



February / March 2024

The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Rectory Ramblings

from Rev'd Richard

When Ludwig Nobel died in 1888 a journalist, who mistakenly identified the deceased as Alfred, published his obituary instead. Alfred Bernard Nobel was able to see written before him a summary of his life. Materially it had been a great success – he was very rich. He was a scientific genius; he invented dynamite, together with the even more potent solution, blasting gelatine and in 1880 he patented an almost smokeless gun powder that European armies rushed to buy. In his obituary he was described as the 'merchant of death'. Alfred was shocked. Was this all his life had been about? Enabling humankind to destroy itself more efficiently?

This chilling incident caused Nobel to work for peace. He also rewrote his Will. He instructed his executors to convert all his remaining property to cash (which came to \$9 million) and to invest it in safe securities. The interest from this was awarded annually in five prizes to those persons who had contributed most to the benefit of humankind during the preceding year. The five categories were in physics, chemistry, medicine, literature and peace. Nobel died on 10 November 1896 and since then over 600 Nobel Laureates have been recognised.

When I read that story, it challenged me to think about what my obituary would say? As we begin a new year, all of us are as troubled by world affairs as we are by many of the problems in our own country. Change starts with me. Each of us in this world can make a positive difference. I am daily reminded of John Wesley's rule which sits on my study desk:

*Do all the good you can
By all the means you can
In all the ways you can
In all the places you can
At all the times you can
To all the people you can
As long as you ever can*

I am pleased to let you know from the collection at the Polruan Carols on the Quay we managed to pay for 9 homeless people to benefit from a Crisis at Christmas Homeless Shelter over the festive period which included food and a Christmas dinner, a safe place to sleep over Christmas, access to health care and counselling as well as new warm clothes.



Rev'd Richard with Bishop Paul Hunt, his family and parishioners at St Wyllow celebrating the thirtieth anniversary of his ordination

From the Editor

Well, I hope you had a very good festive season and that the new year brings health and happiness to you and yours.

Inside there are lots of articles reliving the festive season and details of many activities planned to take us through the winter months and into the early spring, a time I am sure everyone is looking forward to after the sadness that has engulfed our community in recent months.

Whether you take up a new year's challenge or relax with a cuppa at the Sports and Social Club, pop in to see a film or listen to an interesting talk there is something for everyone — and some lovely poetry and pictures also.

And don't miss the ever popular pantomime at Polruan Village Hall in February – oh yes it is . . .

Suzanne

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Church Diary in the Benefice of Trelawny

**St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;
St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt**

February 2024

Sunday 4th		Second before Lent
St Marnarch	0900	Holy Communion
St Wyllow	1100	Holy Communion
St Tallanus	1100	Public Worship with Communion by Extension
St Nun	1500	Plough Sunday Service at West Weyland Farm
St Ildierna	1800	Evening Prayer
Sunday 11th		First before Lent
St Marnarch	0900	Service of the Word
St Nun	0900	United Village Service
St Tallanus	1100	Holy Communion
St Wyllow	1100	Morning Prayer
St Ildierna	1500	Plough Sunday Service at Tregamellyn Farm
St Saviour	1600	Sing a New Song (tbc)
Wednesday 14th		Ash Wednesday
St Nun	1000	Holy Communion
Sunday 18th		First of Lent
St Marnarch	0900	Service of the Word
St Wyllow	1100	Holy Communion
St Tallanus	1100	Public Worship with Communion by Extension at Methodist Chapel
St Nun	1100	
St Ildierna	1800	Holy Communion
Sunday 25th		Second of Lent
St Saviour	1100	Café Church
St Nun	1100	Holy Communion
St Marnarch	1600	Plough Sunday Service
St John	1800	Lent Service
St Ildierna	1800	Evening Prayer

March 2024

Friday 1st		
St Saviour	1345	Women's World Day of Prayer
St Nun	1400	Women's World Day of Prayer at Methodist Chapel
Sunday 3rd		Third of Lent
St Marnarch	0900	Holy Communion
St Wyllow	1100	Holy Communion
Tallanus	1100	Public Worship with Communion by Extension

St Nun	1600	St Piran's Day Service
St Ildierna	1800	Holy Communion
Sunday 10th		Mothering Sunday
St Nun	1000	Breakfast Service in Village Hall
St Marnarch	0900	Mothering Sunday Service
St Tallanus	1100	Mothering Sunday Service
St Wyllow	1100	Morning Prayer
St Saviour	1600	Sing a New Song
St Ildierna	1600	Mothering Sunday Family Service
Sunday 17th		Fifth of Lent
St Marnach	0900	Service of the Word
St Wyllow	1100	Holy Communion
St Tallanus	1100	Public Worship with Communion by Extension
Pelynt Methodist	1100	United Village Service
St Ildierna	1800	Evening Prayer
Sunday 24th		Palm Sunday
St Marnarch	0900	Palm Praise
St Nun	1100	Holy Communion
St Saviour	1100	Palm Praise
St Ildierna	1800	Holy Communion
Thursday 28th		Maundy Thursday
Sclerder Abbey	1800	Benefice Passover Meal (tbc)
Friday 29th		Good Friday
St Nun	1000	Good Friday Service
St Nun	1115	Easter Egg Hunt and Family Service
St John	1200	Good Friday Service
St Wyllow	1400	Good Friday Service
Sunday 31st		Easter Sunday
St Marnarch	0900	Holy Communion
Polperro	0945	Methodist Church
St Marnarch	1100	Easter Praise
St Wyllow	1100	Holy Communion
St Tallanus	1100	Holy Communion
St Nun	1100	Holy Communion
St John	1700	Easter Praise
St Ildierna	1800	Holy Communion

From the Registers

Funerals and burials

9th December; Anthony Bartlett, of Polruan at St Wyllow, Lanteglos by Fowey

Glyn Valley Crematorium Funerals

5th December; Naomi Wilmot of Mixtow

7th December; Duncan Simpson of Polruan

Interment of Ashes

9th December; Elizabeth Caroline Tomlin of Brixham (formerly of Lanteglos by Fowey Parish) at St Wyllow, Lanteglos by Fowey.

14th December; Patricia Ann Toms of Par (formerly of Pelynt) at St Nun, Pelynt

A lovely Winter's Day

*Early morning air crisp, still icily chill,
nipping ears and nose, fingers and toes.
yet warmed by one's own breath,
puffing out again and again,
Like steam from a fast moving train.*

*Noon, warmed by the sun's rays
making its own pictures in little spaces
where frost-rimed surfaces now sparkle with
silvery traces.*

*Snowdrops enhancing the scene,
a white carpet interspersed with crocus
adding blue and gold to the white and green.*

*Evening, day's end brings a breath taking sunset,
entrancing, with every shade of yellow and red,
stretching the length of the sky from near edge
to far horizon.*

*In fading light fascinatingly beautiful.
Then finally eclipsed and hidden by the
encroaching long shadows of the night.*

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World Day of Prayer



from Kathryn Hill, for Polruan WDP Committee

The annual World Day of Prayer (formerly called Woman's World Day of Prayer) is an annual worldwide ecumenical prayer movement organised and led by women but open to all so do please come and join us. It is traditionally held on the first Friday of March which this year is 1 March.

In Polruan we meet in St Saviour Church at 1.45pm. The service is followed by refreshments organised by the members of Polruan Woman's Hour. There is also a WDP service at Pelynt Methodist Church at 2pm and all are welcome at both services.

Each year the service is prepared by a group of women drawn from all the church denominations in that country. This year it is the turn of Palestine, and it will be especially poignant to pray for them in the current situation as we use the service entitled *"I beg you, bear with one another in love"* which those taking part prepared in happier and more peaceful times.

Although we are usually quite a small group meeting in Polruan, I am always encouraged to realise that we are just one small part of a 'wave' of prayer that is going all round the world on that day. This is re-enforced by this year's closing hymn:

"The day Thou gavest, Lord, is ended, the darkness falls at Thy behest;

to Thee our morning hymns ascended Thy praise shall sanctify our rest.

We thank Thee that Thy church, unsleeping, while earth rolls onward into light,

through all the world her watch is keeping, and rests not now by day or night.

As o'er each continent and island the dawn leads on another day,

the voice of prayer is never silent, nor dies the strain of praise away.

The sun that bids us rest is waking our brethren 'neath the western sky,

and hour by hour fresh lips are making Thy wondrous doings heard on high.

So be it, Lord; Thy throne shall never, like earth's proud empires, pass away:

thy kingdom stands, and grows forever, till all Thy creatures own Thy sway".

And I say: *"Hallelujah! Amen!"* to that!



Parish Diary

All dates and times are correct at the time of going to press — please check notices for changes

February

Friday, 2nd Kidz Klub, Polruan Village Hall, 6-7.30pm (see page 8)

Saturday, 3rd Whitecross Market, 10am-12.30pm (see page 18)

Tuesday, 6th, 13th, 20th, 27th, Bell Ringing at Lanreath, 7pm (see page 5)

Sunday, 4th The Patronal Festival at St Ildierna, 6.30pm (see page 4)

Wednesday, 7th, 21st, 28th, Baby Toddler Group, 9-11am Polruan WI Hall (see page 15)

Thursday, 8th Talk by Commonwealth War Games Commission, Polruan WI Hall, (see page 6)

Saturday, 10th Talk by Andy Trudgian, The Rashleigh Family: Charles and the Creation of Charles' Town, Fowey Town Hall, 2pm (see page 22)

Sunday, 11th Plough Sunday, Tregamellyn Farm, 3pm (see page 4)

Tuesday, 13th Coffee, Cake and Catch-up, Polruan WI Hall, 10am-12noon (see page 25)

Thursday, 15th Talk by Caroline Stone 'Double Primroses', Whitecross Village Hall, 7pm (see page 24)

Sunday, 18th Table Top Sale in aid of Nigeria, at the WI Hall, Polruan, 2.30pm (see pages 11,13)

Saturday, 24th Easter Egg Hunt, 10.30-12pm (see page 15)

Tuesday, 27th Coffee, Cake and Catch-up, Polruan Village Hall, 10am-12noon (see page 25)

March

Friday, 1st World Day of Prayer, 1.45pm, St Saviour, Polruan; 2pm Pelynt Methodist Church (see page 3)

Saturday, 2nd Whitecross Market, 10-12.30am (see page 18)

Tuesday, 5th March, Children's Hospice Book Sale, The Corner, Polruan (see page 9)

Tuesday, 5th March, Regatta AGM, the Reading Room, Polruan 7.30pm (see page 11)

Tuesday, 5th, 12th, 19th, 26th, Bell Ringing at Lanreath, 7pm (see page 5)

Wednesday, 6th, 13th, 20th, 27th, Baby Toddler Group, Polruan WI Hall, 9-11am (see page 15)

Saturday, 9th March, Talk by Helen Doe, The RNLI, 200 Years of Saving Lives at Sea, via Zoom, 2pm (see page 22)

Tuesday, 12th, Coffee, Cake and Catch-up, Polruan Village Hall, 10am-12noon (see page 25)

Tuesday, 19th Waste Management Roadshow, Polruan Village Hall, 1-4pm (see page 16)

Thursday, 21st Talk by Mike Stephens – 'Plant Pots for all Seasons', Whitecross Village Hall, 7pm (see page 24)

Friday, 22nd Kidz Klub, Polruan Village Hall, 6-7.30pm (see page 8)

Tuesday, 26th Coffee, Cake and Catch-up, Polruan Village Hall, 10am-12noon, (see page 25)

Winter

by the late Mavis Cocks

*Winter – the season when the earth takes its rest,
when trees stand bare and no bird builds its nest,
when ice frozen streams no longer flow
and the ground can don a white mantle of snow.*

*You listen in vain for a bird's call or song,
when days are short and the nights are long.
Hedgehogs curl up tight for their long winter sleep,
gale scattered leaves pile up into heaps.*

*But each day that passes tells us one sure thing,
that each day of winter brings us nearer to spring.*

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A lovely wintry SW Coast Path walk: Photo by Liz Taylor

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Churchwardens Margaret Phillips 07493 310816
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Churchwardens Gill Sanders 01503 220827
Peter Hooper 01503 220229
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Talland — St. Tallunus

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The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

News from Lansallos

from John Feesey, Lansallos PCC

Lansallos History

I've written before about what (rather little) is known of the history of the Parish of Lansallos, and have been researching in Kresen Kernow, the Cornwall Centre in Redruth, host to Cornwall's extensive archives. (It's well worth a visit, but best to phone first on 01209 614430 for an appointment). I came across a 1928 book called 'The Cornish Church Guide' by Charles Henderson. The following excerpt is fascinating, although it's not all accurate - perhaps unsurprisingly as there was, of course, no access to the internet or Google in those days and which make research so much easier and more reliable today. Nor did Charles Henderson mince his words!

