



December 2024 / January 2025

The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Rectory Ramblings

from Rev'd Richard

In a Christmas Carol, by Charles Dickens, the central character, Ebenezer Scrooge, was a miserable, mean, miserly old businessman who is shown his past, present and future. He eventually repents and starts to give generously. Dickens captures the transformation in his character. He went to church and walked about the streets . . . and found that everything could yield him pleasure. He had never dreamed that any walk – that anything – could give him so much happiness. The change of heart and mind means not only turning away from bad things but turning to God and good.

On Christmas Day we celebrate the central event in the history of the earth, "the very thing the whole story has been about" (C S Lewis). We celebrate the birth of Jesus. It is a day of great joy and celebration around the world. And yet in the midst of all the trappings and celebration of Christmas, it can be easy to miss why Jesus' birth was so significant. The key to Christmas lies, not in the details of the shepherds' visit or the wise men's journey, but in the identity of the one of whom they came to worship. In Jesus, God became flesh and made his dwelling among us, John 1 v14. Christmas is about Jesus! Scripture tells us that the baby Jesus is also the Lord of Lords and King of Kings. Through the humility and self-sacrifice of the man Jesus we can be changed just like Scrooge.

Jesus puts aside the glories of heaven for a humble stall. As the carol 'Hark! The Herald Angels Sing' puts it:

*Christ by highest heav'n adored,
Christ the everlasting Lord!
Late in time behold Him come,
Offspring of a Virgin's womb.*

*Veiled in flesh the Godhead see,
Hail the incarnate Deity,
Pleased as man with man to dwell,
Jesus our Emmanuel.*

*Hark! The herald angels sing
Glory to the new born King!*

The Rev
Trelawny Benefice

PS You can find me on Christmas Day leading the National Online Service for The Church of England. Just Google 'Church of England National Online Service Christmas Day'



Confirmation at St Wyllow: from left to right - Kathryn Hill, Doe Jackson, Shannon Williams, David Jones, Bishop Graham James, Chris Hope-Wynne, Rev Richard Allen, Theresa Justice, Norman Mallard, Mark Stacey.

From the Editor

There certainly seems to be a lot going on in the Parish on the run up to Christmas with Carol, Advent and Nativity services, talks, film screenings, parties, performances, grottos, markets and get-togethers — something to appeal to all. And . . . don't forget to have a go at a new craft or activity, there is plenty on offer throughout the Parish, to keep you busy as the nights draw in.

Along with our regular wonderful contributions we have received some additional interesting articles, one about a local sail maker and his contribution to the winning America's Cup team and the other, a poignant meandering sailing trip through the Inner Hebrides.

It's comforting to know that by the time this edition reaches you, rehearsals will have begun for the Polruan pantomime scheduled for the February half term – something to look forward to as we leave an unsettled 2024 and begin 2025 with renewed hope.

Wishing all our readers, contributors, advertisers and distributors a very Merry Christmas and a Happy New Year.

Suzanne

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Church Diary in the Benefice of Trelawny

**St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;
St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt**

What different styles of service will you find in the seven churches of Trelawny Benefice?

Everyone is welcome, and all our services and teaching are based on the Bible. There's usually tea, coffee and biscuits afterwards, with time to chat.

Please come along and discover what kind of service you like best.

Lansallos (St Ildierna): all services follow the ancient and beautiful words of the 1662 Book of Common Prayer, apart from a monthly contemporary service.

Lanreath (St Marnarch): evangelical services, with some led by the Lanreath Music Group (musical instruments and choir).

Pelynt (St Nun): traditional village church Holy Communion or Service of the Word, in contemporary language, together with a monthly contemporary service, sometimes outdoors.

Talland (St Tallanus): traditional village church Holy Communion or Holy Communion-by-extension services, in contemporary language.

Lanteglos-by-Fowey parish: has three churches:

Parish Church of St Wyllow: traditional services with organist and Lanteglos Choir. Holy Communion in contemporary language, and occasional Evensong with the 1662 Book of Common Prayer.

Polruan (St Saviour): friendly Café Church once a month, with round tables, prayers, singing, Bible readings and a chance to talk.

Bodinnick (St John): community services every other month, based around major Christian festivals and usually with wine and nibbles.

Outdoor services: held in the open air on village greens, farms and quaysides — they are family friendly and great fun. 'Church on the Quay' in Polruan runs on six weekends in late July and August. Other services dotted around the Benefice include Plough Sunday, Rogation, Harvest, Tractors, Pets, Equestrian and Lambing.

December 2024

Sunday 1st Advent

St Wyllow	11:00	Advent Carols
St Nun	11:00	Advent Carols at Methodist

St Marnarch	17:00	Advent Carols
St Ildierna	18:30	Evening Prayer

Sunday 8th Second of Advent

St Marnarch	09:30	Service of the Word
St Tallanus	09:45	Holy Communion with Polperro Methodist

St Nun	11:00	Holy Communion
St Wyllow	11:00	Morning Prayer
Frogmore Farm	15:00	Benefice Farm Nativity Service
St Ildierna	18:30	Evening Prayer

Saturday 21st

St Marnarch	19:30	Community Choir Concert
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Sunday 15th Third of Advent

St Marnarch	09:30	Service of the Word
St Wyllow	11:00	Holy Communion
St Nun	15:30	Carol Service at Methodist Church

St Ildierna	17:00	Christingle
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Monday 16th

St John	19:00	Carols on the Ferry
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Friday 20th

St Nun	18:00	Carols on the Green
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Saturday 21st

St John	18:00	Carol Service
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Sunday 22nd Fourth of Advent

St Nun	11:00	Crib Service
St Saviour	11:00	Carol Service
St Tallanus	16:00	Carol Service
St Marnarch	17:30	Carols on the Green
St Ildierna	18:30	Carol Service

Monday 23rd

St Saviour	18:00	Carols on the Coal Wharf
St Nun	16:00	Christingle

Tuesday 24th Christmas Eve

St Saviour	15:00	Nativity & Christingle
St Marnarch	16:30	Christingle
St Ildierna	18:30	Holy Communion
St Nun	20:00	Holy Communion
St Wyllow	23:00	Holy Communion

Wednesday 25th Christmas Day

St Marnarch	09:30	Family Communion
St Saviour	09:30	Morning Prayer
St Tallanus	11:00	Family Communion

Sunday 29th First of Christmas

St Marnarch	09:30	Service of the Word
Polperro Methodist	09:45	Holy Communion
St Tallanus	09:45	At Polperro Methodist
St Ildierna	09:45	At Polperro Methodist
St Nun	11:00	Holy Communion at Methodist Chapel

January 2025

Sunday 5th Epiphany

St Marnarch	09:30	Epiphany Service
St Wyllow	11:00	Holy Communion
St Nun	11:00	at Methodist Church
St Ildierna	18:30	Evening Prayer

Sunday 12th First after Epiphany

St Marnarch	09:30	Service of the Word
St Tallanus	09:45	Holy Communion at Polperro Methodist Church
St Wyllow	11:00	Morning Prayer and Covenant Service
St Nun	11:00	United Village Service
St Saviour	16:00	Sing a New Song (tbc)
St Ildierna	18:30	Holy Communion

Sunday 19th Second after Epiphany

St Marnarch	09:30	Service of the Word
St Wyllow	11:00	Holy Communion
St Nun	11:00	at Methodist Church
St Ildierna	18:30	Evening Prayer

Sunday 26th Third after Epiphany

St Marnarch	09:30	Holy Communion
St Saviour	11:00	Café Church
St Nun	11:00	Holy Communion with Pelynt Methodist
St Tallanus	12:30	At Sclerder Abbey
St Ildierna	18:30	Holy Communion

From the Registers

Baptism

15 September: Finn Joseph Smalley at St Wyllow, Lanteglos by Fowey

Wedding

13 July: Matthew David Chadwick to Rose Elizabeth Jane Bailey from Winchester at St Wyllow, Lanteglos by Fowey

Wedding Blessing

7 September: Adam and Elizabeth Nagaitis at St Wyllow, Lanteglos by Fowey

Funerals and Burials

3 October: Belinda Jayne Stackhouse of Bournemouth at St Nun, Pelynt

19 October: Hartley 'John' Pollard of Mixtow at St Wyllow, Lanteglos by Fowey

31 October: Nigel Wroath Jolliff of Polruan Service at St Saviour, Polruan followed by burial at St Wyllow, Lanteglos by Fowey

Thanksgiving

29 October: David McGill at St Wyllow, Lanteglos by Fowey

Glyn Valley Crematorium Funerals

11 October: Harvey Jackson of Polruan

11 October: Frederick James Reed of Polruan

25 October: Edna Donnison of St Austell, formerly of the Parish of Lanteglos by Fowey

Interment of Ashes

22 September: Oliver John Gatfield of Hertfordshire Memorial service and interment of ashes at St Wyllow, Lanteglos by Fowey

22 September: Julie Hender at St Wyllow, Lanteglos by Fowey

28 September: Ruby Daisy Bainbridge of Bristol at St Tallanus, Talland

Parish Diary

All dates and times are correct at the time of going to press — please check notices for changes

December

Sunday, 1st Advent Carols at St Wyllow, Lanteglos by Fowey, 11am (see page 3)

Sunday, 1st Christmas Afternoon Tea at the WI Hall, Polruan, between 2 and 4pm (see page 6)

Sunday, 1st Advent Carols at St Ildierna, Lansallos, 5pm (see page 3)

Monday, 2nd Don't forget to get your Polly Food Hamper requests in (see page 19)

Thursday, 5th Don't forget to have your place booked on the Coffee, Cake and Catch-up Christmas lunch and party (see page 15)

Saturday, 7th Whitecross Local Produce Market at Whitecross Village Hall, between 10am and 12.30pm (see page 18)

Sunday, 8th Nativity Service at Frogmore Farm, 3pm (see pages 2 and 19)

Monday, 9th Crafty Roosters at Polruan WI, between 10 and 12 noon (see page 12)

Tuesday, 10th Coffee, Cake and Catch-up Christmas Lunch and Party at Polruan Village Hall with carols sung by the children of Polruan Academy, 12 noon — pre-booking essential before 5th December (see page 15)

Wednesday, 11th WI Christmas Party, bring a plate of food, Polruan WI, 7pm (see page 6)

Thursday, 12th Polruan Academy Christmas performance at Polruan Village Hall, 1.30pm (see page 13)

Thursday, 12th Christmas Social Evening at Whitecross Village Hall, 7.30pm (see page 24)

Friday, 13th St Austell Choral Society's Advent Concert, Mount Charles Methodist Church, St Austell, 7.30pm (see page 7)

Saturday, 14th Last Post for the Christmas Parish Post (see page 13)

Saturday, 14th Polruan Film Club present 'The Holiday' at Polruan Village Hall, 6pm (see page 16)

Saturday, 14th Fowey River Lions Christmas Grotto at Safe Harbour Hotel between 1 and 3pm (see page 14)

Saturday, 14th Regatta Committee Children's Christmas party (see page 11)

Sunday, 15th Christingle at St Ildierna, Lansallos, 4pm (see pages 4 and 5)

Tuesday, 17th Polruan Academy Sing Carols around the tree on the Coal Wharf, 2pm (see page 13)

Wednesday, 18th Art Group at Polruan WI, between 2 and 4pm (see page 15)

Thursday, 19th Lerryn Film Club present 'West Side Story' (2021 version) at Lerryn Memorial Hall, 7pm (see page 13)

Thursday, 19th Polruan Academy's Christmas Service at St Saviour, 9am (see page 13)

Sunday, 22nd Carol Service at St Ildierna, Lansallos, 6.30pm (see pages 4 and 5)

Tuesday, 24th Polruan 'Crib and Christingle' in St Saviour Church, Polruan, 2.30pm (see page 3)

January

Saturday, 4th Whitecross Local Produce Market at Whitecross Village Hall, between 10am and 12.30pm (see page 18)

Sunday, 5th Regatta Committee Theatre Royal trip (see page 11)

Saturday, 11th Daphne du Maurier's Cornwall, a talk by Lynn Goold at Polruan Village Hall, 2pm (see page 25)

Monday, 13th Crafty Roosters at Polruan WI, between 10am and 12 noon (see page 12)

Monday, 13th Launch of The du Maurier Fowey Literary Festival Competition for Young Writers and Artists (see page 25)

Tuesday, 14th Coffee Cake and Catch-up at Polruan Village Hall, 10am (see page 15)

Wednesday, 15th Art Group at Polruan WI between 2 and 4pm (see page 15)

Thursday, 16th Water Voles, A talk by David Carter, Kernow Conservation, at Mission to Seafarers, 7.30pm (see page 24)

Thursday, 16th Gardening for Bees and Butterflies a talk by Jonathan Webster, Curator RHS Rosemoor, at Whitecross Village Hall, 7.30pm (see page 24)

Thursday, 23rd Lerryn Film Club present 'One Life' at Lerryn Memorial Hall, 7pm (see page 13)

Saturday, 25th Polruan Film Club present 'Eye in the Sky' at Polruan Village Hall, 7pm (see page 16)

Tuesday, 28th Coffee Cake and Catch-up Lunch at Polruan Village Hall, 11am (see page 15)

Thursday, 30th Crafty Roosters at Polruan WI, between 2 and 4pm (see page 12)

February

Saturday, 1st Whitecross Local Produce Market at Whitecross Village Hall between 10am and 12.30pm

18th, 20th — 22nd Polruan Theatre Club present 'Puss in Boots' at Polruan Village Hall (see pages 12 and 28)

The perfect family event for Christmas Eve afternoon

Polruan 'Crib & Christingle'

in St Saviour Church



At **2.30 pm** come along and enjoy making your own Christingle, relax while enjoying seasonal music and refreshments and, if you would like to, choose a costume for our "pop-up" Crib Service

3.00 pm is the start of the Crib and Christingle service when we will celebrate the retelling of the Nativity Story through drama, songs, and lighting of the Christingles.



