



December 2025 / January 2026

# The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt and Talland

## Ramblings from the Rectory

from Rev'd Richard

Harriet, my wife, is very excited as always about Christmas. She loves shopping and buying presents, especially now that we have 4 grandchildren. We'll have great fun on Christmas Day opening countless presents and normally, as Christmas is so busy for us, the opening continues beyond the afternoon and into the evening. I'm convinced we should have shares in Amazon the number of deliveries that come our way!

Originally Christmas presents were a symbol of the greatest present of all, Jesus Christ, who God gave to the world at Christmastide. He can actually give us new life on earth and in heaven and importantly peace in our hearts.

Both of us have all we really need. I'm constantly asked by family what do you want for Christmas? No doubt there will be the Christmas jumper, regulatory smellies and of course socks and maybe, if I'm lucky, a Cricket book which I can bury my head into on Boxing Day, although there will be Ashes cricket too!

I've always advocated Crisis at Christmas and encouraged my family to make donations there rather than buy me something I don't really need. £29.80 enables a homeless person to stay in a special Christmas Shelter. It enables them to have a proper Christmas Dinner and gives access to medical help including doctors, dentists and chiropodists and advice on housing options. Simon's story rings true to me:

*"After caring for his mum for years, Simon was evicted from the house when she sadly passed away. With no family, Simon ended up sleeping on the streets, spending days in the local library or riding buses to stay dry and warm. He lost all hope and was having suicidal thoughts especially as the cold drew in. You don't get to dream sleeping on concrete Simon told us. Coming to Crisis at Christmas, Simon met some of the first people to care about him since his mum. His lead worker was kind and compassionate. He helped Simon get new glasses and a mobile phone, take up woodworking and get the bereavement support he needed. With his help, Simon moved into his new flat and now spends Christmases decorating with ornaments he created himself."*

Perhaps this Christmas you could reach out to people like this or encourage others to do so on your behalf?

Your pastor and friend,

Richard of Trelawny



St Wyllow church on Remembrance Day

## From the Editor

Well, this is my last ever edition of the Parish News, which I must confess is tinged with a little sadness, as I have thoroughly enjoyed editing this magazine on behalf of the Lanteglos Parochial Church Council (LPCC) for our Benefice. I am immensely proud of what has been achieved over the past ten years with the loyal support of our contributors, readers, distributors and advertisers. Thank you all for your help in shaping the Parish News.

Looking forward, the really good news is that a new editorial team are in talks with the LPCC and once finalised they will be in touch with you all about the future of the Parish News. So hopefully, with this team in place and with funding for colour production ring-fenced until July 2026 and advertising revenue currently sufficient to meet black and white production, I hope the Parish News can continue for many more years to come.

Do look out for the advert on page 9. As always, many hands make light work, so if you can spare the time to help with distribution, this would be very appreciated by those already involved.

As always, we have an interesting edition with regular features, details of many events and services on the lead up to the Christmas Festivities, an interesting pilgrimage to Lanreath and memories of John Nuttall-Smith, my predecessor, who with John Halkes created this publication — "A church led gift for the whole community" . . . "which is still the glue of the Parish and now a gift to the Benefice" (John Halkes).

I wish you all a very Happy Christmas and a healthy and prosperous New Year.

*Suzanne*

## In this issue

Ramblings from the Rectory	1	Polruan's got talent!	16
From the Editor	1	Christmas concert by Mavis Cocks	17
Church Diary and Registers	2	The du Maurier Fowey Literary Festival	17
St John's	2	Whitecross local produce market	18
Parish Diary; Parish events	3	News from Frogmore Farm	19
News and events from the Parishes	4	Lanteglos PC; Planning; Town Trust	20
News from Nigeria; Lanreath fireworks	5	Lanreath PC; End of an Era	21
Kidz Klub; Crossword	6	Friends of Fowey Estuary	22
Village Hall; The WI	7	Fowey River Lions; Crossword answers	22
Letters to the Editor; Christmas Post	8	Looe Flower Club; allotments	23
Remembrance; Goodbye from Carol	9	Whitecross Gardening Club	23
Regatta and Children's Sports; Hospice	10	Polruan Film Club; NCI	24
Polruan Academy; Christmas biscuits	11	Fowey Harbour Heritage Society	25
Lanreath pilgrimage	12	Lerryn Film Club	25
The Reading Room	13	Polruan Coastguard	26
Community coffee, cake and catchup	13	RNLI Lifeboats	26
Remembering John Nuttall-Smith	14	Boatyard news	27
History of The Parish News; Poem	15	Saving Fairyland the Panto	28



## Church Diary in the Benefice of Trelawny

**St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;**

What different styles of service will you find in the seven churches of Trelawny Benefice?

Everyone is welcome, and all our services and teaching are based on the Bible. There's usually tea, coffee and biscuits afterwards, with time to chat.

Please come along and discover what kind of service you like best.

**Lansallos (St Ildierna):** all services follow the ancient and beautiful words of the 1662 Book of Common Prayer, apart from a monthly contemporary service.

**Lanreath (St Marnarch):** evangelical services, with some led by the Lanreath Music Group (musical instruments and choir).

**Pelynt (St Nun):** traditional village church Holy Communion or Service of the Word, in contemporary language, together with a monthly contemporary service, sometimes outdoors.