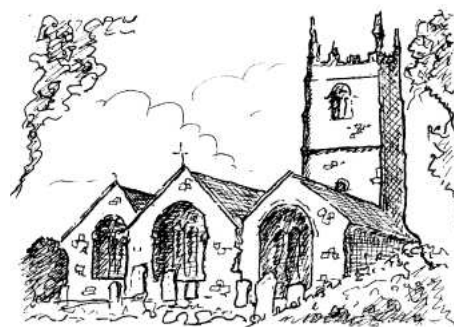
"William of Worcester was told at Fowey in 1478 that the body of [St Hyldren] the Bishop, lay in this church, but early documents show the Saint to have been female. The church was re-dedicated in 1321, but some scanty remains of Norman and 13th century work survive, including the font. Two aisles and a tower were constructed in the 15th century. The advowson [the right to appoint or recommend a clergyman to be the incumbent] was a rectory belonging to the [Hywysch] family who had a chapel annexed to their mansion of "Rathwylle", now Raphael, in 1322. The mutilated 14th century effigies of a knight and his lady probably represent two of the family.

It has been stated that the name of Lansallos means "the place of safety" (Salus!), and that the Glebe fields, called sanctuaries indicate its having been a place of refuge. Both these suggestions are absurd. The word Sanctuary was formerly used in Cornwall to express merely glebe-land and there are few parishes which do not bear this name or its corrupt form of Sentry. As to the suggestion that Lansallos is a hybrid Cornu-Latin word, it is so patently ridiculous as not to be worth confuting. At Lansallos was doubtless a Celtic monastery, of which the later Manor of Lansallos was the endowment. Here, as at Lanreath and many other places in Cornwall, we have one saint "[Salwys]" giving name to the "[Lan]" and another saint "[Ildierna]" being esteemed the patroness. "

In his 1982 book 'A Pilgrim's Guide to the Holy Wells of Cornwall', the author J Meyrick stated some different, but perhaps no more accurate, views on the history of Lansallos:

"The Parish Church was dedicated to St Ildierna on 16th October 1331 [this date is wrong, it was 1321] and there may be some connection between the name of this saint and Landividdy although it was part of Killigarth (held by Richard de Seriseaux), the Parish then being known as Lansalewys. Others say that Lan Salus means place of deliverance, confirmed they say by the existence of Sanctuary field on Lansallos Barton. There is alleged to have been a Celtic Church here before the time of [Roman Emperor] Diocletian in 284, being then under the Patronage of a Bishop Hyldren thought to have been buried here before the time of Augustine. William of Worcester has written that St Hyldren came from the well know hospital at Bridgewater [sic] and added that the convergence of roads round the church proved that it had been a place of sanctuary for many years."

Two rather different views of local history: you pays your money and takes your choice!



Future Events

The **Patronal Festival**, commemorating the 703rd anniversary of the dedication of the church to St Ildierna in 1321, will be held at 6.30pm Evensong on Sunday, 4 February 2024. There'll be a birthday cake and a glass of wine too!

A **Plough Sunday service** will take place at Tregamellyn Farm, courtesy of Mrs Marjorie Crew, at 3pm on Sunday, 11 February 2024. (On the road to Trenewan, signposted from Long Cross).

The Annual Fête — Advance notice for your diaries. The famous Lansallos Fête will be held at 2.30pm on Saturday, 27 July. Write it on your calendar now!

Bolonjedh Da rag 2024

(Best wishes for 2024)

A Country walk

I'm sure many enjoy a good walk down
our beautiful country lanes.
Noting the varying scenery,
no two days are thee same.

I like to see the flowers unfold,
trees get new mantles of green
and as the year progresses
each month brings a different scene.

One day the wind blows you along
the next day may be full of cloud.
Often you find yourself with mist
settling around you like a shroud.

Then again the sun may shine down,
or you get caught in a shower.
Rain, wind, sun or mist
all portray nature's power.

Lots of folk yearn to travel abroad,
exotic places to see.
But a walk down a beautiful lane
that spells enchantment to me.

© Mavis Cocks
First published: here, August 2007

Thirtieth Anniversary of the Ordination of Rev'd Richard

Around 100 parishioners gathered at St Wyllow, along with members of Rev'd Richard's family, to celebrate the thirtieth Anniversary of his ordination to the priesthood (presbyterate). The Lanreath Community Choir became the choir for the day and everyone tucked into a traditional Cornish pasty lunch whilst listening to traditional Cornish folk songs after the service. The service was extra special as it was conducted by Bishop Paul Hunt, the Southern Diocesan Bishop of the Free Church of England. Rev'd Richard handed over the Diocesan Secretary's role to Paul in 2002 when he moved on from Christ Church Exmouth. Paul has been a lovely friend over the years and always enjoying a very competitive game of table tennis at clergy conferences with Rev'd Richard.

I began my career in the Free Church of England and transferred to the Church of England when I took up a chaplain's position with Millfield in 2002. I think I only came into the Church of England because the then Bishop of Exeter, Michael Langridge, liked cricket and he offered to straighten me out!

My career then took me to Christ College Brecon as chaplain and from there to Trelawny where my outdoor ministry on farms and quay sides and village greens has been a great success.

Rev'd Richard said:

"I very much value my Free Church of England heritage and the special little family they are. I have had many highlights and am grateful to the 6 couples that came out of Christ Church Exmouth who are all in full time Christian work. Rev Graham Adamson, evangelist in Redruth was in my youth group in those days so he also has a Free Church of England heritage! The thousands of young people I



have shared my faith with. I had a great two days at Lords in the summer watching Ben Duckett play for England whom I coached for 3 years at Millfield. I have had a great innings so far and I'm only 30 no lets hope for a 50!"

Bell Ringing in Lanreath from Michael Watts

We are a small group of locals who have learned to ring the church bells over recent years and we would like to invite new ringers to join us, either experienced or novices. If you have ever thought that you might like to know more about ringing, please come along to one of our practice sessions in the church at 7pm on a Tuesday evening and we would be delighted to meet you and show you the ropes. No musical ability is required, you just need to be reasonably fit and healthy. We look forward to seeing you and introducing you to a very satisfying skill. Thank you.

Christmas Tractor Service from Rev'd Richard

Over 50 people including a number of families gathered on Pelynt Village Green to share a Carol service with a difference as three decorated tractors full of Christmas spirit gave the scene a great festive feel. These were supplied by the young farmers club. Rev'd Richard retold the Christmas story through carols ably supported by a group of singers from the Pelynt male choir.



News from Art at St John's, Bodinnick from the Friends of St John's

A very successful Christmas Fair was held at Whitecross Village Hall on 18 November 2023. It was bursting with wonderful things to buy, with several tables organised by the children of Bodinnick and Mixtow, so many thanks to all those who took part to help raise funds for St John's.

A Happy New Year and please watch this space for upcoming events in 2024!



Carols at St John's, Bodinnick from Rev'd Richard

A packed St John's enjoyed their annual Carol service in December — this is all the more encouraging as the church was under threat of closure a year or so ago. Now used as a community art gallery with a vibrant group of friends, nearly £8,000 has been raised this year, including a £3,000 MMF donation when previously a contribution had never directly been made. The church has been repainted, the garden manicured and a much-needed new heating system will be installed for next winter. God has surprised us in the wonderful way he has worked in this tiny church.



News from Polruan Village Hall

from PVH Management Committee

The public meeting on Saturday, 13 January to elect new officers onto the committee was well attended. Nominations were received for Vice Chair, Treasurer, Bookings Clerk and for the new role, Facilities Manager. No one came forward to be Chair or Secretary at this stage, and so it was decided by the meeting that Representatives from the three main user groups of the Hall (The Film, Theatre and Sports and Social Clubs) would fill these roles on an annual rotational basis.

The new officers are Chair, Henry Rowe; Vice Chair, Yvonne Riedel-Brown; Treasurer, Martin Akerman; Secretary, Claire Palmer; Booking Clerk, Kathryn Hill; Facilities Manager, Mike Parlett. The rest of the committee remain unchanged after agreeing to stand at the AGM in October.

Volunteers to assist with the day-to-day maintenance of the Hall and fund-raising activities also came forward which is very useful. The running of this community facility is open to all, so please do contact a member of the committee should you wish to be involved either on the Committee, as a volunteer or in some other way.

The Panto rehearsals are in full swing and we're sure all are very much looking forward to coming along to the performances to brighten up February. And of course, the Sports and Social Club and Film Club have planned a variety of activities and entertainment for the coming months – something for everyone!

A date for your diary — there is A Waste Management Roadshow at the Hall on 19 March between 1 and 4pm to promote the new food waste and recycling and rubbish collection services coming to Cornwall. Look out for further details nearer the time (and on page 16).

Well equipped, Licensed for Music and Alcohol and in a beautiful setting, the Hall is an ideal venue for any event. Please do contact our booking clerk, Kathryn Hill, should you be interested (01726 870953; kathrynehill39@gmail.com).



View from the verandah at Polruan Village Hall



Polruan WI

from Chris Cox, Vice President

Our December meeting was totally informal! We all gathered around tables set into a square so we could talk to each other and get on with Christmas crafts, including wreath making — this was mainly organised by Pam, but others contributed, and we had a thoroughly enjoyable time. There was a lot of chat over a glass or two of mulled wine and we were all very proud of our creations which we hung at home with pride. No competition or raffle at this meeting and very little business done but we did all enjoy our Secret Santa presents. All in all, a very successful, sociable evening.

January followed the same informal theme — it was very cold, so we all sat in

a circle, waiting for the heaters to warm and for members of the Theatre Club to finish rehearsals. Over tea and biscuits, we discussed what needs to be done to improve the WI and give it a facelift. We are donating the raffle takings from this meeting to the Commonwealth War Graves Commission, and we have a talk about this at our February meeting. We also discussed where our summer outing would take us but no firm decisions as yet. But we did agree to have our Birthday Dinner at the Jubilee Inn, Pelynt.

Remember ladies, we would love to have you to come and see what we are about and we would love to meet you. We meet on the second Thursday of each month. Please 'phone Chris (01726 870184) and if she can't help, she will pass you onto someone who can. Hope to see you soon.



Polruan Village Hall Hire

Should you wish to book the Hall for an activity, please contact our bookings clerk:

Kathryn Hill

01726 870953,

kathrynehill39@gmail.com,

who will be happy to help with any queries.

The Hall costs £15 per session (i.e. morning, afternoon, or evening) which includes the use of all facilities including free WiFi, the Audio Visual System, comprehensively fitted kitchen and heating and lighting.

Licensed for music, alcohol, films and entertainment

Invitation to tender for maintenance contracts in Lanteglos-by-Fowey

Lanteglos-by-Fowey Parish Council invites tenders for maintenance contracts which will commence 1 April 2024

Please contact the clerk by email clerk@lanteglosbyfowey.org.uk for full details of the process and terms and conditions. Parties that have submitted an Expression of Interest will be contacted directly.

Confirmation of acceptance of the terms and conditions is required by 25 February 2024; completed tender responses by required by 5 March 2024.

Contracts may be for one, two or three years' term for:

Cleaning St Saviour, Frogmore and The Quay toilet facilities

Maintenance of Public Rights of Way

Weeding in Bodinnick and Polruan

Grass cutting at Whitcross Village Green

The WI Hall has WiFi available for your use if you hire the hall.

It is a light, airy space to use for meetings, clubs, etc. with a kitchen and toilets.

If you want to book it is £15 for morning, afternoon or evening sessions.

To book please contact

Sue Rowe

07813 125989

01726 870505

sjsherwood2@gmail.com.

