



June / July 2022

The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

The Rev's ramblings

Hearing and doing

It might be good for the state of Britain if all church services carried a compulsory 'Spiritual Health Warning'. Imagine the Church Bulletin next Sunday bearing a red boxed message: 'WARNING attendance at this service may seriously affect your spiritual health'. Possibly congregations would diminish – but at least we'd be moving towards a more radical understanding of Christianity. In his open letter to Christians, James issues a spiritual health warning about the danger of hearing God's word and doing nothing about it. He would have some sympathy with G K Chesterton who wrote, 'The Christian ideal has not been tried and found wanting it has been found difficult - and left untried'.

James was concerned that Christians get their act together and start to practise what they claim to believe. He pinpoints some areas for action.

Hearing God's word: Do not merely listen to the word and so deceive yourselves. Do what it says (James 1v22). That is a direct warning about hearing God's truth and remaining totally unchallenged by it. At the Parish Church of St Just in the Roseland, etched in the lynch gate is 'Do not merely listen to the word do what it says'. A timely reminder as you leave church.

Reading the Bible and failing to obey the message is like looking in the mirror and then going away and forgetting what you look like according to James' epistle. We all know about those frantic dashes in the morning where we try to rearrange the bits that are still re-arrangeable. That frantic mad dash can apply to our attitude to God. A quick glance at the Bible and a few disjointed prayers aren't the best way to build a solid relationship with God. James tells us to look intently into the perfect law and then he says we will be blessed in what we do. Looks intently translates peer into. It's the same word used of Peter and Mary when they looked into the empty tomb. James says do what it says!

So how well do we control our tongues. How is our faith expressed in terms of caring for people with deep needs? These are marks of true spirituality. True wisdom is seen in a pure life which is peace loving, considerate towards others, submissive in tough situations, full of mercy and kindness. It is recognised in those who are impartial in their judgement of others and have sincere hearts after God. These are the sorts of people who are peacemakers determined to build bridges for God – concerned to draw others in rather than cut them off. Doing God's will involves working it out in practical everyday living.

The Rev'd Richard of Trelawny



Picture: Jacob King/PA Wire/PA Images

From the Editor

Well we've made it to 'Flaming June' and let's hope the weather is just that over the Platinum Jubilee weekend as communities come together to celebrate the long reign of Her Majesty, Queen Elizabeth II. What a momentous occasion this is for our Queen and country and local communities have been working very hard to mark this unique milestone in history and to celebrate it appropriately. So, please come along and join in the festivities — it is hoped everyone will have a very enjoyable and memorable time (see pages 5, 16, 18, 20 and 28).

The global food problems cannot have failed to pass anyone by and Gill Palmer highlights this in her article on page 19 and the challenges farmers are facing (and if farms have problems, us consumers have problems!). A number of articles bring out similar points and we have some simple tips on being more sustainable on the gardening page (23) and Brian Cook invites us to think about growing your own fruit tree at home or in a new allotment (page 22).

Whatever you decide to get up to over the next two months I hope you have a very enjoyable time.

Suzanne

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Church Diary in the Benefice of Trelawny

**St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;
St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt**

New Guidance for attending Church in the Trelawney Benefice

The Rev'd Richard Allen and the PCC have agreed that, whilst not a legal requirement, for the safety of our community as a whole, anyone attending services in the Trelawny Benefice must continue to wear a face covering and adhere to distanced seating inside Church.

Congregational singing will now be allowed behind a mask.

June 2022

Saturday 4th

St Saviour 17:00 Coal Wharf Jubilee Songs of Praise

Sunday 5th Pentecost

St Marnarch 11:00 Songs of Praise-Village Green
St Wyllow 11:00 Jubilee Service
St Tallanus 11:00 Jubilee Service
St Nun 15:00 Jubilee Service at School
St Ildierna 17:00 Jubilee Service
St John 18:30 Jubilee Service
St Tallanus 19:45 Celebration with Bells

Tuesday 7th

St Ildierna 10:00 Benefice Prayer Meeting

Sunday 12th Trinity Sunday

St Ildierna 09:30 Morning Prayer
St Nun 09:30 United Village Service
St Marnarch 09:30 Service of the Word
St Wyllow 11:00 Morning Prayer
St Tallanus 11:00 Holy Communion

Tuesday 16th

St Tallanus 10:00 Benefice Prayer Meeting

Sunday 19th First after Trinity

St Marnarch 09:30 Service of the Word
St Tallanus 11:00 At Polperro Methodist Chapel
St Wyllow 11:00 Parish Eucharist
St Nun 11:00 At Methodist Chapel
St Ildierna 18:30 Evening Prayer

Thurs 23rd

St Nun 10:00 Benefice Prayer Meeting

Saturday 25th

St Marnarch 14:00 Baptism

Sunday 26th Second after Trinity

St Tallanus 11:00 Polperro Festival Service
St Nun 09:30 Holy Communion
St Saviour 15:30 Harvest of the Sea Coal Wharf
St Marnarch 17:00 Pet Service
St Ildierna 18:30 Holy Communion

Wednesday 30th

St Saviour 10:00 Benefice Prayer Meeting
St Nun 19:30 Trelawny Day Service

July 2022

Sunday 3rd

St Marnarch 09:30 Holy Communion
St Wyllow 11:00 Holy Communion
St Tallanus 11:00 Public Worship with Communion by Extension
Looe 15:00 Songs of Praise
Lifeboat
St Nun 17:00 Pets Service
St Ildierna 18:30 Holy Communion

Sunday 10th Sea Sunday

St Nun 09:30 United Village Service
St Saviour 10:40 Blessing of the Sea
St Saviour 11:00 Morning Prayer
St Marnarch 11:00 Service of the Word on the Green
St Tallanus 11:00 Holy Communion
St Ildierna 18:30 Evening Prayer

Friday 15th

St Nun 11:00 Trelawny Plate Service

Saturday 16th

St Marnarch 14:00 Baptism

Sunday 17th

St Marnarch 09:30 Holy Communion
St Wyllow 11:00 Parish Eucharist
St Tallanus 11:00 Holy Communion
St Nun 11:00 At Methodist Chapel
St Ildierna 15:30 Pets Service
St Nun 17:00 Scarecrow Service
St John 18:30 Harvest of the Sea

Sunday 24th

St Saviour 09:30 Café Communion
St Nun 11:00 Holy Communion
St Tallanus 11:00 At St Nun
St Marnarch 17:00 Scarecrow Service
St Ildierna 18:30 Holy Communion

Saturday 30th

St Saviour 17:30 Church on the Quay

Sunday 31st

St Ildierna 18:30 Evening Prayer
St Tallanus 11:00 Holy Communion
St Wyllow 11:00 Morning Prayer
St Marnarch 17:00 Songs of Praise on the Green

From the Registers

Weddings

7th April; Ryan Matthew Childs to Victoria Susan Jennings of Narkurs at St Nun, Pelynt

19th May; Nicholas Edward Hill to Emily Jayne Tomlin of Penwithick at St Wyllow, Lanteglos by Fowey

21st May; Jerome Andrew Davidson to Stacey Louise Castle of Chigwell at St Wyllow, Lanteglos by Fowey

21st May; James Peter John Keast to Sarah Jane Garrott of Pelynt at St. Tallanus, Talland

28th May; Stephen James Creswell to Hollie Marie Bone of Fowey. Banns called in St Wyllow, Lanteglos by Fowey

Baptisms

10th April; Rupert William White at St Marnarch, Lanreath

1st May; Double Baptism of Louis Howell Shakerley & Francis William Shakerley at St Wyllow, Lanteglos by Fowey

28th May; Stanley Palmer at St Ildierna, Lansallos

Funerals and Burials

23rd March; Jill Holmes of Polperro, service at St. Tallanus, Talland followed by burial at Pelynt

6th April; Alan 'Sam' Dodge of Liskeard, service and burial at Duloe

14th April; William Ewart Brickell of Polruan, service and burial at St Wyllow, Lanteglos by Fowey, together with interment of Ashes for the late Margaret Brickell

3rd May; William Gerald Facey of Lanreath, service and burial at St. Marnarch, Lanreath

10th May; Tony Talling of Lansallos, service and burial at St Ildierna, Lansallos

16th May – Brenda Taper of Pelynt, service and burial at St Ildierna, Lansallos

Funerals/Thanksgiving Services

29th April; Helen Swiggs, service at Bodmin Crematorium followed by a thanksgiving service at St Wyllow, Lanteglos by Fowey

13th May; Doreen Carne of Pelynt, service at Bodmin Crematorium followed by a thanksgiving service at Pelynt

Memorial Services

16th April; Irene Keen, formerly of Lanreath, at Lanreath

Interment of Ashes

5th April; Frank Lambert Hewitt and Myfanwy Mabel Hewitt, double interment of ashes at Lanteglos by Fowey

7th May; Barbara Elsie Blamey, formerly of Polruan, at St Wyllow, Lanteglos by Fowey

21st May; Jon Meyer of Plymouth, formerly of Polperro, at St Tallanus, Talland



Parish Diary

All dates and times are correct at the time of going to press — please check notices for changes

June

Thursday, 2nd – Sunday 5th Jubilee Celebrations, Polruan (see page 28)

Friday, 3rd Jubilee Celebrations at Lanreath (see page 5)

Saturday 4th Jubilee at Whitecross Market (see page 18)

Saturday, 4th The Polruan Film Club present 'A Royal Night Out' at Polruan Village Hall, 2pm, doors open 1.30pm (see page 16)

Sunday, 5th Jubilee Song's of Praise, Coal Wharf, 5pm (see page 6)

Wednesday, 1st, 8th, 15th, 22nd, 29th Yoga at Polruan Village Hall from 5pm (see page 7)

Sunday, 5th Wildlife Watching at Dodman Point, 9.30pm — 1pm (see page 27)

Tuesday, 7th, 14th, 21st, 28th, Woman's Hour, St Saviour, 2.30pm

Wednesday 8th, Hospice Book Sale (see page 12)

Thursday, 9th WI meeting at Polruan WI at 7pm (see page 7)

Friday, 10th Kidz Klub, Polruan Village Hall 6 - 7.30pm (see page 10)

Tuesday, 21st Beaver Project Visit, 8 - 10pm (see page 27)

Saturday, 25th Polruan Film Club present Midnight in Paris, Polruan Village Hall, 7pm (doors open 6.30pm) (see page 16)

Monday, 27th Public Meeting, St. John's, Bodinnick, 7pm (see page 7)

July

Saturday, 2nd Whitecross Market 10am-1pm (see page 18)

Tuesday, July 5th Hospice Book Sale (see page 12)

Tuesday, 5th, 12th, 19th, 26th Woman's Hour, St Saviour, 2.30pm

Wednesday, 6th, 13th, 20th, 27th Yoga at Polruan Village Hall from 5pm (see page 7)

Sunday, 10th July, Visit Gribben Day mark, 11.30 - 2pm, (see page 27)

Thursday, 14th WI meeting at Polruan WI at 7pm (see page 7)

Friday, 15th Kidz Klub, Polruan Village Hall, 6 - 7.30pm (see page 10)

Saturday, 23rd NCI BBQ, Coal Wharf (see page 26)

Sunday, 24th NCI Open Day (see page 26)

Saturday, 30th Lansallos Fete, Old Rectory, 2.30pm (see page 3)

Saturday, 30th Beach Gala (see page 6)

Saturday, 30th Polruan Film Club present Justice League at Polruan Village Hall, 7pm (doors open 6.30pm) (see page 16)



Summer Fete

LANSALLOS FETE

SATURDAY 30th JULY
at 2.30pm

In the garden of the Old Rectory next to the church (or in the church if wet)

**A traditional fete with lots of stalls, games, tombola, cake stand, raffle, white elephant and cream teas ,
Plenty of parking in NT car park.**

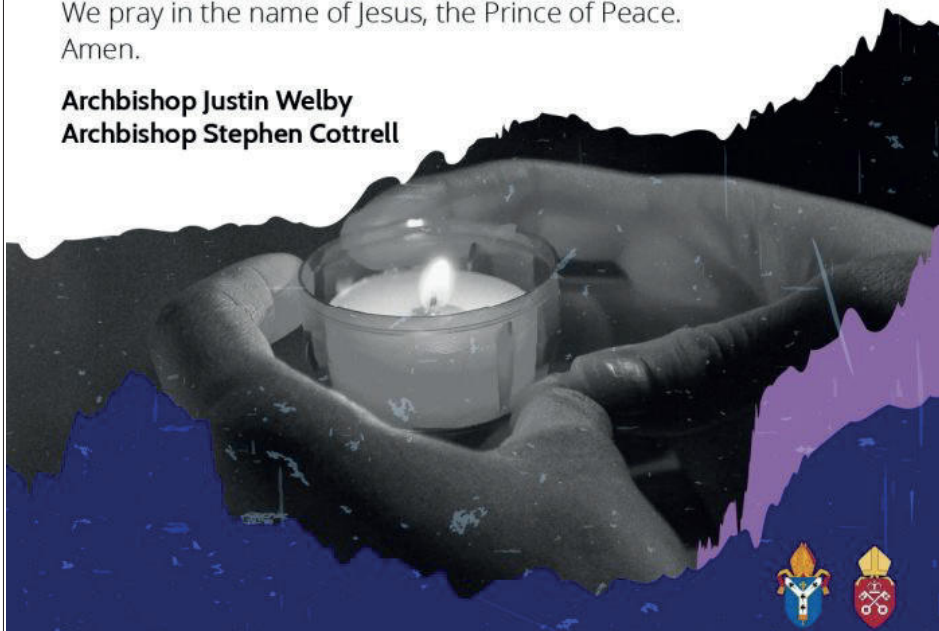
It's the best fete in South East Cornwall!