**Talland (St Tallanus):** traditional village church Holy Communion or Holy Communion-by-extension services, in contemporary language.

Lanteglos-by-Fowey parish: has three churches:

**Parish Church of St Wyllow:** traditional services with organist and Lanteglos Choir. Holy Communion in contemporary language, and occasional Evensong with the 1662 Book of Common Prayer.

**Polruan (St Saviour):** friendly Café Church once a month, with round tables, prayers, singing, Bible readings and a chance to talk.

**Bodinnick (St John):** community services every other month, based around major Christian festivals and usually with wine and nibbles.

**Outdoor services:** held in the open air on village greens, farms and quaysides — they are family friendly and great fun. 'Church on the Quay' in Polruan runs on six weekends in late July and August. Other services dotted around the Benefice include Plough Sunday, Rogation, Harvest, Tractors, Pets, Equestrian and Lambing.

### December

#### Sunday 7<sup>th</sup> Second of Advent

St Marnarch	09:30	Holy Communion
St Wyllow	11:00	Holy Communion Service
St Nun	11:00	At Methodist Chapel
St Tallanus	11:00	Holy Communion Service
Frogmore Farm	15:30	Benefice Nativity Farm Service
St Ildierna	18:30	Holy Communion

#### Sunday 14<sup>th</sup> Third of Advent

St Marnarch	09:30	Service of the Word
St Tallanus	09:45	At Polperro Methodist Chapel
St Nun	11:00	Pelynt Village Crib Service
St Wyllow	11:00	Morning Prayer
St Saviour	14:30	Sing a New Song
St Ildierna	16:00	Christingle Service

#### Thursday 18<sup>th</sup>

Bodinnick	19:00	Carols on the Ferry
-----------	-------	---------------------

#### Friday 19<sup>th</sup>

St Nun	18:00	Pelynt Carols on the Green
--------	-------	----------------------------

#### Saturday 20<sup>th</sup>

St John	18:00	Bodinnick Carol Service
---------	-------	-------------------------

#### Sunday 21<sup>st</sup> Fourth of Advent

St Marnarch	09:30	Lanreath Crib Service
St Saviour	11:00	Carol Service
St Nun	15:00	Carol Service at Methodist Chapel
St Tallanus	15:00	Carol Service
St Ildierna	18:30	Carol Service with Just Voices

#### Monday 22<sup>nd</sup>

St Marnarch	18:00	Lanreath Carols on the Green
-------------	-------	------------------------------

#### Tuesday 23<sup>rd</sup>

St Nun	16:00	Pelynt Christingle Service
St Saviour	18:00	Polruan Carols on the Old Coal Wharf

#### Wednesday 24<sup>th</sup> Christmas Eve

St Saviour	14:30	Christingle making
St Saviour	15:00	Polruan Nativity and Christingle Service
St Marnarch	16:30	Lanreath Christingle Service
St Nun	20:00	Pelynt with Lansallos Christmas Eve Holy Communion

St Wyllow	23:00	Lanteglos Midnight Communion Service
-----------	-------	--------------------------------------

#### Thursday 25<sup>th</sup> Christmas Day

St Marnarch	09:30	Lanreath Christmas Day Family Communion Service
St Saviour	09:30	Polruan Christmas Day Service
St Tallanus	11:00	Talland Christmas Day Family Communion Service

#### Sunday 28<sup>th</sup> First of Christmas

St Marnarch	09:30	Christmas Praise
St Nun	11:00	Holy Communion Service with Carols
St Saviour	11:00	Café Church
St Ildierna	18:30	Holy Communion Service with Carols

### January 2026

#### Sunday 4<sup>th</sup> Epiphany

St Marnarch	09:30	Holy Communion Service
St Wyllow	11:00	Holy Communion Service
St Nun	11:00	At Methodist Chapel
St Tallanus	11:00	Holy Communion Service
St Ildierna	18:30	Holy Communion Service

#### Sunday 11<sup>th</sup> Baptism of Christ

St Marnarch	09:30	Epiphany Service
St Tallanus	09:45	At Polperro Methodist Chapel
St Nun	11:00	Epiphany Service
St Wyllow	11:00	Covenant Service
St Ildierna	18:30	Holy Communion Service

#### Sunday 18<sup>th</sup> Second of Epiphany

St Marnarch	09:30	Service of the Word
St Wyllow	11:00	Holy Communion Service
St Nun	11:00	At Methodist Chapel
St Ildierna	18:30	Evening Prayer

#### Sunday 25<sup>th</sup> Conversion of St Paul

St Marnarch	09:30	Service of the Word
St Nun	11:00	Village Service
St Saviour	11:00	Café Church
St Ildierna	18:30	Evening Prayer



## From the Registers

### Baptisms

20 September, Ernest Curtis of Looe at St Wyllow, Lanteglos by Fowey

### Weddings

6 September, Nathaniel David Luke Rothwell (of the Parish) to Carianne Hardy (of Liskeard Parish) at St Tallanus, Talland

20 September, Christopher Wayne Tyrrell to Chelsea Frances Fellows (of Newport) at St Wyllow, Lanteglos by Fowey

### Wedding Blessing

13 September, Matthew Hope to Harriet Hope (nee Wilson) from Kent at St Wyllow, Lanteglos by Fowey

### Funerals and Burials

7 October, William Ewart Gribble of Frome (formerly of Launceston) at St Marnarch, Lanreath

30 October, Brian Spencer of Twowatersfoot at St Marnarch, Lanreath

### Funeral Services at Bodmin Crematorium

26 September, Wendy Delaine Clarke of West Looe

8 October, Sidney Paine of Polperro

### Interment of Ashes

20 September, Lilia Sophia Facey of Lanreath at St Marnarch, Lanreath

## St John's, Bodinnick from the Friend's of St John's



The Friends would like to thank everyone for their continued support, both personal and financial, towards the upkeep of St John's Bodinnick during 2025, and wish you all very best wishes for Christmas and the New Year.



