### **Rectory Ramblings**

### from Rev'd Richard

Firstly, I'd like to wish you all a very happy and joyful Christmas. At last I feel we are through the worst days of the pandemic and life is back to normal. We had a very strange Christmas in December 2020. As a family we all met up on the beach on the Helford River. We lit a fire and shared a picnic lunch. We opened our presents and most of us had a swim, warming in front of the fire. It was incredibly simple, but we all say one of the best Christmas Days we have shared together for years! I think we were freed from many of the normal trappings of Christmas.

On Christmas Day we celebrate the 'central event in the history of the earth, the very thing the whole story has been about' (CS Lewis). We celebrate the birth of Jesus. It is the day of great joy and celebration around the world. And yet in the midst of all the trappings and celebrations of Christmas, it can be easy to miss why Jesus' birth is so significant. The key to Christmas lies not in the details of the shepherds visit or the journey of the wise men but in the identity of the one whom they came to worship. God became 'flesh' and 'made his dwelling among us' (John 1 v14). Christmas is about Jesus.

In A Christmas Carol, by Charles Dickens, the central character, Ebenezer Scrooge, was a miserable, mean and miserly old businessman who is shown his past, present and future. He eventually repents and starts to give generously. Dickens captures the transformation in his character: 'He went to church and walked about the streets . . . and found that everything could yield him pleasure. He never dreamed that any walk - that anything - could give him so much happiness'. He had changed! Repentance is a very strong word today but that is what he had done. In the Bible it is a positive word. It means change of mind. Turning away from the bad stuff and turning towards God and good. That's what Jesus came to do for us.

I encourage you all as we contemplate being the people God wants us to be, to consider the plight of the homeless at Christmas time. In my years as a school chaplain, I had a long association with the charity Crisis at Christmas, whose aim is to get homeless people off the streets at Christmas and beyond. Why not buy a homeless person a decent Christmas or instead of receiving a present from someone ask that they buy on your behalf a decent Christmas for a homeless person. Google 'Crisis at Christmas Appeal'. £29.73 buys a homeless person at Christmas: help with a safe place to stay, hot meals and a Christmas dinner, access to health and wellbeing programmes and support to leave homelessness behind for good.

Your pastor and friend Richard of Trelawny







Norman Mallard, with Angie Mallard, after receiving his licence as a Reader at Truro Cathedral (L) and cutting the cake at St Wyllow at his Service of Welcome (R)

### From the Editor

Putting this edition of the Parish News together has really got me into the Christmas mood with talk of Christingle, Nativity and Carolling Services throughout the Parishes and the Christmas trees and lights arriving on the Quay and at the Church. Look inside for more details.

With the dark evenings taking a grip, why not try something new and get active with the Table Tennis and Bowls Club or pop along for a more relaxing time at the newly formed Cake, Coffee and Catch-up Club.

Whatever you choose to do during the festive period I would like to wish all our readers, contributors, advertisers and distributors a heartfelt very Merry Christmas and a healthy and happy New Year.



### Suzanne

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### **Church Diary** in the Benefice of Trelawny

St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;

St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt

### December 2023

Saturday 2 <sup>n</sup>	d	
St Wyllow		Service of Celebration
Sunday 3 <sup>rd</sup>		Advent
St Tallanus	1100	Holy Communion
Frogmore		,
Farm	1500	Nativity Service
St Nun	1600	Advent Carols
St Ildierna	1830	Evening Prayer
St Marnarch	1700	Advent Carols
St Wyllow	1800	Advent Carols
Sunday 10th		Second of Advent
St Marnarch	0930	Holy Communion
St Nun	1100	United Village Service
St Wyllow	1100	
St Tallanus	1100	Public Worship with
		Communion by Extension
St Saviour	1600	Christingle

St Ildierna	1600	Chri	sting	gle	
Sunday 17th	•	Thir	d of	Adve	'n
0.35 1	44.00	0 11	0		-

St Marnarch	1100	Crib Service and Carols
St Tallanus	1430	Carol Service
St Nun	1530	Methodist Chapel
St Saviour	1730	Carol Service
St Ildierna	1830	Carol Service

### Monday 18th

St John 1900 Carols on the Ferry

### Tuesday 19th

St Marnarch 1800 Carols on the Green

### Wednesday 20th

1800 Carols on the Green St Nun

### Thursday 21st

St John 1800 Carols Service

### Friday 22nd

1800 Carols on Big Green Polperro

### Saturday 23rd

St Nun	1600	Christingle
St Saviour	1800	Carols on Coal Wharf

#### Sunday 24th **Christmas Eve** St Saviour 1500 Nativity Service St Marnarch 1630 Christingle Service

St Ildierna	1830	Christmas Night Holy Communion
St Nun	2000	Christmas Night Holy Communion
St Wyllow	2300	Midnight Communion
Monday 25th	1	<b>Christmas Day</b>
St Saviour St Marnarch St Tallanus	0930 0930 1100	Family Service Family Communion Family Communion
Sunday 31st		First of Christmas
St Marnarch Polperro	0930	Service of the Word
Methodist	0945	Holy Communion
St Tallanus	0945	at Polperro Methodist
St Ildierna	0945	At Polperro Methodist
St Nun St Saviour	1100 1100	Holy Communion Café Church

### January 2024

St Wyllow

St Ildierna

Sunday 7 <sup>th</sup>		<b>Baptism of Christ</b>
St Wyllow St Nun St Marnarch St Ildierna	1100 1600 1700 1830	Holy Communion Epiphany Carols Epiphany Carols Evening Prayer
Sunday 14th		<b>Epiphany Two</b>
St Marnach St Wyllow St Nun St Saviour St Ildierna	0930 1100 1100 1600 1830	Service of the Word Morning Prayer United Village Service Sing a New Song (tbc) Evening Prayer
Sunday 21st		<b>Epiphany Three</b>
Sunday 21st St Marnarch St Wyllow St Nun Tallanus St Ildierna	0930 1100 1100 1230 1830	Epiphany Three Holy Communion Holy Communion at Methodist Chapel At Sclerder Abbey Holy Communion
St Marnarch St Wyllow St Nun Tallanus	0930 1100 1100 1230 1830	Holy Communion Holy Communion at Methodist Chapel At Sclerder Abbey

1700 Candlemass Service

1830 Evening Prayer

### From the Registers

### **Baptisms**

7th October; Hamish Palmer, St. Ildierna, Lansallos

#### **Funerals and Burials**

2<sup>nd</sup> October; June Libby of Pelynt, Pelynt Methodist, followed by burial in Pelynt Cemetery.

### **Glyn Valley Crematorium Funerals**

16th October; Colin 'OJ' Wilson of St Austell 27th October; Francis Soady of Pelynt

### **Interment of Ashes**

21st October; Peter Roger Williams of Cambridgeshire (formerly of Lanteglos Parish), St Wyllow, Lanteglos by Fowey.

### COME AND CHRISTINGLE!



All are welcome to join us in St Saviour Church at 4pm on Sunday, 10 December for our

### Community Christingle Service

Make your own Christingle and enjoy other seasonal crafts.

Followed by a short Christingle service before enjoying a bring-and-share afternoon tea.

Kathryn Hill

### Christmas Eve Nativity, St Saviour Church 3pm

### from Kathryn Hill

As usual we plan to have a Nativity Service in St Saviour Church on the afternoon of Christmas Eve, so we are looking for children and adults



to join us to both in take part and to come along to enjoy the event.

It will be helpful to know in advance who would like to take part, and then we will have a rehearsal on Christmas Eve morning. Please contact me if you can help (kathrynehill39@ gmail.com; 01726 870953; 39 Fore Street, Polruan)



### Norman Mallard's Welcome as Reader in Trelawny Benefice

and Harvest Festival at St Wyllow from Rev'd Richard

Norman Mallard was licensed as a Reader in Trelawny Benefice on Saturday, 30 September at Truro Cathedral by The Bishop of St Germans. Norman has spent two years in part time study for the course which now officially allows Norman to preach and conduct worship in the Benefice of Trelawny. We are indebted to Norman for the time and energy he has invested in these studies to serve us in the benefice. We will look forward with anticipation to his ministry amongst us.

A huge thank you, Norman!

A service of welcome for Norman was held at St Wyllow on Sunday, 1 October which incorporated our Harvest Festival. Around 40 people gathered for the service and a lovely buffet pasty lunch.



### **Parish Diary**

All dates and times are correct at the time of going to press — please check notices for changes

#### December

*Friday, 1*<sup>st</sup> Christmas Trees up at St Saviour and on the Quay (see page 11)

Saturday, 2<sup>nd</sup> Whitecross Market 10am-12.30pm (see page 18) \*note new wintertime\*

Sunday,  $3^{rd}$  Christmas lights on the trees (see page 11)

*Sunday,* 3<sup>rd</sup> Advent Carol Service, St Wyllow, 6pm (see page 9)

*Monday, 4<sup>th</sup>, 11<sup>th</sup>* Bowling, Polruan Village Hall (see page 16)

*Tuesday*, 5<sup>th</sup> Coffee, Cake and Catch-up, Polruan Village Hall 10am-12noon (see page 25)

*Wednesday, 6<sup>th</sup>, 13<sup>th</sup>* Table Tennis, Polruan Village Hall (see page 16)

*Saturday, 9<sup>th</sup>* Deadline for Polly Food Hampers (see page 13)

Saturday, 9th FHHS talk by Paul Holden, Lanhydrock and the Robartes Family, Squires Field 2pm (see page 22)

*Saturday, 9th* Polruan Film Club present Love Actually, Polruan Village Hall, 7pm (see page 12)

*Sunday, 10<sup>th</sup>* Christingle, St Saviour, 4pm (see page 2)

Sunday,  $10^{th}$  Christingle at Lansallos, 4pm (see page 4)

*Tuesday, 12<sup>th</sup>* Community First Responder Unit Meeting, Fire Station, 7pm (see page 11)

Thursday, 14th Last Post (see page 11)

*Thursday, 14<sup>th</sup>* Whitecross and District Garden Club Social Evening, 7pm (see page 24)

*Friday,* 15<sup>th</sup> Advent Concert at Mount Charles Methodist Church, 7.30pm (see page 11)

Saturday 16<sup>th</sup> Regatta Committee Christmas Lunch Party (0-Year 2) (see page 11)

Saturday,  $16^{th}$  Polruan Film Club and The Regatta Committee present Puss in Boots — The Last Wish, Polruan Village Hall, 2pm (see page 11 and 12)

*Sunday, 17*<sup>th</sup> Carol Service, St Saviour, 5.30pm (see page 9)

*Sunday, 17<sup>th</sup>* Carol Service, Lansallos, 6.30pm (see page 4)

*Sunday,* 24<sup>th</sup> Christmas Eve Nativity Service, St Saviour, 3pm (see page 2)

*Sunday,* 24<sup>th</sup> Midnight Communion, St Wyllow, 11pm (see page 9)

### January

*Wednesday, 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>* Table Tennis, Polruan Village Hall (see page 16)

*Friday,* 5<sup>th</sup> Kidz Klub at Polruan Village Hall, 6-7.30pm (see page 8)

Saturday, 6<sup>th</sup> Whitecross Market, 10am-12.30pm (see page 18) \*note new wintertime\*

*Monday, 8<sup>th</sup>, 15<sup>th</sup> 22<sup>nd</sup>, 29<sup>th</sup>* Bowling, Polruan Village Hall (see page 16)

Saturday, 13<sup>th</sup> FHHS Talk by Daisy Culmer, Harvey's Forgotten Boatyard, Fowey Town Hall 2pm (see page 22)

*Saturday, 13<sup>th</sup>* Public Meeting, Polruan Village Hall, 2.30pm (see page 13)

*Thursday, 18<sup>th</sup>* Regatta Committee organised trip to see Aladdin, Theatre Royal (see page 11)

*Thursday, 18th* Whitecross and District Garden Club Talk by Alfred Fox (see page 24)

*Saturday, 27th* Polruan Film Club present Saving Grace, Polruan Village Hall (see page 12)





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Benefice

**Administrator** Pippa Morrell-Davies 07399 563440

Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

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The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

### **News from Lansallos**

### from John Feesey, Lansallos PCC

**Smuggling** 

Lansallos churchyard is the last resting place of at least two known smugglers, and many more anonymous ones, who were hugely involved in the Polperro contraband industry in the 18th Century. Both of the known smugglers were notorious, but for quite different reasons.

John Perry, mariner, was killed in 1779 by a cannon ball, allegedly fired "by a person unknown" but probably from a Customs & Revenue cutter giving chase – not information which his grieving relatives would wish to see engraved on his tombstone! The Grade 2 listed grave can be seen on the left about 20 yards from the church gate and is marked by a new explanatory sign as well as the original slate memorial.

