



June / July 2025

The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt and Talland

Rectory Ramblings

Bernhart Langer was one of the best golfers of his generation, twice winning the US Masters and at one time topping the world golf rankings. He said:

"I had won seven events in five different continents; I was number one in the world and I had a beautiful young wife. Yet there was something missing".

He went on to say:

"The lifestyle we all (especially us sportsmen) are leading – it's all about money and who you are and who you know and what you have and these things aren't the most important things. I think people who have these things, they realise that there is still something missing in their lives and I believe that is Jesus Christ".

The spiritual emptiness that Bernhart Langer is describing is common to all humanity. One young woman said to me that she felt that there was "a chunk missing in her soul". You are not simply body and mind.

You have a soul created for a relationship with God. How then do you satisfy your soul? Believing in Jesus, Knowing Jesus and Following Jesus.

Your friend and pastor,
Richard Allen 'The Rev'



from Kathryn Hill

2025 is the 80th anniversary of the founding of Christian Aid as a response to the many needs at the end of the second World War. In Polruan there used to be a Christian Aid Committee which organised a house-to-house collection. I remember my mother being involved in this and, when I came back to live in Polruan a quarter of a century ago, I joined the Christian Aid Committee which was then headed up by Mary Goddard. For quite a few years we still did the house-to-house collection but when age and dwindling numbers made this impossible to continue, we held a fund-raiser for Christian Aid each year. Back then it was usually a Coffee Morning but more recently it has been a Tabletop Sale and/or an Afternoon Tea. Then as now, this was supplemented by collecting boxes in businesses and the three churches.

This year we started with a special Christian Aid Week service at the Parish Church on Sunday, 11 May and ended up with the Afternoon Tea/ Table Top Sale in Polruan Village Hall on Sunday, 17 May.

I would like to thank all who have helped in any way including hosting collection boxes, putting donations in collecting boxes, attending the Table Top Sale/ Afternoon Tea, providing raffle prizes, items for sale and refreshments for this, running the 'Christian Aid Table', helping set up and clear up and serving refreshments. I am grateful to you all and will publish the total raised next issue.



RNLI escort home after a shout — see page 26

From the Editor

After nine years we feel it is time to move aside and allow some other budding new editor to take over the role of editing and shaping the Parish News for the future. We have really enjoyed our time on the publication but now seek the freedom to spend more time with our family.

A big thank you to everyone who has been involved in the production, publication and distribution of the Parish News during our time and, of course, to our loyal contributors and readers.

Our final issue will be December 2025/ January 2026, that is unless someone steps forward before then. Please see the advert for a new Editor and advertising manager on page 12 and don't hesitate to contact me, should you have any queries about these roles or would like further information (suzanne.goddard@me.com, 01726 870818).

It is good to hear that the Punch Bowl in Lanreath is re-opening after 13 long years and that Sunny Side Sailing (love that name) has been recognised as an RYA Training Centre: and what literary stars we have at the Polruan Academy — skip to page 11 to read their award winning poetry!

From Open Gardens to Fêtes, Beach Galas to water-slides, coffee mornings and film shows, there is plenty to do over the coming weeks.

Enjoy yourselves and fingers crossed for a lovely summer ahead.

Suzanne

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Church Diary in the Benefice of Trelawny

**St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;
St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt**

What different styles of service will you find in the seven churches of Trelawny Benefice?

Everyone is welcome, and all our services and teaching are based on the Bible. There's usually tea, coffee and biscuits afterwards, with time to chat.

Please come along and discover what kind of service you like best.

Lansallos (St Ildierna): all services follow the ancient and beautiful words of the 1662 Book of Common Prayer, apart from a monthly contemporary service.

Lanreath (St Marnarch): evangelical services, with some led by the Lanreath Music Group (musical instruments and choir).

Pelynt (St Nun): traditional village church Holy Communion or Service of the Word, in contemporary language, together with a monthly contemporary service, sometimes outdoors.

Talland (St Tallanus): traditional village church Holy Communion or Holy Communion-by-extension services, in contemporary language.

Lanteglos-by-Fowey parish: has three churches:

Parish Church of St Wyllow: traditional services with organist and Lanteglos Choir. Holy Communion in contemporary language, and occasional Evensong with the 1662 Book of Common Prayer.

Polruan (St Saviour): friendly Café Church once a month, with round tables, prayers, singing, Bible readings and a chance to talk.

Bodinnick (St John): community services every other month, based around major Christian festivals and usually with wine and nibbles.

Outdoor services: held in the open air on village greens, farms and quaysides — they are family friendly and great fun. 'Church on the Quay' in Polruan runs on six weekends in late July and August. Other services dotted around the Benefice include Plough Sunday, Rogation, Harvest, Tractors, Pets, Equestrian and Lambing.

Sunday 1st	First After Trinity
St Marnarch	09:30 Holy Communion Service
St Wyllow	11:00 Holy Communion Service
St Tallanus	11:00 Holy Communion Service
St Nun	11:00 at Methodist Chapel
St Ildierna	18:30 Holy Communion Service

Sunday 8th	Second After Trinity
St Marnarch	09:30 Service of the Word
St Tallanus	09:45 Holy Communion at Polperro Methodist Chapel
St Nun	11:00 Holy Communion Service
St Wyllow	11:00 Morning Prayer
St Ildierna	16:00 Benefice Pets Service in the Garden

Sunday 15th	Third After Trinity
St Marnarch	09:30 Service of the Word
St Wyllow	11:00 Holy Communion Service
St Nun	11:00 at Methodist Chapel
St Ildierna	18:30 Evening Prayer

Sunday 22nd	Fourth After Trinity
St Marnarch	09:30 Service of the Word
St Tallanus	10:30 Polperro Festival Service
St Nun	11:00 United Village Service
St Ildierna	18:30 Evening Prayer
Polruan	18:30 Harvest of the Sea with Polperro Fisherman's Choir
	19:30 followed by Wreckers

Sunday 29th	Fifth After Trinity
St Tallanus	09:45 Holy Communion at Polperro Methodist Chapel
St Ildierna	09:45 Holy Communion at Polperro Methodist Chapel
St Nun	11:00 at Methodist Chapel with Holy Communion
St Wyllow	17:00 Evening Prayer

Monday 30th	Trelawny Day
St Nun	19:30 Trelawny Day Service with Pelynt Male Voice Choir

July 2025

Sunday 6 th		
St Marnarch	09:30	Holy Communion Service
St Wyllow	11:00	Holy Communion Service
St Nun	11:00	at Methodist Chapel
St Tallanus	11:00	Holy Communion Service
St Ildierna	18:30	Evening Prayer

Sunday 13 th		
St Marnarch	09:30	Service of the Word
St Tallanus	09:45	at Polperro Methodist Chapel
St Nun	11:00	Holy Communion Service
St Wyllow	11:00	Holy Communion Service
St Ildierna	18:30	Holy Communion Service

Sunday 20 th		
St Marnarch	09:30	Service of the Word
St Wyllow	11:00	Holy Communion Service
St Nun	11:00	at Methodist Chapel
St Ildierna	18:30	Evening Prayer

Sunday 27 th		
St Marnarch	09:30	Service of the Word
St Nun	11:00	United Village Service
St Saviour	11:00	Polruan Café Church
St Tallanus	11:00	Holy Communion Service
St Ildierna	18:30	Evening Prayer

From the Registers

Baptisms

15 April, Daisy Jane Hay of Truro at St Wyllow, Lanteglos by Fowey

15 April, Ethan James Parry of Cothele at St Ildierna, Lansallos

Weddings

12 April, Bradley Samuel Dyer to Emily Elizabeth Tamblyn of Exeter at St Wyllow, Lanteglos by Fowey

Funeral Services at Bodmin Crematorium

22 March, Henry William Hall of Looe followed by a Memorial Service at St Tallanus, Talland

7 April, Betty Katherine Philp of Pelynt

25 April, Tracey Jayne David of Lanreath

Interment of Ashes

14 March, Edna Donnison formerly of the parish at St Wyllow, Lanteglos by Fowey



VE 80 in Lanteglos from Kathryn Hill

The Regatta Committee started the ball rolling by putting up bunting on the Old Coal Wharf. The service at our Parish Church on 4 May was a combination of the Third Sunday of Easter and a VE80 celebration including processing out to the War Memorial for a short Act of Remembrance at the end of the communion service. This included a two minute silence started and ended with The Last Post and Reveille. Flowers were also laid at the War Memorial in gratitude to all who served. The Village Hall followed this up with a VE80 themed May Day Cream Tea on Monday (see separate article). On the actual anniversary on 8 May it was good to see Kitty's café and bakery and the Russell Inn decorated for the celebration.

Parish Diary

All dates and times are correct at the time of going to press — please check notices for changes

June

Sunday, 1st Cornwall Open Studios (see page 10)

Tuesday, 3rd Hospice Book Sale, The Corner, Polruan (see page 17)

Tuesday, 3rd Looe and District Flower Club, Pelynt Village Hall at 2pm (see page 17)

Saturday, 7th Whitecross Local Produce Market, Whitecross Village Hall, between 10am and 12.30pm (see page 18)

Monday, 9th Crafty Roosters, Polruan WI between 10am and 12 noon (see page 17)

Tuesday, 10th Coffee Cake and Catchup coffee morning, Polruan Village Hall between 10am and 12 noon (see page 13)

Wednesday, 11th WI Meeting, Polruan WI, Lynn Goold 'The Wind in the Willows, a trip down the river' at 7pm (see page 7)

Saturday, 14th and Sunday, 15th Polruan Open Gardens (see page 13)

Sunday, 15th Sing a New Song, St Saviour Church, Polruan at 4pm (see page 5)

Saturday, 21st Annual Rainbow Run, RAF St Mawgan (see page 17)

Sunday, 22nd Harvest of the Sea, followed by Wreckers Concert, Polruan Coal Wharf at 6.30pm (see page 5)

Tuesday, 24th Coffee Cake and Catchup lunch, Polruan Village Hall, from 11am (see page 13)

Thursday, 26th Crafty Roosters, Polruan WI between 2 and 4pm (see page 17)

Friday, 27th Polruan Kidz Klub end of term water slide, Sports Field, between 6 and 7.30pm (see page 6)

Saturday, 28th to Sunday, 29th Open Gardens at the Old Vicarage, Talland (see page 13)

Saturday, 28th Polruan Film Club present 'A Complete Unknown', Polruan Village Hall at 7pm (see page 16)

Sunday, 29th Bodmin Moor Re-Wetting Project and Source of River Fowey, 10 am (see page 24)

July

Tuesday, 1st Hospice Book Sale, The Corner Polruan (see page 17)

Saturday, 5th Whitecross Local Produce Market, Whitecross Village Hall, between 10am and 12.30pm (see page 18)

Sunday, 6th, 13th, 20th, 27th Polruan Market on the Old Coal Wharf between 10am and 3pm (see page 20)

Tuesday, 8th Coffee Cake and Catchup coffee morning, Polruan Village Hall between 10am and 12 noon (see page 13)

Wednesday, 9th WI Summer Social evening with Fizz and Strawberries and Cream at Polruan WI, 7pm (see page 7)

Saturday, 12th Boat trip to Lostwithiel on Beef-R, 5.30pm until 8.30pm (see page 24)

Sunday, 13th Sing a New Song at St Saviour Church, Polruan at 4pm (see page 5)

Monday, 14th Crafty Roosters, Polruan WI between 10am and 12 noon (see page 17)

Wednesday 16th Polruan Academy Summer Concert at Polruan Village Hall (see page 11)

Saturday, 19th Lerryn Film Club Coffee Morning at the Lerryn Memorial Hall, between 10.30am and 12 noon (see page 11)

Saturday, 19th Polruan Film Club present 'Thelma', Polruan Village Hall at 7pm (see page 16)

Tuesday, 22nd Coffee Cake and Catchup lunch, Polruan Village Hall, from 11am (see page 13)

Friday, 25th Beach Themed Garden Sculptures to be in place (see page 16)

Saturday, 26th Regatta Beach Gala, BBQ and Disco, (see page 10)

Saturday, 26th Lansallos Annual Fete, The Old Rectory, Lansallos at 2.30pm (see page 5)

Sunday, 27th Café Church at St Saviour, Polruan at 11am (see page 7)

Amen – Amen and Hallelujah

by Mavis Cocks

I was brought up in a Wesleyan family and we were fervent members of West Street Chapel. Always a good congregation. The same applied to the Methodist Chapel in Fore Street.

The older members were never afraid to speak out in the prayers and it was a common thing to hear someone join in the prayers with a call of 'Amen, Amen' or 'Praise the Lord' or 'Hallelujah'. Very often too the final prayer would be continued and an extra 30 mins or so would pass. In the summer these little extra meetings would take place on the Quay.

The singing then of the Wesley and Sankey hymns was really most enjoyable. Even the old men who were always to be seen smoking their clay pipes in the Linney would join in. The hymn singing was heard and appreciated by the folk across the river in Fowey.