## Parish Diary

All dates and times are correct at the time of going to press — please check notices for changes

### December

Monday, 1<sup>st</sup> to Friday, 5<sup>th</sup> Polruan Village Hall closed for new heating system installation (see page 7)

Tuesday, 2<sup>nd</sup> Pat Whitehouse will be demonstrating 'Christmas' at Looe and District Flower Club (see page 23)

Wednesday, 3<sup>rd</sup> Requests for Polly Christmas Hampers to be received (see page 25)

Friday, 5<sup>th</sup> Christmas Trees up on the Old Coal Wharf, Polruan and in the grounds of St Saviour (see page 10)

Friday, 5<sup>th</sup> A talk by Ian McCarthy 'Afghanistan and the Towers' at Fowey Town Hall, 5-6pm (see page 17)

Friday, 5<sup>th</sup> Quiz Night with Radio 3's Petroc Trelawney at Fowey Town Hall, 7-9pm (see page 17)

Saturday, 6<sup>th</sup> Whitecross Local Produce Market, 10am – 12.30pm (see page 18)

Sunday, 7<sup>th</sup> Christmas lights up on the Old Coal Wharf (see page 10)

Sunday, 7<sup>th</sup> Festive Afternoon Tea at the Polruan WI, 2 – 4pm (see page 7)

Tuesday, 9<sup>th</sup> Coffee Cake and Catchup Christmas Dinner, Polruan Village Hall, 12 noon; booking essential; Polruan Academy children to sing (see page 13)

Wednesday, 10<sup>th</sup> Polruan Sunnysiders WI Meeting at Polruan WI (see page 7)

Thursday, 11<sup>th</sup> Polruan Academy Christmas Plays at the Polruan Village Hall (see page 11)

Saturday, 13<sup>th</sup> Last posting date for the Parish Christmas Post (see page 8)

Saturday, 13<sup>th</sup> Children's Christmas party (see page 10)

Saturday, 13<sup>th</sup> A talk by Captain Mike Sutherland 'From Lostwithiel to the Sea' Fowey Town Hall, 2pm (see page 25)

Sunday, 14<sup>th</sup> Christingle at Lansallos Church, 4pm (see pages 3 and 4)

Thursday, 18<sup>th</sup> Polruan Academy Christmas Carols around the tree (see page 11)

Thursday, 18<sup>th</sup> Lerryn Film Club present 'Penguin Lessons' at Lerryn Memorial Hall, doors open at 7pm, screening at 7.30pm (see page 25)

Friday, 19<sup>th</sup> December Polruan Academy Christmas Service at St. Saviour Church, followed by 'a Christmas Experience' (see page 11)

Sunday, 21<sup>st</sup> Carols at Lansallos Church, 6.30pm (see pages 3 and 4)

### January

Saturday, 3<sup>rd</sup> Whitecross Local Produce Market, 10am – 12.30 pm (see page 18)

Sunday, 4<sup>th</sup> Theatre Royal Panto Trip to see Dick Whittington (see page 10)

Tuesday, 13<sup>th</sup> Coffee Cake and Catchup coffee morning at Polruan Village Hall, 10am - 12noon (see page 13)

Wednesday, 14<sup>th</sup> Polruan Sunnysiders WI meeting at Polruan WI; talk by Merryin Threadgould - Cornish Mrs Jarrold Wax Works (see page 7).

Saturday, 17<sup>th</sup> A talk by Merryin Threadgould 'Stories Behind the Cornwall Memory Game', Polruan Village Hall, 2pm (see page 25)

Thursday, 22<sup>nd</sup> Lerryn Film Club present 'Lion' at Lerryn Memorial Hall, doors open at 7pm, screening at 7.30pm (see pages 25)

Tuesday, 27<sup>th</sup> Coffee Cake and Catchup lunch at Polruan Village Hall, 11am to 1pm (see page 13)

Saturday, 31<sup>st</sup> Polruan Film Club present 'The World's Fastest Indian' at Polruan Village Hall (see page 24)



**Sunday, 28 December**  
**Sunday, 25 January**

**St Saviour Church**  
**at 11 am**

**You are welcome to join us for**  
**an informal, all - age service**  
**With coffee and cake**

The perfect family event for Christmas Eve afternoon is the

**'Nativity & Christingle'**

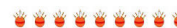
**in St Saviour Church**



2.30 pm - make your own Christingle,  
with music and refreshments,  
and choose a costume for the "pop-up"

**Nativity Service**

**Which follows at 3pm**



## Sophie from The Leprosy Mission in Trelawny Benefice

from Kathryn Hill

Trelawny Benefice really enjoyed the visit of The Leprosy Mission's representative, Sophie, to our Diocese. She preached at Lanreath, Lanteglos-by-Fowey and Lansallos Parish churches and her sermons were much appreciated. She both inspired us with news of the way The Leprosy Mission is making an enormous difference to many and challenged us with a Gospel message.