Zephaniah Job (pronounced 'Jobe') also lies in the churchyard. He was the key person in the financing of the smuggling industry such that he was known as the "Smugglers Banker". And an industry it really was, involving most adults in the local population and providing a vital source of income, especially at times when fish were in short supply. Job's grave is a brick-built, above ground structure with the memorial stone on top and the inscription hard to read due to weathering; it was cracked into two pieces but the church council had it repaired a few years ago. It can be found set back on the left a few yards before the church porch, together with a broken memorial to his son, William Job.

Far from the reality of it being a crime and a very shady business, smuggling was regarded by the Cornish as an honest, if rather risky, industry which was often known by the euphemism of "free trading". The local ports of Looe, Polruan and Fowey were hotbeds of free trading, but Polperro was perhaps the most notorious place in England for carrying out this "trade". It was not only local sailors, fishermen and merchants who were involved, but titled gentry, landowners and even clergymen invested capital in free trading ventures, with Job acting as their advisor, accountant and banker. He even hired lawyers to defend smugglers who ended up in court. Privateering (a semi-legitimate kind of piracy) also generated considerable wealth for many Polperro and Lansallos families in the late 18th century.

The Reverend Richard Eastcott, Rector of Lansallos Church until he died in 1779, had his finances managed by Job and no doubt was happy to turn a blind eye to the source of Job's wealth. After the Rector's widow died her funeral was paid for by Job, who also funded the three Eastcott childrens' schooling and other expenses, though the bill for this was ultimately passed on and paid for by their son, Thomas, a captain in the Royal Cornwall Militia. The tentacles of the free traders spread far and wide!

During the wars with France, the Bank of England had to issue paper money as the cost of the campaigns reduced the amount of gold and silver available for coinage. Job was quick to spot this opportunity and in 1806, after paying £20 for a banking licence, he started issuing his own Polperro bank notes. Two examples of these can be seen in the Polperro Heritage Museum.





A Customs officer was, however, killed in 1798 when a Polperro boat called the Lottery was involved in a smuggling incident. A crewman called Potter was found guilty of murder and hanged. After this, Revenue officials determined to end free trading, which was subsequently greatly diminished as anti-smuggling laws were brought in, allowing any person convicted to be impressed into service aboard a naval man-ofwar with its harsh discipline.

We'll return to this fascinating history of free trading in the Parish of Lansallos in a future issue of the Parish News.

Christingle: Sunday, 10 December at 4.00pm, will see Lansallos holding a candle-lit Christingle service. What's that do we hear you say? It's a Moravian Advent custom dating back 300 years in which congregation members are each given a Christingle, (from the German meaning Christ Child). This consists of an orange, as the world, with red ribbon around its circumference representing God's love and the blood of Jesus. It's topped with a lit candle indicating Jesus, the light of the world, cocktail sticks for the four seasons and sweets which represent God's creation. Children (of all ages!) especially will love it and, yes, you can eat the sweets. It's a lot of fun and a lovely lead-in to the Christmas festivities so do come and join us.

Carol Service: Sunday, 17 December at 6.30pm, at Lansallos we'll be having a traditional Carol Service of Lessons and Carols, with the Lanreath Community Choir. There'll be mince pies, mulled wine and soft drink afterwards, so why not come and get in the Christmas mood by singing some of your favourite carols in the wonderful atmosphere of this 704 year old, medieval place of worship?

**Christmas Eve:** There'll be a family-friendly service of Holy Communion at *6.30pm on* **24th December** - another perfect way to begin the celebration of the birth of our Saviour.

Nadelik looan na blethen noweth! (Merry Christmas and a Happy New Year!)

### Fireworks evening at Lanreath

### from Henry Hayward

On Saturday, 28 October yet again the Lanreath Amenity Group organised a display of fireworks on the football pitch beside the Village Hall, courtesy of the Facey family. What a triumph! Longer than in previous years possibly due to the great generosity of the sponsors, it even took place during the brief rain free hour of the evening — was that maybe thanks to the Parish Clergy performing a non-rain dance? The sophistication and coordination of the display was exceptional. It was master minded as before by James who learned his trade in sunny Iraq and Afghanistan, spoiling the Taliban and ISIS would be displays and he was ably assisted on the evening by Jo and Sam. The company James represents is Shockwave, runner up in this year's British Championship in Plymouth. How privileged we are that they come to us each year. The shelter of the Tipsy Cow was much appreciated and their very many customers dipped deep into their pockets in support of our event. A very jolly evening and thank you to all who made it so.

### Lanreath Amenities Pumpkin Competition

### from Sandra Pipe

The Pumpkin Competition took place on Saturday, 28 October on the Millennium Green in the village at 12pm, prior to the evening's Firework Display. The competition was judged by our Parish Council Chair, Peter Seaman. We had a total of 11 entries in two classes: up to 8 years and 8 to 15 years. Families and children braved the weather to bring their creations onto the green and our chairman had quite a job judging as all entries in the two categories were excellent; the lucky winners were Hugh Jameson (up to 8 years) with a very scary pumpkin which had been grown in his own garden and Ellen Colwell (8 to 15 years) with an excellent arty/scary design.

Both children received their gifts and all those involved received sweets for taking part. Some pumpkins were left on the green for display afterwards. This was the first competition that the Amenities had organised and very much hope to continue it each year.

# **Lanreath Annual Tractor Service**

from Rev'd Richard



Lanreath held its annual Tractor service on the village green as the harvest has nearly been brought in for another year. We were greeted by 6 huge tractors all driven by a group of young farmers aged 16! The drivers proudly talked about their machines and the work they perform on local farms. The Rev'd spoke about bread and the importance of the grain harvest. Often we take bread for granted just as we do the bread of life Jesus himself. After the service everyone had the opportunity to explore the tractors.

# St. John's, Bodinnick from Rev'd Richard

The Friends of St. John's have been busy again, hosting another successful Art Exhibition at the Church. A variety of local artists exhibited using a variety of different medium. The exhibition was attended by many local people and visitors alike and it shows what can happen when a few people come together with a shared vision. The Church has had a new lease of life with many more people attending creative services and on top of that £8,000 has been raised in the last year when previously the church didn't really have an income! St John's Bodinnick is truly 'On the Way'!





### St Wyllow Church Wonder Roof Repair

### from Rev'd Richard

Watch as Trevar Christmas abseils the Church tower at St Wyllow to repair a hanging piece of guttering. Wow — what brilliant work and thank you.







### **News from Polruan Village Hall**

### from PVH Management Committee

At our AGM on 3 October it was established the Hall is in a good position financially and following the substantial refurbishment programme, is now a wonderful space for the whole community to use to host clubs and societies, parties, weddings and meetings and it is well used by a variety of organisations, groups and individuals for a wide range of activities (see notices elsewhere in this issue). With an upgrade to our broadband, we now have the fastest WiFi in Polruan at a reduced cost to us! A win, win scenario.

Recently we hosted a CPR and Defibrillator Training session which was free to all, including children — an enjoyable, well attended and successful event (13 at the first session, 10 at the second). Peter, our trainer, explained things very clearly and we all had a go in small groups, so all now feel more confident. The refreshments provided were much appreciated, especially Cynthia's yummy cake!

Further funding from the National Lottery Fund has been received to allow us to have an additional battery facility installed on our PV Array System. With the new battery fitted our total storage capacity is now  $\sim 25$  kWh. This will ensure that, even with the significant increase in Hall usage we are happily seeing, our associated electricity costs will remain at a manageable level and know, that as a community, we are countering the effects of climate change.

Happily, the refurbishment of the Gents Toilet area is now complete using the funds donated to the Hall refurbishment by the Barrie Bequest. This is now a much more inviting space.

On the downside, despite all of this good news, the Hall is in crisis. We need Officers and Committee members to run this valuable facility and desperately need volunteers. Please look out for information elsewhere in this edition to see how you can help or contact Kathryn (01726 870963; <a href="kathrynehill39@gmail.com">kathrynehill39@gmail.com</a>).

### Merry Christmas to one and all.



View from the verandah at Polruan Village Hall



### **Polruan WI**

### from Chris Cox, Vice President

Our October talk was about Cornwall Air Ambulance, which we all really enjoyed. We learnt about the history of how it started; with many Cornish communities being remote and the roads small and windy and access was slow and difficult. So there was a need for speed to make sure patients got to hospital as quickly as possible — a matter of 'a life to save'.

The Air Ambulance gets no funding it relies solely on donations and bequests left in Wills and lots of people work behind the scenes to try to raise funds to keep it going. The service started in 1987, providing critical care and improving survival rates across Cornwall. Lots of training is required and the personnel need to be strong and fit to carry the heavy kit needed to save lives in remote communities. It was an informative talk, and we didn't realise how much was involved to keep the service running – those involved really love the job of saving peoples' lives.

I was unable to attend the November meeting due to illness but the talk was about Little Harbour Children's Hospice and the speaker was Doctor Mark McCartney, who shared his fundraising experience for the Hospice earlier this summer during his 'Ride for Precious Lives' and his work at the Hospice. A really interesting talk I am sorry to have missed. The competition was to decorate a cup cake or cake and the theme was Guy Fawkes. Lynn came first followed by Pam, Margaret and Sue.

Our next meeting is the Christmas one! We are planning a 'Make a Wreath' and buffet party, with Secret Santa presents (£3) – looks like a good one!

Ladies, please come and see what we are about we would love to welcome you. Phone Chris (01726 870194) and if I can't help, I will pass you onto someone who can. We meet on the second Thursday of each month.

Merry Christmas and a Happy New Year to all.

### Polruan Village Hall Hire

Should you wish to book the Hall for an activity, please contact our bookings clerk:

Kathryn Hill 01726 870953, kathrynehill39@gmail.com, who will be happy to help with any queries.

The Hall costs £15 per session (i.e.. morning, afternoon or evening) which includes the use of all facilities including free WiFi, the Audio Visual System, comprehensively fitted kitchen and heating and lighting.

# Expressions of Interest for maintenance contracts in Lanteglos-by-Fowey

Lanteglos-by-Fowey Parish Council invites Expressions of Interest for maintenance contracts which will commence 1 April 2024

Please contact the clerk by email <a href="mailto:clerk@lanteglosbyfowey.org.uk">clerk@lanteglosbyfowey.org.uk</a>
with full contact details of your organisation by 12 January 2024 and the contracts you wish to express an interest in.

Following receipt of Expressions of Interest full details of contract terms and scope will be provided and how contracts will be awarded.

Contracts may be for one two or three years' term for:

Cleaning St Saviour, Frogmore and The Quay toilet facilities Maintenance of public rights of way Weeding in Bodinnick and Polruan Grass cutting at Whitecross Village Green

The WI Hall has WiFi available for your use if you hire the hall.

It is a light, airy space to use for meetings, clubs, etc. with a kitchen and toilets.

If you want to book it is £15 for morning, afternoon or evening sessions.

To book please contact Sue Rowe 07813 125989 01726 870505 sjsherwood2@gmail.com.

### Remembrance Sunday in Lanteglos-by-Fowey

### from Kathryn Hill

As it was raining there was a suggestion the whole service should continue in the church. However, bearing in mind the King would be at the Cenotaph whatever the weather and those we were about to commemorate and their colleagues had fought in much worse weather conditions, at 10.50am as the bell tolled, we duly processed out to the War Memorial. There we observed the twominute silence announced and terminated by a trumpet, to listen to the names of those who had died from our Parish in two World Wars and to the Kohima Epitaph. Wreathes were laid on behalf of the Parish Council and the Parochial Church Council and a posy of poppies was laid on the grave of the Unknown Man by Marlee and Harri, representing the young people of the Parish.

Back in church we sang patriotic hymns, prayed and listened to Bible readings. Peter Skellern's "Rest in Peace and Rise in Glory" was sung by the choir and we listened to a most interesting talk about the burial of the Unknown Soldier in Westminster Abbey soon after the end of the First World War.

Then, at 12.30, a smaller group gathered at the Bodinnick War Memorial in Hall Walk for a short service of remembrance of those commemorated there.





# Lansallos Festival of the Sea

#### from Rev'd Richard

Lansallos celebrated its annual Festival of the Sea service in October. The congregation of 120 plus people were joined by the Polperro Fishermen's Choir who this year were celebrating their centenary. They were originally formed to sing at Harvest of the Sea celebrations and to support a local fisherman, Tommy Mark, who became a well known Cornish Lay preacher, known as the Fisherman's Bishop. He blended religion and the sea in his homilies. His evangelical address was presented in his customary breezy but intensely sincere manner. This is exactly what Rev'd Richard and the fishermen's choir are attempting to do today. This year they have celebrated Harvest of the Sea together in Polperro and Polruan drawing large crowds of people who would not normally be seen in church.