Mr Tommy Marks of Polperro and Polruan's Mr Charlie Toms were popular preachers. The preachers mostly lived locally and were welcomed into households for lunch or tea. Both chapels were fortunate to have really good and enthusiastic organists such as Mrs Alice Stone for the Wesleyan and Mrs Hender in the Methodists. I remember too how each chapel had an organ 'pumper' or 'blower' to pump the air needed for the organ to be played. Sometimes this very necessary person, sitting behind his curtain, would have a doze – maybe during the sermon – and had to be given a poke to wake him up.

Each chapel had its Sunday School with several classes and teachers. That seems incredible now when very few children go any where on a Sunday. Looking back I think we all enjoyed those Sunday School days. Many friendships started, most of which lasted a life-time.

It seems sad that both chapels along with the Sunday Schools are no longer needed. Times and circumstances bring such changes but the lovely memories stay with us forever.

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St Tallanus from the Old Vicarage — see page 13 for National Open Gardens

The Churches of the Benefice of Trelawny

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Benefice

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Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

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Churchwardens Margaret Phillips 07493 310816

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Secretary Glen Feesey 01503 220884

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The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

News from Lansallos

from John Feesey, Lansallos PCC

Did The Nazis Attempt a Landing Near Lansallos in World War Two?

As we are commemorating the 80th anniversary of the end of World War Two this year (VE Day and VJ Day), it might be interesting to revisit the suggestion that there had been an attempted landing in our area in 1940 by a small German force.

The source of this claim is a letter published on 29 June 1984 in the 'Live Letters' column of the Daily Mirror (a clipping of which I have in my possession). It was written by ex-Fahnenfunker (machine gunner) Ernst W Baurmann of Nr 8 Kommando, Abwehrsmarine, and here is what he said:

"In September 1940, when I was twenty, I was informed that I and my comrades were to embark on an invasion of Britain, but our excitement at this awe-inspiring escapade turned to nightmares when we were told that a mere 235 of us would take part.

We knew that our superiors were sending us to test the strength of our British adversary. We were within sight of the Cornish coast when a solitary Spitfire spotted our barges and banged away.

Five hundred yards from the shore, Wellington bombers appeared and began to drop gasoline, turning the sea into an inferno (as they had done elsewhere).

My clothes were smouldering and I ran up the shore, rolled in the shingle, and was captured.

Only eight of us survived. We came ashore somewhere between Polperro and Lanteglos by Fowey, Cornwall.

In 1946 I returned to my home in Havel, Berlin, but in 1955 returned to Britain and met my wife, Thelma. We have two grown up children.

I hope my story will ease your curiosity and if you can forgive, I can certainly forget."

Ernst Baurmann

What a fascinating letter, isn't it? And are Ernst's claims true? There doesn't seem to be much corroborating evidence that I can find. However, Britain was at a high state of alert at that time, with an invasion expected at almost any minute, and it's quite possible that news of any attempted landing such as Ernst described would have been hushed to avoid spreading anxiety among the population.

Our late churchwarden Brian Langdon, who was a young lad at the time, told me that he remembered standing on the cliff overlooking Lansallos bay and seeing what appeared to be many bodies floating in the water. But if so, where were they subsequently buried? Local farmer, Tom Talling, also recalled being told by Home Guard friends that they had taken into captivity several German soldiers who had come ashore at Lantivet cove.

If a landing was planned between Polperro and Lanteglos, the beaches at Lansallos and Lantivet might seem the best places as the rest of that coastline is very rocky and backed by rather formidable cliffs.

The Wellington bomber was certainly used in 1940 by RAF Coastal Command in an anti-shipping role, but I can find no record of gasoline bombs being employed. On the other hand, Ernst had no reason to make



up his story, did he? The jury is out, but if anyone else has any information on this subject I would be very glad to know about it (johnfeesey@gmail.com).

Lansallos Fete

The famous Lansallos Fete will take place on Saturday, 26 July at 2.30pm, so please put it in your diaries now as it's not to be missed! The venue is The Old Rectory next to the church, by kind permission of Ms Tess Silkstone (in the church if wet). The fete is an old-fashioned style event with lots of stalls, games, plants, tombola, a toy sale, a draw, cream teas and much more, with plenty of parking in the NT car park just up the road. We would be grateful to receive any unwanted gifts or other items suitable for tombola or draw prizes (Glen or John on 01503 220884).

Asphalting of churchyard paths and parking area

After a wet winter, with mud and debris being carried into the church on people's shoes, Lansallos PCC decided to have the main churchyard paths, together with the small parking area, asphalted by contractor J T Pearce. Despite weed killer being applied first, dandelions have pushed through the new 4 inches of asphalt in some areas. The contractor has unfortunately no choice but to try to eliminate the dandelions with further applications of weed killer. A warning notice to dog owners will be put on the church gate when this treatment, which might take some weeks, is underway.

A Disclaimer

After a reader recently questioned if opinions expressed in the column represent the views of Lansallos PCC, the Benefice or the Church, I wish to make it clear they are strictly my own.

*Betho whye lowenack -
Happiness to you!*



News from Nigeria

from Kathryn Hill

As attacks on Christian communities and individuals increase there is a growing movement urging Christians to defend themselves which is very worrying as it could well lead to increased violence and even civil war. One encouraging bit of news, however, is that when a large Christian gathering was attacked at Gombe over Easter and the perpetrator was captured, he wasn't killed as often happens in such cases, but handed over to the Police for prosecution and fair trial.

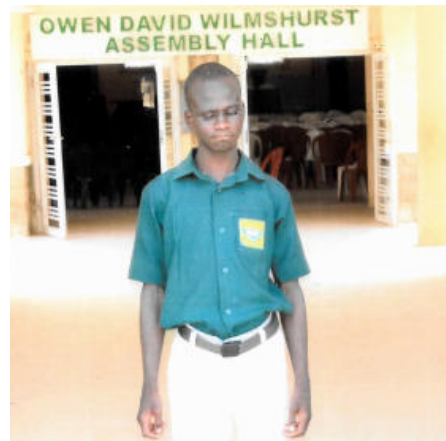
This has made a huge impression on the local Muslim community as, if the attack had been the other way round, the perpetrator would certainly have been killed.

For several centuries, the Hausa and Fulani tribes have been allies and close associates so much so that they have been known as the Hausa-Fulani and regarded as one entity. This has now changed dramatically, partly because some Fulani terrorists have been attacking Hausa communities and individuals who they consider 'not Muslim enough' and partly because many Hausa people are peace-loving and disapprove of terrorism. So much so that many are saying "we don't want to hear 'Hausa-Fulani', we are Hausa and are not part of what they are doing!".

That is encouraging but, unfortunately it has resulted in some Hausas taking up arms against the Fulani and they are not just attacking Fulani terrorists but any Fulani they meet and by no means all Fulani are terrorists, in fact there are a number of Fulani Christians! There is fear that the new attitude taken up by many Hausas could lead to genocide of the Fulani people in Nigeria.

Sadly, the economic situation remains dire with many people struggling to feed themselves and to educate their children, I recently heard a broadcast about the very worrying number of young Nigerians whose parents cannot afford to educate them.

In them last issue I wrote about Nenchin coming to the end of his secondary education and wanting to go to UniJos to study Law. I have had a couple of people indicate that they are considering supporting him to do this and I plan a fundraiser in the summer for him, but I am yet to sort out a date for this so please look out for posters and posts on social media. Please contact me if you would like more information about Nenchin on 01726870953 or via email kathrynehill39@gmail.com



Come along and join us for
'Sing-A-New-Song'

Enjoy a sing-along of songs and
hymns old and new
All singing abilities are
welcome!

WITH A CUPPA
CAKES AND BISCUITS

Every 2nd Sunday at
St Saviour Church 4pm

Contact: Angie Mallard 07967 131525



Summer Fete

LANSALLOS FETE
Saturday 26 July at 2.30pm

Old Rectory garden (next to the church)

A traditional, old-time event,
with lots of stalls, games,
tombola; a raffle, plants,
home made cakes, luxury ice
cream and cream teas.

Plenty of parking in the
National Trust car park next door



YOUR VILLAGE NEEDS YOU

The WI will be hosting a "Polruan has Talent" spectacular at the Village Hall on Saturday 1st November, to raise funds for local charities.

Can you sing? Can you play a musical instrument? Can you juggle? Could you do a recital? Do you have a hidden talent? We would love to see it.

We are looking for anyone who would like to join us for a fun evening of entertainment. If you would like to be included please contact Doe Jackson on 07538 103378 who would love to hear all about it and give you more details.



Harvest of the Sea Polperro Fishermens' Choir Polperro



Polruan Coal Wharf
Sunday 22 June 6.30pm
Followed by Wreckers Concert

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Marmalade and Jam from Kathryn's Kitchen

Available in St Saviour's porch and at the back of St Wyllow.

Help yourself in exchange for a donation to school fees for Nigerian students – blind students at Gindiri Boys Secondary School where Kathryn used to teach and for the children of *Internally Displaced People* who are the victims of sectarian violence.

POLRUAN SURGERY HOURS
 (from Fowey River Practice)

Polruan Surgery is open from:

Mondays
 2.30pm until 5.00pm

Tuesdays
 8.30am until 12.00 noon

Wednesdays
 Closed

Thursdays and Fridays
 8.30am until 12.00 noon

POLRUAN KIDZ KLUB

END OF TERM WATERSLIDE

27TH JUNE 2025
 (IF WEATHER IS BAD—13TH JULY)

6-7.30PM

AT SCHOOL SPORTS FIELD

Fees £1.00 per child

Children under Reception age must have parental supervision.

*** Remember your towel and change of clothes ***

Parental consent required for Kidz Klub registration

Contact: Angie Mallard 07967 131525



Crossword

ACROSS

- 3 Apart (9)
- 8 Scrap (4)
- 9 Tension (8)
- 10 At a loss (6)
- 13 Raises (5)
- 14 Cocktail (7)
- 15 Short for Sally (3)
- 16 Distrust (5)
- 17 Stadium (5)
- 21 Computer (6)
- 22 Disband (8)
- 23 Peruvian tribe (4)
- 24 Judge (9)

DOWN

- 1 Picture (9)
- 2 Faithful (9)
- 4 Calmed (5)
- 5 Ammunition store (7)
- 6 Cain's brother (4)
- 7 Soothe (4)
- 11 Playboy (9)
- 12 Vanish (9)
- 14 Floor covering (3)
- 15 Academic (7)
- 18 Vigilant (5)
- 19 Perjurer (4)
- 20 Italian town (4)

JUNE • JULY 25

Crossword compiled by John Thompson

News from Polruan Village Hall

from PVH Management Committee

Our May Day Cream Tea on Monday, 5 May was, as always, a great success. This year it was themed for the VE80 celebrations and saw the Hall and the outside space decorated with bunting and flags and with a film from the wartime celebrations running on the big screen. The support of the community was exceptional, and the event raised almost £450 for Polruan Village Hall funds. Thanks especially to the Committee members who organised and delivered the event, to all those who helped on the day and provided cakes and raffle prizes. Of course, thanks also to you all for supporting this event and making it such a success. Here are some more Polruan Village Hall events for your diary:

Sunday, 17 August – Village Hall BBQ on the Coal Wharf

Sunday, 26 October – Autumn Afternoon Tea

We mentioned in the last update that we were replacing the Notice Board, and this is now in place on the end wall. Thanks to Mike Parlett for sourcing and installing this. We are grateful to the National Lottery for a grant to cover the cost.

We are looking to improve the Entrance Hall and external lighting. We are intending to upgrade and improve the heating system. With the current Government subsidies on Heat Pump installations, most contractors are very busy, making it difficult to obtain quotations, but ideally, we would like to see the work completed before another Winter.

Also underway is the replacement of the doors on the front of the stage to improve access and address safety issues with the current doors. A new Automatic Fire and Smoke Warning System, funded by our Local Councillor, Mr Jim Candy, through the Councillors Fund and The Norman Family Trust, is shortly to be installed.

There are regular activities throughout the week in the Village Hall. If you are interested in what is going on each week or in using the Hall, contact our Booking Secretary, Kathryn Hill on 01726 870953 or at kathrynehill39@gmail.com

See our website for details of what the Hall can offer www.polruan.org



theWI
INSPIRING WOMEN

Polruan WI

from Karen Windsor, President

March saw us welcome Caroline Jeffries as our speaker. Caroline lives in the village and gave a very interesting talk on how she has become a Celebrant, using her previous career in TV, her interest in people and love of public speaking to enable her to flourish in this new career.

Also, four of our ladies took part in the latest Rosebowl quiz at Ladock WI where we gave our best performance yet! A lovely afternoon visiting another WI in the county.

In March we also raised an amazing £528 thanks to the Lugger Inn putting on a quiz evening and meat raffle for us. It was a great evening and very well attended. Many thanks to the management of the Lugger and all who supported the event.