Put it in your calendar now!

A Prayer for Ukraine

God of peace and justice,
we pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow,
that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace,
for wisdom, discernment and compassion
to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear,
that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace.
Amen.

Archbishop Justin Welby
Archbishop Stephen Cottrell



The Churches of the Benefice of Trelawny

Rector Rev Richard Allen 01503 220847

Benefice

Administrator Pippa Morrell-Davies 07399 563440

Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

Lanteglos — St. Willow; Polruan — St. Saviour; Bodinnick — St. John

Churchwardens Colin Payne 01726 870715

Norman Mallard 01726 870747

Treasurer Graham Tyson 01208 873750

Secretary Liz Luck 01503 261582

Lansallos — St. Ildierna

Churchwardens Margaret Phillips 07493 310816

Josie Slade 01503 220513

Treasurer John Feasey 01503 220884

Secretary Glen Feasey 01503 220884

Pelynt — St. Nun

Churchwardens Sheila Morrell-Davies 01513 220976

Frank Edwards Ex Directory

Treasurer Rosemary Lee 01503 220169

Secretary Sheila Morrell-Davies 01513 220976

Lanreath — St. Marnach

Churchwardens Gill Sanders 01503 220827

Peter Hooper 01503 220229

Treasurer Peter Bartram 01503 220490

Secretary Jenny Bartram 01503 220490

Talland — St. Tallunus

Churchwarden David Bailey 01503 262890

Treasurer Joe Sharples 01503 273466

Secretary Jenny Hall 01503 598267



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The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

News from Lansallos

from John Feasey,
Lansallos PCC

The Three Horsemen of the Apocalypse?

Soaring energy costs! Spiralling inflation!! Uncontrolled global warming!!! Every business and householder will be familiar with these “Three Horsemen of the Apocalypse” that seem to be hitting the headlines on a daily basis – and churches are no exception to their effects.

St Ildierna had six large off-peak electric storage heaters installed after the great fire of 2005. The PCC wanted wall mounted infra-red (IR) heaters similar to those used by Pelynt Church, on the basis that they are relatively cheap to run, provide almost instant heat when switched on and warm the congregation more effectively than many other methods. But our faculty applications were repeatedly turned down by the Diocesan Advisory Committee (DAC) because IR heaters were considered “unsightly and inappropriate for a Grade One listed 14th century church”.

So, storage heaters it had to be. They need turning on some 24 hours before a service and even then, because they work by convection, much of their heat rises into the ceilings of the church leaving little warmth for the congregation. Not only that, but the radiators have proven very expensive to run, especially as the cost of even off-peak electricity started to rise inexorably.

Last year, we succeeded in getting permission to install wall mounted IR heaters in the Lady Chapel. And guess what? They don't need to be switched on until just before a service starts, they heat the people not the air so are



much more effective - and our electricity bill has halved! It's a win-win situation, keeping service-goers warmer, at much less cost and with a reduced effect on global warming. We are now investigating the possibility of installing more IR heaters in the chancel and nave, so keep your fingers crossed and watch this space.

Lansallos Fete

Here's an important date for your diary: by kind permission of Ms Tess Silkstone, this year's Lansallos Fete will be held from 2.30 to 4.30pm on Saturday, 30th July, in the garden of the Old Rectory (in the church if wet). This is a traditional, old-time event, not to be missed, with lots of stalls, games to play, a cake stand, tombola, a draw with great prizes and delicious cream teas. There's plenty of parking in the NT car park just up the road. If you've any unwanted gifts for the tombola and draw, or if you could help run a stall or game, please contact John or Glen Feasey on 01503 220884 or at johnfeasey@gmail.com. And don't miss this fun afternoon!

Tereba nessa!

(till next time!)

AGE CONCERN

Should anyone need a driver to take them for a hospital appointment please contact Angel Burstow on 01726 870059

FARES: Fowey Surgery £6: St Austell £10: Truro £20: Bodmin £12: Liskeard £12: Plymouth £20: Hayle £30

Plus – Ferry, bridge tolls and parking costs

Welcome

All churches of Lanteglos-by-Fowey Parish will be open for you to visit and enjoy:

St Wyllow,
our Parish Church

St Saviour,
a Victorian Church in Polruan

St John,
a converted stable in Bodinnick

We respectfully ask for your consideration for the people who regularly use these buildings.

Please use the sanitiser supplied when entering and leaving and also limit your contact with any hard surfaces when moving around.

We hope your time with us is one of refreshment

Lanteglos-by-Fowey PCC

Pelynt and District

Thursday Club

Meetings will be held in Pelynt Village Hall on the last Thursday of each month at 2.30pm

Admission £2, including raffle ticket and refreshments

There is no membership fee and all are welcome to attend any meeting

We look forward to seeing you!

News from Lanreath

from Jenny Bartram

Lanreath Shop and Post Office: Advance notice to all patrons, the shop will be closed for the Queen's Platinum Jubilee Celebrations from 2 to 5 June inclusive.

With the holiday season upon us, please pop in to see our choice of Cornish goodies and children's activities, together with our selection of cards and gift ideas for Father's Day (Sunday, 19 June). Don't forget to pick up our free leaflet communicating the services that the Lanreath Shop and Post Office provide.

We are desperate for new volunteers to come forward to help keep this important amenity open. If you feel you can help in any way, please contact Mick or Siobhan on 01503 220997. We would love to hear from you and for you to come and join our happy, fun team.

(That is a heartfelt plea so if you are able, please volunteer, it is a super, friendly environment and you will be helping to keep an essential part of the village functioning. JB)

Lanreath Community Spirit: have organised an action packed day on Friday, 3 June in honour of the Queen's Platinum Jubilee. There are competitions for the best baked pasties, savoury and sweet. Photography and Flower Arranging - collect your entry form at the

shop. A May Day Parade and dancing around the Maypole, Horse and Cart trips down the village, Test your Strength, games and bouncy castle for the kids, barbecues, bands and a huge raffle. People are being encouraged to dress up in 1950s style clothing so if you are old enough, ransack your attic!

Sally's Walking Group: have a full schedule for June and July. They meet at Lanreath Village Hall car park at 10am on the first and third Monday and car share is available. The following walks are planned:

6 June — Sibbyback Lake

20 June — Minions Moorland Walk

4 July — Stonerush Lakes

18 July — Lanhydrock Estate Walk.

Everyone is welcome. Contact Sally Brenchley 01503 220799, if you require more information.

St Marnarch's Church: have a number of outdoor services planned on the Village Green during June and July.

5 June — Songs of Praise at 11am, followed by a picnic and then entertainment from the Lanreath Community Choir.



26 June — A Pet Service at 5pm, so please bring your pets to be entertained — we have even had tortoises in the past!

10 July — A Morning Service at 11am

24 July — The Scarecrow Service at 5pm. Try your artistic skills creating a scarecrow and bring it along to the service.

So much happening in such a small, but very friendly village, please join us.

News from Polruan Village Hall

from PVH Management Committee

With the lovely Spring weather and summer on the way, it's great that our local community is making full use of the Hall facilities and Gardens.

The Film Club had a successful Cornish themed night with the screening of that "great feel good movie" — Fisherman's Friends with a pasty intermission. Don't miss A Royal Night Out, screening over the Jubilee weekend (see page).

We hosted our first fund raising event on bank holiday Monday, 2 May — our first Cream Tea in over two years, it was a lovely afternoon enjoyed by one and all. We would like to thank everyone involved in the planning and organisation of the event and for the donation of cakes and raffle prizes but most importantly, a big thank you to everyone who came along and supported the event helping to raise a whopping £301.91 towards Hall funds.

Whether it's joining in with regular clubs and activities at the Hall or organising social events or meetings, the Hall is able to provide a lovely location for all activities and we look forward to welcoming you.



May Day Cream Teas



View from the Verandah at Polruan Village Hall



Calling all Readers and Ringers . . .

Lanteglos Parish needs you! Readers

If you enjoy reading aloud, we could always do with a few more volunteers to read passages from the Bible during Sunday services. You can choose to read as often or as seldom as you like, and in any of the three churches in Lanteglos: St Wyllow, the parish church; St Saviour in Polruan; or St John in Bodinnick.

Just email lizluck@hotmail.co.uk, or call Liz on 07900 668604, if you'd like to know more.

Ringers

Church bells drifting over hills and valleys must be one of the most ancient and atmospheric sounds of the countryside, but recently Lanteglos has fallen silent. We have a dearth of bell-ringers, both novice and active/experienced. Would you like to help get the beautiful old tower of St Wyllow Church ringing again (and exercise brain and body at the same time)?

If you're interested, please call John Adams on 01726 870381.



Easter Messy Church on Polruan Quay

from Rev'd Richard

The children of Polruan and many visitors shared an action packed Easter Messy Church on Polruan Quay. The children were treated to a fabulous array of Easter craft activities. An Easter egg hunt around the harbour which finished off with songs and an Easter talk from the Trelawny Rev, Richard Allen. Richard shared about the fact Jesus rose again on Easter Sunday so that we can have new life with him and that one day we might rise with him in heaven. Afterwards everyone shared Easter eggs, traditional hot crossed buns and drinks.



Messy Church in a Bag – What a happy day!

from Kathryn Hill

On Wednesday, 6 June Angie and I had a great time at Toddler Group when we took "Messy Church in a Bag" in to them. The children enjoyed some simple Easter-related crafts before Angie played the guitar for them to sing along and I read them "The Easter Poem" which is the Easter story told in rhyme and pictures. Included in the bag was their own copy of the book and a mini Easter Egg which was very popular!

Then in the afternoon the whole of the Open the Book Team spent the afternoon in Polruan Academy, again with "Messy Church in a Bag". The children enjoyed a variety of Easter Crafts after which Angie led them in singing. We then presented "A Happy Day", the Open the Book story of the resurrection, finishing up with more singing. As well as crafts the "Messy Church Bags" contained "The Easter Poem" for those in Canute class and, for those in Tregeagle class, "The Greatest Miracle Of All, An Easter Story"; both books are produced by The Bible Society. There was also a mini Easter Egg with instructions not to eat it until they got home!

We thoroughly enjoyed the day and I think the children did too!



Church Service times in Polruan

from Kathryn Hill for Lanteglos PCC

In order for Rev'd Richard to be present so that we can have a service of Holy Communion, the church service in Polruan on the fourth Sunday of each month has been at 9.30am. However, this time is difficult for some, so the PCC have decided to experiment with having a non-Communion Service at 11am on alternate months and then review the situation at the end of the year. There are also some special dates which effect where and when our services will be held and whether or not it is a communion service. In addition, we plan to have some informal "Church on the Quay" services on the Old Coal Wharf on either Saturday or Sunday evenings led by Rev'd Richard. The plan at the moment is:

Sunday, 26 June — no morning Service but you are invited to join us at "Harvest of the Sea" on the Old Coal Wharf at 3.30pm when the Polperro Fishermen's Choir will be singing.

Sunday, 10 July — Sea Sunday, Blessing of the Sea 10.40 am on the Old Coal Wharf followed by Sea Sunday Service in St Saviour Church at 11 am

Sunday, 24 July — Café Service in St Saviour at 11 am

Saturday, 30 July — "Church on the Quay" on the Old Coal Wharf at 7 pm

Saturday, 6 August — "Church on the Quay" on the Old Coal Wharf at 7 pm

Saturday, 13 August — "Church on the Quay" on the Old Coal Wharf at 7 pm

Sunday, 21 August — "Church on the Quay" on the Old Coal Wharf at 7 pm

Sunday, 28 August — Regatta Service in St Saviour at 9.30 am and Regatta Songs of Praise on the Old Coal Wharf at 6 pm

Sunday, 25 September — Café Communion in St Saviour at 9.30 am

Sunday, 23 October — Café Church at 11 am

Sunday, 17 November — Advent Sunday, Café Communion at 9.30 am

More details and any amendments will be published in future editions of The Parish News.

