Rectory Ramblings from Rev'd Richard

I do hope you have all had a very happy Easter. It seems very early this year!

I am sure you have all enjoyed eating your Easter eggs but hopefully not too many! Eggs remind us of new life, but when you open your chocolate egg, there will be nothing inside. This reminds me of the empty tomb and that Jesus himself had been raised from the dead.

What is Easter really all about? I read this simple yet powerful story the other day:

On 13 January 1982, Air Florida Flight 90 taking off from Washington DC, crashed into the Potomac River. It was winter and the river was full of ice. The crash happened near a bridge going over the river. The TV cameras could see everything. Millions of viewers sitting in their living rooms watched as a helicopter overhead let down a lifebelt on a line to a man struggling in the water. He grabbed the line, swam to another survivor just by him, clipped the woman in and they hoisted her up to safety. The helicopter let down the line again, and again the man did the same thing. He swam to someone else and rescued them. He saved others, before finally, exhausted he himself drowned. Why did the man not save himself? The answer is that he was out to save others.

In an even more amazing way Jesus did not save himself because he was out to save you and me. As we know Jesus died on the cross as a sacrifice for our sins so that we might be forgiven by God and rose from the dead on that glorious first Easter Sunday so that we might rise into heaven one day and spend eternity with God when we believe and trust in Jesus.

Your friend and pastor Richard 'The Rev'







Andrew Kelly as Nanny Nora Hallie and Tegan Wilcock as Lilly and Tilly

From the Editor

Well, there's no getting away from the fact that it's been a soggy start to 2024. Walking along the Coast path and through the hills has been a challenge – very little time to look around at the beautiful scenery and more time spent checking foot position to avoid a slip! I hope everyone had a lovely Easter and fingers crossed we are heading into some lovely, settled Spring weather.

Please look at the Survey from the Town Trust on the Quay Toilets on page 16. The Trust are seeking your views on refurbishing the toilets and what facilities to provide.

The Panto has indeed brought joy to the community of Polruan and beyond as have other activities and there is a lot to look forward to in the coming months with the Fowey Festival, Art Trail and Secret Gardens just around the corner along with various clubs, activities and get togethers.

We also have a competition in this edition to spot the missing 'ear tag' — read Gill Palmer's *News from Frogmore Farm* and you will understand!

Whatever you choose to get involved in over the coming months, I hope you have a very enjoyable time.

Suzanne

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April 2024

Church Diary in the Benefice of Trelawny

St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;

St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt

May 2024

Monday 1st		Easter Monday	Sunday 5 th		Sixth of Easter
Polruan Coal Wharf	14:30	Messy Church (tbc)	•		Holy Communion Public Worship with
St Wyllow	11:00	Low Sunday Holy Communion Holy Communion	St Wyllow St Ildierna St Nun	15:00	Communion by Extension Holy Communion Rogation Service Rogation Service
St Tallanus	11:00	Public Worship with Communion by Extension	Thursday 9 th	1	Ascension Day
St Nun St Ildierna		Easter Praise Holy Communion	St Nun	10:00	Ascension Service
		ř	Sunday 12th		Sunday after Ascension
	09:30 09:30	Third Easter United Village Service Service of the Word Holy Communion Lambing Service (tbc)	St Nun St Marnarch St Tallanus St Wyllow Trefrawl	09:30 11:00 11:00	United Service Service of the Word Holy Communion Morning Prayer Benefice Calving Service
St Saviour St Ildierna		Sing a New Song Evening Prayer	Farm St Ildierna	18:30	Holy Communion
Sunday 21st		Fourth of Easter	Sunday 19th		
St Wyllow St Tallanus St Nun	11:00 11:00 11:00	Service of the Word Holy Communion Public Worship with Communion by Extension at Methodist Chapel	St Marnarch St Nun St Wyllow St Tallanus	11:00 11:00	Service of the Word at Methodist Chapel Holy Communion Public Worship with Communion by Extension
St Ildierna	18:30	Evening Prayer	St Saviour		Sing a New Song (tbc)
Sunday 28 th		Fifth of Easter	St Ildierna	18:30	Evening Prayer
St Saviour St Nun St Marnarch St Ildierna	11:00 16:00	Café Church Holy Communion Rogation Service Holy Communion	St Marnarch St Nun St Saviour St Ildierna	11:00 11:00	Service of the Word Holy Communion Café Church Concert

From the Registers

Baptisms

24 *February;* Savannah Elaine Will at St Marnarch, Lanreath

Funerals and burials

9 February; Nigel Bernard Smith of St Cleer (formerly of Polruan) at St Wyllow, Lanteglos by Fowey

24 February; Hilary Josephine Ferris of Clacton-on-Sea (formerly of Polruan) at St Wyllow, Lanteglos by Fowey

Glyn Valley Crematorium Funerals

7 February; Ann Margaret Symons of Lanreath

23 February; Margaret Jean Jensen

11 March; Derek Peyton Gregory

Taunton Crematorium Funerals

5 February; Elizabeth Hart Thomas of Somerset

Interment of Ashes

3 February, Stuart Alexander Haywood of Talland at St Tallanus, Talland



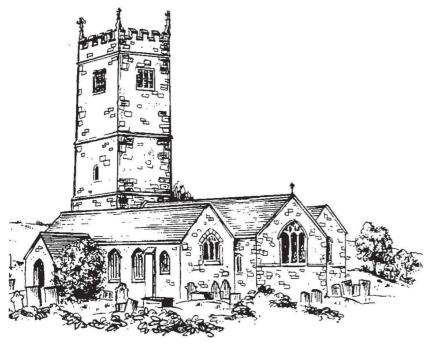
What different styles of service will you find in the seven churches of Trelawny Benefice?

Everyone is welcome, and all our services and teaching are based on the Bible. There's usually tea, coffee and biscuits afterwards, with time to chat.

Please come along and discover what kind of service you like best.

Lansallos (St Ildierna): all services follow the ancient and beautiful words of the 1662 Book of Common Prayer, apart from a monthly contemporary service.

Lanreath (St Marnarch): evangelical services, with some led by the Lanreath Music Group (musical instruments and choir).



Pelynt (St Nun): traditional village church Holy Communion or Service of the Word, in contemporary language, together with a monthly contemporary service, sometimes outdoors

Talland (St Tallanus): traditional village church Holy Communion or Holy Communion-by-extension services, in contemporary language.

Lanteglos-by-Fowey parish has three churches:

Parish Church of St Wyllow: traditional services with organist and Lanteglos Choir. Holy Communion in contemporary language, and occasional Evensong with the 1662 Book of Common Prayer.

Polruan (St Saviour): friendly Café Church once a month, with round tables, prayers, singing, Bible readings and a chance to talk.

Bodinnick (St John): community services every other month, based around major Christian festivals and usually with wine and nibbles.

Outdoor services: held in the open air on village greens, farms and quaysides – they're family-friendly and great fun. 'Church on the Quay' in Polruan runs on six weekends in late July and August. Other services dotted around the Benefice include Plough Sunday, Rogation, Harvest, Tractors, Pets, Equestrian and Lambing.

Parish Diary

All dates and times are correct at the time of going to press — please check notices for changes

April

Monday, 1st Easter Monday Funday on the Old Coal Wharf, Polruan, 2.30pm (see page 6)

Monday, 1st, 8th, 15th, 22nd, 29th Short Mat Bowls at Polruan Village Hall 3-5pm; 7-9pm (see page 13)

Tuesday, 2nd Children's Hospice book sale, The Corner/Reading Room (see page 9)

Thursday, $4^{\rm th}$, 11th, 18th, 25th Table Tennis at Polruan Village Hall 6.30-8.30pm (see page 13)

Saturday, 6th Whitecross Market, 10am-12.30pm (see page 18)

Tuesday, 9th Coffee, Cake and Catch-up, Polruan Village Hall, 10am (see page 25)

Wednesday, 10th WI Meeting including Talk by Maureen Parlett on Antarctica, Polruan WI Hall, 7pm (see page 6)

Friday, 12th Rockpool Ramble, Readymoney Beach, 1-3pm (see page 24)

Saturday, 13th Talk by Julie Tomlinson, Captain Lars Berg and the Timber Trade between Norway and Cornwall, Fowey Town Hall, 2pm (see page 22)

Tuesday, 16th Lanteglos-by-Fowey Parish Council Parish Meeting, Polruan WI Hall, 6.30pm (see page 20)

Thursday, 18th Talk on Dahlias by Louise Danks, Whitecross Village Hall, 7.30pm (see page 24) Saturday, 20th Big World Fair, Truro Cathedral, 10am – 3.30pm (see pages 7,9)

Tuesday, 23rd Coffee, Cake and Catch-up followed by light lunch, Polruan Village Hall, 10am (see page 25)

Friday, 26th Kidz Klub, Polruan Village Hall, 6pm (see page 8)

Saturday, 27th Polruan Film Club presents Phantom of the Open, Polruan Village Hall, 7pm (see page 12)

May

Thursday, 2nd, 9th, 16th, 23rd, 30th Table Tennis at Polruan Village Hall 6.30-8.30pm (see page 13) Saturday, 4th Whitecross Market, 10am-12.30pm (see page 18)

Monday, 6th, 13th, 20th, 27th Short Mat Bowls at Polruan Village Hall 3-5pm; 7-9pm (see page 13)

Tuesday, 7th Children's Hospice book sale, The Corner/Reading Room (see page 9)

Wednesday, 8th WI meeting including, Chair Yoga, Polruan WI Hall, 7pm (see page 6)

Saturday, 11th St Austell Choral Society sing Schubert Mass in G, St Augustine's Church, St Austell, 7,30pm (see page 5)

Sunday, 12th, Guided Walk 'The Sanctuary' Eco Retreat, Golant, 2pm (see page 24) Sunday, 12th-18th Christian Aid Week (see pages 7, 9)

Tuesday, 14th, Coffee, Cake and Catch-up, Polruan Village Hall, 10am (see page 25)

Friday, 17th, Kidz Klub, Polruan Village Hall, 6pm (see page 8)

Friday, 17th/Saturday, 18th Secret Gardens (see pages 5, 23)

Saturday, 11th – 18th Fowey Art Trail (see pages 5, 22, 23)

Saturday, 18th Annual Plant Sale at Whitecross Village Hall, 10-12pm (see pages 22, 24)

Wednesday, 22nd Talk and Demonstration, Monitoring Water quality using citizen science, Lerryn Memorial Hall, 7.30pm (see page 24)

Saturday, 25th Polruan Film Club presents Anatomy of a Fall, Polruan Village Hall, 7pm (see page 12)

Sunday, 26^{th} Table Top Sale in aid of Christian Aid, Polruan Village Hall, $2.30 \, \mathrm{pm}$

Sunday, 26th Lansallos Church Concert, 3pm (see page 4)

Monday, 27th The Choosing of Regatta Royalty, Old Coal Wharf (see page 11)

Tuesday, 28th, Coffee, Cake and Catch-up followed by light lunch, Polruan Village Hall, 10am (see page 25)

World Day of Prayer

from Kathryn Hill, for Polruan WDP Committee



The annual World Day of Prayer (WDP), formerly Woman's World Day of Prayer (WWDP) is a woman-led (but open to all) prayer initiative which is part of a great wave of prayer in a wide variety of languages in 146 countries, involving Christians from all denominations encircling the globe on the first Friday of March. Each year the service is written by Christian Women in a different country and this year it was the turn of Palestine.

Ahead of the service the WDP International Committee published the following statement:

"The theme of our service this year is from Ephesians 4: 1 – 6 "I beg you, bear with one another in love."