Christmas around the Parishes

from Rev'd Richard

Christingle at Pelynt

Just under 50 people gathered for the Pelynt Christingle service including many children who arrived early to make the Christingles and enjoy a range of Christmas



craft activities. Rev'd Richard explained to everyone the meaning of the Christingle, the orange representing the beautiful world God made; the Candle depicting Jesus as the light of the world; the red band reminding us of Jesus' love for us in that he died at Easter to forgive our sins; the sweets reminding us of the fruit of the spirit — love, joy, peace, patience, kindness, faithfulness, gentleness and self control — all of which we need at Christmas tide and the world needs a big measure of at the moment.

Christingle at Lanreath

Lanreath Parish Church was full for its annual Christingle Service with parents, grandparents and children enjoying the festive service and 45 children receiving



Christingle. Carols were gustily sung and the Rev'd explained to everyone the true meaning of Christmas that God himself, through Jesus, had come to dwell amongst us.

Christingle at Lansallos

Lansallos held its annual Christingle Service in December with 44 people attending including 13 children. Rev'd Richard explained to the children the true meaning of Christmas from the Nativity Scene and

explained that God's greatest present to us at Christmas is Jesus.

The service was all the more remarkable as only about 70 people actually live in Lansallos and there is only a regular congregation of 9 or ten people.



The Nativity at Frogmore Farm

Around 100 people, including lots of children, gathered at this authentic place to simply act out the nativity story. There was no rehearsal, everyone just turned up and anyone who wanted to join in could dress up as a nativity character. There were real donkeys and lambs in the barn, and it felt very much like a stable scene as there were plenty of farm smells. The Rev'd retold the Christmas story with plenty of actions for the characters whose ages ranged from 2 to 80! Afterwards everyone enjoyed traditional mince pies and mulled wine.



Nativity Service at St Saviour

St Saviours, Polruan hosted a fantastic cafe style nativity service on Christmas Eve. Nearly 50 people attended. All the actors just arrived on the day and ably took part thanks to Kathryn Hill, Polruan's Reader, who produced and organised such a fun and relevant service for families today. It is all the more encouraging as Kathryn is 80 now and a retired missionary teacher. She has lost none of her zeal and teaching skills and still takes a major role in Open the Book and the monthly children's club. Well done a great time was had by all and the true message of Christmas clearly portrayed!



Carols on Bodinnick Car Ferry

Around 100 gathered to enjoy a great evening of Carol singing whilst cruising the river Fowey on the Bodinnick car ferry, ably accompanied by the Notability Choir.



Carols on Polruan Coal Wharf

Polruan hosted Carols on the Coal Wharf where over 100 people gathered to sing around the Christmas tree, ably assisted by a hastily put together community choir who did a fantastic job. The Rev'd retold the Christmas story through the carols sung and spoke of the importance of the Kings' gifts; of Gold depicting a King but the King of Kings; Frankincense burnt in the temple



as a symbol of prayer reminding everyone that we can talk to Jesus through prayer and have a relationship with him; and Myrrh which was used to embalm dead bodies again symbolically reminding everyone of Jesus' love to us at Easter in dying on the cross for our forgiveness before God. We concluded the festive evening with a great rendition of 'We Wish you a Merry Christmas'.



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 Facebook page)

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Upcoming session dates:

2ND FEBRUARY 2024

22ND MARCH 2024

Fees £1.00 per session

Includes equipment, drinks & biscuits

Fridays 6 -7.30pm @ Polruan Village Hall

Contact Angie Mallard on 07967 131525

Polruan Kidz Klub

from Kathryn Hill for the KK Leaders

At our November meeting the youngsters enjoyed making Christmas cards and decorations (thank you Lorraine and Vicky) and icing (and eating) Christmas biscuits shaped like angels, stars and Christmas trees. The 'jungle gym' and other active games were also very popular.

Our New Year Party included fun with hoops and stilts, a fancy dress parade and a mock "snowball" fight followed by a party tea. The children then had fun with pass the parcel, a Christmas quiz and 'the chocolate game' which involved dressing up and eating a milky way with a knife and fork!

Both meetings ended with 'candle time' when we remember that Jesus is the Light of the World and say a prayer before any children with birthdays that month blow the candle out.

We look forward to seeing you for our next meeting in February.



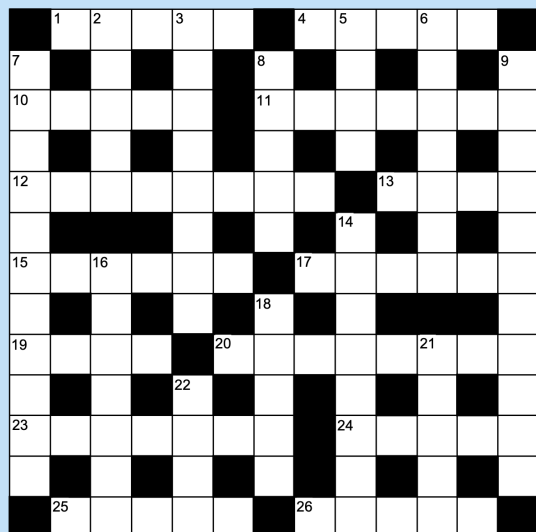
Crossword

ACROSS:

- 1 Pungent (5)
- 4 Defence (5)
- 10 Carer (5)
- 11 Skin pigment (7)
- 12 Funny Farm (8)
- 13 Bathroom powder (4)
- 15 Pill (6)
- 17 Begin (6)
- 19 Drive out (4)
- 20 "Praise the Lord!" (8)
- 23 Friendly (7)
- 24 Go berserk! (5)
- 25 Kills (5)
- 26 Musical instrument (5)

DOWN

- 2 Healed (5)
- 3 Refrigerators (8)
- 5 Inflatable mattress (4)
- 6 Neckerchief (7)
- 7 Frigid (11)
- 8 Accumulate (5)
- 9 Ornaments (5,6)
- 14 Electric current (8)
- 16 Reserved (7)
- 18 Signal (5)
- 21 Normal (5)
- 22 Agree to (4)



February/March • Compiled by John Thomlinson

Little Harbour

from Lynn Bartlett and Bella Tyson

We have been well supported with our sales of Christmas cards. A special thank you to Ellie and team at Jam First for again providing a safe outlet for our Christmas card sales.

Thanks to the generosity and the thoughtfulness of several people in the parish we have also received £100 in Christmas donations. Thank you.

We anticipate holding our first book sale of 2024 on 5 March and are optimistically hoping this will be on the Corner but otherwise you'll find us in the Reading Room.

The books in the Reading Room will have been refreshed by the end of January. The price remains the same; £1 for paperbacks,



£2 for hardbacks and 50p for children's books. There are also jigsaws available in exchange for a small donation in the secure box on the wall. Please enjoy a browse in the Reading Room in the coming weeks.

I'm afraid we cannot take any donations of books until the first sale and as always, please do not leave any in the Reading Room.

In these challenging economic times, especially as a charity, we are very grateful as ever for your continued support. Thank you.



Preparations are well underway for this exciting event, which will take place in Truro Cathedral on 20 April 2024 between 10am and 3.30pm.

The cathedral will be full of stands with information and activities from a wide range of local, national and international mission and development agencies, as well as a programme of inspiring speakers and uplifting performances.

The event will be opened by Bishop Hugh Nelson and speakers will include representatives from Tearfund, Christian Aid, Five Talents and Edukid who will be sharing inspiring stories about their work, how Cornish churches and schools are already

getting involved, and how you and your church may get involved.

The amazing, award winning Cornwall Youth Choir will be performing during the day together with other performers and artists with an international flavour! There will be fun and interactive activities for children to get involved with and something for everyone to enjoy.

All are welcome. Please book this date in your diaries and spread the word amongst your churches and friends!

I am involved with this, so if you would like to know more, please contact me. Kathryn Hill, 01726 870953; kathrynehill39@gmail.com

The Games We Played

In this present age when even very young children watch a lot of TV and most games seem to be computer controlled, I like to think back to what we did when I was a child - the days of dolls with miniature prams and cots, train sets, mecca-no, tin whistles.

A number of our games were song-acting ones: The Farmer's in his Dell; There was Jolly Miller; I Sent a Letter to my Love; Gathering Nuts in May; Oranges and Lemons; In and Out the Windows and so on.

There were wooden and iron hoops and spinning tops, individual skipping ropes and a long one for a number to jump together; we played leap-frog, hop scotch, statues, and yo-yo's, (this one made quite a comeback recently). At school there were always such favourites as Rounders, football, hockey and cricket- and of course these are all still played today.

Winter evenings were never complete without card games: Snap, Happy Families, Snakes and Ladders, Ludo, Dominoes, Draughts. Parents and other grown-ups would play these with the children and be on the spot to settle any arguments and mop up the tears when things proved to be a bit hectic and perhaps a little bit of cheating crept in.

I think most of the games we played occupied large numbers of children playing together. Today's computer games are for just one or two. That is why today's play groups are so important. They provide somewhere for children to mix and play together- and to do this, we hope in safety.

© Mavis Cocks, first published here October 2000

Defibrillators

The Parishes have defibrillators at:

Whitecross Village Hall;
Polruan Village Hall, School Lane;
Vevery car park, Polruan; The Quay,
Polruan; Fire Station, Greenbank



The defibrillators are very simple to use, with voice instructions given whenever it is activated.



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Lanteglos Community Bus Timetable

	Feb	Mar	Fare
Whitecross Market	3 rd	2 nd	Donation
Par Market and St Austell	7 th , 21 st	6 th , 20 th	£3.00
Trago and Bodmin	14 th	14 th	£3.00
	14 th	14 th	£4.00
Truro	28 th	27 th	£4.50

All services are now on Wednesdays except for Whitecross Farmers' Market (the first Saturday of every month) and Trago and Bodmin (on Thursday 14 March). The services start from Furze Park at 0925 (1015 for Whitecross), then as requested at Well, Greenbank and Ferris Way. Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick.

£1 reduction for concessions to all fares.

To book, please call in at The Russell or telephone 01726 870707

(Please do not 'phone before 9 am)

Service subject to driver availability and, of course, Government Guidelines

LETTERS TO THE EDITOR

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suzanne.goddard@me.com

or use the letterbox in the porch
of St Saviour Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.

*Stay in touch anywhere
around the globe*

*The Parish News is
available online at:*

www.lanteglosbyfowey.org.uk

*The official website of
Lanteglos by Fowey
Parish Council*



**Closing date for the
Apr / May 24 issue is**

Thursday 14 March 2024

Please send all copy and letters to
Suzanne Goddard at
Springhill
Chapel Lane
Polruan PL23 1PG
suzanne.goddard@me.com
01726 870818

Or use the letterbox in the porch of
St Saviour's Church Polruan
no later than

Thursday 14 March 2024

*** Thank you ***

Parish Post

from Des Libby

Many Thanks to all those who supported the Parish Post at Christmas including Ellie and her team at the Winkle Picker and Morley and Lorna at Highway,

Thanks also to Hallie, Tegan, Ronnie and all the others who helped with deliveries. A fantastic £200 was raised and passed to the Motor Neurone Disease Association (MND).



Thank you

from Rita Stewart

Rita Stewart and family would like to thank everyone who sent messages, cards and condolences on the loss of Ken. Also, a special thank you to Peter Ripley for all his help with the funeral arrangements and to those who supported us, particularly in the last few months.

[By Ed. Our apologies as this is a belated message due to some communication problems]

Thank you

from Joan Simpson

Joan Simpson and family would like to thank Des and Val for arranging the Parish Post in support of MND and to Ellie for having the post box at the Winkle Picker. An amazing £200 was raised. Thanks also to Robin at the Russell and to Jo and Graham at Polruan Store for their continued support and to one and all for their support.

Thank you

from the Bartlett family

Lynn, Jonathan and Lowri, Ollie and Lizzie and family send a heartfelt thank you to the very many people who were able to come to the service of thanksgiving for Tony's life and who have continued to support us with love and practical help, as we try to live our lives as he would have wished.

The generous donations in his memory have allowed us to donate substantial sums to Little Harbour, Children's Hospice, South-West and Fowey River Lions Club Charity Account. This money will be spent supporting those in need in our area.