Polruan Regatta and Children's Sports

from the committee

How good it will be to be able to hold our traditional Carnival Royalty choosing on the Friday of the Jubilee celebrations. We thank our current group, chosen in 2019, Poppy, Thomas, Hallie and Tegan, for patiently waiting to complete their year as our royalty. A special occasion for Hallie as she will celebrate her Birthday on that day, having been born during the celebrations for the Queen's Diamond Jubilee.

The annual Scarecrow competition is appropriately taking place at the start of the Jubilee weekend, as it was first held as part of the Queen's Diamond Jubilee. Enjoy the creative scarecrows as you walk around the village. The theme is 'Royalty'.

Entry forms are now available for the Polruan in Bloom competition from The Winkle Picker. As well as the Millennium and Mulready trophies, a new trophy is to be awarded to larger gardens. It will be known as the Lanteglos Age Concern Trophy. We were requested to buy a trophy with part of the donation given to us when the Age Concern committee closed earlier this year.

The Beach Gala is booked to take place on 30 July. This year it will take a different format, with the team games taking place from the early afternoon with an

accompanying barbecue. Posters and entry forms will be available nearer the event.

Plans for our Regatta weekend at the end of August on the 27 to 29, are underway. We will welcome new entertainers to us, The Fairly Famous Family, from Cumbria. The Lostwithiel Town Band will also be joining us. We are pleased to be able to arrange this celebratory event once again.

Thank you for your continued support of this great village organisation.

Lynn Bartlett on 01726 870536,
lbart49738@aol.com; or

Joanna Sandy on 01726 870671,
jsandy8311@btinternet.com



Come and join us as we celebrate this special event!

Sunday 5th June @ 5pm

the Old Coal Wharf

Polruan



News from the WI

from Chris Cox

Vice President, Polruan WI

April's meeting was very friendly, sitting around a large table together making bracelets with Lorraine explaining how to make them. Plenty of laughter and chat whilst carefully studying what we were doing. Some of the beads were so tiny it took a lot of concentration as it was fiddly but some lovely bracelets were made. Our competition was to create a 'Piece of Edible Jewellery'. There were only three entries from Margaret, Lynn and me — so it was decided we would all be 1st! After a cuppa it was down to WI business sorting out what we would be doing next month for the Scarecrow competition and organising our tea party as part of the Jubilee weekend celebrations.

May's meeting was interesting. Our guest speaker was Chris Ogg, Fowey Lifeboat Operations Manager. He gave us an historic and up-to-date account of the vital service the RNLI provide and the amount of training its volunteers undertake and their commitment and dedication to the service. Historically, it was the role of women to launch and bring back the boat but they were not allowed to take part in the rescues nor go to sea. Over

the years this has changed so much with the introduction of motorised launches and with women being welcomed as crew members. Today's big boats are virtually unsinkable with the self-righting buoyancy and technology inside them. An extremely interesting insight into RNLI life past and present. The competition was 'A Posy of Flowers in RNLI Colours'. Mainly red, blue and yellow. We had eight entries — and well done to everyone for all their efforts. The guest speaker was asked to judge the competition and he decided in 1st place was Kim, in 2nd was Sue and 3rd Chris (but all the entries got points).

In June we shall meet as usual but at the time of writing, I am not sure what is planned — sorry!

Unfortunately, the river cruise planned for July has had to be cancelled. We shall do an outing but what this has yet to be decided.

Well ladies, you can see that we do lots of different things together — so why not give us a try and see for yourself? We would love to meet you. Please contact me for further information and if I cannot help, I will find someone who can (Chris 01726 870194). We meet every second Thursday of the month at 7pm (except August). Hope to see you there.



Yoga Classes at Polruan Village Hall Wednesday Evenings



Georgie Kay Yoga and Wellness

is now teaching Wednesday yoga classes at Polruan Village Hall

To book or for more information please contact Georgie on: 079092 27789

www.georgiekay.yoga

hello@georgiekay.yoga

Polruan Youth Choir



Choir is not meeting until after half term break due to lack of numbers.

Please contact us if you would like to join up and to check further details.

Please contact

Angie (870747), or Jayne (870715)

St John's, Bodinnick

Public Meeting

**Monday, 27 June
at 7pm**

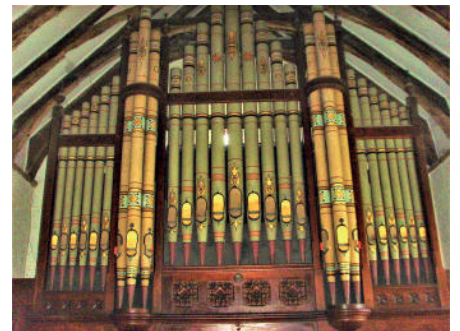
At St John's Church

All are invited and welcome to attend this Public Meeting to discuss all possible future usages of the church

We look forward to welcoming you

Richard Allen
Rector of Trelawny

Organist or keyboard player? We need You



Do you enjoy playing the organ or keyboard? We're looking for an organist for the parish church of St Wyllow, Lanteglos-by-Fowey, to play at services on the first three Sundays of each month. A good honorarium is available. There is the opportunity also to play at weddings and funerals and other occasional services, of which there are a number each year. The church uses a broad section of Christian music, mainly traditional but some contemporary, and a number of pieces written by Peter Skellern who was at one time musical director. There is also the opportunity to work with a small yet enthusiastic choir, who again all have a love of music and song. You don't have to be an expert but just someone who enjoys playing. If you live within a 10-mile or so radius, transport could be provided.

Further details are available from Richard Allen, the Rector of Trelawny
rev@trelawnybenefice.com 07383 621292 or 01503 220847.

LETTERS TO THE EDITOR

Suzanne Goddard
Springhill
Chapel Lane
Polruan PL23 1PG
01726 870818
suzanne.goddard@me.com

or use the letterbox in the porch
of St Saviour Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.

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*The Parish News is now
available online at:*

www.lanteglosbyfowey.org.uk

*The official website of
Lanteglos by Fowey
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**Closing date for the
Aug/Sep 2022 issue is**

Thursday 14 July 2022

Please send all copy and letters to
Suzanne Goddard at
Springhill
Chapel Lane
Polruan PL23 1PG
suzanne.goddard@me.com
01726 870818

Or use the letterbox in the porch of
St Saviour's Church Polruan
**no later than
Thursday 14 July 2022**

*** Thank you ***

Table Top Sale for Christian Aid

from Kathryn Hill

The Table Top Sale for Christian Aid in Polruan Village Hall on the afternoon of Sunday, 15 May in aid of Christian Aid raised £123.36 from the Raffle, Refreshments, Christian Aid Stall and Donations Pot which leaves a profit of £111.26 after paying for the hire of the hall. Many thanks to those who helped, had a table, donated items, came and supported or sent a donation.

By the time you read this that money and the money from the collecting boxes will have been sent to Christian aid to help their important work of providing humanitarian relief and long-term development support for poor communities worldwide, while highlighting suffering, tackling injustice and championing people's rights. The total will be announced in the next issue.

To Advertisers and Contributors

from the Editor

We are very grateful for all the fantastic contributions received at The Parish News. We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14th of the month preceding publication, otherwise the content will remain unchanged.

Easter Gardens

from Kathryn Hill

I would like to thank Tony Cox for again helping me to do the Easter Garden outside St Saviour, I couldn't have managed it by myself and it is lovely to have it there each Easter-tide.

Thank you also, to the team who did the lovely Easter Garden by the font in St Wyllow, it was a joy to see it.



Can you Help?

from the Editor

I have received a letter from Hartmut Ahrens. He spent an exchange visit in Polruan with the Rundle family in 1957. He was taking part in what was described at the time as 'the biggest international camp yet' bringing together 140 young people, representing five nations in camp at Castle Gotha'. At the time the Rundle family lived at 14 Fore Street, now Polruan Stores. Len Rundle was the Leader of the Polruan Girls' Choir (married to Violet with a daughter, Lorna). Hartmut would very much like to know what became of the Rundle family and should you be able to help in any way, he would be grateful to hear. He also enquired after news of Vivienne Brodie, again should you be able to help, he would like to know.

Should you be able to provide any information which you are happy to share, please can you forward this to the Editor.

A note of thanks

from Kath Welsh

A big thank you to Robin and Sue Sainsbury who do so much to help folk in the village. We really enjoy the meals and bingo evenings and can't wait for the next bingo night.

Jigsaws available

from Kath Welsh

I have quite a few jigsaw puzzles available which have kept me really busy over the past year or so. Please get in touch if you'd like to pass some time – they're complete. (01726 870510).

You couldn't make it up!

from Kathryn Hill

I just went to put stuff in my Garden Waste brown bin and found that someone had put a bag of doggy poo in there – what sort of numpity does that?



Please ensure that any rubbish for collection be put out early Monday morning and not before

It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

**Please do not
feed the gulls**

Tom's Birthday Party

from Tessa Skola

The sound of soft jazz, laughter and good times were to be heard from Polruan Village Hall on Saturday, 9 April (recently decorated with funds from the Marjorie Barrie bequest).



Along with homemade pizzas, courtesy of Glenn and Anne-Marie Hudson, BBQ grilled by David King, the birthday cake, music and hospitality organised by Pam, Beth and Ray Rigg plus jazz quartet Sonia Sings, ensured the 80th birthday party for Tom Simmons was celebrated in style.

Guests from as far as Canada were able to dance and catch up with friends at this first gathering since lockdown.

Donations for the raffle went towards Cornwall Children's Hospice which raised an incredible £274 and to Loros, end of life care, with a total of £270. Also £300 was donated to West Cornwall animal charities by Penwith artist, Amanda, who had painted individual paperweights with a heart mandala and date, as a keepsake for each guest from a memorable day.

Tom thanks everyone who attended and sent their wishes and cards plus cheques towards the charities.

A wonderful day was enjoyed by everyone with far reaching effects for absent friends and also those in care.



Letter from Australia

from Mary Taylor, New South Wales



I hope this gets to you on time — it was my birthday on 25 February, so the boys came over and said "come on mother — you're going down town shopping!" I'm glad I did, it was nice to get out and about and I got a few extra things I didn't know I wanted. It was planned to go out to lunch with the family but when we got back home from town, Liz came and said Trish's Mam died that morning. So Plum, Liz, a cousin and her husband brought lunch here. Trish's Mam, Judy, was a lovely lady — she loved a good laugh. Plum took me to the funeral but half way to Wallenberg we had to turn around as we hadn't shut the front door! The service was in the Bribbaree Hall — it was alright as funerals go. Lots of churches and chapels here are closing now and being made into houses, as not as many go to church any more.

I had a quiet Easter, Plum came for lunch on Friday, then it was only me. I hope everyone had a good Easter in Lanteglos.

Anzac Day was alright with the dawn service at 6am and the march at 10.30 — drawing a good crowd I'm told.

The family are all well at the moment. Plum visited his daughter and her family recently.

The weather here is getting quite chilly in the mornings and evenings. I'm still doing some knitting — only squares now and I keep going until my arms ache, then I do some reading. I enjoy reading about the olden days and like catching up with the news in the magazine.

We have to vote again this month — it never seems to end!

Bye for now and love to all the readers.

PS — Jim will have been gone 12 months in June, we still miss him heaps.



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Tuesday	Sorry, closed
Wednesday	9.00am to 1.00pm
Thursday	Sorry, closed
Friday	9.00am to 1.00pm
Saturday	Sorry, closed
Sunday	Sorry, Closed

WELCOME TO POLRUAN KIDZ KLUB

Children from Reception upwards
 welcome!



DATES FOR SUMMER TERM 2022

10th June
 15th July

Fridays 6pm to 7.30pm @ Polruan Village Hall

◇ Fees £1 per session



◇ Includes equipment, drinks and biscuits



◇ Christian values of friendship,
 respect, kindness and equality

◇ Children's safety is our priority



◇ Child protection policy in place

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◇ Contact Angie Mallard
 on 07967131525 for more details



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Letter from Nigeria

from Kathleen and Daniel

Folks have asked how we fill in our days, so here goes —

4:45am — the alarm goes and by 5am we start the daily Bible reading and prayers.