The service was written by a group of Palestinian Christian women before the current conflict and deals with their own personal experiences. Their hope was to encourage and inspire other women around the world to bear with one another in troubled times. As has often happened before, this year's service has been overtaken by a tragic



set of events. We offer this service, believing that we are called to support the Christian women who created it and we invite all those taking part to listen prayerfully to their voices. We pray with world leaders, relief workers, medical teams and all those praying about the situation, for an end to the killing, and for the wisdom to build a lasting peace."

As usual we decorated a table with items to represent the country that has prepared the service (see photograph). Polruan Woman's Hour hosted the service and served the refreshments which we enjoyed after the service.



The Churches of the **Benefice of Trelawny**

Rev Richard Allen Rector 01503 220847

Benefice

Administrator Pippa Morrell-Davies 07399 563440

Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

Lanteglos — St. Wyllow; Polruan — St. Saviour; Bodinnick — St. John

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Lansallos - St. Ildierna

Churchwardens Margaret Phillips 07493 310816 Iosie Slade 01503 220513 Treasurer John Feesey 01503 220884 01503 220884 Secretary Glen Feesey

Pelvnt — St. Nun

01503 220169 Rosemary Lee Treasurer Sheila Morrell-Davies 07971 104798 Secretary

Lanreath - St. Marnach

01503 220827 Churchwardens Gill Sanders 01503 220229 Peter Hooper 01503 220490 Treasurer Peter Bartram Secretary Jenny Bartram 01503 220490

Talland — St. Tallunus

Churchwarden David Bailey 01503 262890 01503 273466 Treasurer Ioe Sharples Jenny Hall 01503 598267 Secretary



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The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

News from Lansallos

from John Feesey, Lansallos PCC

Why is Our Benefice Called Trelawny?

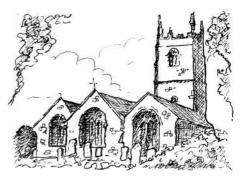
Lansallos is one of five parishes, with seven churches, that constitute the Benefice of Trelawny. But who was Trelawny and why is our group of churches named after him? Jonathan Trelawny, after whom our benefice is called, was born in Pelynt to the second Baronet of Trelawne, a member of an old Cornish family who were supporters of the Royalist cause during the Civil War. Jonathan, who became the third Baronet, was ordained and later appointed Bishop of Bristol.

It was a time of religious intolerance, when Protestant England feared her Roman Catholic neighbours. So, when in 1687 King James I of England and Ireland (James VI of Scotland), signed a Declaration of Indulgence towards Catholics and Dissenters permitting them freedom of worship, it was seen by many as challenging the authority of the Church of England. The following year King James directed that the Declaration should be read in every church, causing seven bishops, including Trelawny, to send the king a petition against the reading.

Fearing a popular demonstration King James' response was to imprison the bishops in the Tower of London, moving them by the royal barge to Traitor's Gate where spectators waded into the river to be blessed, Tower Warders knelt inside the Gate as they landed and guards drank a toast to the bishops' health. It was a bit of what we'd now call an 'own goal' on the part of the King!

In Cornwall this news was met with anger. Cornish regiments marched eastwards, capturing Taunton and Bath and playing a major role in the taking of Bristol. But the Cornish had given so much to the Royalist cause in the Civil War that they were exhausted, their losses severe, and with no loyalty to their mainly English commanders their troops then headed home. Yet they still managed to overcome the King's forces on the way back at towns such as Weymouth, Barnstaple, Exeter and Dartmouth.

On 30 June 1688 the seven bishops were taken to court and tried for seditious libel, only to be acquitted and released! When the news



reached Cornwall there were scenes of great joy, with the church bells of Pelynt ringing out and the mayor firing two cannons. Soon afterwards William of Orange took the throne and King James fled to France. These events are, of course, celebrated in the rousing Cornish National Anthem, 'The Song of the Western Men', more commonly known simply as 'Trelawny'. And what better a name for our Benefice!

Lansallos Defibrillators

A new defibrillator has been installed in the old telephone box in Lansallos village. The Parish now has two of these life-saving devices, the other being in the hamlet of Trenewan, thanks to the efforts of Councillor Alison Talling.

Recital at Lansallos

There's an exciting concert to take place at St Ildierna at 3pm on Sunday, 26 May when the talented young tenor, Gregory Steward, will sing a wonderful and varied repertoire of songs including classical, opera and music from the shows, so there'll be something for everyone. This recital will be followed by a delicious Cornish cream tea. Entry is free with donations requested towards the cost of the concert and the tea. An event not to be missed, so do come along and bring your family and friends!

Veron Trelawny bras? Trelawny dos dh'y fin? Mes ugens mil an dos Gernow Godhvos praga'vyn!

And shall Trelawny live? Or shall Trelawny die? Here's twenty thousand Cornishmen shall know the reason why!

Lansallos Church Concert

Sunday, 26 May at 3pm

Gregory Steward and the Just Voices Choir

Gregory Steward - Professional Tenor An Afternoon of Classical Music and 'Songs from the Shows'

Looe "Just Voices" Ladies Choir – singing beautifully



Followed by a Cornish Cream Tea!

Admission free - Donations Requested



Get set Lanteglos to waste less and recycle more

from Cornwall Council

Get set, Lanteglos. We're nearly ready to press 'go' on your new weekly food waste and fortnightly rubbish collections.

The new service starts in your area from April. Food waste collections will help us to recycle up to 35% more of our black bag rubbish. And to help us all waste less, we're also introducing a limit on the amount of rubbish we'll collect. This limit will be what fits in your new wheelie bin or reusable protective sack with the lid closed, equivalent to 180 litres fortnightly.

Please note, if your home shares bins or a bin store with neighbouring properties – you live in a flat or a house in multiple occupation (HMO) – then some details of the roll-out, your new bins and the new collection service may be different for you, and we will be in touch direct.

This service is only for household waste, if you have a self catering property or are running a business from your home, please visit www.cornwall.gov.uk/commercialwaste or email us at commercialwaste@cornwall.gov.uk to find out more.

The changes will cut Cornwall's annual carbon emissions by nearly 18,000 tonnes of $\rm CO_2$ each year. That's a saving of about the amount of $\rm CO_2$ that a car would kick out driving round the world 2,547 times.

The new service will give all of us a way to contribute directly from home to the creation of a thriving, sustainable Cornwall that offers a great environment for all.

How you can get set for your new collections:

 The new service will use the same coloured recycling bags and black box system that we do now. Make sure you're recycling as much as you can because this will help you to keep within the new fortnightly rubbish limit. To order your equipment and find out more, visit www. cornwall.gov.uk/getrecycling.



- We are delivering the new food waste and rubbish bins to your area between January and March. Make sure you read and follow the 'Get Set' instruction leaflet that will come inside your green collection caddy.
- To deliver the new service, we have reviewed and rescheduled the collection routes. This will mean a change of collection day for most people. Look out for your 'Go' New Collections Calendar arriving in the post in March. This will tell you the date of your last collection on the old service and your new collection day.
- Follow us on our Cornwall Recycles
 Facebook page for updates and
 recycling tips. Visit www.facebook.com/
 cornwallrecycles.

The service commeces 8 April

You should all now have new food waste and rubbish bins, together with collection dates. The first collection under the new arrangements will be on 8 April (for rubbish and food waste). Begin storing your food waste for recycling from 1 April, after the last collection of the old service. Visit www.cornwall.gov.uk/wastechanges for more roadshow dates and locations as well as further details about the new service and how to get in touch.



St John's, Bodinnick from the Friends of St John's



Some dates for your diary:

St John's Garden is included in the Secret Garden tour on the last two days of the Fowey Festival (17 - 18 May).

Also, please see the separate poster advertising the Art Trail taking place as part of the Fowey Festival (11 - 18 May).

We look forward to welcoming you to these events.

St Austell Choral Society from Robin McCarthy

On Saturday, 11 May
St Austell Choral Society
sings
Schubert Mass in G
with works by Dvořák and
Bach

7.30pm at St Augustine's Church, St Austell

Tickets available from

www.staustellchoralsociety.co.uk



Marmalade

from Kathryn's Kitchen
available in St Saviour porch and at
the back of St Wyllow.

Help yourself in exchange for a donation for school fees for Nigerian students — blind students at Gindiri Boys Secondary School where Kathryn used to teach and for the children of "Internally Displaced People" who are the victims of

sectarian violence.

News from Polruan Village Hall

from PVH Management Committee

The start of the year has seen significant changes in the PVH Management Committee. Following the extra general meeting in January, it was decided that the three main clubs – Theatre, Film and Sports and Social – would take up the position of Chair on a rotating basis until such time as a more permanent solution could be found. As such, Henry Rowe has taken on the role for the first year. In addition, Yvonne Riedel-Brown has joined the Committee as Vice Chair, Mike Parlett in an essential new position of Facility Manager and Claire Palmer as Secretary. There is a lot to learn and the support from the existing members will be essential in ensuring a smooth transition. Our thanks to the departing Chair and Secretary, Stephen Willsher and Suzanne Goddard, for their fantastic work over the recent years – thank you and well done.

Activities at the Hall continue to go from strength to strength with short mat bowling, table tennis and Coffee, Cake and Catch-up now well established and joining the film club, yoga and Kids Klub as routine fixtures. This then just leaves the theatre club and their pantomime, The Babes and the Hoods, written by Tony Cottrell. A fantastic show enjoyed by all. We all look forward to their next production.

It will be business as usual for the Committee and we look forward to your support at our planned fundraising activities. Our own fundraising plays a vital role in keeping our hiring costs as low as possible which we achieve with the help and support of organisations such as the Ian Mactaggart Fund who have recently made another donation.

Finally, we were saddened to hear of the passing of our Local Cornwall Councillor, Edwina Hannaford, who has actively supported the Village Hall over many years.

The Village Hall plays a vital role at the centre of our community, so please make the most of this facility whether through the organised activities or through your own parties and other functions. Please visit our website polruan.org or contact Kathryn Hill who will be happy to help with your enquiries.



View from the verandah at Polruan Village Hall

THE WILLIAM THE INSPIRING WOMEN

from Chris Cox, Vice President

At the February meeting we had a talk by Rebecca Smith on the work of the Commonwealth War Graves Commission (CWGC). They work on behalf of the Governments of Australia, Canada, India, New Zealand, South Africa and the UK and there are many sites all around the world to commemorate the 1.7 million men and women who fought and died during the world wars but who were not repatriated. The memorials were built to serve as permanent reminders of their sacrifice. The Charter for the CWCG was approved back in 1917 and the founder was Sir Fabian Ware, who too old to enlist, had joined the Red Cross as an Ambulance driver. With over a million headstones to look after the charter established that these should be permanent, uniform and all treated with respect, no matter what the rank or regiment of those fallen. It was a very interesting talk and for those interested, there is further detail on the CWCG website.

Our President, Beth, opened our AGM in March confirming it was time for her to

stand down and hand over to someone new after many years in post. Karen was voted in as the new President of the Polruan WI, Chris remains as Vice President, Maureen as Secretary and Claire as Treasurer. Margaret is continuing as a committee member. Following the vote, Beth stood down and Karen took her place at the table, and thanked Beth for all her hard work over the years.

The speaker for our April meeting is Maureen Parlett, our Secretary, who will be talking about her recent trip to Antarctica which should be very interesting and the competition will be to make as many words of 5 letters or more out of 'Ernest Shackleton' (no plurals). Looking forward to May we shall be learning about Chair Yoga – look out for further details nearer the time.

Ladies, the WI is cool! Why not come along and try us out, we're a friendly bunch. We meet at 7pm on the second Wednesday of each month (except August). For further information, please contact Chris (01726 870194) and if I cannot help, I will pass you onto someone who can.

Polruan Village Hall Hire

Should you wish to book the Hall for an activity, please contact our bookings clerk:

Kathryn Hill 01726 870953, kathrynehill39@gmail.com, who will be happy to help with any queries.

