — earlier this year as it needs to be in place for the Jubilee Celebrations.

July — River cruise to Lostwithiel

Ladies, are you interested in joining or maybe just coming along to see what we're about? We're always looking for new members — so please come along and give it a try.

If you would like to know more, please phone me, Chris (01726 870194), and if I cannot help, I will pass you onto someone who can. Hope to see you there.

#### **WI Hall Booking**

Jill Merrall has been fantastic recording bookings for the WI Hall and being the "Keeper of the Key", but after many years would like to have a rest from this role. We would like to thank her for the fantastic job she has done.

For future bookings please contact Sue Rowe on 01726 870505, 07813 125989 or email sjsherwood2@gmail.com. We will also be placing a key safe at the WI Hall and the code for this will be shared as necessary.

#### **Kernow Rocks**

The ladies at the Women's Institute had a fun evening in February painting some rocks to then hide around the village or further afield. The idea was that children or even adults could find these rocks and then post a photo with the rock onto Kernow Rocks facebook pages.

So far a few have turned up and the hope is that they will be re-hidden in different places. How far away will these rocks travel? We wait to find out....







## Yoga Classes at Polruan Village Hall Wednesday Evenings







#### Georgie Kay Yoga and Wellness

is now teaching Wednesday yoga classes at Polruan Village Hall

To book or for more information please contact Georgie on: 079092 27789

www.georgiekay.yoga hello@georgiekay.yoga

## **Table Top Sale**

#### from Kathryn Hill and Bonnie Bate

Thank you so much to all who had a table at our Table Top Sale in half term week and to all of who came and supported the event. Kathryn's stall for school fees for Nigerian students raised £36.36 for Nigerian students' school fees. Once the cost of hiring the hall had been taken out, the raffle and the refreshments raised just over £96 for the Liskeard and Looe Food Bank, which they were delighted to receive. A big thank you to Barbara and Joan for their sterling work in the kitchen, with so many attending they were kept very busy! And a special thank you goes to Ailla and Ava for their sterling work in helping Kathryn to draw the raffle tickets; we look forward to you two helping with this in the future!



# Polruan Youth Choir

TATIET.

Rehearsals on

Thursday evenings

at

Polruan Village Hall 5.30—7pm

Please contact

Angie (870747), or Jayne (870715)

if you would like to join us or want more details



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## STEVE STROUD

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- see their website

## **POLRUAN POST OFFICE**

**OPENING HOURS** 

Monday 9.00am to 4.00pm **Tuesday** 9.00am to 4.00pm Wednesday 9.00am to 4.00pm Thursday 9.00am to 4.00pm Friday 9.00am to 4.00pm 9.00am to 1.00pm Saturday Sorry, Closed Sunday

# **POLRUAN KIDZ KLUB**



## THE RELAUNCH'



On the evening of Friday, 11th March, you may have heard some loud and exuberant sounds coming from Polruan Village Hall! This was the sound of our Kidz Klub Relaunch, where 14 children enthusiastically 'launched' themselves into a two hour fun-filled programme of activities including cooking, craft and games. Many thanks to the amazing Kidz Klub team of leaders and helpers who ran around, facilitated and provided refreshments, (they are now in darkened rooms!). Also, to the parents who bought their children along and who joined in the fun! We have had some lovely feedback on how much everyone enjoyed the evening and are looking forward to seeing you all again soon.





#### More fun sessions to come on Friday:

1<sup>st</sup> April, 6<sup>th</sup> May, 10<sup>th</sup> June & 15<sup>th</sup> July 6 - 7.30pm at Polruan Village Hall

#### Children from Reception upwards welcome

**Contact Angie on 07967131525** If you want to come along

Readers are kindly requested to mention The Parish News when responding to our advertisers.

It helps the advertisers to know that their advertising is effective. It also helps The Parish News which relies on our advertisers' continued support.

#### 'Champing' in Bodinnick - can you help?

#### from Liz Luck, Lanteglos PCC Secretary

As you may know, we've been tasked by the Diocese of Truro with making the Benefice of Trelawny in general (and the Parish of Lanteglos in particular) financially sustainable for the future.

One of the ideas we're exploring is to use the special little church of St John's in Bodinnick as a trial for 'champing': that is, camping in a church. The champing scheme is run by the Churches Conservation Trust and you can find out more about it here: www.champing.co.uk

St John's would continue to be a church, and to hold services every other month as it does now, but this would be a way for the building to earn much needed funds for the parish and the benefice in between services. And a way for all kinds of people to enjoy a simple, quiet, no-frills overnight stay in a beautiful place.

If we're going to go ahead with a trial run this year, we just need to collect a few things to make St John's into a suitable place for a sleepover. We do have some limited funds to buy items, but if anyone has anything in the list below that they'd like to donate, we'd be very grateful – it would allow to keep our set-up costs as low as possible.

If you can help, please contact Rev. Richard <a href="rev@trelawnybenefice.com">rev@trelawnybenefice.com</a> 01503 220847, or Liz Luck, Lanteglos PCC Secretary, <a href="lizluck@hotmail.co.uk">lizluck@hotmail.co.uk</a> 07900 668604.

#### What's needed?

| Small dining table  | Small fridge  | Roll-mats for extra beds down-<br>stairs       |
|---|---|--|
| Free-standing kitchen unit including a sink (with room for hob, microwave, kettle, drawers or cupboard) | Basic crockery (mugs, plates,<br>bowls)<br>(cutlery already promised) | 3-piece suite / comfy chairs and<br>futon sofa |
| Microwave   | Curtains and poles for front windows                                  | Basic pillows                                  |
| Basic electric hob  | Curtains for side windows (on curtain wire)                           | Heavy wooden garden furniture                  |
| Toaster and kettle  | Double futon for upstairs loft  | Barbecue or fire-pit for garden                |
| Self-contained outdoor no-plumb toilet  | Small shed to house toilet  | Anything else that might come in handy?        |

#### Trelawney Benefice presents:



## Easter Celebration

Pelynt Parish Church
Saturday 16th April 6.30p.m.

Tueludine neufermeneed from:

Including performances from:

Pelynt Male Voice Choir Lanreath Community Band and Choir Children from Trelawney Benefice

Free Entry - refreshments provided



# Flower Quiz from Anne Allan

Gubbins was a good gardener but always mixed up the names of the flowers. One half of one name has been mixed up with half of another. Can you work out the correct flower names?

Astalea

Croanium

Daffols

Honeyssum

Sweet flower

Tupin

Stella

Wallpes

Warbena

Asenthemum

Gevia

Cobation

Polyolus

Dahillip

Viodil

Lucissus Hollygold

Hoyox

Verock

Aler

Maricus

Phlesty

Gladihock

Chrysaciuth

Answers are buried somewhere in The Parish News!

#### **Kernow Art Collective**

#### Boconnoc Estate 15 - 17 April 2022

We are excited to share with you news about a group art show in April at Boconnoc Estate called The Kernow Art Collective. We hope it will be a window into contemporary art being made in Cornwall across a variety of mediums, providing a snap shot of the breadth of art from this Celtic area. And it will be the first of many.



The complexity around us, even in the everyday, creates a platform for a huge variety of art and each artist's response we believe is significant.

It is therefore a non-profit making venture because we want to promote and represent work that the artists love to do and that speaks of who they are and what they are interested in which is not always the same as what they make to sell. We are excited by the positive response we have had from this message by those taking part and the unconventional Cornish collaboration that will hopefully come out if it.

We have a range of artists showing their work, some have exhibited before and others may be just starting out, but all are living and working in Cornwall.

The Exhibition is to be held in the Stable Yard buildings of this historic estate, a beautiful ancient backdrop to a vibrant display of modern art.



The dates for the show are 15<sup>th</sup> – 17<sup>th</sup> April. The exhibition kicks off with an opening night on the Friday with fire pits outside, freshly prepared local food, a drinks bar, hopefully an evening to bring friends and family along to and enjoy the festivities. The show will carry on over Saturday 10am – 5pm and Sunday 10am – 1pm. There are also incredible grounds to walk at Boconnoc Estate so again a great thing to do over the Easter weekend.

#### **LETTERS TO THE EDITOR**

Suzanne Goddard Springhill Chapel Lane Polruan PL23 1PG 01726 870818

suzanne.goddard@me.com

or use the letterbox in the porch of St Saviour Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.

Stay in touch anywhere around the globe

The Parish News is now available online at:

www.lanteglosbyfowey.org.uk

The official website of Lanteglos by Fowey Parish Council



# Closing date for the Jun/Jul 2022 issue is

#### Saturday 14 May 2022

Please send all copy and letters to Suzanne Goddard at Springhill Chapel Lane Polruan PL23 1PG suzanne.goddard@me.com 01726 870818

Or use the letterbox in the porch of St Saviour's Church Polruan

no later than Saturday 14 May 2022

\*\*\* Thank you \*\*\*

#### **Apology**

#### from the Editor

We wish to apologise to Whitecross and District Gardening Club for any misunderstandings caused in the last edition from a notice that the Club were not planning to hold meetings this year. This was an error on our part and a programme of events has been prepared. Please contact Sue Watts for further information 01208 871513.



#### from Kathryn Hill

Christian Aid Week this year runs from 15 to 21 May. As usual there will be collecting boxes in St Saviour and St Wyllow churches and maybe in a few other venues.

We shall hold a Table Top Sale in Polruan Village Hall on the afternoon of Sunday, 15 May from 2.30pm. There will be no charge for having a table, we just ask that a prize is donated for the Raffle. Please contact Kathryn if you would like a table.

The Raffle and Refreshments are in aid of Christian Aid Week. Hopefully it will be warm enough to enjoy refreshments on the terrace while enjoying the lovely harbour view.

Raffle prizes and offers of help with raffle or refreshments all gratefully received. Please contact:

kathrynehill39@gmail.com; 39 Fore Street, Polruan, PL23 1PH; 01726 870953;

## You might also like to try the "300K steps Challenge" in aid of this Charity.

It's simple: take 300,000 sponsored steps throughout the month of May. You'll raise vital funds for communities battling the worst of this climate crisis. The steps challenge clocks in at just under 10,000 steps a day. You can do the challenge alone or with a team, supporting each other to reach your goal. It is completely up to you whether you decide to walk, jump, skip, hop or run your steps. Check it out on caweek.org/300ksteps and sign up if you are interested.

#### **Easter Lilies**

#### from Sue Shakerley

I am sorry that I cannot buy Easter Lilies for everyone this year. If you would like to buy one yourself, I will put the silver milk churns on the altar in the Lady Chapel at St Wyllow, with the memorial sheets for you to write your name and the name of the person you are commemorating from 12 April onwards.