Thank you to the Rev'd Richard Allen and Canon John Halkes for their comforting support and help. Thanks also to organist Phil Carrigan. And finally, we will always be sincerely grateful to Peter and Margaret Ripley who with caring professionalism guided us through to the service and beyond. Thank you.

Thank you

Barbara and all the family would like to thank everyone for their cards, messages, support and kind words on Duncan's passing. Thank you to Peter and Margaret Ripley for their support and guidance and to all who came and said their goodbyes at his end of life celebration. This has been a great comfort to us all as a family.

Lent Group

from Kathryn Hill

In Lanteglos Parish we used to have a 'Lent Group' each year during Lent. These varied but included studying a particular book of the Bible and using a study guide on a topic. I enjoyed all the ones I attended but the best memory is the last one that the late Cannon Paul Goddard led on how the shape of the place Christians worshipped affected the style of worship – fascinating stuff! I wonder if anyone would be interested in a Lent Group this year? Please contact me for further information 01726 870953; kathrynehill39@gmail.com

In Memory of Jean Hill

from Chris Hope-Wynne

Let Us Remember with Abiding Love Jean Hill . . . who did much through her life by opening her Exceptional Garden at Headland to the public for its natural beauty, emotional well-being and The RNLI . . . She did much for the social cohesion and fellowship of this special community and encouraged talent to mature on many fronts . . . She Was A True Ambassador for Charitable Polruan . . . Deo Gratias . . . a Lifeforce a Legacy and a Living Loving Spirit amongst us who are privileged to have been with her and continue to remember the marvellous times we shared at Headland Open Gardens.



Polly Christmas Hampers

A huge thank you to everyone who generously donated food and cash towards the hampers at Christmas!

It was wonderful to be able to deliver a good Christmas selection to some very grateful local recipients!

A big thank you also, to the packing and delivery teams.

There is no goodbye

There are moments on this planet
Periods of special time
That connects us with our loved ones
By revealing certain signs

For when the vibrations of the earth
Disturb the balance in the air
A message will reveal itself
For you to act upon with care

Then the forces will surround you
To help you if you ask
And smooth a path for you to walk
Unhindered in your task

For your loved ones will be watching
Each day when you awake
To assist you in your struggles
And the errors you might make

Pay attention to their presence
And listen with both ears
For the whisper that will call to you
And the advice that you will hear

Have courage in your footsteps
And use their wisdom without fear
To settle all your worries
From life's troubles that are near

For you travel not alone in time
On the journey that you take
As their spirits stand-by to guide you
On the choices you now make

So, do not say the word 'goodbye'
To loved ones when you part
As they will tap you on the shoulder
To cause a tremor in your heart

And when that movement stirs your soul
Get up and march ahead
As they are looking down on you
To see where you might tread

For through your senses a light will shine
To show you where to turn
As the departed gently teach you
On the lessons you must learn

by Maura Kelly



Polruan Regatta and Children's Sports

from the committee

Thank you to all concerned for sourcing, transporting and putting the Christmas trees in place on the Coal Wharf and outside St Saviour's Church for all to enjoy.

The soft play equipment was very popular with the youngest children at their Christmas party. The children and committee members had fun, the parents and carers enjoyed a coffee and after lunch Father Christmas arrived bringing gifts of books for all. This was followed by the Film Club showing *Puss in Boots*, *the Last Wish*, and, although the audience was small, they all enjoyed it.

As this goes to press, along with the school, we are going to the Theatre Royal, Plymouth to see the London and Broadway musical 'Disney Aladdin'. It will be an exciting live theatre experience for the children. The seats for next years' pantomime, *Snow White and the Seven Dwarfs*, have already been reserved for 5 January 2025.

With some plans in place, we look to our summer events. After our AGM the first event will be the performance of 'Company B' the popular jump jive band on 1 June.

Our Annual General Meeting: will be held in the Reading Room at 7.30pm on Tuesday, 5 March. For the last few years, Lynn has been actively looking to stand down as Chairman. Fortunately, Mark Pope, has agreed to step into this role and at the AGM Lynn and Mark will become joint Chair, Mark taking over from Lynn in March 2025. Supported by a great committee, the future of the organisation is definitely in safe hands. Everyone is welcome to come along to the AGM, to hear about what we do and how we work. There will be no pressure to join the committee! We welcome new committee members from student members aged 16 and above; there's no upper age limit!

If you would like to know more about the expected commitment to our organisation, please speak to any committee member or contact Lynn Bartlett on 07977440132 or lbart49738@aol.com or Joanna Sandy on 01726 870671 or jsandy8311@btinternet.com

Table Top Sale

Sunday, 18 February, 2.30pm
Polruan WI Hall

Please help to raise money for
those affected by

Fulani Terrorist attacks in
Nigeria [see my article]

Please contact me should you
like a table (no charge — just a
raffle prize or a donation)

Offers of help, raffle prizes,
cakes and donations welcome.

Kathryn Hill; 39 Fore Street,
Polruan; 01726 870953;
kathrynehill39@gmail.com



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It also helps The Parish News which
relies on our advertisers' continued
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Polruan Sports & Social Club

from Graham Palmer

Many of you may have made new year resolutions, how are yours going? Even with the best of intentions the "Curse of the New Year Resolution" has derailed many an ambition. But, if your resolution involves getting fitter, making an effort to take care of your health or socialising it doesn't have to stop yours.

Short Mat Bowls meets every Monday with afternoon and evening sessions, and Table Tennis meets every Wednesday evening for the first two weeks in February and then every Thursday from the 22nd, both at Polruan Village Hall. No experience needed and both activities are attended by people of mixed abilities. All equipment is provided and you will receive a warm welcome by those attending. So, what's stopping you?

Some reminders of those **Health Benefits**:

- Improved hand-eye coordination and concentration
- Mental alertness
- Reflexes and balance
- Leg, arm, and core strength
- Provides aerobic fitness
- Lowers the risk of heart disease and strokes
- Even helps to prevent cognitive decline and dementia

We look forward to seeing you on the following dates:



Short Mat Bowls

Mondays 1500 - 1700 and 1900 - 2100:
5th, 12th, 19th and 26th February 2024
4th, 11th, 18th and 25th March 2024

Table Tennis

Wednesdays 1900 - 2100
7th and 14th February 2024
Thursdays 1830 - 2030
22nd and 29th February 2024
7th, 14th, 21st and 28th March 2024

For membership or to get more information please contact Graham Palmer 07979 610187 or email us at polruanssc@outlook.com



POLRUAN THEATRE CLUB

The Babes and the Hoods - Polruan Panto — 13th, 15th, 16th and 17th February.



The Babes are orphans in the custody of the dastardly Sheriff of Nottingham who wants to get rid of them to inherit. His inept henchmen, Swipe and Snitch, take them to Sherwood Forest where they are rescued by Robin Hood and his band but there is unrest in the forest as Red Riding Hood and the Wild Women want equality with the Merry Men. Will the Babes escape the clutches of Wanda, the wicked witch? Will Maid Marion be able to get Robin to focus on her for a change? Will Nanny Nora bag a man? All will be revealed in due time!

Tickets from Box Office
01726 870666

www.polruantheatreclub.co.uk



MEMBERSHIP:

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Cornwall shown by C Fylm community film clubs

Polruan residents, local residents and visitors are all welcome!



BOOKINGS:

by phone on 01726 870505
or through the
website: www.polruanfilmclub.co.uk
or email: bookings@polruanfilmclub.co.uk

Your first film is included in your membership fee. After that you just need a ticket for each screening you want to attend.

Occasionally due to non-availability we may have to substitute a film at the last minute. Doors open 6:30pm. Films start at 7pm

FEBRUARY'S FILM....

On **SATURDAY 24th FEBRUARY at 7pm** we will be showing **MISSION IMPOSSIBLE - DEAD RECKONING (Part1)**

Ethan Hunt and the IMF team must track down a terrifying new weapon that threatens all of humanity if it falls into the wrong hands. With control of the future and the fate of the world at stake, a deadly race around the globe begins. Confronted by a mysterious, all-powerful enemy, Ethan is forced to consider that nothing can matter more than the mission – not even the lives of those he cares about most.

Released in cinemas in 2023 this is a 12



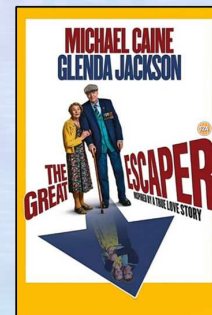
OUR MARCH FILM IS

THE GREAT ESCAPER It will be shown **at 7pm on SATURDAY 30th MARCH**

Another new release in 2023
Starring Michael Caine and Glenda Jackson the film is based on a true story.

In the summer of 2014 a World War 2 veteran sneaks out of his care home to attend the 70th anniversary commemoration of the D-Day landings in Normandy.....

Film rating is a 12A



MEMBERSHIP RENEWALS If your membership has expired you can renew your membership online choosing that option from the drop-down box. This will include the ticket for your first film in this new membership year.

TICKETS: ANNUAL MEMBERSHIP INCLUDING ENTRANCE TO FIRST FILM : Adults £6 - Youth (12-15) £3

SUBSEQUENT FILM TICKET PRICES: ADULTS: £4 YOUTH (12-15): £2

There is no membership fee for children under 12 but a £1 ticket charge per suitable film

News from Nigeria

from Kathryn Hill

As you can see from Kathleen and Daniel's emails the situation in Nigeria is very concerning and many people are suffering. In addition to their emails, I also received an email from the Rev'd Obed Dashan, who I first got to know when he was the Finance Clerk at Gindiri Boys Secondary School when I was first there in the late 1970s. Obed wrote:

"I went to Bokkos yesterday 5, January 2024. Bokkos is my home local Government area. We took food and mattresses. We had taken food before but did not go to the rural areas where the real destruction happened from 23 to 25 December 2023. The level of destruction is beyond words. It is genocide or ethnic cleansing. Any support [you feel able to give, please] to Stefanos Foundation."

The Stefanos Foundation is run by Kathleen and Daniel's son-in-law, Mark Lipdo, and has a dual role of helping those affected by terrorist attacks with both aid and trauma counselling and in being mediators in tribal disputes and sometimes negotiating with kidnappers to get captives released.

I plan to hold a Table Top Sale on Sunday, 18 February at 2.30pm in Polruan WI Hall to raise money to help those affected by these atrocious attacks. Please contact me if you would like a table – there is no charge, just donate a raffle prize or make a donation. Offers of help welcomed and greatly appreciated as well as donations for the raffle, cakes and/or donations to the Foundation. Thank you.

Kathryn Hill; 39 Fore Street, Polruan; 01726 870953; kathrynehill39@gmail.com.

2050 Transport Strategy Consultation



Peninsula Transport, the sub-national transport body for Cornwall, Devon, Plymouth, Somerset and Torbay councils, have opened a public consultation on its draft transport strategy.

The strategy will be used to guide regional transport investment decisions through to 2050. It sets out four outcomes and a route map to achieving a strategic transport network that works for everyone – from businesses to communities and visitors.

The deadline for comments is 5 February 2024

www.peninsulatrtransport.org.uk/peninsula-transport-strategy-consultation/

Contact – info@peninsulatrtransport.org.uk

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Magician
Auction
Dancing

March 29th, Penventon Hotel
£55 per ticket or £500 for a table of 10.
Email tamsin@cornwallcricket.co.uk



National Trust



© National Trust Images/Ruby Mitchell

Volunteer Pony Checkers Wanted

The National Trust is looking for people to help check on our Dartmoor Ponies. The ponies graze the coastal slopes in southeast Cornwall, aiding in the management of coastal grasslands and improving habitats for nature. The ponies are generally located in the Lansallos area but also move to other areas, including Lantivet Bay, Witley, Pont, and Ethy. The role would include checking the number of ponies, carrying out very basic health checks, and reporting back to the ranger team. No experience is necessary.

What's in it for you? Help look after the pony herd and, as a result, look after important landscapes for future generations; enjoy a walk with the added benefit of helping look after the area; help a friendly and dedicated team; and work in beautiful surroundings.

This is a voluntary role that will suit someone who enjoys spending time outside (whatever the weather), is reasonably fit and healthy, enjoys walking the Cornish coast path and is available regularly, ideally at least once a week. To register your interest or find out more about this volunteering role email southeastcornwall@nationaltrust.org.