The Hall costs £15 per session (i.e.. morning, afternoon, or evening) which includes the use of all facilities including free WiFi, the Audio Visual System, comprehensively fitted kitchen and heating and lighting.

Licensed for music, alcohol, films and entertainment

Easter Fun-Day

On Easter Monday



Crafts, songs, refreshments,
Easter Egg Hunt
Polruan Old Coal Wharf
2.30pm

If wet in St Saviour church



The WI Hall has WiFi available for your use if you hire the hall.

It is a light, airy space to use for meetings, clubs, etc. with a kitchen and toilets.

If you want to book it is £15 for morning, afternoon or evening sessions.

To book please contact Sue Rowe 07813 125989 01726 870505 sjsherwood2@gmail.com.

Plough Sunday Services

Lansallos Church from John Feesey, Lansallos PCC



Members of the farming community joined the congregation of Lansallos Church for a Plough Sunday service in the farmyard of Tregamellyn Farm, near Trenewan, courtesy of Mrs Marjorie Crew.

The Rev'd Richard Allen started the service with prayers of praise and thanks to the Lord for creating our Earth in all its abundance, followed by prayers of penitence for too often misusing His creative work. A talk by the Rev'd Richard stressed the responsibility we all have to help reduce the effects of global warming on the land and its creatures.

The service concluded with a blessing of the plough, seed and soil, together with farm animals and all who work on the land. The congregation then enjoyed delicious refreshments provided by members of Lansallos Parochial Church Council.

Plough Sunday, Pelynt from Rev'd Richard

Pelynt Parish Church held its annual Plough Sunday Service at West Wayland Farm. Over 60 people gathered along with the Pelynt Choir. The Rev'd blessed the plough, seeds, soil and animals praying that this year our farmers would be blessed with a good harvest. He explained how global warming is affecting Cornish farmers and how we all have a part to play in looking after our planet which God has entrusted to us. After concluding the service with a rapturous rendition of Cornwall My Home everyone enjoyed a glass of Cornish cider and a good old chat as the farming community enjoy when they come together.





Christian Aid Week 12 - 18 May

from Kathryn Hill

Christian Aid Week this year is between Sunday, 12 and Saturday, 18 May. In 'years gone by' we used to do a house-to-house collection plus a fund-raising event in Lanteglos Parish but that has not been possible for some years. However, we do want to go on supporting this worthy cause which helps people in need in many countries and of all faiths and none, so there will be a table-top same in Polruan Village Hall on Sunday, 26 May from 2.30pm.

Please contact Kathryn (01726 870953, kathrynehill39@gmail.com) if you would like a table. There is no charge, just a donation or a raffle prize.

There will also be collecting boxes and envelopes in the three churches in Lanteglosby-Fowey Parish and in some businesses during Christian Aid Week, please give generously to this good cause.





Learning and growing together with people across the globe

SATURDAY 20th APRIL 10am - 3.30pm TRURO CATHEDRAL

Everyone welcome!

Find out about organisations working internationally & locally, from Cornwall & beyond and how you, your community or your church can get involved

Fun activities for children to find out more about the world

Performances including: Cornwall Youth Choir Ukrainian Harmony Isaac Salaman

Speakers from:

Five Talents

Christian Aid

Edukid

Tearfund

Roseland Academy Samba Band

+ Drumming workshop to join in!

More Info: international.links@truro.anglican.org

DIOCESE ©ETRURO

'Be Prepared' for the boating season



Follow these tips to help keep you safe on the water:

- Check the weather forecast before embarking on any sea related activities
- · Check the tide-times of high and low water
- Plan your activity and keep within your ability and experience
- Ensure you have suitable safety equipment and / or personal protective equipment for your chosen activity (life jackets, flares, life-raft, wetsuit, sunglasses, first aid kit, VHF radio, navigational aids)
- Wear suitable clothing (have warm clothing and waterproofs to hand, the weather at sea can change quickly)
- Tell someone your destination (advise family or friends of what you plan to do, where you are departing from, travelling to, number of persons and expected time of arrival)
- Log a traffic report via RYA SafeTrx
- Check your equipment to ensure it is in good working order (service the engine, check the expiry date of your flares)
- Ensure all crew members and / or people in the group are aware of safety procedures and know what to do in an emergency



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POLRUAN SURGERY HOURS

(from Fowey River Practice website)

Polruan Surgery is open from: Monday 2.30pm until 5.00pm

> Wednesday closed

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Open 9am to 4pm Monday - Friday Closed Saturday and Sunday

POLRUAN KIDZ KLUB







Children from Reception up welcome!

Upcoming session dates:

26TH APRIL 2024 17TH MAY 2024

Fees £1.00 per session

Includes equipment, drinks & biscuits

Fridays 6 -7.30pm @ Polruan Village Hall

Contact Angie Mallard on 07967 131525

Polruan Kidz Klub

from Kathryn Hill for the KK Leaders

Our February meeting had a 'Pancake Day' theme including decorating and eating mini pancakes and a pancake race. The children also had fun jumping through hoops and other sporting activities plus making, decorating and flying paper aeroplanes.

Our March meeting hasn't happened at the time of writing, but we plan an Easter theme including making Easter cards and decorating Easter biscuits.





We plan to meet on Friday, 26 April and Friday, 17 May. Kidz Klub is open to children from Reception Class up to Year 6, new members are always welcome as are new helpers if you fancy volunteering.





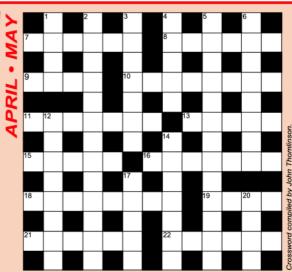
Grossword

ACROSS:

- Whittled (6)
- 8 Drinks to (6)
- Agitate (4)
- 10 Restraints (8)
- 11 Determined (8)
- 13 Urban (5)
- 15 Severe (5)
- 16 Cheapskate(7)
- 18 Child's engine (8)
- Thought (4)
- Imprisoned (2,4)
- 22 Mistreats (6)

DOWN

- Discretion (4)
- Sentimental (13)
- Scrap (7)
- Compensate (5)
- 5 Hypocritical (13)



- 6 Soaking (8)
- 12 A ship's worker (8)
- 17 Complete (5)
- 14 Academic (7)
- 20 Level (4)



Little Harbour

from Lynn Bartlett and Bella Tyson

We were pleased to hold our first book sale of 2024 on Thursday, 7 March. It was quiet but we were happy to see some new faces who were pleased to buy some local books and maps. Our next sales will be in the mornings on Tuesday, 2 April and Tuesday, 7 May, either on the Corner or in the Reading Room. Our prices remain the same Hardbacks: £2.00, Paperbacks: £1 and Children's books: 50p. We continue to have a limited number of jigsaws available also, in exchange for a small donation.

We will be able to accept books at the April sale but please do not leave these in the Reading Room instead, contact me on 01726



Entries for the Tenth Annual Rainbow Run are now available with an early bird entry fee. This is a 5k family friendly, fun run, jog or walk where, at seven points along the route, you will be showered with powder paint of different colours. It takes place at RAF St Mawgan, Newquay on Saturday, 15 June. For further details go to the hospice website: chsw.org.uk.

Thank you for your continued support.

Defibrillators

The Parishes have defibrillators at:
 Whitecross Village Hall;
Polruan Village Hall, School Lane;
Vevery car park, Polruan; The Quay,
Polruan; Fire Station, Greenbank



The defibrillators are very simple to use, with voice instructions given whenever it is activated.







Kathryn at the Big World Fair

from Kathryn Hill

I served in Nigeria with the then, Sudan United Mission, which is now part of Pioneers International (PI). PI are one of the agencies exhibiting at the Big World Fair in Truro Cathedral on 20 April (see poster for details). I will be on that stall and I would really be encouraged to see some of you there so, please come if you can, and enjoy the varied and interesting programme.



The Countrymen

will be playing on Polruan Coal Wharf on Friday, 12th July at 6pm

This will be part of their summer 'Busk 'till Dusk' sessions with bucket donations gratefully received.

The PARISH NEWS for Lastrigles, Lascrett, Lancellos, Pelyst & Talland

Publisher

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Lanteglos Community Bus Timetable

	Apr	May	Fare
Whitecross Market	6 th	4 th	Donation
Par Market and St Austell	3 th , 17 th	1 st , 15 th	£3.00
Trago and Bodmin	10 th 10 th	8 th 8 th	£3.00 £4.00
Truro	24 th	29 th	£4.50

All services are now on Wednesdays except for Whitecross Farmers' Market (the first Saturday of every month). The services start from Furze Park at 0925 (1015 for Whitecross), then as requested at Well, Greenbank and Ferris Way. Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick.

£1 reduction for concessions to all fares.

To book, please call in at The Russell or telephone 01726 870707

(Please do not 'phone before 9 am)

Service subject to driver availability and, of course, Government Guidelines

Table Top Sale

in aid of



In Polruan Village Hall on Sunday, 26 May at 2.30pm

Raffle and refreshments

Contact Kathryn (01726 870953)

kathrynehill39@gmail.com

if you would like a table

DATE FOR YOUR DIARY

Cream Tea Monday, 6 May at 2.30pm Polruan Village Hall



LETTERS TO THE EDITOR

Suzanne Goddard
Springhill
Chapel Lane
Polruan PL23 1PG
01726 870818
suzanne.goddard@me.com
or use the letterbox in the porch
of St Saviour Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.

Stay in touch anywhere around the globe

The Parish News is available online at:

www.lanteglosbyfowey.org.uk

The official website of Lanteglos by Fowey Parish Council



Closing date for the June / July 24 issue is

Tuesday 14 May 2024

Please send all copy and letters to
Suzanne Goddard at
Springhill
Chapel Lane
Polruan PL23 1PG
suzanne.goddard@me.com

Or use the letterbox in the porch of St Saviour's Church Polruan

01726 870818

no later than Tuesday 14 May 2024

*** Thank you ***

Dave from Kathryn Hill



My cat, Dave, is often absent for days at a time and when he comes home, he isn't hungry, so I assume he has his 'paws under the table' elsewhere! If Dave is visiting you and telling you he is starving, don't believe him and please don't feed him. Many Thanks.

Fly-tipping

from Kathryn Hill on behalf of the PVH Management Committee

On Monday, 11 March, someone fly-tipped three large bags of rubbish outside Polruan Village Hall. This rubbish was in black sacks and so the birds had a field day! The Hall does not have a refuse or recycling collection and hirers of the Hall know that disposal of waste is their responsibility. There were no bookings over the weekend, so we can only assume visitors to Polruan left rubbish here. If you let your house, either regularly or maybe occasionally as an Airbnb, please do ensure tenants know what to do with their rubbish, including bird-proofing it, and please check that they comply.

Dumping rubbish in this way falls to the local community to dispose of/clear up so we would urge all to be vigilant about this and keep Polruan clean, safe and looking good. Thank you for your help.

Thank you from the Ferris Family

Marian, Colin, and Sheelagh Ferris, their nieces, nephew, cousins and friends would like to thank the Rev'd Richard Allen for his heart-warming funeral service for Hilary J Ferris at St Wyllow Church, Lanteglos-by-Fowey on Saturday, 24 February.

Thanks also to Peter and Margaret Ripley for their guidance and care with the funeral arrangements and the Whitecross Village Hall Committee for allowing us to use the Hall afterwards, so family and friends could share memories of Hilary.

Hilary enjoyed a happy childhood at Lombard Farm, before moving away to study and teach. Now she has returned to her roots, to rest, near her parents and other family members.