# To Advertisers and Contributors

#### from the Editor

We are very grateful for all the fantastic contributions received at The Parish News. We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14<sup>th</sup> of the month preceding publication, otherwise the content will remain unchanged.

#### **Letter from Nigeria**

#### from Daniel and Kathleen

How time flies and it's a new month already! We praise God that last month went well and security wise we are OK at VOM but we continue praying and trusting in God. When the terrorists enter a village they often come in big numbers, sometimes 50 -100, and just shooting at random, entering homes or kidnapping. So please, continue to pray. Karl Kumm University is still not open but we

Karl Kumm University is still not open but we pray the new President of COCIN, Rev'd Dr Amos Mohzo and his Committee, will be able to sort it out.

Early preparations for the VOM Christian Hospital Jubilee have just started but a date is yet to be set — once we know we will let you know but do pray for the preparations. It is a massive task but God will lead the Committees.

I have another job. Some of our IDP women can't read so we started a class last week. We will see how they get on but the few that came seem very keen to learn. Others will join them at the next class. Once a month we have Bible Study with them too.

The rains will start soon and everyone will be busy farming so pray for good rains. An organisation is giving money so that we can buy fertilisers which should be a real help.

We both are getting better. Daniel's back pain is lessening and my potassium level has gone back to normal which was helped by potassium tablets. I still need extra rest but can do all the jobs I need to do in the morning and then rest in the afternoon.

We trust you are all well and praising God for his goodness to us all. What a wonderful Saviour we have who loves us and cares for

Thanks for your prayers and concern God bless and encourage you.

# Piano in need of a home from PVH Management Committee

We have an up right piano and stool no longer required. If you are interested, please contact Suzanne Goddard (suzanne.goddard@me.com) or 01726 870818.

# Safeguarding incident from Colin Payne

Towards the end of January I was approached in my capacity as Parish Safeguarding Officer by a member of the public looking for emergency accommodation as they were vulnerable and in a dangerous situation. I felt very inadequate in the amount of help that I could offer as I only have access to social service and out of hours safeguarding contact numbers. After consulting with Rev'd Richard and after several hours trying to help, these numbers or calling 999 was the only assistance I could offer. I now understand that some other Parishes have a list of emergency accommodation available through their parishioners. Here in Lanteglos by Fowey (and the wider Benefice) we do not have such a data base. So my question to you is this — if anybody is willing to give emergency accommodation to vulnerable people at short notice, and happy for their details to be held by the Parish Office, please contact me 65cpayne@gmail.com or 01726 870715.

#### Letters from Australia from Mary Taylor, New South Wales

24 January 2022

Our post was terrible at Christmas time, I only got the magazine and several Christmas cards on Friday. Christmas was a sad time for me this year without Jim, but we made it the best we could. Plum's two girls came to see me, one just before Christmas and the other on Christmas Day. We had Christmas at Liz's – not a roast this year, only finger food.

Easter is next with hot cross buns and Easter Eggs in the shops already!

I have a got a pair of reading glasses now and have a lots of reading to catch up on as I couldn't see well enough to read before the cataract in my right eye was fixed. I need to wait 9 months to get the other one done and am looking forward to that.

I'm really happy to tell you that we've had some good news, Tamara and Brandon have had a lovely baby girl, Stella. She was born on the 20 December, a lovely Christmas present. Only the father was allowed to be at the hospital because of the virus. I'm yet to meet Stella in person but I have seen photos.

I'm still not going out much, unless I need to go to the medical centre for an appointment. I have had 2 COVID jabs and will have a booster early next month. It really is a terrible virus, Cootamundra hasn't faired too badly but the virus is about still and so it's not particularly safe for me to go out and about.

The weather here is not like summer at all with the evenings being quite cool. Jim's sister in Western Australia on the other hand has temperatures in the 40s and that's a bit too hot

Australia Day is on Wednesday, there are lots of events going on in the park but I have decided not to go this time.

I was disappointed with England's performance in the test matches and thought they'd do better – weren't they terrible – school kids could beat them!

I have had a lot of John Wayne movies on this month, Jim used love watching his films and we have a lot of John Wayne memorabilia on the walls here.

I hope everyone had a good Christmas and wish you all a happy New Year. As soon as I get the magazine and have read it through, I usually write back, so hope the mail is better from now on.



All the best to you all – I will write soon 22 March 2022

I wrote in my last letter that I have a new great grandchild, Stella. I have now seen and had a cuddle with her — she's lovely, 2 months old now and very alert looking around at everything.

My three kids want to take me to the club on Friday to celebrate my birthday — I shall be 84, where did all that time go?

The weather over here at the moment is very strange, over where Jim's sister lives it's been in the high 30's for weeks but with us there have been cool winds one day and warm at other times. I saw on the TV that England had been buffeted by some very rough weather and hope all's well.

The virus is still going around over here but things are slowly getting a little better with the airport open for overseas passengers now.

Plum and family are well and are busy getting things organised for Kate's wedding. Liz and Kim are OK and celebrated their 46th Wedding Anniversary yesterday. John and Trish are helping Tamara with baby Stella as Brandon has to go to work. Tamara is doing really well, she's always been the same and never lets anything get in the way – you say to her you can't do that but she always finds a way

This weekend the kids cleared out the shed and got rid of all of Jim's tools, keeping what they wanted. It was sad really, but needed to be done and at least what was of use has been recycled; we start inside soon.

Time seems to fly by lately and I can't believe it'll soon be Easter. Happy Easter to everyone and I hope the Easter Bunny is good to you.

I do like the magazine now with all the colour photos — bye for now.



## Robin welcomes you to The Russell Inn

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It also helps The Parish News which relies on our advertisers' continued support.



#### **Little Harbour**

#### from Lynn Bartlett

We were delighted to hold our first book sale of 2022 on Tuesday, 8 March. We are pleased the Reading Room has re-opened and have refreshed the selection of books on the Blamey shelves. We continue to have a limited number of jigsaws available too, in exchange for a small donation.

We can now accept books but please do not leave them in the Reading Room. If you have books to donate, please contact me. (01726 870536)



Our next sales will be on Tuesday, 5 April and 3 May, either on the Corner or in the Reading Room. Thank you for your continued support.





## Fowey River Lions

#### **Appeal for Ukraine**

Fowey River Lions are proud to have been able to send a donation through Lions Club International Foundation (LCIF) to the Ukrainian Appeal. The Lions Club International Foundation was set up in 1968. Their mission is to empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding.

The conflict in Ukraine has driven millions of people from their homes, creating a humanitarian crisis that is forcing families to search for safety and security. In this time of great need, Lions Club International Foundation (LCIF) is awarding grants to make sure Lions are there to help provide immediate relief to those struggling to meet their most basic needs, and Lions around the world are uniting through kindness to help the people who desperately need it.

If you would like to make a donation for Ukraine, you can do that through Fowey River Lions Club. Lions Clubs do not charge any administration charges or deduct any fees. Every penny you donate will be passed onto the Foundation to help to make a difference.

You can donate at:

Fowey River Lions Sort code 30-97-28 Account number 28977568 Please mark your donation "Ukraine" Thank you for your support.

If you are interested in what we do perhaps you would like to join us for one of our events or come and meet us at one of our social evenings. We have a business meeting the first Monday of every month at 8pm at the Ship Inn, Par and have a social evening once a month. We would be delighted to meet you, so do contact us. We look forward to hearing from you.

President: Lion Tony Bartlett Treasurer: Lion Tony Bartlett Secretary: Lion Alastair Barr email: foweyriverlions@gmail.com facebook: foweyriverlions Tel: 0345 833 7484



# Bright days Ahead by the late Mavis Cocks

Reflect on —
new lambs in the fields,
baby birds in the nests,
lovely flowers all around us
showing the country side at its
best.

Green mantles on bare trees, young fish swimming in the seas.

Blue sky above us, white clouds wafted by a breeze.

Somber days now behind us telling us loud and clear throw off your despondency a new Spring is almost here.

> © Mavis Cocks First published in The [Lanteglos] Parish News February 2006



# **Polruan Secret Gardens** from Sue Rowe

We are all looking forward to a very busy summer this year, with the Jubilee celebrations as well as the world opening up to enable more travel - a chance to see those relatives and friends abroad who we have been unable to visit.

With this in mind, we have decided to postpone the Polruan Secret Gardens until 2023. We plan for this to take place at the end of June / early July 2023 to coincide with the annual Polruan in Bloom. This means that gardeners can concentrate their efforts on either, or both, of these events.

We are sorry to postpone again but hope that this means we have plenty of time to plan and make this a spectacular and successful event in 2023. If you still wish to add your garden to the list please contact Sue Rowe 07813 125989, 01726 780505 or email <a href="mailto:sjsherwood2@gmail.com">sjsherwood2@gmail.com</a>.

# It's That Blooming Time Again!

#### from Polruan Regatta Committee

A new category has been added to this annual showcasing of the wonderful gardens of Polruan. There will be two categories for best front garden or border, one for small gardens and

these will be judged alongside the usual best display in pots or containers. Entries will be available at the beginning of June from the Winkle Picker, with judging taking place late June/early July. With Spring at last starting to appear, it is time to get house in the goaden greating those

With Spring at last starting to appear, it is time to get busy in the garden creating those wonderful displays that so enhance our fabulous village!

Happy gardening!

another for large, and



### News from Polruan Academy

from Jane Wills, Head of School

At last, our term timetable matches the season, as spring is here. Spring is often the busiest school term of the year with a sense of purpose and industriousness permeating the building. We have been busy clearing out, refurbishing, and transforming our learning spaces and the school is feeling lighter, brighter and a lot tidier.

As you know, the Allotment Society very kindly offered us a plot at their site in Polruan. At the time, we were delighted with the chance to grow and tend plants, but also concerned about the long trek up Townsend, particularly with our youngest members of the school. So, it was very welcome news that the abandoned path, Gypsy Lane, has been cleared and re-instated for use, making for a

much quicker route to the allotments. To show our appreciation, the children designed a lovely Thank You card.

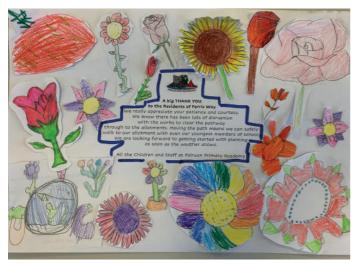
Last week, the whole school spent a lovely spring morning in Lansallos with the National Trust planting trees. This involved a muddy field, digging and using special tools – a perfect combination with energetic, sprightly children. They returned to school full of enthusiasm and with lots of stories to tell.