What has happened at Lansallos has been a truly remarkable move of God as, on nearly a monthly basis, the church hosts a service relevant to its community ranging from Plough Sunday, Rogation, Harvest, Pets and of course Carols and Christingle to name but a few and numbers are massively increased with a quadrupling and double quadrupling





of the congregation. It must be borne in mind there is a regular congregation of 9 or 10 in a hamlet of about 75 people where the church is situated. It proves the point of faithfulness and the willingness to change and try something new in the true spirit of 'On the Way. This tiny church is certainly On the Way. Not only that, but they are also always able to pay their quotas mainly due to the efforts of the congregation in hosting a fabulous traditional Cornish Summer fête each year.

It is a privilege to encourage you with the goodness of God.



# Pelynt Harvest Festival from Rev'd Richard

Pelynt Parish Church shared a family Harvest Festival at North Muchlarnick Farm, a working farm and stables. Everyone enjoyed meeting the horses and the cows following the service. The children bounced to their hearts content on a large bouncy castle and everyone thoroughly enjoyed Pippa's (our Benefice Administrator) hospitality, which included delicious cakes. The Rev'd spoke about three different farmers. The apple farmer whose apples remind us of the Garden of Eden when Eve was tempted to eat of the apple. The olive farmers whose olives would eventually be crushed to make oil, The Rev'd relating this to Jesus being crushed for our sins on the cross. And finally, the grape farmer whose grapes remind us of the fruit of the spirit which can be seen in our lives. The three farmers take us in the circle of life. We have all failed, but Jesus forgives and then can empower to enable us to bear fruit.





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### **POLRUAN SURGERY HOURS** (from Fowey River Practice website)

Polruan Surgery is open from:

Mondavs

2.00pm until 5.00pm

Tuesday, Thursday and Fridays 8.30am until 12.00 noon

> Wednesday Closed

### STEVE STROUD

Penleath, Cliff Rise, Polruan Tel: 01726 870712 Mob: 078101 24137

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Open 9am to 4pm Monday - Friday **Closed Saturday and Sunday** 

### POLRUAN KIDZ KLUB







### Children from Reception up welcome!

Upcoming session dates: 24TH NOVEMBER 2023 5TH JANUARY 2024 2<sup>ND</sup> FEBRUARY 2024

Fees £1.00 per session

Includes equipment, drinks & biscuits

Fridays 6 -7.30pm @ Polruan Village Hall

Contact Angie Mallard on 07967 131525

### Polruan Kidz Klub

### from Angie Mallard

We had great fun at our meeting on Friday, 3 November. After a welcome and short session about what makes a safe and happy club we decorated cakes, made teasel hedgehogs, harvest mice and firework and Autumn pictures, as well as having fun on the ever popular 'jungle gym'. Then, after our refreshments, we enjoyed a variety of games. As always, we ended with candle time. It was great to have several parents helping with the activities and to welcome Hallie as our Young Leader.

By the time you read this we will have had another meeting on Friday, 24 November. We will not be meeting in December so our

next meeting will be our New Year Party on Friday, 5 January. We look forward to seeing vou all then.

2

5

Impeccable (9)

Type of pasta (7)

Man's name (4)

Hang (5)







### DECEMBER/JANUARY **ACROSS** The same (9) 8 Egg shaped (4) 9 Lovely (8) 10 Rush (6) Thomlinson 13 Synthetic material (5) 14 No doubt (7) **15** Lettuce (3) 16 Apple pie and ?(7)John 17 To amass (3,2) 21 North Pole (6) by. 22 Storyteller (8) Compiled 23 Christmas (4) 24 Transfix (9) **DOWN** Ruffian (9)

Troubles (4)

- Clove scented (9)
- **12** In trouble (2,1,6)
- 14 Fish (3)
- 15 Mastermind (7)
- 18 Farm buildings (5)
- 19 Stardom (4)
- 20 A small drink (4)





### **Little Harbour**

### from Lynn Bartlett

The Blamey shelves in the Reading Room have been refreshed and there's a wide selection of books to choose from. There are also jigsaws including some with a Christmas scene. We will keep updating the shelves during the winter months. Paperbacks are £1, hardbacks £2, jigsaws £1.50 and children's books 50p, payment can be left in the secure honesty box. Our book sales begin again next March.



Thanks to Sue and Ellie Sainsbury who are supporting us again with sales of Christmas cards in Jam First. There are just a few packs of last year's stock remaining for £2. All this year's cards and calendars can be viewed online at <a href="https://www.chsw.org.uk">www.chsw.org.uk</a> under the shopping heading.

Thank you for your continued support.

# Christmas Carolling with Lanteglos Choir from Lesley Wehmeyer

Lanteglos choir is busy rehearsing for three of the major Christmas services in our Parish. We are very fortunate in having Phil Carrigan and Lorraine Forsdick as our choirmaster and accompanist. They are both organists too but are possibly best known locally for leading the renowned Polperro Fisherman's Choir and The Wreckers.

There have been several highly successful choirs in the Parish over the years. Since its founding in 1994, our current choir has developed and maintained a distinctive choral tradition that combines many of the nation's great Christmas favourites with 'proper' Cornish carols. The early years of Lanteglos choir were under the directorship of the late, great Peter Skellern. We've maintained the tradition of singing some of the Anthems Peter wrote during his time with us; this year, there will be one at each of the three services. Over the years, we've included well-known living composers, such as John Rutter, in our repertoire.

At the first service of the three, the Advent Carol Service at St Wyllow, Lanteglos, on 3 December at 6pm, we shall sing the traditional advent hymns that are among the less well-known carols. They are all very beautiful, with many of them dating from the fifteenth and sixteenth centuries. Of these, 'Hark the Glad Sound' is one of the great sounds of Christmas approaching in this wonderful Cornish community. For some of us, it evokes childhood memories of our great local choirs in the past, their harmonies raising the roof above packed Christmas congregations at the Methodist Chapel in West Street and in the many churches flanking the Fowey estuary.

Our first hymn at the Advent Service is 'O Come, O Come Emmanuel', which has its origins over 1,200 years ago and is sung at Advent services across the land. Its Latin version would have been sung right from the time when our fourteenth century gem, the Lanteglos Parish church of St Wyllow, was first built. Nostalgically, we are reminded of the countless thousands of churchgoers across the centuries who have also sung those lyrics at St Wyllow, eagerly awaiting, as we do today, the Christmas celebrations and the excitement of reuniting with family and friends for good food, carolling and Christmas cheer.

The village Carol Service at St Saviour's Church, Polruan on 17th December at 5:30pm opens with a few rousing verses of the great traditional carol 'O Come All Ye Faithful' and includes many of the old Cornish favourites: 'The Angels' Song' (perhaps better known as 'Rolling Downward'), 'While Shepherds Watched' sung to the Cornish tune Lyngham, as well as favourites old and new. We'll be singing the 'Sans Day Carol', which is named after the Cornish village of St Day in the Parish of Gwennap; it would have been sung in Cornish originally but is perhaps known better, and sung by us, as 'Now the Holly Bears a Berry'.

Our traditional Midnight Communion Service at St Wyllow, Lanteglos, on 24th December at 11pm will include the nineteenth century favourites 'Once in Royal David's City' and 'Silent Night' as well as the earlier, triumphant 'Joy to The World', which is based on Psalm 98 and includes bars taken from Handel's famous oratorio Messiah. Again, harking back to the centuries long choral tradition at St Wyllow, one of our choir Anthems will be the hugely atmospheric 'Of the Father's Love Begotten', the text of which was first written around 350AD. It was later coupled with a 1582 Latin plainchant and translated into our English version in the nineteenth century.

So . . . whether you're a local reminiscing over times gone by, or a more recent resident seeking a festive slice of local musical history, or a visitor to our beautiful land, we hope you'll find time to join us at one or all of these services, and we promise to do our best to contribute to the eternal joy of a roof-raising Cornish Parish Christmas.

### Save the date for the



On Saturday, 20 April 2024 between 10am and 3.30pm

At Truro Cathedral

"Come and find out about organisations working internationally in Cornwall and beyond".

"Hear inspiring speakers and musical performances".

More details in the next Parish News. Kathryn Hill

#### **Defibrillators**

The Parishes have defibrillators at:
 Whitecross Village Hall;
Polruan Village Hall, School Lane;
Vevery car park, Polruan; The Quay,
Polruan; Fire Station, Greenbank



The defibrillators are very simple to use, with voice instructions given whenever it is activated.





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# Lanteglos Community Bus Timetable

	Dec	Jan	Fare
Whitecross			
Market	2 <sup>nd</sup>	6 <sup>th</sup>	Donation
Par Market and St Austell	6 <sup>th</sup> , 20 <sup>h</sup>	3 <sup>rd</sup> , 17 <sup>th</sup>	£3.00
Trago and Bodmin	13 <sup>th</sup> 13 <sup>th</sup>	10 <sup>th</sup> 10 <sup>th</sup>	£3.00 £4.00
Truro		24 <sup>th</sup>	£4.50

All services are now on Wednesdays except for Whitecross Farmers' Market (the first Saturday of every month). The services start from Furze Park at 0925 (1015 for Whitecross), then as requested at Well, Greenbank and Ferris Way. Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick.

£1 reduction for concessions to all fares.

To book, please call in at The Russell or

To book, please call in at The Russell or telephone 01726 870707

(Please do not 'phone before 9 am)

Service subject to driver availability and, of course ,Government Guidelines

### **LETTERS TO THE EDITOR**

Suzanne Goddard
Springhill
Chapel Lane
Polruan PL23 1PG
01726 870818
suzanne.goddard@me.com
or use the letterbox in the porch
of St Saviour Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.

Stay in touch anywhere around the globe

The Parish News is available online at:

www.lanteglosbyfowey.org.uk

The official website of Lanteglos by Fowey Parish Council



# Closing date for the Feb / Mar 24 issue is

### Sunday 14 January 2024

Please send all copy and letters to
Suzanne Goddard at
Springhill
Chapel Lane
Polruan PL23 1PG
suzanne.goddard@me.com

Or use the letterbox in the porch of St Saviour's Church Polruan

01726 870818

no later than

Sunday 14 January 2024

\*\*\* Thank you \*\*\*

### Swimming off Back Beach and Carne Beach

### from Des and Val Libby

After hearing a report on Radio Cornwall that there are plans by Fowey Harbour Commission (FHC) to ban swimming from Back Beach at Polruan and Carne Beach, I emailed the Harbour Authorities for an explanation wishing to know why this action may be taken. People have been swimming from Back Beach for generations and if this ban were to go ahead, it would leave only Front Beach and Boy's and Girl's Cove to swim off (which are inaccessible to most).

The Harbour Authority replied saying they are planning to hold a public consultation on the matter by the end of the year and advised that interested parties monitor the FHC website for further information.

So please do look out for information on public media and the FHC website to find out where and when this consultation will take place and spread the word.

### Christmas wishes

### from Chris and Gill Palmer

Chris and Gill Palmer will not be sending Christmas cards this year. We are sending a donation to the Little Harbour Children's Hospice again. We are so thankful that our three wonderful Great Grandsons are healthy, happy little boys.

To all our family, friends and neighbours we wish you all a happy and peaceful Christmas and a prosperous New Year.

# The Big Clean from Sue Shakerley

A huge thank you to everyone who helped with The Big Clean at St Wyllow on Monday, 13 November. An amazing amount was achieved, a large amount of old clutter cleared and the Church now looks wonderful again.

### Thank you

from the Bartlett family

Lynn, Jonathan and Lowri, Ollie and Lizzie, Millie, Leo and Malachy would like to thank this amazing community and beyond for the many kind messages, love, hugs, offers of help, phone calls and flowers following the sudden death of their beloved husband, Dad and Grandad, Tony. We will be forever grateful to Michael and Maureen, Mary and Philip, Steve and Colin, the paramedics and police who went above and beyond with their help, care and compassion.

### St Saviour Church Update

### from Rev'd Richard

The PCC will continue to market St Saviour Church over the Winter and Spring as recommended by the Lanteglos-by-Fowey Parish Council and Cornwall Planning Pre-Application as a hall for community use. Rev'd Richard is always willing to talk to anyone about the PCC's position.

# Letter from Australia from Mary Taylor

My hand's a lot better now but writing is still difficult. Getting old isn't fun really, you get over one illness and another comes along.



My legs are swollen now so I have to buy supports to help but they are very expensive.

I'm pleased to tell you I have another great granddaughter, Lily Rose, born to Tamara and Brandon on 15 August. So Tamara will be very busy as Stella won't be 2 until December! Stella thinks her little sister is lovely and is looking forward to them growing up together. John and Trish are helping out a lot with the babies as Tamara is on sticks and will be going back to work soon as her maternity leave is coming to an end.

Plum and family are all well and he has been away staying with his daughter for a few days. Liz and Kim are just home after their holiday and are due to come across later to pick up their three Chooks who John has been looking after for them. They had a lot of car trouble whilst away and the caravan needed a new battery – so the holiday ended up costing them quite a bit. They will be busy packing things up as they are due to move this way soon. John and Trish are in fair health and are busy taking things up to the show ground for the Fathers' Day Swap Meet on Sunday, which will be followed by the annual Cootamundra Show.