Advent Carols



Sunday 1st December 2024

11am at Lanteglos by Fowey Church:
a service of song and readings with the Lanteglos Choir

5pm at Lanreath Parish Church:
a candlelight service of song and readings

www.trelawnybenefice.com

The Churches of the Benefice of Trelawny

Rector Rev Richard Allen 01503 220847

Benefice

Administrator Pippa Morrell-Davies 07399 563440

Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

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Book-keeper Shanie Herbert 07816 316178

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Lansallos — St. Ildierna

Churchwardens Margaret Phillips 07493 310816

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Pelynt — St. Nun

Treasurer Rosemary Lee 01503 220169

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Churchwardens Gill Sanders 01503 220827

Peter Hooper 01503 220229

Treasurer Peter Bartram 01503 220490

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Talland — St. Tallunus

Churchwarden David Bailey 01503 262890

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The PARISH NEWS
for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

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The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

News from Lansallos

from John Feesey, Lansallos PCC

Lansallos History

An historian, Jenny Wallis, and an artist, Gabby Schooling, have recently collaborated on a fascinating study at St. Ildierna's Church, Lansallos, and here is the report on their findings.

Think Like a Tudor

Historians say that one of the most difficult things about research is the act of absorbing oneself into the world of the past. Studying the unique C16th oak bench ends led to an in-depth history of the 'Elizabethan' lady on the tomb slab, Margery Buttoxhead, 1558-1579.

After hours of trawling the internet by Parish Clerks and reworking the medieval bench end characters, Gabby and Jenny were able to share their results with visitors to their exhibition who contributed new ideas and fresh view points to the project. Some visitors discovered more images on the bench carvings, long forgotten and unseen — small portraits riding on top of others, entwined into Renaissance pattern work. Some portraits are grotesque, but all are beautifully carved, describing powerfully the naturalistic and unique Cornish characters. These portraits tell of local facial features and fashion observed 500 years ago.

Lansallos was once on the highway to Falmouth. Foreign travellers would have passed the church, now only accessed down wiggly lanes. But churches were community hubs, trading centres and focus for worship. Any portraits carved on bench ends or into slate would have been seen by a wider community.

Margery's slab portrait became doubly curious when a facsimile was noted in Duloe Church to Ann Coffyn Smith (1530 - 1592). Margery's maiden name was Smith. The youngest of five children, historical records claim her mother was 63 when she was born! Her brother John had married Ann Coffyn, a widow with Royal connections. Margery's father, Robert Smyth of Tregunnick, (north of Downton) was leader of the Prayer Book Rebellion, 1549, with Arundell and Anne's father Richard Coffyn. They were Catholics fighting the new religion imposed by Tudor monarchs. With Cornish seats of learning demolished there was no one to record the horror of the time.

Margery Smith's husband was Philip Budackshide — another Royal cousin. She was only 12 when she married if the records are correct. Philip was 'lost at sea' the same year but there is no record of him in the family records of 14 generations at St Budeux in Plymouth, his family seat. The slate records that he was fighting in the French wars under the flag of Conde when he was last seen. Is this his memorial too? He was last of his line. Margery is wearing a widow's veil and carrying a play book. She was 22 when she died. Philip's nephew was the first Governor of Maine.

The Smiths held property in St Germans, St Minver, Blisland, Duloe and Newton which used to be in Lansallos. It is now the site of Sclerder Abbey, the Catholic Retreat. Was there a connection? Robert Smith was a wanted man, hounded by anti-Catholic laws. He went to live in Blisland on the moor. Ann lived at Lanwarnick, Duloe. Their homes are



now B&Bs, holiday homes, hotels and Grade II listed.

The dendrochronology report on a sample of bench ends in the church dates the felling of the wood in the first half of the 16th century. 'Stylistically' the images are recorded as 14th century. The Reformation occurred in the early 16th century. The bench ends must have been carved either during or after the reformation. Were they replacements for other carvings that may have been destroyed for their content of Catholic scenes and symbolism? Were the carvers 'playing safe' in the hope that their work would not be destroyed? The portraits were literally hidden in the shadows of the Renaissance pattern.

Visitors from Talland who are conducting their own research arrived with generous armfuls of work that they have done for Lansallos church. The generosity of people's time and efforts, including the church wardens and leaders, is second to none at St. Ildierna's. Research has been shared about the slate memorial of Margery Smith with one of the Talland researchers. In Easter 2025 there will be a further exhibition, tying together more of the leads that have been found, of which there are many and whose detail extends much further than this brief write up! If you have any of your own research about the church that could add to this work or are interested in getting involved in the project, please get in touch through this publication or email johnfeesey@gmail.com.

Future Events at Lansallos

Our Christingle will take place at 4pm on Sunday, 15 December. This candle-lit service will be fun for children (of all ages!!) with a gift of a special Christingle (an orange with sweets) and a lovely lead-in to the Christmas festivities, so do come and join us.

The Carol Service at 6.30pm on **Sunday, 22 December**, will include the traditional Lessons and Carols, and followed by mince pies and mulled wine, so it's an event not to be missed.

On **Christmas Eve** there will be a family-friendly service of Holy Communion at 6.30pm — the perfect way to begin the celebration of the birth of our Saviour.

Nadelik looan na blethen noweth!

(Merry Christmas and a Happy New Year)

Christmas at Lansallos

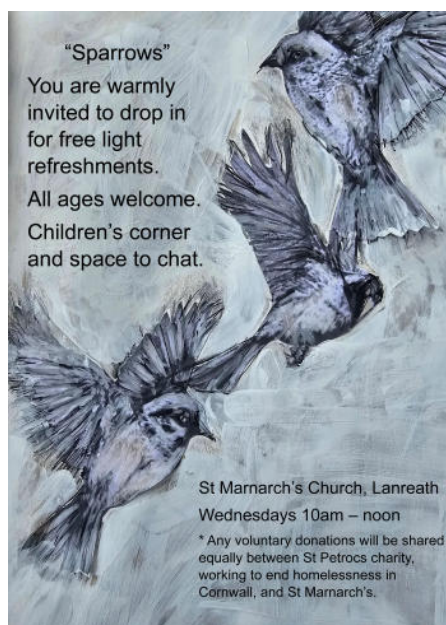


Christingle service

4pm on Sunday, 15th December

Carol Service

6.30pm on Sunday, 22nd December



St John's, Bodinnick from Rev'd Richard



St John's, Bodinnick hosted a highly successful Art Exhibition over 5 days at the end of October. A number of local artists exhibited their work in a variety of mediums. Over 40 people gathered at the launch evening. The church was able to benefit from a percentage of each sale. There were lots of visitors over the half term period with the church looking resplendent. The church acts as a regular all year round gallery with a number of specific exhibitions

throughout the year. The Parish of Lanteglos by Fowey is indebted to the Friends of St John's, Bodinnick who do outstanding work in maintaining the church and contributing to the Diocesan MMF Fund.



Trelawny Benefice Christmas Services

Saturday 21st

6pm St John, Bodinnick Carol Service

7.30pm Lanreath Christmas Concert at St Marnarchs

Sunday 22nd - 4th of Advent

11am St Nun, Pelynt Crib Service

11am St Saviour Carol Service

3pm St Tallanus, Talland Carol Service

5.30pm St Marnarchs, Lanreath 'Carols on the Green'

6.30pm St Ildierna, Lansallos Carol Service

Monday 23rd

4pm St Nun, Pelynt Christingle Service

6pm Carols on 'Old Coal Wharf'

Tuesday 24th - Christmas Eve

3pm St Saviour, Polruan Nativity & Christingle Service

4.30pm St Marnarchs, Lanreath Christingle Service

6.30pm St Ildierna, Lansallos Holy Communion Service

8pm St Nun, Pelynt Holy Communion Service

11pm St Wyllow, Lanteglos by Fowey Midnight Holy Communion Service

Wednesday 25th - Christmas Day

9.30am St Marnarchs, Lanreath Family Communion Service

9.30am St Saviour, Polruan Morning Prayer

11am St Tallanus, Talland Family Communion Service

Sunday 29th - 1st Sunday of Christmas

9.30am St Marnarchs, Lanreath Service of the Word

9.45am Polperro Methodist Joint Holy Communion Service

11am St Nun, Pelynt at Methodist Chapel Holy Communion Service

Any queries please contact the Benefice office on 07399 563440

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Hall Hire

Should you wish to book the Hall for an activity, please contact our bookings clerk:

Kathryn Hill
01726 870953,

kathrynehill39@gmail.com,
who will be happy to help
with any queries.

The Hall costs £15 per session
(i.e. morning, afternoon, or evening)
which includes the use of all facilities
including free WiFi, the Audio Visual
System, comprehensively fitted kitchen
and heating and lighting.

Licensed for music, alcohol, films and
entertainment



The **WI Hall** in Fore Street, Polruan is
a light, airy space to use for meetings,
clubs, etc. with a kitchen and toilets.

The fee is £15 for a morning,
afternoon or evening session. This
includes WiFi plus heating and lighting.

To book please contact

Claire Mayne
07980 913934

wipolruan@gmail.com



**Get the festive
season started and
join us for a
Christmas afternoon
tea**

When: Sunday 1st December 2024

Where: Polruan WI Hall, Fore Street, Polruan PL23 1PH

Time: 2pm to 4pm



Lots of prizes to be won!

On display for you to view, Polruan WI's
award-winning
"Women, Cornwall and the Sea".



Afternoon Tea is free – donations welcome in
support of your local WI

News from Polruan Village Hall

from PVH Management Committee

We held our Annual General Meeting at the Hall on Friday, 4 October as planned, but despite the publicity and posters around the village, it was disappointing that so few attended.

A very important Agenda item for the AGM was the election of new Committee members to the positions of Chair and Secretary. These positions had been filled over the last year on a temporary basis and we were hoping that new applicants would step forward and take up the roles on a longer term. These positions must be filled if we are to maintain our essential status as a charity and, in the absence of any offers from longer term replacements, we are looking into how we can fill these roles again on a temporary basis.

On a more positive note, we heard at the AGM that the finances of the Village Hall continue to go well with our day to day expenditures being covered by our regular income. As such the Management Committee were pleased to advise the attendees that there will be no change to our hire rates for 2025.

Amongst other things, the balancing of our day to day expenditure and income has been achieved by the continued high level of usage of the Hall and we thank our hirers for their continued use of this essential facility. We are aware that the current heavy usage of the Hall is placing an additional burden on our cleaning activities, and we are taking steps to improve the overall cleanliness of the Hall for users. However, we would also appreciate the support of the users in clearing up and removing all rubbish and putting away equipment at the end of use.

Our treasurer continues to make successful applications for direct funding for essential improvements and other work on the Hall. These include replacement of the heating system which we reported on in our last news article, but potential suppliers would appear to be reluctant to get involved. We hope to be able to report on this in more detail shortly.

Donations also play a significant role in the finances of the Hall as well as other charities operating within the village. At the suggestion of several local residents, we have now fitted a Gift Aid box, with blank forms, in the Hall foyer. Donations made by tax paying individuals, supported by a gift aid form, allows us and the other charities to claim an additional 25% payment from HMRC. Sadly, the process does not apply to legacies left to charities in Wills.

Finally, a great and well attended Afternoon Tea was held on 27 October which helped to boost our regular income. Our thanks to the Committee members and volunteers for their support in planning and holding this event.

If you would like to hear more about the Village Hall operations and/or make a booking, then please contact Kathryn Hill at 01726 870953 or email to kathrynehill39@gmail.com.



Polruan WI

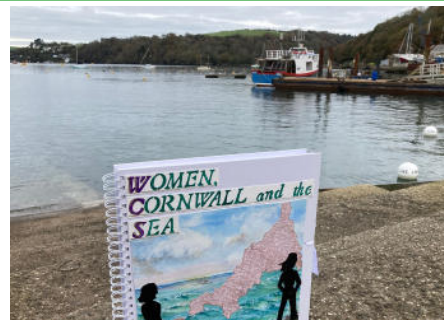
from Members of the Polruan WI The County Baker Cup Winners

Many interesting invitations arrive at Polruan WI and in October last year one arrived inviting us to enter the bi-annual Baker Cup competition. This is open to all Women's Institutes in Cornwall to study a subject in depth and to submit a presentation. The theme was "Women, Cornwall and the Sea".

Living where we do, the theme seemed tailor made for us. Five members researched topics before coordinating their findings. Starting with Jane Slade, the group looked at local women who owned or had shares in ships or sailed in them in the mid 19th Century; how Jane Slade and the sea inspired Daphne du Maurier's writing, especially her first novel, *The Loving Spirit* and concluded with how women now are inspired by the sea to become ship's Royal and Merchant Navy Captains, Lifeboat Crew and Coastguards. The final presentation was submitted in May and we were delighted to hear at the end of July that Polruan WI had won.

The judges commented: "*This project is stunning*" and we were presented with the trophy at the Hall for Cornwall on 23 October.

The presentation and cup will be on display for all to view on Sunday, 1 December at the Christmas tea in the WI Hall.



The Baker Cup was first presented in 1948. Although Polruan WI had not won it before they were inspired by the 1976 Baker Cup competition to compile a book *The Story of Our School* in 1978. The five women involved then were Joan Adams, Sue Buscombe, Phyllis Hill, Sybil Palmer and Isabel Pickering. All but Sue are sadly no longer with us but we think they would be proud to know we have won the Baker Cup.

Date for your diary:

Wednesday, 11 December 2024

Christmas Party, bring a plate of food.

Competition: A Floral Arrangement/
Decoration

Please look out for further details nearer the time. All are welcome to this event and to come along to our meetings (we meet on the second Wednesday of each month, except August). Please contact Karen Windsor, karenjwindsor@gmail.com.

Lansallos Church Harvest Festival

from John Feeseey

A congregation of some 38 people, including several local farmers, braved the stormy weather and flooded roads to attend the Lansallos Harvest Festival service on Sunday, 29 September, and enjoyed a delicious pasty supper and home-made cakes afterwards. The centrepiece of the service was a delightful Harvest Loaf, skilfully crafted and baked by Mrs Marjorie Crew of Tregamellyn Farm — and included the traditional harvest mouse! The Rector of Trelawny Benefice, the Reverend Richard Allen, gave a thoughtful address based on the reading from verses 6-9 of Chapter 3 of the First Letter of Paul to the Corinthians *"I planted, Apollos watered, but God gave the growth"*: as true now as then, as farmers will know.