In support of the ongoing crisis in Ukraine, the children at Polruan Primary Academy are keen to continue efforts to aid the many people affected by displacement due to the destruction of their homes and lives. You may be aware, that we have a Ukrainian family in our school, which brings the events of the

conflict much closer to us all. The children in Tregeagle class have made posters for the village with items needed by Polish and Ukrainian humanitarian aid groups over the coming weeks. Thanks to the generosity of our local community, we have already been able to send off our first consignment to the collection depot – A Big Thank You!

The children are keen to continue fundraising and they are currently planning a fundraising event to be held at school. For more information about this event, please check our school website and school FaceBook page.

The Year 6 children will be back writing for the next edition. They took time out to write entries for the Fowey Festival.





## Polruan Regatta and Children's Sports

from the committee

Our AGM was held at the beginning of March. The President, Vice Presidents and committee members still stand as of last year. Disappointingly, there were no noncommittee members present, however we know that we have good support for our events when needed.

We have deferred our usual Spring time trip to an adventure park, until the Autumn of this year.

Our July Beach Gala will take on a slightly different format, but we are planning the full August Bank Holiday Regatta experience.

Details of our 2022 Polruan-in-Bloom and Scarecrow competitions can be found elsewhere in this magazine.

Our next events will take place as part of the Queen's Platinum Jubilee celebrations. There will be a sandcastle competition on Thursday,

2 June. On the morning of Friday, 3 June we will be choosing our royalty for 2022-2023 and this will be followed by entertainment from Higher Beings. In the afternoon there will be a tea treat for the children and in the evening a disco before the firework display.

More details will be on the Platinum Jubilee pages.

Lynn Bartlett on 01726 870536, <u>lbart49738@aol.com;</u> or Joanna Sandy on 01726 870671, <u>jsandy8311@btinternet.com</u>

# Flower Quiz Answers from Anne Allan

Aster Polyanthus Crocus Daĥlia Daffodil Viola Honesty Lupin Sweetpea Holyhock Tulip Hyancioth Stock Verbena Wallflowers Alyssum Narcissus Marigold Azalea Phlox Geranium Gladiolus Lobelia Chrysanthemum Carnation

#### Polruan community shop update

from Gini Ainley, Secretary Polruan Community Shop Ltd (CBS)

A Public meeting was held on Friday, 4 March 2022 and was well attended with nearly 50 representatives and some very useful questions and discussions were had. The full presentation can be viewed on our Facebook Page 'Polruan Community Shop Initiative'.

The Market survey of over 300 respondents showed overwhelming support for a community shop with 87% saying the shop was 'very important'. The survey also provided some useful information of the types of services the community would like going forward and has helped us form an initial vision for our community shop 'Providing for Polruan, Open for the Community'

The Community Benefit Society (CBS) 'Polruan Community Shop Ltd' has been set up and registered with the FCA. A Management Committee of six representatives has been appointed and is being assisted by several advisors covering funding, marketing, retail etc. We have also formed a Community Consultation Group (CCG) of individuals to represent key members of the community, to help guide the development of the shop as we work on our business plan and marketing strategy. If you are interested in getting involved the please contact Gini.ainley@sky. com, (07753 384615).

Funding for the shop initiative is going well and we have received 85 pledges for shares and donations totalling £120,500 on top of the £24,600 raised for Seed funding from which only £1,940 has been spent to date - thank you! However, we still need more shareholders even if just at the £50 level to prove to the grant funders that we have widespread support. Assuming we can achieve some grant funding there should be sufficient funds for the CBS to cover the purchase of the 'shop element' of the property based on our independent valuation and make some initial investment into refurbishment. However, we also need to cover additional costs for the works required to separate the shop from the residential element, currently estimated at least £35,000.

A cost to the community to ensure we have our shop in the long term!

In the past the current shop owner has been clear that the sale of the entire property in one package was the only way forward. Therefore, the CBS focus has been to purchase the shop and to find a partner to purchase the residential element - 'maisonette' – with the partnership representing the key to securing the shop for the community. We have been fortunate to find a 'consortium' of six local individuals prepared to make pledges to collectively purchase the maisonette. The consortium is philanthropic and driven by a desire to ensure the continuity of the shop and represent some of the largest donors to our initiative.

Given the investment risks and their need to recoup costs, the consortium is not prepared to bid over our independent valuation of the property which results in a combined offer for the Shop and Maisonette below the level of the asking price of £495,000. The CBS in partnership with the consortium has made two offers for the combined maisonette and shop based on this valuation and both offers have been declined.

However, the good news is that the CBS has again approached the vendor with an offer buy a long-term leasehold (999 years) of the shop as a separate entity in its own right and cover all the separation costs. This would allow the vendor more flexibility in timing of handing over an ongoing business, finding a new property and moving out. The offer is now being considered and we hope it can be viewed as a win:win for both the community and the current vendor.

As we go to press, we have been informed an independent offer of an acceptable level for the entire property has just been received, and we understand the potential buyer intends to continue to run the shop. The CBS will be on standby and ready to continue negotiations should the offer not come to fruition. For the time being, we will pause activities and hope this is a positive development for both the vendor and the village.

# citizens advice

#### Cornwall

## Plans for New Liskeard Easter Fayre Revealed

from Tamsin Chapman-Gunner

Citizens Advice Cornwall is holding a fundraising Easter Fayre in Liskeard and calling on local businesses and stallholders to join in.

The event takes place at the Liskerett Centre on Sunday, 10 April. Stalls are £25 with all profits going to the charity.

CA Cornwall Community Fundraising Manager, Tamsin Chapman Gunner, said:

"We are delighted to be hosting physical events again and look forward to seeing lots of people there on the day. As with most charities, the last few years have been tough, so I'm really looking forward to being out and about in the community again".

The event will include an Easter egg hunt, children's activities and advice and information on a wide range of subjects.

For more information or to book a stall please email tamsin@citizensadvicecornwall.org.uk or call 07549-087438

Citizens Advice Cornwall is a charity providing free, independent and confidential advice on a wide range of subjects for everyone in the community. Our vital services include advice on welfare benefits, debt, housing, relationship issues, employment and redundancy, consumer, legal issues and more.

Last year Citizens Advice helped almost 9,000 people in Cornwall and the Isles of Scilly writing-off debt worth a total of £1.1 million and gaining income worth £7.4 million.

# A note from Polruan Theatre Club

It was wonderful to hear the buzz of an audience again at our re-awakening after the past two years.

Many thanks to all those who rehearsed through uncertain times and to everyone who helped in any way to make this production a success.

And finally we were saddened to hear of the death of Peter Cummings recently, he together with his wife, was a great asset to the club and was very skilled at making some wonderful and unusual props! Our sincere sympathies to his sister Pat.



Liskerett Community Centre, Liskeard, PL14 4AP Sunday April 10th 2022 11am to 3pm Craft and Gift Stalls Easter Egg Hunt





Do you have a child or look after a child under 5?

Pop along to Polruan WI Hall on Wednesday mornings 9:30-11:30, term time only.

Refreshments for all.

Session fee: £2 per child; £1 per additional child.

All welcome.

For more information follow our facebook page

or email us babytoddpol186061@yahoo.com



## Nothing to do in Polruan? Oh yes, there is!!

from Vicky Halls



On the Thursday, 24 February I was privileged to witness the long-awaited return of the Polruan Theatre Club presenting their Pantomime, Sleeping Beauty.

Sleeping Beauty is a classic fairy tale and great story in itself but, add in the Prime Minister of this particular kingdom (uncannily like our present incumbent), his political advisors and a biker chick fairy dressed in a tutu, leather jacket and helmet who seems fine with flying but struggles with landing, and the opportunity for fun goes to another level.

This was my first experience of a Polruan Theatre Club production, but I am a veteran viewer of all kinds of pantos and this was, without doubt, the funniest, most entertaining one I have seen. The songs were a mix of original pieces from the musical director, Lorraine Forsdick, popular tunes and cleverly reworked lyrics of operatic classics such as 'Modern Major General' (sung at speed by Jonathan Rashleigh) and 'Three little maids (in this case, fairies) from school' sung by Hallie Wilcock, Shannon Williams and Sue Sainsbury.



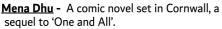
When the cast were not singing they were delivering the clever lines (from the pen of Tony Cottrell, writer and director) that gave the audience a constant stream of comedy to appeal to all tastes with everything from political satire to the obligatory fart joke. Every performer, young and not so young, shone on that stage and it is hard to pick favourites, but special mention has to go to Sue Sainsbury playing The Fairy Merryweather, whose comic timing, facial expressions and general stage presence was incredible. Henry Rowe playing The Prime Minister Horace, gave an impeccable performance full of BoJo bumbling (aided by an equally stunning performance by his wig) and Andrew Kelly (AK) as The Nanny made me laugh out loud with his delivery and visual comedy despite being in terrible pain with a bad back. A big round of applause also for Tessa Skola who played the Evil Fairy with theatrical malevolence, yet the performance was so nuanced I was booing and hissing one minute and feeling sorry for her the next, as she lamented that she'd made some bad decisions in life and wasn't entirely happy being that evil. Her rendition of Defying Gravity from 'Wicked' was astounding and I found myself quite moved by the emotion she packed into it – it is an incredibly hard song to sing (based on my own private singalong version) so hats off to Tessa.



If I had to pick a favourite moment it has to be Rob Slack's portrayal of the Job Centre Official, which I can only describe as an hilarious yet unlikely mash up of 'Are you being served' and 'Little Britain'. The scene also included a brilliantly clever tribute to the Full Monty's classic Job Centre queue dance, I just didn't see it coming!

Congratulations to the Polruan Theatre Club, a fantastic night out without leaving the village – what's not to like?!

#### Two new books by Tony Cottrell



Fowey River Writings - A collection of verse and short stories, almost all based around the river, including local love story (The Tristan and Yseul Legend) and the 'Ballad of the Boys' School Strike', the true story of when the boys of Polruan went on strike.





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Lian, Rach, Susanne, Ang, Kev, Chrissy and Kev.



Steering Group Contact details:

Mrs Lynn Bartlett BEM 01726 870536 email lbart49738@aol.com Mrs Joanna Sandy (secretary) 01726 870671 Email jsandy8311@btinternet.com Mr Malcolm Dodd (treasurer) 01726 870100 email malcolm@polruan-regatta.co.uk

#### **Sandcastle Competition**

The Regatta Committee will be running a family sandcastle competition on Thursday, 2 June on front beach, starting at 12.30pm.

There are few rules, just make sure:

- Half of your group consist of children under 16 years.
- And that your creative flare produces *castles only,* no sculptures.