The weather had been very good really, warm days and cool at night but recently more changeable and quite cool in the mornings and at night.

I've been watching the Cricket World Cup – England not doing too well — and am looking forward to the Melbourne Cup and for the Darts to come back.

The year is really flying by — it'll soon be Christmas and I have already received one card from England. I hope everyone is well and I wish you all a very happy Christmas and New Year.

# **Colin "OJ" Wilson** 1938 – 2023

Lynne and family would like to send a huge thank you for all the lovely cards, messages and extremely generous donations received on Colin's passing. Cornwall Air Ambulance will, I am sure, be hugely grateful for your kindness. Thank you so very much to everyone who came to the Crematorium to say goodbye and, more especially, for the part you played in Colin's life.

Finally, heartfelt and grateful thanks to Peter and Margaret Ripley and Kate Ennor for their kindness, guidance and caring, without whom we would have been lost.

### Correction

### from the Editor

In the last issue there was an article praising Frogmore Farm for donating all vegetable sales to charity. Unfortunately, this is not now the case, only selected items are for charity as the produce comes from small local businesses struggling to make a living.

# **Cornish Carols in St Austell**

### from Robin McCarthy

The St Austell Choral Society will be holding its annual Advent Concert at Mount Charles Methodist Church at 7.30pm on Friday, 15 December. This is always a lovely occasion, with carols and seasonal readings – but this year, they are including a group of traditional Cornish carols and readings, just to make it extra-tempting. And their concerts always end with a delicious finger buffet!

Go to <u>www.staustellchoralsociety.co.uk</u> for further details.

### Christmas Parish Post

by Des Libby
in aid of the
Motor Neuron Disease Association



Christmas cards delivered to any house in the Parish for 30p per card Stamps and Drop off at:

> The Winkle Picker, Polruan Morley Tubb, Castle Way, Highway Thanks to both

> Last Post Wednesday, 14 December
> Post people required in
> your local area
> Contact Des on 01726 870735

### Can you help your Community?

Because of a lack of personnel, the Co-Responder unit at Polruan Fire Station will soon no longer be active. This gives the opportunity of starting a Community First Responder Unit with members of the public able to train and respond to medical emergencies within their Community.

If anyone is interested in finding out what is involved and how this would work, there will be a meeting on 12 December at 7pm at the Fire Station with a representative of the Ambulance Service to go through the process and answer any questions.

Look out for additional publicity nearer the time.

# Polruan Regatta and Children's Sports

### from the committee

The committee have been busy preparing for Christmas activities as well as looking ahead to events in 2024.

On Friday, 1 December the Christmas trees for the Coal Wharf and St Saviour's grounds will arrive. We are grateful to the Palmer family for transporting them and to the men at the boatyard for hauling the Coal Wharf tree into place. The lights will be put up on Sunday, 3 December in the morning and they will run until 6 January.

On Saturday, 16 December we will be holding our lunch time Christmas Party for the children aged from birth up to and including those in school Year 2. We have hired in some soft play equipment, and after lunch Father Christmas will be making a visit. Invitations will be delivered.

We have worked with Polruan Film Club to add an extra Christmas treat on Saturday, 16 December when The Film Club will present the 2022 film Puss in Boots — The Last Wish, at Polruan Village Hall. This film is rated PG and is a great fun, family film. The showing will begin at 2pm and is open to all children and adults. The Polruan Regatta and Children's Sports will be funding all costs, including an accompanying adult, popcorn and a drink.

There is no pantomime trip this time but the children attending Polruan School and those who signed up in April, will be going to the Theatre Royal to see Disney's Aladdin, The Musical, on Thursday, 18 January.

We wish you a Happy Christmas and 2024. www.polruan-regatta.co.uk

# For Sale Offers Invited

Dark wine-red button back Thomas Lloyd Chesterfield 3 seat sofa, two armchairs and foot stool.

White loose covered John Lewis 3 seat sofa two armchairs and foot stool c/w separate William Morris lily pattern loose covers.

Full size two person pine bunk bed.

King size pine Double bed c/w mattress - little used.

King size Dorma Divan Double bed c/w mattress.



Extending Aluminium Folding Platform Ladder In 4x2m Sections Little used Feel Free Gemini Sport Double Kayak Complete with 2 paddles, Seats, life jackets and trolley cost £600 offers

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We only charge for the postage so please contact us to have the Parish News sent by post on publication for a year.

Please contact Graham Tyson, The Old Barn, Polscoe, Lostwithiel, PL22 0HS providing your full name and address and that of the recipient.

For new subscribers our rates £15 (UK) / £30 (Europe) / £35 (overseas) Please make cheques payable to "Lanteglos by Fowey PCC"

### **APOLOGY TO OUR SUBSCRIBERS**

We are very sorry that some subscribers had to pay additional postage fees for their recent copies of the Parish News. Postal rates increased by £1.50 on 1 October but were not well publicised and we sent out the last edition at the old postal rates, for which we apologise.

We have rectified this and have written separately to Subscribers about subscription rates.

### The Great Baldini visits Polruan

### from Vicky Halls

I was intrigued when I saw the advertisement for an opportunity to see The Great Baldini perform at the Polruan Village Hall, organised by the Polruan Theatre Club. I am a great fan of magic on the screen but, after a traumatic experience of audience participation with Paul Daniels, I have since been wary of face-to-face performances. I am so pleased however that I was persuaded to give live magic another go!



As soon as we entered the Hall, we were greeted by The Great Baldini himself, a larger-than-life character with a smiling face, the garb of a circus ringmaster and a very firm handshake. As I went to my seat, I found myself checking my pockets and jewellery – all present and correct but he already had me under his spell. After some informal table magic the first set began.

Each set was a version of his 2022 and 2023 Edinburgh Fringe shows, the first one giving the audience glimpses of extraordinary magic to illustrate the story of the influence his grandfather had on his magic career, starting with his first illusions at the age of three. The second set was a journey to solve the mystery attached to a character called Lafayette, taking us through Europe, via puzzles, tricks and mysteries, including the performance of a challenging Knight's Tour around a chessboard.

The stories were exciting and compelling, with The Great Baldini's booming voice and ability to speak eloquently at speed, but the most enthralling part of the show was undoubtedly the magic! Every single piece of magic was mind boggling, from card tricks, through mind reading and escapology, to impossible knots in rope. For me the highlight had to be the incredible rapport between The Great Baldini and his audience, with plenty of hilarious ad libs and lots of pretence that tricks were going badly wrong, only to find they worked all along.

Credit must go to Henry Rowe, who, when called upon to assist in a mind-reading trick, managed to ignore all the subtle nudges from The Great Baldini with rebellious aplomb, prompting a whisper in his ear from the showman, saying "This is MY show". It was so slickly done, with The Great Baldini convincing us all (incorrectly of course) that Henry was spoiling his trick, that it looked like it was planned and part of his act. I must also mention Mark Pope, who was asked up on stage to play the role of the newly discovered Lafayette. His performance, in a trick involving eggs, was hilarious, from his brilliant Deep South accent (required for the role) to his finale of downing a raw egg with a theatrical flourish! This I would point out even surprised The Great Baldini.

What an amazing evening, if anyone who wasn't lucky enough to be there on the night has a chance in the future to see The Great Baldini in action, you will not be disappointed.



The Babes and the Hoods - Polruan Panto — 13<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup> and 17<sup>th</sup> February.



The Babes are orphans in the custody of the dastardly Sheriff of Nottingham who wants to get rid of them to inherit. His inept henchmen, Swipe and Snitch, take them to Sherwood Forest where they are rescued by Robin Hood and his band but there is unrest in the forest as Red Riding Hood and the Wild Women want equality with the Merry Men. Will the Babes escape the clutches of Wanda, the wicked witch? Will Maid Marion be able to get Robin to focus on her for a change? Will Nanny Nora bag a man? All

will be revealed in due time!
Tickets from Box Office
01726 870666

www: polruantheatreclub.



**BOOKINGS:** 

### **MEMBERSHIP:**

### Polruan residents, local residents and visitors are all welcome!

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Comwall shown by C Fylm community film clubs



by phone on 01726 870505 or through the website: www.polruanfilmclub.co.uk or email: bookings@polruanfilmclub.co.uk

Your first film is included in your membership fee. After that you just need a ticket for each screening you want to attend. Occasionally due to non-availability we may have to substitute a film at the last minute. Doors open 6:30pm. Films start at 7pm

### CHRISTMAS SPECIALS - PLEASE NOTE TWO DIFFERENT DATES!



It's a bumper Christmas for the Film Club! Two films this month, LOVE ACTUALLY will be showing at 7pm on SATURDAY 9th DEC. Join us and claim your member's special treat of a mince pie and a drink from the bar as a thank you from us for your support this year. This film is a 15.



A Matinee performance for all the family will be shown with the financial support of the *Regatta Committee*. This film is a PG. PUSS IN BOOTS - THE LAST WISH and will be shown after the Children's Party at 2pm on SATURDAY 16th DEC. No unaccompanied children please! Children can view the film for free (12 and under).

### TO START THE NEW YEAR....

We are back to our usual date of the 4th Sat in the month and so on **SATURDAY 27th JAN** our film will be **SAVING GRACE**, a humourous film set in Cornwall.



The film stars Brenda
Blethwyn and Martin
Clunes and is a story
about a small-town English
widow, facing financial
troubles after her husband's
suicide, who turns to
agriculture of an illegal kind.
This film is a 15.

MEMBERSHIP RENEWALS If your membership has expired you can renew your membership online choosing that option from the drop-down box. This will include the ticket for your first film in this new membership year.

TICKETS: ANNUAL MEMBERSHIP INCUDING ENTRANCE TO FIRST FILM: Adults £6 - Youth (12-15) £3
SUBSEQUENT FILM TICKET PRICES: ADULTS: £4 YOUTH (12-15): £2
There is no membership fee for children under 12 but a £1 ticket charge per suitable film

### **Your Village Hall Needs You**

The Polruan Village Hall held its AGM on 3 October and the Committee are really pleased to report that financially the Hall is very viable moving forward and, following the substantial refurbishment programme, is now a wonderful space for the whole community to use to host clubs and societies, parties, weddings and meetings. With an upgrade to our broadband, we now have the fastest WiFi in Polruan at a reduced cost to us! With all that said, however, the Hall is in crisis.

What the Hall is really short of is a band of volunteers to continue to run it for the benefit of the whole community. Do you feel able to spare a little time to be on the Committee or part of a bank of volunteers to help to run the Hall? We do hope so because without your support, the Hall will cease to function.

In particular we need a Chair, Secretary and committee members as without them we will all loose the Hall for ever — something none of us want to happen.

We are holding a Public Meeting on 13 January at 2.30pm. Please do come along and in the meantime, think about how you can help to ensure this wonderful community asset remains just that and continues to serve our community for many more years to come.

For further information, please speak to anyone on the Committee or contact Suzanne or Kathryn for further information.

> Suzanne (01726 870818) Suzanne.goddard@me.com Kathryn (01726 870963) Kathrynehill39@gmail.com

### **RAK Building Services**

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### Bakery & Café

Baking: Bread, Pasties, Croissants, Cakes, Quiches, Cornish Cream Teas. Café: Serving Breakfast, Hot Food, Sandwiches & Paninis, Burgers & Hot Dogs, Hot & Cold Drinks, Milkshakes.

Orders being taken now for Christmas!

Kat and the Team Look Forward to seeing you all soon!

### **Volunteer Pony Checkers Wanted**



© National Trust Images/Ruby Mitchell

The National Trust is looking for people to help check on our Dartmoor Ponies. The ponies graze the coastal slopes in southeast Cornwall, aiding in the management of coastal grasslands and improving habitats for nature. The ponies are generally located in the Lansallos area but also move to other areas, including Lantivet Bay, Whitley, Pont, and Ethy. The role would include checking the number of ponies, carrying out very basic health checks, and reporting back to the ranger team. No experience is necessary.

What's in it for you? Help look after the pony herd and, as a result, look after important landscapes for future generations; enjoy a walk with the added benefit of helping look after the area; help a friendly and dedicated team; and work in beautiful surroundings.

This is a voluntary role that will suit someone who enjoys spending time outside (whatever the weather), is happy to work with animals, is reasonably fit and healthy, is able to walk up and down the Cornish coast path, and is available regularly, at least once a week. If you are interested or would like to find out more about this volunteering role, then email southeastcornwall@nationaltrust.org.uk



# **Polly Food Hampers to help toward your**



Will you find Christmas a challenge this year?

Polly Christmas Hampers are free to anyone in Lanteglos Parish who will find Christmas a struggle, and will include some basic supplies as well as a few festive treats to make Christmas Day special. The present cost of living crisis is affecting many of us in some way so please do not hesitate to request a hamper if you feel it would be helpful for you or maybe someone you know. We are asking for requests by December 9th, and please tell us of any dietary limitations etc.