St Austell Choral Society



'Ring Out, Wild Bells' – Words and Music for Advent

from Robin McCarthy

Come along to Mount Charles Methodist Church in St Austell for the St Austell Choral Society's Advent Concert on Friday, 13 December at 7.30pm. The programme will include a rich variety of music and readings for Advent (and Christmas) and will be followed by 'festive nibbles'.

Further details can be found on the website www.staustellchoralsociety.co.uk

Harvest Festival at St Wyllow

from Chris Hope-Wynne

Thank You to everyone who made this year's celebration a lovely event. An expertly constructed service with tuneful, timely Choral excellence, Harvest gifts of Mellow fruitfulness and bread. Beautifully arranged flowers all about our Beloved St Wyllow, A perfect Sermon of Worldly Wisdom and Human Wealth from our Much respected and well-loved Rev'd Richard. Harvest Thanksgiving in The Word Made Flesh Amongst Us. Thanks again to ALL who achieve perfection in our Loving Community.



Confirmation at St Wyllow

from Richard Hews

The first service of confirmation to be held at St Wyllow Church, Lanteglos in over 20 years, took place on 3 November on the Feast of All Saints. No less than five Parishioners, Doe Jackson, David Jones, Theresa Justice, Mark Stacey and Shannon Williams were confirmed by Bishop Graham James, formerly Bishop of St Germans and a true Cornishman born and bred.

Bishop Graham's sermon was both memorable and emotional in explaining the

origins of St Wyllow himself, reputedly an Irish hermit and then, leading on through the ages, he spoke eloquently about the meaning of confirmation.

The choir was warmly complemented on its singing of Peter Skellern's Gloria, The Lord Bless You And Keep You by John Rutter and, while candles were given to the newly confirmed, the choir also sang the Anthem I'll Not Turn Back by General John Gowans, Salvation Army.

This was indeed a very special service greatly appreciated by all who attended.



Photo from left to right - Kathryn Hill, Doe Jackson, Shannon Williams, David Jones, Bishop Graham James, Chris Hope-Wynne, Rev Richard Allen, Theresa Justice, Norman Mallard, Mark Stacey.



Who is this Child?
by Mavis Cocks

Who is this child that for two thousand and more
Mankind has worshipped, blessed and adored?
What made this babe, born in a stable, become so revered?
Weren't high-born princes similarly sought and feared?
Why did shepherd, kings and the Magi seek him out?
Led by the Star, proclaimed by Gabriel's trumpet shout!
Who is he? God's only begotten son
Humbly born of human flesh,
Ordained to live his life as mortal man.
His birth, we know, had been foretold
Many times by prophets of old,
His Father assuredly the great I AM.

First published December 2003
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 (from Fowey River Practice
 Facebook page)

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 2.00pm until 5.00pm

Tuesday - Fridays
 8.30am until 12.00 noon

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- wrappers and ring joiners from drinks
- freezer bags
- paper towel wraps
- bubble wrap
- thin fruit and veg bags
- LDPE
- see their website

POLRUAN KIDZ KLUB

A note to all parents/carers.

Our final Kidz Klub session this year was the 'Family Craft Event' on Friday 29th November.

Due to several sessions with low attendance recently we are having a review over the Christmas period, and will be asking for your input via a short survey in the New Year.

We want to make sure we are still meeting the needs of families and children, and find out if Kidz Klub is still relevant. All responses and suggestions would be gratefully received.

If you have recently moved to the village and would like more information about Kidz Klub please do not hesitate to contact us!

Finally we want to wish you all a very Happy Christmas!

Angie Mallard 07967 131525



DECEMBER/JANUARY Crossword

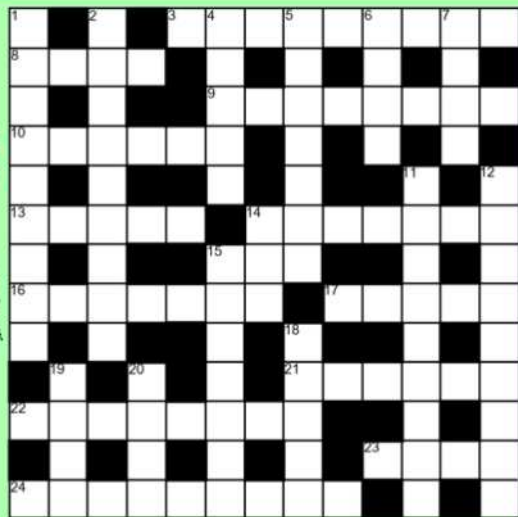


ACROSS

- 3 Elation (9)
- 8 So be it! (4)
- 9 Swarming (8)
- 10 Picturesque (6)
- 13 Peal (5)
- 14 Strain (7)
- 15 Fish eggs (3)
- 16 Tennis Player (7)
- 17 Expressive (5)
- 21 Woman's name (6)
- 22 Pending (8)
- 23 Italian volcano (4)
- 24 Merry occasion (9)

DOWN

- 1 Spices (9)
- 2 Be of service to (9)
- 4 Decree (5)
- 5 Umpire (7)
- 6 Avoid (4)
- 7 Require (4)
- 11 Private aircraft (9)
- 12 Large snakes (9)
- 14 Foot digit (3)
- 15 Adoration (7)
- 18 Grumbles (5)
- 19 Woodwind instrument (4)
- 20 Printing process colour (4)



MERRY CHRISTMAS

Compiled by John Thomlinson.

Little Harbour

from Lynn Bartlett

The Blamey shelves in the Reading Room have been refreshed and there is a wide selection of adult and childrens books to choose from. There are also jigsaws, including some with a Christmas scene. We will keep updating the shelves during the winter months. Our book sales begin again next Spring.

Thank you to Ellie and team who are supporting us again with sales of Christmas cards. There are packs of 10 of this year's designs at £4.00 in Jam First. They can be bought on the CHSW web page or by contacting me on 07977 440132 or email lbart49738@aol.com.

Thank you for your continued support; your donations are much appreciated, ensuring life limited children, their parents and siblings have the care, support and love they need.

Polruan Open Gardens 2025

from Sue Rowe



Polruan Open Gardens will be held next year on the afternoons of 14 and 15 June. We will be doing this through the National Garden Scheme Charity and will be covered under their public liability insurance. This was always a worry previously. The intention is to sell tickets at the Polruan Village Hall and possibly on The Quay for £6.00 to obtain a map to see all the gardens. There will also be afternoon teas run at the Village Hall on both afternoons with the proceeds going to whoever runs the teas for a charity of their choice. We have about 8 gardens interested already and if you would like to be included or wish to know a bit more, please do get in touch either by email sjsherwood2@gmail.com or phone 01726 870505.

Let's showcase what a wonderful village we have in Polruan!

Defibrillators in the Parish



Whitecross: Whitecross Village Hall

Polruan: Polruan Village Hall,
School Lane
Vevery car park
The Quay, Polruan
Fire Station, Greenbank

Bodinnick: The Old Ferry Inn

The defibrillators are very simple to use, with voice instructions given whenever it is activated.



The Christmas Robin
by Maura Kelley

The little bobbing Robin
Sat on my windowsill
And looked at me with sadness
As I lay in bed unwell

And as it flapped its little wings
To welcome Christmas Day
It hopped upon my table
To hear what I might say

'Hello my friend, good cheer to you
The snow has come at last

And much as I would like to play
My days of fun have past

For my leg it is now broken
Said the doctor with concern
So rest I must for many weeks
What a lesson to be learned'

Then Robin gave a wink to me
And flew around the room
And everywhere he went, he chirped
'Don't move, I'll be back soon'

Then in a moment he was gone
Through the window at great haste
And way beyond the curtain
He had picked up quite a pace

But in the distant echoes
The smell of embers burned
As Winter's chill descended
Robin suddenly returned

And in his beak were tiny twigs
Too small for me to see
But back and forth he came and went
To build a Christmas tree

And bit by bit it slowly grew
Taking shape where I did lay
As I looked on in fondness
At Robin's caring ways

And as a tear fell on my cheek
His present now emerged
With moss and fern to decorate
The sound of music could be heard

And with the ringing of the bells
A distant cry was made
As Robin flapped his wings once more
To start his big parade

For birds and animals countrywide
Stood in the snow below
To wish me a Merry Christmas
And good tidings on the go

The sparrows and the magpies
The pigeons and the crows
The foxes and the rabbits
Deers leaping high and low

The badgers and the drumming moles
The squirrels marching bold
As hawks kept watch across the ground
The mice hid from the cold

For Robin's friends had joined him
On this very special day
To put a smile upon my face
And blow the sorrows away

The gift of friendship they did make
In the garden of my home
Stirred up feelings of great happiness
That I was loved and not alone

And with this scene of wonderment
And Robin's endearing ways
A stocking full of magic
Arrived for me on Christmas Day



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Lanteglos Community Bus Timetable

	Dec	Jan	Fare
Whitecross Market	7 th	4 th	Donation
Par Market and St Austell	4 th , 18 th	15 th	£3.00
Trago and Bodmin	11 th	8 th	£3.00
	11 th	8 th	£4.00
Truro	-	22 nd	£4.50

All services are now on Wednesdays except for Whitecross Farmers' Market (the first Saturday of every month) and Trago and Bodmin (on Thursday 14 March). The services start from Furze Park at 0925 (1015 for Whitecross), then as requested at Well, Greenbank and Ferris Way. Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick.

£1 reduction for concessions to all fares.

To book, please call in at The Russell or telephone 01726 870707

(Please do not 'phone before 9 am)

Service subject to driver availability and, of course, Government Guidelines

LETTERS TO THE EDITOR

Suzanne Goddard
Springhill
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Polruan PL23 1PG
01726 870818

suzanne.goddard@me.com

or use the letterbox in the porch
of St Saviour Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.

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*The Parish News is
available online at:*

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*The official website of
Lanteglos by Fowey
Parish Council*



**Closing date for the
1 February 2025 issue is**

Tuesday, 14 January 2025

Please send all copy and letters to

Suzanne Goddard at
Springhill
Chapel Lane
Polruan PL23 1PG

suzanne.goddard@me.com
01726 870818

Or use the letterbox in the porch of
St Saviour's Church Polruan
no later than

Tuesday, 14 January 2025

*** Thank you ***

An alternative view

from Amy

The state of the fields in our parish, which distressed Gill Palmer in the previous edition, could be cause for optimism. We are so grateful to British family farms but common agricultural practices, once incentivised, are now coming to light as the driving force behind our nature crisis. Biodiversity loss has been particularly devastating in the UK: we rank 228th out of 240 countries on the Biodiversity Intactness Index. Half of our nature remains — well below the global average of 79% and even further below the safe limit of 90%. The 'so-called farmers', as Gill put it, who are finding more space on their land for nature to recover, might be on to something.

When it comes to the 'poisonous ragwort everywhere', there are many native species in Britain, just one of which is designated an 'injurious weed' via legislation so old it was probably written with a quill. It is only as poisonous as other wild flowers such as foxgloves and daffodils, and cows or horses instinctively know to avoid it in fields. The danger comes when ragwort is cut, dried and mixed in with hay, rendering it indistinguishable to animals. This inconvenience is no reason to persecute a plant providing food and shelter for countless insects, including the particularly beautiful black and red cinnabar moth which, in turn, helps us keep aphid numbers in check.

Gill was concerned that our beloved Barn Owls struggle to swoop down on their prey in 'long weeds', but thankfully they have a spectacularly long history of proving us wrong on this front. The oldest owl species in the world, barn owls, evolved 20-25 million years ago and had a hoot of a time long before we arrived on the scene, 300,000 years back. They adapted to sheltering in their titular barns 5,000 years ago but have suffered great declines in recent decades; their food chain impacted by agricultural chemicals, loss of hedgerows and intensively-grazed pasture (short grass).

Like Gill, I'm worried for the 'sixty million people on the African continent who are starving'. African peoples weren't starving before our colonialism destroyed their cultural and ecological integrity, and it is incumbent on us to do everything we can to support the revival of their sovereign food systems. Other pieces of the puzzle are crucial too, such as stopping one third of all the world's food from going to waste, as it does now. If we can rethink these interlinked issues, and other factors such as what's efficient to grow and eat, there is demonstrably enough farmland to feed us. Indeed, in a country that is 71% farmland, this could be the place where we produce food AND bring nature back from the brink.

The 'fields of green grass and healthy crops' we've become accustomed to often mean monocultures in which other members of an ecosystem have been killed by chemicals. With some scientists warning we have 60 harvests left until this approach has eradicated our very soil, is it not viable to keep our countryside in a state of suppression. If we can find ways to work with, not against, nature, we'll all flourish for it.

Christmas Wishes

from the Palmers

Chris and Gill Palmer will not be sending any Christmas cards this year but we would like to wish all our family, friends and neighbours a very Happy Christmas and a prosperous New Year. We will be sending a donation to the Children's Hospice as usual instead.

Seasons Greetings

from Lynne Wilson

I would like to send Happy Christmas and Prosperous New Year wishes to all those who know me.

Letter from Australia

from Mary Taylor

First of all, I would like to wish you and all the magazine readers a very Merry Christmas. Christmas isn't like it

used to be . . . When I was about 12 or 13 a friend and I used to hop on a bus with our hessian sacks and go to her uncles where we would pick out a live goose each and take it home where Gran and Mam would get it ready for Christmas lunch. We had all the trimmings, potatoes, turnips, brussels, the lot. Out here in Australia it's hot during the festive season, so people have prawns and cold lunch — not quite the same if you ask me.

Trish had her 60th Birthday party at the RSL Club, some dressed up and the little ones had a ball running around. Plum is just back from a few days with his eldest daughter. Liz and Kim are doing OK and shopping online for Christmas, with all the parcels coming here direct.

We heard that Jim's sister in Redcar died, so I sent flowers from us all, she was 96.

The Cootamundra show was very nice this year, the weather was good and I could see the firework display from my house. The Carnival in Polruan looked lovely — really colourful.

Unfortunately, I'm having a lot of trouble with my phone recently and it's costing me heaps to get it fixed.