#### **Jubilee Beacon Fire**

The United Kingdom has a long tradition of celebrating Royal Jubilees, Weddings and Coronations with the lighting of beacons and we will once again be joining this tradition on Thursday, 2 June at 9.45pm. Our beacon will be lit in the field above Penleath Point, by kind permission of Mr and Mrs G Shakerley. The beacon will be built and lit by Andy and Ruby of The National Trust. The field will not be open to the public. Donations of wood are gratefully received as we aim to create a larger beacon than that in 2012! Please contact Lynn Bartlett.

# Choosing of the Carnival Royalty

The Polruan Regatta and Children's Sports Committee will be holding the annual choosing of their *Carnival Royalty* on Friday, 3 June in the morning. There will be entertainment provided by *Higher Beings*, stilt walking and circus skills.

# Celebration Tea Party (this is a ticketed event)

The Jubilee Celebration Tea Party will be held on Friday, 3 June at 3pm on the Old Coal Wharf. To assist with catering and ensure there is plenty for all, a ticket system will be in place for both adults and children.

The children will be given their tea in a food box. Adults will be served their tea at tables.

Tickets, free of charge, will be available from the Winkle Picker from Saturday, 7 May. For those living in Bodinnick, Whitecross, Highway and Mixtow, tickets will be available at the Local Produce Market on Saturday, 7 May or by contacting Margaret Shakerley

## The Queen's Platinum Jubilee

from the steering group

(01726 870310) or Jane Wakeham (01726 870036).

Visitors to the Parish are welcome to join us, but they too must have a ticket.

#### **Sparkling Pyrotechnics**

On Friday, 3 June, Celebration Pyrotechnics will be presenting a spectacular firework display, from a pontoon, moored a measured distance from Polruan Quay. The fireworks will start at 2200 hours. We hope that by giving pet owners fair warning they will be able to make the necessary arrangements to keep their pets indoors and calm. Our thanks to C. Toms & Son, Captain Paul Thomas and the Fowey Harbour Commissioners for their co-operation.

# Restricted Parking Notice

Please note that Polruan Quay will be closed to all vehicles from midnight on Thursday, 2 June until 1900 hours on Friday, 3 June.

# Community Bus Information

Lanteglos Community Bus will run during the four days for the music events and tea party, within Polruan and Bodinnick, Whitecross and Highway.

## Platinum Jubilee Celebrations at Whitecross Village Hall

As part of the Queen's Platinum Jubilee celebrations for our parish, there will be a Platinum Jubilee Market on *Saturday*, *4 June*, when we shall be serving cream teas to mark the occasion. There will be a 1950s atmosphere with the opportunity to purchase local produce from all our stall holders as usual.

On *Sunday, 5 June,* people are invited to share friendship, food and fun with neighbours as part of the national Platinum Jubilee celebrations. Therefore, at Whitecross, we would like to invite members of our community to join us for a big picnic at 12.30pm. We will provide the location and serve teas and coffees while you bring your family, neighbours, a picnic and some outdoor seating for a good old fashioned get together. We hope to see many of you there.

At Whitecross, we have also accepted the invitation to 'Plant a tree for the Jubilee' and recently planted a Rowan and a Field Maple in the grounds at our Hall as part of the 'Queen's Green Canopy' initiative. These trees will provide a lasting reminder of such a special occasion.

#### **National Church Service**

The Church of England will be holding a National Church Service to give thanks for the long reign of our Queen, Elizabeth II. This will be held at St Wyllow, Lanteglos-by-Fowey on Sunday, 5 June at 11am.

#### The Big Jubilee Lunch

For the last two years we have been restricted on socialising with family, friends and neighbours. The Platinum Jubilee celebrations will give a way to reconnect whilst we celebrate a long life of service given to this country and the Commonwealth by Her Majesty, Queen Elizabeth II.

Lunch time on Sunday, 5 June gives a window of opportunity to get together with neighbours, share friendship, food and fun.

# Memorabilia and Flowers

St Saviour Church will not only host the Flower Festival, but there will also be a display of royal memorabilia relating to past Jubilee celebrations, both in the Parish and nationally, and of Her Majesty's Coronation.

The church will be open over the four days, from 10am to 4pm, with the exception of Friday when it will close at 2pm to allow everyone to enjoy the tea party.

Contacts for the exhibition are Lorraine Dean, Diane Trout and Jane Wakeham.

#### **Jubilee Music**

Over the four days, we have bands for all music tastes. This will begin on:

*Thursday,* 2<sup>nd</sup> (from 8pm): Cornwall's Company B, a jump jive band. They have built a reputation as one of the most entertaining acts in the South-West.

*Friday,* 3<sup>rd</sup>: Swingology will play during the tea party. They are a vintage swing band, providing hot, seductive, romantic and fiery Parisian swing.

A disco provided by Leon of DJ Services Cornwall will play from 7pm.

*Saturday, 4th*: The Countrymen, the ever popular Cornish Rock Harmony play from 7.30pm.

*Sunday, 5<sup>th</sup>*: The Good Old Fashioned Lover Boys, a professional Queen Tribute Band will close our four day community celebrations and will play from 7.30pm.

They will all play on the Old Coal Wharf; we envisage it will be noisy but with consideration to neighbouring properties, all music will finish no later than 10.30pm

All these groups are on social media and have web pages for more information.



Street party is 2002, Golden Jubilee

## 2 to 5 June 2022





Diamond scarecrow 2012



Flower festival 2012 arrangements Fire Brigade (above) and allotment (right)



## Polruan Royalty Scarecrow Competition

Our scarecrow competition is earlier this year to coincide with the Platinum Jubilee Celebrations. In recent years there have been amazing entries and they are always much appreciated by residents and visitors alike. So, we look forward to our Scarecrows for 2022.

Our theme this year is 'Royalty'. As usual there will be two classes of entry: private households and organisations/businesses/groups.

Who can enter? Anyone living in or visiting our Parish is welcome to enter.

Entry forms will be available from the Winkle Picker from Friday, 25 March 2022.

How do I enter? Deliver or post your completed entry to The Winkle Picker, The Quay Polruan.

Entries to be received by 12 noon on Friday 27 May 2022. This will allow for a scarecrow route map to be produced. However, we will be allowing for late entries.

What are the rules for making my scarecrow?

- Your scarecrow must be made from scratch.
- Your scarecrow should be a maximum height of 2m, there's no minimum height.
- You may use props and/or accessories to enhance your scarecrow, no minimum height.
- Please ensure your scarecrow is securely anchored and clearly visible.
- Have fun but treat the subject with respect. Inappropriate entries will be excluded.

Scarecrows must be in place by 10 am on Wednesday, 1 June 2022 in order to be judged by the weekend. The judge's decision is final.

It would be great if they could stay in place as long as possible as we know people love to see them.

The winners will be publicised as soon as practical after judging. The perpetual Queen Elizabeth Diamond Jubilee Trophies will be presented to the winners (details to be advised).





One of the Silver Jubilee arches over Quay Hill in 1935 George V and Queen Mary.



Businesses, organisations, families and individuals are invited to join in our *Platinum Jubilee Flower Festival* in St Saviour Church from Thursday, 2 to Sunday, 5 June. Flower arrangements can be on the theme of Jubilee or be an expression of your business, organisation or family's interests, or a combination of these themes.

The flower arrangements need to be in place by the late afternoon of Wednesday, 1 June and the *Flower Festival* will be open from 10am to 4pm each day (10am – 2pm on Friday, 3 June). There will be light refreshments available.

If you are able to offer a couple of hours for a stewarding shift at the Flower Festival and accompanying Exhibition of Memorabilia (please see separate article), contact Kathryn.

If you would like to take part and have not had an entry form, or if you have any questions, please contact Kathryn: kathrynehill39@gmail.com / 01726 870953/ 39 Fore Street, Polruan. Or cut out and fill in the form below. Entries to Kathryn by Sunday, 1 May. Thank you.



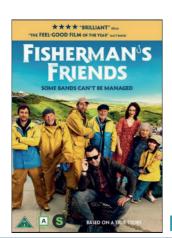




We are pleased to report that the film club is going well. We have listened to feedback and all screenings will have an intermission. Tickets can be ordered and paid for online and drinks and snacks can be pre-ordered for the start of the film as well as for the intermission. If you have any film suggestions that you would like to see please contact us with your ideas.

In the meantime, we will be showing Fisherman's Friends on Saturday, 30 April at 1900 (doors open at 1800). The sequel to this film is due to be released soon so this seemed a good time to recap on the original.

There will be no film in May but we will be celebrating the Queen's Platinum Jubilee with A Right Royal Night Out on Saturday, 4 June at 1400 (doors open at 1300) – the story of one perfect evening in the lives of Elizabeth and Margaret Windsor.



#### **Pricing structure:**

Adults – members £4.00 non-members £6.00

Youth (12-15) - members £2.00 non-members £3.00

Under 12 - £1.00

Membership runs for one year and enables members to attend films at all CFylm clubs.









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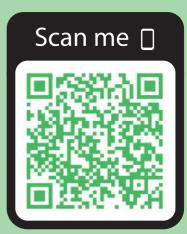




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# The first Saturday of every month 10am-1pm, at Whitecross Village Hall

Dates for your diary: Saturday 2<sup>nd</sup> April, Saturday 7<sup>th</sup> May, Saturday 4<sup>th</sup> June

#### **Platinum Jubilee Market**

Advance notice that our June market, on Saturday 4th June, will be have a celebratory feel to it, in honour of the Platinum Jubilee of Her Majesty the Queen. We'll be serving cream teas, and there'll be a festive 1950s atmosphere – feel free to dress up if you'd like to!

#### The power of the Parish News...

Last time in this article we appealed for any community-spirited builders who could volunteer to help build a structure outside the village hall to give shelter to market stalls and tea tables. And who should be reading it but the Herberts of Ring o'Bells at Pont. They immediately offered their time and expertise free of charge, for the benefit of Whitecross village hall and for the flourishing future of the market. We're so grateful – thank you Steve and Shanie!

**Community buses** run to the market from Fowey and Polruan. The Lanteglos bus (from Polruan) could do with more passengers – so why not leave your car at home? It's the cheapest, easiest and friendliest way to get to Whitecross.

What fabulous local produce will you find at the market this spring?