Liskeard Arts Society

An invitation to join us for an

Illustrated Talk from Dr Helen Wilson

"The Remarkable Pinwill Sisters"

Wednesday 20th March 2024

9:45 for a 10:00 start; ends approx. 15:00

The day starts in St Martin's Community Hall, Looe (PL13 1FA).

In the afternoon we move to St Martin's Church, Liskeard (PL14 3AQ)

Lunch independently

£22 per person with a suggested donation of £5 for the two churches' upkeep fund (donations can be gift aided with your consent)

At a time when running a company was deemed an exclusively male preserve, the Pinwill sisters, Mary, Ethel and Violet, established a thriving business in the late 19th century into the 20th century whose output in terms of quantity and quality is only now being recognised as among the most significant in ecclesiastical woodcarving at which craft the Pinwills were sublime artists.

For further information and booking details go to:

www.liskeardartsociety.org.uk and go to the Discovery Day tab or contact Mary Utton: email mary.utton2@gmail.com; mobile 07731 380715



St Martin's Church, Liskeard Bench Front – example of the Pinwill sisters' work



Fowey River Lions

Lion Alastair Barr

It is with great sadness that we have to inform you of the death of Lion Alastair Barr. Alastair had been a member of the Fowey River Lions since 1987. He had been President of the club three times, Treasurer three times and Secretary for a total period of eighteen years during his membership. Alastair was well known in the wider Lions family as well, having held the position of Zone and Regional Chairman which covered Lions Clubs in the South West of England. His knowledge, hard work and attention to detail will be greatly missed. Our thoughts are with his wife and family.

New President

We are pleased to announce the appointment of Lion Steve Jones as President. Steve joined the club in 2019 and for the last two years has served as our social secretary, finding us different venues to hold our monthly social meeting.



Steve said, "I am privileged to be following in Lion Tony's footsteps after all his hard work and want to keep the club going."

.... and Treasurer

Our new Treasurer is Lion Ruth Rouse. Ruth joined the club in 2023 and has very kindly filled this important position.



Ukraine appeal

We are still collecting goods for Ukraine. Thank you to everyone who has donated goods so far. To arrange a collection please contact us as below. For further details go to Facebook page 'Cornwall and Devon Sending Love to Ukraine' or visit www.sendinglovetoukraine.org

Volunteers needed

Are you interested in helping your community and happy to get "stuck in" with fundraising and volunteering activities? You have seen what Fowey River Lions do, fundraising, helping the community by making donations and supporting other groups. We need new members now! Without your support the club may have to close and with it all the local activities and grants that it provides will be lost to the community.

If you are interested come and see what we do. Please join us on Monday, 5 February at 8pm upstairs at the Ship Inn, Polmear, Par and find out more about what we do and how you can help. We meet every first Monday of the month at the Ship. Or contact us as below for further information.

We cover Fowey and Polruan and all the villages on both sides of the River Fowey up to and including Lostwithiel. Our area includes all of Tywardreath and Par on the Fowey and Tywardreath side of the main railway line at Par.

www.lions105sw.org.uk/foweyriver

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Letter from Nigeria

from Daniel and Kathleen

We came back to Nigeria on 20 October and have been very busy ever since. There have been many visitors and phone calls welcoming us back and we praise God for the wonderful time we had in the UK. Thank you for your Christmas wishes and your family news which we appreciate very much.

Unfortunately, I have to report some very concerning news and ask you to please pray urgently. On Christmas Day there was an atrocious attack by the Fulani Terrorists when over 20 villages were attacked, more than 200 killed and property burnt. Since then, a message has been put out by the Terrorists saying it is their intention to take over the Plateau. Their equipment is far superior to that our soldiers have; it really is a very concerning situation and I know you will join us in prayer. I will write again soon.

We thank you for praying. Your emails are an encouragement to us, and the peace of the Lord is very real.

Thankfully, things are calm at the moment; there are a lot of soldiers and police present, so we doubt the Terrorists will attack again now. Who knows what will happen when the soldiers leave. Please continue to pray.

Some Terrorists have been caught. The Plateau Government and NGOs, including the Mark Stefanos Foundation, have been taking food to help feed the hundreds of displaced people. Many, wearing black, marched peacefully to Government House to ask the Government to rebuild the destroyed houses so that folks can



go back to their ancestral land. We hope this will be done.

On Sunday we had a meeting with the IDPs and, as they were going home, we heard banging noises and a burning smell. One of the men immediately switched off the electricity, even though the trip switch had switched off. When the electrician came, he found that many of the wires had burnt and so these were replaced. We wondered what had caused this and later heard that it was because the transformer had blown and had caused damage to many houses. When you pray you don't know how the Lord answers. It could have been a lot worse.

Life is busy and we still have many visitors. The wife of the late Rev'd Zakka, who married Daniel and I back in 1971, has died, and so Daniel travelled to her funeral to pay our respects.

Thank you for your prayers and concern. We will keep you updated from time to time. God bless and encourage you.

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Please ensure that any rubbish for collection is put out early Monday morning and not before



It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

Please do not feed the gulls



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Baby & Toddler GROUP

We welcome babies and children who are 5 and under

We meet termly on Wednesdays 9-11am in the WI Hall, Polruan.

£1.50 per child, this includes a small snack and free hot drink for each adult.
 Everyone is welcome, parking is available.

Dates as follows:
 February: 7th, 21st, 28th,
 March: 6th, 13th, 20th, 27th

Sunday, 24th March — Easter Egg Hunt 10.30am-12pm
 £1 per child — please message the group to book by
 Saturday, 16th March, EVERYONE is welcome, all ages.
 Raffle and refreshments available.



Get set Lanteglos to waste less and recycle more

Get set, Lanteglos. We're nearly ready to press 'go' on your new weekly food waste and fortnightly rubbish collections.

The new service starts in your area from April.

Food waste collections will help us to recycle up to 35% more of our black bag rubbish.

And to help us all waste less, we're also introducing a limit on the amount of rubbish we'll collect. This limit will be what fits in your new wheelie bin or reusable protective sack with the lid closed, equivalent to 180 litres fortnightly.

Please note, if your home shares bins or a bin store with neighbouring properties – you live in a flat or a house in multiple occupation (HMO) – then some details of the roll-out, your new bins and the new collection service may be different for you, and we will be in touch direct.

This service is only for household waste, if you have a self catering property or are running a business from your home, please visit www.cornwall.gov.uk/commercialwaste or email us at commercialwaste@cornwall.gov.uk to find out more.

The changes will cut Cornwall's annual carbon emissions by nearly 18,000 tonnes of CO₂ each year. That's a saving of about the amount of CO₂ that a car would kick out driving round the world 2,547 times.

The new service will give all of us a way to contribute directly from home to the creation of a thriving, sustainable Cornwall that offers a great environment for all.

How you can get set for your new collections:



- The new service will use the same coloured recycling bags and black box system that we do now. Make sure you're recycling as much as you can because this will help you to keep within the new fortnightly rubbish limit. To order your equipment and find out more, visit www.cornwall.gov.uk/getrecycling.
- We are delivering the new food waste and rubbish bins to your area between January and March. Make sure you read and follow the 'Get Set' instruction leaflet that will come inside your green collection caddy.
- To deliver the new service, we have reviewed and rescheduled the collection routes. This will mean a change of collection day for most people. Look out for your 'Go' New Collections Calendar

arriving in the post in March. This will tell you the date of your last collection on the old service and your new collection day.

- Follow us on our Cornwall Recycles Facebook page for updates and recycling tips. Visit www.facebook.com/cornwallrecycles.

Come and meet us:

You can talk to us face-to-face about the changes at one of our community road shows. We'll be at Polruan Village Hall on Tuesday 19 March. Visit www.cornwall.gov.uk/wastechanges for more roadshow dates and locations as well as further details about the new service and how to get in touch.

POLRUAN STORE

14 Fore Street, Polruan

Telephone 01726 870477

Email office@polruanstore.co.uk

A Paypoint Agent



To all of our customers, we want to thank you all for your support and custom over the seasonal period.
We also wish you all a very Happy New Year.



What's New? — We are on Instagram!!

www.instagram.com/polruanstorecornwall?igsh=ZnBieWE3dm5rZnZu

Orders for all fruit and vegetables, dairy items and meat from Kittow's Butchers are now being taken throughout the year. Please direct any enquiries via our email address or phone the store.

Listening to our customers, we have now added over 60 more lines to our assortment, offering an even wider range and a greater selection of goods.

We are open 08:00 - 17:00 Monday to Saturday, 08:00-11:30 on Sunday.

Thank you for supporting your local businesses.



News from Polruan Academy

from Jane Wills, Headteacher

The building is bursting with learning and it is a real pleasure to see how the children are embracing this with enthusiasm and positive attitudes.

We are fortunate to have the excellent Mrs Butlin back with us for this term and the children are absolutely delighted with learning how to read musical notation to play glockenspiels. It makes for a bustling afternoon with excitement, dedication and noise, which cannot always be classed as musical, however all children are learning new skills, applying prior knowledge and they are thoroughly enjoying the opportunity to play an instrument.

In Tregeagle class, the children have been studying Natural Disasters and the impact of Climate Change on our planet. They have learned about volcanoes and followed the eruptions in Iceland with curiosity and trepidation. They have used these impressions to create some spectacular pieces of art, both sketching and painting volcanoes but also using their skills to create digital images. We continue to develop the children's digital skills and all the children now use a digital platform to record their maths — even our very youngest pupils can navigate the iPads and record their learning. This has supported the children's independence in learning and significantly enhanced their understanding of the benefits of technology as learning tools.

Our youngest children in Canute class are studying dinosaurs and fossils. They have visited the beach to look for fossils and study the creation of spiral seashells. On their return to the class, they have had a go at creating their own fossils. The children will be off to The Box in Plymouth to study more fossils and dinosaurs later in the term.

This year, we teamed up with the Regatta Committee for the chance to watch Aladdin the Musical at Theatre Royal in Plymouth. What a performance this was! The children were transfixed and many of them are now planning a career in the theatre. They were bowled over with the acting, singing, dancing, staging and the fantastic special effects — we are still pondering how the carpet was able to fly. For many of the children this was their first visit to live theatre, but probably not the last as they could not believe that this was real time and not a recorded film.



by Liam

A huge thank you to the Regatta Committee members who organised the trip and joined us for a very memorable experience.

We are now looking forward to the lighter days and the chance to visit our allotment again.

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The first Saturday of every month, 10am–12.30pm* (1pm in summer), at Whitecross Village Hall (*Note new winter closing time)

Saturdays: 3rd February, 2nd March, 6th April

Market news

Are you a fan of Whitecross Market who'd like to help out from time to time? The home team is a bit thinly stretched, so we'd love to find one or two more people happy to stand in sometimes, when one of us is busy, away or poorly.

If you fancy the occasional bit of pasty cooking (no crimping required!) or making coffee/tea in Brew with a View, or helping to set up tables before the market, or clearing tables away at the end, please speak to Liz or one of the team (contact details below). You'd be welcomed with open arms (and maybe even a coveted market apron).

What's new for spring 2024? All your usual favourites should be back with us (including Sanaa and Jason from Dirt Farm market garden with their addictive chilli jam and sprinkles). We're also hoping to be joined by St Austell based 8Track spiced rum (March onwards), and possibly by Eugene from Lerryn with some Ukrainian delicacies from his homeland.

The best local produce around

Here's what you'll usually find at Whitecross Market, though it varies month to month...