Sorry, I made a mistake in my last letter, it was John and Trish's granddaughter, Stella who is nearly three and her sister, Lily one — I am getting forgetful in my old age!

Will close now, so Merry Christmas to one and all.



Letter from Nigeria

from Kathleen and Daniel

(21 September and 31 October)

We have had a very busy time recently finishing the 100 sponsors' photos and reports as Manasa had to return to Mubi yesterday; then we had some unexpected visitors on Thursday when three of the Leaders attending the African Pastors' Conference came for lunch and we had a lovely time talking to them. We are also busy preparing for Roop's visit, our Indian Friend, in October and for the Centenary of Vom Christian Hospital on Saturday, 16 November.

Following the floods in Maiduguri about three quarters of the town was flooded and while many escaped their homes to safety, they lost everything and their homes were left flooded and damaged. The flood water is now receding, but disease is spreading through the makeshift camps set up to shelter those affected. Please Pray that the money given by so many people will be used to rebuild houses and for food and equipment spoiled by the water. Another dam in Cameroon is being released slowly and this has affected places near Lake Chad and travels down one of the rivers through many States. Normally this is released yearly and doesn't cause much damage, not like the Alo dam that collapsed.

Since my last letter, our Indian friend, Roop, has arrived and Ella and Daniel picked him up from Jos airport. Ella had come for a few days as it was her mid term break and we had a lovely time with her. We have been busy getting meetings organised for Roop. On Saturday morning we went to a meeting of students in the Theological Education by Extension and in the afternoon we met with ladies married to Nigerians and Roop spoke and then we prayed for India. On Sunday, we went to Church at 7.30am for the Communion Service followed by the ordinary service which included the inauguration of the BB company, followed by a parade of the BB outside the Church. Roop spoke at the Service and a short message to the BB after the parade and then spoke to the Officers. It was 2.45pm before we got home and at 3pm, an Indian married to a Nigerian, came to visit. She was unable to attend the Saturday meeting and she and her husband had a long chat with Roop. There are meetings most days for Roop before we have the Centenary of Vom Christian Hospital on Saturday, 16 November.

Preparations are underway for the 16th and four people are coming from the UK including Stephen Carling, Director of Pioneers, who was born at Vom and worked as a missionary in Nigeria and Ghana. Maurice Dowsing, who has been a few times and was responsible for bore holes in the Vom area and Mark and Peter Hamilton, whose parents worked at Limankara, near Gwoza. We look forward to seeing them and catching up with their news. Mark and Peter are also going to visit Hillcrest School and KGU.

The sun is shining nicely and the temperature in the house is up to 25c. It looks as if the rains have stopped until around March next year. On Saturday most of the IDPs will harvest their farms.

We appreciate your prayers and also your emails.

May the Lord bless and encourage you.

Polruan Regatta and Children's Sports

from the committee

On Friday, 29 November, the Christmas trees for the Old Coal Wharf and St. Saviour's grounds will arrive. We are grateful to the Palmer family for transporting them and the men from the boatyard for hauling the Coal Wharf tree into place. The lights will be put up on Sunday morning, 1 December and they will run until 6 January.

On Saturday, 14 December we will be holding our lunch time Christmas Party for the children registered on our data protection list, aged from birth up to and including those in school Year 2. We have hired in some soft play equipment and after lunch Father Christmas will be making a visit. Invitations will be delivered as this copy goes to press.

The trip to the Theatre Royal, Plymouth to see the pantomime, Snow White and the Seven Dwarfs, will be on Sunday, 5 January. Stars will include Lesley Joseph, Rob Rinder and Andy Ford.

The Committee members have been busy preparing the above Christmas events as well as looking ahead and planning our traditional 2025 events.

Dates for 2025 have been set as follows:

Annual General Meeting — 4 March

Choosing of Royalty — 26th May

Beach Gala — either Saturday, 26 or Sunday 27 July (tbc)

Regatta Weekend — 23 to 26 August

Christmas party — 13 December

Thank you for your continued support which allows the Committee to keep organising these traditional, fun activities.

We wish you a Happy Christmas and New Year.

Lanreath Ladybirds

Parent Baby/Toddler group
0 to 4 years

Tuesday and Thursday
09.15 until 11.30am
during term time

Lanreath Village Hall

Get to know local parents and chat over a cup of tea or coffee. We have plenty of toys, books and craft activities for little ones and a quiet section for babies.

We have been established for over 20 years and the group has helped new parents and their children through the difficult early months and years.

Cost: £3 per child and £1.50 for siblings (including a snack);
£1 without a snack

For more information, please join our Facebook page:

Lanreath Ladybirds Playgroup or contact Sandra on 01503 220860



Robin welcomes you to

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Robin would like to wish his customers a happy Christmas and thank you all for your custom over the last 7 years.

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robinsainsbury1965@gmail.com

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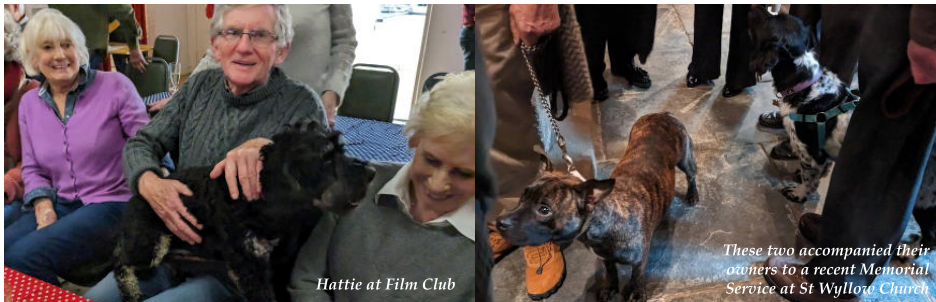
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It also helps The Parish News which relies on our advertisers' continued support.

'Dogs behaving very (nicely)' in Lanteglos Parish from Kathryn Hill

Although I am very much a 'cat person' and share my house with four lovely cats, I am delighted to be on friendly terms with a number of very friendly dogs belonging to neighbours and friends and the sociable dogs who accompany their owners to a number of events that I attend locally. I have had fun photographing these friendly and sociable pooches at recent events. There is a television programme called 'Dogs behaving (very) badly' but the dogs I meet when out and about and those who live near me, all seem to behave very nicely indeed and I enjoy being 'friends' with them.

There's Basil who has attended Church and Whitecross Market since he was a tiny puppy. I regularly meet Hattie at Film Club and the WI as well as when she is out and about in Polruan with her owners. Alfie is another sociable dog who I meet at Church, the WI, Film Club, Coffee, Cake and Company' and so on. Oh, and I mustn't forget to mention Nipper and Luna next door on one side and Mungo, my occasional neighbour, on the other side.



Hattie at Film Club

These two accompanied their owners to a recent Memorial Service at St Wyllow Church



Alfie at Film Club

Alfie at Cafe Church in St Saviour.

Alfie at Coffee, Cake and Company at Polruan Village Hall



Basil at St Wyllow Church

Alfie at WI

Alfie at St Wyllow Church



Nipper & Luna at the Afternoon Tea in Polruan Village Hall

Nipper and Luna at the Afternoon Tea in Polruan Village Hall

Basil at Whitecross Market



**POLRUAN
THEATRE CLUB**

The Polruan Panto 2025 *Puss in Boots* 18th, 20th - 22th February



The classic fairy tale, 'Puss in Boots,' will be coming to Polruan. Not the Puss of the 'Shrek' films but a wily feline out to help his poor master up to the top of the social ladder and all he asks in return is a pair of boots, to be provided by Dame Hilda Boot, cobbler to kings. En route, he overcomes a shape-shifting ogre (again, nothing like Shrek) and his creepy assistant, Igor. With a dozen songs and a cast of Polruan favourites, this will be an event not to be missed.

Tickets Adult £9.50 Child £4.50 from 01726 870666 and the reading room (17 to 21 Feb).

See website for further details and payment options

polruantheatreclub.co.uk

Crafty Roosters from Tammy Skinner

A friendly, welcoming group for all abilities to come along to and engage in various crafting activities. Want to learn to knit, crochet, or sew? Then plenty of help is available. Perhaps you want to pursue your own project, or perhaps learn a new skill. Over the last few months, we have tried Lino cutting and printing, Indian block printing and Gelli printing. Our members have many varied interests from needlework, wool felting, dressmaking, card making, and wool spinning to name a few.

We will be meeting in the WI Hall on the following days and times:

Monday 9th December between 10 and 12noon

Monday 13th January between 10 and 12noon

Thursday 30th January between 2 and 4pm

All sessions cost £2. Lifts to and from the WI Hall are available, if needed.

Please contact Tammy on 07708 023772 with any queries.





News from Polruan Academy

from Jane Wills, Headteacher

As the nights draw in, the leaves let go and the gales arrive from the Atlantic, school life takes on an autumnal feel. Rather than retreating inside, we add layers of clothing and embrace the weather; who doesn't like jumping in puddles?

This year, our final half term before Christmas is filled with performing arts. We have started preparations for our Christmas performances and are planning to entertain all parents/carers and villagers with our Christmas plays performed in the Polruan Village Hall on Thursday, 12 December at 1.30pm; with the younger children performing a traditional nativity play and the older children performing a modern adaptation of a Christmas Carol.

In addition to the Christmas plays, we have several community engagements. We have our Christmas Service at St Saviour's on Thursday, 19 December at 9am and to keep the tradition going, we will be singing around the tree on the Wharf on Tuesday, 17 December at 2pm. Please look out for posters advertising the event and pop down for a sing-along, warm drink and Christmas raffle.

In the classroom, Canute class have been finding out about celebrations across the world. They will travel to far flung corners of the world to explore Diwali, carnivals,

Christmas and closer to home, Bonfire Night. Along the journey, they will develop their geographical skills working with maps to plot routes and learn about different countries. They started this learning with a walk around the village to spot features for their own map of Polruan.

The children in Tregeagle class are studying the importance of the rainforest. They are finding out about tropical rainforests across the world, and they will undertake a field trip to our local woods to carry out a comparison between the trees growing here and those growing in the tropical rainforest. They are complementing this learning in Art using the flora and fauna of tropical rainforests as a starting point, to design a repeating pattern suitable for fabric inspired by the work of William Morris.

Christmas time is when we are reminded of our supportive community and this year is no exception. We have been invited to sing at the Polruan Social Committee's Christmas Lunch on 10 December and our lovely Open the Book team will be extending their weekly session on 11 December to make Christmas Crafts with the children.

We wish you all a Merry Christmas and Happy New Year.

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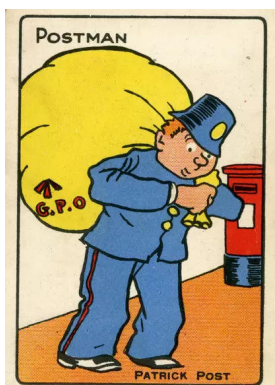
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or call/message Rita
on 07906 724338

Christmas Parish Post

by Des Libby
in aid of the
Motor Neuron Disease Association



Christmas cards delivered to any house in the Parish for 35p per card
Stamps and Drop off at The Winkle Picker, Polruan
also Drop Off at Morley Tubb, Castle Way, Highway
Thanks to both

Last Post Saturday, 14 December
Post people required in
your local area
Contact Des on 01726 870735

A lovely Winter's Day
by Mavis Cocks

Early morning air crisp, still icily chill,
nipping ears and nose, fingers and toes.
yet warmed by one's own breath,
puffing out again and again,
Like steam from a fast moving train.

Noon, warmed by the sun's rays
making its own pictures in little spaces
where frost-rimed surfaces now sparkle with
silvery traces.
Snowdrops enhancing the scene,
a white carpet interspersed with crocus
adding blue and gold to the white and green.

Evening, day's end brings a breath taking sunset,
entrancing, with every shade of yellow and red,
stretching the length of the sky from near edge
to far horizon.

In fading light fascinatingly beautiful.
Then finally eclipsed and hidden by the
encroaching long shadows of the night.

First published April 2006
© Mavis Cocks

LERRYIN FILM CLUB

in The Lerryn Memorial Hall



Our Next Screenings will be
Thursday, 19 December 2024: **West Side Story (2021 version)**
Thursday, 23 January 2025: **One Life**
Doors open at 7pm — For a Chat with friends

Films are screened at 7.30pm
To join the Lerryn Film Club or to come as a guest
Please contact Sue on — 01208 871513



Fowey River Lions

Following our President's letter in local newsletters and on social media, we have been delighted with the interest in expanding our pride. Thank you to all those who have shown interest and we look forward to you becoming members of Fowey River Lions in due course.



President Steve Jones and new member Mike Francis

This month we are delighted to welcome Mike Francis to the club. On Saturday, 9 November Steve Jones presented him with a Lions badge and a Certificate of joining the Lions. We are all looking forward to working with Mike in the future. If you would like to be part of what we do, please get in touch (details below).

Christmas Grotto

Saturday, 14 December between 1 and 3pm, Safe Harbour Inn, Fowey: Ho! Ho! Ho!

Calling all children! Father Christmas will be waiting to meet you in the top bar at the Safe Harbour Inn, Fowey on Saturday, 14 December between 1 and 3pm. This will be a festive experience for all the family, the team are aiming for an 'Elf' theme! So come and join the fun. Admission is free, we just ask you for a donation to our Lions Charities.

Help for Ukraine

We are still helping Callington Lions to collect the following items to take to Ukraine. In early October, we are pleased to report that our largest consignment of goods was delivered to Callington Lions. Those donations will have been delivered to Poland for onward transportation to the Ukraine by the time you read this. Thank you so much for your continued support it is very much appreciated. Please note, they are unable to take any items of clothing.

Items Desperately Required:

- Baby nappies, milk formula, soap, shampoo, talc, nappy rash creams, Calpol (or similar), toys.
- Sanitary items for ladies, soap, shampoo, conditioner, hair spray, deodorants.
- New and unused cosmetics.
- Sleeping bags (clean) tents, camping equipment.
- Medical items – Paracetamol or pain relief medications, cough remedies, plasters and bandages.