5:30am — the girls, Hannatu and Blessing, start to prepare breakfast and do some jobs before going to school by 7:30am. Daniel and I do odd jobs in the house.

7:30am — Daniel and I have our own Quiet Time. Daniel then carries on reading in the office.

8:30am – 12 noon — I work in the sitting room and do the accounts — giving out money as necessary to those building or going to the market. Each day is different, but there are always jobs to do. I've been sorting out our office and getting rid of unnecessary papers and sorting and distributing books received from the UK. There are always visitors and it's a good time to catch up with Internally Displaced people and hear their news

10am — Coffee break (something Daniel learnt from our UK visits!!). Sometimes it's biscuits or fried locust, if folks from Maiduguri have brought us some. I can hear you say ugh!! But honestly they're delicious.

12noon — Lunch, then if there are still jobs to do, we work for a bit but I find I need a good rest in the afternoon. So tend to play Sudoku, a game on my phone or read a book. Daniel will rest and read. If he hasn't visited the Block Industry or the building of a house in the morning he often goes in the afternoon.

4pm — Wednesday is Prayer meeting

4pm — Friday is Bible study

6pm — evening meal, then we watch the BBC News and then Nigerian News, followed by Bible study with Hannatu and Blessing.

It's early to bed, early to rise, makes a man healthy, wealthy and wise. I doubt if it is true!!

Recently I haven't been able to go to the prayer meeting and bible study activities because I am taking a diuretic — but I do enjoy my own Bible study — I have just finished Revelation and Daniel — I love these two books — it's so relevant for our situation

and encourages us as we know God will win in the end.

Some have asked after our health. Daniel's arthritis of the spine is reasonable and with the belt, massager and exercise, he does very well. In January 2021 we both caught Covid but mine developed into long Covid (and later in the year I developed Sepsis) for which I am receiving treatment. Having just seen the Cardiologist, I am making progress and am due a review in 6 months. We know you prayed for us.

An up date on some local news. The Karl Kumm University opening and the hospital Centenary are not yet sorted out — we wonder whether they will be? Please keep praying. Attacks on the Plateau are ongoing — so please keep praying for Vom. Trouble is expected for the main elections next year — please keep praying but we are in God's hands.

And other news . . . we thank Grace for her help with our UK accounts. She is home teaching Jason part time as he only goes to school some afternoons. Christabel and Jessica are enjoying school and doing well. Yusuf is still in Nigeria but hopes to visit them soon. Mark keeps busy with the Stefanos Foundation. He built some shops and units for renting out, so we ask you to pray that soon they will all be filled. Bethany finishes Hillcrest next year and would love to go to University in the UK. Pray she gets a scholarship. She also keeps busy with her cake making enterprise. Ella is in Primary and doing well. Pray for her future too. Kumi, in the UK, enjoys a busy time - his apprenticeship with day release to college (they want him to upgrade to day release at University) is a full-time job, he plays basketball and football and goes to the gym. He enjoyed meeting so many committed Christians at the Banner of Truth Youth Conference - making new friends. Our prayer is that all of them come to know the Lord as their Saviour and friend.

Thank you so much for your prayers and concern for us. For those who write or email us we appreciate having your news. May God bless and encourage you.

Please note our address in Nigeria:
P.O. Box 1321, Jos, Plateau State, Nigeria.

News from Nigeria

from Kathryn Hill

As I think I have mentioned, I attend a Former Missionaries Fellowship Prayer Meeting on Zoom most months. At the May meeting someone shared an article about Nigeria from Open Doors magazine with grim statistics about those persecuted for their Christian faith in Nigeria. The article said that the Nigerian Church leaders commenting on the situation quoted 2 Corinthians chapter 4 verses 16 – 18:

"Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal."

I am awestruck and humbled by their faith and courage.

Some uplifting news — some of you will remember my late mother holding coffee mornings to raise funds for equipment and school fees for my blind students, including a talking scientific calculator and other specialist equipment to enable Emmanuel to successfully study for his BSc in Maths at the University of Jos. Emmanuel phoned me recently. He is married with four children, the eldest of whom is at University — that made me feel old! Emmanuel works in Abuja in the Special Education Department of the Federal Ministry of Education and, in his spare time, he is a volunteer maths tutor for blind students in schools in Abuja.

When Emmanuel was blinded by measles aged six his father assumed the only possible future he had was to beg and he only allowed Emmanuel to attend the School for Blind Children because it was free and a friend paid his fare to and from school. Emmanuel passed the entrance examination to the Boys Secondary School, Gindiri where I was teaching, but he was only able to attend because of funds raised by my friends and family. His father initially thought we were wasting our money but when Emmanuel regularly came top of his class he began to change his opinion. Sadly, he didn't live to see Emmanuel graduate from University and then get a well-paid job, but Emmanuel's mother did and was very proud of him as am I — not bad for a boy written off as only fit to beg!




KEEP POLRUAN SAFE

We are all learning to live with Covid and thanks to the brilliant work of the NHS and scientists we all feel much less threatened. However please bear in mind that there are still people who are vulnerable or who are still anxious of the relaxing of rules

Please be understanding and kind and where possible maintain social distance and wear masks if requested.

If you do need any help "Polly Pals" are still here to support you with your everyday needs such as shopping, picking up medicines, prescriptions, etc.

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Little Harbour

from Lynn Bartlett

There has been a gradual easing of restrictions at Little Harbour but the monthly tours are still suspended as the care team have continued their day-to-day care provision to safely help keep vulnerable children out of hospital and ensuring care is provided wherever it is needed most.

Popular fund raising events are now going ahead including the Rainbow Run held at RAF St. Mawgan on 18 June.



We are pleased that our monthly book sales have been able to go ahead. The Reading Room is open and the Blamey bookshelves accessible. There are a selection of jigsaws also. Our next two sales are on Wednesday, 8 June and Tuesday, 5 July. Please contact Lynn (01726 870536) if you have books to donate we respectfully ask that they are not left in the Reading Room. We have recently been the recipient of two generous, thoughtful donations that have been gratefully received at Little Harbour.

Thank you for your continued support.



It's That Blooming Time Again!

from Polruan Regatta Committee

A new category has been added to this annual showcasing of the wonderful gardens of Polruan. There will be two categories for best front garden or border, one for small gardens and another for large, and these will be judged alongside the usual best display in pots or containers. Entries will be available at the beginning of June from the Winkle Picker, with judging taking place late June/early July.

With summer on the way, it is time to get busy in the garden creating those wonderful displays that so enhance our fabulous village! Happy gardening!



Grants and Bursaries

for Persons under 25 attending Further (including professional and technical) Education

The Fowey Grammar School Foundation is a registered, local charity (No. 306751) providing annual financial assistance to individual students under 25 in tertiary education who qualify for awards in the form of grants and bursaries.

In the last financial year over £44,000 was awarded to 65 qualifying applicants from the area but there remain a large number of new and future students who are eligible to apply but fail to do so.

Students about to commence a course are advised to wait until they have their A Level results and a confirmed place before applying.

The closing date for new applicants is 20 October 2022.

Awards are normally paid at the start of the second term, whereas those to existing applicants are normally paid in November of their second/third years.

Further details, together with guidance notes for applicants and an application form, may be found here;

<https://fracademy.org/fowey-grammar-school-foundation>

Or obtained by contacting:

The Clerk (Mr M Kotwinski) on 01726-812285 or fgsclerk@hotmail.com.

Sunflowers

from the Editor

The Editor received a letter from Anne Allen highlighting that the Sunflower is the national flower of the Ukraine. She wondered whether local children may like to plant sunflowers this season to show the children of Ukraine we are thinking of them.



kidsdogardening.com

The School children are already well under way with this activity and are currently planting sunflowers in their allotment patch. Maybe they will send in some photos as they begin to grow — I wonder how tall they will be?

Kidz Klub are also planning to have a gardening activity encouraging the children to plant individual sunflowers to take home and nurture during the summer holidays. Hopefully they will be able to share photographs or drawings of their seedlings' progress in September — watch this space!



Steering Group Contact details:

Mrs Lynn Bartlett BEM 01726 870536
email lbart49738@aol.com

Mrs Joanna Sandy (secretary) 01726 870671
Email jsandy8311@btinternet.com

Mr Malcolm Dodd (treasurer) 01726 870100
email malcolm@polruan-regatta.co.uk

As this issue of the Parish News arrives at your home, all our planning will have come to fruition and we'll be beginning our four days of celebration.

With the varied programme of events we think we've appropriately marked this unique milestone in history and celebrated the dedicated service and commitment to the country of Her Majesty, the Queen.

It has been an opportunity for our Parish Organisations to work together, this has been especially important after the last two years. We have been grateful to those who have gone out of their way to accommodate our many, sometimes obscure, requests and to those who have donated funds. Thank you all.

Please come and join in. We hope you have an enjoyable and happy weekend.



Do you have a child or look after a child under 5?

Pop along to Polruan WI Hall on Wednesday mornings 9:30-11:30, term time only.

Refreshments for all.

Session fee: £2 per child; £1 per additional child.

All welcome.

For more information follow our facebook page

or email us babytoddpol186061@yahoo.com





News from Polruan Academy

from Jane Wills, Head of School

We are nearly half way through the summer term already, time is flying!

Preparations are in full swing for the Platinum Jubilee celebrations. A task force has been created to manage the completion of this year's scarecrow for the school gates. Being current cup holders comes with added pressure and we are all very aware that we will need our very best effort again this year. We have had a suggestion box in reception for a couple of weeks which is now brimming with suggestions from children across the school with one recurring theme emerging as the winning idea. We hope you will enjoy their efforts and our display will bring smiles to passers-by over the summer. We are planning a Jubilee tea party for the final day of half term to coincide with the reveal of the scarecrow and the children have been learning a special Jubilee song, which they will perform to parents.

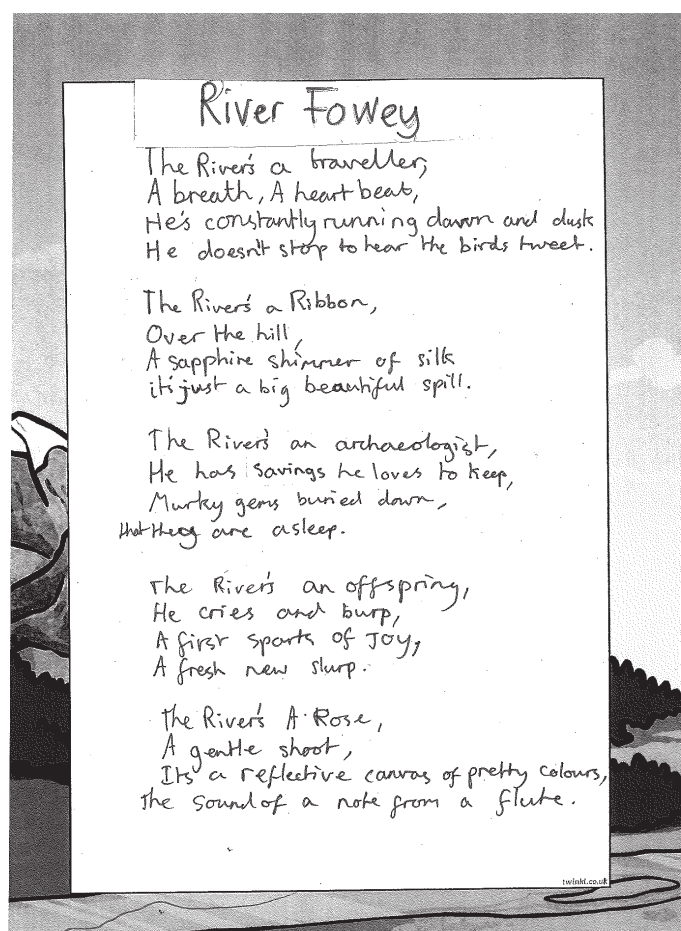
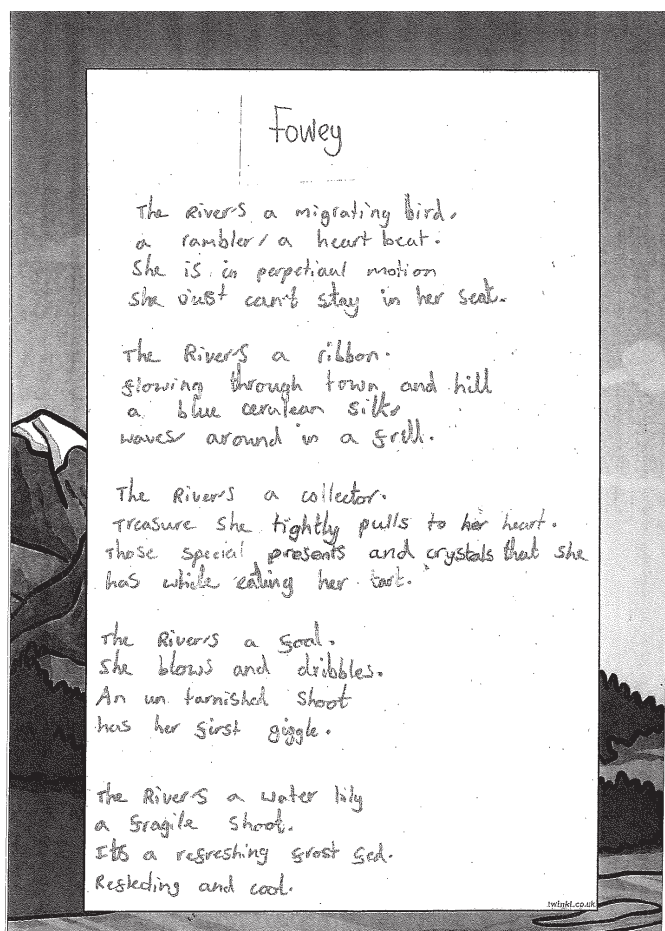
Our allotment is beginning to take shape. The classes take turns to go up each week to plant, water and weed. The weeding is by far the most time consuming, with some particularly prolific species continuing to appear despite our best efforts to eliminate them. Fortunately for us, Mr Sandy has very kindly offered to cover the ground with chipped bark and build some raised beds, which should mean we can spend more time tending plants rather than weeding.