- Sustainable **fish and shellfish** from the Looe day boats
- Natural, barrel-aged **ciders** made in St Veep
- Delicious **fresh cheeses** from Padstow
- **Ethical coffee** roasted by hand in small batches in Liskeard
- **Homemade cakes and bakes** from Bodinnick
- **Dexter beef** from the herd grazing on Pencarrow Head
- A huge range of **wild flower honeys** from hives near Liskeard
- Top quality **seasonal veg and herbs** from Earthbound Farm at St Veep
- **Hand-turned bowls** and willow weaving from Cornwall Woodland Crafts
- **Local farm milk**, butter, double and clotted cream (in returnable glass bottles and jars) from the Green Cow Dairy – and you can sign up for their milk round
- **Rare-breed pork and goat meat**, plus jams and preserves, from a smallholding near Tywardreath
- Handmade **bread, rolls, quiches**, pies, cheeses etc from the deli in Lostwithiel
- Wild venison, lamb, rare-breed gammon and **bacon** from a regenerative farm on Dartmoor
- Manor Farm Orchard **apple juice** in big returnable glass bottles
- **Yards drinks** distilled at the Old Ferry Inn in Bodinnick
- **Seasonal flowers** and beautiful bouquets grown near Lerryn
- Handmade aromatherapy **skincare and soaps** from Bodinnick
- **Cards for all occasions**, created in Polruan
- **Handmade pottery** and ceramics from Lostwithiel
- **Artworks** by Robin from Penpoll

You can buy hot drinks and Looe ice creams from our **Brew with a View** hut, and meet up with friends in the **Jubilee Shelter** – where you'll find some of the regular stalls and maybe even some music.

And don't forget:

- **Liddicoats pasties** (steak or cheese & onion) are cooked in the hall kitchen on market day by Kim and Joan. If you're worried about missing them, you can **text your pasty order to Kim on 07402 234386**.
- **Community buses** come to the market from Fowey and Polruan.
- Please bring **cash**, as not all stallholders take cards.

Follow the market on Facebook and Instagram – thanks to Charlotte for doing all our social media.

Email: whitecrosslocalmarket@gmail.com

Tel: Liz on 07900 668604



Milo and Rory's Earthbound Farm veg – surprises in every season



Peter and Mandy roast their ethical coffee beans in small batches



Fabulous bread, and more, from Bellamama Deli in Lostwithiel

News from Frogmore Farm

from Gill Palmer

A pair of really bright eyes sparkled in the torch light one night as the cows were having their nightly check. They were on the top of a large pile of farmyard manure (dung).

Dung gets very hot when it is piled high. A crafty fox was making the most of the warmth on a cold night. It had made itself comfortable, curled up in a round pit it had dug. It didn't seem at all bothered that it had been spotted. Foxes often wander through the cattle sheds at night, we have watched them on the cameras. The cows take no notice of them and carry on chewing their cud.



Pelynt Young farmers have been fundraising again. This time it was a wonderful spectacle. Forty nine tractors paraded through all the local villages. Each one was decorated with Christmas lights. Each driver paid £10 to take part and collections were taken from spectators. Both our tractors took part, but Simon and Ben were unable to drive them this year. Alun and Ruby worked hard to clean and decorate them before driving off. A magnificent sum of over £2,000 was raised for their chosen charity. Well done to those young farmers.



All the ewes were brought into the lambing shed just after Christmas. This gives them time to get used to their changed diet before their lambs are born. They seemed relieved to be out of the never ending rain and storms. On the 7 January right on time the first two lambs were born. It's so exciting to see the little animals nuzzling under Mum for their first drink. The mornings are very busy feeding the new Mums in their individual pens.



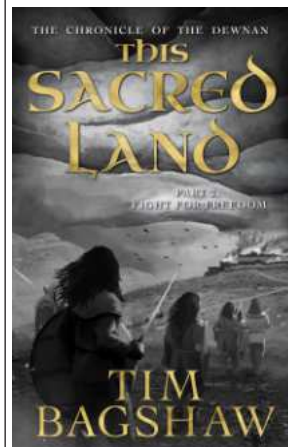
The little boys love to help. They spend hours pushing their wheelbarrows full of silage or straw for them. Hopefully by the time you read this there will be lots of lambs running and playing in the fields. We don't want the fox around them.



It's a bit late to talk about Christmas I know but we had a Nativity play at Frogmore before Christmas. Stanley was Joseph and his little friend was Mary. Polruan school kindly let us borrow some outfits so visiting children could dress up. We penned the donkeys up on one side of the crib and two borrowed lambs on the other side. Bales of straw were put around for seats. Richard, the vicar, arrived with mulled wine and mince pies and people began to fill the shed. Joseph panicked seeing so many people and decided to run off to the cow shed. Poor Mary was left with baby Jesus. The service and the carol singing were lovely and thankfully Joseph did come back in the end. It was a good start to Christmas.



Today, 10 January, the first calf of the year was born to a first time Mum, a beautiful heifer calf. Sometimes the birth of a first calf can be difficult and a helping hand is needed but today all went well. No help needed. Sometimes a new Mother is so surprised by the arrival of her baby she will keep licking it clean and the calf cannot get to her udder for it's very important first drink. Today after an hour baby was standing, suckling happily her tail swinging to and fro. Lots more to come soon, fingers crossed they will all be trouble free.



Following the success of local author Tim Bagshaw's *This Sacred Land: The Return of the Prince*, the first in the *Chronicle of the Dewnan* series, his highly anticipated sequel, *This Sacred Land: Fight for Freedom* is welcome

news for fans of historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.

Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. *This Sacred Land*, Parts 1 and 2 combine myth and reality in this must-read series.

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: www.twitter.com/@bagshaw_tim and www.facebook.com/dewnanchronicle



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.

Lanteglos-by-Fowey Planning Applications

(for full details see Parish Council minutes from the November and January meetings)

PA23/09086, Coombeland Highway Fowey – extension and retrofit of existing cottage plus enlargement of garage. Members discussed the application which was of a high quality and the main area of concern is the size and bulk of the development.

The PC decided to *object* as it considered the application represented over development and contravened the Neighbourhood Development Plan. The PC was also concerned with the design of the extension and suggested restrictions if this planning was approved. The PC would not object to a more modest extension with a sympathetic design.

PA23/09586, Sailaway, 9 Hockens Lane, Polruan – demolition and replacement 2 storey front extension, single storey rear extension and Juliet balcony to first floor bedroom.

The PC decided to *object* to this application. Whilst the PC understands the applicant wanting to make improvements to their property this application has significant impact to the amenity of adjacent property, potential loss of privacy to adjacent properties and both the gable end two storey extension and the Juliet balcony are out of character to the linked property and surrounding area. The PC believes it should be possible for the applicant to work within the constraints of this characterful and linked property to make improvements.

PA23/09442, Sladen House 78A Fore Street Polruan – construction of Two-Storey Side Extension with Integrated Garage and Roof Terrace.

The PC decided to *comment* on this application noting that it has been extended twice over the last five years (PA18/03289 and PA 20/07933) and the PC is concerned that this latest extension now represents over development of the site and, therefore, there should not be any further development in the future. Members also suggested that if permission were granted the terrace is removed and the roof line filled in and that Highways should be consulted on the new access proposed from Policeman's Lane.

PA23/09315, Old Ferry Inn Old Road Bodinnick – retrospective application for fencing and decking North of The Old Ferry Inn.

The PC decided to *object* to the 6ft high solid fence (Elevation C) which will obstruct the

view from a well-used footpath. If the fence is left at 3ft high or replaced as was with an open style post and railing design this would rectify the situation. The PC had no objection to the rope and post fencing (elevation A).

PA23/09784, The Old Sunday School, School Lane, Polruan – demolition of garage and addition of additional storey to dwelling.

The PC decided to *comment* that this was an excellent example of how the planning process can work with the applicant and their architects engaging with the concerns of the PC reducing the volume of the property, the glass windows and balcony plus the use of a slate roof.

PA23/10054, 9 Ocean View Polruan – replacement dwelling without compliance with Condition 2 of decision notice PA21/07433 dated 15.11.2021.

After hearing verbal and written views from consultees to this application and subsequent discussion the PC decided to *object* to this application. The PC had concerns around over development of the plot in the original application (PA21/0743) in July 2021.

The new plans show a smaller plot than the first application with the property repositioned 1.4m further forward. This will have a significant impact to the neighbouring properties and the Ocean View scene and contravenes Cornwall Local Plan Policy and the Neighbourhood Development Plan.

The PC would be willing to review this objection if a number of written assurances were provided and alternatives plans developed and agreed with affected parties. The PC suggested a number of changes that would reduce the impact on neighbouring properties and the street scene.

Other Planning Matters

Townsend Farm – Minute 150a/2023 refers. Mr Paul Holden had advised the PC to contact Planning Enforcement and Health and Safety at Cornwall Council. Cllr Ainley had spoken to the resident, who suggested the council contact the owner and, perhaps, consider an 'Untidy Site Notice'. It was resolved that Cllr Ainley would draft a letter to the owner for the Clerk to forward.

Social Housing Manifesto – Members *approved* a proposal to amend this policy to introduce a Cornwall wide register of second

homes and to make it less attractive to own second homes.

Section 106 Funding - These funds, raised from housing developers, should be available to spend on Affordable Housing within Liskeard and Looe Community Network Area. Members agreed to confirm access to these funds for affordable housing and to explore what projects these funds could be used for.

Planning Applications decided by Cornwall Council

PA23/06416, 1 St Saviour's Terrace, St Saviour's Hill, Polruan – proposed revision of ground layout, first floor rear extension works, new windows on first floor east elevation wall and associated works.

PA23/08126, Land to N of Polrose Farm, Lanteglos – prior approval notification to determine if planning permission is required. CC decided prior approval not required.

PA23/05808, 5 Moss Terrace East Street Polruan – retrospective application for the erection of a summerhouse/shed and decking.

PA23/07168, Ferry Climb Townsend – proposed alterations to roof to form gable ends and increase ridge to match the heights part of the existing roof.

PA23/07185, The Winkle Picker The Quay Polruan – proposal internal and external renovation of the Winkle Picker shop and flat and associated works.

PA23/07654, Hoe Cottage Battery Lane Polruan – proposed replacement dwelling on land at Hoe Cottage following demolition of dwellings and outbuildings, with formation of improved access, proposed landscaping, associated works and a change of use of land to residential.

PPA23/08294, 7 Battery Park Polruan – reconstruction of conservatory and internal alterations.

Withdrawn Planning Applications

PA23/03657, 7 Fore Street Polruan – existing extension roof to rear of property to be raised 600mm to accommodate head height to existing mezzanine floor. Existing link corridor between existing dwelling and existing extension to be extended in line with current dwelling and extension to fill in existing court yard.

Town Trust Report

from Brian Cook, Chairman

As always, the recent main focus of the Trust has been on the maintenance of our property



assets. The storm damage to the roof of the toilets on the Quay has been repaired. We have also had the flank wall of the Coal Wharf re-pointed. For the last couple of years, we have been monitoring a slight bulge in this wall to ensure that it isn't still on the move. We have an electrician dealing with some lighting issues on the Coal Wharf and Quay. The bollards are now permanently fixed on the doctors' car parking space on the Quay. The doctors are unable to use the space if large vehicles are parked close to it on the top of the slipway. This is a marked no parking area. It would be unfortunate if our doctor service was further reduced because they are unable to satisfactorily park by the surgery. If

this continues to be an issue, we will consider installing a parking bollard at the top of the slipway.

The redecoration of the Reading Room is currently underway. Once the interior is completed, we will be rehangng the photos. Some of these are quite old and all have been re-framed.

The St Saviour's car park concession and a number of grass cutting enquiries are currently advertised in the village and out to tender.

The Town Trust website www.polruantowntrust.org gives extensive information on the Trust's responsibilities.

Lanteglos-by-Fowey Parish Council February 2024

from Rob Rooney, Chair Lanteglos-by-Fowey Parish Council

We Parish Councillors usually find we are talking to ourselves at our monthly meetings but occasionally, an issue arises which stirs a hornet's nest. I think it's fair to say that Fowey Harbour Commission's proposed swimming ban for Polruan has roused a fair proportion of the community.

Lanteglos Parish Council members found themselves outnumbered by members of the public at its meeting on 28 November and all but one was there for the swimming issue. It's good to see our meetings well attended but it's a headache for me, as chair, trying to ensure people have their say but with an eye on the clock.

There appeared to be a feeling that the Parish Council agreed with the proposal and it was all a fait-accompli. This probably arose from the statement of the Fowey Harbour Commission:

"... have been consulting with stakeholders on the port user group, including Lanteglos-by-Fowey Parish Council ..."

This was merely a reference to the fact that we are represented on the port user group (PUG) and that this proposal was first aired at the PUG meeting on 6 November.