Table-top Sale from Kathryn Hill

Thank you so much to all who supported my Table-top sale by attending, running a table, serving refreshments, donating raffle prizes, or giving me a donation – thanks to your efforts and generosity I have been able to send £250 to Kathleen to pass to Stephanos (a Nigerian NGO with links to Release International) for their work with the victims of anti-Christian terrorist attacks over the Christmas period.

The money has arrived safely and I will be able to tell you how Stephanos has used the donation in the next edition. As you will see from Daniel and Kathleen's letter and from 'News from Nigeria' the problems and the need are on-going, and I am always looking for ways to help.



Letter from Australia from Mary Taylor

[By Ed: Unfortunately, Mary's last letter did not reach us, so she has recapped some of her

some of her news below.] In my last letter I mentioned

what a topsy turvy



Christmas we had had. Liz and Kim are on the move and shifted all their furniture into my house – there was stuff everywhere -you couldn't move. It was hot and humid and Liz was drenched in sweat from lifting heavy things. They were here for two weeks but then got an offer of a place in the country which they have moved to. They love it there, their huge dog has lots of space and can run around. There's a bit to do, there are no curtains at the windows and the bathroom needs doing up, but there's no one close by to see in.

The family took me out to lunch for my birthday, I have now reached the age of 86! I'd rather stay at home these days, but they insisted!

Tamara is back at work now after her maternity leave.

Cootamundra had their annual beach volleyball competition recently, there were lots of teams taking part, in the very hot weather. This summer has been the hottest for a long time — in Western Australia the temperature has been in the mid to high 50s everyday. It's looking a little overcast now though, so hopefully we'll get a little rain for peoples' gardens.

It'll soon be Easter and the clocks will alter again. I look forward to receiving my magazine – I read it from front to back when it arrives – I love it.

I do hope this letter reaches you and that all is well. Bye for now and take care of each other.

Letter from Nigeria from Daniel and Kathleen

Another month has started and another update. We praise God that things are calm at the moment and a special army force has been tasked to put an end to terrorism, catching those responsible and confiscating their equipment. Our Governor, Bar Caleb, is determined to end terrorism. Continue to pray for him as this isn't an easy job, but he works in the power of the Lord.

It has turned hot — 30 Celsius which for Plateau is quite high. But of course, it's not like Gwoza which is often above 40 Celsius. We now pray for good rains and praise God that, through the generosity of various people, we have been able to supply our Internally Displaced Persons (IDPs) with fertilisers again.

Please pray for Manasa's wife, Rifkatu. Manasa helps me when he comes from Mubi as the Church accountant. Rifkatu has been diagnosed with breast cancer and she starts her treatment very soon.

We were recently visited by 3 widows whose husbands had been killed by Boko Haram 8 years ago and who now have a big problem. An organisation that had helped them to train as tailors to enable them to provide for their families and which also paid pay their rent and their childrens' school fees, told them the project had come to and end and with that the rent and school fee support they had received. With money from the Widows' Fund we were able to pay their rent, but the big problem is there are 15 children involved who, at the end of this month, will be out of School. We already have 70 children with sponsors and wondered whether anyone is able to help to sponsor these children (£10-20 per month). For further information, please contact Kathryn Hill (01726 870953, kathrynehill39@ gmail.com)

Life goes on and we are constantly busy, I think that is one of the reasons we are still alive and active. But of course, we know that you pray for us and we are very much aware this. Thank you and God bless and encourage you.

Calling all Crafters from Tammy Skinner

A few of us are looking to get together on a regular basis to meet up and undertake our various craft projects in the company of others. We are also keen to learn new skills from each other and perhaps in the future be able to run workshops inviting guest teachers along.

Are you interested in joining us? Do you have a particular skill/craft you would be happy to show us? I for instance would love to know how to crochet and how to do fair isle knitting and would be keen to have someone teach me.

Whatever your age, whatever your skill level, whatever your interest, we would love to have you join us!

Please contact Tammy on 07708 023772.



Polruan Regatta and Children's Sports

from the committee

At the beginning of March we held our AGM. As you're aware, over the past few years, Lynn Bartlett has been endeavouring to step down as Chair and become a back bencher! Mark Pope has now agreed to take on the role of Chair and to ensure a smooth handover, Lynn and Mark will share the post for the coming year.

The President, Vice Presidents and current committee members all stand as of last year and we were pleased to welcome Jamie and Tom as new committee members. We acknowledged and recorded the commitment Tony Bartlett had made to the organisation since joining the Committee in 1976. A past chairman, his input, knowledge and energy will be much missed especially over Regatta weekend.

Advance notice is given of the Scarecrow Competition to be held at the end of July. The theme this year will be Heroes and Heroines, to be interpreted as you wish. Entry forms will be available nearer the time.

On the morning of Monday, 27 May we will be choosing our Royalty for 2024-2025 on the Old Coal Wharf and hopefully the weather will be kind. There will be a Barbecue and we are pleased to announce that Higher Beings will be with us again encouraging all to try out their circus skills.

On Saturday, 1 June we welcome back Company B to entertain us on the Old Coal Wharf. They were very popular when they played as part of our celebrations for the late Queen's Platinum Jubilee celebrations. They are a 7-piece jump jive band who have built a reputation as one of the most entertaining acts in the South West. We will not be selling tickets but will have collecting buckets out. Please do come and join us.



POLRUAN THEATRE CLUB

www.polruantheatreclub.co.uk

If anyone would like to be considered for performing in future pantomimes, please contact Tony Cottrell (tonypolrun@aol.com).

Thank you.

'FUNDAY ON A SUNDAY!'

FAMILY PICNIC & GAMES AFTERNOON



WITH WATER SLIDE!!

BRING YOUR FAMILY AND A PICNIC

FOR SOME FUN & GAMES ON

SUNDAY 2nd JUNE

@ THE SCHOOL SPORTS FIELD FROM 1PM - 3PM

- remember your picnic, suncream, towel & change of clothes for water slide! -





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We only charge for the postage so please contact us to have the Parish News sent by post on publication for a year.

Please contact Graham Tyson, The Old Barn, Polscoe, Lostwithiel, PL22 0HS providing your full name and address and that of the recipient.

For new subscribers our rates are: £15 (UK) / £30 (Europe) / £35 (overseas) Please make cheques payable to "Lanteglos by Fowey PCC"

Readers are kindly requested to mention the Parish News when responding to our advertisers.

It helps the advertisers to know that their advertising is effective.

It also helps The Parish News which relies on our advertisers' continued support.

Babes and the Hoods

from Kevin Francis

Those who were looking forward to Tony Cottrell's new pantomime were not disappointed. A clever script was enthusiastically handled by a well-rehearsed and directed cast.

The Babes are two orphans in the care of Nanny Nora while their guardian, King Richard, is abroad. His scheming brother, the Sheriff of Nottingham, plans to 'bump them off' so that he can inherit their money. Standing in his way is his ward, Maid Marian, who has become besotted with the outlaw, Robin Hood. He, together with his band of men - and women live in Sherwood Forest. The Wild Women are led by Granny Hood who, contrary to popular legend, escaped being eaten by the wolf.

The Characters

Fairy Glynda – an ethereal part enchantingly played by Tessa Skola

Sheriff of Nottingham – a scary Jonathan Rashleigh made a convincing villain

Maid Marian – cheerfully and warmly portrayed by Ellie Sainsbury

Swipe and Snitch, Men at Arms – played respectively by Mark Pope and Thomas Bawden showed a nice comic touch. Their

energetic rendition of 'Positive Thinking' was slick and entertaining

Robin Hood – was well portrayed by a dashing Jamie Wilcock.

Tilly and Lilly — Tegan and Hallie Wilcock were very confident as the 'Orphans' and combined delightfully for 'Wherever you go'.

Robin Hood's Men, Little John, Friar Tuck and Will Scarlett plus Not Much - played by Phil Carrigan, Mike Parlett, Henry Rowe and a self-possessed (very) young Ron Wilcock – were well matched by the Wild Women, the Nottingham Riding Hoods, played by an increasingly assured Evie Toms with Maureen Parlett and Pam Brunsdon.

Granny Hood – played with aplomb by Elaine Hayne

King Richard – a welcome return to Polruan panto by Richard Sainsbury with a subtle acknowledgement to Sean Connery in the same role.

Bella Alexander kindly came over every evening from Fowey to ensure that the make up was of the highest standard resulting in the whole ensemble looking the part in their colourful costumes.

The sets were well designed, colourful and well-painted by members of the Polruan Art Group.

The lighting was effectively handled by Ross Winhall and the combined talents of Lorraine Forsdick and Phil

Carrigan ensured that the songs were well accompanied and delivered.

Both Stage Management and Front of House teams were as efficient as usual, making sure everything went smoothly.

Thanks to Tony Cottrell for a thoroughly entertaining community evening.



Nanny Nora – Andrew Kelly has made the role of Polruan pantomime dame his own. The classroom scene was very clever and precisely delivered, well supported by the 'orphans' and 'Cissie' and 'Delilah' the other 'pupils'

Wanda, the Witch of the Wood – suited the dramatic talents of Sue Sainsbury perfectly

MEMBERSHIP:

Polruan residents, local residents and visitors are all welcome!

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Comwall shown by C Fylm community film clubs



BOOKINGS:

by phone on 01726 870505 or through the website: www.polruanfilmclub.co.uk or email: bookings@polruanfilmclub.co.uk

Your first film is included in your membership fee. After that you just need a ticket for each screening you want to attend. Occasionally due to non-availability we may have to substitute a film at the last minute. Doors open 6:30pm. Films start at 7pm

APRIL'S FILM....

On SATURDAY 27th APRIL at 7pm we are showing a great feel good film PHANTOM OF THE OPEN

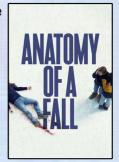
A heartwarming comedy where the underdog triumphs, based on a true story about Maurice Flitcroft, a novice golfer who entered the 1976 British Open Golf Championship despite being a complete novice. Starring Mark Rylance & Sally Hawkins The film has a PG 12 classification.



MAY'S FILM IS

On SATURDAY 25th MAY at 7pm we are showing a dramatic thriller ANATOMY OF A FALL

This is a courtroom thriller about a writer suspected of murdering her husband and their partially sighted son who faces a moral dilemma as the main witness. The film has won numerous awards since its release in August 2023. It has a 15 classification.



FILMS PLANNED FOR JUNE AND JULY ARE ELVIS THE MOVIE AND THE MIRACLE CLUB

MEMBERSHIP RENEWALS If your membership has expired you can renew this online choosing that option from the drop-down box. This will include the ticket for your first film in this new membership year.

TICKETS: ANNUAL MEMBERSHIP INCUDING ENTRANCE TO FIRST FILM: Adults £6 - Youth (12-15) £3
SUBSEQUENT FILM TICKET PRICES: ADULTS: £4 YOUTH (12-15): £2
There is no membership fee for children under 12 but a £1 ticket charge per suitable film



Polruan Sports and Social Club

from Graham Palmer

It's been encouraging to see that, despite some very wet afternoons and evenings, Short Mat Bowls and Table Tennis continues to bring people together to enjoy these great social events. It's been good to see some new faces, including some who have never played before coming back week after week.

Just as a reminder Short Mat Bowls meets every Monday with afternoon and evening sessions, and Table Tennis meets Thursday evenings, both at the village Hall. No experience needed and both activities are attended by people of mixed of abilities. All equipment is provided and you will receive a warm welcome by those attending. So, why not give it a go or come along to watch, all you need to do is turn up?