Ukrainian Hospitals need your unwanted Prescription Medications. Any unwanted Prescription Medications go directly to the Ukrainian Medical Services and MUST have a Pharmacy Label attached to the item.

Fowey River Lions are pleased to help support their excellent work, please contact 0345 833 7484 (leave a message if there is no reply) and we can give you the nearest collection point. For those living in the Polruan and the Lanteglos area, donations may be left with Lynn Bartlett (24 Meadow Close, Polruan). Our grateful thanks to all those who have made donations, it is

much appreciated and very well received in Ukraine.

Join Fowey River Lions

If you would like to see what we do why not come along to one of our regular meetings. There is no obligation, but we would love to meet you. We meet on the first Monday of the month at 8pm in The Ship Inn, Polmear, Par. We started in 1977 with a large group of like minded people helping their local community and helping to raise funds for local, national and international causes. Over the years we have donated to major charities such as Cancer Care, Motor Neurone Disease, RNLI, local charities, such as Children's Hospice South West and helped local people in need as well as encouraging and supporting young people in their development with smaller grants. It is not all hard work; in fact it can be great fun and gives a great feeling of satisfaction. We hold monthly business meetings and have a monthly social event. We welcome anyone in the area to come and meet us and see what we do. We would love to meet you.

Wishing you all Seasons Greetings.

President: Lion Steve Jones

Treasurer: Lion Ruth Rouse

Secretary Lion Lynn Goold

email: foweyriverlions@gmail.com

facebook: foweyriverlions

Tel: 0345 833 7484



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- Soffits & Fascias - Painting & Decorating**

To Advertisers and Contributors from the Editor

We are very grateful for all the fantastic contributions received at The Parish News.

We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14th of the month preceding publication, otherwise the content will remain unchanged.

News from Nigeria

from Kathryn Hill

Many victims of the Maiduguri flood are still living in temporary accommodation and the work of restoration and rebuilding is further hampered by very high inflation which is up by 35%. A significant factor is the very high cost of petrol which affects the price of goods and commodities. Even people with well paid jobs are now struggling to make ends meet, especially in the north of the country. The Maiduguri flood also caused significant crop loss resulting in less food being available and inevitably higher prices.

On a happier note, kidnapping both by terrorists and bandits is decreasing thanks to much more effective action by the police and the military.

In Benue State, located just south of Plateau State where I worked, there is an ecologically



important forest which is being subjected to indiscriminate logging, causing long term damage. There is also inter-tribal fighting in the area which hampers any efforts to save the forest.

The Art Group

from Louise Kidd

The Art Group enjoyed showing their work in October and hope to do so again. They have had a great meeting since with two



A recent Art Group session



The Art Group's show in October when they joined Louise Kidd's MA show of paintings.

new members joining. Exciting plans for sessions next year include simple print-making, collage and concertina book-making — whilst tuition in watercolours and acrylics continues. Complete beginners welcome.

The Art Group meet on the third Wednesday of the month at the WI Hall, 2-4pm, £3 a session — everyone is welcome.



Follow us on Facebook for updates.



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Please ensure that any rubbish for collection is put out early Monday morning and not before



It is strongly recommended that householders put bin bags in a dust bin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

**Please do not
feed the gulls**

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Coffee, Cake & Catch-up Lunches too

Held at Polruan Village Hall

Our **Christmas Lunch & Party** is Tuesday 10th December at 12 noon. Pre-booked guests only. January it's Coffee & Cake on the 14th (10am) Lunch on the 28th (11am)

Book by 5 December



Pre-booking essential

Dietary options for Christmas and a choice of menu is available when you book your seat at the table!
Open to all not just regulars or seniors from the village. This is our thank you to the village for your support. Personal invites will be going out shortly to all the senior members of our community.

Please make sure you book a place for Christmas Dinner by Thursday 5 December.

Community Outings: Our final outing this year is Thursday 5th December. Our new Facebook Page will keep you up to date with all the details.

Don't forget if you need transport (within Polruan), please E: polruanccc@gmail.com or phone Sue on 07811 756615. No charge for any CCC sessions but donations always appreciated.



Polruan Pups

from Emma De Riso

After setting up this local community dog walking pet service, the last 4 months have been very busy for me. I now have over 13 dogs on my books and plenty of room for more, with clients ranging from Chihuahuas to Retrievers and everything in between and of course not forgetting the face of the business, Tallie, my beautiful German Shepherd. Not all love to walk, a beautiful terrier called Flea, likes nothing more than to sit on the back of my sofa all day and not move.

Dog Sitting

I have had the pleasure of sitting for the beautiful Rosie, a 3-year-old St Bernard Poodle cross as well as Ted, who was initially booked in as a Labrador, so imagine my surprise when a totally different dog arrived on my doorstep — a brown Bull Mastiff. He brought a crate with him but rather than sleep in it, he preferred my bed! He is a beautiful dog, but I must admit to being a little wary of him, so Dodge was on hand to walk him with me and get some exercise too!

I then had a booking for two Border Collies called Alfie and Meg. This booking introduced me to the wonderful secure paddock at Pelynt Kennels (walking reactive nervous dogs along Pelynt main road is not ideal!) They had a great time, with Meg wanting me to throw the ball (or any toy) repeatedly with no break — an hour was definitely not enough to tire this dog out!

I was also asked to look after Black Labs, Hunter & Kevin, and a lovely XL Bully known as Big Head Kev, a well-known dog in the village — again, Dodge was on hand for this particular dog walk and sit, and the boys loved it when we took them to Pelynt Paddock. Someone in a car wasn't impressed, they had to back up on the narrow country lane and definitely had second thoughts about saying anything when Kev's head popped out the open window!

We also had a few weeks with the adorable Miss Kerra whilst her owner was in Australia — my first ever Client (and now a huge member of our family — with the appetite to match!). She's my adopted dog-daughter and often we miss her so much, we will dog-nap her for the weekend (much to the pleasure of her owner who can get her chores and jobs done!)

I also looked after the beautiful Alfie whilst his family were attending an event, so he had lots of walks and cuddles.

Dog Walking

Regular walks include Pelynt Paddock, Deepark Forest, my personal favourite Cardinham Woods and Pentewan Trail, as well as Fowey Woods and Readymoney Beach. I specialise in Solo / family group walks. I do not do mixed group walks, so

POLRUAN PUPS
DOG WALKING &
PET SITTING

Need help keeping your furry friend(s) active and happy? Let me help!

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HOME CHECK-IN / COMPANIONSHIP
CAT SITTING / PICK UP & DROP OFF

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Contact Emma on 07442037662

a great alternative if you want one to one attention for your dog.

Why not contact me today and let your dog join in the fun!

I offer one to one attention, dog-led sniff time, plenty of ball games and games to keep dogs mentally stimulated with even some chicken and rice or treats thrown in! I can offer one off or regular walks, dog sitting (a few hours or a day) or dog's own home boarding at extremely competitive rates.

Contact Emma on 07442037662,
polruanpupspetsitting@gmail.com

MEMBERSHIP:

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Cornwall shown by C Fylm community film clubs

Polruan residents, local residents and visitors are all welcome!



BOOKINGS:

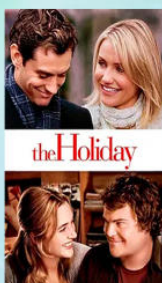
by phone on 01726 870505
or through the
website: www.polruanfilmclub.co.uk
or email: boxoffice@polruanfilmclub.co.uk

Your first film is included in your membership fee. After that you just need a ticket for each screening you want to attend.
Occasionally due to non-availability we may have to substitute a film at the last minute.

NEW DATE: On SATURDAY 14th DECEMBER at 6pm we are showing **THE HOLIDAY** (Cameron Diaz, Jude Law, Jack Black and Kate Winslet)

This is a classic feel good Christmas holiday film with a great all star cast. Something for us all to enjoy. If you don't already know the story then it's about two women, one (Cameron Diaz) from America and one (Kate Winslet) from Britain, swap homes at Christmastime after breakups with their boyfriends. Each woman finds romance with a local man (Jude Law, Jack Black) but realizes that the imminent return home may end the relationship.

Aah... but there's so much more than just the romances... enter Arthur an Oscar winning screenwriter from the Golden Age of Hollywood....



SATURDAY 25th JANUARY at 7pm our film will be an exciting thriller/drama **EYE IN THE SKY (15)** Colonel Katherine Powell

(Dame Helen Mirren) is a U.K.-based military officer in command of a top secret drone operation to capture terrorists in Kenya. Through remote surveillance and on-the-ground intel, Powell discovers the targets are planning a suicide bombing and the mission escalates from "capture" to "kill". But as American pilot Lieutenant Steve Watts (Aaron Paul) is about to engage, a nine-year old girl enters the kill zone triggering an international dispute, reaching the highest levels of U.S. and British government, over the moral, political, and personal implications of modern warfare.

The commander is in England.... The drone pilot is in America.... The terrorist is in Kenya.... And the authority to strike is up in the air....



MEMBERSHIP RENEWALS If your membership has expired you can renew this online choosing that option from the drop-down box. This will include the ticket for your first film in this new membership year.

TICKETS: ANNUAL MEMBERSHIP INCLUDING ENTRANCE TO FIRST FILM : Adults £6 - Youth (12-15) £3
SUBSEQUENT FILM TICKET PRICES: ADULTS: £4 YOUTH (12-15): £2
There is no membership fee for children under 12 but a £1 ticket charge per suitable film



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Thank you for supporting our local business

Polruan . . . the little village that just keeps on giving!

from Sue Hext

As relative newbies to Polruan we have been amazed almost from day one by the sense of community and friendliness that the village has. Walks during Covid lock downs helped us to meet a few locals in our first winter here and then a plea from Sue Rowe looking for anyone who was interested in starting up a film club in the village, kick started our journey into all that this beautiful community now engages with.

Polruan Film Club has gone from strength to strength with a total of 247 people becoming members since it started (including friends and holidaymakers) and we have shown a total of 33 different films. The evenings have become quite a social event too and, on occasions, we've offered themed food for different films.

The Art Group is another post-Covid activity and a recent exhibition of Louise Kidd's artwork (our leader / teacher) also showcased some of the variety of art that the group create. It's been great to welcome new members since then too.

The *Polruan Sports and Social Committee* (under the PSSC umbrella are Bowls, Table Tennis, Skittles and CCC) introduced us to indoor bowls and again, a great time to spend getting to know others. Whilst I've not been to the Table Tennis sessions, I hear they are great fun. The latest venture held in November was a Skittles evening which, Lynn Bartlett informs us, were the very same played with back in the 70s and 80s.

Coffee, Cake and Catch Up (CCC) is another community event that has proved to be

really popular and has helped friendships to grow. It's been lovely to watch both men and women, and some younger local residents, coming along too to socialise. We've organised some community outings in the bus this year and they have proved to be popular. To finish the year off in style, CCC are putting on a Christmas Lunch and party on Tuesday, 10 December. We've been fortunate to receive a donation from Mrs Harrold who has holidayed in Polruan for many years and will be known to some of our local residents here. There will be no charge for the lunch and all will be welcome but, pre-booking will be essential (by 5th December). Transport can be arranged too.

Polruan Theatre Club will shortly be preparing for their next pantomime - another event that makes this little village stand out with its community offerings!

Pub Quizzes and Darts are regulars at The Russell Inn too.

The Women's Institute and *Kidz Klub* meetings also take place in Polruan regularly as well as another fairly new group - The *Crafty Roosters* which is a friendly group for people who want to learn new skills or just pursue their own craft projects.

Cafe Church is an informal all-age service with coffee and cake and is held once a month in St Saviours Church, a new Bridge Club is starting up soon with lessons currently being arranged for interested parties.

Of course, the *Polruan Children's Regatta* has been running for a number of years now and



puts on some amazing community events as well as organising trips for the children.

Then there's a *Book Club* here and *Yoga* at the Village Hall too.

Finally, the *Lanteglos Community Bus* runs regular Wednesday trips to St Austell, Par market, Bodmin, Trago Mills and Truro for a small donation.

I've no doubt that there will soon be more for you to consider supporting or joining too! I've included everything I can think of but apologies if I've left something vital out! It was not intentional.

As I said before, Polruan, the little village that just keeps on giving!

THE CLOCK

by Maura Kelley

As another day begins to dawn
A piercing sound I hear
It is the clock beside my bed
That screams at me so near

And as I place my hand upon it
To block its constant cry
The noise is stopped at once – hooray!
So I lay down and sigh

But as I snuggle deep within
The comfort of my bed
The motion of the clock I hear
'Get up, you're not yet dead'

Tick tock, tick tock
The rhythm of the clock
As the time of day is racing by
I shout out loud 'please stop'

But the clock it does not listen
It covers up its ears
So once again I raise my voice
'Be quiet, I'm sleeping here'

Then the clock becomes defiant
As time is on its side
And as its hands turn round and round
I slide down the bed to hide

But even in the darkness
Trapped and all alone
The calling of the clock surrounds me
In the bedroom of my home

And so we start to argue
As it tries to get its way
'Get out of bed you lazy thing
Get dressed and start your day'

This clock it does annoy me
But what is it I can do?
Then suddenly a thought pops up
I'll drop it down the loo!

Then its petty voice can't wake me
In the early morning light
And work will be a distant dream
As I roll over and say 'goodnight'!



First Saturday of every month, 10am–12.30pm, at Whitecross Village Hall

Saturdays: 7th December, 4th January, 1st February

Winter at Whitecross

The Christmas edition of Whitecross Market is on **Saturday, 7th December**. It's a jolly place to be — to meet up with friends, stock up on fabulous local food (including Christmas cakes) and buy presents that you won't find anywhere else... such as:

Emma and Ant from Cornwall Woodland Crafts make their own beautiful creations from turned wood and woven willow.

And they grow extraordinary bonsai trees too.



Jacks the Potter from Lostwithiel will be with us, selling her popular and original hand-made ceramics

David brings an amazing variety of organic, artisan spirits, liqueurs and beers flavoured with foraged botanicals (and made even more distinctive by their gorgeous hand drawn labels), from Cornwall's only organic distillery.



Thanks to all our lovely stallholders for a great year at the market. And to Josie from Lerryn for her photos.