To protect your privacy and data only one person will be involved in taking orders and deliveries of hampers.

Please contact Angie Mallard on 07967131525



Drop - off in St Saviour Church —Please call Angie Mallard re cash donations

Below is a list of items that we suggest for donating to this local cause, Any items you could donate from this list would be gratefully received.

### Donations required are as follows:

Long Life Milk Coffee/Tea/Instant Hot Chocolate Peanut Butter/Marmite/Jam/ Marmalade Rice/Pasta Pasta/Curry/Chinese sauces Tinned Tuna/Salmon/Meat Tinned Vegetables/Soups Instant Mash

Custard/Rice pudding Trifle Sponges/ Jelly Stuffing/ Gravy Powder Cranberry/Apple/Mint Sauce Savoury Snacks (crisps etc) Box of Biscuits/Crackers Confectionary/Chocolate Xmas Pudding/Sponge Pudding





### **Lion President Tony Bartlett**

It is with great sadness that we have to inform you of the loss of our President Lion Tony Bartlett who died on Sunday, 12 November. Our thoughts are with his wife and family. He will be greatly missed by us all.

#### **A Generous Donation**

Fowey River Lions raise funds to help people in their local community as well as nationally and internationally. We are extremely grateful to an anonymous donor who gave us a considerable amount of money to spend as we thought fit. At the same time, we had been asked if we could assist a local family in Fowey. Lewis Mooney is just 8 years old and is suffering from a rare disabling disease called Goldenhar syndrome. In the coming months Lewis will need several operations at Great Ormond Street Children's Hospital in London. The family have a target of £5000 to raise to cover the cost of travel, any accommodation that may be required, support with Lewis's two siblings and hopefully a treat for football loving Lewis. So far, they have raised £2685. The Lions were delighted to be able to offer the family £500 towards their target. Thank you to our anonymous donor who helped make this possible. We wish Lewis and his family well.

### Ukraine appeal

Fowey River Lions were delighted to welcome Andy, Emma, Jill and Phil from Callington Lions who gave us a presentation on their trips with aid to the Ukrainian border. The first trip was conceived by Darren Tate, a local taxi driver, from Callington. Word travelled fast, support grew and the Lions joined forces with him. At Easter 2021 they sent thirteen vans of donated goods. It is a journey of 2.5 thousand miles, through five countries, taking 5 days, ending in Poland where the goods are transported onward to the Ukraine. Meeting them in Poland is a 21 year old university student called Irena. She organises all the distribution and onward transportation of the goods. She has also set up a safe house for women mistreated by their oppressors. The return journey brings sponsored Ukrainians to this country as well as parcels for families already living here. So far 147 van loads of aid have been sent and what started out locally now covers Cornwall, Devon and into Somerset involving some 25 Lions Clubs.

The audience for the presentation comprised members of local Lions Clubs, people who



# Fowey River Lions

had donated, members of the Inner Wheel, who are keen to support the initiative, and two Ukrainians now living and studying in St Austell. The support and interest in the project was immense and Lions Clubs are grateful for the support of their local communities.

The picture shows some of the knitted items that have been kindly donated. If anyone one would like to knit a Trauma Teddy, also known as The Teddy that takes away tears, please email us and we would be pleased to send you a knitting pattern.

#### For Polruan and Lanteglos

Thank you to everyone who has donated goods so far. They are now particularly desperate for nappies, baby clothes, personal hygiene items and paracetamol. There are two more convoys travelling before Christmas on 25 November and 17 December and they would also like to take small toys to go to orphanages and displaced children. If anyone can help with any of these items, they can be left in the box in the porch of 24, Meadow Close (Lynn Bartlett) or please phone 07977440132. For further details go to Facebook page 'Cornwall and Devon Sending Love to Ukraine' or visit www. sendinglovetoukraine.org

### Fin Thurman Presentation on High Jump

Fowey River Lions had assisted Fin financially to undertake additional training for his high jump skills and he attended our monthly meeting with a presentation on his training and achievements.



Fin started his presentation by telling us that he had used the donation from the Lions to help him with travel to Birmingham, Loughborough and Bath for the Youth Talent Training Programme. This is an England Athletics training programme which runs for 2 years and this is his second year. The money was also used to purchase specialist spikes for sprint training, to improve his speed, power and explosiveness for high jumping and trainers for training in. In the past two years Fin has taken part in at least fourteen championships including, English Schools Championships and Welsh Athletics Indoor Championships. A first place in 2021 with a personal best of 1.75m and this year he improved on that at the South West Athletics

league where he came first with a personal best of 1.95m. In year one of the under 20's category he is ranked 20th in the UK with two more years to improve!

Fin thanked the club for their support. There were several questions from Lions members and they were delighted with his performance and determination and wished him well. The President thanked Fin for coming and looked forward to receiving further updates on his performance.

### Countryfile Ramble for Children in Need

Thank you to our stalwart group of walkers who turned up on a lovely sunny Sunday to walk from Polruan to Bodinnick along the beautiful Hall Walk. Their efforts collected £117 for Children in Need.



Join Fowey River Lions - We are a local community organisation raising funds and helping our community. We started in 1977 with a large group of like-minded people helping their local community and raising funds for local, national and international causes. Over the years we have donated to major charities such as Cancer Care, Motor Neurone Disease, RNLI, local charities such as Children's Hospice SW and helped local people in need as well as encouraging and supporting young people in their development with smaller grants. It is not all hard work; in fact, it can be great fun and gives a great feeling of satisfaction. We meet once a month and discuss what we are going to do and once a month we have a social event. We welcome anyone in the area to come and meet us and see what we do. We meet on the first Monday of the month, upstairs, at the Ship Inn, Par at 8pm. We would love to see you.

Thank you for all your support. We wish you a Happy Christmas and Peaceful New Year. Secretary Lion Lynn Gould

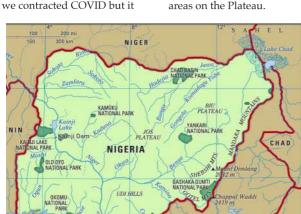
www.lions105sw.org.uk/foweyriver email: foweyriverlions@gmail.com facebook: foweyriverlions Tel: 0345 833 7484

### **Letter from Nigeria** from Daniel and Kathleen

As we settle into our normal routine, we look back on the wonderful time we had in the UK and how so many people looked after us. We appreciate all of you. So many are praying for us and we certainly need it. It is so difficult to hear of so much poverty, but we praise God that we can help some.

When in the UK we contracted COVID but it

didn't stop us taking meetings as my brother Ken organised Zoom meetings. Daniel and Grace were ill, but Jessica and I were not too bad and are all OK now. Ken went down with COVID too but his has turned into long covid and he is very tired. Please pray for him.



Karl Kumm University has a meeting with the students, COCIN and the Nigerian University Council next weekend. We praise God that students are studying and more will be admitted soon.

Pray for the Internally Displaced Persons (IDP's), especially the youth, that they will truly come to know the Lord and not get drawn into bad habits, especially drugs and drink, which is common in Vom and many

> The killings and kidnappings still are going on daily. There are so many IDP's — When will it end? Thanks for your prayers. We continue to pray for you all. God bless and encourage you all.





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Please ensure that any rubbish for collection is put out early Monday morning and not before



It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

> Please do not feed the gulls



Do you have a child or look after a child under 5?

Pop along and join us — we now meet at the WI Hall in Fore Street

All we ask is a small fee of £1.50 per child Wednesday mornings during term time

9am-11am

All welcome

For more information follow our Facebook page or email babytoddpol18606@yahoo.com



### **Polruan Sports & Social Club**

from Graham Palmer

It's been a great few months, with Short Mat Bowls continuing to be popular during afternoon and evening sessions. Table Tennis was the new kid on the block and that to has proven to be very popular and it's been encouraging to see new members joining during the evening sessions who haven't played for many years. It's the mix of abilities which is particularly encouraging ranging from those who are competitive, to those who simply want a bit of fun and to socialise.

With the clocks going back last month and the evenings darker, why not join us for Short Mat Bowls every Monday or Table Tennis every week every Wednesday in the Polruan Village Hall. All equipment is provided, all abilities catered for and no experience necessary — just come along for a bit of a fun.

Some reminders of those Health Benefits:

- Improved hand-eye coordination & concentration
- · Mental alertness
- · Reflexes and balance
- Leg, arm, and core strength
- Provides aerobic fitness
- Lowers the risk of heart disease and strokes
- Even helps to prevents cognitive decline and dementia

We look forward to seeing you on the dates below:



### **BOWLING**

Mondays 1500 - 1700 and 1900 - 2100: 4<sup>th</sup> and 11<sup>th</sup> December 2023 8<sup>th</sup>,15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> January 2024

### **TABLE TENNIS**

Wednesdays 1900 - 2100 6<sup>th</sup> and 13<sup>th</sup> December 2023 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup> January 2024

For membership or to get more information please contact Graham Palmer 07979 610187 or email us at polruanssc@outlook.com



2024 Calendars and Tide Tables
Available from the Harbour Office
Calendars £7
Tide tables £1



Full of fantastic pictures of the Fowey Estuary and Fowey tide times

A great Christmas present idea!

If you can't get in to see us, we can post them contact the Harbour Office 01726 832471 or reception@foweyharbour.co.uk

### **POLRUAN STORE**

14 Fore Street, Polruan
Telephone 01726 870477
Email office@polruanstore.co.uk
A Paypoint Agent



Graham, Joanna and the team warmly invite you to visit us in Polruan.

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Orders now being taken for Christmas and New Year.

Visit the store for order documents or email details and these can be sent direct to you.

Thank you for supporting your local Businesses



### **News from Polruan Academy**

from Jane Wills, Headteacher

As the nights draw in, the leaves let go and the gales arrive from the Atlantic, school life takes on an autumnal feel. Rather than retreating inside, we add layers of clothing and embrace the weather and who doesn't like jumping in puddles?

This year, our final half term before Christmas is filled with performing arts. We have started preparations for our Christmas performances and are planning to entertain all parents/carers and villagers with our Christmas plays performed in the village hall; with the younger children performing a traditional nativity play and the older children exploring "What Christmas Means to Me".

We have our Christmas Service in St Saviour's Church on the morning of 18 December and we will be singing around the tree on the Wharf later that day. Please look out for posters advertising the event and pop down for a sing-along, warm drink and Christmas raffle.

The children in Canute class have been finding out about The Fire of London. They have set up a bakery shop complete with bread oven in their home corner to explore history through play. They joined forces with Blisland (one of the other small schools in our Trust) for a Pop-Up themed play day at

Blisland and they have invited Blisland to join them for a visit to Polruan Fire station later this month to find out more about fire engines and emergency services.

The children in Tregeagle class are studying what makes Earth angry, looking at volcanoes, earthquakes and other natural disasters. They have explored the layers of the Earth using play dough, recreated the effects of tectonic plates using red paint and polystyrene cups and measured the power of an erupting volcano (in a plastic bottle). In art, they have sketched a volcano, used iPads to create a digital image of a volcano and finally they will use acrylic paint to represent an erupting volcano.

We are very pleased that with the support of parents and Mrs Hughes, we have a Friends of Polruan Academy (FOPA) again. Look out for fundraising events being advertised and join us to raise money for those extra things to enhance the learning experiences for all the children at our school.

We wish you all a Merry Christmas and Happy New Year.

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### Saturdays: 2<sup>nd</sup> December, 6<sup>th</sup> January, 3<sup>rd</sup> February

### 10am-12.30pm at Whitecross Village Hall

#### Market news

Saturday, 2 December is the **Christmas edition** of Whitecross Local Produce Market, so there'll be some extra stalls, lots of festive food shopping and original ideas for presents, including:

- James Strawbridge from Bodinnick will be selling signed copies of his cookery books
- Emma and Ant of **Cornwall Woodland Crafts** make all kinds of beautiful things, including hand-turned bowls and willow woven Christmas decorations
- Di and Hannah's cake stall includes Christmas cakes this year, all handmade in Bodinnick
- Alice will be creating fabulous festive wreaths from her flower field near Lerryn
- Robin from Penpoll will be selling his works of art in the Jubilee shelter
- And Paul and Archie (the dog) will bring the full range of delicious Yards drinks, distilled at the Old Ferry Inn and sold in distinctive reused bottles.

**New stalls** since the last Parish News include Georgie selling **Haye Farm Cider** and the natural barrel-aged **Ripe Cider**, both made in St Veep, and Lawrence from Padstow with his amazing collection of **fresh cheeses** – try them, and you'll be hooked.

And remember: Whitecross Market is not just for Christmas – we're here all year round, so please come and shop in January too!

### The best local produce

Here's what else you'll usually find at Whitecross Market, though it varies from month to month...