Some reminders of those \pmb{Health} $\pmb{Benefits}$:

- Improved hand-eye coordination and concentration
- Mental alertness
- Reflexes and balance
- Leg, arm, and core strength
- Provides aerobic fitness
- Lowers the risk of heart disease and strokes
- Even helps to prevents cognitive decline and dementia

We look forward to seeing you on the following dates:



Short Mat Bowls

Mondays 1500 - 1700 and 1900 - 2100: 1st, 8th, 15th, 22th and 29th April 2024 6th, 13th, 20th and 27th May 2024

Table Tennis

Thursdays 1830 - 2030 4th, 11th, 18th and 25th April 2024 2nd, 9th, 16th and 30th May 2024

For membership or to get more information please contact Graham Palmer 07979 610187 or email us at polruanssc@outlook.com



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2024 MARKET DATES

March 31"	August 11th	
May 5th	August 18th	
May 26th	August 25th	
July 7th	September 1st	
July 14th	September 8th	
July 21"	September 15th	
July 28th	September 22nd	
August 4th	September 29th	

THE OLD COAL WHARF (POLRUAN)



Fowey River Lions

Marie Curie Collections

We were out collecting to help Marie Curie on a wet and windy start to the weekend, in Fowey, in early March. Thank you to all who generously gave to this worthwhile cause. The money donated and collected on those two days will be match funded by a business donor.



Bingo Night - Coming Soon in Fowey

Wednesday, 17 April, eyes down 7.30 at Haveners, Town Quay, Fowey. Our grateful thanks to Lee at Haveners for his support. If you have not booked already, please book in advance on 01726 834591.

Easter Eggs

Thank you to all who supported our popular Easter Egg appeal. The draw will have taken place over the Easter holiday, and we hope those successful will enjoy their chocolatey treat. The money raised will go

to Lions charities, locally, nationally and internationally.

Donations

Lions is all about helping others, whether in need, through no fault of their own, due to environmental or political consequences or to promote future benefits to individuals, communities or charities. We hold several fund-raising events during the year to support these causes and are grateful for the community support. This month we have approved several projects or individuals to receive some funding. We are pleased to announce that we have made donations to the following:

Activity Alliance: a small charity helping disabled athletes reach their potential. Their vision is "that disabled people are active in sporting and physical activities so they can achieve their full potential." They arrange Regional and National Games for young athletes, this year to be held in Coventry in early July. We are pleased to support this charity.

Lions of Finland: an international appeal to build and provide wood burning stoves to the people of Ukraine. Custom made stoves have been designed by Fins and are being manufactured in Finland. Lions clubs internationally have been asked to support this appeal and we are pleased to be able to contribute.

Two local people in our Fowey River Lions catchment area appealed for our support. Both were raising some of the funds themselves and the Lions were able to add to their appeals. It is always heart warming to us when we receive a response like this one

- "Thank you, from the bottom of my heart. I don't know what to say, just happiness in abundance to you all! ". We wish both these people well as they go forward.

Ukraine Appeal

Another consignment will have been transported to Poland at the end of March. We will update you on further trips in due course.

Community Help Needed

Are you interested in helping your community and happy to get 'stuck in' with fundraising and volunteering activities? You have seen what Fowey River Lions do: fundraising, helping the community by making donations and supporting other groups. We are looking for new members. Without your support the club may have to close and with it all the local activities and grants provided by the Club will be lost to the community. If you are interested come and see what we do. Please join us on Monday, 8 April at 8pm, upstairs in the Ship Inn, Polmear, Par and find out more about what we do and how you can help. Alternatively, please contact us (see as below) for further information. We cover Fowey and Polruan and all the villages on both sides of the River Fowey up to and including Lostwithiel. Our area includes all of Tywardreath and Par on the Fowey and Tywardreath side of the main railway line at Par. We look forward to welcoming you.

> www.lions105sw.org.uk/foweyriver email: foweyriverlions@gmail.com

facebook: foweyriverlions tel: 0345 833 7484

To Advertisers and Contributors

from the Editor

We are very grateful for all the fantastic contributions received at The Parish News. We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the $14^{\rm th}$ of the month preceding publication, otherwise the content will remain unchanged.



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An Amateur Gardener's Heartfelt Prayer

by Mavis Cocks

May the good Lord keep cats from my patch. Shoo them away to other places to dig and scratch.

May slugs and snails give me a rest, then I'll no longer see them as pests.

May sun and rain be kind to my seeds, then I'll raise hardy plants and not weeds.

May my puny efforts be crowned with success.

then I'll thankfully sit back and rest.

And if I smugly start to bore friends, well then may they stop me with a fervent amen.

© Mavis Cocks First published LPN April 2005

News from Nigeria from Kathryn Hill

At the beginning of March life seemed safer in Nigeria according to Kathleen & Daniel (see their letter on page 13) and from the information I learnt at the monthly Former Missionaries Zoom Prayer meeting I attended, but sadly since then there have been 3 mass kidnapping events in northern Nigeria involving both primary and secondary school children. A few escaped but at least 287 children are still being held and CNN reports that on 12 March the gunmen who captured them contacted a resident of Kuriga village (from where the most of the children had been captured) and said they would all be killed if a ransom of 1 billion Naira was not paid within 3 weeks of their capture on 7 March.

One of the youngsters who managed to escape told BBC reporters that when they stopped to drink at a river he managed to hide in a pile of dry grass and then slither away on his stomach until he was far enough away to not be seen when he ran until he reached a village where he got help.



This spate of kidnapping school children comes nearly 10 years after the kidnapping of more than 250 schoolgirls from Chibok in Borno State by Boko Haram. Some of those girls have been rescued but many are still missing. It is also five and a half years since Leah Sharibu was held by Boko Haram as a 'slave for life' when her Muslim schoolmates were released because she refused to renounce Christ and become a Muslim. Leah will turn 20 in May.







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Please ensure that any rubbish for collection is put out early Monday morning and not before



It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

> Please do not feed the gulls



Unfortunately, we are closing down after the Easter holiday, due to lack of interest. Our last session will be on Wednesday, 27 March.

We shall be holding a toy sale in April (date to be confirmed) and a Family Funday at the Polruan WI Hall on Sunday, 26 May between 12 and 2pm both in aid of Cornwall Air Ambulance.

Thank you for your support.



Polruan Quay public toilet facilities refurbishment project survey

The Quay public toilets are in need of refurbishment which gives an opportunity to include some changes, and expand its use, using the same footprint. The following questions will help gather ideas from the village to form a plan, better understand the costs, and try to obtain funding through various grants. Your feedback is valuable to us.

Hand your completed copies to The Russell or Winkle Picker. If you would prefer you can access the survey online through the Polruan Town Trust website www.polruantowntrust.org.

Thank you on behalf of the Polruan Town Trust

Survey

How often do you use public toilets?

- Rarely
- Occasionally
- Frequently
- Always

Do you think the inclusion of unisex toilets is important for public facilities?

- Yes
- No

How likely are you to use storage facilities for paddle boards and canoes if space could be found?

- Very Likely
- Likely
- Neutral
- Unlikely
- Very Unlikely

How important would shower facilities be?

- Very Important
- Important
- Neutral
- Not Important
- Not Important at all

How important are baby changing facilities at a public facility?

- Very Important
- Important
- Neutral
- Not Important
- Not Important at all

What improvements would you like to see in the public toilets?

Write your text here or continue on a separate sheet



POLRUAN STORE



The small shop with the big range.

Orders for dairy products, fruit and vegetables and meat from Kittow's Butchers are now being taken.

Please direct any enquiries via our email address or phone the store.

We are open 08.00 - 17.00 Monday to Saturday, 08.00 - 11.30 Sunday.

Tel: 01726 870477 office@polruanstore.co.uk
Find us on Instagram at polruanstorecornwall
Polruan Store, 14 Fore Street, Polruan, Cornwall, PL23 1PQ

Thank you for supporting local businesses

Highland Fling

from Janet Downs

Two years ago, just after Putin's invasion of Ukraine, I set about a big bike ride from Bristol to Moffat to raise funds for Ukrainian refugees. Many of you very generously supported me both in sponsorship and in encouraging messages. I think we all hoped that the world might be a better place by now. Instead, we have many more people displaced by war, forced to leave their homes and in desperate need of help. The most heartbreaking to me are the children who have lost everything and everyone in their lives.

So yes, you've guessed it, I'm planning another ride. This one is for the children, refugee children wherever they are in the world. Whichever way you look at it children are the future. Look at your own with all your love and hopes invested in them. Now imagine them with nothing and no-one.

This time I plan to continue north from Moffat in Scotland and aim for Durness, the most northerly village on the UK mainland, starting at the beginning of May. It's a big, beautiful country and much wilder than the parts I cycled through before. It feels like quite a challenge but if not now, when?

I'm very much aware that everyone is feeling the pinch at the moment and you may not feel able to spare anything to help me in sponsorship. However, if you can help the link to my fund-raising page is here www.justgiving.com/page/janet-downeshighlandfling

and any amount will help, no matter how small. All that I raise will be channelled through Choose Love who work throughout the world to provide whatever is most needed to support refugees and displaced people.



Janet's 46 year old bike for delivering The Parish News and charity fund raising bike rides

I shall be posting updates along the way on my Instagram page. You don't have to have your own page to view mine, just Google Instagram janetdownesjewellery and it will take you there. Last time I found the messages of support that I received on the way cheered me along no end, particularly when things were challenging; it was wonderful to feel that I had people by my side despite doing the ride solo.

PS. It's the same bike – 46 years old now! You may see me out on it delivering the Parish News



Janet on her bike in 1979

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The first Saturday of every month, 10am-12.30pm (1pm in summer), at Whitecross Village Hall

Saturdays: 6th April, 4th May, 1st June

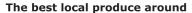
Market news

Atlantic Brewery and Distillery are coming to Whitecross from April, with their 100% organic range of ales, spirits and liqueurs. Many of their ingredients – including Fuggles hops for the beers and botanicals for the spirits – are grown in their own organic smallholding on the north coast. You can check out their full range and their unusual story here: atlanticbrewery.co.uk and atlanticdistillery.co.uk

Stand-in pasty cooks: we're still looking for an occasional hand in the kitchen, so please speak to one of the team if you'd like to help out at your friendly local market.

Veg is back: winter's coming to an end, and our friends Rory and Milo at Earthbound Farm, St Veep, promise that their fabulous vegetables will be back on their stall very soon.

And Jacks is back: with her beautiful pottery, handmade in Lostwithiel.



Here's what you'll usually find at Whitecross Market, though it varies month to month...

- Sustainable fish and shellfish from the Looe day boats
- Local lamb from Great Kellow Farm near Polperro
- Ukranian titbits and delicacies created in Lerryn
- Rare-breed pork and goat meat, plus jams and preserves, from Coppergon Farm near Tywardreath
- Dexter beef from the herd grazing the cliffs on Pencarrow Head
- Homemade cakes and bakes from Bodinnick
- Probably the best chilli jam in Cornwall, from Dirt Farm near Perranporth
- Natural, barrel-aged ciders made in St Veep
- Fresh cheeses, delicious and different, made in Wadebridge
- Ethical coffee roasted by hand in small batches in Liskeard
- Seasonal flowers and beautiful bouquets grown near Lerryn
- A huge range of raw wild flower honey from hives near Liskeard
- Top quality seasonal veg and herbs from Earthbound Farm at St Veep
- Hand-turned bowls and willow weaving from Cornwall Woodland Crafts
- Local farm milk, butter, double and clotted cream (in returnable glass bottles and jars) from the Green Cow Dairy and you can sign up for their milk round
- Handmade bread, rolls, quiches, pies etc from the deli in Lostwithiel
- · Rare-breed bacon and gammon from Dartmoor, plus wild venison
- Manor Farm Orchard apple juice in big returnable glass bottles
- Handmade aromatherapy skincare and soaps from Bodinnick
- Cards for all occasions, made by Lorraine in Polruan
- Artworks by Robin from Penpoll
- You can buy **hot drinks** and **Looe ice creams** from our **Brew with a View** hut and meet up with friends in the Jubilee Shelter where you'll find some of the regular stalls and a jolly atmosphere.