Don't forget:

- You can order your pasties in advance by texting Kim on **07402 234386**.
- **Community buses** run to the market from Fowey and Polruan.
- Please bring some **cash**, as not all stallholders can take cards.

And after the flurry of Christmas is over, we'll all be back at Whitecross on the first Saturday in January – see you there!

Follow the market on Facebook and Instagram (whitecross local market) — thanks to Charlotte for doing all our social media.

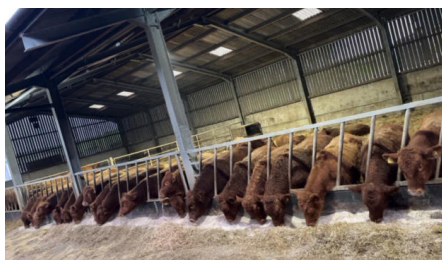
Contact us by email: whitecrosslocalmarket@gmail.com or call Liz on 07900 668604.

News from Frogmore Farm

from Gill Palmer

Well this article begins with some really exciting news, our fourth Great grandson has arrived, Reggie James Palmer. A bouncing, healthy baby. Almost a first row for a rugby scrum!

The cattle are all in their Winter housing now. They were very glad to come out of the muddy wet fields to their nice clean straw beds. Ben sheared the backs of all the cattle before they were housed. This is to stop them getting too warm and it helps to prevent pneumonia. The cattle seem to like this being done and stand very still.



The cows were scanned to see if they were pregnant. Eighty two cows were scanned, seventy eight were pregnant four of which are carrying twins. The four barren cows were sold before yet another TB test was due. The bulls were tested in their own pens, a bucket of crushed corn was put in front of them, as they ate their grain the vet quickly measured the thickness of their skin and administered the two small injections in the neck. These injection sites were measured three days later to see if any lumps had developed. Thankfully they were clear. The



cows and calves went through the cattle crush as usual. They behaved very well. One cow tested as inconclusive because she had a very small lump on her neck. She may be tested again in sixty days time, we don't know yet. Sometimes when a cow is pregnant she will give a false reading, we will have to wait and see what the vets decide.

The ewes are due to be scanned in a couple of weeks, it will be interesting to see how many little black faced lambs we will be expecting. The rams, after a busy Summer, have gone back to their Winter quarters for a well deserved rest!

The Winter crops have all been tilled and shoots are appearing, turning the fields from brown to green once again. The local ploughing match took place a few weeks ago. Ben entered as usual but this time in a different class with a smaller plough. He

borrowed a beautifully restored Massy Ferguson tractor. After taking great care to plough a very straight furrow he managed to win first prize for the very first time. Although there were no horses ploughing this year, it was a very successful day.

There are two new additions to the poultry house. Sprout the turkey cock, was living a happy life somewhere in West Cornwall with his two wives until one day a badger decided to attack. One of the hens was attacked and




killed. Poor Sprout tried unsuccessfully to defend his wife, losing lots of his feathers. His lady owner was so traumatised she asked a local poultry re-homing centre to try and find Sprout and his hen a new home. The two bedraggled birds arrived at Frogmore to join a hen bird we already had. They immediately began talking to each other which was very nice. Sprout tried to fan his tail feathers to the hen but unfortunately most of them had been ripped out in the fight. I am pleased to say there are signs of new feather growth and soon he will be a handsome bird again. The good news is they are quite safe at Frogmore for Christmas, we don't eat our pets.



Talking about Christmas, we are having another Nativity service at Frogmore. It will be early in December owing to The Rev'd Richard's very busy schedule so the afternoon of 8 December is the chosen day. Everyone is very welcome. Remember it is a farm, so stout footwear is recommended. We just hope little Joseph doesn't run away and hide like he did last year, leaving little Mary alone in the stable!





Polly Food Hampers to help toward your Christmas Celebrations!


Will you find Christmas a challenge this year?


Polly Christmas Hampers are free to anyone in Lanteglos Parish who will find Christmas a struggle, and will include some basic supplies as well as a few festive treats to make Christmas Day special. The present cost of living crisis is affecting many of us in some way so please do not hesitate to request a hamper if you feel it would be helpful for you or maybe someone you know.

We are asking for hamper requests by December 2nd. Please tell us of any dietary limitations etc.

To protect privacy and data only one person will be involved in taking orders and deliveries of hampers.

Please contact Angie Mallard on
07967131525





**NEW
RURAL POP UP
PROJECT**


Presenting our newest initiative to support rural communities during challenging times. Here's a glimpse of how we can help:

- **Distributing essential food supplies**
- **Providing support on pension credits and benefits**
- **Addressing energy-related concerns**

Keep an eye on our social media channels for updates on our upcoming visits to your area!

Registered Charity in England & Wales (1183375).





Sailing from Polruan

Tim Stapleton

Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.

Lanteglos-by-Fowey Parish Council February 2024

from Rob Rooney, Chair Lanteglos-by-Fowey Parish Council

I often hear people bemoaning the demise of Cornwall's district councils and their incorporation into what often seems a monolithic, remote organisation based in Truro.

I was not active in the area when the likes of Restormel, Caradon, etc. met their demise, but I can authoritatively say that Cornwall Council appears disconnected from Town and Parish Councils.

Whether it is a planning enforcement issue, environmental health, street upkeep or any area in which Lanteglos-by-Fowey Parish Council (LBFFC) advocates for parishioners, the best that can be said about Cornwall's response is that it is patchy.

One thing I have noticed in recent weeks, is that Cornwall Council departments do seem to jump when the local elected councillor raises an issue. This was recently the case with housing, when our Cornwall Council representative, Jim Candy, was able to elicit figures previously denied to us.

These showed that, in the two years ending 31 March 2024, out of ten allocations of council-owned accommodation, just one went to somebody with a Parish connection. We at LBFFC thought that this is outrageous and needed challenging. Back in 2002, we urged a change of policy on Cornwall Council that gives those in our Parish in overcrowded and/or unsuitable accommodation, but not deemed to be in dire need, some hope. The response was predictably contemptuous.

We think that with 20,000 on Cornwall's housing waiting list, 900 homeless families in expensive temporary accommodation all in the context of a financial crisis, that parish housing need is being overlooked.

So last month's Parish Council meeting resolved to write to every Town and Parish Council in Cornwall, asking for support for the following policy to be adopted by Cornwall Council:

'Housing allocation should be on the basis of alternately letting to people in desperate need

(with or without Parish connections) followed by letting to bidders from the Parish whatever their banding criteria. This is recognition that, at present, demand outstrips supply but maintaining our local communities in Cornwall should be a priority. Once publicly-owned housing for rent meets demand, the need for this measure will disappear'.

We are hopeful of a response from the communities of Cornwall which will be hard to ignore. Why don't you add your voice? Please contact Cornwall Council to support what we're doing:

Cllr Olly Monk, chair of the housing committee - cllr.oliver.monk@cornwall.gov.uk;

Chief Executive Kate Kennally - kkennally@cornwall.gov.uk.

Lanteglos-by-Fowey Planning Applications

from Gillian Thompson, Clerk to Lanteglos-by-Fowey Parish Council

(for full details see Parish Council minutes from the November and January meetings)

PA24/04524, Anchor 2, 45 West Street Polruan, loft conversion and associated works. The Parish Council's (PC) Planning Group had a conversation with both the Cornwall Council Planning Officer and the Applicant and agreed that the preferred approach for this planning application is for it to be amended to include two Velux cabrio windows (to allow a balcony when open) rather than a dormer on the west elevation. This solution would not permanently interrupt the roof line of a row of cottages visible from the estuary and better fits in character with Anchor 1 (adjoining property). If the planning application is amended to include this then in principle the PC would have no objection to the new revised plans received on 23 July 2024.

PA24/04768, Coombeland Highway, renovation and extension of existing house with works to garage (resubmission of previous application PA23/09086). Members

commented: "The PC has no objection. Members of the PC had carried out a site visit and although the extension is large and nearly doubles the footprint of the property, the surrounding plot is large and can easily absorb such a development. The positioning of the extension is due to the sloping nature of the site and the thoughtfulness of the Applicants who wish to ensure mature trees are not lost. In addition, the design has been improved by introducing some traditional slate stonework on the external walls which seems to be more in character with the area. They have invited a planning condition to be made that prevents the new extension from being a standalone property and Members trust this will be granted".

PA24/05092, Allwyns Lanteglos Fowey, discharge of a planning obligation in respect of decision 5/10/91/00381/0 for erection of bungalow for elderly persons. Cllr. Talling left

the meeting whilst this item was discussed. Members made no comment.

PA24/05439, Lawhippet Farm, Lanteglos Highway, Lanteglos, following a customer request for a three-phase connection NGED will be required to upgrade the existing overhead network to facilitate the connection. The work will require the erection of a third wire from pole number 43MA34 - 43MAA9B for approximately 760m. Members made no comment.

Planning Applications Refused by Cornwall Council

PA24/02259, Old Ferry Inn, Old Road Bodinnick – change of Use of Part of the Old Ferry Inn into Dwelling with additional balcony to west elevation.

News from Polruan Town Trust

from Beth Rigg, Chair

Following on from the installation of the CCTV cameras on the Quay, the Trust are working with Flashpark in an attempt to stop inconsiderate parking on the slipway approach. This will, hopefully make boat launching easier throughout the year.

The Trust is

continuing to work with the Parish Council on ideas for the refurbishment of the Quay toilets and some of the problems mentioned in the last issue are being resolved.

The Trust continues to carry out routine maintenance on its properties, including the broken paving slab in the Blockhouse and the seats on the Quay. As I write the final grass cut on the Hill and Bound are taking place.

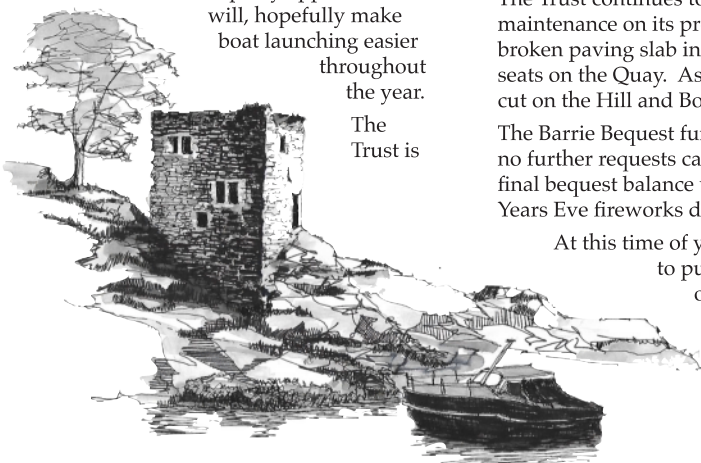
The Barrie Bequest fund is now closed and no further requests can be considered. The final bequest balance was granted for the New Years Eve fireworks display on the Quay.

At this time of year, we are preparing to put our annual contracts out tender — grass cutting, car parking and frame hire. We have recently received tenders for

the garage in Vevry car park and this is now being let.

The Trust's website is currently being updated and more information regarding the Trust and our properties can be found there. The Coal Wharf calendar gives dates for events on the wharf. Should you require more information on the workings of the Trust, please contact the clerk@polruantowntrust.org or any of the current Trustees.

www.polruantowntrust.org



Lanreath Parish Council

Summary of draft Minutes

Meeting 17 September

Attendance by 6 of 8 Councillors. Chairman - Cllr P Seaman, Cllr J Gundry

PCSO Cocks' emailed report had been circulated to Councillors. There had been five crimes reported in the Parish in July / August.

Matters arising were considered, including that Planning Enforcement enquiry EN23/00334 had concluded that the buildings the subject of the report were immune from enforcement. Councillors agreed that Enforcement be asked to re-open the matter for further investigation to take place. Still no conclusion of EN23/00589.

The Chairman confirmed that new signage regarding dog fouling and replacement benches had been installed on Millennium Green, he had carried out repairs to the play area seating roof and replaced fencing in the Community Garden. There had been three expressions of interest in allotments – insufficient to proceed further. Highways had confirmed that flood alleviation works had been carried out on the B3359 and had also confirmed that the parking bay in Grylls Park forms part of the public highway they maintain. However, there was no budget available to paint white lines for parking. This is to be referred to SECCAP Highways Improvement Scheme whenever new funds become available.

Planning application **PA24/04905** was then considered, there having been a public meeting for local people to have further information and voice their feelings. After considering relevant planning policies and guidelines, and taking into account local views, Councillors approved a form of wording for the Consultee Comments. The Clerk submitted the comments online on 18 September.

Correspondence was then dealt with, after which the meeting considered the Parish Asset Inspection Report, Lanreath Village Hall Report, Community Area Partnership (SECCAP) meeting, Climate Change, and



a donation to the organisers of Lanreath Fireworks display approved. A Parishioner made a request for a volunteer to clear weeds around the village and carry out other small maintenance jobs.

With all agenda items having been considered the meeting closed.

Meeting 15 October

Attendance by 7 Councillors. Chairman – Cllr P Seaman, Vice-Chairman – Cllr D Heard, Clerk – Mrs R Warren.

PCSO Cocks attended and reported to the meeting that there had been two reported crimes in the Parish in the period 1 to 30 September. He asked for volunteers from the community to sign up for Speed Watch groups.

Matters arising included confirmation that, regarding Planning Enforcement enquiry EN23/00589, an enforcement notice has been issued; safety works on the lane to Bocaddon; reposition of old benches from the Millennium Green; access rails at the Community Garden. There were some concerns regarding reduced vehicular access at Grylls Park, and sight restriction on St Marnarch's Road due to an overgrown hedge.

All agenda items having been considered the meeting closed.

Lanreath Parish Council meetings take place on the third Tuesday of the month (except in August and December) at Lanreath Village Hall, 7.30pm.

Full details of dates of all meetings, agendas, and minutes can be found on www.lanreathparishcouncil.co.uk

problem is of an urgent nature requiring an emergency appointment, then please continue to use the direct phone service.

Prescriptions

If you have a query about a prescription (not a request for a repeat of existing medication) then please ask to speak to a member of the prescription team but be aware they only work during the following hours:










Monday to Friday between 8.45am and 12.30pm.