April brought Merryn Threadgould to our meeting to talk to us about a game she has

devised called the Cornish Memory Game. It works along the lines of the favourite family game 'pairs' but each card has an interesting picture that relates to a story about Cornwall. It was a very enjoyable evening.

Our Easter Saturday tea was another resounding success and we raised a further £350 towards our much needed funds. Thank you to all who came and supported us.

We always welcome visitors to our talks, do please come and join us. Should you need any further information I can be contacted on 07800954770.

Dates for your diary

Wednesday, 11 June - Lynn Goold, The Wind in the Willows, a trip down the river.

Wednesday, 9 July - a Summer social evening with fizz and strawberries and cream.



Hall Hire

Should you wish to book the Hall for an activity, please contact our bookings clerk:

Kathryn Hill
01726 870953,

kathrynehill39@gmail.com,
who will be happy to help
with any queries.

The Hall costs £15 per session
(i.e. morning, afternoon, or evening)
which includes the use of all facilities
including free WiFi, the Audio Visual
System, comprehensively fitted kitchen
and heating and lighting.

Licensed for music, alcohol, films and
entertainment



Sunday, 27th July

**St Saviour Church
at 11 am**

**You are welcome to join us for
an informal, all - age service
With coffee and cake**

theWI
INSPIRING WOMEN

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LETTERS TO THE EDITOR

Suzanne Goddard
Springhill
Chapel Lane
Polruan PL23 1PG
01726 870818

suzanne.goddard@me.com

or use the letterbox in the porch
of St Saviour Polruan

*The Editor welcomes your letters and
contributions however in fairness to
others reserves the right to abbreviate
owing to limited space available.*

*We regret that we cannot accept
anonymous contributions. Please give
your name and postal address: this
will not be published in full unless you
specifically request it.*

*Views expressed are those of the author
and do not represent those of the Editor
or the Parochial Church Council.*

*Stay in touch anywhere
around the globe*

*The Parish News is
available online at:*

www.lanteglosbyfowey.org.uk

*The official website of
Lanteglos by Fowey
Parish Council*



**Closing date for the
1 August 2025 issue is**

Sunday, 14 September 2025

Please send all copy and letters to

Suzanne Goddard at
Springhill
Chapel Lane
Polruan PL23 1PG

suzanne.goddard@me.com

01726 870818

Or use the letterbox in the porch of
St Saviour's Church Polruan
no later than

Sunday, 14 September 2025

*** Thank you ***

Clarification

from the Editor

I had a query from a concerned reader that one of the cast members from the Pantomime had been 'blackened up' for the performance. For the avoidance of doubt, I can assure our readers that this was not the case. The Ogre was tinged green and unfortunately, in the photograph in the April/May edition the lighting cast a shadow over the actor's face which, with hindsight may have led to this misunderstanding. We will do our best, as always, to try to ensure that photos which may be misinterpreted are not included.

Street Bunting

from the Regatta Committee

As in past years, we are required to seek permission from Cornwall Council Transportation Service, to put up our bunting across the highway in readiness for the Regatta.

Cornwall Council's Street Works team ask us to inform property owners that they may have our summer bunting attached to their property. The bunting is put up by people who have had experience of doing this for many years and pay due respect to property.

The bunting goes up towards the end of July and is taken down in early September but until the bunting is being put up, we cannot be specific as to which property will be used.

We have become aware that properties have changed owners over the past few years. Therefore, we realise that it is only courteous to make all aware of our tradition of decorating Fore Street and a length of East and West Streets with bunting, secured in zig-zag fashion across the road.

We quite understand if you do not wish the bunting to be attached to your property and, if this is the case, shall be grateful if you will let us know before mid-July.

Please contact Mark Pope (07884 001123 or email mark@polruan-regatta.co.uk) or Malcolm Dodd at the May Whetter and Grose Financial Centre, 3 Fore Street, or email malcolm@polruan-regatta.co.uk.

Thank you for your understanding.



Letter from Australia

from Mary Taylor, Cootamundra

I thought I would get away without having Covid but unfortunately not — it has hit me hard. I needed help to get to the bathroom and make a cuppa, so thankfully John came over to help me. I felt dreadful over the weekend and then visited the doctor on Monday who carried out blood tests and swabs. I didn't find out from the doctor until Friday that it was Covid and by then, it was nearly over.

I had a quiet Easter, just me for lunch. Plum was with his son, John stayed home. Trish and a friend went on a cruise in New Zealand and had a great time. Liz and Kim were busy painting and getting things ready for the solar panels and battery, but Liz has been having dizzy spells so it's taking longer than they would have liked.

We had Anzac Day on the 25th. Plum went to the dawn service; the weather was good for it. That said, the farmers will be pulling their hair out soon if we don't get any rain — it's been very dry around here. We put ourselves on tank water, but it's already down to halfway, so it'd better rain soon to fill it up! We're getting cooler early mornings and evenings now, but the days aren't too bad.

Liz and Kim are still in their caravan out on the back lawn but will move into the house once its ready.

I'm not a catholic but was sad to hear about the Pope — one day I hope there will be no more wars, but I doubt that will be in my time.

I will close now and wish you all a very good summer.

Marmalade and Jam

from Kathryn Hill

Last year I ran out of marmalade to sell in July, this year I ran out in early May!!! I have made jam partly from fruit that has been in my freezer for jam making since last year and partly from Polruan grown rhubarb, kindly donated by Beth and Pam and that has been selling well. I did freeze some Seville oranges earlier this year and, by the time you read this, I hope to have turned them into some more marmalade which will join the jam in St Wyllow and in St Saviour porch. All proceeds to the blind students including Nenchin.

Cafe Church

from Angie Mallard

Please note that there is no Cafe Church on 22 June, as we will be celebrating the Harvest of the Sea. Cafe Church will resume on 27 July.



Damaged Plants

from Kathryn Hill



Damage done to plants in one of the flower beds by the side of the back entrance to Brilliant Terrace by inconsiderate scaffolders loading their lorry.

Julie Courtney

from Beth Rigg

It is with sadness that the death is announced of Julie Courtney, formerly of 1 Fore Street Polruan.

Julie, who along with her husband Charles, had been living at Trecarrel Care Home, died on 27 April 2025. Julie will be remembered for her ready smile, always laughing and finding the best in any situation. She was a member of the Polruan Theatre Club and the Lanteglos Church Choir, bringing her sense of fun to all. Julie was cremated privately on 7 May.

Responding to adverts

from the Editor

Readers are kindly requested to mention the Parish News when responding to our advertisers.

It helps the advertisers to know that their advertising is effective.

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Letters from Nigeria

from Kathleen and Daniel

Another new month. How time seems to fly by quicker than before, or is it because we are getting older! I suspect the latter.

We have had quite a lot of rain and folks are preparing their farms. Pray that all may get a good harvest.

The terrorists continue to reek havoc all over Nigeria, but efforts are being made to curtail their activities. Thank you for your prayers, we are very much aware of this and can rest in the Lord knowing He knows best.

Manasa is a major help to us looking after the 22 students in University or Polytec; leaving me to look after the 78 students in Nursery, Primary and Secondary School. To all our Sponsors, we thank you so much as without your help we simply do not know what would have become of all these children and young people. Undoubtedly, we feel they would not be in school, like so many thousands of Nigerian children because of the terrorist activity and economic problems in Nigeria.

We mentioned Emmanuel Bitrus in our last letter, whose father was killed in a road accident. Wonderfully, one of our Prayer Partners is sponsoring him with his education, together with three other children, for which we give thanks.

Kumi and Bethany hope to visit Nigeria this month. Ella will be pleased to see them, and also us.

Yusuf's mother was called home recently and Yusuf was able to come to Nigeria for the funeral. She will be missed for her faith and love for the family. Yusuf returned to the UK yesterday.

We keep reasonably well and keep on working hard. We praise God for all He does for us.

With our love and prayers.

Since writing the above there has been a terrible event and there is an urgent need for prayer. 200 gunmen came into some of the nearby villages killing a lot of people and burning down houses. We cannot help wondering who or which village will be next.

We ask you to pray that God will stop them from coming. There are soldiers nearby but what can ten soldiers do when 200 gunmen come?

When we were in Gwoza we saw God answer our prayers; men came to kill Christians and because of our and your prayers the men went away. Pray that this will happen again. Thank you for praying. We are in The Lord's hands and Praise Him for that.



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bonniebate@yahoo.com

Image by: Stocksnap from Pixabay

**Polruan Regatta and
Children's Sports**

from the Committee

The choosing of the royalty for 2025-2026 will have taken place by the time this edition is published. The children will be crowned, as always, on August Bank Holiday Monday, our Regatta Day.

All the children aged from Reception to Year 11 will be given the opportunity to enjoy a Seafari experience on 13 July, weather permitting. The trip was so successful last year with sightings of dolphins, gannets and other sea birds. We plan another outing, to age related venues, in September.

Along with all our events, none of this would be possible without the very generous support of our Patrons. On behalf of the children and families we thank them.

The Beach Gala is booked to take place on Saturday, 26 July. The team games taking place from 12.30pm. Entry forms will be available, nearer the event, from the Winkle Picker and Polruan Store. This year we will be adding an evening barbecue and disco starting at 6pm. Watch out for posters for further details.

The annual Scarecrow competition returns at the end of July, with a difference this year. Scarecrows will take the form of garden sculptures. See separate article for details on page 16.

Plans for our Regatta weekend at the end of August (23rd to 25th) are well advanced. The Lostwithiel Town Band will be with us along with favourites such as the ball roll, beach volley ball, sandcastle and sand sculpture competitions, sailing races and so on. Further details will be in the next addition of the Parish News.

Thank you for your continued support of our great Parish organisation



An Amateur Gardener's

Heartfelt Prayer

by Mavis Cocks

May the good Lord keep cats from my patch.
Shoo them away to other places to dig and scratch.

May slugs and snails give me a rest,
then I'll no longer see them as pests.

May sun and rain be kind to my seeds,
then I'll raise hardy plants and not weeds.

May my puny efforts be crowned with success,
then I'll thankfully sit back and rest.

And if I smugly start to bore friends, well then
may they stop me with a fervent amen.

LPN April 2005

**CORNWALL
OPEN STUDIOS**

from Janet Downs

30 May to 1 June

11am - 5pm daily

For over twenty years artists and craftspeople have been opening their studios and homes free of charge to visitors from all over Cornwall and much further afield. This year we have three local artists participating within the parish:

Louise Kidd Venue 199

Contemporary landscape painting

The Swallows

Battery Lane, Polruan

PL23 1PW

www.louisekidd.co.uk

Louise's studio will also be open during Fowey Festival week (9 - 17 May).

Janet Downes Venue 200

Contemporary Silver Jewellery

The Mill House, Trethake

PL23 1NL

www.janetdownes.com

Olivia Clifton Bligh Venue 201

Printmaking and bronze sculptures

Also available: Linocut printmaking workshops (booking essential)

Trethake Mill

PL23 1NL

www.oliviycliftonbligh.com

As a visitor you'll be able to experience the artists' studios, see their work, and talk to the creators themselves. Naturally the work will be for sale, but there's no obligation to buy.

For details of all the other artists taking part throughout Cornwall please see the Cornwall Open Studios website: www.cornwallopenstudios.co.uk





News from Polruan Academy

from Jane Wills, Head of School

Our school shines at the Fowey Festival 2025

We are incredibly proud to announce that our school had an outstanding showing at this year's Fowey Festival of Arts and Literature! The event, which draws schools and creatives from across Cornwall and beyond, was once again a brilliant celebration of talent, imagination, and community spirit — and our students truly rose to the occasion.

All the children submitted entries to both the art and poetry categories and several of them were short-listed in their categories, and we are thrilled to share that Ava won the poetry category for Key Stage 2 and Ronnie was second in the Key Stage 1 poetry category!

Both the children attended the ceremony at Fowey River Hall where they received awards and shared their poems with the audience.

In addition, many others have been awarded Highly Commended and Commended certificates.

Following the event, we have learnt that Polruan Primary Academy have been chosen as beneficiaries of The Mid Cornwall Arts Society grant which supports schools in securing an artist to work with them for the day. We will provide further details of which artist we have chosen and when they will come to school to work with the children

Zooming Waves

Swash and swim, off we go, racing fast
or drifting slowing. Sunshine sparkles
breezes play

Let's have some fun this sunny day.

Kayaks glide and oars go swish! Sail
boats disco on crazy oceans floating free
in the wind.

Hold on tight let's pick up speed.

Jet skis zoom what a lead!

Paddle boards bumping spray
so high, floating oceans,
reaching sky!

From Polruan to Fowey these adventures
we will keep Swash and swim and roar,
water sports — hip, hip, hooray.

By Ava

The Waves

The waves bang on the rocks,
while people get a dreadful shock.

The swimmers swam back to the shiny shore,
and put there feet on the sandy floor.

The rocks are stuck together like glue,
while they see over the ocean view.