And don't forget:

- Liddicoats pasties (steak or cheese & onion) are cooked in the hall kitchen on market day by
 Kim and Joan. If you're worried about missing them, you can text your pasty order to Kim on
 07402 234386.
- Community buses come to the market from Fowey and Polruan.
- Please bring cash, as not all stallholders take cards.

Follow the market on Facebook and Instagram – thanks to Charlotte for doing all our social media. Email: whitecrosslocalmarket@gmail.com

Tel: Liz on 07900 668604



Richard and Aileen frying their irresistible bacon in the Jubilee Shelter



grown near Lerrun



Jacks' handmade pottery from

News from Frogmore Farm

from Gill Palmer

I could describe Frogmore news this month in a very few words. Rain, rain, rain. Wet, wet, wet. Mud, mud, mud. Oh, and a couple of severe storms to make life even more difficult. But you don't really want to read that because you have suffered the same weather patterns as us!

I know farmers are famous for moaning about the weather, but it has been a very hard Winter.

Going out into the cold, wet weather and struggling against the wind every day (and some nights too) is very tiring. Everyone will be glad when Spring finally arrives. Our only hope at the moment is the old saying — 'If March comes in like a lion it will go out like a lamb'. As you read this you will know if it's true.

Of course, whatever the weather, farm life goes on. Lorna and Sophie had a very busy January and February with all the sheep lambing. Very long hours in the lambing shed made worse by a very distressing virus called Schmallenberg. It is brought into this country by midges blown across the channel from the continent. They bite animals which then become infected. This virus only shows when their offspring are born. In the case of lambs, they are very weak and can have shortened limbs or other distressing symptoms and die very soon after birth. It is very upsetting for everyone. The only positive thing about this is once the ewe has been infected, she will be immune for the rest of her life. Not all sheep were infected thank goodness. Some ewes had triplets. In one pen five mums had fifteen babies. They would all pile in a heap to sleep and one mother would watch over them.



Most of the cows have given birth now. Lots of naughty little brown calves race around the sheds with their tails in the air. It is such a joy to watch them and we can waste a great deal of time just leaning on the gate watching their games. Each baby has to have a passport with a unique number which will stay with it for life. Ben has to register the calf with its date of birth and the parents' details. Each baby has to have two big yellow ear tags printed with Frogmore's herd number and the calf's number. Wherever the calf goes, its history can always be traced back to the



farm. This can be used to trace animals in TB outbreaks and so on. Sometimes the Mums get very cross and protective when the tags are being put in the ears. Simon and Ben have to be very careful. One calf who we call the 'Troublemaker' has only got one tag so far. As she was having her first tag applied, she made such a noise that her mother raced to the rescue. Simon and Ben had to make a hasty exit. They still haven't managed to put the second tag in. It will be done in the next TB test in April.



Although the fields are so wet some dung has been spread and fertiliser applied to the Winter corn, but as I write this it hasn't been possible to do any ploughing so the seed corn for the Spring tilling remains in the shed.







Following the success of local author Tim Bagshaw's This Sacred Land: The Return of the Prince, the first in the Chronicle of the Dewnan series, his highly anticipated sequel, This Sacred Land: Fight for Freedom is welcome

news for fans of historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.

Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. This Sacred Land, Parts 1 and 2 combine myth and reality in this must-read series.

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: www.twitter.com/@bagshaw_tim and www.facebook.com/dewnanchronicle



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.

Lanteglos-by-Fowey Parish Council Report April 2024

from Rob Rooney, Chair Lanteglos-by-Fowey Parish Council

A developer 'riding roughshod over the planning process,' who has given Polruan neighbours nearly three years of sleepless nights, has dominated the last two meetings of Lanteglos-by-Fowey Parish Council.

Ocean View residents were present at the February meeting, as they were the previous month, to give their views and hear Parish Councillors wrestle with the problems associated with the development of 9 Ocean View.

The demolition and rebuild project, approved in July 2021 despite the reservations of Lanteglos-by-Fowey Parish Council, claimed neighbouring land to enhance the size of the plot in the plans. It's been built forward and to the side of what was approved and neighbours' privacy stood to be significantly compromised. Parish Councillors have been on-site, talking to the owner and agents, with neighbours and also with the Planning Department at Cornwall Council.

At our February meeting, there was a strong feeling that the integrity of the local plan was at stake with the remaining issues on this development. Our submission to the planning department at Cornwall Council said that, since the application had been approved,

the developer has 'made a significant breach to Planning Rules . . . so riding roughshod over the planning process . . . ' We asked that Planning Committee Councillors make the final decision rather than, as is usual, the Officers

Happily, with continued representations from Polruan Councillors and Ocean View neighbours, a compromise has been reached which all parties recognise is the best attainable in the circumstances. It is to be hoped that the dust can now settle and Ocean View residents can relax their guard a little.

Potholes, and in particular the stretch near Frogmore Farm between Polruan and Bodinnick, exercised Parish Councillors in January. We resolved to invite the British Motorcycle Federation and the Motorcycle Action Group to inspect the road. If it makes it onto their list of dangerous roads, it makes it easier to make a claim if there is an accident. Needless to say, the Parish Council is unhappy with Cornwall Council's response to our representations on this issue.

Please have a look at the Parish Council's Housing Manifesto on the website. It is an evolving policy and in January we decided to add something about the burning issue of second homes. We want Cornwall Council to draw up a register of second homes in order to better regulate.

The budget for 2024/25 was approved in January. Members reluctantly agreed to a 5% increase, bringing the planned Parish Council spending to £49,850. Most of this goes on maintaining the public toilets in Polruan and Frogmore.

A big change taking place during April is wheelie-bin rubbish collection and fortnightly, rather than weekly collections. If a seagull-proof sack suits your property better, you can contact Cornwall Council on its website.

I had to perform a sad duty on 22 February representing the Parish Council at the funeral of local Cornwall Councillor, Edwina Hannaford. I sensed a genuine sadness among councillors as we gathered for our February meeting. St Martin's in Looe was packed for the service and speakers, including her husband and niece, paid fitting tributes.

www.lanteglosbyfowey.org.uk clerk@lanteglosbyfowey.org.uk

Lanteglos-by-Fowey Planning matters

(for full details see Parish Council minutes)

Planning applications

PA24/00516, Land N of Frogmore Farm Lanteglos — erection of new agricultural barn for Livestock purposes. Members made no comment.

PA23/10054, 9 Ocean View – Members had been re-consulted under the 5-day Protocol by Cornwall Council Planning Department..

Members response to Cornwall Council was that the application be determined by the Cornwall Council Planning Committee. This was on the basis that the applicant had made a significant breach to planning rules by building the property out of the agreed plan so 'riding rough shod over the planning process' with disregard to the Cornwall Local Plan and Lanteglos-by-Fowey NDP and wasting the time of Cornwall Councillors, the Planning Department, the Parish Council and resulting in the detriment of the neighbours' amenity.

The response to Cornwall Council included recommendations to make the application more compliant and ameliorate the loss of amenity to neighbouring properties and to reduce the impact on the surrounding area. The response also noted that this did not resolve all design matters.

The response further requested conditions to be placed on any approval to protect further loss of amenity to neighbouring properties and impact on the area and requested a full landscaping plan.

If all the recommendations and conditions proposed in the response to Cornwall Council were met, then Members agreed they would be satisfied that appropriate alterations and protections would be adequate and would withdraw their request to take the application to Cornwall Council's Planning Committee.

Other Planning Matters

Section 106 Funding – Cllr Adams spoke of the history of the Section 106 money he believes had been allocated to the Parish. Members felt the only way forward is to arrange a meeting between Nick Marsden, CC Affordable Housing Manager and the Working Group.

CC Call for Sites – Cornwall Council are seeking information on potential sites suitable for a broad range of uses. For further consideration.

- Housing (which could include market-led housing, affordable housing, supported living, residential institution, student accommodation, community-led, selfbuild plots, or other types of specialist housing) and Gypsy and Traveller pitches
- Employment
- Commercial (including offices, retail, leisure, hotel and mixed commercial uses)
- Community
- Energy generation
- Nutrient neutrality mitigation land
- Biodiversity Net Gain

Planning Applications Approved by Cornwall Council

PA23/09784, The Old Sunday School, School Lane Polruan – demolition of garage and addition of additional storey to dwelling.

PA23/09315, Old Ferry Inn Old Road Bodinnick – retrospective application for fencing and decking North of The Old Ferry Inn.

Planning Applications Refused by Cornwall Council

PA23/09086, Coombeland Highway Fowey – extension and retrofit of existing cottage plus enlargement of garage.

PA23/09586, Sailaway 9 Hockens Lane Polruan – demolition and replacement 2-storey front extension, single storey rear extension and Juliet balcony to first floor bedroom.

> www.lanteglosbyfowey.org.uk clerk@lanteglosbyfowey.org.uk

Lanteglos-by-Fowey Parish Council

Parish Meeting

Tuesday, 16 April 2024 at 6.30pm Women's Institute Hall

All Welcome

Gillian Thompson (Mrs), Parish Clerk Lanteglos by Fowey Parish Council

Email: clerk@lanteglosbyfowey.org.uk

Town Trust Report

from Brian Cook, Chairman

Tenders have been received for the annual concession for managing the car parking at St Saviours. Dan Hicks is continuing as concessionaire. Having invited tenders for grass cutting and The Quay and Coal Wharf cleaning, we have appointed contractors for both for the new season. We have also sent out invoices for the hire of the Trust's garages and frapes. While we currently are not aware of vacancies, we don't have long waiting lists for either the garages or the frapes.

In recent weeks we have investigated and dealt with water ingress in the Surgery, repaired guttering and roofing to the linney on the Quay and roofing to the linney on



the Coal Wharf. Improvements have also been made to the Coal Wharf lighting. The redecoration of the Reading Room has been mainly completed and the pictures are being rehung. There are a few further works to the Reading Room, but it is now back in use.

One of our responsibilities is the building on the Quay that houses the public toilets. This is leased by us to the Parish Council and the maintenance and cleaning of the facility is subsidised by the Trust. The toilets are in need of refurbishment and this may give us the opportunity of making changes and expanding the building's functions. We are looking for your ideas for additional uses for the building within its existing plan and will then be preparing a scheme and seeking grant funding. We have included a questionnaire in this magazine which may be handed in to the Winkle Picker or the Russell Inn. Alternatively, you could visit the Town Trust website to complete online www. polruantowntrust.org.

Lanreath Parish Council

Summary of draft Minutes

Meeting 16 January

Attendance by 4 of 8 Councillors. Chairman — Cllr Peter Seaman, Clerk Mrs R Warren. County Councillor Colin Martin in attendance. Large number of members of the public.

An email report from PCSO Cocks was read out

Planning application *PA23/09189* (*Stonerush Lakes*) was considered, after members of the public had addressed the meeting regarding their concerns and objections. Councillors approved their consultee comment objecting to the application on a number of grounds. The application was subsequently withdrawn.

County Cllr Martin gave a report of his activities in the previous 12 months.

Matters arising were considered including, amongst others, the continuing lack of progress regarding planning enforcement and unauthorised building in the Parish, replacement Post Box in the village, D-Day 80 commemoration events being planned, and confirmation of the Budget and Precept.

The meeting then considered correspondence from Cornwall Council and others. The Chairman reported on his attendance at an ad hoc meeting called by Menheniot Parish Council to discuss economic development for South East Cornwall.

The Clerk tasked with obtaining and publishing Notice of Vacancy for two Councillors.