In between the two morning services and the evening service she attended an Afternoon Tea and Table-Top Sale in Polruan which raised £240 for the Mission. Generous donations were also made at the three services.

Thank you Sophie, it was a long day for you, but it was much appreciated. Sophie appreciated it too as she wrote to the Diocese International Committee:

*"What a busy day that was but such a wonderful experience with a warm welcome from each of the churches."*

## Experience Christmas

from Kathryn Hill, for the Experience Christmas Team

Immediately following Polruan School's end-of-term Christmas Service in St Saviour on the last day of term (19 December), the children will take part in an interactive programme entitled 'Experience Christmas'. Six stations will be set up in the Church for the children to explore and these will remain in place for the Christmas and New Year season. Everyone is welcome to call in to St Saviour Church and enjoy a journey around the Christmas stations.

## Christmas at Lansallos



**Christingle service**

4pm on Sunday, 14<sup>th</sup> December

## Christmas at Lansallos Carol Service

Sunday, 21<sup>st</sup> December at 6.30pm



We're lucky enough again this year to be joined by the wonderful Looe Ladies 'Just Voices' choir who will sing for us, and with us, at our traditional candle-lit service of seven lessons and carols. After the service there'll be mince pies and mulled wine (or soft drinks), so why not come and join us in singing a few of your favourite Christmas carols in the lovely ambience of this 14<sup>th</sup> century place of worship. There'll be a warm welcome for all the family.

*Image by Clker-Free-Vector-Images from Pixabay*

## The Churches of the Benefice of Trelawny

Rector Rev Richard Allen 01503 220847

### Benefice

Administrator Pippa Morrell-Davies 07399 563440

Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

Lanteglos — St. Willow; Polruan — St. Saviour; Bodinnick — St. John

Churchwarden	Norman Mallard	01726 870747
Book-keeper	Shanie Herbert	07816 316178
Secretary	Liz Luck	01503 261582

Lansallos — St. Ildierna

Churchwardens	Margaret Phillips	07493 310816
	Josie Slade	01503 220513
Treasurer	John Feese	01503 220884
Secretary	Glen Feese	01503 220884

Pelynt — St. Nun

Treasurer	Rosemary Lee	01503 220169
Secretary	Sheila Morrell-Davies	07971 104798

Lanreath — St. Marnach

Churchwarden	Peter Hooper	01503 220229
Treasurer	Hugh Honeyman	01503 802122
Secretary	Pippa Morrell-Davies	07399 563440

Talland — St. Tallunus

Churchwarden	David Bailey	01503 262890
Treasurer	Joe Sharples	01503 273466
Secretary	Jenny Hall	01503 598267



**The PARISH NEWS**  
for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

### Publisher

Lanteglos-by-Fowey PCC 07399 563440  
[trelawnybenefice@gmail.com](mailto:trelawnybenefice@gmail.com)

### Editorial team

[editor@polruanparishnews.co.uk](mailto:editor@polruanparishnews.co.uk)

### Advertising

[advertising@polruanparishnews.co.uk](mailto:advertising@polruanparishnews.co.uk)

### Distribution

Linda Hazell 07977 625134  
[lindahazell@sky.com](mailto:lindahazell@sky.com)

## Advertisers and organisers

The Parish News is distributed to all the premises in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

**An advert, notice or news item can reach thousands of local**

## News from Lansallos

### A personal view from John Feese

## Smuggling

Do you, like me at one time, suppose that the lurid stories of smuggling in 18<sup>th</sup> and 19<sup>th</sup> century Cornwall are largely mythical, perhaps exaggerated by the tourist industry to help sell more holidays? If so, think again! The British government was faced with the huge cost of having to pay for wars such as the American revolution (now called the War of Independence) and the Napoleonic Wars, so had little choice but to levy increasing duties on many goods, and especially on 'luxury' items such as brandy, rum, salt and tea. These taxes affected all areas of the country, but the Cornish economy was hit especially hard as our fishermen had to buy large quantities of high quality salt to use as a preservative for the pilchards which were one of Cornwall's most important exports. The salt was imported from France or Spain and was taxed by Customs and Excise at a rate that was up to forty times that previously charged.

Forced by hunger – and an independent nature(!) – Cornish fishermen turned to smuggling and this 'free trading' formed a major part of the local economy. As the war with France intensified, smuggling grew to be a serious drain on the country's economy and counter-smuggling measures became ever more serious – and even draconian, as shown by the grave in Lansallos churchyard of a likely smuggler killed by a cannonball, probably fired from a Customs cutter. Even so these measures were no match for cunning Cornish smugglers. Zephaniah Job of Polperro (buried in Lansallos graveyard) acted as banker to the free traders and even issued his own banknotes. Additionally, due to the support, sympathy and active collusion of whole communities, it was said that no Cornish jury would ever find a smuggler guilty!