The seagulls flap their colossal wings,
other seagulls steal some chicken things.

The crabs snap their monstrous claws,
while sharks open their strong jaws.

The waves bang on the rocks,
while people get a dreadful shock.

by Ronnie Wilcock

Exciting news: Music for all thanks to Polruan Film Club Funding!

We are absolutely thrilled to share some wonderful news that will strike a chord with our entire school community — thanks to generous funding from Polruan Film Club, we are now able to continue offering music lessons this summer term to all our pupils to be provided by Mrs Butlin.

This incredible support means that every child, regardless of background or experience, will have the opportunity to explore music, learn an instrument and discover the joy of making sound together.

To share what the children have learnt from these lessons, we are planning a summer concert in the Village Hall on 16 July – further details to follow.

Music plays a powerful role in a child's education. It boosts confidence, improves memory and concentration and gives children a unique outlet for creativity and self-expression. At our school, we have seen first hand how music lessons can unlock talent and build lifelong skills.

We extend our heartfelt thanks to Polruan Film Club for believing in the value of arts education and investing in the potential of our young musicians. Their generosity is helping us create a school environment where music is not a luxury, but a right for every child.



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10.30 am -12.00pm

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your membership!

Not yet a member? Come and have a
chat with us!

To join the Lerryn Film Club or to come
as a guest please contact Sue on 01208
871513.

Your Parish News Needs You

A new Editor is needed for this popular local publication

The role covers all elements of managing the editorial, design, publishing and distribution process and is ideally suited to two or more people sharing the production activity with one acting as Editor.

The Editor will also oversee advertising and revenues.

This is a voluntary role.

For further information please contact the current Editor
Suzanne

suzanne.goddard@me.com

01726 870818

Polruan Pups

from Emma De Riso

Now we are getting some nice weather (let us not get too excited and scare it away!) there are a few things we should be aware of as pet owners. One of the most important things is knowing how to help your pet cope with the 'big yellow' thing in the sky and the associated heat that comes with it!

Be aware of the temperatures that are safe for your dog. Generally, the safe temperature is 10°C/50°F to 19°C/66°F. It is considered safe for you to exercise your dog at all times of the day, but care and attention must still be taken with large, obese or flat nosed breeds.

At temperatures of 20 - 23°C (68 - 73°F), there is a risk of heatstroke if dogs are exercised too rigorously, especially obese or flat nosed breeds. With temperatures rising to 24 - 27°C (75 to 80°F) extreme caution is needed for all breeds.

The way to test the temperature for your pet is place your hand on the pavement and hold it there for 7 seconds. If it is too hot for you then it is too hot for your dog! Did you know that if the air temperature is 25°C/77°F then the pavement is 52°C/125°F!

If worried that your pet may be struggling in the heat the signs to look out for include, but are not limited to, frantic panting, extreme



salivation, fatigue, disorientation, bright red membranes, diarrhoea and vomiting.

Avoid walking your pet during the hottest time of the day (between 10am-4pm), to avoid the risk of heatstroke and ensure they have access to fresh drinking water at all times. Ice can keep water cool but ensure ice is a suitable size to reduce the risk of choking.

Enjoy your days out with your four-legged friends but be responsible and remember — just because you want to be out in the glorious weather, doesn't mean it's safe for your dog.

For details of the Services Polruan Pups offer please contact us on 07442 37662, find us on Facebook or email us at polruanpupspetsitting@gmail.com (see our advert on page 13).



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Thank you for supporting our local business

Higher Windmill Allotments

from Brian Cook

As gardeners we always complain about the weather. This year we have suffered from low temperatures until recently. It has also been very dry . . . not really the conditions to encourage an early start to seed sowing. Recently when it was warm during the day, nights were cold.

Notwithstanding this, we have made a load of progress on the allotments. There are potatoes on many plots, courgette and pumpkin plants, beans, salads and a variety of brassicas . . . sprouts, cabbages and broccoli. Seeds have been sown for parsnips, carrots, beetroot and much else and onion sets and leeks are sprouting.

We have rhubarb already and are looking forward to a good strawberry crop . . . provided we protect it from the birds. In the peak of summer, we expect to have gooseberries and currants. Flowers can be seen flourishing on several plots.

At present, because of the dry weather, we have been watering our crops on a regular basis. We have also had to protect young plants from birds with nets. We can't really share the plot with the rabbit that has been spotted recently . . . we have to frighten it off. Along with all this, a lot of day to day weeding must be done on every plot and there is a rota for grass cutting around the site.

Allotment gardening is very satisfying and nothing beats having fresh vegetables that you have grown. We have a number of plots available. Why not come along to our open day this summer? If you are interested in getting started, contact our association Chairman, Graham Palmer or Secretary, Lis Taylor.

Polruan Open Gardens 2025

from Sue Rowe

Nine gardens in Polruan will welcome visitors on the afternoons of 14 and 15 June between 1 and 5.30pm. Parking is available at St Saviour's pay car park (PL23 1PZ) and Tickets and maps will be available at the Polruan Village Hall (PL23 1QA) and on The Quay, for those arriving via the passenger ferry. The cost will be £6 per person for admittance to all nine gardens (no charge for children).

Trekking around Polruan can be thirsty work, so afternoon teas will be available at the Polruan Village Hall throughout the event.

Why not come along and see the varied and beautiful gardens, all with different views, and the diverse styles of coastal planting and terracing to suit sites with steep slopes. Including a small woodland, ponds, roses, herbaceous borders, rhododendrons, summer planting, picnic areas and even a funicular railway and art studio.

We look forward to welcoming you.



Open Gardens

The Old Vicarage Talland PL13 2JA

Saturday, 28 and Sunday, 29 June between 1 and 4pm

Admission £5 (children free); light refreshments available.

A Vibrant 4 acre south-facing coastal garden, with varied stunning vistas of Talland Bay, the ancient Talland Church and surrounding hills.

Restoring this historic churchyard garden has been a labour of love since 2018. Paths and steep steps wind through terraced gardens.

Distinctive features include mature Monterrey pines, large magnolia, copper beech and a small vineyard; recreational facilities include a tennis lawn, pétanque and a sand pit for younger children.

For further information visit: ngs.org.uk



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Lunches too

Held at Polruan Village Hall

Join us for our community **Coffee Mornings**: Tuesday 10th June and Tuesday 8th July from 10-12 noon. Lots of home made cakes and plentiful hot drinks with great company thrown in for free!

And our **Lunches**: served Tuesday 24th June and Tuesday 22nd July From 11am. Lunch happens around 12 noon. We close at 1pm after finishing up the delicious cake offerings our volunteer bakers, Jam First Buffet and Bakes and Kitty's Koffiji and Polruan Village Stores have supplied.

Community Bus outings: Two great outings in April and May to the North Cornwall Coast and Japanese Garden at St Mawgan and another to St Mawes & St Just-in-Roseland. More planned for June & July. Come along to CCC and find out more! We have a **Facebook page** too - just search for Coffee, Cake and Catch-up

Don't forget if you need transport (within Polruan), please phone Sue on 07811 756615 or email us at polruanccc@gmail.com. No charges but donations always appreciated.

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PLEASE PICK UP AFTER YOUR PET

Fowey Interior Designs

from Alex Evans

A huge thanks to the Parish Magazine for giving me the chance to introduce myself and my business, Fowey Interior Design, which I run from our home in Polruan. My Dad, Eric Evans, came to Polruan on holiday many times with Mum, to escape the responsibilities of being Dean of St Paul's Cathedral. They'd both smile at seeing me in this Parish magazine.

My partner Marcus and I hatched a plan to move to Cornwall at the end of lock-down and eventually we moved to Polruan.

We feel so lucky to have a place with inspiring views overlooking the estuary to Fowey. We've felt very welcome here and this inspired me to launch a new business in interior design.



After working for 30 years in film and TV design it's a natural progression to design both domestic and commercial interiors that reflect their location and owner. I work with clients to bring their dreams to life in their property – whether to host a business from, live in, rent or sell.

We start with mood boards, concept drawings or 3D modelling to reimagine each property. This might be a one room renovation or a full turnkey redevelopment. A sunken fire pit or lofty conversion. A summer garden room or cosy winter living room.

Uncovering each client's story and dreams is what makes my work incredibly rewarding. I'm also passionate about enhancing our much loved community that gave this business its roots.

Every project starts with a conversation — and I'd love to hear from you.

 www.foweyinteriordesign.com

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FOWEY INTERIOR DESIGN

Fowey Interior Design will run with your way of seeing to create the bespoke interiors you wish for to schedule and to budget

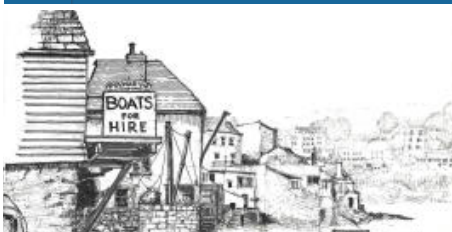


 www.foweyinteriordesign.com

 alex@foweyinteriordesign.com

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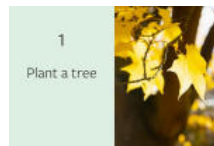
Looking forward to hearing from you



10 ways to be more sustainable in your garden

from the Royal Horticultural Society

Make a difference to the environment with these easy tasks

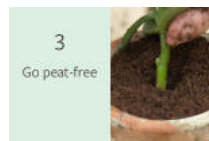


Trees are brilliant at drawing down carbon from the atmosphere.

If all 30 million UK gardeners planted a medium-sized tree in their community, school, workplace or garden and nurtured it to maturity, they would store enough carbon equivalent to drive you more than 11 million times around our planet.

Switch from mains to rains in your garden to save carbon. Make your pledge on mains2rains.uk

Use a water butt containing water that falls onto your roof instead of turning on a tap from the mains supply, or use a watering can instead of a hosepipe. So far 6.6 million litres of water have been pledged to save on the RHS mains2rains website, equivalent to taking 82,385 baths - saving enough carbon equivalent to charge 1.3 million smartphones.



Peatlands are the world's largest carbon store on land. They provide valuable ecosystems for plants and animals and act like sponges, reducing the risk of flooding.

When we take peat for our gardens, carbon is released and habitats are damaged. Keeping peat in bogs – not bags – is a crucial part of the fight against climate change. Our planet's billions of acres of peat hold more carbon than all the world's forests combined.

Carbon saving quantities linked to home composting (as opposed to buying bagged retail compost) are equivalent to 1.85 miles (driven by average car) saved per kg of home compost made.

Every 1kg of homemade compost typically saves over 0.1kg fossil CO₂ emissions, which could save more than 5.1 kg carbon, per gardener, every year.

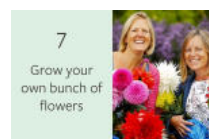


Garden soils and perennial plantings play an important role in storing carbon.

If 30 million gardeners pulled up a paver and planted 1m² of perennial plants (either herbaceous, shrubs or trees) in their community, school, workplace or garden and allowed it to develop to maturity, depending on the plants grown this would be equivalent to heating between 86,000 to more than one million homes for a year!

Pollinators need our help. Loss of habitat is one of the main reasons why we see fewer bees, butterflies and other insects visiting our gardens.

Help slow and reverse the declines in bees, butterflies, moths, hoverflies and other pollinators by growing a wide variety of plants including a mixture of native, near-native and exotic plants to support pollinator diversity.



Some imported flowers have up to 10 x the carbon footprint of home or UK-grown bouquets.

Growing or buying UK-grown cut flowers can save up to 7.9kg carbon per bunch compared with buying some imported bunches.

An average petrol power tool emits 0.848 kg carbon per litre of petrol used. It's not only carbon, they emit harmful particulate and noise pollution too.

If the 21% of UK gardeners who use power tools switched from fossil fuel to green energy electric-powered tools, it would save enough carbon equivalent to drive around the planet 29,820 times.



Help map UK garden plant diversity

Add your garden plants to RHS My Garden online. Together we can help map UK garden plants, helping to conserve and grow this important biodiversity now and for future generations. So far we have 122,000 users who have added 2.4 million plants consisting of 77,600 different types of cultivated plants.

Buying locally sourced and home-grown produce can save significant amounts of greenhouse gas emissions.

Eat more home-grown UK, local and seasonal fruit and vegetables from local sources or from your own garden or allotment. Growing at home allows you to choose not to use pesticides – another plus for the planet.