- Fresh fish and shellfish
- Goat meat, pies, Scotch eggs, jams and preserves, goat's milk soaps
- Dexter beef joints, steaks and mince
- Seasonal vegetables and plants
- Rare-breed pork, gammon, bacon, sausages, hogs pudding, chicken, lamb and hand-raised pies
- Small batch hand-roasted coffee
- Bread, pies, quiches, Cornish cheeses, chocolates, biscuits and cordials
- Homemade cakes, brownies, tiffin and tarts
- Milk, cream and butter, honey, juices, eggs (and the chance to sign up for your local milk round)
- Home-distilled vodka, negroni, rum and the famed pink peppercorn gin
- Ice cream (flavours including banana, vanilla, Turkish delight, chocolate and strawberry)
- Handmade cards for all occasions
- Handmade skincare, soaps and candles

As always, freshly cooked Liddicoats pasties (steak or cheese & onion) are on sale in the hall kitchen. Outside you can buy teas, coffees, hot chocolates and Gibsons ice creams from our 'Brew with a View' hut.

And your Cornwall Councillor, Edwina Hannaford, is usually at the market – pop into the back room of the hall for an informal chat with her.

Hope to see you soon.

Facebook.com/whitecrosslocalmarket Email: <a href="mailto:whitecrosslocalmarket@gmail.com">whitecrosslocalmarket@gmail.com</a>

Tel: Liz on 01503 261582



The Talling family's vegetables and plants, grown at Lanteglos Highway



Spirits in distinctive recycled bottles, distilled at the Old Ferry Inn



Goat's milk soaps handmade by Helen from Coppergon Farm

All photos by Charlotte Kettle

## News from Frogmore Farm

#### from Gill Palmer

Re-wilding of the British countryside sounds wonderful, but is it? I think the powers that be should have a serious re-think. The recent horrors in Ukraine have shown us that it's not good to rely on other countries for our basic needs. Ukraine is known as the bread basket of Europe, exporting top quality wheat to many countries. What has happened to these crops? Has it all been destroyed.

British farming is very environmentally friendly, among the best in the world, yet we are only sixty per cent self sufficient in food production. Why take away more land from food production?

We have had some exciting things happening on the farm. Top of the list is the birth of baby, Stanley Thomas Palmer, a gift to us from Sophie and Ben. It's so exciting to have two little Great grandsons that may grow up to follow the family into farming.

There have been lots of births on the farm this Spring starting with the lambs. On 23 January, The Rev Richard held a service to bless the pregnant ewes and the lambs. This was held in the lambing shed. We were expecting about thirty five people to turn up and were quite amazed when over a hundred arrived.



It was lovely to see so many children and I'm sure they had a wonderful time. The service had just ended when a ewe began lambing. She was put in a little pen so everyone could watch Lorna assist her to give birth to two beautiful lambs. Always a miracle to me. [By Ed. More pictures on page 6].

The two bulls, Fergie and Hank, watched everyone as they came into the yard, the children couldn't believe how big they were. There was a great interest in the bulls nose rings. There were a few new calves to be seen in the cow sheds. The children spent ages feeding the cows handfuls of silage. It was a lovely afternoon.

Things don't always go to plan, indeed they can go very wrong. We were in the middle of yet another TB test. We were about half way through when a cow got into difficulties calving. Ben went to help her and we continued with the test. A few minutes later Ben needed help. It was really lucky that a vet was at the farm. The cow, with help delivered her calf and then prolapsed.

That means her uterus or womb followed the calf out of her body. That is a very serious problem. It took the vet, Simon and Ben ages to put it back and Fiona the vet stitched it in place. She then needed a change of clothes before she could continue the test. The mother and baby were reunited and have gone from strength to strength. The TB test however was bad news. One beautiful cow was deemed to be a reactor and although heavily pregnant had to be culled.

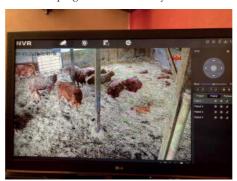


The two grumpy pigs, Lily and Molly, are lucky to be alive. They have always been escape artists. As piglets they always wanted to live with the calves. One afternoon they made a big mistake. Somehow they managed to squeeze out of their pen and into the cow shed. Lorna and Ben heard a terrible noise. Cows roaring and pigs screaming. They ran into the yard. The cows were trying to protect their babies. They were head butting the pigs and trying to stamp on them. Ben managed to separate the pigs from the cows and peace was restored once again. One pig in particular was really stamped on and was quite badly bruised but pigs are really tough and thankfully no real damage was done. They are now in what we hope is an escape proof pen where they will stay until they return to the fields in the warmer weather.

The yard cameras have been installed and they are brilliant. There are four of them. One spans the farm entrance and outer yard. One is in the lambing house and two cover the cattle sheds. The pictures can be seen on mobile phones and also on computers and televisions. They are so clear even ear tags can be read. You can control the camera angles and also zoom in to check individual animals. Cows can be watched from the house, brilliant on a cold wet night.

Left to it's own devices the cameras slowly circle around and all the images are recorded and saved for sixty days. Watching the calves running and playing in the sheds as the cows lie peacefully chewing their cuds is much better than watching normal TV.

We are hoping for some mild dry weather in



April when the cattle can be returned to the fields. That is a very exciting day. The animals jump for joy as they smell the new grass.

At the moment we are waiting for some dry weather, there are still fields to be ploughed before the Spring corn can be tilled. Last year at this time everything was planted and starting to grow. Each year is different. Everything is weather dependant we can't change it we just have to work with it and hope for the best.





Following the success of local author Tim Bagshaw's This Sacred Land: The Return of the Prince, the first in the Chronicle of the Dewnan series, his highly anticipated sequel, This Sacred Land: Fight for Freedom is welcome news

for fans of historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.

Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. This Sacred Land, Parts 1 and 2 combine myth and reality in this must-read series.

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: <a href="https://www.twitter.com/@bagshaw\_tim">www.twitter.com/@bagshaw\_tim</a> and <a href="https://www.facebook.com/dewnanchronicle">www.facebook.com/dewnanchronicle</a>



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.

#### **Lanteglos-by-Fowey Parish Council April 2022**

from Gillian Thompson, Clerk; Lanteglos by Fowey Parish Council

#### **Parish Council Report**

#### **Fore Street Drains**

Mr Will Glassup, Highways had provided an update concerning the drains in Polruan. He advised the topographical survey had been completed, together with the ground penetrating radar survey and current drainage CCTV survey (awaiting results of this). Highways Design Team will then interpret the data and survey results and then will be able to offer an update on the next steps.

#### Road Signage on Fore Street

Cllr. Pyke, PCSO Cocks, Mr Will Glassup, Highways and County Cllr. Hannaford had met on site to consider options. It was agreed the signage and restriction notices for traffic in Polruan requires rationalisation. There is duplication, lack of clarity and in some instances too much information for drivers to absorb. Mr Glassup will review the signage from the top of the hill as you enter the village and will provide a strategic sign plan. This plan will then be given to the PC for funding allocation. Cllr Pyke had briefed Mr Robin Sainsbury, Polruan Town Trust.

#### **Community Speed Watch**

Cllr. Talling had attended a community speed watch session and advised the February meeting that he thought the scheme would be useful in Polruan and Bodinnick and could be useful in gathering evidence of speeding that occurs through Lanteglos Highway. PCSO Steve Cocks is leading on this initiative. If you feel you would like to assist please contact him direct on Stephen.COCKS@devonandcornwall.pnn.police.uk.

#### **Bullying and Harassment Statement**

Members resolved to adopt the Civility and Respect Working Group's suggested wording. A copy is available on the Parish Council's website.

#### 2022/23 Budget

Members considered their budgetary requirements at their January meeting and resolved to set the precept (the Parish Council's share of the household rates) at £46,545 for 2022/23.

#### **Social Housing Policy**

This Parish Council has written and adopted its own Social Housing Policy – a copy of which can be found on our website. Other Parish and Town Councils have been invited to adopt / amend the policy themselves.

#### **Dispensing Services Polruan**

Members have agreed to write to NHS England to ask for clarification of the historic rights under which the surgery dispenses and whether Polruan and Bodinnick are a Reserved Locality, and if not why not; Members have also agreed to write to Fowey River Practice asking a number of questions.



#### **Parish Council Meetings**

The Parish Council have now returned to face-to-face meetings. Members of the public are warmly invited to attend but are asked to contact the Clerk beforehand, as numbers may be limited due to continued pandemic concerns.

#### **Planning Applications**

PA21/12445, 2 Providence Place Tinkers Hill Polruan – proposed Landscaping to 2 Providence Place. Members had no objection.

PA22/00237, Bryn-Y-Mor 3 Chapel Lane Polruan – conversion of loft space to create new first floor, raising the ridge by 1.7m and installing new roof with dormer windows. Upgrading of conservatory, alterations to ground floor layout and reconfiguration of windows. Re-building of workshop in garden and addition of bathroom to existing studio. Gardens to be landscaped. Cllrs. Ainley, Clare-Dunbavand and Goddard left the meeting whilst the application was discussed. Members had no objection.

PA22/00550, Penhaven 9 East Street Polruan – Listed Building Consent for proposed single storey extension to rear elevation to provide wet room. Cllr. Clare-Dunbavand left the meeting whilst the application was discussed. Members had no objection.

*PA22/00605, 72 Fore Street Polruan* – proposed garage. Members had no objection.

PA22/01052, Hall Walk Cottage Old Road Bodinnick – works to trees in a conservation area, works to include T1 (Ash) - fell and replant with a Sessile Oak standard and T2 (Ash) - fell and replant with a Sessile Oak standard. Members had no objection

PA22/01057, The Old Vicarage 2 Battery Lane Polruan – the erection of a potting shed in the walled vegetable garden on the south side of the site. Members had no objection

PA22/01467, Penmarlam Caravan and Camping Park – application for a Lawful Development Certificate for a Proposed use of site for static caravans for all year round human habitation. Members made no comment

## Planning Applications Approved by Cornwall Council

*PA21/09226, 47 Fore Street Polruan* – proposed extension and re-modelling.