- Kaye sells sustainable fish and shellfish from the Looe day boats.
- Gerald brings a huge range of **honeys** from Aniele's hives near Liskeard, including **cut comb**, turmeric honey and beeswax candles.
- Pam sells fresh handmade bread, rolls, quiches, pies, Cornish cheeses and more from the deli
  in Lostwithiel.
- The best seasonal vegetables and herbs from Earthbound Farm at St Veep, and from Dirt Farm on the north coast (who also make addictive chilli jam and sprinkles).
- Local farm milk, butter, double and clotted cream (in returnable glass bottles and jars) from
  the Green Cow Dairy speak to Debbie and Chris about signing up for their twice-weekly
  milk round.
- Andy's delicious **Dexter beef** comes from the herd that grazes Pencarrow Head.
- Helen's rare-breed pork and goat meat, plus preserves, chutneys and seasonal veg, from Coppergon Farm near Tywardreath.
- Richard and Aileen from Dartmoor bring wild venison, rare-breed gammon and bacon, and Dartmoor lamb.
- Mandy and Peter's **ethical coffee** is hand-roasted in small batches in Liskeard.
- Dave sells his Manor Farm Orchard **apple juice** in big returnable glass bottles.
- Ed and Ruth sell **seasonal plants** and veg from Lanteglos Highway.
- Steve and Andy, of Sapooni in Bodinnick, make their own aromatherapy **skincare**, **soaps** and much more.
- Lorraine makes her popular handmade cards for all occasions, in Polruan.
- Beautiful pottery made by Val, or sometimes Jacks, in Lostwithiel.
- You can buy hot drinks and Looe ice creams from Toby, Jane or Suzi in our **Brew with a View** hut and meet up with friends in the Jubilee shelter where you'll find some of the regular stalls as well.

### And don't forget:

- Liddicoats pasties (steak or cheese & onion) are cooked in the hall kitchen on market day by
  Kim and Joan. If you're worried about missing them, you can text your pasty order to Kim on
  07402 234386.
- **Community buses** come to the market from Fowey and Polruan.
- Please bring cash, as not all stallholders take cards.

Follow the market on Facebook and Instagram – thanks to Charlotte for doing all our social media. Email: <a href="mailto:whitecrosslocalmarket@gmail.com">whitecrosslocalmarket@gmail.com</a>

Tel: Liz on 07900 668604



James's books on sale at the Christmas market



Some of Lawrence's fresh cheeses, handmade in Padstow



Georgie and Cameron make Ripe Cider and Haye Farm Cider at St Veep

### **News from Frogmore Farm**

from Gill Palmer

I wonder what the future of farming will be for our Great Grandsons. They have to learn very early in life that farming is really hard work. Every day of the year without

exception the animals have to be checked and fed, even on Christmas Day. Stanley is in the yard with Ben every morning at eight o'clock ready for work. He loves to carry grain in his little bucket to feed the grumpy pigs and then the chickens, turkey and the gander, he calls them

the oglies.



Ben and Simon worked many hours in the fields trying to get the Winter corn planted before the wet weather set in. Ben began drilling one morning at eight o'clock, Simon was taking the seed grain to the fields for

him. The weather forecast was so bad they worked all day and all night until 6.30 the next morning. It was just in time because it began to rain, and I don't think it has stopped since. The fields have now turned from brown to green and hopefully next year we will have a good harvest.

The wasps came back! They came back with a vengeance. Thousands of them. When the annual cider making was taking place they were everywhere, all over the apple pulp and crawling over everyone's hands. I didn't hear of anyone being stung though, thankfully.

The cattle had to come into the sheds a week or so early because the fields were turning into a muddy, boggy mess. The poor cattle were standing by the hedges looking miserable. We were hoping to take

the weaned male calves to a Farm at Trenewan along with the young Bull, Bruce, but unfortunately at the moment it's not possible. At the recent TB test a pregnant cow's reading was inconclusive. She will have to be retested in sixty days' time. If she then goes clear, all will be well. If not, she will have to go.



We are now waiting to see if we can move any animals to the new farm.

It's a bit worrying. The Sheds are full now and after Christmas the new calves are due to be born. We know one young Heifer is expecting twins and the scans will tell us how many more are due.



We are hoping all the ewes are pregnant because the rams have now gone back to their Bachelor life until next August. We will see when they are scanned in early December.

The sheep have thick, warm, wool coats full of lanolin which repels the rain and protects them from the cold so they can cope very well with the recent storms. Newborn lambs however wouldn't survive such awful weather so after Christmas the ewes will have to come into the sheds to give birth.

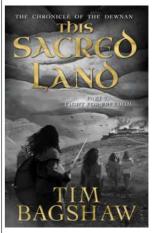
The skies have been full of starlings, thousands of them. We had to laugh when there were a few hundred of them having a bath in the flooded road. Usually when so many starlings arrive it means the weather is going to be really cold in the North but this year their usual habitats are so flooded, they may have come South to find food.



One morning at seven o'clock I looked out of the window and saw a fox following a pheasant. As it got closer the pheasant looked around and saw the fox. It began to run away. The fox didn't follow, it turned around and began to walk away. The silly bird stopped and turned around and began to walk back towards the fox. The fox slowly walked towards the hedge and sat very still under a bush. The pheasant pottered around gradually getting nearer and nearer. I imagined the fox was licking his lips. I had to go; I had wasted half an hour watching. Who won? I have no idea. I always say a pheasant is a bird with very little brain so maybe it made a good breakfast for the fox

Little wrens have much more sense. As the evenings are getting colder, they have moved into the swallows' nests in the porch again. They are so tiny but so bossy. I love them.





Following the success of local author Tim Bagshaw's This Sacred Land: The Return of the Prince, the first in the Chronicle of the Dewnan series, his highly anticipated sequel, This Sacred Land: Fight for Freedom is welcome

news for fans of historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.

Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. This Sacred Land, Parts 1 and 2 combine myth and reality in this must-read series.

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: <a href="www.twitter.com/@bagshaw\_tim">www.twitter.com/@bagshaw\_tim</a> and <a href="www.facebook.com/dewnanchronicle">www.facebook.com/dewnanchronicle</a>



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.

### **Lanteglos-by-Fowey Parish Council December 2023**

from Rob Rooney, Chair Lanteglos by Fowey Parish Council

### **Meeting of 24 October**

October's meeting highlighted the unseen work Parish Councillors do throughout the month. The meeting at Polruan Village Hall was the first one to benefit from the deliberations of the newly formed Planning Sub-committee. The thoughts of Cllrs Ainley, Kelly and Adams on the outstanding Planning Applications identified the main issues and helped streamline proceedings.

Cllr Ainley also represents the Parish Council on the Port User Group. The Harbour Commissioners are seeking views on dogs on Polruan Back Beach. Those in attendance thought that bringing Polruan into line with Readymoney Beach, across the estuary in Fowey, is a possible way forward. Residents are to be consulted on this issue.

The terrible housing crisis in Cornwall (with just under 25,000 on the housing list, with many people unable to afford to buy or rent) has prompted the Parish Council to adopt a Housing Manifesto in 2022 (see the website). It comes up for review every six months. This time, members decided to include a register for second homes. This will now be circulated to Cornwall Council (which has the power to make changes as per our Manifesto) and to the Town and Parish Councils who support our Manifesto.

I represented the Parish Council at a meeting in Redruth in October, organised by Cornwall Community Land Trust. Communities all over Cornwall have been able to find land on which housing for local people in perpetuity has been built. CCLT has the expertise to help communities bring plans to fruition. Please see separate article on this subject in this edition of the Parish News.

Also hard at work in between meetings, is the Standing Contracts Sub-committee – Cllrs Goddard, Clare-Dunbavand and Ainley — which ensures the routine maintenance on Parish Council owned or maintained buildings and conveniences is carried out on time and to specification. Existing contracts are due to be renewed in April and expressions of interest from would be contractors are invited. Refurbishment of the public toilets at St Saviour's Car Park and at Polruan Quay is to be re-tendered, following the failure of negotiations with a contractor.

The footpath running to Penmarlam from the Bodinnick ferry road is currently blocked by a fallen tree. Cornwall Council is aware.

Cllr Clare-Dunbavand was elected to be the Parish Council's representative on Polruan Village Hall Committee.

Councillors voted to oppose the proposed increase in Tamar Bridge tolls. This is in line with the Council previously lending its support to the campaign to end the toll altogether.

The next meeting of the parish council is **28** *November at 7pm* at Polruan Village Hall.

### Landowners can ease the housing crisis

Calling landowners in Lanteglos-by-Fowey Parish Council area — do you have an acre or two you could spare to help people in housing need?

With 24,558 people on Cornwall's housing waiting list (19,880 in October 2021) there is a crying need for housing people can afford in the place they need to live.

Cornwall Community Land Trust is set up to help communities help themselves by turning marginal agricultural land into housing. Since 2006 CCLT has been instrumental in nearly 300 homes being built in places like Ruan Minor, Rock, Pendeen, Rame, St Ewe, Duloe,

St Teath. All these homes are on land which was previously farmland.

Interested people within a community need to get together to form a "Housing Working Party." There is grant aid available from Homes England, and Cornwall Council has a track record of looking favourably on planning applications. Communities can go it alone or enlist the help of Cornwall Community Land Trust, which has experience of negotiating local and national bureaucracies.

A crucial part of bringing a scheme to fruition is gaining the support of the community, but ultimately, nothing gets built unless a community is overwhelmingly in favour.

In schemes in Cornwall, what resulted were mixtures of shared ownership homes, 'affordable' and 'social' rents, discounted sales, or self-built homes. Planning safeguards ensure that, once built, the homes remain available for people from the parish in perpetuity.

It goes without saying that whoever sits on the housing working party needs to be able to give up their time and energy to see a scheme through from the drawing board to handing over the keys.

Cornwall's housing crisis needs far more resources than these small-scale developments. But for people in the parish languishing on Band E, with no hope of being allocated a home through Cornwall Homechoice, these schemes give them a leg up the ladder.

But nothing happens without a landowner seeing an opportunity to help alleviate housing need in Parish Council area.

Anybody interested should contact the Clerk, Gillian Thompson, in the first instance – clerk@lanteglosbyfowey.org.uk.

### **Lanreath Parish Council**

### Summary of draft Minutes Meeting of 19 September

Attendance by 7 of 9 Councillors. Chairman - Cllr Peter Seaman, Clerk - Mrs R Warren. County Councillor Colin Martin not in attendance. Cllr Dan Pugh's resignation received prior to the meeting.

There were no members of the public attending, and an email report from PCSO Cocks was read out.

Matters arising were considered including, amongst others, Community Garden access, lack of planning enforcement progress regarding unauthorised building in the Parish, and the proposed site meeting to consider the traffic incident on the road to Stonerush Lakes.

The Meeting then considered correspondence from Cornwall Council and others.

A new councillor was co-opted, and a further application held over for consideration advertising the recent vacancy following Cllr Pugh's resignation.

The Councillors considered the updating of the Parish bank account mandate, and regular reports regarding Parish assets, and the Village Hall.

The Chairman reported on the latest Community Area Partnership meeting, and Councillors discussed the increased costs on the Tamar crossing. The general feeling was that central Government should be lobbied to cover the increase, rather than it being passed on to users.

Cllr Sue Cave reported to the meeting regarding her attendance at an online event hosted by Cornwall Council and chaired by the portfolio holder for environment and climate change. The Chairman confirmed that a new web page dedicated to the environment had been added to the Parish website.

The Councillors considered and approved proposed changes in Financial Regulations, and after discussion decided that there was no objection to planning application PA23/06456.

After considering the Clerk's financial report, and year to date figures, the meeting went on to discuss Parish problems and any other business. The meeting was concluded.

### Meeting of 17 October

Attendance by 7 Councillors. Chairman - Cllr Peter Seaman, Clerk – Mrs R Warren. Cty Cllr Colin Martin absent. Cllr Vickery's first meeting as co-opted Councillor.

PCSO Cocks attended the meeting and presented his report – asking members of the public to ensure that they report any antisocial behaviour to the police.



Agenda items considered included: the replacement post box near the village shop, flagpole repairs, archive documents, correspondence, councillor vacancy (one application being held over), request for support for a climate and ecology bill (declined), D Day 80th anniversary in 2024, climate change, and Parish Council finances – including year to date figures.

There were no Parish problems to discuss and the meeting concluded.

The next Lanreath Parish Council meeting to be held on *21 November 2023* at Lanreath Village Hall, 7.30 pm.

www.lanreathparishcouncil.co.uk for full minutes, meeting agendas, and meeting dates.

### **Lanteglos-by-Fowey Planning Applications**

(for full details see Parish Council minutes)

PA23/05808, 5 Moss Terrace East Street Polruan – retrospective application for the erection of a Summerhouse/shed and decking.

Members commented that they would have had a number of concerns if this planning application had been submitted prior to the building work being completed as it was not compliant with a number of provisions of the Cornwall Local Plan Policy and the Neighbourhood Development Plan.