Text and images © RHS

THE PUNCH BOWL INN

LANREATH

1620

THEPUNCHBOWLINNLANREATH@GMAIL.COM

01503 771177

ST MARNARCH'S ROAD, LANREATH

DINING



Still the home of the infamous Black Cockerel, our restaurants will serve Breakfast, Lunch and Dinner Daily, offering a wide range of classic dishes, perfectly prepared and using the very best of South West produce. With ever changing daily special boards and themed evenings. Whether you are looking for a Cream Tea, Light Lunch or that special dinner

13 YEARS LATER THE LEGACY CONTINUES

Following years of decay the Punch Bowl will soon be re-opening for all to reminisce Said to be Britain's oldest licensed pub dating back to 1620 and beyond The Punch Bowl Inn has undergone a 5 year transformation, bringing it back to its former glory Tony and Jane Southall have meticulously restored the character of this former smugglers den, courthouse and coaching inn which will incorporate Bars, Restaurant and Function Room

With 3 beautifully equipped self catering holiday cottages, letting lodges and 12 ensuite rooms A sight to behold with its 15th Century character with many a beam and photograph providing an ode to its glorious past Legends remain and the tomb untouched, for our new and returning guests who will have the opportunity to dine and revel not just with excellent food, but with the stories and history

YEGHES DA

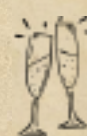
Our lounge bar retains the character of times gone by with slate floors, antique lighting, pictures and memorabilia. A drink after a hard day or socialising with friends you can choose from an array of Ales, Ciders, Lagers, Wines and Beers not to mention the artisan Gins and Rums. Our sun trapped beer gardens sit in the large courtyard, with pop up bar, BBQ and outdoor staging, we cant wait for the sun and entertainment to begin Cheers!

FAMILY GATHERINGS

Nestled within the main coaching house you will find our Function Suite. Lined with reclaimed pews, akin to St Marnarch's Parish Church and just a stones throw away from that perfect wedding Home of our weekly Sunday Carvery, and the perfect meeting place for every Family Gathering With its own marble topped bar, serving the very best of what the South West has to offer

Keep a close eye out for our regular themed evenings, including Murder Mysteries, Dinner Dances, and of course all our Seasonal and Festive events We will play host to regular live music, conferences and meetings of all sizes becoming geographically and spiritually the heart of the village Pool and Darts teams will visit weekly throughout the seasons, taking with them their own stories of The Punch Bowl to their homes

Keep up to date with all the latest news and events. Join us on Facebook and via our website



Beach themed garden sculpture competition 2025

from the Regatta Committee and Children's Sports Committee

Last year's scarecrow competition produced amazing entries and they were much appreciated by residents and visitors alike.

This year the Committee have decided to ring the changes by holding a Beach Themed Garden Sculpture Competition. As usual, there will be two classes of entry:

- Private Households
- Organisations/Businesses/Groups

Anyone living in or visiting our Parish is welcome to enter and entry forms are available now from the Winkle Picker on The Quay, Polruan, (thanks to Ellie for her help with this), or below. Completed entries should be returned or posted to The Winkle Picker by 12 noon on Friday, 18 July. A route map will then be produced (allowances will be made for late entries).

Your sculpture must be:

- made from scratch
- a maximum height of 2m (there's no minimum height)
- made from re-cycled items and any odds and ends you may have around
- securely anchored and clearly visible
- in place by 10am on Friday, 25 July 2025 in order to be judged over the weekend.
- the judge's decision is final.

Have fun but do treat the subject with respect (inappropriate entries will be excluded).



Please do not remove sculptures until after 15 August, however it would be great if they could stay in place longer.

The winners will be publicised as soon as practical after judging and trophies will be presented to the winners on August Bank

Application form: Beach themed garden sculpture competition 2025

Name

Telephone number.....

Email address

Address and location where Sculpture will be displayed

Class of entry, please tick:

☐

Private households.

☐

Organisations/businesses/groups.

MEMBERSHIP:

Polruan residents, local residents and visitors are all welcome!

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Cornwall shown by C Fylm community film clubs



BOOKINGS:

by phone on 01726 870505
or through the
website: www.polruanfilmclub.co.uk
or email: boxoffice@polruanfilmclub.co.uk

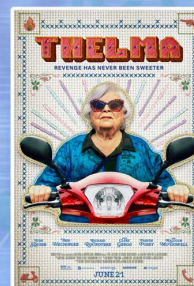
Your first film is included in your membership fee. After that you just need a ticket for each screening you want to attend.
Occasionally due to non-availability we may have to substitute a film at the last minute.

JUNE - A COMPLETE UNKNOWN (Saturday 28th June 7pm. (Rating 15)) In 1961, an unknown 19-year-old Bob Dylan arrives in New York City with his guitar and forges relationships with musical icons on his meteoric rise, culminating in a groundbreaking performance that reverberates around the world. Set in the influential New York City music scene of the early 1960s, "A Complete Unknown" follows 19-year-old Minnesota musician Bob Dylan's meteoric rise as a folk singer to concert halls and the top of the charts as his songs and his mystique become a worldwide sensation that culminates in his groundbreaking electric rock-and-roll performance at the Newport Folk Festival in 1965.



PLEASE NOTE CHANGE OF DATE TO JULY 19TH to avoid a clash with another Village Hall Event

JULY - THELMA (Saturday 19th July 7pm. (Rating 12)) When 93-year-old Thelma gets duped by a phone scammer pretending to be her grandson, she sets out on a treacherous quest across the city to reclaim what was taken from her. A phone scammer calls Thelma posing as Danny, claiming he's been arrested. Thelma sends \$10,000 to a local address as instructed. After a panic involving her daughter Gail and son-in-law Alan, Thelma finds out Danny is safe and she was scammed. Unable to get help from the police and unwilling to let the scammer get away with her money, Thelma evades her family and sets out to the address to retrieve it.



MEMBERSHIP RENEWALS If your membership has expired you can renew this online choosing that option from the drop-down box. This will include the ticket for your first film in this new membership year.

TICKETS: ANNUAL MEMBERSHIP INCLUDING ENTRANCE TO FIRST FILM : Adults £6 - Youth (12-15) £3
SUBSEQUENT FILM TICKET PRICES: ADULTS: £4 YOUTH (12-15): £2
There is no membership fee for children under 12 but a £1 ticket charge per suitable film



Little Harbour

from Lynn Bartlett

In the last edition we announced the retirement of Children's Hospice South West's co-founder and CEO, Eddie Farwell. It was with much sadness that we learnt, at the end of March, of the death of Eddie who, with his late wife Jill, founded the charity after two

of their children were diagnosed with a rare degenerative genetic disorder. At the time, the only children's hospice in the country was Helen House in Oxford. Eddie and Jill's vision was that no poorly child should have to travel for more than 90 minutes to receive the care that a children's hospice can give. Eddie was diagnosed with Motor Neurone Disease in 2024 and Eddie leaves behind a remarkable, inspirational legacy: 3 children's hospices in the South West, all staffed by the most special, caring people and supported by energetic fundraising teams.

Emma Sturdy, Zoe Dolphin and their children have again registered for the annual Rainbow Run, taking place on 21 June at RAF St Mawgan. Their sponsorship forms are available in the village shops. Please support them as they voluntarily run, jog or walk round the 5k course whilst being showered with multi coloured powder paint at various stages.

We were pleased to be able to hold our May book sale outside, it was an unusually quiet morning. We have several new paperback books and jigsaws, available in the Reading Room in between sales days.

Our next two sales are on Tuesday, 3 June and Tuesday, 1 July. Please contact Lynn (07977440132) if you have books to donate, we respectfully ask that they are not left in the Reading Room.

Thank you for your continued support.

Crafty Roosters

from Tammy Skinner



We will be meeting in the WI Hall on the following dates, before taking a break for the Summer, and resuming in the Autumn:

Monday, 9 June between 10 and 12pm
Thursday, 26 June between 2 and 4pm
Monday, 14 July between 10 and 12pm

£2 per session. Bring a project, or if you're a beginner wanting an introduction to crocheting, knitting or sewing, then we have lots of friendly help available!



Looe and District Flower Club

from Christine Smith
Chairman, Looe Flower Club

The Looe and District Flower Club meet at Pelynt Village Hall on the first Tuesday of the month at 2pm. All are welcome to come along.



Tuesday, 3 June

A flower demonstration by Linda McGannity

The flowers are raffled at the end of the meeting and refreshments provided
Visitors welcome — £5



Whitecross and District Gardens

from Angela Flynn

We have finished our season of meetings until September and have now prepared our full programme of events for 2025/2026. We have an interesting selection of speakers beginning with 'The Historic Daffodils of the Tamar Valley' to be given by Dr Frances Howard who is an expert on the subject and very knowledgeable about daffodils. Look out for details nearer the time or ask for one of our programme leaflets.

Our last Garden Visit is on Thursday, 19 June when we will be going to RHS Garden Rosemoor. We will be sharing cars as usual for this trip. If anyone is interested in joining us, please contact Katie Wilks, who is our contact for all things Garden Club, on 07793 109972.

For further information about the club or for details about membership, please contact Angela Flynn (07711 821429) who will be happy to help.

Defibrillators in the Parish



Whitecross: Whitecross Village Hall
Polruan: Polruan Village Hall,
School Lane
Vevry car park
The Quay, Polruan
Fire Station, Greenbank
Bodinnick: The Old Ferry Inn

The defibrillators are very simple to use, with voice instructions given whenever it is activated.



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Lanteglos Community Bus Timetable

	Jun	Jul	Fare
Whitecross Market	7 th	5 th	Donation
Par Market and St Austell	4 th 18 th	2 nd , 16 th	£3.00
Trago and Bodmin	11 th	9 th	£3.00
	11 th	9 th	£4.00
Truro	25 th	23 rd	£4.50

All services are on Wednesdays except for Whitecross Farmers' Market (the first Saturday of every month).

The services start from Furze Park at 0925 (1015 for Whitecross), then as requested at Well, Greenbank and Ferris Way.

Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick.

£1 reduction for concessions to all fares.
To book, please telephone
01726 870826 after 9am

**Service subject to driver availability
and, of course, Government Guidelines**



**First Saturday of every month, 10am–12.30pm,
at Whitecross Village Hall**

Saturdays: 7th June, 5th July, 2nd August

Market closing time

We've decided to settle on 12.30 as the market's permanent closing time, summer as well as winter, from now on. Most locals do their shopping earlier, and it gets very quiet for the stallholders between 12.30 and 1, so we're going to give them half an hour back.

However, if anyone does turn up after 12.30, they'll usually find some stalls still selling, or clearing up slowly, and maybe even the occasional pasty left if they're lucky!

Bread queues

If you're a regular, then you'll know that Emily and Joe's loaves are so popular that we've had queues snaking through the hall, and grave disappointment when the bread sells out.

While Emily is still discovering just how much she needs to bake to satisfy this bread-thirsty parish, she says you can order what you want in advance through their website <https://tywardreathbakery.co.uk/> or on social media, and collect your order at the market. That should hopefully take care of the queues!

Bring your own mug ... and save 30p

Even though the cups we use at Brew with a View are compostable, they're still not the most Earth-friendly option.

So from June onwards, when our prices for coffee, tea and chocolate have to go up a little (sorry), we'll be giving you a 30p discount off every brew if you bring your own mug to the market.

What's usually on sale at Whitecross?

- Traditional artisan cheeses from Cornwall and beyond
- Fresh fish and shellfish from the sustainable Looe day-boats
- Homemade cakes, bakes and quiches
- 'Real bread', including sourdough
- Rare-breed, high-welfare and free-range local meat, including goat, mutton, hogget, brisket burgers, Dexter beef, bacon, sausages, ham
- Organic beers, spirits and liqueurs; wild-fermented ciders
- Olive oil, kimchi, seasonal sauerkrauts, free range eggs
- Authentic Ukranian dishes and delights
- Local honeys and honey-products; homemade jams and chutneys
- Seasonal local vegetables and cut flowers
- Handmade soaps, skincare, candles; cards and gifts
- Studio pottery; woodturning, bonsai, willow basketry, local charcoal, herbal teas; Greyface Dartmoor sheepskins;
- Flowering plants, veg plants and shrubs, all locally grown; and much more...

Don't forget:

- Adam's Pasties, made in Lostwithiel, are cooked in the village hall kitchen. To avoid missing out, you can order them in advance by texting Kim on 07402 234386.
- Bring some cash, as not all the stallholders take cards.
- Community buses can ferry you to the market from Fowey and Polruan. Leave the car at home!

Whitecross Market needs YOU!

If you love the market and want to help keep it running, could you spare the odd hour or two to volunteer: making teas and coffees in Brew with a View, or helping cook pasties in the kitchen? Please have a chat with one of the team if you think you can help – thank you.



Rob and Brigit's beautiful and unusual plants



Di's famous cakes and quiches



Dave's eclectic collection of oils, eggs and ferments

Follow the market on Facebook and Instagram (whitecross local market) – thanks to Charlotte for doing all our social media.

Contact us by email: whitecrosslocalmarket@gmail.com or tel. Liz on 07900 668604.

News from Frogmore Farm

from Gill Palmer

It's difficult to know what to write in May. All the hard work of Winter is over and the cattle are out in the fields. They are really enjoying the lush green grass after their winter rations of dry corn and silage.