### Christingle Sunday, 14 December at 4pm

Imagine a darkened church gradually coming alive with the warm glow of candlelight, each flame representing the light of Christ in the world. This is the magic of a Christingle service, a beautiful Christmas tradition that combines meaningful symbolism with hands-on participation for people of all ages. At the heart of this service is the Christingle itself – a simple yet profound symbol made from an



orange, a candle, a red ribbon, and some sweets. Each element tells part of the Christmas story: the orange represents our world, the candle stands for Jesus as the light of the world, and the red ribbon symbolises Christ's love encircling the globe. It's a tangible way to connect with the deeper meaning of the season, but also great fun especially for children. Every child (and adult if there are enough to go round) will be given a Christingle which can be taken home afterwards, so do come and enjoy this very special service.

### Carol Service Sunday, 21 December at 6.30pm

We're lucky enough again this year to be joined by the wonderful Looe Ladies 'Just Voices' choir who will sing for us, and with us, at our traditional candle-lit service of seven lessons and carols. After the service there'll be mince pies and mulled wine (or soft drinks), so why not come and join us in singing a few of your favourite Christmas carols in the lovely ambience of this 14<sup>th</sup> century place of worship. There'll be a warm welcome for all the family.

### Services over Christmas

On Christmas Eve at 8pm we'll be joining with the Pelynt congregation at St Nun's to celebrate Holy Communion. There'll be no service at Lansallos on Christmas Day. A Holy Communion with Carols will be held at St Ildierna at 6.30pm on Sunday, 28 December.

*Nadelik Lowen ha  
Bledhen noweth da!*

**(Merry Christmas and  
a Happy New Year!)**





## News from Nigeria

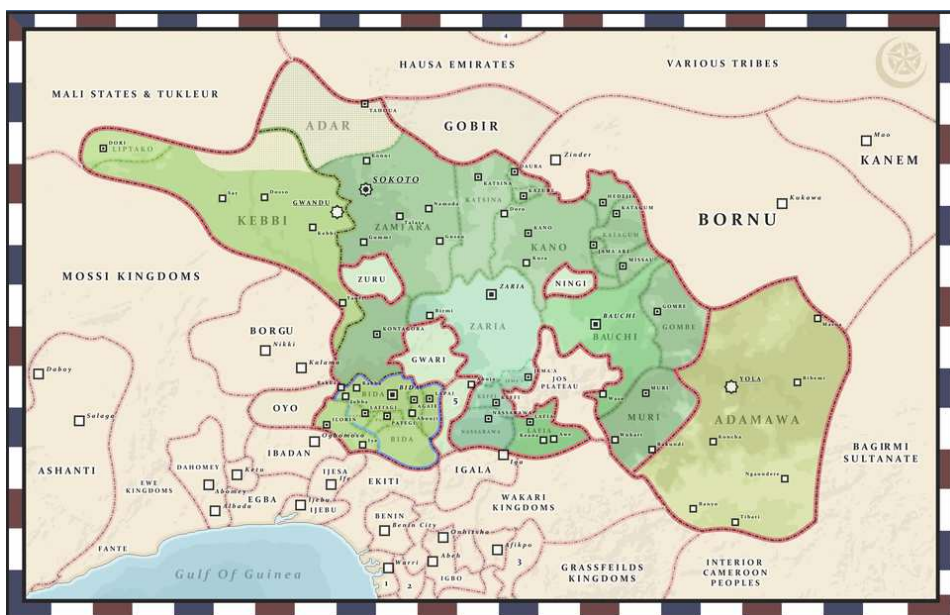
from Kathryn Hill

President Trump's threat to intervene on behalf of the beleaguered Christians in Nigeria has resulted in the media taking notice of the many terrorist attacks taking place all over Nigeria. Although the Fulani terrorists are attacking Hausas who are also Muslims and who have been their allies for over a century, contrary to what the Nigerian Government has said, the vast majority of the Fulani attacks have been on Christian Communities. Further to Kathleen and Daniel's latest update in this edition, in a prayer request sent in mid-October they wrote:

*"More and more Fulani are coming into Nigeria and many are in the South too. We don't know what will happen as they and Boko Haram plan to take over Nigeria. God is in control. We ask you to pray."*

Back in the early 1800's a Fulani Muslim scholar turned general, Usman dan Folio, waged Jihad (so-called 'holy war') against first the Hausa tribe who ruled a large swathe of what is now northern Nigeria and Cameroon at the time and then on a number of animistic tribes in the surrounding area who they forcibly converted to Islam. This resulted in setting up the Sokoto Caliphate which became one of the largest states in Africa in the 19<sup>th</sup> century. The [Sokoto Caliphate](#) has continued to the present day. Since the British conquest of the Caliphate in 1903, and later Nigerian independence under a constitutional government in 1960, the Caliphate's political authority has diminished. But the position still has considerable spiritual authority in present day Nigeria.

I am not alone in seeing the current Fulani attacks as being an attempt to continue and complete Usman dan Folio's jihad!



Map of the Sokoto Caliphate in 1870. By AbdurRahman AbdulMoneim

## Lanreath Fireworks Evening

from Henry Hayward

On Saturday, 1 November Lanreath held its annual firework evening.

The spectacular show was organised by the Lanreath Amenities Group on the Football field by kind permission of Kearn Estates.