Cllr Honeyman provided a thorough and detailed Asset Inspection Report.

After considering the Clerk's financial report, and year to date figures, the meeting went on to discuss Parish problems and any other business, and then the meeting concluded.



Meeting 20 February

Attendance by 7 Councillors. Chairman - Cllr Peter Seaman, Vice-Chairman Cllr Heard, Clerk – Mrs R Warren. County Cllr Martin absent.

The meeting considered matters arising including, amongst others, planning enforcement delays, archive documents, and document retention policy.

Planning application *PA23/09566 (extension of Churchtown Barn)* was considered, and not objected to.

After the meeting had considered correspondence, the Clerk confirmed that there had been no response to the Notice of Councillor Vacancy, save for one application received – to be considered at the March meeting.

The meeting went on to consider detailed Asset Inspection, Village Hall, Community Area Partnerships, and Climate Change Reports.

The Clerk submitted her financial report, and the meeting considered the Budget and Year to Date figures. Thereafter the meeting dealt with Parish problems, in particular complaints about water run off along a lane in the Parish, and any other business before concluding.

The next Lanreath Parish Council meeting to be held on *19 March 2024* at Lanreath Village Hall, 7.30pm.

www.lanreathparishcouncil.co.uk for full minutes, meeting agendas, and meeting dates.

	Useful number	rs
	Emergency - not life threatening	111
+	Fowey River Practice	01726 829272
	Boots Chemist, Fowey	01726 833332
	Polruan Village Store	01726 870477
	Winkle Picker Post Office and shop	01726 870134
COS.	Kitty's Koffiji	
	Jam First Coffee shop	07875 293364
Ħ	The Russell Inn	01726 870707
	The Lugger Inn	01726 870567
	Travel Cornwall Bus service	
Lollo	Polruan Community Bus	01726 870707
citizens advice	Citizen's Advice, St Austell	0344 411 1444
,,	Lanteglos by Fowey Parish Council	01726 884024
gov.uk	Rob Rooney, Chair of Parish Councillor	
·	County Councillor	
in the second	Trelawny Benefice Administrator	07399 563440
	The Foodbank, Liskeard and Looe	
,≟	The Trussell Trust	07512 011452
	Anyone needing any assistar Polruan Isolation page - this by the administrator who wil discretion.	will be seen

G	www.cornwall.gov.uk/reportit
9	Use this link to view a full list of things you can report online
A	www.cornwall.gov.uk/reportroad
(1)	Report a pothole, street works, electrical or highway problem
1	www.cornwall.gov.uk/missedcollection
	Report a missed waste collection
	www.cornwall.gov.uk/reportdog
S	Report dog fouling
	www.cornwall.gov.uk/reportvehicle
O	Report abandoned vehicle
0	www.cornwall.gov.uk/reportgraffiti
	Report graffiti
0	www.cornwall.gov.uk/flytipping
	Report flytipping
	www.cornwall.gov.uk/reportbreach
	Report breach of planning control
0	www.cornwall.gov.uk/reportchange
	Report a change of circumstance



Fowey Harbour Heritage Society

Was formed in 2012 to promote the heritage of the Fowey area and to encourage more people to enjoy its rich history.

As well as our Autumn and Winter programme of talks and events, we make grants to heritage projects and work with other organisations to promote the heritage of the area. We also publish the Barquentine containing interesting articles about the history of our locality

This is our final talk for this season. We have very much enjoyed welcoming members and non-members to our series of talks and hope they have been enjoyable to all who attended. We look forward to welcoming you again for our new season beginning in September. Thank you for your support.

Saturday 13 April 2024

Fowey Town Hall

Captain Lars Berg and the timber trade

between Norway and Cornwall

A talk by Julie Tomlinson

The chance finding of an 1859 newspaper report of the inquest into the suicide of a Norwegian ship's captain, Lars Berg, at Restronguet near Mylor, sparked the interest



of the speaker. A fascinating maritime tale unfolded that demonstrated the significance of the Norwegian timber and ice trades with Britain during the 19th century.

Julie lives in Cornwall where she works as an NHS Consultant Nurse and an independent historical researcher.

Bookings can be made at

Ticket Tailor

buytickets.at/foweyharbourheritagesociety

Secretary: Kath Pearce kathpearce@gmail.com www.foweyhabourheritage.org.uk

'Physical' events commence at 2pm unless otherwise stated Physical Talks (including tea and coffee): Members £5; Non-members £8

> 'Zoom' events commence at 2pm Zoom Talks (per screen) Members £3; Non-members £6

> FHHS Membership £15 (£25 for 2 adults at same address)

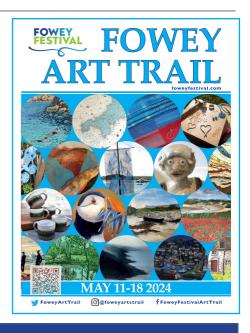
If meetings are not possible talks will be held online free to paid up members of the society

Whitecross and District Garden Club

Annual Garden Sale

Saturday, 18th May 10 - 12pmWHITECROSS VILLAGE HALL **PL23 1NF**

Meet up with friends buy your perennials, vegetables, annuals, house plants, garden bric-a-brac Enjoy a cup of tea or coffee and a slice of cake





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Online Festival Box Office Now OPEN

www.foweyfestival.com



The box office is now open for our 26th Festival which runs from 10 to 18 May. Highlights this year include an opening night with highly acclaimed The Overtones. Events with Jenny Éclair, Lemn Sissay OBE, Louis de Bernières, Bryony Gordon, Robert Hardman, John O'Farrell and many more. There are a host of events to enjoy throughout the nine days, including: music, comedy, film, du Maurier reading groups, workshops, guided walks and, back by popular demand, the Festival Art Trail and Secret Gardens. For the first time, we are hosting LBC's Iain Dale and former Home Secretary, Jacquie Smith's renowned podcast For the Many Live. Along with their guest Johnny Mercer MP, this will be an hilarious evening of politics as you have never heard it before.

Friends Membership

If you are not a Friend of the Festival now is the time to join to get full benefit of the membership. For details visit the Festival website www.foweyfestival.com/friends. Not only will you receive the membership benefits, but you will also be helping to support the Festival, for which we are extremely grateful.

Volunteer Festival Makers

If you would like to be part of the wonderful team of volunteers that helps the Festival to run smoothly, please do get in touch. We are currently looking for:

Stewards: Our volunteer stewards help at each of the events throughout the duration of the Festival between 10 and 18 May. Each steward generally works with two to three other volunteers at each event, preparing the venues ahead of the event, admitting the audiences, serving refreshments and preparing the venue again for the next event.

Please contact us at info@foweyfestival.com to express your interest.

Festival Art Trail - Saturday, 11 to 18 May 2024

The Fowey Festival Art Trail welcomes visitors and residents as inspiring artists and craftspeople open their homes and studios in Fowey. You will find more wonderful artists exhibiting and selling their work at the Royal

British Legion, Mission to Seafarers, Harbour Hotel and across the water in St. Johns' Church (accessed via the car ferry at Caffa Mill). Please join us for this once-a-year opportunity to visit our talented local artists.

Further details on: www.foweyfestival.com

Secret Gardens — Friday, 17 and Saturday, 18 May 2024

Discover some of the Fowey estuary's hidden gems - from gardens with spectacular views to secluded havens, walled gardens, hidden terraces and much more. Follow the trail to uncover a glorious mix of vibrant gardens with a diverse variety of planting.

Entry to the gardens is free, with donations to the Festival very welcome. See www. foweyfestival.com for details or pick up a map from the box office, shops and galleries around town, nearer the time.

Opera in the Garden...

This year for Secret Gardens, we are delighted to welcome Thomas Martyn, who will be performing 4 operatic interludes at Porphyry Hall Garden and Broadstairs garden in Fowey.

An impressive tenor and graduate of the Guildhall School of Music and Drama in London under the tutelage of Adrian Thompson, Thomas now performs at charity events around the country and has taken on a variety of roles in amateur theatre productions, such as Tom Collins in RENT, Val Jean in Les Miserables and Don Jose in

Thomas will be performing two twentyminute sets on both Friday and Saturday. No tickets are necessary, but access will be capacity controlled, on a first arrivals basis. Set timings:

Friday, 17 May Broadstairs 1.00-1.20pm

Porphyry

Hall Garden 4.00-4.20pm

Saturday,

Porphyry

18 May:

Hall Garden 1.00-1.20pm Broadstairs 4.00-4.20pm

Both gardens will be offering tea, coffee and cake throughout the day.

All donations & refreshment proceeds go to the Fowey Festival of Arts and Literature.



Gardens of Eden, proud sponsor of the Fowey Festival of Arts and Literature, Secret Gardens

For further details on all the above and to keep in touch with us:

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We are all learning to live with Covid and thanks to the brilliant work of the NHS and scientists we all feel much less threatened. However please bear in mind that there are still people who are vulnerable or who are still anxious of the relaxing of rules

Please be understanding and kind and where possible maintain social distance and wear masks if requested.

If you do need any help "Polly Pals" are still here to support you with your everyday needs such as shopping, picking up medicines, prescriptions, etc.



07813125989 Polruan Support Group

POLRUAN



A very big thank you to Kat and the team at 'Kitty's Koffiji who have taken over the Foodbank collection point in the village.

Please contact Norman and Angie on 01726 870747 regarding any cash donations

Many thanks to those who continue to contribute so generously during this time of great need for many families.

Please contact the Foodbank if you would benefit from their services or know of someone else who might need to:

> liskeardlooe.foodbank.org.uk liskeard.foodbank@gmail.com

> > Tel: 07512 011452





Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website <u>www.friendsofthefowey.org.uk</u> or follow our Facebook Group.

Rockpool Ramble

Readymoney

Friday, 12 April between 1 and 3pm

Meet: Readymoney Beach SX117512;

Car Park PL23 1DG

Children must be accompanied by an adult;

sensible shoes

Guided Walk

'The Sanctuary' Eco Retreat, Golant

Sunday, 12 May at 2pm

Meet: Downs Hill, Golant SX117512;

Limited parking on site, or park Golant Quay;

sensible shoes

Talk and Demonstration Monitoring water quality using citizen science

Wednesday, 22 May at 7.30pm Lerryn Memorial Hall

Events are open to all unless otherwise stated, and you are welcome to bring your friends and family along.

Events are FREE to members and £2.50 to non members unless otherwise stated

Field trips — please bring appropriate footwear, clothing, waterproofs, a packed lunch or money for lunch.

Children under the age of 18 must be accompanied by an adult.



Higher Windmill Allotments

from Brian Cook

We are always blaming the weather for our gardening problems, but this time we have a pretty good excuse for not getting a lot done on our allotment patches. It doesn't seem that we have had any dry weather since before Christmas. Today, as I write this . . . yes, it's hammering with rain!

Notwithstanding this, the Allotment Society has remained active. Our mechanical tools . . . the mower, strimmer and rotavator are all serviced and ready to go for the new season. We've also had an evening meeting, had the grass cut and arranged a working party day for the end of March. Plans are also afoot for social events this season.

At this time of the year, we don't expect to get much produce off the allotment . . . perhaps some purple sprouting broccoli and the last of the parsnips and leeks.

On the odd dry day between the storms, we have started clearing our plots and preparing the ground for the new season. We're all looking forward to being able to start sowing. We've bought our seeds and just need to press the starter button! Already there are optimistic signs of good things to come . . . rhubarb is putting up new growth and fruit bushes are budding.

Having an allotment is a great way to access valuable garden space, providing healthy produce of known providence and is also good outdoor exercise. If you are interested in joining the Society by having an allotment, your first point of contact is our chairman, Graham Palmer, or any committee member. All our plots are currently allocated but we expect there will be a few vacancies soon and we are opening a waiting list.