We are looking ahead to some busy weeks to finish off the year, with a trip to the Aquarium in Plymouth, a rock-pooling trip to Readymoney cove and an introduction to sailing experience with Fowey Gallants Sailing Club for the older children. Added to this, we continue to take our learning outdoors using the area on the National Trust Field, where the children learn valuable skills

about nature and the natural environment surrounding us.

Finally, I am pleased to share with you some lovely news about our talented writers. This year, we entered some pieces of writing to the Fowey Festival Young Writers competition. Competition was stiff with more than 500 hundred entries all together across the categories. We are very pleased that two of our pupils were rewarded for their writing with receiving Highly Commended and Commended. In school, we have been studying "The River" a poem written by Valerie Bloom and the children used this as inspiration to write their own about the River Fowey. With their permission, I have shared their poems here – we are super proud of them.

Have a lovely summer.



Heading north — cycling for Ukraine

from Janet Downes

Home in Cornwall now and looking back at my big bike ride from Bristol to Moffat it seems like another world. I just had to concentrate on finding my way and keeping going. I had some sleepless nights before I left mainly because I was worried about getting lost. I knew that the mileage I was planning each day wouldn't leave me with any energy for covering extra bits of the country – especially hilly bits. And if I didn't get to where I was going I would have no bed for the night.



Setting off

With tyres pumped up hard and a bag full of Lucy's homemade snacks, I set off from Bristol. Luckily the first day went well and got me to just south of Tewkesbury feeling very upbeat. A good night's sleep and I was all set for an early start. Unfortunately I managed to pull the blind off the wall in my air bnb room. Felt terrible but left £20 and a message for my hostess. It wasn't a good start and it turned into my worst day. My power pack (which charges my phone en route) had failed so I couldn't afford to use the phone for navigation which uses a lot of battery. In consequence I ended up on busy main roads and frightened myself! Later in the day following the Staffordshire and Worcestershire Canal I was silly enough to get sun burnt and dehydrated. I arrived in Wolverhampton in poor shape both physically and mentally, feeling weepy and unable to make decisions. This is such an important lesson and I should have known better.

By the next morning daughter, Bean, had swung into action and organised a replacement powerpack for me to collect from Argos on my way out of the city. I felt back in charge again if you'll forgive the pun! The day's route was supposed to be all along the Shropshire Union Canal from Wolverhampton to north of Nantwich. It was going to be flat and easy. Ha ha! It turned out to be hillocky grass deteriorating into quagmire mud. Slow progress to say the least. For a boat this is a beautiful canal, very peaceful and with no noisy main roads nearby. Maybe a mountain bike would have done it but my old road bike was completely jammed up with mud, I was up to my ankles in it and after some 15 miles or so I began to yearn for smooth tarmac. Thanks to Bean I had enough battery to navigate myself a new route through about 33 miles of tiny lanes to Church Minshull. It rained hard for the last two hours but at least that washed some of the mud off.

Day 4 was mostly a day of big roads and conurbations as I crossed the Mersey and cycled through Warrington and Wigan and up to Chorley. Absolute highlight of the day was coming across the Marbury Lady tree carving by Simon O'Rourke at Marbury Park, Northwich. A fascinating spooky legend and the most beautiful piece of sculpture. Please google it and look for yourself.



Marbury Lady

Day 5 took me into Preston along a lovely series of leafy cycle paths, avoiding the big roads nearby and arriving in the huge and beautiful Avenham Park where I met a very jolly Flatcoat Retriever. From there it was up to Lancaster, crossing the River Lune on a sculptural new bridge and to my next night at Hest Bank looking over Morecambe Bay.

On day 6, after looking with trepidation at the elevation profile of Shap Fell on the edge of the Lake District and realising that I would probably be pushing the bike uphill for the best part of 10 miles to get there, I decided to re-route to the east and spend a day on the edge of the Yorkshire Dales. It was probably the right decision but a minor navigational error meant that I pushed the bike up what proved to be an unnecessary extra hill anyway. Even without the extra hill it was a long day at over 53 miles and I was glad to get to Penrith just as it started to rain.

Day 7. I had thought I might make a push to finish the remaining 68 miles to Moffat in one day but I was tired and it didn't seem like such a grand idea after all. So I booked a room at the Gretna Inn and made a shorter day of it. The last part of the route took me across the Solway Firth with a howling



Coffee stop!



crosswind that made it difficult to keep the bike in a straight line. I was glad to stop. My night at Gretna can only be described as noisy with contributions from the traffic, the rain, the dog next door and a bunch of well oiled football fans singing in the bar beneath my room. I wasn't sorry to leave the next morning!

Day 8 was still blustery with spits of rain but progress was good along straight roads through Lockerbie and on up to Moffat. The scenery was getting more beautiful with each mile and then quite suddenly I had arrived and the flags were out to welcome me.



The Scottish Hills

This ride has been an amazing experience. It has tested me both physically and mentally and I am extremely grateful to family and friends who have accompanied me in spirit and sent messages along the way. I have covered a fair length of our country and everywhere I have encountered the kindness of complete strangers. I have also found support for Ukraine at every level with the Ukrainian flag flying in cities, towns and villages, in shop windows, house windows and gardens. Despite times being hard for many, the people of this country are doing what they can to help. Many have offered a home to refugees but are still waiting for them to be allowed in. Can it be that there is more compassion in the people than in the government?

Thank you to all who have sponsored me on this adventure. If you would still like to, this is the link:

justgiving.com/fundraising/janet-downes2

p.s. My hostess for the first night messaged me to say she'd had no problem putting the blind back up and returned the £20 to me!

Farewells

A note of loss

from Pat Cummings

Patricia and Michael Cummings wish to thank everyone for their wishes of sympathy on the death on 2 March of their beloved brother, Peter.

Farewell to Gill Ware

from Mel and Stubbles Hicks

Gill Ware, formerly of East Street, Polruan passed away on 25 April 2022 aged 86.

Gill and her late husband, John, spent many happy years living in Polruan and made many friends in the village.

She was a much loved Mum to Nick, Tim, Beth and Mel, Mother in Law to Christine, Simon and Stubbles and Granny to her grandchildren and great grandchildren.

Donations can be made in Gill's memory in aid of Macmillan Cancer Support at www.memorygiving.com/gillianelspethware

or by sending a cheque (made payable to R J Bray Donations) along with a note with Gill's name to R J Bray and Sons, Egloshayle Road, Wadebridge, PL27 6AD

Farewell to Helen Swiggs

from the family

The family of Helen Swiggs; Mark, Melissa, Mitchum, Robin, Gary and Coco would like to sincerely thank all those who sent cards, donated to charity in Helen's memory and attended the Service of Thanksgiving on 29 April 2022. The sharing of memories, kindness and generosity has been a comfort in this difficult time.



Havens

by the late Mavis Cocks

"Any old port in a storm" we say.
But to seamen there's no truer words.
When battered by ferocious gales
For haven they say, "Thank the Lord".

To burrows little creatures hastily run.
Birds swiftly fly to their nest
Cattle huddle in the lea of a hedge.
At such times nature knows best.

Sudden storms often hit our lives
Havens we hopefully find.
Sanctuaries where we can thankfully rest
Weary bodies and anxious minds,
Havens.

First published in the Parish News October 2006

© Mavis Cocks



**OPEN STUDIOS
CORNWALL
2022**

from Janet Downes

Artists and makers right across Cornwall will be throwing open the doors of their studios to the public from Saturday, 28 May until Sunday, 5 June. Look out for the distinctive orange circle logo.

Within our parish the following venues will be open: Rosanna Shakerley, artist and photographer; Olivia Clifton-Bligh, sculptor and printmaker; Sean Hewitt, abstract artist; Janet Downes, silver jewellery maker. Details of these and all other venues will be on the Open Studios Cornwall website. Why not plan a day out and make an art trail? It's a brilliant opportunity to meet the artists and makers and to buy an original piece of work.



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Lian, Rach, Susanne, Ang,
Kev, Chrissy and Kev.

MEMBERSHIP:

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Cornwall shown by C Fyilm community film clubs

Polruan residents, Local residents and visitors are all welcome!

BOOKINGS:

by phone on 01726 870525
or through the
website: www.polruanfilmclub.co.uk
or email: bookings@polruanfilmclub.co.uk



Your first film is included in your membership fee. Then you just need a ticket for each screening you want to attend



A ROYAL NIGHT OUT

at 2pm on Saturday 4th June (Doors 1:30pm).

For our Platinum Jubilee Celebration Film we will be serving Pimms on arrival to refresh you on what we're all hoping will be a warm sunny weekend. This film is loosely based on true events when Elizabeth and Margaret Windsor have a night out incognito to celebrate VE Day.

MIDNIGHT IN PARIS

Our second June film is on
Saturday 25th June at 7pm
(Doors 6:30)

Midnight in Paris is a fantasy comedy film. Very cleverly written it weaves time travel and modern day story brilliantly!



BRAND NEW WEBSITE and BOX OFFICE

You can buy memberships and your tickets online as well as ordering food and

drinks for arrival or the interval. Members can sign up to view full details of planned films and events.

You can find our website at www.polruanfilmclub.co.uk

JUSTICE LEAGUE Saturday 30th July - 7pm (Doors 6:30)

A 'Superhero' movie for 12 yrs and over. This really is a great film for all the family and even a grandma who thought it wasn't her sort of film has admitted to loving it when watching with the family! It's an 'edge of seat' film to kick start the summer holiday break!



TICKETS: ADULTS: members £4 / non-members £6 YOUTH 12 - 15: members £2 / non-members £3 UNDER 12: -£1

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The first Saturday of every month 10am-1pm, at Whitecross Village Hall

**Dates for your diary: Saturday 4th June – Jubilee Market, Saturday, 2nd July
Saturday 6th August**

Platinum Jubilee Market

On Saturday, 4 June the market will have a celebratory feel to it, in honour of the Platinum Jubilee of Her Majesty the Queen. We'll be giving away proper Cornish splits, together with jam and cream to all shoppers. And there'll be a festive atmosphere – feel free to dress up in 1950s outfits, or in red white and blue. Or just wear your usual crown or tiara!

Our new outdoor shelter... should be up and running for the Jubilee Market. We hope to have some new stalls under it, as well as tables for you to enjoy your teas, coffees, pasties and ice creams with a bit of protection from the famous Whitecross micro-climate.

Huge thanks to Steve and Shanie Herbert, and their brave volunteers, for putting so much time and effort into building the shelter for all of us. It's been true community spirit at work!

Don't forget:

- You can now pay by card for pasties, and in Brew with a View, plus most of the stalls.
- Our bright green jute bags help to support the market and spread the word.
- Community buses run to the market from Fowey and Polruan.