PA21/09591, 3 Providence Place Tinkers Hill Polruan – proposed Landscaping to 3 Providence Place

PA21/09145, 5 Florizel Fore Street Polruan – retention and completion of installation of patio doors and glazed Juliet balcony on first floor, alteration to boundary walls and construction of patio and decked area in garden

*PA21/11585, Pendower House Lanteglos* – conversion of outbuilding to one-bedroom holiday home with amenity space

PA21/12445, 2 Providence Place Tinkers Hill Polruan – proposed Landscaping to 2 Providence Place

| Useful numbers     |   |                             |  |
|--------------------|---|-----------------------------|--|
|                    | Emergency - not life<br>threatening   | 111                         |  |
| •                  | Fowey River Practice  | 01726 829272                |  |
|                    | Boots Chemist, Fowey  | 01726 833332                |  |
|                    | Polruan Village Store   | 01726 870477                |  |
|                    | Winkle Picker Post Office<br>and shop   | 01726 870134                |  |
| CUPA               | Crumpets bakery   | 07890 602813                |  |
| <b>63</b>          | Jam First Coffee shop   | 07875 293364                |  |
| Ħ                  | The Russell Inn   | 01726 870707                |  |
|                    | The Lugger Inn  | 01726 870567                |  |
|                    | Travel Cornwall Bus service   |                             |  |
| ( <del></del>      | Polruan Community Bus   | 01726 870707                |  |
| citizens<br>advice | Citizen's Advice, St Austell  | 0344 411<br>1444            |  |
|                    | Lanteglos by Fowey Parish<br>Council  | 01726 884024                |  |
| gov.uk             | John Adams, Chair of<br>Parish Councillor   |                             |  |
| ,                  | Edwina Hannaford, County<br>Councillor  | 01503 264160<br>07717203725 |  |
| int.               | Trelawny Benefice<br>Administrator  | 07399 563440                |  |
| ,.                 | The Foodbank, Liskeard and Looe   |                             |  |
| رظيا               | The Trussell Trust  | 07512 011452                |  |
| "                  | Anyone needing any assistance can message<br>Polruan Isolation page - this will be seen<br>by the administrator who will maintain<br>discretion |                             |  |



discretion.

#### **Our Easter-tide**

#### by the late Mavis Cocks

We all hoped for nice weather over the Easter. It was usually when the men began their gardening in earnest and lots of local customs were observed. Good Friday was Winkling Day. My father, then Ken my husband and later also Godfrey my son, always went up to Cairn Beach and other such places to get the winkles. They were usually gathered using buckets. I wouldn't like to say how many buckets of winkles I've cooked in my time and the number of hours spent with a pin picking them out of the shells. There were always plenty of friends and relations waiting to buy some and this was one way children could earn pocket money.

Mr Parsons, the local baker, made the most lovely hot X buns and he allowed some of the older boys and girls to take orders from the villagers for these. I think he used to pay 3d for each dozen or so ordered and delivered early Good Friday morning while still hot and I can remember doing this and we got to know where windows or doors would be left open plus of course the money for the buns. Mr Parsons would give us a nice hot X bun for ourselves when we finished the deliveries and that bun tasted like Nectar.

Easter Sunday was for Church and Chapel and all three services were well attended. Almost all local people – we saw very few visitors at that time, but as always the singing was beautiful.

I can't remember having much in the way of bought Easter eggs but we did have faces drawn on our Easter Sunday boiled eggs and the shells dyed in different shades. We didn't buy Easter cards either. In fact, I don't think such cards for just Easter were in the shops at that time. We drew our Easter chicks and bunnies on bits of card and of course we were delighted to pick our first little posies of Spring flowers for our Mums.

Our Easter holiday from school was just the long week-end. That was from the Thursday at closing time till 9 o'clock the Tuesday morning. We felt then that Spring had really come and so Summer was not so very far away.

### **Nostalgic Jubilees**

by the late Mavis Cocks



The late Mavis Cocks recorded her memories of the 1935 & 1977 Jubilees for the Lanteglos Parish News in April 2002.

Nostalgia indeed. In 1935 for the Jubilee of King George V and Queen Mary, I was one of the five 'village maidens' chosen to rep¬resent Polruan for the Silver Jubilee. Using maiden names, we were - Veronica Jacobs (Miss Jubilee), Carmen Hunking, Ina Peard, Audrey Cocks and myself, then Mavis Tomlin. We had a wonderful time. I was 19 years old and we were all young and carefree.

Polruan had never looked as it did then. The magnificent arches, banners, bunting, and flags on the water as well as ashore. The weather was perfect. We were taken to St Wyllow and back in a beautifully decorated wagon and the atmosphere was magical. The village women, as always, provided masses of scrumptious food and drink for the outdoor feasts, the dances and the sports events.

Among the organisers were Capt. and Mrs Hill (Kathryn's grandparents) and Mr Rix of West Street. My father was one of the many helpers. It was the work of the men to see to the building and lighting of the beacon. My souvenir photo shows us clustered near it On a sombre note many in the photo are gone and sadly I am the only one left of the five 'maidens'. We weren't given mugs - these the children had- but we were presented with our Jubilee brooches. I still have mine. I am so proud of it and would not have missed that wonderful time for anything.

I was a widow by the time of our present Queen's Silver Jubilee. I was crossing to Fowey to work in David Moss' newsagent shop (formerly W. H. Smith), so enjoyed the 'goings on' both sides of the river. Polruan was just as decorative and festive as in 1935 with the feasts, school activities and dances etc. Fowey was equally decorative with stalls in the street before the Church and people everywhere. I will point out one big difference - in 1935, all were locals - in 1977, there were just as many visitors as locals, the result of Cornwall being 'opened up' after World War II. The shop did a good trade in souvenir books, mugs, plaques and cards etc. The staff were given souvenir pens which I still have. I also have a mug and a beautiful plate. Wonderful memories.



#### What to do if you test positive for Covid



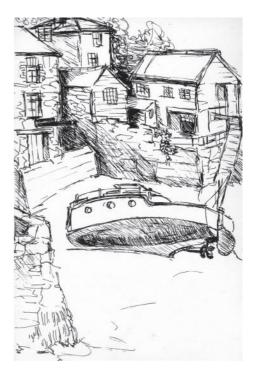
 Covid-19 is attl with us, so its important that we all go un doing ample things to protect our families and communities – particularly those at the greatest risk of severe lineas.

If you less possible, here's what you should do if you can

- . Day at home and accel contact with others.
- FigSow the labest government guidance for people who test positive, evaluate by lighter the true facilities before
- Was should not affect each while
- You of mutal not attend seek when you are positive if you can seek it talk to you wrightness about what options are available.
- Acot triding provincing your form and sancer routine medical or de-
- appointments

   The property year for must with property about your condition had maked on their con-
- the right guidance
- If you do have to leave ferms, wear a fairs covering, aloy at least two metres of fears others and avoid contest with those at high risk from Covid.





#### **Higher Windmill Allotments**

#### from Brian Cook

After a wet and windy couple of months, the sun is shining and we have a good week ahead of us. It must be gardening time again. Some of us have been slowly preparing through this last period, but it hasn't been fun gardening in gales and storms.

We now have the conditions to sow seeds and must finish off the preparation of our seed beds. We recently had delivery of a fresh load of manure and will be digging in this essential source of goodness.

Virtually all of last year's produce has now gone. Some of the last were parsnips, sprouts, broccoli and cauliflowers. Already new season rhubarb is popping up through the manure that was put on it during the winter. Some of us sowed broad beans and onions before the winter and these should be early produce.

We are really pleased to welcome the village school as allotment holders. The society offered the school a plot and we are looking forward to our young people benefiting from tilling it over in the months and years ahead. Most children enjoy watching their own plants develop and eating the produce. We expect them to get quite a lot out of gardening.

An important development for the society has been the reopening of Gypsy Lane as a private access to the allotments. This was achieved through the efforts of members with the help of residents and councillors. Gypsy Lane provides a direct pedestrian route from the village and its reopening is very welcome to all allotment holders. The lane had been blocked by brambles and other vegetation for many years; this has now been cleared by working parties and a gate erected across its entrance. The surface of the lane has yet to be improved and fences erected to finish the job.

Another development in the allotments is the wildlife area with its pond. This is progressing and we are looking forward to seeing what fauna comes to join us this season.

If you think of having an allotment or part of one, the waiting list is short. Have a word with our chairman Des Libby. He will be happy to show you around.

# WHITECROSS & DISTRICT GARDENING CLUB

The April meeting will be held in Whitecross Village Hall at 7.30pm on Thursday, 21 April — doors open from 7pm — when we shall be hearing Trevor Wiltshire speak on "Botanising in Turkey". Trevor spent many years overseeing the Alpine House at RHS Wisley.

We are all delighted that our Plant Sale and Cream Teas will return this year on Saturday 21st May at 2.30pm — 4.30pm. Please bring any plant donations to the Hall by 12 noon on the day.

New members are always welcome Please telephone Sue Watts on 01208 871513





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O7813 5O874O/ O1872 53O715

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Treatment of corns, callus and other skin conditions.

Diabetic and high risk foot management.

Biomechanical assessments and orthotics.

Footcare and footwear advice.

Julie Moutinho DPodM MCPod

kegnerea roalalini



#### In the garden

# The top three must do Gardening jobs for April

Spring is here and the garden is waking from its winter slumber. Bulbs should be in full flow, their bright flowers enough to cheer up any dull day. Time to get started on that lawn for a lush green carpet all year long.

#### **Support Climbers**

Climbing plants will start to grow rapidly now, so make sure they have enough support for new growth. Extend your trellis or add more wire to arches and tripods as necessary. Gently encourage new shoots sideways as they grow – this will encourage flowering over the whole plant not just the tips.



#### **Maintain Spring Bulbs**

Daffodils and Hyacinths will have finished now. Remove the dead heads but leave the leaves to wilt as this provides the bulb with food for flowing next year. Tulips will be on their way through, so make sure they have enough water. This will ensure they develop straight stems and large flowers, giving a fabulous display.



#### Care for your Lawn

The lawn will need regular mowing from now until Autumn, so make sure your mower is serviced. Keep the edges of the lawn tidy and feed after mowing to give it a good start. If you have a problem with moss, use a Spring lawn fertiliser with moss killer included.



# The top three must do Gardening jobs in May

Spring is well under way and it's a busy time in the garden. Spring bulbs are making way for the buds of summer flowers, filled with promise of colour to come.

#### Plant summer bedding



This is the month to get summer bedding plants started in containers and borders. Remember to place pots in their final positions, as they'll be heavy to move, and use moisture retaining crystals to help reduce watering. Feed with fertiliser during the flowering period.

#### **Prune Spring Flowering Shrubs**



Prune any shrubs that flowered in Spring as soon as flowering finishes. Broom, Forsythia and Flowing Currant (Ribes) all need pruning now. Cut off any dead and damaged stems and then remove about a third of the oldest flowering stems. This will rejuvenate the plant creating a good display next year.

#### **Plant out Young Vegetables**



May is the month to plant out vegetable plugs and seedlings. Tomatoes, courgettes and other plants sown should be planted out in the garden in a sunny, sheltered position. If the seeds were sown indoors, don't forget to harden the plants off. Put the pots out during the day and bring them in at night for about 2 weeks to acclimatise them.

Taken from David Domoney's Simple Monthly Calendar

## BIRD SONG

**Mavis Cocks** 



It's a lovely time of the year When you hear the song of birds.

Throughout the whole of the day,

The differing calls can be heard.

There's the raucous cry of the rook;

The strident call of the gull; The melodious black-bird's trill, The most beautiful of them all.