As it is now complete and the application contained a number of assurances Members proposed a number of restrictions for CC Planning to consider if it was minded to approve the retrospective application.

PA23/06416, 1 St Saviour's Hill, Polruan – proposed revision of ground floor layout, first floor rear extension works, new windows on first floor east elevation wall and associated works.

Members had no objection to the application but commented on shared access and the need to manage and agree access with adjacent properties.

PA23/07185, The Winkle Picker The Quay Polruan – proposed internal and external renovation of the Winkle Picker shop and flat and associated works. Members had no objection.

PA23/07168, Ferry Climb Townsend – proposed alterations to roof to form gable ends and increase ridge to match the heights of the existing roof. Members had many concerns but decided it would not object to this application but resolved to make a detailed response to CC Planning on the poor history of this development and a number of continuing inconsistencies in application information and works including the statement that work had not started before consents and on the removal of hedgerows and trees and the orchard and destruction of natural habitat

PA23/07654, Hoe Cottage Battery Lane
Polruan – proposed replacement dwelling on
land at Hoe Cottage following demolition of
dwellings and outbuildings, with formation
of improved access, proposed landscaping,
associated works and a change of use of land
to residential.

Cllr. Adams spoke of the views of the Planning Group. Members had concerns with the increased footprint, potential hazards to shipping given its prominent position, and discussed its character and impact on surrounding buildings and heritage.

It was clearly in keeping with some of its surrounding buildings and was designed to reduce its visual impact on the area including a reduction in height. Materials were also discussed and experience from materials used at Headland and other developments e.g. Headland and using hanging slate at the rear to match / link to the roofs of the older buildings. Members supported the application

*PA23/08294, 7 Battery Park Polruan* – reconstruction of conservatory and internal alterations. Members made no comment.

PA23/08126, Land to North of Polrose Farm, Lanteglos – prior approval notification to determine if planning permission is required. Members commented: this appears to be an application for agricultural use and as such the PC has no comment. The PC would like to be assured that this land will remain for agricultural use only.

*PA23/03657, 7 Fore Street Polruan* – raising height of existing roof to rear and extension of link corridors and courtyard.

Members commented: whilst the members have no objection in principle, they have concerns over the increased roof elevation appearing out of scale and dominant to neighbouring properties and requested a light survey

### **Town Trust Report**

from Brian Cook, Chairman

Recently the work of the Trust has focused on property maintenance. There has been storm damage to a small area of the roof of the toilets on the Quay and a contractor has been appointed. The remedial damp work at the Surgery is about to start. The last of the current phase of works to the Car Park at Vevery have been completed. We will shortly be redecorating the Reading Room and rehanging the collection of historic photographs which have been re-framed.



Invitations to tender for the annual St Saviour's Car Park concession and for grass cutting are being prepared and will shortly be advertised in the village.

A trustee vacancy was recently advertised and Mel Hicks has been appointed and recently attended her first Trust meeting.

Because of his personal business demands. Adrian Fisher has been unable recently to devote the time to the Clerk's job that he wished, and he has resigned. We have very much valued Adrian's work over the years, are grateful for his efforts and wish him well in his business. When we advertised for a replacement, we had interest from a number of potential candidates and two strong applicants were interviewed. Zena Tett has been appointed as Clerk and has started with immediate effect so that we can have a smooth transition. Zena comes with a wealth of experience - not only has she run her own business, but she also has held a number of Clerk positions for several Parish Councils. This experience will be an asset to the Trust and please join us in wishing her every

www.polruantowntrust.org

Useful numbers					
	Emergency - not life threatening	111			
+	Fowey River Practice	01726 829272			
	Boots Chemist, Fowey	01726 833332			
П	Polruan Village Store	01726 870477			
	Winkle Picker Post Office and shop	01726 870134			
	Kitty's Koffiji				
	Jam First Coffee shop	07875 293364			
	The Russell Inn	01726 870707			
₫	The Lugger Inn	01726 870567			
	Travel Cornwall Bus service				
	Polruan Community Bus	01726 870707			
citizens advice	Citizen's Advice, St Austell	0344 411 1444			
	Lanteglos by Fowey Parish Council	01726 884024			
gov.uk	Rob Rooney, Chair of Parish Councillor				
· •	Edwina Hannaford, County Councillor	01503 264160 07717 203725			
No.	Trelawny Benefice Administrator	07399 563440			
	The Foodbank, Liskeard and Looe				
Ľ,	The Trussell Trust	07512 011452			
	Anyone needing any assistar Polruan Isolation page - this by the administrator who wil discretion.	will be seen			





### Saturday 9 December 2023

Squires Field, Fowey

### Lanhydrock and the Robartes family

A Talk by Paul Holden

Follow the fortunes of Lanhydrock and its resident family between the 1620s and 1970s and the transfer of the house and grounds to the National Trust in 1953.

Paul Holden, FSA, is an architectural and cultural historian. He was House and Collections Manager at Lanhydrock for 20 years. Paul has lectured internationally and has been widely published.



### Saturday 13 January 2024

Fowey Town Hall

### Harvey's forgotten boatyard

A talk by Daisy Culmer



Exploring the lesser-known shipping history of Hayle, now part of the Cornish Mining World Heritage site, and the shipbuilding accomplishments of the Harvey Foundry Daisy works as the Museum Curator for

Daisy works as the Museum Curator for Harvey's Foundry Trust at Hayle Heritage Centre, responsible for managing a collection of around 8,000 objects and archival items.

### Saturday 10 February 2024

Fowey Town Hall

## The Rashleigh family: Charles and the creation of Charles' Town

A talk by Andy Trudgian

2023 marks 200 years since Charles Rashleigh's death. In this talk, the heritage of the Rashleigh Family in Cornwall is explored along with the ups and downs of Charles Rashleigh's life.



Ending by discussing the history and legacy of his greatest achievement, the port that drove the industrialisation of mid Cornwall.

Andy is the chairman of the Charlestown History Group

'Physical' events commence at 2pm unless otherwise stated

'Zoom' events commence at 2pm Physical Talks (including tea and coffee):

Members £5; Non-members £8 Zoom Talks (per screen) Members £3; Non-members £6 Membership £15

(£25 for 2 adults at same address)

If meetings are not possible talks will be held online free to paid up members of the society. Bookings can be made at Ticket Tailor buytickets.at/foweyharbourheritagesociety

### **Fowey Harbour Heritage Society**

Was formed in 2012 to promote the heritage of the Fowey area and to encourage more people to enjoy its rich history.

As well as our Autumn and Winter programme of talks and events, we make grants to heritage projects and work with other organisations to promote the heritage of the area. We also publish the Barquentine containing interesting articles about the history of our locality



### DECEMBER/JANUARY

24. Mesmerise 20. Dram Fame Noel Narrator Barns Arctic Creator gun, up 14. Cod ju a pickle Custard Carnation SOO Certain sliA Mylon Ivan Callop Noodles Drape Adorable Esniffess Rondhneck Oval .8 Identical DOMN **ACROSS** NSWERS TO CROSSWORD

Chris

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# COMPETITION FOR YOUNG WRITERS AND ARTISTS 2024 THEME: Beaches

- Fictional or Factual Writing, Poetry and Art competition
- Open to all children aged 4–16 living in Cornwall and the Isles of Scilly
- Launch is on 15 January 2024 when additional information, rules and entry forms will be found at www.foweyfestival.com and sent to schools via School Communications
- Closing date: 6 March 2024
- Prizes and certificates in all categories and age groups
- Celebration and awards event to be held in the summer term.

### Secret Gardens

Friday 17 and Saturday 18 May 2024

### Calling garden owners of Fowey, Polruan and Bodinnick!

Secret Gardens are returning once more to the Fowey Festival of Arts and Literature, welcoming visitors over two days from Friday, 17 to Saturday, 18 May 2024.

Is your garden a secret gem that you would be happy to share for just two days with members of the public? Would you be willing to open your garden on 17 and 18 May 2024 in aid of the Fowey Festival of Art and Literature?

If your garden is in Fowey, Polruan or Bodinnick we would love to hear from you! Being part of Secret Gardens is a lot of fun. You will meet lots of interesting and friendly people from all walks of life. Sharing a beloved garden with others is a very special experience, not only to the visitor but for the garden owner too. Please contact Celia, celia@allbut.eu or call 07887 703 757 to find out more. She can talk you through what is involved and provide all the advice you need.

We look forward to hearing from you!

**Save the Date:** Bingo Night Wednesday, 31 January 2024 at The Haverners, Fowey. Full details next month. Look out for a poster around the town.

**Sponsorship:** We have a variety of bespoke Festival sponsorship opportunities. If you are interested in promoting your business to a wide and varied audience, whilst supporting the Festival, please do get in touch. We would be delighted to discuss your business objectives and how sponsoring the Festival can help you achieve those. Please contact us at sponsorship@foweyfestival.com

**Friends:** Becoming a Friend of the Festival is easy, simply head to: <a href="www.foweyfestival.com/friends">www.foweyfestival.com/friends</a> where you can read about the different memberships and sign up online. By becoming a Friend, you will receive advance notice of the Festival programme, exclusive Friend's early bird ticket booking in addition to discounted tickets. A membership starts from as little as £30 and is a great way to support the Festival. The 2024 programme of events will be published in March, so start planning your break now. We look forward to you joining us.

You can also support Fowey Festival by making a donation at <a href="https://www.justgiving.com/thedumaurierfestivalsociety">www.justgiving.com/thedumaurierfestivalsociety</a>

You can keep in touch with us as follows:

www.foweyfestival.com
Twitter: fowey\_festival
Facebook: @FoweyFestival



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#### KEEP POLRUAN SAFE

We are all learning to live with Covid and thanks to the brilliant work of the NHS and scientists we all feel much less threatened. However please bear in mind that there are still people who are vulnerable or who are still anxious of the relaxing of rules

Please be understanding and kind and where possible maintain social distance and wear masks if requested.

If you do need any help "Polly Pals" are still here to support you with your everyday needs such as shopping, picking up medicines, prescriptions, etc.





A very big thank you to Kat and the team at 'Kitty's Koffiji who have taken over the Foodbank collection point in the village over the past few weeks.

Please contact Norman and Angie on 01726 870747 regarding any cash donations

Many thanks to those who continue to contribute so generously during this time of great need for many families.

Please contact the Foodbank if you would benefit from their services or know of someone else who might need to:

liskeard.foodbank@gmail.com

Tel: 07512 011452



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Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website www.friendsofthefowey.org.uk or follow our Facebook Group.

Our events are Free to members and £2.50 for non-members, unless stated otherwise.

## WORKSHOP Nest Box Making

with *British Trust for Ornithology (BTO)* **Saturday 24<sup>th</sup> February 2024, 10am - 2pm**Golant Village Hall

Events are open to all unless otherwise stated, and you are welcome to bring your friends and family along.

Events are FREE to members and £2.50 to non-members unless otherwise stated

Field trips – please bring appropriate footwear, clothing, waterproofs, a packed lunch or money for lunch.

Children under the age of 18 must be accompanied by an adult.



# To Advertisers and Contributors

### from the Editor

We are very grateful for all the fantastic contributions received at The Parish News. We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the  $14^{\rm th}$  of the month preceding publication, otherwise the content will remain unchanged.



### **Higher Windmill Allotments**

### from Brian Cook

This year, like so many earlier ones, has been a mixed gardening season. Potatoes didn't do well because of the dry, early summer but, if you are into squashes, courgettes and the like, the season was brilliant . . . huge crops, provided the plants were watered. Good displays of flowers were also seen on some allotments. The variation in results is what makes gardening interesting and a challenge.

Although we have now come to the end of another allotment year, we continue gardening. We still have produce to harvest . . . sprouts, broccoli, parsnips, kale, spinach, beetroot and perhaps a few carrots. We have a new season to look forward to and this needs lots of preparation. There are loads of weeds to be cleared, edges to trim and manure and compost to be spread. A few vegetables can also be sowed now, for example broad beans and onions.

At this time of the year, we have our annual AGM. This year we have elected a new committee under the chairmanship of Graham Palmer. We also have a new Secretary and Treasurer. During the AGM, tribute was paid to the previous committee which had served the Society well under Des's chairmanship over so many years. He lives very close by and is still an allotment holder so he will undoubtedly still be very much involved.

In early November we had our annual tidying up session when hedges were trimmed, grass cut and rubbish burned. We had a good turnout of members and a lot was achieved. We have now to have our machinery serviced . . . mower, strimmer and cultivator.

While there are few plots available at present, if you are interested in joining the Society, don't hesitate to speak to our chairman who will be pleased to arrange a site visit so that you can see where it all happens!

### Whitecross and district Gardening club

### from Sue Watts

Our Autumn series of talks were fascinating kicking off in September with the Art of Bonsai, followed in October with Preserving your Harvest — with lots of delicious things to tickle our taste buds. Unfortunately, due to illness our talk in November on Dahlias was postponed but instead we were treated to a riveting and very thought provoking talk from Amelia from the Real Food Garden.