Whitecross and district Gardening club

from Angela Flynn

Whitecross and District Gardening Club wish you fair weather and a productive gardening season.

We are coming to the end of our season of talks but still have several events of interest to come. On Thursday, 18 April at 7.30pm we have the postponed talk on Dahlias to be given by Louise Danks. Louise works for the RHS and is also a National Collection Holder for Dahlias. She undertook the mammoth task of moving her collection to a site at the Kehelland Trust. We are intending to arrange a visit to the collection in the late summer.

On Saturday, 18 May between 10 and 12pm we will be holding our Annual Plant Sale (please note this is in the morning not the afternoon as in previous years). We would be grateful for any plant donations for the sale from members or anyone who would like to donate. Please bring them to the hall on Friday evening or leave them with members of the committee beforehand. This is a chance to buy some perennial and other plants including vegetable plants for your garden. It is also a chance to meet members of the gardening club and find out about becoming a member yourself.

On the same day St John's, Bodinnick are holding an Art Exhibition - why not make a day of it and visit us both. Who knows the pub might be open for lunch too!

All our meetings are held in Whitecross Village Hall. We have speakers on a variety of topics to interest fellow gardeners. Tea, coffee and biscuits follow each talk and a small raffle is held at every meeting, so its a friendly place to meet up with fellow gardeners (or learner gardeners) in your area and add to your knowledge at the same time.

We also organise group outings to various gardens during the summer months, sharing cars. This year we have arranged to visit Glendurgan, The Real Food Garden Company, near Wadebridge, about veg growing. We shall also visit Mount Edgcumbe and the Kehelland Trust Dahlia Collection (entry charges apply). If you would like to find out about the club on a friendly visit with no commitment, then please do get in touch (see below).

Finally, we will be holding our Summer Social again this year in July. Non-members who are interested in coming along to this bring and share event, with no obligation, watch this space for more details. You will be able to meet many club members in a social setting and decide if you would like to join us.

Annual Membership: £10, Guests: £3 (if you become a member this will be deducted from your subscription).

Do come along and bring a friend or neighbour (with notice we can also offer to arrange lifts)

For further details please contact Angela Flynn (07711 821429)





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Burns Night Supper and Ceilidh at Whitecross!

from Charlotte Kettle



Back in early December it seemed to me that a Burns supper and Ceilidh would be just the thing to look forward to in deepest, darkest January. There isn't much else going on and the joys of Christmas have well and truly passed by then. Luckily, I was enthusiastically supported in this venture by the rest of the Village Hall Committee and, in particular, by the extremely capable Shanie Herbert from Pont. When I asked her about the feasibility of providing a full supper for 80 or so people, she said, "Of course, that's not a problem!" So, a band from Plymouth was booked, a licence and drinks ordered and 16 benches collected, décor devised and assembled by an incredibly creative team led by Josie Misick and Julia Bird and, of course, lots of Liddicoat's haggises and other ingredients bought for the supper. Thanks must also go to Steve Herbert and Martin Kettle for their sterling support behind the scenes in helping us prepare for the big night and to Kim Carcas in her role as treasurer.

The 27 January arrived soon enough and despite the wind and the cold, our guests arrived in their finery. Buzz Heard from Pelyne Farm looked impressively Scottish in his black kilt and grandfather's Tam o' Shanter. However, there was stiff competition from Trethake – with Roy Downes wearing the best (and remarkably red haired) wig and I think everyone would agree that Peter Rogers in his tartan trousers and Prince Charlie jacket was probably the smartest 'Scotsman!'

Armed with a drink from the bar which was stoically manned the whole night long in the chilly Jubilee shelter by Andy Simmons, James Kettle and Tally Alexander, our guests made their way through to the hall where supper was served. A huge thank you to Shanie and the amazing team, including my sister Portia,

her friend, Signe down from London, and Jess White from Court Barton farm, who helped to prepare 33 kilograms of neeps and tatties then cooked and served up the delicious supper. The haggis was given a traditional welcome via video link by an old friend of Liz Luck's from Scotland who gave the most rousing rendition of Robert Burn's Address to a Haggis I've ever heard! Thanks to Daniel Petkoff from Trethake for organising and manning the projector.

As soon as supper was finished the tables and benches were swept aside to make room for the dancing. The caller did a great job of guiding a somewhat noisy crowd through the Dashing White Sergeant, the Gay Gordons, Strip the Willow and many more. It was a bit chaotic to begin with but as the evening wore on, everyone began to get the hang of it and by the end were dancing like professionals!

In all it took us four days of set up and take down, but it was absolutely worth it to see the sheer joy on everyone's faces as they were dancing and to share in the wonderfully warm community spirit of Lanteglos!

And we raised about £500 towards the Village Hall, which serves us all!





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from Eric Lockeyear

Two lives saved per day, on average, for 200 years! That is the proud boast of the RNLI, as it celebrates this memorable year in its history, while the local Fowey station celebrates its 165th birthday.

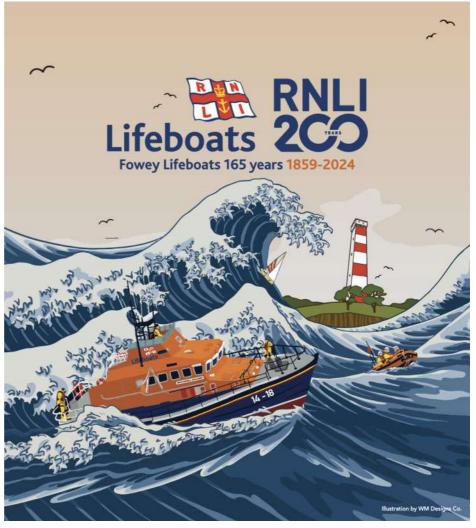
Routine shouts continue. On the afternoon of Friday, 5 January, a single-handed sailor was mooring his yacht on the pontoon next to the lifeboat pontoon, when he tripped and fell onto the yacht's gunwale. He was discovered lying on the pontoon in extreme pain about 10 minutes later by a member of the lifeboat crew and a work mate. The crew member ran to the lifeboat station to collect a first aid kit and the Fowey Harbourmaster's office was advised. In view of the cold weather, the casualty was moved to the boathouse and first aid was administered while waiting for the ambulance. As they and the Coastguard crew were about to administer pain relief and oxygen, the ambulance arrived, confirmed the casualty had two broken ribs and delivered him to Derriford Hospital.

On Sunday, 28 January, both Fowey lifeboats were on regular training exercises when they were diverted to their first shout of 2024, following reports of three people in the water, including one person injured, at Spit Beach, near Par Docks. They were requested to attend and assist. When the lifeboats arrived the shore-based Coastguard team was on scene and the casualties were safely ashore and being attended to. The lifeboats remained on standby until stood down by the Coastguard

A Service of Thanksgiving to mark 200 years of the RNLI was held in Westminster Abbey on Monday, 4 March. Since its founding in 1824, the charity's lifeboat crews and lifeguards have saved over 146,000 lives. The service marked this major milestone, with a congregation made up of representatives from RNLI lifesaving communities around the UK and Ireland, including representatives from Fowey.

Since its founding, RNLI volunteer crews have launched their lifeboats 380,328 times, saving 144,277 lives, while its lifeguards – who became part of the RNLI's lifesaving service in 2001 – have responded to 303,030 incidents on some of the UK's busiest beaches, saving 2,000 lives. Thus, in total, 146,277 lives have been saved by the RNLI.

These two centuries have seen vast developments in the lifeboats and kit used by the charity's lifesavers – from the early oarpowered vessels to today's technology-packed boats, which are now built in-house by the charity; and from the rudimentary cork life



jackets of the 1850s to the full protective kit worn by each crew member today.

While much has changed in 200 years, two things have remained the same: the charity's dependence on volunteers, who give their time and commitment to save others; and the voluntary contributions from the public, which have funded the service for the past two centuries.

The total number of lives saved by lifeboats and lifeguards in Cornwall, since 1824 is 7,271. Meanwhile, in the southwest, there have been 55,912 lifeboat launches, saving 14,967 lives.

Fowey RNLI Station will be holding an exhibition in Fowey Town Hall between 1 and 4 August to celebrate the history of Fowey lifeboats. The Fowey History Group is interviewing local people about their memories of Fowey lifeboats and would like to see old photos and artefacts. If you have anything to share, please contact Cathy Baillie at cathy_baillie@rnli.org.uk or Jane Staniland at staniland2123@btinternet.com.

Visitors to the exhibition will be able to see a model of the local All-weather lifeboat, the Maurice and Joyce Hardy, which has taken local resident Luke Grace 18 months to build.

The real All-weather lifeboat is now back on station in Fowey after servicing and repairs

in Falmouth. She is open to the public again on Wednesdays and Saturdays, subject to weather conditions and operational issues. The Fowey RNLI shop is also open for the season. As well as the usual selection of gifts and souvenirs, in stock is a new range of items specially to celebrate the RNLI's 200th Anniversary. Pop in and take a look before they sell out!

And here's another date for your diaries. Don't forget the annual RNLI Pig Roast, on Polruan Coal Wharf on Saturday, 24 August.

The RNLI is the charity that saves lives at sea.

POLRUAN RNLI PIG ROAST



24 AUGUST 2023 on THE OLD COAL WHARF POLRUAN



Polruan Coastguard

from Des Libby, Coastguard Rescue Officer (CRO)

Following on from the last issue when the role of Deputy Station Officer (DSO) was advertised within the team, I'm pleased to announce that Rachel Toms was successful in her application to take on this role. Rachel has been in the team for five years and has previously qualified as a Rope Rescue Technician and to take charge at an incident (Incident Command - IC). In her new role Rachel would take on the duties of the Station Officer (SO) in his absence, which would include her leading by example and demonstrating a high standard of commitment and competence, ensuring the rest of the team abide by the Code of Conduct. She would also be expected to supervise the safety of the members of the Coastguard Rescue Team (CRT) during training and Search and Rescue Operations (SAR). In addition, she will need to ensure the care and maintenance of equipment; monitor the state of the Station (reporting any defects) and to liaise with the full time Senior Coastal Operations Officers (SCOO) if needed. I'm confident with the support of the whole team she will do a great job, well done Rachel.

The Bomb Squad

I'm sure everyone was aware of the drama going on in Plymouth with the discovery of a World War 2 bomb in somebody's back garden, which caused a great deal of inconvenience to all the locals living in the area and huge media interest. But did you know that a team from the station were tasked to Plymouth to assist with the evacuation of people from the area? This team led by Jamie,



Steve, Matt H, James and Wes, hereafter known as the 'Bomb Squad' had an early start on 22 February with a rendezvous (RV) at Home Park for 0700. Working with other Coastguard Units, the Police, Fire Brigade, Dartmoor Search and Rescue and local Council Officers they were tasked in extremely wet conditions to go door to door advising and helping people to evacuate the area for their own safety in preparation for the removal of the bomb. Some of the team also returned on 23 February to assist with setting up cordons along the route used by the Explosive Ordnance Disposal (EOD) to transport the bomb.

From Station Record

14 January, 1447: Team tasked to assist South West Ambulance Service (SWAS) with extraction of casualty from Lerryn Woods with suspected broken leg; working with Looe Coastguard Rescue Team (CRT) and SWAS the casualty was carried by stretcher back to Lerryn and the awaiting Ambulance.

18 January, 1214: Team tasked to Readymoney Cove, Fowey after shouts for help were heard coming from a person in the water; casualty self extracted but was given medical check and warmed with help from local cafe.

22 *February, 0545:* Team tasked to Plymouth as above

23 February, 0730: Team tasked to Plymouth as above

Remember if you see anybody in difficulty along the coastline call 999 and ask for the Coastguard



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