If your query is more urgent and is outside this time frame the reception team will do their best to assist you with your query.

Requests for a repeat of existing prescriptions can be made either on the *NHS App*, *KLINIK*, or by presenting the paper prescription at any of the Polruan, Par or Fowey surgeries.

Please note: If you receive your medications from the Polruan Surgery dispensary, you must not order your repeat prescription online via the *NHS App* – the Polruan dispensary stock is managed on a separate system and the dispensary staff really appreciate you following this process.

Useful numbers

	Emergency - not life threatening	111
	Fowey River Practice	01726 829272
	Boots Chemist, Fowey	01726 833332
	Polruan Village Store	01726 870477
	Winkle Picker Post Office and shop	01726 870134
	Kitty's Koffiji	
	Jam First Coffee shop	07875 293364
	The Russell Inn	01726 870707
	The Luger Inn	01726 870567
	Travel Cornwall Bus service	
	Polruan Community Bus	01726 870707
	Citizen's Advice, St Austell	0344 411 1444
	Lanteglos by Fowey Parish Council	01726 884024
	Rob Rooney, Chair of Parish Councillor	
	Edwina Hannaford, County Councillor	01503 264160 07717 203725
	Trelawny Benefice Administrator	07399 563440
	The Foodbank, Liskeard and Looe	
	The Trussell Trust	07512 011452
Anyone needing any assistance can message Polruan Isolation page - this will be seen by the administrator who will maintain discretion.		

Fowey Surgery Information

from Tammy Skinner

Fowey River Practice

Appointments

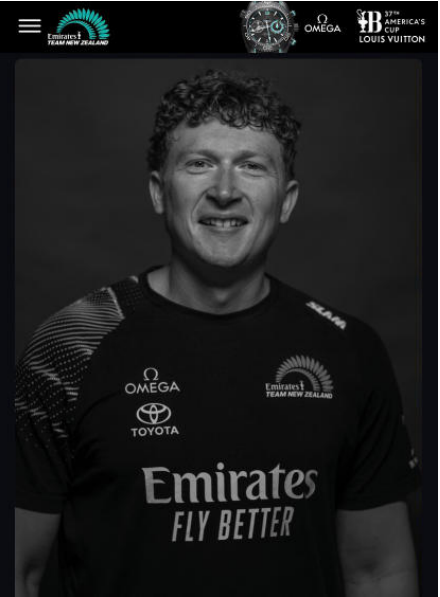
Have you tried using Fowey River Practices' online triage system (KLINIK). It is a much quicker way of requesting an appointment than the very busy phone system. It opens at 7am in the morning and is manned until 3pm. You can use it with an NHS login (a simple process to set up) or without it too. It is accessed through the Appointments Section of Fowey River Practice's website under 'Routine appointments'. All you do is select 'use our appointment request form', and you will then be guided through a series of questions to understand what problems you are experiencing. There is also a comments box at the end for any further information or messages you wish to add. I personally have used this service on several occasions and found it most helpful. However, if your

	www.cornwall.gov.uk/reportit Use this link to view a full list of things you can report online
	www.cornwall.gov.uk/reportroad Report a pothole, street works, electrical or highway problem
	www.cornwall.gov.uk/misssedcollection Report a missed waste collection
	www.cornwall.gov.uk/reportdog Report dog fouling
	www.cornwall.gov.uk/reportvehicle Report abandoned vehicle
	www.cornwall.gov.uk/reportgraffiti Report graffiti
	www.cornwall.gov.uk/flytipping Report flytipping
	www.cornwall.gov.uk/reportbreach Report breach of planning control
	www.cornwall.gov.uk/reportchange Report a change of circumstance

Polruan’s sail maker in winning America’s cup team

from Hans Wehmeyer

I originally visited New Zealand in November 2022, with a plan to travel and sail for a few months over Cornwall’s winter. As part of this, I had lined up some work at North sails, where I was hoping to learn some new skills to take home and apply to the local fleets. After a few weeks there, my manager gave me the heads up that Emirates Team New Zealand would soon be advertising for a sail maker to join the team. I thought I had no chance, but maybe it would be cool to have a look inside of the base.



Things went in the right direction, and after a quick trip home to sort out the sails on order for the following season, my first day with the team was the first sailing day for Te Rehutai in her new configuration. This was the race boat that the team had successfully defended the America’s cup with in AC37, Auckland 2021, but an extensive refit had been carried out to update her to the AC38 rules, so she could be used as a development platform and supply the design team with essential data so they could design the best race package for the cup in September 2024.

Around 4 months later, part of the team headed to Barcelona for the 2023 summer with Te Rehutai to replicate the racing conditions that the event would be held in the following year. During this time, I was sent to the team’s build facility to assist in building the race boat for AC38, Taihoro. Thrown in at the deep end, I had the chance to appreciate and experience another side of the team, learning



new skills and techniques in cutting edge composite boat building, which was forever becoming more relevant to the sail making that was to come in the new year.

Back in the sail loft, it was an intense continuous cycle of testing, development and production: making multiple editions of the same sails to create the best aerodynamic package possible to have an edge over our opposition. The team again moved to

Barcelona in July 2024 where the development continued right up until the event in October. Once all of our projects were completed, our hard work was handed over to the sailing team to execute the campaign.

Being part of this team has been an amazing education. I have learnt so much in and beyond the sail loft, and look forward to applying all of this to my sail making back in Polruan next season.



ANSWERS TO CROSSWORD

ACROSS

DOWN

1. Capsicum

2. Benefitted

3. Merriment

4. Edict

5. Referee

6. Miss

7. Need

11. Microfile

12. Anacondas

14. Toe

15. Romance

18. Beefs

19. Oboe

20. Cyan

21. Evelyn

22. Abeyance

23. Etna

24. Beanfeast

DEC • JAN



Joy in paradise

from Janet Downs

[A few years ago many of you enjoyed following the far flung sailing adventures of my brother Colin and his wife Ana in their yacht Ithaka some of which were published in this magazine. Since then they have returned to Scotland where their sailing is a little closer to home. Last Christmas this was the round robin message that they sent out to friends and family. I think others might enjoy it too.]

My paradise is the west of Scotland in late May with high pressure and a capable yacht. There is no other place in the world more beautiful, more remote, more serene. Celtic Spirit, Ana and I were meandering south through the Inner Hebrides and one evening, found ourselves anchored in Sandaig Bay, perhaps better known as Camusfearna, the name given by Gavin Maxwell in a vain attempt to confuse the pilgrims who made it a go-to place after reading his [novel] "Ring of Bright Water". For those who have not read the book, it is a glorious description of his life in this remote place and his interaction with the natural world and the others who shared his home. First published in 1960, it became a best seller and is considered a literary masterpiece, eventually selling over two million copies. It was an inspiration for many and played a part in my escape from the home counties to find a simpler but more meaningful lifestyle. Camusfearna is located on the east side of the Sound of Sleat, a mile of rough path from the nearest road. We rowed ashore early the following morning, the sun already well above the hills to the east and walked barefoot up the damp tide washed sand to the strandline and then, into the scrubby overgrown area where once stood the lighthouse keepers cottage in which Maxwell and the others lived and where he wrote the 'Ring'. Today there is no evidence that a house ever stood here. It was destroyed in a great fire which also took the life of Edal, the otter. The area is surrounded, to the east and north by a steep wooded hill, through which bubbles a burn which finally cascades into a deep rock-bound pool, before flowing in a gentle arc to the west and south to meet the beach and bay. The burn and the bay form the ring of bright water within which Maxwell's drama unfolded.

There are two stone memorials. The first, placed exactly where his desk once stood, marks the spot where Maxwell's ashes are buried. The second stands closer to the burn and marks the location of Edal's mortal remains. Inscribed on the stone are the following lines:

**EDAL
THE OTTER OF RING
OF BRIGHT WATER
1958-1968**

*Whatever joy she gave to you, give
back to Nature. GAVIN MAXWELL*

I pondered the instruction. What joy had she given me? She was the main character in the book, the book which encouraged my escape, the escape which changed my life, which precipitated everything that followed and that continues. The short, direct instruction drummed in my head, "give back to nature".

We looked at the nature, at early summer flowers, ripening grasses, tractor tyre, rampant brambles, plastic crates, erupting bracken, bright finches, myriad of blue and green rope, wading birds, plastic bottles, fishing terns, fishing buoys, flip-flop,

butterflies, toothbrush, cotton bud, black alkythene pipe, crisp packets.....We began to collect.

Give back to Nature. We came across a third memorial, this one to humanity. A large pile of garbage, half hidden by the encroaching blackberries, collected into one spot by a succession of other like-minded visitors. It sported various inscriptions; *IRON BRU, Stornoway Fishermens Cooperative, Sensodyne, Scholl, Wisdom....* We added our day's catch. It grew but the look didn't improve. When could Camusfearna expect its next refuse collection?

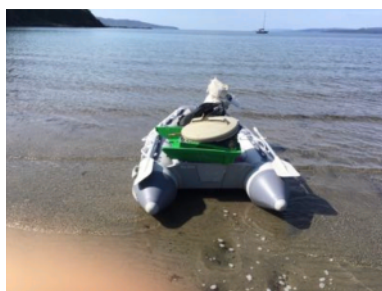
Give back to Nature. I looked at Celtic Spirit, resting in the bay above her perfect reflection. Nothing looked less like a bin lorry. She has a large cockpit and a very large cockpit locker, big enough for all her warps, fenders, outboard motor, buckets, anchors, you name it, it all fits in there. I looked at Wee Dram, her tiny tender, now high and dry above the receding tide.

Give back to Nature Edal had thrown down the gauntlet — it lay on the sand at my feet. We started packing the plastic into itself, selecting containers in which the smaller pieces would fit. Most of it was sand-salt-sun cleaned but a few containers spilled their noisome contents. We lugged the first cargo to the water's edge. We loaded the six ugly packages into Wee Dram leaving a small space for legs, arse and the swing of oars.

Ana continued packing and lugging while I paddled to Bin Boat, aka Celtic Spirit. I moved all the contents of the locker into the forward cabin, our bedroom. The six packages fitted easily in the base of the locker. I returned to the beach complete with our roll of black bin bags, and we repeated the process, time after time. We filled the locker, much of the cockpit, and a little of the deck with those larger objects which wouldn't fit inside.

Giving back to Nature We left the Ring of Bright Water later in the afternoon, plastic free save for two 40 foot lengths of four inch alkythene pipe (of the type fish cages are made from) with which we formed a path edge, and the tractor tyre constituting the remaining memorial to humanity. Even 'Bin Boat' has limits. We raised the anchor and set sail, Camusfearna receding, merging into the seascape, pristine. Later that evening we offloaded the cargo into the council bins in Mallaig.

Given back to Nature I need to keep remembering the joy I have been given. It's easy to forget amid the warming planet, the obscenities of war, the polluting of oceans, the increasing numbers of homeless and displaced. Helplessness and despair are never far away. That's why it was important to heed the otter's call, to give back to nature, to make just a little difference. They say that where there's muck there's brass. I would say that where there's muck there's joy. It certainly felt that way in Paradise.



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&
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CONTACT PETER RIPLEY

10 GREENBANK POLRUAN

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Biomechanical assessments and orthotics.

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Julie Moutinho DPodM MCPPod

Registered Podiatrist

juliemoutinho123@gmail.com



A very big thank you to Kat and the team at 'Kitty's Koffiji who have taken over the Foodbank collection point in the village.

Please contact Norman and Angie on 01726 870747 regarding any cash donations

Many thanks to those who continue to contribute so generously during this time of great need for many families.

Please contact the Foodbank if you would benefit from their services or know of someone else who might need to:

liskeardlooe.foodbank.org.uk

liskeard.foodbank@gmail.com

Tel: 07512 011452



Friends of the Fowey Estuary

Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website www.friendsofthefowey.org.uk or follow our Facebook Group.

Our events are Free to members and £2.50 for non-members, unless stated otherwise.

Water Voles

a talk by **David Carter,**
Kernow Conservation

7.30pm, Thursday 16th January 2025

Mission to Seafarers, Fowey Docks



Events are open to all unless otherwise stated, and you are welcome to bring your friends and family along.

Events are FREE to members and £2.50 to non-members unless otherwise stated

Field trips – please bring appropriate footwear, clothing, waterproofs, a packed lunch or money for lunch.

Children under the age of 18 must be accompanied by an adult.

2025 Programme

The FOFE committee are busy planning the programme for 2025 which is looking like another excellent mix of events

To Advertisers and Contributors

from the Editor

We are very grateful for all the fantastic contributions received at The Parish News. We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14th of the month preceding publication, otherwise the content will remain unchanged.



Higher Windmill Allotments

from **Brian Cook**

This season is a busy one on the allotments. We are clearing and preparing ground ready for the next year and devising new plans that take account of the successes and failures of 2024. While the season was short this year because of the long cold spring, all our gardeners will have had some successes to be proud of. Naturally, we will want to repeat these and also take account of what went well on neighbouring allotments. Some of our new members have had notable success this year.

At this time of year, we are not generally sowing or planting vegetables but are harvesting the winter crops that were sown and nurtured through the year. There are still the last of the beetroot to pick as well as leeks, parsnips and brassicas. We still have sprouts and broccoli to look forward to.

The Allotment Society recently had a talk at a meeting in the WI Hall from a gardener who runs an organic gardening business in the county. She passed on lots of tips and answered our members' questions on her organic techniques. In the light of this advice a number of our members have bought in green manure and are preparing their plots using this material for the new year. Others continue to use farmyard manure or bought-in processed manure.

The other big communal activity last month was our tidying up day when we gathered together waste and burned it. We also cut grass and trimmed hedges. On a plot as large as ours there is a lot of tidying to do at the end of a season. We have also had our AGM and resolved to have a small increase in annual subscription and also discussed a number of other plans in readiness for the new season.

We have a small number of vacant plots available to new members. If you are interested in joining us and benefiting from growing your own fresh veg, please speak to our Chairman, Graham Palmer or any other member. They will be pleased to hear from you.