Sometimes the calves race around the field and suddenly panic when they can't see Mum. They shout very loudly until the cow answers and then it's a race back to her for some milk. They drink so fast their little noses are covered in a milky froth which Mother cow then licks it off. The calves wriggle and squirm just like children do when they are having their faces washed!

The corn is growing in the fields but as I write this, rain is desperately needed. The ground is very dry and cracked.



Stanley wanted to go to the big ponds to see if there were any goslings or ducklings hatched out. He was amazed to see how tall the barley was as he ran along the tram line.



A weasel has been spotted running out of the corn and coming into the yard. That's a bit of a worry because, small as they are, they are vicious killers. The hens are close by and

could be in danger. We are hoping the gander is fierce enough to chase it away. When I go to the poultry house in the morning it's a relief to see they are all safe. I'm not safe, however. A goose is sitting on six eggs, she gets very cross if I go near her to pick up eggs. Sometimes the problem gets far worse, if the goose gets up from the nest to have some food or a drink the black turkey, which the boys call cabbage, races over to the nest and sits on the eggs. The goose thinks it's my fault and flies crossly at me, beak outstretched, I have to defend myself with a bucket. Cabbage is then cross as I try to get her off the nest. I can't win!



We have a new cockerel, he is such a handsome bird and has been called Elvis. His feathers are really colourful and go right down to the top of his feet.

Did you know hens are descended directly from Theropod dinosaurs? They have three claws on each foot just the same. Hens can be quite cruel, there is always a boss and sadly a lowest of the low that they all try to bully. Poor little spotty hen is bullied if she tries to eat before the boss birds have finished. She is getting very wise now and stays on her roost until the others have gone out of the house. She is then free to eat. They leave her alone for the rest of the day.



We have a busy time ahead. Emma and Alun are getting married later in the month. All the bunting and coloured lights are being dragged out of Ben's attic. The grain store will be cleaned out. That's a dusty job to be sure. Fingers crossed they will be blessed with a dry sunny day and by the time you are reading this Emma will be Mrs Ball.

Please ensure that any rubbish for collection is put out early Monday morning and not before



It is strongly recommended that householders put bin bags in a dust bin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

Please do not feed the gulls



A very big thank you to Kat and the team at 'Kitty's Koffiji who have taken over the Foodbank collection point in the village.

Please contact Norman and Angie on 01726 870747 regarding any cash donations

Many thanks to those who continue to contribute so generously during this time of great need for many families.

Please contact the Foodbank if you would benefit from their services or know of someone else who might need to:

liskeardlooe.foodbank.org.uk

liskeard.foodbank@gmail.com

Tel: 07512 011452

**NO DOGS
ON THIS BEACH**

1 JULY – 31 AUGUST

10am – 6pm



**PLEASE KEEP THE
BEACH CLEAN
AND PICK UP
AFTER YOUR DOG**



Last chance to visit our lifeboat Maurice and Joyce Hardy



Fowey Lifeboat Station (Berrill's Yard) Wednesdays and Saturdays from 10.30am to 3pm

Last chance to board and examine the departing all-weather lifeboat.

No booking is needed, just turn up on the day, although availability is naturally subject to weather and operational demands.

WILL RECYCLE PLASTIC:

- bags
- carrier bags
- wrappers and ring joiners from drinks
- freezer bags
- paper towel wraps
- bubble wrap
- thin fruit and veg bags
- LDPE
- see their website

SUNDAY MARKETS
10am - 3pm

Old Coal Wharf
Polruan

July - 6th, 13th, 20th, 27th
August - 3rd, 10th, 17th, 24th, 31st
September - 7th, 14th, 21st, 28th

CROSSWORD ANSWERS

DOWN

JUNE • JULY 25

1. Visualise
2. Steadfast
3. Separated
4. Eased
5. Arsenal
6. Abel
7. Ease
11. Libertine
12. Disappear
14. Mat
15. Scholar
18. Alert
19. Liar
20. Astil

ACROSS

1. Visualise
2. Steadfast
3. Separated
4. Eased
5. Arsenal
6. Abel
7. Ease
11. Libertine
12. Disappear
14. Mat
15. Scholar
18. Alert
19. Liar
20. Astil

National Coastwatch

EYES ALONG THE COAST

Polruan NCI from Ray Rigg

The sailing season has very rapidly got up to speed this year and there has been plenty of activity on the water for us to monitor. We have already had two incidents to deal with, both on land! Extracts from the log are below.

On 19 April, an off-duty member of Polruan NCI, having been alerted by a member of the public that an individual was behaving strangely / dangerously on the cliff side south of Fowey Harbour entrance, passed the information to the Polruan Watch-keeper. The watch-keeper was able to locate the individual on the cliff-edge between St Catherine's Castle and the Automatic Lighthouse. The individual was dressed in a bright red, high visibility jacket and appeared to be angling!

The watch-keeper concluded that the angler's dangerous position on a sheer cliff, below the coastal path, could lead to a potential incident, and informed Falmouth Coastguard. The watch-keeper kept the individual under observation whilst he remained in this location. After about two hours the angler moved from his position and with the aid of a rope attached to a sapling half-way up the almost sheer cliff side, managed to rejoin the coastal path. The watch-keeper informed Falmouth Coastguard that the angler was now in a safe position and the incident was closed.

On 25 April, the duty watch-keeper sweeping the local coastline observed a beached and apparently empty dinghy just above the high-water mark on the beach near Gribben Head. This information was passed to Falmouth Coastguard (FCG). FCG despatched St Austell CRT (Cliff Rescue Team) to investigate. The Polruan watch-keeper was authorised to contact CRT on VHF Channel 0 when in sight to guide them to the location of dinghy. The watch-keeper observed the



CRT approaching the beach and established contact on VHF Ch0.

He then successfully directed the team to the correct location. The CRT conducted their investigation, took photographs and records and reported to FCG. No signs of any casualty. The CRT hauled the dinghy further up beach to the base of the cliff.

The NCI are one of the RFYC's nominated charities and on the 19 April, they held a coffee morning on our behalf. They raised just over £1000, which was a very welcome contribution because the annual operating costs for the station are about £4000.

Being in an exposed position, maintaining the lookout is a never ending job. During May, the station will be dropping the mast to install new signal lanterns and beginning the painting of the exterior.

We are actively recruiting and training new members, so congratulations to Andrew Hawa who completed his training and was signed off as watch-keeper by Ray Rigg on 8 May.

If you are interested in joining the NCI please call into the lookout for a chat or call Ray Rigg on 07956 286270

A GIFT IN YOUR WILL IS OUR PROTECTION AT SEA

To find out more go to RNLI.org/Wills
or call us on **0300 300 0062** and quote 'Parish News'.

Chris

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Office 01726 870078
Mobile 07837 831571
Chrismylward@hotmail.co.uk
Based in Polruan

Tiling
Roofing
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Building work
Refurbishment

Fowey to St Mawes coastal race – Saturday 10 May

from Alex McKay

Sunshine, strategy, and a spectacular start to the season.

The Fowey Cruiser Fleet launched its 2025 coastal series in glorious conditions, with the first of five races taking crews from Fowey to St Mawes. Sunshine and a steady breeze made for a cracking day on the water, as 6 of the now 14 registered Cruiser Class boats joined the early-season outing.

All boats set off under a 200-minute pursuit format, with Harry Holding and Team Dakota first out of the harbour, setting the pace. Hans and the Polruan lads on Juliette, their newly acquired J/24, were sharp off the blocks.

Kas Deneshkhan on Outlaw of Lundy and David Vypond on Nova Scotia followed close behind, heading out past Cannis Rock under white sails.

Slipstream, helmed by Andrew Dellow with Alex McKay from Polruan glued to the chart table, launched themselves over the Yacht Club Line with a newly-fitted Code Zero and a determined eye on the fleet. Tony Bloomer aboard his sleek new X40 Arima brought size and pace into the mix.

Kites went up as the fleet whipped out towards the Radar Buoys off Dodman. Hans Wehmeyer — fresh back from victory in Antigua — made the most of lighter-than-expected breeze near Gorran Haven and Mevagissey to edge ahead early.

As the fleet rounded Radar C and began the beat east to Radar B, the breeze built from 6–8 knots to a solid 12–14. Longer waterlines came into their own, with Slipstream narrowing the gap to the lead pack. At the windward mark, spinnakers went up once again, and the boats ran dead downwind to St Anthony's.

By the 200-minute mark — the theoretical equaliser — Juliette had a quarter-mile lead with Nova Scotia, Slipstream, Dakota, and Outlaw charging along line abreast, Arima closing in from the east.

Tactics came into play: offshore for more pressure but stronger tide? Stick inshore on hotter angles and less tide but less breeze? Or hey diddle diddle, straight up the middle on the '180 highway'? The game was on.

Juliette held her lead, but the battle behind was fierce. Slipstream flirted with Gull Rock, Nova Scotia edged Outlaw, and Dakota thrived on the downwind leg — pole on the shrouds, loving the conditions.

As Falmouth shimmered off the port bow, the fleet rounded St Anthony's and reached into the Percuil River. A short, punchy beat to the finish followed. Juliette claimed line honours, but the win — by just 45 seconds — went to Dakota, who powered upstream on a single tack to take the first victory of the season.

We were delighted to see so many cruisers out and racing — this series is all about accessible, sociable coastal racing, and this was a great start. We're heading next to Plymouth, Newton Ferrers, Flushing, and Helford. New boats are always welcome, so please come and join the fun. Alex McKay, on St Saviours Hill, is always ready to help explain how it works, assist with passage planning, and make introductions to the fleet.



Be Prepared for the boating season

Follow these tips to help keep you safe on the water:

- Check the weather forecast before embarking on any sea related activities
- Check the tide-times of high and low water
- Plan your activity and keep within your ability and experience
- Ensure you have suitable safety equipment and / or personal protective equipment for your chosen activity (life jackets, flares, life-raft, wetsuit, sunglasses, first aid kit, VHF radio, navigational aids)
- Wear suitable clothing (have warm clothing and waterproofs to hand, the weather at sea can change quickly)
- Tell someone your destination (advise family or friends of what you plan to do, where you are departing from, travelling to, number of persons and expected time of arrival)
- Log a traffic report via RYA SafeTrx
- Check your equipment to ensure it is in good working order (service the engine, check the expiry date of your flares)
- Ensure all crew members and / or people in the group are aware of safety procedures and know what to do in an emergency



Sunny Side Sailing recognised as an RYA Training Centre

from Alex McKay

We're delighted to share that Sunny Side Sailing, based in Fowey Harbour, has been recognised as a Royal Yachting Association (RYA) Training Centre.

Founded by Alex McKay (from Polruan / the Sunny Side) and Andrew Dellow (on the Money Side), the team offers a fresh, professional and friendly approach to yacht training. Operating from the heart of the harbour aboard the well-equipped Sigma 35 Slipstream, the school runs a full range of RYA practical courses — including Competent Crew, Day Skipper, Coastal Skipper, and Yachtmaster — as well as bespoke coaching for individuals, families and small groups.

Alex and Andrew place an emphasis on confidence-building, coastal adventures and real seamanship. Courses meet RYA standards and focus on safety, confidence-building skills days, passage-planning to help get a little further afield, and enjoying life under sail.

Whether you're taking your first steps afloat or brushing up your skills for a longer cruise, their friendly and knowledgeable approach will help local sailors develop with clarity and calm.

With growing interest in sailing from both visitors and locals, this new RYA recognition marks a great step forward for sailing opportunities in Fowey.

Find out more at www.sunnysidesailing.co.uk

NEW RURAL POP UP PROJECT

Presenting our newest initiative to support rural communities during challenging times. Here's a glimpse of how we can help:

- Distributing essential food supplies
- Providing support on pension credits and benefits
- Addressing energy-related concerns

Keep an eye on our social media channels for updates on our upcoming visits to your area!

Registered Charity in England & Wales (1183375).

Sunny Side Sailing

At Sunny Side Sailing, we offer unforgettable experiences on the water - whether you're learning to sail, building confidence, or just looking for a new adventure. Based in Polruan, on the River Fowey and beautiful Cornish coast, we deliver high-quality sail training, skippered charters, race opportunities, and bespoke support for boat owners.

Sailing Courses
Skippered Charter / Racing
Skills Days / Own Boat Support



07828 166 179
www.sunnysidesailing.co.uk
enquiries@sunnysidesailing.co.uk



Lanteglos-by-Fowey Parish Council

from Rob Rooney, Chair Lanteglos-by-Fowey Parish Council

I'm looking forward to the parish meeting as I write this. Last year I had the pleasure of addressing this meeting as Parish Council Chair. I was surprised and delighted to see so many groups and associations attending and reporting on their activities. I was left with a sense of a community (especially in Polruan) that was cohesive and thriving and not totally hollowed out by holiday homes.

At the same time there is a threat to community cohesion in Bodinnick and the surrounding area in the shape of yet another planning application from the owners of the Old Ferry Inn.