Local produce you'll find at the market this summer

- Fresh fish and shellfish from the sustainable Looe day-boats
- Goat meat, pies, Scotch eggs, jams and preserves, goat's milk soaps from Tywardreath
- Dexter beef joints, steaks and mince from Pencarrow Head
- Seasonal vegetables and plants from Lanteglos Highway
- Rare-breed pork, gammon, bacon, sausages, hogs pudding, chicken, lamb and hand-raised pies from the Devon border
- Small batch hand-roasted coffee from Liskeard
- Bread, pies, quiches and tarts made in Polruan
- Cornish cheeses, chocolates, biscuits, oils and cordials from the deli in Lostwithiel
- Cakes, buns, brownies, tiffin and flapjacks made in Bodinnick
- Milk, cream and butter, honey, juices, eggs from the Green Cow Dairy (and the chance to sign up for your local milk round)
- Home-distilled vodka, negroni, rum and pink peppercorn gin, plus savoury goodies from the Old Ferry Inn
- Ice creams (banana, salted caramel, vanilla, Turkish delight, chocolate and strawberry) plus doggy ice creams, from Looe
- Cards and gifts made in Polruan
- Aromatherapy skincare, soaps and candles made in Bodinnick

New stalls coming soon include local organic veg, and local willow charcoal (for barbecues and drawing), mushroom logs and basketry.

Liddicoats pasties (steak, or cheese & onion) from Lostwithiel are cooked in the hall kitchen by Kim and Joan. Outside you can buy teas, coffees, hot chocolates and ice creams from Jane and Toby in Brew with a View.

And your Cornwall councillor, **Edwina Hannaford**, is usually at the market – pop into the back room of the hall for an informal chat with her.

Find us on Facebook and Instagram

Email: whitecrosslocalmarket@gmail.com

Tel: Liz on 07900 668604



So much delicious local food at the market



Buy a market jute bag and help spread the word



Goat's milk soaps handmade by Helen from Copperton Farm

Photos by Charlotte Kettle and Liz

News from Frogmore Farm

from Gill Palmer

Good news, at last we have had a clear TB test. It was a stressful two days. All the cattle had to be brought into the sheds, not an easy task when there are so many cars on the roads! We try to stop all the traffic so the cattle can have a clear run without being frightened by engine noise etc. Most people are very understanding and wait patiently, but others get very cross. I'm sure a five minute wait is better than having your car door kicked in by a frightened animal!



The second day (three days later) is always the worry day. Will they be TB free? We can't be sure until the very last animal has passed the test. We took the opportunity to give the cattle a worming dose as they went through the crush. A much easier job than it used to be, now the wormer is spread along the backbone with a spray gun (we used to have to squirt it in their mouths). We also put some fly repellent on them. That will stop the hundreds of flies from biting them. That's not organic but the welfare of our animals must come first.

We had a very tiny calf born, her Mum wasn't supposed to be pregnant but the Bull must have mated her while she was still drinking milk from her Mother. We noticed her udder growing a couple of months ago and the vet



confirmed her pregnancy. She was put into the field outside the house. One morning on looking out of the window, this tiny calf was spotted. The young Mum looked very surprised when it tried to have a drink from her, she kept walking away, but the calf's persistence paid off and soon she was filling her tummy with the warm colostrum (first Milk) that all new born animals need in the first few hours of life. This gives them protection from all sorts of illnesses that calves are prone to.

Now at two weeks old, she races around the field at full speed, her little tail curled high in the air, then back to Mum for a drink again. It's so sweet.

The swallows were late arriving this year, ten days later than last year. They soon got to work repairing their nests with mud, chattering loudly as they worked. We are looking forward to hearing the chicks calling for food as Mum and Dad work hard to feed them. The tiny wrens who use the nests in the Winter were very cross when the swallows came back. One has built a very untidy nest in the porch roof but as yet hasn't managed to attract a female to inspect it.

The wild flowers in the hedgerows don't seem to mind the dry weather we had in April and May. The bluebells and primroses have been fantastic, the perfume from them as you walk along the road is wonderful.



The wheat and barley crops are now growing in the fields. We are hoping for a good yield this year because there will be a shortage of grain due to the ongoing war in Ukraine. Dairy farmers are having to pay almost double for the cattle feed needed to produce the milk we all drink. Poultry farmers have the same problem. It's a vicious circle.

Saving Lives

Through the generosity of the Fowey Community Hospital Welfare Trust, an additional defibrillator has been installed in our Parish at Whitecross Village Hall. This is particularly important for members of our community who live in more isolated rural areas.

Coast Medic, a National Maritime Ambulance Charity, supplied the equipment.

The defibrillator is very simple to use, with voice instructions given whenever it is activated.

A training session will be organised later in the year and everyone is welcome to attend.





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Following the success of local author Tim Bagshaw's *This Sacred Land: The Return of the Prince*, the first in the *Chronicle of the Dewnan* series, his highly anticipated sequel, *This Sacred Land: Fight for Freedom* is welcome news

for fans of historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.










Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. *This Sacred Land*, Parts 1 and 2 combine myth and reality in this must-read series.

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: www.twitter.com/@bagshaw_tim and www.facebook.com/dewnanchronicle



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.

Useful numbers		
	Emergency - not life threatening	111
	Fowey River Practice	01726 829272
	Boots Chemist, Fowey	01726 833332
	Polruan Village Store	01726 870477
	Winkle Picker Post Office and shop	01726 870134
	Crumpets bakery	07890 602813
	Jam First Coffee shop	07875 293364
	The Russell Inn	01726 870707
	The Luggier Inn	01726 870567
	Travel Cornwall Bus service	
	Polruan Community Bus	01726 870707
	Citizen's Advice, St Austell	0344 411 1444
	Lanteglos by Fowey Parish Council	01726 884024
	John Adams, Chair of Parish Councillor	
	Edwina Hannaford, County Councillor	01503 264160 07717203725
	Trelawny Benefice Administrator	07399 563440
	The Foodbank, Liskeard and Looe	
	The Trussell Trust	07512 011452
Anyone needing any assistance can message Polruan Isolation page - this will be seen by the administrator who will maintain discretion.		

	www.cornwall.gov.uk/reportit Use this link to view a full list of things you can report online
	www.cornwall.gov.uk/reportroad Report a pothole, street works, electrical or highway problem
	www.cornwall.gov.uk/missedcollection Report a missed waste collection
	www.cornwall.gov.uk/reportdog Report dog fouling
	www.cornwall.gov.uk/reportvehicle Report abandoned vehicle
	www.cornwall.gov.uk/reportgraffiti Report graffiti
	www.cornwall.gov.uk/flytipping Report flytipping
	www.cornwall.gov.uk/reportbreach Report breach of planning control
	www.cornwall.gov.uk/reportchange Report a change of circumstance

Lanteglos-by-Fowey Parish Council June 2022

from Gillian Thompson, Clerk; Lanteglos by Fowey Parish Council

Parish Council Report

Parish Council Meetings

The Parish Council have now returned to face-to-face meetings. Members of the public are warmly invited to attend.

Fore Street Drains

Mr Will Glassup, Highways had provided a further update on the drains in Polruan. He advised: "The data and surveys have been reviewed and unfortunately are not straight forward. The surveys completed to date show Cornwall Councils drainage out-falling to a South West Water combined line. From discussions with Cornwall Councils Asset Management Team, South West Water have a responsibility to make improvements to this line. The CC Asset Team are discussing this with SWW to find an outcome that suits all involved. Installation of a separate surface water line is not really practicable in this location so improvements to the combined line we have are the only feasible option".

Road Signage on Fore Street

Mr Will Glassup, Highways advised:

"I am doing some work this week on the reconfiguration and additional signage into Polruan itself. Original plans with Edwina and the Parish mentioned installing buildouts at the junction to St Saviours Hill, this at the moment is not possible without secured funding and will require a statutory consultation as outlined by Cornwall Council Policy. However I am seeking guidance on what rationalisation we can undertake on the original signs in place and adding the signs the Parish Council has recommended from the site visit at the end of November. This included 'no through road' signs on key locations and repositioning of current signage to aid the tourists within the area".

Public Conveniences

All the public WCs are now fully open for the summer season and were given a deep clean. Various minor repairs / maintenance issues were dealt with from unblocking drains to doors that wouldn't close properly. Members are in the process of drawing up a Regular Maintenance Schedule.

Valuation reports had been commissioned from Steren Surveyors and the insurance cover in respect of rebuilding costs had been increased accordingly.

Road Closure

The road from Pol-tec Lane to Old Road, Lanteglos will be closed from 18 to 22 July 2022 (24 hours).



Planning Applications

PA22/01635, Old Ferry Inn Old Road

Bodinnick – proposed re-roofing and addition of new roof light on south elevation. Members had no objection.

PA22/02189, 16 West Street Polruan –

reinstatement of lean-to porch. Members had no objection.

PA22/02059, Jan Syvy Old Road Bodinnick

– Two Storey Extension. Members had no objection but Members query if the proposed design is out of character and not well integrated as required by the Policy 1 of the NDP. In particular, the wooden cladding is not in keeping.

PA22/02753, Overferry Old Road Bodinnick – the complete demolition of the existing house and the construction of a new 4-bedroom replacement dwelling and detached garage with associated landscaping works. Members had no objection.

PA22/02775, 42 West Street Polruan –

proposed erection of a timber summerhouse in the rear garden. Cllr. Clare-Dunbavand left the meeting when this item was discussed. Members had no objection.

PA22/02728, Veverly Car Park and Reservoir

Polruan – change of use of disused reservoir to storage facility with associated road and parking, new parking layout to car park with ANPR barrier system with payment meter, solar panels to reservoir and garage roof. Seasonal cafe/takeaway. Allotment gardens and landscaping.

Members had no objection in principle to the development of the site but have concerns about the road access, the impact on the coastal SSI and the "Green Space" identified in the NDP. Members do request a construction management and traffic management plan as conditions.

PA22/03595, 8 St Saviours Hill Polruan – non-

material amendment in relation to decision notice PA21/07112 dated 28.09.2021: glazed link/flat roof sections between proposed dormers removed on front and rear of roof and reinstated as pitched slate roof; proposed first floor outrigger cladding revised from render to timber cladding; external down-lighter by rear entrance door and terrace door; and other minor material revisions to balustrades, doors and windows. Members had no objection.

PA22/03366, 4 Battery Park Polruan –

redesigned roof to property. Reconfigure internal layout. Form first floor bedroom over existing balcony. Enclose garage side covered walkway within garage. Construct Veranda. Members had no objection.

PA22/03601, Pont, Opposite Road from

Whitecross Hill to Little Churchtown Farm – proposed remodel and extension. Members supported this application.

PA22/03552, 42 West Street Polruan –

construction of an area of decking and glass balustrade on the flat roof of the existing timber garden building. It was confirmed this was a retrospective application. Members had no objection.

Planning Applications Approved by Cornwall Council

PA21/12235, Pengegon Essa Polruan – demolition of existing detached house and detached garage, and the erection of a replacement detached dwelling, detached carport and workshop and associated landscaping.

PA22/00237, Bryn-Y-Mor 3 Chapel Lane Polruan – conversion of loft space to create new first floor, raising the ridge by 1.7m and installing new roof with dormer windows. Upgrading of conservatory, alterations to ground floor layout and reconfiguration of windows. Re-building of workshop in garden and addition of bathroom to existing studio. Gardens to be landscaped.

PA22/00605, 72 Fore Street Polruan – proposed garage.

PA22/01057, The Old Vicarage 2 Battery Lane Polruan – the erection of a potting shed in the walled vegetable garden on the south side of the site.

PA22/02189, 16 West Street Polruan – reinstatement of lean-to porch

An Amateur Gardener's Heartfelt Prayer

by the late Mavis Cocks

May the good Lord keep cats from my patch.
Shoo them away to other places to dig and scratch.

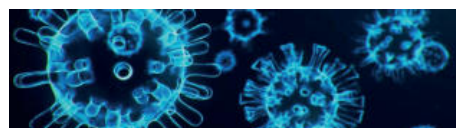
May slugs and snails give me a rest,
then I'll no longer see them as pests.

May sun and rain be kind to my seeds,
then I'll raise hardy plants and not weeds.

May my puny efforts be crowned with success,
then I'll thankfully sit back and rest.

And if I smugly start to bore friends, well then
may they stop me with a fervent amen.

© Mavis Cocks
First published here April 2005



Information about Coronavirus

The government's current guidance is:

- Get vaccinated and get your booster dose
- Consider wearing a face covering in most indoor public places and on public transport
- Wash your hands regularly and cover coughs and sneezes
- Let fresh air in if you meet indoors. Meeting outdoors is safer



HOMES FOR ALL



In November 2021 Lanteglos-by-Fowey Parish Council, responding to an initiative from Bude-Stratton Town Council, approved a policy on housing which, if adopted by Cornwall Council, would go a long way to resolving the dire housing situation many people in Cornwall are in.