The adjacent Topsy Cow opened its doors with refreshments available, and Lanreath Community Spirit took over the Village Hall kitchen to supply a most welcome and delicious bowl of soup. A very jolly gathering admired Shockwave's grand display on a bright clear evening that James, sometime ago a member of the military bomb disposal team, had pieced together during Saturday's very wet afternoon that had even thrown some hail at him. Stoically he

managed wonders with timing perfect and eye catching illuminations.

Lanreath's famous Punch Bowl Inn at the other end of the Street, ran a Pumpkin Competition judged by Cllr. D Heard, Parish Council Chairman, the entries were excellent which made judging extremely difficult, so each competitor was rewarded with a prize.

Of course, the evening was only possible due to the great generosity of the sponsors - Libby Plant Hire, Furzedown Turbine, Lanreath Parish Council, Steve Wills Haulage, A & R Palmer Coal Merchants, Moss Removals, J.V. Architectural, Cave Mason Associates.



YN-5



YN-5



## Who is this Child? by the late Mavis Cocks

*Who is this child that for two thousand  
and more*

*Mankind has worshipped, blessed and  
adored?*

*What made this babe, born in a stable,  
become so revered?*

*Weren't high-born princes similarly  
sought and feared?*

*Why did shepherd, kings and the Magi  
seek him out?*

*Led by the Star, proclaimed by Gabriel's  
trumpet shout!*

*Who is he? God's only begotten son*

*Humbly born of human flesh,*

*Ordained to live his life as mortal man.*

*His birth, we know, had been foretold*

*Many times by prophets of old,*

*His Father assuredly the great I AM.*

© Mavis Cocks

First published here December 2003



Come along and join us for  
'Sing-A-New-Song'

Enjoy a sing-along of Carols -  
all singing abilities are  
welcome!

WITH A CUPPA  
CAKES AND BISCUITS  
and Tree Decorating

Sunday, 14 December at  
St Saviour Church 2.30pm

Contact: Angie Mallard 07967 131525

**BRUCE SWEEPSCLEAN!**  
 PROFESSIONALLY REGISTERED,  
 RELIABLE CHIMNEY SWEEP

- \* Excellent Service
- \* 'Mess free' work
- \* Roof and Chimney Drone Inspection Service
- \* Cowl & Bird Guard Fitting
- \* Birds nest/blockages removal
- \* Camera Surveys/Stove Installation
- \* Chimney & twin wall liners
- \* Supply of stoves & accessories

Appliance and Chimney safety advice  
 HETAS Registered Sweep and Member of APICS

**Call us now**  
**01579 351478 / 07768 750669**  
[www.brucesweeps-clean.co.uk](http://www.brucesweeps-clean.co.uk)

**Caroline Jeffries**  
 Local Independent Celebrant

Creating Unique, Bespoke Ceremonies

- Weddings
- Funerals
- Vow Renewals
- Memorials

Tel: 07526 925527  
[carolinejeffriescelebrant@gmail.com](mailto:carolinejeffriescelebrant@gmail.com)  
[www.carolinejeffriescelebrant.co.uk](http://www.carolinejeffriescelebrant.co.uk)

**STEVE STROUD**

Mobile 078101 24137  
**BUILDER AND DECORATOR**  
**CERAMIC TILING, PLASTERING, ROOFING AND STONEMASONRY**

**Marmalade and Jam from Kathryn's Kitchen**



Help yourself in exchange for a donation for school fees for blind students: Saminu at Gindiri Boys Secondary School, Nigeria where Kathryn used to teach & Nenchin who has just finished school there and hopes to study at Unijos

**POLRUAN SURGERY HOURS**  
 (from Fowey River Practice)

Polruan Surgery is open from:

**Mondays**  
 2.30pm until 5.00pm

**Tuesdays**  
 8.30am until 12.00 noon

**Wednesdays**  
 Closed

**Thursdays and Fridays**  
 8.30am until 12.00 noon

**POLRUAN KIDZ KLUB**

Fun activities for all!

Cooking Craft & games

**Children from Reception up welcome!**  
**PLEASE LOOK OUR FOR 2026 DATES**  
**IN THE NEW YEAR**  
**Fees £1.00 per session includes equipment, drinks & biscuits**  
**Fridays 6 -7.30pm @ Polruan Village Hall**

Contact Angie Mallard on 07967 131525

**Kidz Klub**  
 from Kathryn Hill, for the KK Leaders

We had a small number at our October meeting, but we had lots of fun! After a scavenger hunt outside St Saviour Church, the youngsters enjoyed toasting marshmallows over a fire in a fire pit outside the Village Hall. Hot chocolate with little marshmallows also went down well and lots of lovely Autumn themed pictures were made. By the time you read this our November 'Christmas Crafts' evening will also have happened, hopefully with more children as the numbers attending at the October meeting do not make for a sustainable club.