Lanteglos-by-Fowey Parish Council had its say on this at its April meeting. Councillors were unanimous in lodging a 'strong

objection' to the application to carve out a dwelling out of the west-facing (ie river frontage) section of the inn.

A large number of residents were at the meeting and expressed their disapproval. Last year, owner Paul Worswick and his business partner were at the meeting which considered this same proposal. This year, they did not attend and there was nobody at the meeting who spoke up for the application.

I came across a cutting from a French newspaper which featured a travel piece about Cornwall. The image it used to illustrate the beauty of Cornwall? You've guessed it – the Bodinnick river frontage with the Old Ferry Inn and Ferryside to the fore. The photograph dates from the time the inn

frontage was white and is a reminder of how beautiful it looked before its current dismal khaki makeover.

I look forward to the day when the Old Ferry Inn is restored to its former glory and no longer under threat from asset-strippers.

On another note, the Parish Council now has two vacancies following Edgar Goddard's decision not to stand this term. He will be missed. Anybody interested in being a Parish Councillor should contact our clerk, Shanie Herbert clerk@lanteglosbyfoweyPC.org.uk

Lanteglos-by-Fowey Planning Applications

from Shanie Herbert, Clerk to Lanteglos-by-Fowey Parish Council

(for full details see Parish Council minutes)

PA25/01969 Polruan Stores, 14 Fore Street, Polruan: alterations to dwelling over shop (including re-roofing rear flat roof and ship window/door with associated works). Members voted to SUPPORT. The Polruan Store is a key community asset to the village of Polruan and the PC is of the opinion the long-term needs of the community for a local shop far outweighs any minor planning issues relating to heritage and protected views.

Minor planning issues for adjacent properties can be mitigated and the alterations are hidden from most of the village and obscured from the river.

PA25/02285 Old Ferry Inn, Old Road, Bodinnick: proposed change of use of a part of the Old Ferry Inn into a dwelling. Members wished to record a STRONG OBJECTION as this application contravenes NDP Policy 1.1 and CLP Policy 24 Historic Environment – harm/ removal of a heritage asset. Members felt the change of use is part of a longer-term objective to develop a community asset as private housing and that the previous applications had been misleading. Members requested more financial information to understand the viability case contained in the application.

Planning Applications Approved by Cornwall Council

PA25/01100, Pengegon, Essa: Certificate of Lawful Development for a Proposed Use to confirm commencement of works in relation to Decision Notice PA21/12235 dated 15 February 2022 for the erection of a replacement detached dwelling, detached carport and workshop and associated landscaping.

PA25/01185, Pengegon, Essa: demolition of existing detached house and detached garage, and the erection of a replacement detached dwelling, detached carport and workshop and associated landscaping' without compliance of condition 2 of decision notice PA21/12235 dated 15.02.22 without compliance with condition 2 of decision notice PA24/07849 dated 9 January 2024.

PA25/01279 Corner Cottage, Chapel Lane, Polruan: Replacement like-for-like of the roof and two existing Velux windows — retrospective application.



News from Polruan Town Trust

from Beth Rigg, Chair

The 'Meet the Trustees' morning on 12 April in the Reading Room resulted in three members of the village joining us for a chat, coffee and biscuits! Unfortunately, although all three where very interested in the work of the Trust, they are all

relatively new to the village, having been resident for less than two years and therefore do not meet the criteria set in the Trust Document.

They did, however, offer support and volunteered to help with sorting out some of the archives.

We spent a very productive morning in the Reading Room sorting through boxes of old documents, some of it making interesting reading. The Clerk's eye was caught by an invoice for sweeping the quay dated 1969.

The cost was 15/- shillings a week (75p) and the total for the three months invoiced was £11-5s (£11.25). How times have changed!

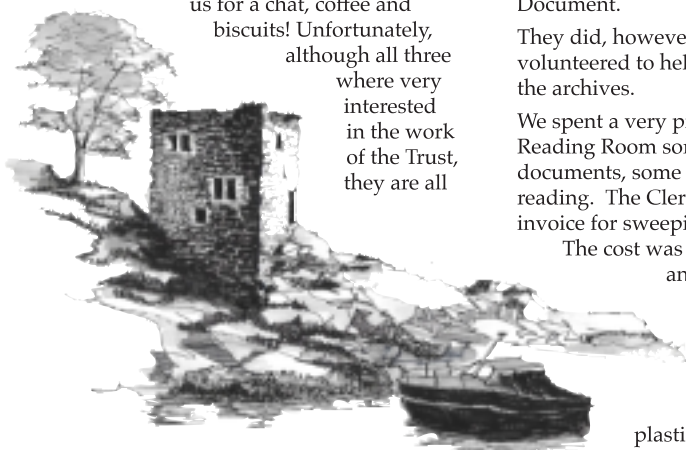
During our sort though we came across a lot of plastic wallets, which are surplus

to requirements. If anyone can use them, they are in the Reading Room.

On going maintenance such as grass cutting continues and the planned playground maintenance should have taken place by the time you receive your magazine.

The Trust is continuing to liaise with the Lanteglos Parish Council about the Quay toilets and their refurbishment. We are also still actively looking to secure extra funding for the planned refurbishment of the Winkle Picker Flat.

Should you require any further information or have any queries, please do not hesitate to contact any of the Trustees or the Clerk at clerk@polruantowntrust.org.



Lanreath Parish Council

Summary of draft Minutes

Meeting 18 March

Attendance by 7 Councillors. Chairman - Cllr P Seaman, Vice-Chairman Cllr D Heard, Clerk Mrs R Warren.

PCSO Cocks had sent in an email report advising the meeting that there had been no reported crime in the Parish in February.

Matters arising were considered, including PA25/04905 (planning application on the football pitch land) where a decision was still awaited.

Correspondence was dealt with, Councillors considered PA25/00188 and decided that a 'no objection' comment should be submitted to Planning by the Clerk.

Similarly regarding PA24/00007 (Pelynt Neighbourhood Development Plan), which was also considered.

Redruth Town Council's request for support for a motion regarding proportioning of second home council tax fairly through the Town and Parish Councils in Cornwall, regardless of the number of holiday homes in their area, was considered. Support agreed.

The Vice-Chairman was tasked with undertaking further research in Herodsfoot, regarding the BT Phone Box removal consultation.

Reports by Cllr Honeyman, Cllr Vickery, Vice-Chairman, and Cllr Cave regarding, respectively, village assets, the Village Hall, Community Area Partnership, and Climate Change. The Clerk's Financial Report was reviewed, and approvals given.

Received too late for inclusion as an agenda item, it was noted that in the 12 March Planning List there was an application PA25/00228/PREAPP for a 100-acre solar farm in the Parish. This was no longer accessible on the Planning Portal, and the Planning Officer had cited 'confidentiality' as the reason. The Chairman had ascertained that a new generating station with a capacity in excess of 50MW would fall under the requirements of the Planning Act 2008, as it would be considered a national infrastructure project requiring wide consultation at the pre-application stage. A 100-acre solar farm is likely to more restricted. Lanreath



Parish Council will produce in the region of 20MW and therefore consultation at the pre-application stage would be keep this under review.

With all agenda items having been considered the meeting closed at 8.50pm.

Meeting 15 April

Attendance by 7 Councillors, and one Parishioner. Chairman – Cllr P Seaman, Vice-Chairman – Cllr D Heard, Clerk – Mrs R Warren. One member of the public, who addressed the Council about the Gardening Group.

After consideration of matters arising and correspondence, the meeting considered reports. It was noted that there would be no contested election in Lanreath Parish. Annual Accounts were approved and the Certificate of Exemption for the external auditor was approved and signed. The Annual Governance and Accountability Return to be published online with the Notice of Period for Public Rights of Inspection – dates as recommended by the Clerk approved.

After consideration of one Parish problem regarding an unattended domestic bonfire, the meeting closed. Cllr Cave was thanked for her years of community service.

Lanreath Parish Council meetings take place on the third Tuesday of the month (except in August and December) at Lanreath Village Hall at 7.30pm (except in November through to March when meetings start at 6.30pm).

Full details of dates of all meetings, agendas, and minutes can be found at www.lanreathparishcouncil.co.uk

Are you passionate about keeping your community safe?

If you can spare a few hours each month then Looe Community Speed Watch Team would love to hear from you.



To find out more about Community Speed Watch and how it contributes to making roads a safer place for all to use find out more:

<https://youtu.be/FZvgmr3xZnY>

[Community Speed Watch](#)

Devon and Cornwall Road Safety Team

If you would like to join your local team then please email your name and contact number, with details of your enquiry to

speedwatch@dc.police.uk

Lanreath Ladybirds

Parent Baby/Toddler group

0 to 4 years

Tuesday and Thursday

09.15 until 11.30am

during term time

Lanreath Village Hall

Get to know local parents and chat over a cup of tea or coffee. We have plenty of toys, books and craft activities for little ones and a quiet section for babies.

We have been established for over 20 years and the group has helped new parents and their children through the difficult early months and years.

Cost: £3 per child and £1.50 for siblings (including a snack); £1 without a snack

For more information, please join our Facebook page:

Lanreath Ladybirds Playgroup or contact Sandra on 01503 220860



To Advertisers and Contributors from the Editor

We are very grateful for all the fantastic contributions received at The Parish News.

We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14th of the month preceding publication, otherwise the content will remain unchanged.



Friends of the Fowey Estuary

Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website www.friendsofthefowey.org.uk or follow our Facebook Group.

Our events are Free to members and £2.50 for non-members, unless stated otherwise.

Bodmin Moor Re-wetting Project and Source of River Fowey

Led by Jane Richards

Sunday 29 June, 10:00am

Meet: SX183828 near Bowithick

Note: Parking Polruan Hill Car Park.

Bring a picnic. Wear sensible footwear – moderate grade walk

Bodmin Moor holds significant deposits of peat in the form of blanket bogs and valley mires. These wetland habitats are complex ecosystems that support diverse and unique ecology of national and international importance. Over centuries, human interventions have changed in the moorland ecology, including the loss of iconic species such as dunlin, golden plover, and Sphagnum mosses.

To date the project has successfully re-wetted 35 hectares of moor at Park Pitt and Blackadon with another 90 hectares due to be improved. The re-wetted areas are already already supporting mosses, with ponding water encouraging new wader, dragonfly and frog habitats.

Boat Trip to Lostwithiel on Beef-R **Saturday 12 July, 5.30 to 8.30pm**

Meet: Town Quay, Fowey PL23 1AT

£20 per person

Booking Essential - Hannah Smith via hannahsmith2202@gmail.com

Note: Fish and Chips can be pre-ordered at additional cost



Events are open to all unless otherwise stated, and you are welcome to bring your friends and family along.

Field trips – please bring appropriate footwear, clothing, waterproofs, a packed lunch or money for lunch.

Children under the age of 18 must be accompanied by an adult.



Fowey River Lions

48th Anniversary

This year we celebrated our 48th Charter Anniversary. Only one member, Lion Chris Jones, joined the Lions when they started in 1977 and is still actively involved in the Club. On 27 April we had an anniversary lunch with family and guests, at the Fowey Harbour Hotel celebrating our club and Lions International.

Grants Available

Fowey River Lions are keen to promote our services to the community and are looking for applications for grants of up to £250. One of the Lion's aims is to actively engage in various community initiatives, including supporting local charities, helping those in need, and providing financial assistance. To this end we have five grants of up to £250 each. These grants could be used to purchase medical equipment or go towards medical equipment that would improve a person's quality of life; to help young people achieve their goals in sport or a similar activity; or local charities who need some added support to grow and prosper.

In the first instance please contact us at foweyriverlions@gmail.com and we will send you an application form with terms and conditions. The closing date for applications is 1 July 2025. All requests will be subject to a comprehensive evaluation process and those approved will be placed in a 'draw'. The awards will be made in September 2025.

Join Fowey River Lions

If you would like to see what we do why not come along to one of our regular meetings. There is no obligation, but we would love to meet you. We meet on the first Monday of the month at The Ship Inn, Polmear, Par (7 for 7.30pm).

We started in 1977 with a large group of like-minded people helping their local community and helping to raise funds for local, national and international causes. Over the years we have donated to major charities such as Cancer Care, Motor Neurone Disease, RNLI, local charities such as Children's Hospice SW and helped local people in need as well as encouraging and supporting young people in their development with smaller grants. It is not all hard work; in fact, it can be great fun and gives a great feeling of satisfaction. We hold monthly business meetings and have a monthly social event. We welcome anyone in the area to come and meet us and see what we do. We would love to meet you.