To be fair to Fowey Harbour Commission, it could be accused of neglecting its duty if reports of near-incidents between boats and swimmers had been ignored. Its position is that 23 such incidents have been reported and that action needs to be taken.

The members of the public listened intently when the Parish Council members were called upon to give their view on the possibility of swimming being banned on Back Beach in Polruan. A summary of the discussion is, of course, recorded in the minutes. The position of Lanteglos-by-Fowey Parish Council is that a ban on swimming anywhere around Polruan is disproportionate and will not be supported.

Would we have taken that position if nobody had turned up to hear the discussion? I believe we would. The Parish Council mostly consists of Polruan residents who know what the time-honoured practice of swimming in the sea means to the place.

In other news, the council ratified its stance that dogs should be banned from Polruan's Back Beach from July 1 until August 31, as at Readymoney.

Lanreath Parish Council

Summary of draft Minutes

Meeting 21 November

Attendance by 8 of 9 Councillors. Chairman — Cllr Peter Seaman, Clerk Mrs R Warren. County Councillor Colin Martin not in attendance. Cllrs Eileen Lee and John Williams resigned.

An email report from PCSO Cocks was read out.

Matters arising were considered including, amongst others, Community Garden gate disrepair, the continuing lack of progress regarding planning enforcement and unauthorised building in the Parish, report of the site meeting to consider the traffic incident on the road to Stonerush Lakes, possible commemorative events to be planned for the 80th anniversary of D Day on 6 June 2024.

The Meeting then considered correspondence from Cornwall Council and others.

A new Councillor, Shelley Honeyman, was co-opted by unanimous vote.

The Councillors considered planning application PA23/08881 regarding Beara Barn, Herodsfoot. Cllrs unanimously agreed to support the application.

Cllr Gundry reported to the meeting regarding his attendance at an online briefing on new legislation "Martyn's Law" and the Clerk was tasked with circulating his written report and slide pack. To be further considered in January 2024.

The Vice-Chairman reported as to the Community Area Partnership, and Cllr Cave gave a brief, but detailed report of her continuing networking with other local parishes and communities regarding climate change and the environment.

The meeting considered in detail the proposed Budget for 2024/25, and unanimously agreed a precept of £17,930 to cover increased costs



in the coming year and to continue to build reserves for contingencies.

After considering the Clerk's financial report, and year to date figures, the meeting went on to discuss Parish problems and any other business. The meeting was concluded, after which a presentation was made to Cllr Lee in recognition of her long service on the Parish Council.

Meeting 12 December

Extraordinary meeting to consider planning application PA23/08439 at The Granary, Lanreath. Attendance by 7 Councillors. Chairman - Cllr Peter Seaman, Cllr Gundry – Minutes in the absence of the Clerk. Cllr Honeyman's first meeting as co-opted Councillor.

The Chairman gave a presentation to the meeting giving brief details of the planning history of the site and the principal features of the application.

Councillors discussed the application at the conclusion of which the Chairman proposed that the Parish Council had no objection, unanimously agreed.

The meeting noted, under any other business, that the new post box had been installed in the Church lay-by. There were no Parish problems to discuss and the meeting concluded.

The next Lanreath Parish Council meeting to be held on 16 January 2024 at Lanreath Village Hall, 7.30 pm.

www.lanreathparishcouncil.co.uk for full minutes, meeting agendas, and meeting dates.

Useful numbers		
	Emergency - not life threatening	111
	Fowey River Practice	01726 829272
	Boots Chemist, Fowey	01726 833332
	Polruan Village Store	01726 870477
	Winkle Picker Post Office and shop	01726 870134
	Kitty's Koffiji	
	Jam First Coffee shop	07875 293364
	The Russell Inn	01726 870707
	The Lugger Inn	01726 870567
	Travel Cornwall Bus service	
	Polruan Community Bus	01726 870707
	Citizen's Advice, St Austell	0344 411 1444
	Lanteglos by Fowey Parish Council	01726 884024
	Rob Rooney, Chair of Parish Councillor	
	Edwina Hannaford, County Councillor	01503 264160 07717 203725
	Trelawny Benefice Administrator	07399 563440
	The Foodbank, Liskeard and Looe	
	The Trussell Trust	07512 011452
	Anyone needing any assistance can message Polruan Isolation page - this will be seen by the administrator who will maintain discretion.	

	www.cornwall.gov.uk/reportit Use this link to view a full list of things you can report online
	www.cornwall.gov.uk/reportroad Report a pothole, street works, electrical or highway problem
	www.cornwall.gov.uk/misplacedcollection Report a missed waste collection
	www.cornwall.gov.uk/reportdog Report dog fouling
	www.cornwall.gov.uk/reportvehicle Report abandoned vehicle
	www.cornwall.gov.uk/reportgraffiti Report graffiti
	www.cornwall.gov.uk/flytipping Report flytipping
	www.cornwall.gov.uk/reportbreach Report breach of planning control
	www.cornwall.gov.uk/reportchange Report a change of circumstance

Saturday 10 February 2024

Fowey Town Hall

The Rashleigh family: Charles and the creation of Charles' Town

A talk by Andy Trudgian

2023 marks 200 years since Charles Rashleigh's death. In this talk, the heritage of the Rashleigh Family in Cornwall is explored along with the ups and downs of Charles Rashleigh's life.



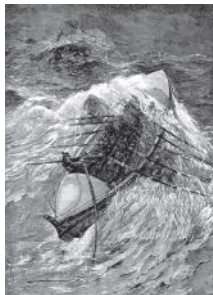
Ending by discussing the history and legacy of his greatest achievement, the port that drove the industrialisation of mid Cornwall. Andy is the chairman of the Charlestown History Group

Saturday 9 March 2024

via Zoom

The RNLI, 200 years of saving lives at sea

A Talk by Helen Doe



Helen will give an insight into some of the incidents and the challenges faced by this vital service, formed in a London Tavern in March 1824.

Helen, a well known maritime historian, has been commissioned by the RNLI to write its bi-centennial history, due for publication in March 2024.

Saturday 13 April 2024

Fowey Town Hall

Captain Lars Berg and the timber trade between Norway and Cornwall

A talk by Julie Tomlinson

The chance finding of an 1859 newspaper report of the inquest into the suicide of a Norwegian ship's captain, Lars Berg, at Restronguet near Mylor, sparked the interest



of the speaker. A fascinating maritime tale unfolded that demonstrated the significance of the Norwegian timber and ice trades with Britain during the 19th century.

Julie lives in Cornwall where she works as an NHS Consultant Nurse and an independent historical researcher.

Fowey Harbour Heritage Society

Was formed in 2012 to promote the heritage of the Fowey area and to encourage more people to enjoy its rich history.

As well as our Autumn and Winter programme of talks and events, we make grants to heritage projects and work with other organisations to promote the heritage of the area. We also publish the Barquentine containing interesting articles about the history of our locality

Bookings can be made at

Ticket Tailor

buytickets.at/foweyharbourheritagesociety

Secretary: Kath Pearce

kathpearce@gmail.com

www.foweyharbourheritage.org.uk

'Physical' events commence at 2pm unless otherwise stated

Physical Talks (including tea and coffee):

Members £5; Non-members £8

'Zoom' events commence at 2pm

Zoom Talks (per screen)

Members £3; Non-members £6

FHHS Membership £15

(£25 for 2 adults at same address)

If meetings are not possible talks will be held online free to paid up members of the society



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2. Cured
3. Iceboxes
4. Alibi
5. Nurse
6. Bandana
7. Unemotional
8. Ammass
9. Knick Knacks
10. Embark
11. Oust
12. Alleluia
13. Affable
14. Amuck
15. Slays
16. Cello
DOWN
1. Bashful
2. Bleep
3. Usual
4. Obey
5. Lilo
6. Bandana
7. Unemotional
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The du Maurier Festival Society presents

FOWEY FESTIVAL

OF ARTS AND LITERATURE
12 – 20 May 2023

Friends of the Festival

The 2024 Festival programme of events is set to launch in mid-March. If you would like to receive advance notice of events; early access to event bookings and receive discounts on event tickets, then now is the time to become a Friend of the Festival. There are three levels of membership: Gold Life: £500, Annual Silver: £60 and Annual Bronze just £30. For full details head to the Festival Website www.foweyfestival.com/friends. Not only will you receive the membership benefits, but you will also be helping to support the Festival, for which we are extremely grateful.

Competition For Young Writers And Artists 2024 Theme: Beaches



- Free Fictional or Factual Writing, Poetry and Art competition
- Open to all children aged 4-16 living in Cornwall and the Isles of Scilly
- Launched on 15 January 2024
- Rules and entry forms can be found at www.foweyfestival.com
- Closing date 6 March 2024
- Prizes and certificates in all categories and age groups
- Celebration and awards event to be held in the summer term

Fowey Secret Gardens

Friday, 17th and Saturday, 18th May 2024

We are delighted to announce that Secret Gardens are returning once more to the Fowey Festival of Arts and Literature and will be welcoming visitors on Friday, 17 and Saturday 18, May 2024.

Not only will 2024 see the return of some amazing Polruan gardens but we are also thrilled to announce new gardens joining the trail in both Fowey and Bodinnick!

Join us in May to discover some of the Fowey estuary's hidden gems, from gardens with spectacular views to secluded havens, walled gardens, hidden terraces and much more. Follow the garden trail to uncover a glorious mix of vibrant gardens with a diverse variety of planting. Some gardens will provide refreshments and there may be a surprise or two in the making. Watch this space!

Entry to the gardens is free, with donations to the Festival very welcome.

See www.foweyfestival.com for details or pick up a map from shops and galleries around town, nearer the time.

Fowey Art Trail

Saturday, 11 – 18 May 2024

The Fowey Art Trail welcomes visitors and residents as artists and craftspeople open their homes and studios in Fowey. You will find more inspiring artists exhibiting and selling their work at the Royal British Legion, Mission to Seafarers, Harbour Hotel and across the water in St. Johns' Church (accessed via the car ferry at Caffa Mill). Please join us for this once-a-year opportunity to visit our talented local artists.

Further details on: www.foweyfestival.com

You can also support Fowey Festival by making a donation at

www.justgiving.com/thedumaurierfestivalsociety

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KEEP POLRUAN SAFE

We are all learning to live with Covid and thanks to the brilliant work of the NHS and scientists we all feel much less threatened. However please bear in mind that there are still people who are vulnerable or who are still anxious of the relaxing of rules

Please be understanding and kind and where possible maintain social distance and wear masks if requested.

If you do need any help "Polly Pals" are still here to support you with your everyday needs such as shopping, picking up medicines, prescriptions, etc.

07813125989
Polruan Support Group

POLRUAN
SUPPORT GROUP



A very big thank you to Kat and the team at 'Kitty's Koffiji who have taken over the Foodbank collection point in the village.

Please contact Norman and Angie on 01726 870747 regarding any cash donations

Many thanks to those who continue to contribute so generously during this time of great need for many families.

Please contact the Foodbank if you would benefit from their services or know of someone else who might need to:

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Friends of the Fowey Estuary

Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website www.friendsofthefowey.org.uk or follow our Facebook Group.

Our events are Free to members and £2.50 for non-members, unless stated otherwise.

WORKSHOP

Nest Box Making

with *British Trust for Ornithology (BTO)*

Saturday 24th February 2024, 10am - 2pm

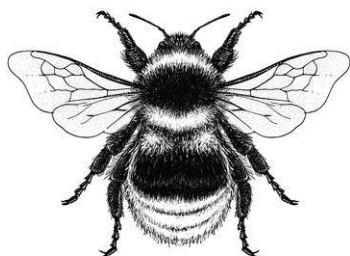
Golant Village Hall

Events are open to all unless otherwise stated, and you are welcome to bring your friends and family along.

Events are FREE to members and £2.50 to non-members unless otherwise stated

Field trips – please bring appropriate footwear, clothing, waterproofs, a packed lunch or money for lunch.

Children under the age of 18 must be accompanied by an adult.



To Advertisers and Contributors

from the Editor

We are very grateful for all the fantastic contributions received at The Parish News. We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14th of the month preceding publication, otherwise the content will remain unchanged.