For our December meeting we are planning a Social Evening on 14 December when we shall enjoy a fun Quiz accompanied by mulled wine and mince pies. Please come and join us and take the opportunity to wish friends and neighbours a very Happy Christmas.

Our first speaker in 2024, will be Charles Fox the great grandson of Alfred Fox who was responsible for much of the planting at Glendurgan. Charles will tell us more about the family's involvement with some of the great gardens of Cornwall. Please save the date, Thursday, 18 January 2024.

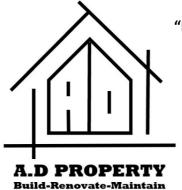
All welcome and we look forward to seeing you at these events.

Doors open at 7pm; talks commence at 7.30pm.

Membership £10, guests £3, including tea and coffee.

Wishing you all a very Happy Christmas and New Year from all at Whitecross Gardening Club

For further information please contact Sue on 01208 871513 or email <a href="mailto:sue.cmill@btinternet.com">sue.cmill@btinternet.com</a>



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A new group will be starting soon at Polruan Village Hall as part of the Polruan Sports & Social Club. The group is for anyone who would like to join us. We will be serving hot drinks, and delicious home made cakes!

There will be board games if you wish to play but feel free to bring along your newspaper or knitting and just enjoy spending time in friendly company.

If you need transport then please get in touch (see below) and we'll help if we can.

come along to a taster session on the session of the session on the session of th

For further details contact Sue on 07811756615 or Email polruanccc@gmail.com





# The Christmas Robin by Maura Kelley

The little bobbing Robin Sat on my windowsill And looked at me with sadness As I lay in bed unwell

And as it flapped its little wings To welcome Christmas Day It hopped upon my table To hear what I might say

'Hello my friend, good cheer to you The snow has come at last And much as I would like to play My days of fun have past

For my leg it is now broken Said the doctor with concern So rest I must for many weeks What a lesson to be learned'

Then Robin gave a wink to me And flew around the room And everywhere he went, he chirped 'Don't move, I'll be back soon'

Then in a moment he was gone Through the window at great haste And way beyond the curtain He had picked up quite a pace

But in the distant echoes The smell of embers burned As Winter's chill descended Robin suddenly returned

And in his beak were tiny twigs Too small for me to see But back and forth he came and went To build a Christmas tree And bit by bit it slowly grew Taking shape where I did lay As I looked on in fondness At Robin's caring ways

And as a tear fell on my cheek
His present now emerged
With moss and fern to decorate
The sound of music could be heard

And with the ringing of the bells A distant cry was made As Robin flapped his wings once more To start his big parade

For birds and animals countrywide Stood in the snow below To wish me a Merry Christmas And good tidings on the go

The sparrows and the magpies
The pigeons and the crows
The foxes and the rabbits
Deers leaping high and low

The badgers and the drumming moles
The squirrels marching bold
As hawks kept watch across the ground
The mice hid from the cold

For Robin's friends had joined him On this very special day To put a smile upon my face And blow the sorrows away

The gift of friendship they did make In the garden of my home Stirred up feelings of great happiness That I was loved and not alone

And with this scene of wonderment And Robin's endearing ways A stocking full of magic Arrived for me on Christmas Day





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It also helps The Parish News which relies on our advertisers' continued support.

# **Polruan Coastguard** from Des Libby, Station Officer

Equipment is always being inspected by team members before and after use to make sure it is in good working order and clean and dry before being returned to its equipment bag sealed, dated and initialled as ready for immediate use. Regular monthly checks are also carried out by the team on a rota basis and the equipment is also subject to a regular TE (Thorough Examination), by full time officers every six months to make sure everything is as it should be and safe for the team to use.

Every now and then a new piece of equipment comes along and the latest update is the Obelisk taking the place of the Quad Pod which has been in service even longer than I have! The team could be seen training next to the station with the Obelisk back in September on the wettest day of the year so far, "if it ain't raining, it ain't training" Jamie said, who knows the team could be called into action at any time and it's not always on a sunny day!

The team were hosted in the WI by the NCI who had arranged an evening with UK Border Force (UKBF) and a very interesting presentation was given by the UKBF on illegal

activities going on around our coastline. Thanks to the NCI for the invitation.

Team training goes on and Julian who joined the team early in the year qualified to Ops level on Rope Rescue in September, Rachel qualified as Incident Controller and Search Team Leader on a weekend course also in September and James, the latest new guy, completed his basic training in October and is now available to the team, well done to them all. Sadly Tracy, for personal reasons, is leaving the team after eight years' service her smiling face, wit and dedication to the cause will be greatly missed by us all, good luck and thank you Tracy.

Finally, the team invited the Pelynt Young Farmers to the station in October where they were shown some of the equipment and took part in some Coastguard Emergency Response Casualty Care training which seemed to go down well. Possible recruits for the future may be?

Anybody interested in joining the team for a challenging but rewarding experience get in touch now as recruitment will be starting early in the New Year. Training and full PPE provided.



#### From Station Record

6 September 2227: Team tasked in support of Looe CRT with person fallen, Helicopter Landing Site created Millpool car park.

*19 September 1452*: Team paged but stood down 1459.

12 October 0006: Team paged but stood down 00.21.

**20** October 1548: Team tasked in support of Looe and Tamar CRT with person cut off by incoming tide Rendezvous (RV) at Sharrow Point car park.

Remember if you see anybody in difficulty along the coastline dial 999 and ask for the Coastguard



### from Eric Lockeyear

As the summer holiday season drew to a close, our local RNLI volunteers were nevertheless called upon regularly to assist those in trouble. On the afternoon of Wednesday, 6 September, a call was received that an 18-foot boat, with two people and their dog onboard, had gone aground at St Winnow and was stuck in mud. The couple were safe and had food and water, so were advised to drop anchor and wait for the high tide. The inshore lifeboat safely returned the boat to its moorings in Fowey that evening.

At 2.14pm two days later, Fowey lifeboat station received a request from the Coastguard to assist two people aboard a small boat, who had become concerned as the vessel's electrics had failed and, without communications, were unsure of the boat's position in thick fog. They had issued a Pan-Pan call. The all-weather lifeboat was launched, located the vessel and towed it into Fowey Harbour.

At 11.03pm on Saturday, 9 September, Fowey's all-weather lifeboat was launched following a report of a car going over the cliff at the south end of Pentewan beach. The lifeboat, with eight volunteer crew on board, sped to the location and commenced

a coastal search. Mevagissey and St Austell Coastguard teams, the Coastguard helicopter as well as police, ambulance and fire services were also in attendance. A thorough search of the area by sea, air and on foot found no sign of a vehicle. All services were stood down just after midnight. The lifeboat returned to station and was made ready for service again by 1.15am. The Coastguard debrief concluded that it was a well-intentioned call made in good faith, but that no car was involved.

On the afternoon of 11 September, the Fowey All-weather lifeboat was launched in response to a call from a member of the public, who reported that two people were believed to be cut off at the southern end of Vault Beach. On arrival at the scene the crew found two people fishing, who were subsequently confirmed to be those the member of public had seen. The two anglers had walked down a path to the shore and were able to return via the same route. They were using a white cloth to gut fish, which was misinterpreted to be that they were waving for help.

At dusk on 12 September, Fowey lifeboat station received a phone call from two people stranded on a 4.5m broken-down RIB approximately one mile outside Fowey Harbour. Both local lifeboats were already out on their regular Tuesday evening training session, so the All-weather lifeboat quickly located the RIB. The volunteer crew helped to restart the RIB's engine, and then called on the smaller inshore D-class lifeboat to escort the vessel back to its mooring in Fowey Harbour, as the pair on board had no lights, no VHF communications and no lifejackets. Safety advice was also offered, on the maintenance of the RIB's engine, and the need for working

lights, personal flotation devices and a means of contacting the emergency services for help.

On 23 September, local yachtsman David Richards and his grandson, Henry, were taking part in the Saturday afternoon racing outside Fowey Harbour, when David fell overboard. Thirteen-year-old Henry remained calm and lowered the sails before making a Mayday call. This triggered the Coastguard to initiate an immediate launch of both Fowey lifeboats and a helicopter. The casualty was quickly located just off Gribben Head, where 70-year-old David had drifted some 200 metres from his boat. By this time, he was exhausted and unable to swim back to his yacht, having swallowed sea water and been treading water for 20 minutes.

David was quickly picked up by the Allweather lifeboat crew, while the yacht and Henry were recovered safely by the inshore lifeboat crew. Inshore helm, Jimmy Hoddinott, said: "Mr Richards had been in the water for 20 minutes and was in shock. Henry, bless him, was just so calm. For him not to be in bits at that point was quite amazing". Jimmy and the crew helped Henry get the boat back under control, adding: "Henry sailed back in like it was a normal day, it was quite amazing". Once back at the lifeboat station, Mr Richards was assessed by paramedics at the boathouse and transferred by ambulance to hospital. He was released later that evening. Henry was uninjured and was reunited with his father at the station.

We have a different Trent lifeboat, 14-05R, the Frederick Storey Cockburn, on station. This is a temporary relief boat whilst our Trent Maurice and Joyce Hardy is in Falmouth for some much-needed maintenance.

Next year marks both the 200th anniversary of the RNLI and 165 years of Fowey RNLI. An exhibition is planned. If you are able to assist by providing any old photographs, memories, or stories please contact Cathy Baillie at cathy baillie@rnli.org.uk

The RNLI is the charity that saves lives at sea.





### **Polruan NCI**

### from Ray Rigg

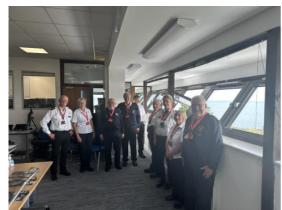
Now that the sailing season has finished, although we continue to keep watch we have time to catch up on maintenance and refresher training. For example, by the time this is published we should have repaired our flag halyard which has prevented us from flying our flag. Also, when we have some calm weather, we will be dropping the mast to replace two of the storm warning lights.

We report to HM Coastguard in Falmouth, but to us they are normally just a voice at the end of a telephone line; so to promote a better understanding of what happens at Falmouth we have been organising some visits together with our

colleagues from NCI Charlestown. So far, about a third of the Polruan team have been there and another group will be going on 20 November.

Last month Border Force came to Polruan to update us on their activities and we were joined by our colleagues from the HMCG Polruan Coastal Rescue Team (CRT), it was very informative. During the winter we plan to get together with the CRT to get a better understanding of what each group does and what equipment each group has at its disposal.

Still in the planning stage are trips to the HMCG helicopter base at Newquay and a tour of the RNLI lifeboat in Fowey.



Polruan NCI operates out of the lookout at St. Saviour's Hill and is maintaining a daylight watch which, at this time of the year, means two four hour watches each day (0900 to 1700 or dusk). We are maintaining a visual watch as well as monitoring maritime radio channels . . . always looking out for vessels in danger at sea and people in difficulty on the coast. All our watch-keepers are volunteers. They don't necessarily have a nautical background and our team includes both men and women.

Coastwatch has its own training scheme to ensure that watch-keepers are well equipped to identify and correctly react to emergency situations. Our training manager allocates trainees to mentors who see them through their training and ensure that they have varied experience.

If you are interested in volunteering in Coastwatch, don't hesitate to call into the station and have a word with the duty watch-keeper. He (or she) will be pleased to explain our duties.



# C. TOMS & SON BOATYARD POLRUAN

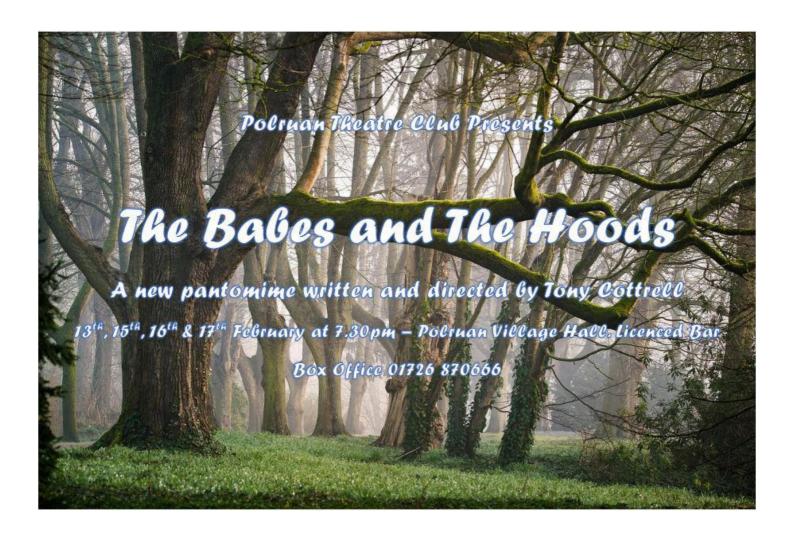
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