President: Lion Steve Jones

Treasurer: Lion Ruth Rouse

Secretary Lion Lynn Goold

email: foweyriverlions@gmail.com

facebook: foweyriverlions

Tel: 0345 833 7484



It was a lovely day on 9 May for the opening day of the The du Maurier Fowey Literature Festival. We opened with a memorable event with music from Mad Dog Mcree a vibrant group with their unique mixture of folk, rock pop, gypsy jazz and 'get down and dance music'. The first day of talks started with Professor Jane Todd marking the 250th anniversary of Jane Austen showing how Austen had inspired her and challenged her personally through different phases of her life. She was quickly followed by LBC Radio Presenter, political commentator and Festival Patron, Iain Dale discussing his anticipated new book, Margaret Thatcher. Through the week we were delighted to welcome many prominent speakers including Michael Morpurgo, giving an enthralling talk about his life and works; Julie Summers, acclaimed author, telling the story of British Vogue magazine from its inception in 1916; former MP Alan Johnson engaged the audience with insights from his latest book portraying the life of Harold Wilson; Fellow of the Royal Society of the Arts, Alison Weir, in discussion with historian and Patron of the Festival, Kate Williams, about The Secret Life of Thomas Wolsey.

There was plenty of music too, with Peter Knight's Gigspanner Trio, described as 'the most brilliant sets of musicians in the folk world and beyond'. Our Festival Jazz evening was led by Company B with their Cornish renowned jump jive band. Not forgetting Take A Chance On Us, the unmissable Abba tribute band. With reading groups, workshops, guided walks, an Art Trail and Secret Gardens, there was plenty for everyone to enjoy. We offer heartfelt thanks to all our supporters and sponsors, particularly KP Cabs, who did a fantastic job in transporting our speakers. Our sincere thanks go to Fowey Parish Church and Fowey Town Council for the use of their premises for staging the events and to the Royal Fowey Yacht Club for hosting our Box Office and the Waterstones Festival Bookshop.



Come and join us next year when the Festival will run from 1 – 9 May 2026.

Authors and Artists in School

We were delighted to welcome Sarah Tagholm and Clare Owen who visited schools in the region as part of our school's programme, giving interactive talks and workshops. Sarah is a children's author who loves writing about confused animals, mischievous children and all things bizarre! Clare's YA novel, Zed and the Cormorants, won the Hoyer and Gof Young Adult Award in 2022.

Awards for Young Writers and Artists

Our Festival Competition for Young Writers and Artists is an annual competition for children and young people living in Cornwall and the Isles of Scilly aged 4-16. This year we invited them to create their own original story, poem, piece of factual writing or picture and enter our competition to become the Festival Young Writer or Young Artist of the Year 2025. The theme was Making Waves.

We received a magnificent number of entries from across Cornwall. A group of local artists, poets, writers and teachers judged each entry with care. On Saturday, 26 April we celebrated their work with a presentation to the winners, as well as the prestigious Young Writer of the Year 2025 and Young Artist of the Year 2025.

The Festival is grateful for and recognises the help and work in putting this competition together, of the organisers, the judges and all who have given their time. Thanks to our sponsors Waterstones, The Arts Society Mid Cornwall, Fowey River Gallery and Atishoo Gallery for providing the prizes, display space and framing of artwork and to Fowey Hall Hotel for hosting the award ceremony.

Short Story Competition

We received an incredible array of entries for the Festival Short Story Competition which this year also had the title 'Making Waves'. The guest head judge was Raynor Winn. The First prize of £250 went to Judith Wilson, Raynor said "The stories were great this year - what an amazing mix of ideas and structures! It was a tricky decision, as some had great plots, others perfect sentences, or really believable characters. In the end it was a very difficult choice between two very different stories." The runner up, Tim Collyer, was awarded a prize of £100.

You can keep in touch with us as follows:

www.foweyfestival.com

Twitter: [fowey_festival](https://twitter.com/fowey_festival)

Email: info@foweyfestival.com

Facebook: [@FoweyFestival](https://www.facebook.com/FoweyFestival)



Polruan Coastguard

from Des Libby

As we move into summer with warmer weather and longer days more and more people are taking to the water with the increasing trend towards wild swimming. It can be great fun and exhilarating to be at one with nature but there are dangers to be aware of. If you follow some simple guidelines as set out below, it could save you from getting into trouble and having to call for help.

Before you go: Make sure you are fit enough to swim in cold water; if in doubt check with a health professional. Arrange to go swimming with a 'buddy' its more fun and you can look out for each other. Tell someone on shore where you are going and when you will be back.

Choose your spot: It's always best to choose a lifeguarded beach; failing that make sure you know where you can enter and exit the water, your location and any hazards; check the tide and currents before entering the water and local weather forecasts; know how to spot a rip current and what to do if you get caught in one. In the Fowey harbour there are designated swimming areas at Readymoney, White House, Front and Back beach at Polruan, Boys Cove and Girls Cove. Please

stay in these areas; do NOT venture out across the busy shipping channel.

Equipment: A wet suit will make you more buoyant and help you stay in the water longer; wear a brightly coloured swimming hat and take a tow float with you; have a means of calling for help like a mobile phone in a dry bag or a whistle to attract attention. Have some clothing and a hot drink to warm up with afterwards.

Acclimatisation: Before entering the water check the conditions and know your limits; enter the water slowly and be aware of cold water shock; stay within your limits; keep an eye on your exit point and make sure you can reach it.

Float to live: If you do get into difficulty try not to panic; cold water can affect your ability to breath and swim; turn onto your back, try and relax and breath normally; hold on to something that floats like your tow float and call for help.

More details on all the above are available on the RNLI web site 'Open water Swimming'.

From the Station Record

16 March 18.01: Team mobilised to assist Looe CRT, stood down on route.



14 April 14.46: Team tasked to a dog stuck on a cliff in Readymoney area, Fowey, working with St Austell CRT an effective recovery was made and the dog returned to its owner.

30 April 18.33: Team mobilised to White House, Fowey to casualty who had fallen from rocks, stood down on route, RNLI on scene.

1 May 13.24: Team tasked to Looe Fish Market to assist Looe CRT and Mod after an inert training mine was brought ashore.

2 May 21.21: Team tasked to person in need of assistance, Polperro Area

Remember if you see anybody in difficulty along the coastline call 999 and ask for the Coastguard



from Eric Lockyear

On the afternoon of Monday, 3 March, Falmouth Coastguard requested the Fowey crew launch to locate and assess a 24-foot Cornish Crabber with engine failure off Pencarrow Head. Fowey's volunteer crew launched the lifeboat in calm conditions. As the lifeboat was leaving Fowey Harbour the people on board the boat confirmed that they had managed to start the engine but still had problems with it. A lifeboat crew member was put on board to assist and the lifeboat escorted the boat to the pontoon, where the awaiting shore crew assisted with mooring.

On Tuesday, 18 March, Fowey volunteer lifeboat crew were carrying out their regular Tuesday evening training exercises aboard the All-weather Lifeboat Maurice and Joyce Hardy, when a gig crew out training came alongside Berrills Yard pontoon and requested assistance. They had collided with a steel mooring buoy in the dark and one of their crew, seated in the bow, had fallen and injured his lower back. The casualty was in considerable pain. A number of Fowey's trained RNLI volunteers assisted with the incident, providing warm dry clothing and pain relief. The casualty was eventually able to walk to the station where he was kept warm and comfortable whilst the shock wore off. He was later assisted to a vehicle and one of his fellow gig rowers drove him home.

At just after 9am on Friday, 4 April, Falmouth Coastguard requested the launch of Fowey inshore D-class lifeboat to attend to an upturned kayak that was floating below the cliff off Gorran Haven. Fowey's volunteer crew proceeded to the location and found the kayak. It was very clean and tidy, so they carried out a coastline search to make sure that there was no person involved.

On completion of the search, Falmouth Coastguard and the Mevagissey Coastguard rescue team agreed that the lifeboat should be stood down and the crew returned to station.

In the late afternoon of Saturday, 12 April, Fowey lifeboat station received a tasking request from Falmouth Coastguard, following reports of a dive float in the sea 150 metres off Crinnis Rock. Fowey's all-weather lifeboat was launched and the volunteer crew located and recovered the float, which included a

bag containing footwear. They then carried out an extensive search in conjunction with the local Coastguard team. A message was subsequently viewed on social media advising that a similar float had been reported lost by a diver who was now safely ashore. Once the Coastguard had verified that the description matched the float that had been recovered, the lifeboat was stood down.

On the afternoon of Monday, 14 April, Falmouth Coastguard tasked Fowey lifeboat crew to provide on-the-water assistance to two Coastguard rescue teams who were attempting to rescue a dog on the cliff face at Readymoney Cove. Fowey's volunteer crew prepared the inshore lifeboat for launch, but just prior to going into the water

Falmouth Coastguard checked with the onsite coastguard teams, who confirmed that the rescue was complete and therefore the lifeboat crew could stand down.

RNLI safety advice is to keep dogs on a lead if walking close to cliff edges or fast-flowing rivers. If your dog goes into the water or gets stuck in mud, don't go in after them. Move to a place your dog can reach safely and call them, as they may well be able to get out by themselves. If an incident does occur and you are worried about your dog, call 999 and ask for the Coastguard.

As reported in the last issue, Fowey lifeboat station will be saying farewell to our all-weather Trent lifeboat, the Maurice and Joyce Hardy, this summer, after nearly 30 years of service. Plans are progressing well



RNLI Escort home from a shout — see front page

for the arrival of its replacement, an Atlantic 85. Crew training will begin in early June, starting with a week-long course at the RNLI training college in Poole, followed by training at the station throughout the month. The Maurice and Joyce Hardy will finally leave our harbour in August.

The Atlantic 25 is a RIB, a rigid inflatable boat. The self-righting hull is constructed of fibreglass and carbon, while the inflatable tubes are Hypalon. The boat is powered by twin 115 hp (86 kW) Yamaha 4-stroke outboard engines that have been inversion-proofed to ensure the engines are still operational after a capsizing. It is capable of being beached in an emergency without sustaining damage to engines or steering gear. The Atlantic 85 is fitted with modern navigational and communications equipment and is considered more suitable for current demands than the larger vessel it is replacing. Lifeboat tours are up and running at the Fowey station on Wednesdays and Saturdays, from 10.30am to 3pm, providing a last chance to board and examine the departing all-weather lifeboat. No booking is needed, just turn up on the day, although availability is naturally subject to weather and operational demands.

The RNLI is the charity that saves lives at sea.

Toms' Yard Upgrade

from Jacqui Lewis

We are delighted to announce that we have been granted funding from the Cornwall and the Isles of Scilly Good Growth Programme.

The project aims to develop a fully upgraded, modernised, and sustainable boatyard, leading to improved productivity and diversification into new markets within sustainable boat building.

The £1m investment project will update and modernise our existing carpentry, welding and engineering workshops. In order to meet a rising demand for sustainable-aluminium projects, a new dedicated aluminium welding workshop will be constructed.

To enhance our operational capacity, we will acquire new electric machinery to replace some of our older diesel-powered machines and invest in a mobile vessel trolley for transporting vessels in the yard. These initiatives will help us achieve our environmental goals by lowering fuel consumption and emissions.

The project will drive significant reductions in carbon emissions while also improving staff skills, welfare, and productivity. By investing in sustainable technologies and state-of-the-art facilities, we can grow the business and secure a safer, more efficient and environmentally responsible future.

These enhancements will ensure our long-term competitiveness and growth as a business, solidifying our position as an important part of the local community and marine sector supply chain.

This project is part-funded by the UK Government through the UK Shared Prosperity Fund. Cornwall Council is responsible for managing projects funded by the UK Shared Prosperity Fund through the Cornwall and the Isles of Scilly Good Growth Programme.

The UK Shared Prosperity Fund pro actively supports delivery of the UK-government's five national missions: pushing power out to communities everywhere, with a specific focus to help kick-start economic growth and promoting opportunities in all parts of the UK. For more information, visit www.gov.uk/government/publications/uk-shared-prosperity-fund-prospectus



Photo courtesy of Jason



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ISLES OF SCILLY



C Toms and Son Ltd

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Polruan PL23 1PB

info@ctomsandson.co.uk



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- Craneage to 25 Tonnes
- Hoist 260 Tonnes
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- New Build & Refits
- Marine Engineering



Emily's Code

WEAR A SUITABLE LIFEJACKET OR BUOYANCY AID
SERVICE EQUIPMENT
GET TRAINED
MAKE A PLAN
KNOW YOUR LIMITS
CARRY DISTRESS SIGNALS

USE THE KILL CORD
KNOW YOUR BOAT
HAVE A RADIO
CHECK THE WEATHER



Launched by Emily Gardner's family, this simple code highlights factors that are essential for safe boating. Emily's Code aims to prevent accidents at sea by highlighting key safety messages and leaves a legacy in memory of 14-year old Emily Gardner.

On 2 May 2015, Emily drowned in a boating accident due to an ill-fitting buoyancy aid snagging on the cleat of a capsized speedboat. Emily's Code Highlights some of the hazards that contributed to Emily's accident.

Emily's Code comes about as the result of close work by her parents Clive and Debbie Gardner, their campaign supporter Cheryl Brown, Richard Graham MP and the Royal Yachting Association.



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www.thecarpetgallerylostwithiel.co.uk

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