Higher Windmill Allotments

from **Brian Cook**

Since our last report there has been very little gardening at the allotments . . . it's the old story . . . the weather! It's been far too wet to get onto the land and work it. We've all been waiting for the dry spell that is promised by the forecasters. We need the opportunity to clear last years' finished plants to allow us to prepare the ground and incorporate manure and garden compost. Also, we need to prune our fruit bushes.

In the meantime, we have been making fleeting visits to the allotment to pick up winter vegetables . . . parsnips, sprouts and leeks are still there to be harvested and we are looking forward to a crop of purple sprouting broccoli.

Before the worst of the recent weather some of our members sowed broad beans to get an early crop and planted onion sets. Provided the winter isn't too extreme both should survive and give us produce ahead of sowing in the spring.

The popularity of allotment gardening has increased hugely in recent years. Having an allotment is a great way of having access to valuable garden space and offers a number of health and well-being benefits. Once you get the hang of things and there is lots of help on hand, your allotment starts to give back. Growing your own produce can be a very cost effective way of living, especially if you grow perennial fruit as well as your vegetables. This is all available right now in Polruan. There are a small number of allotment plots available. Graham Palmer, the Society's chairman or any committee member, is your first point of contact if you are interested.



Whitecross and district Gardening club

from **Sue Watts**

Whitecross & District Gardening Club wishes you all a very happy and productive New Gardening Year.

We are looking forward to a return visit from Caroline Stone on Thursday, 15 February when she will give an illustrated talk on her collection of Double Primroses. The hall will open at 6.30pm for our AGM at 7pm, followed by Caroline's talk. We do hope you will come and join us.

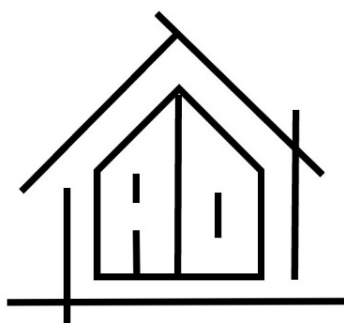
At our March meeting on Thursday, 21 March, we look forward to hearing Mike Stephens describe how we can plant pots for all seasons. Mike has previously opened a garden for the National Garden Scheme and run a small nursery, so he has lots of experience of making a garden interesting and inviting through the seasons.

All meetings are held in Whitecross Village Hall. We serve tea/coffee and biscuits after the talks & hold a small raffle at each meeting so it's a friendly place to meet up with fellow gardeners — or learner gardeners — in your area and add to your knowledge at the same time.

Annual membership: £10; Guests £3

Do come along and bring a friend or neighbour.

For further details, please contact Sue Watts (01203 831513)



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What to do in the garden? (by the Met Office)

February

1. Plan for an early vegetable crop

Gardeners with greenhouses can begin planting early carrot, broad bean and beet varieties in border soil, containers or grow bags.

2. Net fruit and veg to keep birds away

Wildlife has been struggling through the harshest season, it's only natural for individuals to cash in an easy meal.

3. Protect fruit trees from frost

During the month very early apricots, nectarines, peaches, pears and plums can become vulnerable to frost.

4. Divide snowdrop bulbs

Snowdrops are typically the first en-masse blooms of the new year. To improve the show for the following year, divide snowdrop bulbs once the plants have finished flowering and before they go back underground.

5. Prune hardy evergreen hedges

Straggling deciduous hedges can be rejuvenated with considered renewal pruning.

March

1. Seed sowing in greenhouses and window sills

Although sowing seeds outdoors is still risky, raising seeds in a greenhouse or on a windowsill is becoming easier as light levels rise.

2. March pruning: setting up roses for a summer flowering

Pruning roses is a classic March task.

3. Is it time to feed?

Some plants - especially fruit, vegetables and roses - need feeding. Wait until the soil is dry enough to walk on, but while there is still the prospect of rainfall.

4. Lawn care

If the lawn dries out sufficiently it can be spiked to let in air, and top-dressed with fertiliser as grass grows at lower temperatures than many plants.

5. When to prune evergreen shrubs

In March, evergreen shrubs can make use of the higher light levels and the warmer air.



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ALL WELCOME

COMMUNITY COFFEE MORNINGS AND LUNCHES FOR ALL AGES

Coffee, Cake & Catch-up



Selected Tuesday mornings 10 - 12 noon
at Polruan Village Hall (13th Feb in the
WI Hall). Transport provided on request.

DATES: 16th & 30th January, 13th (WI Hall) & 27th February,
12th & 26th March, 23rd April, 14th & 28th May.

MORE INFO: Call Sue on **07811 756615** and to book transport
(Polruan only) or email **polruanccc@gmail.com**

Lunch too!



On the following dates you are invited to
stay on or just come and join us at noon
for a light lunch. A hot meal will be served
in winter. To ensure we have enough food
please let us know if you're joining us on
any of these dates by the Saturday
before. Dates are 30th January,

27th Feb, 26th March, 23rd April, 28th May 12 noon to 1 pm

There will always be a vegetarian option.

No charge for Coffee or Lunches but donations appreciated.

Coffee mornings 10 to 12. Lunches served 12 noon to 1pm



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Polruan Coastguard

from Des Libby,
Coastguard Rescue Officer (CRO)

After many years having the honour of leading the team as their Station Officer I have taken the decision to stand to one side due to my mobility issues at the moment, advancing years and the need to look to the future and security of the team. Jamie, who has been covering for me for this past year and has been my DSO (Deputy Station Officer) for the past three years, has stepped up and taken on the role of Station Officer. He has done a great job on leading the team in my absence and I am sure he will do so in the future; we are fortunate to have a great team here at Polruan with everyone bringing something to the team

and they will carry on supporting Jamie in his new role. The DSO roll has been advertised within the team and the selection process is under way, so by the next issue, I should be able to announce who is taking on the role.

By the time you read this, recruitment will have closed and hopefully we may have more members in the team, at the moment we have nine active CRO's, seven men and two women, but if you are interested in joining you can put your name forward at any time and be included in the next recruitment process.

From the Station Record

5 January 1532: Team paged in support of St Austell CRT with a casualty who had fallen near Albert Quay, Fowey



7 January 1106: Team tasked in support of local first aider with person slipping on ice in Fore St, Polruan, casualty care given until handed over to South West Ambulance Service (SWAS).

Remember if you see anybody in difficulty along the coastline call 999 and ask for the Coastguard



from Eric Lockeyear

The year 2023 set a record for Fowey lifeboat station with our volunteer crew responding to 47 'shouts' to launch the lifeboats. A total of 55 people were aided and two lives saved. The volunteer crews were called out to stranded, drifting, capsized and sinking boats, many with equipment failure. They rescued dinghies blown offshore, stranded paddle-boarders and walkers plus their dogs, and responded to a man overboard 'Mayday' alert.

While the summer months were particularly busy and our casualty-care trained volunteers attended a number of medical emergencies, some involving very serious injuries, 'shouts' continued until the end of the year. On Sunday, 12 November, the relief All-weather lifeboat the Frederick Storey Cockburn, was tasked to assist a 27 foot yacht with a rope caught around its propeller. The yacht was towed safely into Fowey harbour.

On Tuesday, 14 November, Fowey lifeboat station received a request from Falmouth coastguard to launch their all-weather lifeboat to aid a paddle-boarder and swimmer in the water off Portmellon. In a 25-30 knot onshore wind and 2.6 metre swell, the paddle-boarder had been washed onto the rocks near Chapel Point. When the lifeboat arrived, she had been in the water on the rocks for an hour, with no personal flotation device, wetsuit or other aids. She was hypothermic, exhausted and unable to help herself.

Using their small inflatable support boat, the lifeboat crew transferred the casualty to the all-weather lifeboat and put her into a Dry Robe. She was then transferred back into the light inflatable and taken rapidly to the Portmellon shore, where an ambulance was waiting. The swimmer, meanwhile, had made

his own way to shore and was confirmed as safe and well.

On the morning of Tuesday, 12 December, the all-weather lifeboat responded to reports concerning an 18-metre racing yacht with a single-handed sailor aboard. The sailor was on her way home to Poole after completing a single-handed, 3,500 mile transatlantic race when she ran aground off Hallane Beach in St Austell Bay. The all-weather boat was unable to gain access to the beach, so the onboard inflatable support boat was launched. Crew members Callum Pritchard and James Dowrick boarded the yacht and in tough conditions set up a tow. The all-weather lifeboat then towed the yacht off the beach and after safety checks, the woman set sail for home.

Ashore, two positive events occurred in November:

Firstly, as reported in our last issue, local yachtsman David Richards had fallen overboard while competing, two-handed with his 13-year-old grandson Henry, in a local race in September. His life had been saved by his grandson, who coolly lowered sail and sent out a Mayday call. The pair were invited to the station in November to meet the crew of the lifeboat, where helm Jimmy Hoddinott presented a surprised Henry with a certificate of thanks from the RNLI's Chief Executive, Mark Dowie, in recognition of his courage and quick thinking. Henry was also interviewed by BBC and ITV news.



Jimmy said, "It was fantastic to see Henry with his family, and in a much better situation than when we met back in September! We were so happy to officially congratulate him for making a Mayday call so calmly in a very scary situation. I hope his story will inspire other young people to learn an important skill that can make the difference in saving someone's life".

Henry explained what happened that day:

"The spinnaker made the boat uncontrollable, and it was tipping a lot and Pops fell off. I knew I had to take it down. Pops was wearing a lifejacket so I didn't think he would drown, but I knew he would get cold, so I needed to call the coastguard for help. My mum had been on a VHF radio course and has the qualification. I'd read her books from the course two weeks earlier, so I remembered how to make a mayday call. I couldn't see Pops in the water. When the helicopter and the RNLI lifeboat came, I could see they were all in one area, but I couldn't see Pops, especially with the big waves."

David explained what happened from his perspective: *"With Henry on the boat alone, I could see that he wasn't in control of the boat, but he got the spinnaker down quickly. What went through my mind initially was that I couldn't get back to the boat because it was running away from me. I lay on my back in the water and thought: Henry, use the radio, Henry, use the radio, and he did. He used the radio as if he was a pro. What Henry did makes me very proud. He kept his head. He did everything he should have done. He got the boat under control and radioed for help. He couldn't have done anything better".*

Secondly, on board the All-weather lifeboat at the time of this shout was Elliot Toms of Polruan. As a result of his hard work and commitment, including operational deployments such as that above, Elliot



graduated in November as a fully qualified crew member for the All-weather lifeboat. Congratulations and well done!

With new crew joining and existing crew progressing on to skilled positions, much time has been spent in training over the past year, with 122 exercises carried out afloat and six shore side. The lifeboat management, external trainers, assessors and crew have worked hard throughout the year to complete an impressive number of training units. There is every sign that the good work of the RNLI over the past 200 years will continue.

The RNLI is the charity that saves lives at sea.

**A GIFT IN YOUR WILL
IS OUR PROTECTION AT SEA**

To find out more go to RNLI.org/Wills
or call us on **0300 300 0062** and quote 'Parish News'.





Polruan NCI

from Ray Rigg, Station Manager

It's very quiet at sea at this time of the year, just a few fishing boats and clay ships, and the occasional sailing vessel. So, it's a good opportunity for the watch-keepers to brush up on their training and skills; they can also play with the technology, such as the radar and the camera, without continually worrying about what's going on outside.

The only thing of note this month is the failure of the Cannis Buoy's light. It was reported by a member of the public to the Fowey Harbour Master a few days ago and we have been working with them to establish what is happening. At the time of writing, we had observed that the light, when it is on, is very weak and that by 2000hrs it is completely extinguished, which could possibly suggest there is a problem with the solar panels and batteries. It has been reported to the Coast Guard at Falmouth and to Trinity House who maintain the lights so, by the time this article is published the buoy will probably have had a visit from a Trinity House ship to effect repairs.

We would like to increase the number of volunteers at the station, if you are interested in joining us, please pop into the lookout and have a chat with the duty watch-keeper. Alternatively, call Ray Rigg (07956 286270).



2024 Calendars and Tide Tables

Available from the Harbour Office

Calendars £7

Tide tables £1

Full of fantastic pictures of the Fowey Estuary and Fowey tide times

If you can't get in to see us, we can post them contact the Harbour Office 01726 832471 or reception@foweyharbour.co.uk



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