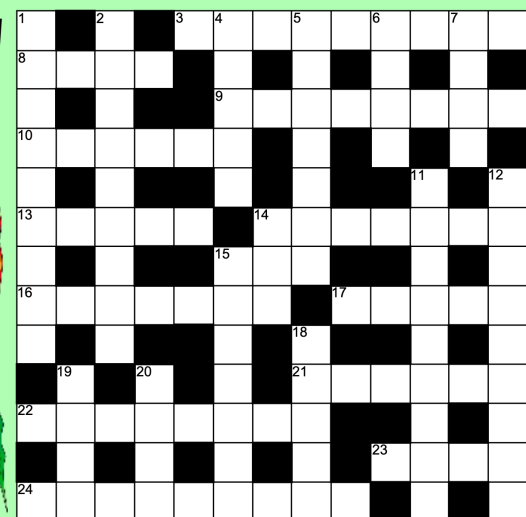
**DECEMBER • JANUARY 25**  
**Crossword**

**ACROSS**

- Unpleasant (9)
- Swedish group (4)
- Small tree (8)
- Frolic (6)
- Woman's name (5)
- Italian cocktail (7)
- Transport (3)
- Destroy (7)
- Tomb (5)
- Descent (6)
- Fellow member (8)
- Therefore (4)
- Musical group (9)

**DOWN**

- Mother tongues (9)
- Detest (9)
- Ivy's mate? (5)
- Little bites (7)
- Move stealthily (4)
- Criminal type (4)
- Light hearted (4,5)
- Kiss under it? (9)
- Purchase (3)
- Baby sheep (3,4)
- Virtuous (5)
- Happy New ....? (4)
- Yuletide (4)



Compiled by John Thomlinson.



## News from Polruan Village Hall

### from PVH Management Committee

By the time you read this we will be well on the way to the end of another year and what a year it has been! Amongst all the good things that have happened, for me it seems we are witnessing the world once again becoming less secure and life is more unpredictable than we have become accustomed to. That is when being part of a supportive community becomes so important and that is what our Village Hall is all about. This year, as in previous years, the Hall has hosted hundreds of hours of activity and socialising with a variety of things to join in with every week. On behalf of the Management Committee, I would like to express our thanks all those who have organised and provided these activities and to those of you who have supported by attending and joining in. Long may it continue.

We had a successful Afternoon Tea in October which raised almost £230 for Village Hall funds. Thanks to the Committee members who organised this, to all those volunteers who helped with baking, serving and clearing up, and of course to you all for supporting the event.

Our AGM took place on Friday, 3 October and the meeting accepted and approved the annual accounts and the existing Committee was re-elected for another year.

We are really pleased report that, thanks to funding from the National Lottery Community Fund, we have finally been able to source a supplier to install the new heating system and this will be happening during the week commencing Monday, 1 December. We should all be nicely warmed up for the New Year! This means that the Village Hall will be closed from Monday, 1 to Friday, 5 December with no access allowed. Our thanks to Mike Parlett who has worked tirelessly to get this underway. If you have any queries about access during this period, please contact Mike — [mike.parlett@polruan.org](mailto:mike.parlett@polruan.org)

Finally, we send everyone our best wishes for Christmas and the New Year.

If you are interested in what is going on each week or in using the Hall yourself, contact our Booking Secretary, Kathryn Hill on 01726870953 or at [kathrynehill39@gmail.com](mailto:kathrynehill39@gmail.com)

See our website for details of what the Hall can offer <https://polruan.org> - you can also see a calendar of current availability



### Hall Hire

Should you wish to book the Hall for an activity, please contact our bookings clerk:

Kathryn Hill  
01726 870953,

[kathrynehill39@gmail.com](mailto:kathrynehill39@gmail.com),  
who will be happy to help  
with any queries.

The Hall costs £15 per session

(i.e. morning, afternoon, or evening)  
which includes the use of all facilities  
including free WiFi, the Audio Visual  
System, comprehensively fitted kitchen  
and heating and lighting.

Licensed for music, alcohol, films and  
entertainment



## Polruan Sunnysiders WI

### from Karen Windsor, President

I am pleased to report that Polruan Sunnysiders have been very busy for the past two months. We started in our October meeting by welcoming a local guest, Henry Rowe. We had an extremely interesting and amusing talk on Henry's working life as an engineer which has taken him to over 60 countries worldwide, including the building of flood defences in New Orleans after storm Katrina. We heard tales of both the hard work and the camaraderie that Henry enjoyed in all corners of the globe.

We then moved on to our 'Polruan has Talent' event which saw 12 local acts perform in the Village Hall. It took an enormous amount of preparation and rehearsal and all our members were involved in some way or other which was really appreciated. There is a review on the evening elsewhere in this publication and so I will just report that we received £840 in donations on the night! An amazing sum that we have shared with our local school, Polruan Academy. Thank you to everyone who contributed to this huge sum and who supported the WI.

During the following week seven of us took part in a moonlight memory walk in aid of the Little Harbour Children's Hospice. For this event, the ladies received over £1800 in donations. A good deal of this was collected at a bingo evening in one of our local pubs, the Russell Inn. Thank you to Kat and Ali for facilitating this.

At our latest meeting in November, we again welcomed two of our locals Lorry and Martin Quinn, who gave us an entertaining and informative talk on their 7-week trip to New Zealand. Of particular interest was that if you buy a property there you will want it to have a north facing aspect. Of course! The stories of the Māori people were illuminating and all agreed it made us wish to visit this most beautiful of countries.

If you would like to join our lovely group of ladies, please do get in touch. We meet on the second Wednesday of every month at 7pm. For our talks all are welcome, including gentlemen. Look out for our posters or for further information, please contact me (Karen) on 07800 954770.