The policy, in summary, is as follows:

- Stop Right-to-Buy
- End the Bedroom Tax
- Build homes for rent using Cornwall Council financial resources – publicly-owned, publicly-accountable housing, designed and built by Cornwall's own workforce. Developers, whose priority is profit rather than meeting need, to be excluded
- Requisition empty or under-used properties
- Adopt policies to reduce second home ownership and holiday rentals
- Bring back secure tenancies for council tenants
- Outlaw S.21 (no fault) evictions; create a hostile environment for rogue landlords
- Set up rent tribunals throughout Cornwall to match rents to local incomes
- Set up a register of private landlords
- Change the definition of affordability – link to local incomes rather than house prices
- Close the house transfer register to people with no Cornwall connection

Lanteglos-by-Fowey Parish Council is urging every Cornwall councillor, every Cornish MP and every Cornish town and parish council to endorse this policy. Comments from parishioners would be appreciated. See the full policy on the parish council website: lanteglosbyfowey.org.uk



Higher Windmill Allotments

from Brian Cook

We complain when it's wet, we complain when it's too dry . . . when it's too cold, when it's too hot! Gardeners are always seeming to be struggling with the elements!

Recently we have had a particularly dry period that was also quite chilly at night. This discouraged early sowing and planting. We have had the promise of rain showers but these more often than not have not materialised so we have all been out with watering cans trying to get our seeds to come good.

But this is an optimistic gardening time of the year when we are looking forward to having a good season's abundant produce. Across the allotments, potatoes are in and seeds of carrots, spinach, beetroot, parsnips and beans have been sown. We also have plants that have been raised at home to put out . . . cabbages, cauliflowers, various beans, sweet corn, courgettes, lettuce and more. About now we realise that we haven't been quick enough to prepare sufficient ground to take all this produce . . . more pressure, but it's worthwhile.

We are already eating early produce like broad beans, that were sown before the winter, and early lettuce and spinach that stood through the winter. We have had our first rhubarb crumbles of the season too!

Soft fruit always does well on these allotments. Strawberries have flowered and are now fruiting. These will need protecting from birds. Gooseberries have also fruited and we see early signs of other currants.

We mentioned in our last report the reopening of Gypsy Lane as a private access to the allotments from the village. This continues to be a boon and is well used. There are finishing off works to complete to the boundary of the lane.

It is particularly pleasing to see the school pupils on their patch. They are obviously enjoying themselves and will turn out to be great gardeners.

The waiting list for allotments is short. If you want to join us, initially talk to Des Libby. He'll be glad to show you around.

WHITECROSS & DISTRICT GARDENING CLUB

Whitecross and District Gardening Club
from Jane Ashworth on behalf of WDGC

WDGC will be advertising our new programme of garden visits shortly and we hope to share the full programme of visits, talks and events for 2022-23 (including details of our Christmas Party) in September. Please watch this space.

New members are always welcome
Please telephone
Sue Watts on 01208 871513



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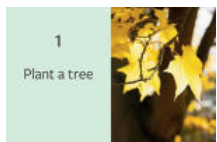
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www.hcpc-uk.org

10 ways to be more sustainable in your garden

from the Royal Horticultural Society

Make a difference to the environment with these easy tasks

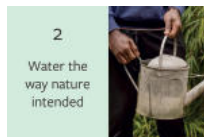


1 *Trees are brilliant at drawing down carbon from the atmosphere.*

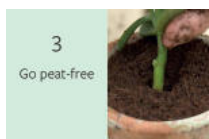
If all 30 million UK gardeners planted a medium-sized tree in their community, school, workplace or garden and nurtured it to maturity, they would store enough carbon equivalent to drive you more than 11 million times around our planet.

Switch from mains to rains in your garden to save carbon. Make your pledge on mains2rains.uk

Use a water butt containing water that falls onto your roof instead of turning on a tap from the mains supply, or use a watering can instead of a hosepipe. So far 6.6 million litres of water have been pledged to save on the RHS mains2rains website, equivalent to taking 82,385 baths - saving enough carbon equivalent to charge 1.3 million smartphones.



2
Water the way nature intended

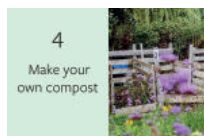


3 *Peatlands are the world's largest carbon store on land. They provide valuable ecosystems for plants and animals and act like sponges, reducing the risk of flooding.*

When we take peat for our gardens, carbon is released and habitats are damaged. Keeping peat in bogs – not bags – is a crucial part of the fight against climate change. Our planet's billions of acres of peat hold more carbon than all the world's forests combined.

Carbon saving quantities linked to home composting (as opposed to buying bagged retail compost) are equivalent to 1.85 miles (driven by average car) saved per kg of home compost made.

Every 1kg of homemade compost typically saves over 0.1kg fossil CO₂ emissions, which could save more than 5.1 kg carbon, per gardener, every year.



4
Make your own compost



5 *Garden soils and perennial plantings play an important role in storing carbon.*

If 30 million gardeners pulled up a paver and planted 1m² of perennial plants (either herbaceous, shrubs or trees) in their community, school, workplace or garden and allowed it to develop to maturity, depending on the plants grown this would be equivalent to heating between 86,000 to more than one million homes for a year!

Pollinators need our help. Loss of habitat is one of the main reasons why we see fewer bees, butterflies and other insects visiting our gardens.

Help slow and reverse the declines in bees, butterflies, moths, hoverflies and other pollinators by growing a wide variety of plants including a mixture of native, near-native and exotic plants to support pollinator diversity.



6
Plants for pollinators



7 *Some imported flowers have up to 10 x the carbon footprint of home or UK-grown bouquets.*

Growing or buying UK-grown cut flowers can save up to 7.9kg carbon per bunch compared with buying some imported bunches.

An average petrol power tool emits 0.848 kg carbon per litre of petrol used. It's not only carbon, they emit harmful particulate and noise pollution too.

If the 21% of UK gardeners who use power tools switched from fossil fuel to green energy electric-powered tools, it would save enough carbon equivalent to drive around the planet 29,820 times.



8
Electrify your garden



Help map UK garden plant diversity

Add your garden plants to RHS My Garden online. Together we can help map UK garden plants, helping to conserve and grow this important biodiversity now and for future generations. So far we have 122,000 users who have added 2.4 million plants consisting of 77,600 different types of cultivated plants.

Buying locally sourced and home-grown produce can save significant amounts of greenhouse gas emissions.

Eat more home-grown UK, local and seasonal fruit and vegetables from local sources or from your own garden or allotment. Growing at home allows you to choose not to use pesticides – another plus for the planet.



10
Eat more home-grown, UK, local and seasonal fruit and vegetables



12 Fore Street, Polruan
Freshly baked bread and rolls

Croissants

Savoury pies and pastries

Party catering

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Monday to Saturday

8.15am 'til 2pm ish

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Cornish Pasty graphic by Matt Hawdon from the Noun Project



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Lanteglos Community Bus Timetable

	Jun	Jul	Fare
Whitecross Market	4 th	2 nd	
Donation			
Par Market & St Austell	1 st , 15 th	6 th , 20 th	£3.00
Trago & Bodmin	8 th	13 th	£3.00
	8 th	13 th	£4.00
Truro	22 nd	27 th	£4.50

All services are now on Wednesdays except for Whitecross Farmers Market (the first Saturday of every month). The services start from Furze Park at 9.25 (10.15 for Whitecross), then as requested at Well, Greenbank and Ferris Way. Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick.

£1 reduction for concessions to all fares.

To book, please call in at The Russell or telephone 01726 870707 (please do not phone before 9 am)

Service subject to driver availability and of course Government Guidelines

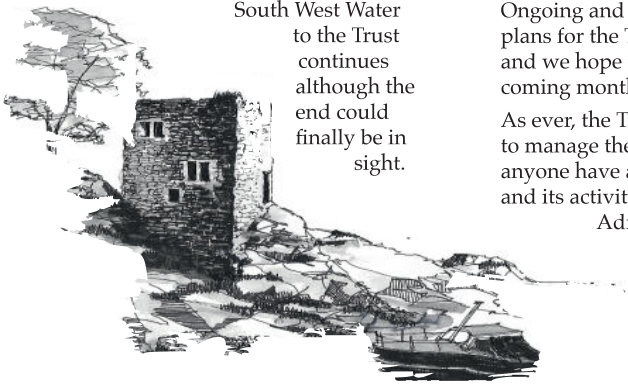
Town Trust Report

from Dave Guy, Chairman

Since the last update the Trust held its well attended AGM at the beginning of April. With Edgar Goddard and Robert Libby leaving the Trust there are two new trustees Tony Cottrell and Vicky Halls. I would like to take this opportunity to thank Robert and Edgar for their contributions to the Trust and welcome Tony and Vicky. After steering the Trust through what has been a difficult period, Robin Sainsbury has decided to stand down as Chair and Dave Guy was elected by Trustees to be the new Chair.

The plans for Vevry are currently going through the planning process and the outcome of the application should be known in June. A site meeting was voluntarily held by the Trust at Vevry where the views of those present were heard and subsequently parts of the plans were amended. Thank you to those who took the time to attend and share their views.

The prolonged process of the transfer of the Quay from South West Water to the Trust continues although the end could finally be in sight.



The current delays are mainly around tying up legal issues which are in the hands of the Trust's solicitors.

The majority of the funds from Marjorie Barrie's generous bequest to the village have almost gone however there is still some residual remaining. If there are any organisations who would like to apply for funding / additional funding from the bequest, please get in touch with the Clerk.

The repairs and refurbishment of the children's playground on the hill is nearly complete which will mean children will once again be able to safely enjoy this area.

Shortly a fence will be erected around the ruin of St Saviour Chapel to restrict access and keep everyone safe whilst enjoying the area. The decision to erect this fence was taken after professional, expert advice was received and is not only to keep everybody safe but to also dissuade interference with the structure itself.

In the coming months the Trust will be creating and developing a website, further details of which will be promulgated once it is up and running.

Ongoing and future preventative maintenance plans for the Trust's assets is being evaluated and we hope to provide further updates in the coming months.

As ever, the Trustees continue to do their best to manage the assets of the village. Should anyone have any questions about the Trust and its activities, please contact our clerk, Adrian Fisher, or any Trustee.

polruantowntrust@icloud.com

Handing over the Helm at Fowey Harbour Commissioners

Since its formation in 1869, the Board of Commissioners has been dedicated to protecting the Fowey harbour's environment while supporting, facilitating and promoting the many businesses, groups and individuals, whose livelihoods depend on it.

After serving the maximum 12-year period on the Board, Captain Will Mitchell has stepped down as Chair. His knowledge and passion for the Port has kept the harbour on course through changing and often challenging times, from

variations in commercial cargoes, demand for leisure facilities and more recently the COVID-19 pandemic. Will has worked with three different Harbour Masters during his tenure to continue the crucial role of the Commissioners in their stewardship of the estuary.



The Board members raise a glass to Will as he retires as Chair

Fowey Harbour Master, Captain Paul Thomas, said

"We would like to express our heartfelt thanks to Will for his absolute dedication and service to the Port. We are also delighted that Will is to retain his position as a Harbour Pilot, so we are sure he will continue to keep his eye on the harbour which he knows and loves".

Taking over from Will is former Vice Chair, Nick Gill. Having been a Board member

since 2015, Nick has a strong understanding of the Harbour and its operations. Nick lived in Fowey for over 15 years and served for 10 years on the Fowey lifeboat crew before moving to Lostwithiel. As well as a successful career in the marine industry, Nick is

a leisure boater who says he is happiest afloat and enjoying everything Fowey Harbour has to offer. Upon taking the helm from Will, Nick commented

"I am thrilled to be taking on the position of Chair of the Board of Commissioners and I relish this opportunity to further serve the Port of Fowey".

Lanteglos Parish Council

Important Notice

As local residents know, there is an ongoing problem caused by Seagulls tearing open plastic rubbish bags, strewn the unsanitary contents around and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

early Monday morning and not before!

It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

Please do not feed the gulls

Subscriptions

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

We only charge for the postage so please contact us to have the Parish News sent by post on publication for a year.

To Graham Tyson, The Old Barn, Polscoe, Lostwithiel, PL22 0HS

Please send me the next 6 issues of the Parish News by post on publication.