Sometimes at close of day You may hear the hoot of an

Or again, before the dawn After its night on the prowl.

But among the familiar sounds There's one I fail to hear The cry of "cuckoo - cuckoo," It's always been loud and clear.

I've really missed that bird,
I hope it's not gone for good.
Perhaps others have heard
"Cuckoo" In a favoured copse or
wood.





#### **Surnames of the Fowey Valley**

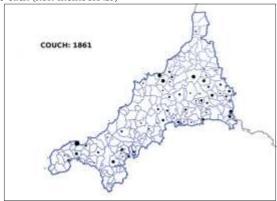
A talk by Dr Bernard Deacon Saturday, 23 April at 2.30pm Whitecross Village Hall

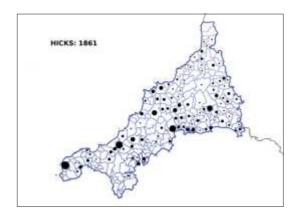
(Preceded by the FHHS AGM at 1.30pm — members only)

What do our surnames mean? When did they appear? What can they tell us about past times in Cornwall? These questions will be answered with special reference to Fowey and district.

Bernard is a noted expert on Cornish history and recently retired from the Institute of Cornish Studies, University of Exeter.

Members £5 each (non-members £8)





Admittance will be ticketed at the door or buy via

www.tickettailor.com/events/foweyharbourheritagesociety/665636

or contact our Treasurer, Andrew Gardner 07769 977116 or <a href="mailto:andrew@gardner.be">andrew@gardner.be</a>

Fowey Harbour Heritage Society was formed in 2012 to promote the heritage of the Fowey area and to encourage more people to enjoy its rich history. As well as our programme of talks and events, we make grants to heritage projects and work with other organisations to promote the heritage of the area. We support regular guided walks of Fowey, Polruan and Looe between Easter and October

Membership costs £15 or £25 for two adults at the same address. You will receive a copy of our annual publication, The Barquentine, and back copies are available to purchase for £5. An application form, and much more can be found at www.foweyharbourheritage.org.uk

#### (Please ensure you check publicity nearer the time just in case there have been alterations to venue or time) The Trust AGM is fast approaching and will The Trust is seeking advice from a local expert **Town Trust Report** be the first one for a couple of years due to the on the condition of the Quay and Coal Wharf from Robin Sainsbury, Chairman pandemic restrictions. It will take place in the areas to see if any remedial work is needed. WI Hall at 7pm on Tuesday, 5 April. Anyone As and when we have the information we will wishing to stand as a Trustee needs to apply decide how to progress. The work to paint via our clerk, Adrian Fisher. and smarten up the Winkle Picker, surgery and Coal Wharf is now complete and looking Since my last update there has not been much excellent for the coming season. activity, the car park concession has now entered a new year and once again Dan Hicks The Reading Room Committee have now is the concessionaire, should you wish to retired and the management of it will pass to the Trust, their remaining funds have been pay for an annual ticket, please contact Dan directly, his details are displayed at the car passed to two local charities. The Reading park office. Room is now open again and available for meetings, please book on the calendar inside The plans for the development of Vevery the door. car park and reservoir are now ready for As ever the Trustees continue to do their best submission and we aim to commence the to manage the assets of the village, should work as soon as plans are passed. anyone have any questions about the Trust and it's activities please contact either our Clerk or any Trustee. polruantowntrust@icloud.com



#### from Eric Lockeyear

There have been several shouts since the last report. The all-weather Trent class lifeboat Maurice and Joyce Hardy was launched at 12.50pm on Boxing Day, 26 December to reports of a partially deflated RIB washed up on rocks at Polrudden Cove. The volunteer crew worked with Mevagissey coastguard to locate the vessel, and having established no-one was at risk, towed it back into Fowey, where the crew were assisted by St Austell coastguard in lifting it out of the water.

On the afternoon of Thursday, 13 January, the D class lifeboat Olive Two was launched in response to a call for help from a motorboat broken down about three miles southeast of Fowey Harbour. There were two men on board who had motored out on a fishing trip for the day. Unfortunately, the boat had developed an electrical fault, the crew were unable to restart the engine and the vessel was drifting further out to sea. The men had then radioed for help.

#### RNLI volunteer Helm Adam Russell said:

"We were able to come alongside the casualty vessel and established that both men were fine. My crew, James Dowrick and Ross Jezard, attached a line to the boat, which we then towed, with the two men onboard, back to safety in Mixtow, up the River Fowey."

#### Helm Adam continued:

"It's important to ensure the engine has been well maintained and serviced before taking to the water, in this case the engine had recently been serviced but had developed a fault. Fortunately, the two men had a radio so were able to call for help, the weather was fine and so we were able to locate them quickly and they didn't suffer any ill effects.""

On the evening of Tuesday, 22 February, both the Fowey RNLI all-weather lifeboat Maurice and Joyce Hardy and the D class lifeboat Olive Two were launched to assist the Coastguard and the police in a search and rescue operation for a missing person in St. Austell Bay.



Fowey's Trent class lifeboat heading out of the harbour in rough seas during storm Eunice.

Fowey volunteer lifeboat crew on the inshore lifeboat had just set out on a training exercise, while the crew on the all-weather lifeboat were being briefed to join the training exercise when they were called to assist. The search covered a wide area from Gribben and the foreshore around Carlyon Bay and Par beach. Search lights and in-operation night lights were used in the search, which lasted for five hours. The lifeboats were stood down and returned to Fowey just before midnight.

Three new volunteer crew members have been welcomed to the team recently. Elliot Toms, Paul Birkby and Harry Smith will be training as shore crew, assisting lifeboat crews with preparing, launching and washing down our lifeboats after deployment.

The Station is delighted to announce that after nearly two years closure, open lifeboat visiting sessions will recommence. New boat visit guides are being trained and will each take groups of up to eight people on guided tours of our all-weather Trent class lifeboat, the Maurice and Joyce Hardy. It is planned that these visits will start in early April. Please see the Facebook page @FoweyLifeboat for full details, dates and times.

The boat house has been given a spring clean recently and it now features a new 'Meet the Crew' board so you can see who all our volunteer crew are. If you're passing, pop in and see the crew. The shop is now open again with lots of new RNLI goodies in stock. Opening hours are Thursdays to Sundays 11am to 3pm from 3 March to 3 April. From 4 April, the shop will open seven days-aweek, from 10am to 4pm.

At the time of writing, replacement work on the station pontoon is ongoing. Hopefully, a report on its completion and re-introduction to operations will be covered in the next edition.



 $Fowey\ volunteer\ lifeboat\ crew\ training\ in\ casualty\ care$ 

You can keep up-to-date with all of our Station shouts, events and activities by following social media, on Twitter at @Fowey\_RNLI and on Facebook at @FoweyLifeboat and @FoweyLifeboatCommittee.

The RNLI is the charity that saves lives at sea.  $\,$ 



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Savoury pies and pastries
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Open for "Take - Away" only
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Cornish Pasty graphic by Matt Hawdon from the Noun Project



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# Lanteglos Community Bus Timetable

|                            | Apr                                  | May                                  | Fare           |
|----------------------------|--------------------------------------|--------------------------------------|----------------|
| Whitecross<br>Market       | 2 <sup>nd</sup>                      | $7^{\text{th}}$                      | Donation       |
| Par Market<br>& St Austell | 6 <sup>th</sup> , 20 <sup>th</sup>   | 4 <sup>th</sup> , 18 <sup>th</sup>   | £3.00          |
| Trago &<br>Bodmin          | 13 <sup>th</sup><br>13 <sup>th</sup> | 11 <sup>th</sup><br>11 <sup>th</sup> | £3.00<br>£4.00 |
| Truro                      | 27 <sup>th</sup>                     | 25 <sup>th</sup>                     | £4.50          |

All services are now on Wednesdays except for Whitecross Farmers Market (the first Saturday of every month). The services start from Furze Park at 9.25 (10.15 for Whitecross), then as requested at Well, Greenbank and Ferris Way. Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick. £1 reduction for concessions to all fares.

To book, please call in at The Russell or telephone 01726 870707 (please do not phone before 9 am)

Service subject to driver availability and of course Government Guidelines

# Back on the bike - heading north

#### from Janet Downes

Like everyone else I feel pretty helpless in the face of what is going on in this world right now but I've decided that the least I can do is try again to raise some funds for refugees. After last year's Big R sponsored cycle ride I realised that just by keeping on keeping on I could go quite a distance. So this year I plan to point my old bike towards my brother's home in Moffat on the Scottish borders and see how it goes. I cycled the section from Trethake to Bristol last summer as a trial, so I plan to start this venture from there.

Preparations so far:

- 2 new tyres for the 44 year old bike; good
- Map of all the cycle routes in the UK; good
- Pair of padded cycling pants; very good
- Hardly any training; bad needs rectifying

There's not much time for training as I plan to do this early in May before it gets too hot. Also I can't really dawdle over it as I have to be back to take part in Open Studios Cornwall at the end of May. I am feeling rather daunted but once this goes in the magazine there's no way back.



Many of you have been very generous and supportive of my previous cycle challenges, for which I am hugely grateful. The hardest thing of all is asking for sponsorship. However, I am asking if you can find it in your hearts and pockets to help me make this a worthwhile expedition.

I will meet all the costs of the trip so every penny raised will go to help those refugees who so desperately need it. No amount is too small to make a difference.

With love and thanks.

#### Give Now

[By Ed. look at the logo on the back of Janet's bike in the photograph, although taken a year ago, it could have been created for this bike ride]



#### from Janet Downes

Artists and makers right across Cornwall will be throwing open the doors of their studios to the public from Saturday, 28 May until Sunday, 5 June. Look out for the distinctive orange circle logo.

Within our parish the following venues will be open: Rosanna Shakerley, artist and photographer; Olivia Clifton-Bligh, sculptor and printmaker; Sean Hewitt, abstract artist; Janet Downes, silver jewellery maker. Details of these and all other venues will be on the Open Studios Cornwall website. Why not plan a day out and make an art trail? It's a brilliant opportunity to meet the artists and makers and to buy an original piece of work.

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# Lanteglos Parish Council Important Notice

As local residents know, there is an ongoing problem caused by Seagulls tearing open plastic rubbish bags, strewing the unsanitary contents around and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

early Monday morning and not before!

It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

# Please do not feed the gulls

#### **Subscriptions**

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

It only costs £8 (UK) £18 (Europe) and £24 (overseas) to have the Parish News sent by post on publication for a year.

To Graham Tyson, The Old Barn, Polscoe, Lostwithiel, PL22 0HS

Please send me the next 6 issues of the Parish News by post on publication.