Whitecross and district Gardening club

from **Angela Flynn**

We are a friendly group of gardeners who meet on the third Thursday of every month from September to April at 7.30pm in Whitecross Village Hall (PL23 1NF). We have an exciting programme of events and our next meeting will be a fun Christmas Social meeting. Why not come along and give us a try, you would be very welcome.

Thursday, 12 December 2024

Christmas Social Evening

Thursday, 16 January 2025

Gardening for Bees and Butterflies

a talk by Jonathan Webster, Curator RHS Rosemoor

Jonathan Webster grew up on the Isle of Wight and began his career at Ventnor Botanic Gardens before moving to RHS Garden Wisely.

After moving to Rosemoor he subsequently became Curator of these beautiful Devon RHS gardens.

For further information, please contact Angela Flynn (07711 821429)

Membership £10.

Visitors welcome to meetings £3 (deducted from fee should you become a member)

Chris

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Festival Patron Announcement

We are delighted to announce the appointment of two new Festival Patrons, Christian Browning and Iain Dale.

Christian, film director and photographer and son of Daphne du Maurier is a strong advocate of the work we do. His guidance over the years has been invaluable and we are delighted to have his continued support.

Iain, British broadcaster, author, political commentator and former publisher and book retailer, is no stranger to the Festival, having first attended over 20 years ago, when he interviewed Ann Widdecombe. This year, he returned to talk about his best selling book, *Kings and Queens*, conducted author interviews and entertained a captive audience with a live recording of his highly acclaimed podcast, 'For the Many'. Iain's support and enthusiasm for the festival is infectious and it is a privilege to have him on board.



Christian Browning



Iain Dale

Competition for young writers and artists

2025 theme: Making Waves

- Fictional or Factual Writing, Poetry and Art competition
- Open to all children aged 4-16 living in Cornwall and the Isles of Scilly
- The launch is on 13 January 2025 when additional information, rules and entry forms will be found at www.foweyfestival.com and sent to schools via School Communications
- The closing date is 5 March 2025
- Prizes and certificates in all categories and age groups
- A celebration and awards event will be held in the summer term



Friends: Becoming a Friend of the Festival is easy, simply head to: www.foweyfestival.com/friends where you can read about the different memberships and sign up online. By becoming a Friend, you will receive advance notice of the Festival programme, exclusive Friend's early bird ticket booking in addition to discounted tickets. A membership starts from as little as £30 and is a great way to support the Festival. The 2025 programme of events will be published in March, so start planning your break now. We look forward to you joining us.

You can keep in touch with us as follows:

www.foweyfestival.com info@foweyfestival.com

X: fowey_festival Facebook: @FoweyFestival

Daphne du Maurier's Cornwall

A talk by Lynn Gould

Polruan Village Hall, 2pm

Saturday, 11 January 2025

An illustrated talk about Daphne du Maurier looking at her early life and some of the events and places that gave her inspiration for her novels. Discover more about Daphne's beloved Cornwall and the countryside that became part of her life and was intrinsically woven into her work.



A qualified Blue Badge Tourist Guide brought up in and around Par and Fowey, the countryside Daphne wrote about featured strongly in Lynn's life and for many years she has led guided walks exploring Cornwall through Daphne's Novels.

Bookings can be made at Ticket Tailor

buytickets.at/foweyharbourheritagesociety

kathpearce@gmail.com

www.foweyharbourheritage.org.uk

Members free; Non-members £10; with complementary tea and coffee

FHHS Annual Membership £18 or £30 for two adults at the same address

Our Christmas Tree

by Mavis Cocks

Today, from early December onwards we see beautifully decorated Christmas trees in the windows of houses, in the stores and clubs and even on tops of houses. When I was young and also my children, our eagerly awaited tree was put up on Christmas Eve and was looked at and admired for the twelve days of Christmas, being taken down on the 6 January (in the New Year), which we knew as 'old Christmas Eve'.

My father and later my husband would pull up the river just before Christmas Eve and get a nicely shaped holly bush – berries on it were a bonus – and also some extra branches to put behind the pictures. Our tree was always hung near the ceiling in a corner of the room. This was usually the kitchen as that was the warmest and most used room. What excitement it was dressing the tree! Handing up the fairy or angel to go on the very top. Carefully handling the little delicate

shiny balls which would break if knocked or dropped. (I still have a few of these precious little balls).

There were little Father Christmas figures and bells and animals all made from chocolate. We children always had our eyes on them for when the tree was taken down. There would be little silver strands of tinsel and ever so many decorations that children loved to make. An orange or two and apples, which took quite a bit of juggling to get them to stay on the tree and pretty little tin clip-on candle sticks complete with tiny candles. These candles were only lit when a grown up was there and only for a short time to see them glowing because of the fire risk. But it was more than enough to see them there, lit or not.

All the twelve days our tree was greatly admired and was proudly shown to friends and relations. There would be sighs when

the tree was taken down and all the little decorations lovingly packed up to come out again another year. Not the chocolate ones, of course, they would be shared out among the children.

Every year our Christmas Tree was special.

First published December 2005

©Mavis Cocks



Polruan Coastguard

from Des Libby,
Coastguard Rescue Officer (CRO)

Members of the team, led by Jamie, had an enjoyable couple of hours on the afternoon of 8 October visiting our local Primary School here at Polruan. The children were able to receive guidance on various aspects of safety, living as they do right next to the harbour and the many beaches in the area. With the harbour and open sea playing a big part in their lives, especially as they get older and more adventurous, taking to the water on just about any thing that will float, and as they head off to Fowey School they will find themselves crossing the harbour twice a day with all the safety concerns involved. After the safety brief the children were able to enjoy the fun part and get hold of some of the Coastguard equipment practising using throw lines to rescue would be casualties, trying on life jackets and harnesses, looking at the stretchers, ropes, stakes and all the first aid equipment carried by the team and of course trying out the blue lights and having a look over the CRV (coastguard rescue vehicle).

From the Station Record



7 September 20.49: Report of missing vulnerable person, rendezvous Sand Hill Polperro. Working with Looe Coastguard Rescue Team (CRT) and Police a large search was carried out with a successful outcome.

15 September 14.19: Team tasked to assist Looe CRT with person with medical difficulties, East Looe beach.

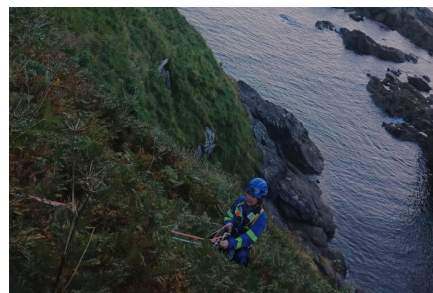
20 September 01.56: Report of person in the water at Talland Bay, using thermal imaging camera, team located casualty and taken to safety. Returned to station 04.15.

1 October 14.18: Team tasked to report of 79YO female possibly suffering from a stroke Pennyland, West Looe beach, working with Looe CRT and South West Ambulance team (SWAS).

22 October 18.21: Report of 53 YO female with knee injury and very cold at Samphire Beach, Marine Drive, West Looe, working with Looe CRT and SWAS team had a long carry out to safety.

26 October 12.11: Team tasked to assist Police with search on shoreline at Polperro for drugs washing up.

27 October 09.19: Team tasked to Bodigga Beach near Millendreath again for drugs being washed up, working with Looe CRT and Police.



Remember if you see anybody in difficulty along the coast line call 999 and ask for the Coastguard

RNLI Lifeboats

from Eric Lockyear

After the busy summer months on-the-water activity has decreased and with it the number of calls on our lifeboats. On Thursday, 19 September, Fowey volunteer crew launched their all-weather lifeboat to assist a 40-foot sailing yacht that had made a Pan Pan (non life-threatening) call. The yacht was on passage in light winds between Portishead and Plymouth with two persons on board, when it suffered engine failure about three miles off Fowey. There was no response to the Pan Pan call from any other vessels in the area, so the Coastguard requested the lifeboat launch. Fowey crew located the yacht and ascertained that the crew were tired and seasick. As the yacht was not making any progress under sail, the vessel was towed into Fowey Harbour.

Machinery failure is the largest single cause of RNLI lifeboat call outs. With boats out of the water for winter, the next few months are the ideal time to carry out routine engine maintenance and to check that adequate tools and spares are ready and maintained to take onboard next season.

On Saturday, 21 September the Coastguard requested that our volunteer lifeboat crew launch to assist a 14-foot jet boat that had broken down off Gribbin Head and was drifting onto the rocks. The all-weather lifeboat was launched at 9.45am. On arrival at the location, the crew found that a fishing boat that was in the area had already towed the casualty vessel out of immediate danger. The lifeboat crew took over the tow and returned the jet boat to Fowey harbour.

In the early hours of Friday, 20 September the all-weather lifeboat was launched to assist

with an incident in the water at Talland Bay. Within minutes of leaving the mooring the Fowey lifeboat was stood down and returned to her mooring, having been advised that the incident was being handled by other emergency services.

In the early evening of Monday, 14 October, our volunteer crew launched their D-class inshore lifeboat in response to a request from Falmouth Coastguard to search Fowey Harbour for an overdue 27-foot sailing yacht with one person on board. The vessel had departed from Plymouth on Saturday night around midnight, and was destined for Falmouth, but had apparently not arrived. As darkness fell, the entire river was searched from the Lostwithiel/Lerryn fork down to the harbour entrance, with no trace of the yacht. The Coastguard called the next day to say that the yacht had been located and that the sailor was safe. It is important to always tell someone where you are going and when you aim to arrive, particularly when sailing alone. Always carry a means of calling for help and consider having an additional method like the free RYA SafeTrx app. This can be used to plan your voyage and to alert the Coastguard if you are overdue.

Congratulations to Gary Jane and Will Maher, who completed their training and passed out as fully qualified lifeboat crew on Fowey's all-weather Trent lifeboat last month. Will joined the Fowey lifeboat crew in March 2023. So far, he has spent a total of 132 hours at sea on the lifeboats, having also qualified as a trained inshore lifeboat crew earlier this year. Gary joined the crew in April 2023. Like all crew members, he started as shore crew whilst undergoing his training for the all-weather boat. He has spent 104 hours at sea so far. As all-weather lifeboat crew members, Gary

and Will help to operate the lifeboat during training and rescues and help to ensure the safety of casualties. They have undertaken regular weekly training since joining the crew, including boat handling, radio communications, casualty care, navigation and radar.

Congratulations also to Chris Evans and Darren Burt, who passed out as shore crew last month. The role of shore crew is to help with the launch and recovery of the lifeboats on service and exercise and to contribute to the overall upkeep of the station, lifeboats and equipment.

The main workhorse of the Fowey lifeboat station is the Trent class lifeboat, the Maurice and Joyce Hardy, which began service here in September 1996. Capable of reaching speeds of up to 25 knots, the Trent was the fastest all-weather lifeboat of the time and the first to be able to cover 250 nautical miles. Fowey's lifeboat is fast and agile enough to respond quickly in all kinds of weather and sea conditions. She is ideal for offshore searches and rescues and has the power to tow large boats to safety. Should she capsize in severe weather, she will automatically right herself within a few seconds.

Comprehensive medical equipment that can be used by the crew is carried onboard, including oxygen and full resuscitation kit, pain relief medication, a large responder bag and three different stretchers.

Fowey's Trent carries a small XP boat, which is an inflatable daughter boat with a 5hp outboard engine capable of 6 knots. This allows the crew to access areas the Trent cannot reach. She also carries a portable salvage pump, which crew can take onboard boats taking on water to try and save them from sinking.

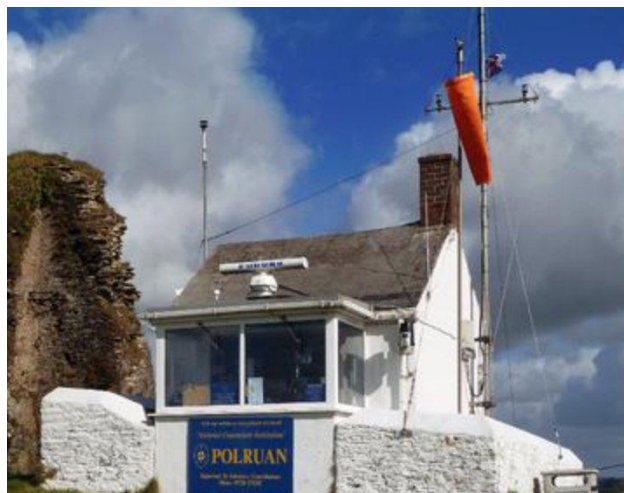
You can keep up to date with all our shouts, news, events and activities on social media on Twitter @FoweyRNLI and on Facebook @FoweyLifeboat and @FoweyLifeboatCommittee

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Lifeboats



Polruan NCI

from Ray Rigg

Leisure traffic has now all but ceased but there is still enough commercial and fishing traffic to monitor; so at this time of year, the team will be taking the opportunity to refresh their skills on the various bits of equipment in the lookout. In particular, plotting courses and bearings using the Radar and AIS (ship tracking system) as well as keeping up their paper chart plotting skills, although nowadays this is very much backup for when there is no power.

Our new Fuji binoculars are now installed and in use, they are a bit bigger than our old set, but both their build and optical quality is impressive. All NCI stations will gradually re-equip with these when their old equipment is replaced; we are in good company though as they are apparently standard issue with the US Coastguard.



Since the last article here, we have chalked up two more incidents, both of which were a bit unusual. In October one of our off duty watch keepers was out in his boat and came across a large fishing net which he reported to the Lookout. The duty watch keeper was able to contact the local Fisheries Protection Officer who arranged for it to be collected by a local fishing boat. Then, early in November, the duty watch keeper spotted a very large package at Little Coombe Hawn beach and reported it to the police. The police took it very seriously and about an hour later, two police officers turned up to check out the object. At the time of writing, we have not heard what it was.

We now have three newly qualified watch keepers, Graham Slack, Tim Burns and Nigel Trevelyan-Thomas; we also have three further trainees about to start their training and they should be qualified by the start of the 2025 sailing season. If you are interested in joining the NCI please do pop into the lookout and have chat with the duty watch keeper or contact the station manager, Ray Rigg (07956 286270).



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