PLEASE PRINT CLEARLY

Name _____

Address _____



from Eric Lockyear

As the summer season gets underway and on-the-water and shore-based activity increases, our volunteer lifeboat crew has been putting their training to good use. On 23 March, the All-weather Lifeboat Maurice and Joyce Hardy was launched to assist a para-glider who had landed on Vault beach, near Gorran Haven. On arrival at the scene, the Fowey crew, assisted by Mevagissey Coastguard, found that the man was safe and had been able to recover his para-glider from the beach.

On the afternoon of Easter Saturday, 16 April, the Maurice and Joyce Hardy moored up on Fowey Town Quay to welcome visitors for guided tours. Visitors were enjoying the onboard experience when a distress call was received, and the lifeboat was launched to a yacht stranded seven miles south-east of Fowey Harbour.

The yacht was being helmed single-handedly by an 85 year old man who was on passage from Torquay to Falmouth. His navigation system had failed and he was experiencing engine problems. Light winds were hampering progress. As he was in unfamiliar waters and on his own, he made a Pan Pan distress call. A Pan Pan call means that the situation is serious, but unlike a May Day call, there is no grave and imminent danger to the boat or anyone on board.

Fowey lifeboat quickly reached the vessel and put a crew member onboard the yacht to assist. The yacht was then taken in tow and safely towed into Fowey.



On Wednesday, 6 April, the Maurice and Joyce Hardy was launched in response to a request from the Coastguard to locate and assist an inflatable dinghy being blown offshore at Pentewan, with a father and daughter onboard. The request for assistance was also answered by All-weather Lifeboat 16-11 from Angle, South Wales, which was on passage from Poole back to Wales and happened to be near the casualty vessel.

Lifeboat 16-11 was first to arrive at the scene, where their volunteer lifeboat crew recovered the dinghy and rescued the father and daughter. Fowey crew then assisted in taking the dinghy and the two people back to safety in Mevagissey.

With more people heading to the coast for the summer, the RNLI urges people to



Fowey and Angle lifeboats in Mevagissey

follow safety advice. Offshore winds and high tides can be particularly dangerous so it is imperative to check the weather forecast and tide times before setting out. Always tell someone where you are going and when you expect to be back; wear appropriate buoyancy aids or lifejackets; and always carry a means of calling for help. If you see anyone in danger on or near the water, call 999 and ask for the Coastguard.

Back on shore, March saw the welcome holding of the lifejacket clinic at the lifeboat station. The marine safety specialists, Ocean Safety, carried out safety checks on 169 lifejackets. Over 50% needed a critical safety part replacing, meaning that had they been used in an emergency, they might not have worked and could have caused loss of life. Eleven lifejackets were condemned outright as being unfit for use; a further 51 needed new capsules; and 26 required replacement cylinders, both critical elements in a fully functioning lifejacket.

Ocean Safety advised people on danger signs to look out for: for example looking at the webbing and the stitching that holds the webbing together, checking for signs of worn stitching and also checking zips, buckles,

fastenings and crotch straps. They also advised that fabric is significantly affected by salt water. If lifejackets have been stored in damp conditions, for example onboard, critical elements such as the salt tablets used to trigger the inflation will absorb moisture. Defects can be revealed by being regularly opened and inspected, and through manual inflation.

Fowey Lifeboat Operations Manager, Chris Ogg commented:

"I'd like to thank Ocean Safety, TMS and all the volunteers who helped out. While it was encouraging to see a good turnout, many other people will not have had their lifejackets checked in the last couple of years. It is vital that they are checked and serviced regularly by the manufacturer or recommended agent."

In return for the valuable service provided, a voluntary collection on the day raised over £700 to support the running of Fowey lifeboat station.

The comprehensive work on the pontoon, with the installing of new piles, has been completed and the All-weather lifeboat is now back on home station. The old piles were installed over 20 years ago and were showing signs of corrosion. The new piles will ensure our volunteer crew are safe and that our lifeboat can continue to operate from the pontoon for the next 20 years and continue to save lives.

Congratulations to volunteer crew members Nat Wilkinson, Graham Middlewood and Steven Harris on passing out as qualified All-weather lifeboat mechanics.

Visiting sessions to the lifeboat station are well underway and it has been great welcoming visitors back onboard. Our guides will take up to eight people over the vessel at a time to show where the mechanic, navigator, helm and cox work in the wheelhouse, and explain what they do and what their responsibilities are. Visitors can see the charts, radar, electronics and equipment that the crew use onboard and go below into the survivors' cabin and up onto the flying bridge. All visits are subject to the weather and lifeboat operational issues, such as shouts. Opening times are Wednesdays and Saturdays, from 10.30am to 3.30pm. Please check our Facebook page, @FoweyLifeboat, for details and times.

The RNLI is the charity that saves lives at sea.

**A GIFT IN YOUR WILL
IS OUR PROTECTION AT SEA**

To find out more go to RNLI.org/Wills
or call us on 0300 300 0062 and quote 'Parish News'.



Polruan Coastguard

from Des Libby, Station Officer

At the beginning of April the 8 members of the team took part in the new Coastguard Emergency Responder Casualty Care course (CERCC) spending 3 consecutive days training at the freshly modernised Polruan Village Hall. It was an excellent venue for what we needed providing plenty of room, a computerised screen for slides and videos, great kitchen facilities and being local making it easier for members to attend. The course is taught by a variety of media including slides, videos, demonstrations, scenarios, paper based exercises and practical sessions. It was assessed by a multiple choice question paper and a practical assessment. Happily, every one passed even me! The course has been updated to include the new HM Coastguard CERCC Casualty Check Cards equivalent to those used by other Search and Rescue (SAR) agencies, for example the RNLI.

Backing up the new CERCC course the team took part in a realistic training exercise on the Bodinnick Ferry where a crew member was trapped between two vehicles and then the driver of one had a cardiac arrest. It provided great exposure to the team working in front of other people with their new skills and provided the ferry crew with the opportunity to join in the casualty care and improve their skills. Many thanks to the Ferry Company and the crew for providing us with this opportunity.

Thinking of walking the beautiful coast paths or taking the dog to the beach? Please take some appropriate precautions, wear sensible foot wear and clothing for the conditions, make sure your mobile phone is fully charged,



take some refreshments with you and a local OS map if you don't know the area.

From the Station Log

21 April 2022, 15.30: Report of high risk missing person believed to be on the Polruan Hills / Hall Walk foot path. Person returned to home address unassisted

Remember if you see anybody in difficulty along the coast line dial 999 and ask for the Coastguard



National Coastwatch

Barbecue

Saturday 23 July

on the Old Coal Wharf

and

OPEN DAY

Sunday 24 July 2022

at Polruan NCI Station
St Saviour Hill

All are very welcome



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National Coastwatch

EYES ALONG THE COAST

from Brian Cook

NCI Polruan is having a recruitment drive. We are looking for recruits who want to join our existing team of watch keepers in manning our newly refurbished lookout building. We have re-equipped the lookout with new furniture, equipment and fittings and made it feel really spacious and comfortable. Recruits don't need to have a nautical, boaty background as full training is given.

We are currently undertaking two watches each day and covering the period between 9am and 4pm. We expect shortly, as summer boating and coast path activity ramps up, to be increasing this cover by extending watches into the early evening. Normally our watch keepers do two or three watches each month . . . quite a modest commitment.

We look out for boating and coastal walking incidents. In Polruan these are reported to HM Coastguard, Falmouth who can call in the relevant rescue resources.

We are part of a national charity run by volunteers who man approximately 60 lookouts around the coast of England and Wales. As part of a national NCI day we are having a public barbecue on the Coal Wharf on Saturday, 23 July . . . all are welcome. Our station will be open for visits on Sunday, 24 July, when we will welcome anyone who wants to see what we do and the equipment we use.

If you are interested in joining us, please don't hesitate to call in at the lookout and have a chat with the duty watch keeper.

NCI Polruan continues to have comprehensive up to the minute local weather information on line at polruan@nci.org.uk.

The du Maurier Festival Society presents

FOWEY FESTIVAL

OF ARTS AND LITERATURE

6 to 14 May

Fowey Festival had a wonderful start with Seth Lakeman and Alex Hart in a superb concert. Lockdown allowed Seth time to write some new songs many of which he featured over the evening. He was joined by Plymouth based musician Alex Hart who provided backing vocals. The author, Justine Picardie, gave a moving and insightful talk into the lives of Christian Dior and his sister, Catherine who joined the French Resistance in World War II. Roger McGough featured his new book *Safety in Numbers*. His wry sense of humour covers many different aspects of life and his poems about growing older appealed and amused everyone in the audience. The week continued with workshops, guided walks and guided river trips. We were delighted to welcome an amazing number of wonderful authors, discussing their latest novels, including Sarah Winman, Patrick Gale, Raynor Winn and Michael Morpurgo. From Jazz to Folk and a piano concert there was music to suit all tastes. *Show of Hands* put on a spectacular performance and the *Fisherman's Friends* wowed a capacity audience.

On the final day we held a wonderful celebration for the Young Awards which were presented, to the worthy winners, by Lauren Child. Writer of the Year is Louis from Looe with his story Chough Hearts. Artist of the Year is Cammie from Pelynt with his Hedgehog.

The winners of the Short Story Competition were announced by Raynor Winn. All the winning entries can be viewed on the Festival website www.foweyfestival.com

This was followed by a rousing concert in the evening with Restormel Concert Band, Fowey River Singers, Fowey River Academy pupils and soloists Sarah Chamberlain and Andy Virr.

The sun shone and several musicians were busking in the street. The Art Trail attracted many visitors to their 21 venues throughout the town. Our Secret Gardens were open for two days and received much attention from gardeners and non-gardeners alike. It has been wonderful to welcome back many old friends who have been regular visitors to the Festival since it started in 1997. We are also delighted to welcome first time visitors from Germany and the USA as well. If you missed it this year do put the date in your diary for 2023 when the Festival will be held between 12 and 20 May.

Fowey Festival is extremely grateful for the support of all our event sponsors, Friends of the Festival and those who continue to generously support us. Huge thanks must go to all our volunteers who worked so hard, on our behalf, throughout the week. We could not have done it without you, it was a pleasure working with you. So now the planning starts for next year!



Friends of the Fowey Estuary

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website:

www.friendsofthefowey.org.uk

Or join us on Facebook.

Our events are Free to members and £2.50 for non-members, unless stated otherwise.

Wildlife watching At Dodman Point with 3 Bays Wildlife Group

Sunday 5 June, 9.30am – 1.00pm

Penare National Trust Car Park PL26 6NY – bring money for parking

Booking Essential – Claire 07894 228226

Note: Wear sensible footwear

Beaver Project Visit

With Cornwall Wildlife Trust

Tuesday 21 June 8.00pm – 10.00pm

Woodland Valley Farm, Ladock
SW907515 or TR2 4PT

Booking Essential (limited to 20 people) – Peter 01726 833141

Option for transport by
Fowey Community Bus (capacity 13)

Cost: £7.50 for beaver project

£5 for bus transport

Note: Clean wellingtons essential and torch advised. Wear suitable warm clothing.

Visit To Gribben Daymark and opportunity to climb the tower

Sunday 10 July 11.30am – 2.00pm

Menabilly Farm Car Park
SX096510 or PL23 1JU

Booking Essential – Margaret 07773 456951

Note: Wear sensible footwear.

Please check our Facebook page for updates or contact us on the telephone numbers listed



OpenClipart-Vectors from Pixabay



Our high level guide to what's on in
Lanteglos for
Her Majesty The Queen's
Platinum Jubilee 2 to 5 June 2022



Thursday 2 June	Friday 3 June	Saturday 4 June	Sunday 5 June
Royal Memorabilia, St Saviour Church			
Scarecrows			
Flower festival, St Saviour Church			
Sandcastle Competition 12.30pm Front Beach	Choosing Polruan Royalty with The Higher Beings am Old Coal Wharf	Platinum Jubilee Market and Cream Teas Whitecross Village Hall	Church service 11am St Wyllow, Lanteglos
A Right Royal Tea Party pm WI Hall	Celebration Tea Party (<i>ticketed</i>) 3pm Old Coal Wharf music by Swingology	Film Club screening 'A Right Royal Night Out' 2pm Polruan Village Hall	The Big Jubilee Lunch opportunity
Lighting of the Beacon 9.45pm	Disco by Leon 7pm Old Coal Wharf	Songs of Praise 5pm Old Coal Wharf	The Big Jubilee Picnic 12.45pm Whitecross
Company B Jive Band 8pm Old Coal Wharf	'Sparkling Pyrotechnics' from 10pm	The Countrymen 7.30pm Old Coal Wharf	Good Old Fashioned Lover Boys 7.30pm Old Coal Wharf



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Other times by appointment



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THE CARPET
FOUNDATION

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