PLEASE PRINT CLEARLY

| Name                             |
|----------------------------------|
| NameAddress                      |
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| Postcode                         |
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| Address                          |
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| Postcode                         |
| Landaga way ahawya far           |

I enclose my cheque for £8 (UK) / £18 (Europe) / £24 (overseas) made payable to "Lanteglos by Fowey PCC"

Photocopies of this form are acceptable



## **KEEP POLRUAN SAFE**

We are all learning to live with Covid and thanks to the brilliant work of the NHS and scientists we all feel much less threatened. However please bear in mind that there are still people who are vulnerable or who are still anxious of the relaxing of rules

Please be understanding and kind and where possible maintain social distance and wear masks if requested.

If you do need any help "Polly Pals" are still here to support you with your everyday needs such as shopping, picking up medicines, prescriptions, etc.



SUPPORT GROUP



#### from Brian Cook

NCI is a national charity run by volunteers who man 55 lookout stations around the English and Welsh coasts. We are looking out for boating and coast walking incidents that in Polruan we report to HM Coastguards in Falmouth.

We are currently running two daily watches between 9am and 4pm, though this will shortly be increased by a third evening watch through the summer. Activity on the water has been quite limited through the winter though it's surprising how many walkers there are on the coast path even on the darkest days.

Considerable progress has been made in refurbishing the lookout using funding from the Barrie bequest. Work on this continues and we expect it to be completed shortly. With the end of COVID restrictions we are now able to welcome passers by to the lookout.

There is a national NCI day on 24th July when we hope to see visitors to see what we do and the equipment we use. Ahead of this we will hold a public barbecue on the Coal Wharf on Saturday, 23rd July. There will be more on this in our report in the next parish magazine.

During the winter, training of new watch keepers has continued and some of them

are now qualified. New trainees are always welcome and they don't need a maritime background as full training is provided. If you are interested in joining us, call into the lookout and have a word with the duty watch keeper.

NCI Polruan continues to have comprehensive current weather station information on line at <a href="mailto:polruan@nci.com">polruan@nci.com</a>.

Remember if you see anybody in difficulty along the coast line dial 999 and ask for the Coastguard



# Polruan Coastguard from Des Libby, Station Officer

As I write this update, we move into the Spring with longer days and hopefully better weather and we all look forward to getting out and about more and enjoying the marvellous area we live in. With this in mind, hopefully you will have had your boats and engines serviced, your life-jackets checked and ready to go, your flares are still in date and usable, radios and all communication and navigation equipment is working as it should be. Why not take advantage of free safety advice from the RNLI as per their web site

When walking the beautiful coast paths or taking the dog to the beach make sure you take some sensible precautions, wear sensible foot wear and clothing suitable for the conditions, make sure your mobile phone is fully charged, take some refreshments with you and a local OS map if you don't know the area.

Winter training continues with the team having their rope rescue competencies revalidated at a recent session at Talland Bay, where the team could be seen setting equipment and carrying out multiple lifts up and down the cliff face. Many of the newer members could now take part in the cliff face work, acting as casualties or a second Tec being lowered down and recovered alongside one of the more experienced Tecs. I think they loved it coming up over the edge with a big smile on their faces and a mouth full of dirt to go with it!

#### From the Station Log

No incidents to report



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# We Are Back! May 6 to 14 May 2022

**Full Line-up Announced** 

After a long two years, it is wonderful that we are only a few weeks away from being onsite, enjoying the buzz of the Festival and seeing many familiar faces. Among this year's literary stars, you will find author, poet and playwright, Sir Michael Morpurgo; novelist, fashion writer, biographer and former Editor in Chief of Harper's Bazaar - Justine Picardie; poet, broadcaster, and playwright - Roger McGough; prize winning children's author, Lauren Child and British historian, author and television presenter, Kate Williams. Along with workshops, author interviews and audience participation events, you will be spoilt for choice. For those of you who enjoy a concert, look out for Show of Hands, Fisherman's Friends, Seth Lakeman, the Festival Jazz Evening and the return of our wonderful community event, with the Fowey River Singers, this year joined by the Restormel Concert Band, Fowey Schools and special guests.

Full details of the line-up can be found on the Festival website, where tickets to all the events can be purchased. If you would like to become a Friend of the Festival, you can sign up on the website too. Annual Friends membership starts at £25. In addition to priority booking and discounted tickets, there is a Friends buffet lunch with the Trustees of



Fowey Art Trail is back with extra bounce this year – after a two-year absence, it promises to be the biggest and best ever. Those who walk the route will be treated to a journey of discovery, taking in 35 exhibitions in 21 locations around Fowey and Polruan.

The Trail, run in conjunction with Fowey Festival of Arts and Literature, started in 2015 and has become an ever more popular annual event, with the magnificent estuary forming the perfect backdrop.

A more diverse range of work than ever is on display this year, with some artists experimenting away from their usual art forms. Works on show include paintings, drawings, ceramics, sculpture, photography, jewellery, textiles, and paper-cut art. In some cases, the Trail takes visitors right into the artists' homes and studios, and they can meet the artists in person.

Students from The Fowey River Academy officially take part for the first time this year, exhibiting work inspired by well-known West Cornwall artist Kurt Jackson at the Mission to Seafarers

A brochure mapping out the venues will be available in shops and venues to guide you around the trail providing a visual treat for the senses

You can also follow us on our 'Fowey Art Trail' Facebook and Instagram pages to preview a selection of the artwork.

the Festival, during the Festival period. 2022 is our 24th Festival and the first one since 2019. Your generosity and continued support is not only appreciated, but it will help us to continue in the years to come. For full membership details and to become a Friend, please head to: www.foweyfestival.com/friends

#### **Volunteer Festival Makers**

Would you like to become a Festival Makers and be part of a wonderful team of volunteers that help the Festival to run smoothly? If you are interested, we are looking for the following:

Stewards: We are looking for volunteers to steward at the events, throughout the duration of the Festival 6 to 14 May). Stewards generally work with two to three other volunteers in preparing the venues ahead of the event, admitting the audiences, serving refreshments and preparing the venue again for the next event.

*Drivers*: Many of our speakers and performers need to be collected from Par station and taken to their hotel or be transported between venues, during the Festival period. Could you help by offering transport? Drivers need to be fully insured and their car in a roadworthy and reliable state. Cars ideally need to be four door.

Volunteer Coordinator: Our Trustee, responsible for volunteers, is looking for someone to organise the stewards. This would involve helping with the steward event rota, managing the stewards and liaising between the volunteers and the Festival lead Trustee and Festival Director. We are looking for someone who is extremely organised and competent with Excel.

*Driver Coordinator*: This would require someone to coordinate the drivers and the passenger schedule for the movement of performers between the venues, hotels and station. We are looking for someone who is extremely organised and competent with Excel.

Please contact us at info@foweyfestival.com to express your interest.

Email: <a href="mailto:info@foweyfestival.com">info@foweyfestival.com</a>
Twitter: fowey\_festival
Facebook: @FoweyFestival



## Fowey Secret Gardens

We are delighted to announce that Secret Gardens are back and will be welcoming visitors on Friday, 13 and Saturday, 14 May. Discover some of Fowey's hidden gems, from terraces with spectacular views to secluded havens and much more. Follow the trail to uncover a glorious mix of vibrant gardens with a diverse variety of planting. Some gardens will provide refreshments. Entry is by donation to Fowey Festival. Full details of the Secret Gardens trail will be available at www. foweyfestival.com or pick up a Secret Gardens Map from shops, galleries and cafés around town, nearer the time.

Is your garden a secret gem that you would be happy to share over 2 days? Would you be willing to open your garden on 13 and 14 May in aid of Fowey Festival? Is your garden in Fowey, Polruan or Bodinnick? If so, we would love to hear from you! It's easy to do and a lot of fun. Please contact Celia, Celia@allbut.eu or call 07887 703 757 to find out more. We look forward to hearing from you.



The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone

Take a look at our website: www.friendsofthefowey.org.uk

Or join us on Facebook.

Our events are Free to members and £2.50 for non-members, unless stated otherwise.

## AGM & Talk - Wildlife On The Fowey Including Ospreys

By Rupert Kirkwood Tuesday 29th March 7.30pm Meet at Golant Village Hall

Booking Essential – Peter 01726 833141

#### **Rockpool Ramble**

Tuesday 19th April, 1.00pm – 3.00pm

Readymoney Beach, SX117512 or PL23 1DG

Note: All children must be accompanied by an adult. Wear sensible footwear

#### Bluebell Walk

April/May date TBC dependent on bluebells

Lantyan Woods SX108565 or PL23 1LA Note: Limited parking available

## Wildlife watching At Dodman Point with 3 Bays Wildlife Group

Sunday 5th June, 9.30am – 1.00pm
Penare National Trust Car Park PL26 6NY –
bring money for parking
Booking Essential – Claire 07894 228226

Note: Ween sensible feetures

Note: Wear sensible footwear

Please check our Facebook page for updates or contact us on the telephone numbers listed



Our high level guide to what's on for Her Majesty The Queen's **Platinum Jubilee** 2 to 5 June 2022



| Thursday 2 June                               | Friday 3 June  | Saturday 4 June  | Sunday 5 June  |
|---|--|--|--|
| Royal Memorabilia, St Saviour Church          |  |  |  |
| Scarecrows                                    |  |  |  |
| Flower festival, St Saviour Church            |  |  |  |
| Sandcastle Competition<br>12.30pm Front Beach | Choosing Polruan Royalty<br>with The Higher Beings<br>am Old Coal Wharf                | Platinum Jubilee Market<br>and Cream Teas<br>Whitecross Village Hall         | Church service<br>11am St Wyllow, Lanteglos            |
| A Right Royal Tea Party<br>pm WI Hall         | Celebration Tea Party ( <i>ticketed</i> )<br>3pm Old Coal Wharf<br>music by Swingology | Film Club screening<br>'A Right Royal Night Out'<br>2pm Polruan Village Hall | The Big Jubilee Lunch<br>opportunity                   |
| Lighting of the Beacon<br>9.45pm              | Disco by Leon<br>7pm Old Coal Wharf  | Songs of Praise<br>5pm Old Coal Wharf  | The Big Jubilee Picnic<br>12.45pm Whitecross           |
| Company B Jive Band<br>8pm Old Coal Wharf     | 'Sparkling Pyrotechnics'<br>from 10pm  | The Countrymen<br>7.30pm Old Coal Wharf                                      | Good Old Fashioned Lover Boys<br>7.30pm Old Coal Wharf |

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> Tues 9-4 Wed 9-1 Thurs 9-4 Fri 9-4 Other times by appointment



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