### A date for your diary:

**14 January 2026:** Merryn Threadgould —  
Cornish Mrs Jarrold Wax Works.



**Get the festive  
season started and  
join us for a  
Christmas  
afternoon tea**

**When: Sunday 7th December 2025**

**Where: Polruan WI Hall  
Fore Street, Polruan PL23 1PH**

**Time: 2pm to 4pm**



**Lots of prizes  
to be won!**

*Afternoon Tea is free – donations  
welcome in support  
of your local WI*



The **WI Hall** in Fore Street, Polruan is  
a light, airy space to use for meetings,  
clubs, etc. with a kitchen and toilets.

The fee is £15 for a morning,  
afternoon or evening session. This  
includes WiFi plus heating and lighting.

To book please contact

Claire Mayne

07980 913934

[wipolruan@gmail.com](mailto:wipolruan@gmail.com)

## LETTERS TO THE EDITOR

*The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.*

*We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.*

*Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.*

*Any items submitted must be entirely original work or full attribution or credit must be provided.*

*Please send all copy and letters to the new editorial team at*  
[editor@polruanparishnews.co.uk](mailto:editor@polruanparishnews.co.uk)

*Stay in touch anywhere  
around the globe*

*The Parish News is  
available online at:*

[www.lanteglosbyfowey.org.uk](http://www.lanteglosbyfowey.org.uk)

*The official website of  
Lanteglos by Fowey  
Parish Council*



**Closing date for the  
1 February 2026 issue is**

**Wednesday, 14 January 2026**

Please send all copy and letters to  
the new editorial team at  
[editor@polruanparishnews.co.uk](mailto:editor@polruanparishnews.co.uk)

**no later than  
Wednesday, 14 January 2026**

\*\*\* Thank you \*\*\*

## Lanteglos Community Bus Association

**from Beth Rigg**

Unfortunately, because of insurance age restrictions, the Lanteglos Community Bus Association (LCBA) has had to say goodbye to Fernley Hext as a driver. Fern has been a dedicated member of the driving team, both for the scheduled trips to St Austell, Bodmin and Truro, and for the private hire trips, which form a large part of the income for the Community Bus.

I am sure that all passengers, past and present, will join me in wishing Fern a happy retirement and in thanking him for all his kindness and dedication, not only to the LCBA, but to the passengers he carried.

Many thanks Fern.

## Festive Greetings

**from Chris and Gill Palmer**

Chris and Gill Palmer will not be sending Christmas cards this year. We wish all our family, friends and neighbours a very Happy Christmas and a healthy, happy and prosperous new year. We will be making our annual donation to the Children's Hospice who do such wonderful work.

## Thank you

**from Des and Val Libby**

Thanks to everyone who has supported the Parish Christmas Post over the past 30 years or so. We have delivered thousands of cards and raised a lot of money for charity, namely the MNDA, and couldn't have done it without everyone's support.

Katie Beer has very kindly taken the Parish Christmas Post on and I'm sure you will give her the same support as we enjoyed.

## Whitecross Village Hall

**from Suzi Flynn**

We are delighted to be able to tell you that Whitecross Village Hall has been awarded a National Lottery Community Fund grant for the repairs to the roof. With everyone's kind generosity during our fundraising events, plus the grant money, we will be able to start work as soon as we can get it booked in. Looking forward to posting updates in the Parish News as the work gets underway.

## Letter from Nigeria

**from Daniel and Kathleen**

Life has been very busy this month and we praise God for the strength to cope.

My brother Ken arrived last week and it was good to see him and catch up with his news. He had sent ahead notes for 5 talks, so Manasa was busy making them into small booklets — there were about 900 booklets in all. Ken had a very busy schedule, preaching to a varied audience in many different locations over two weeks. I think after such a busy schedule, he may be exhausted when he finally returns to the UK via Abuja. Daniel and I hope to attend all the sessions; excepting one for me as I have another meeting in town.

Things are a bit tense in Nigeria at the moment because President Trump is unhappy about the killings here. What he and Nigeria will do about this remains to be seen. They do try but it is not enough, so please pray.

The rains have stopped and the crops have been gathered. Due to the heavy rains, however, quite a lot of produce was spoiled, but we praise God everybody got something.

Manasa was taking two of our girls to Mubi to College, which is about 500 miles from here, when unfortunately he had an accident. Passersby were amazed that they got out without a scratch. This was only the goodness of God and we trust it has strengthened the faith of them all. God is Good, God is in Control.

Thanks for your prayers and concern, may God bless you and encourage you.

## Christmas Parish Post by Kaitie Beer



**in aid of the  
Motor Neuron Disease Association**

**Christmas cards delivered to any  
house in the Parish  
for 40p per card.**

**Stamps and Drop off at  
The Winkle Picker, Polruan  
or at  
Morley Tubb, Castle Way, Highway**

**Thanks to both**

**Last Post Saturday, 13 December  
Post people required in  
your local area**



## Donations for Christmas Polly Food Hampers

WE ARE ASKING FOR MONETARY DONATIONS TOWARDS THE  
POLRUAN XMAS HAMPERS THIS YEAR - ANY AMOUNT,  
HOWEVER SMALL, WOULD BE GRATEFULLY RECEIVED.  
THIS WILL ENABLE US TO PROVIDE FESTIVE HAMPERS TO  
FAMILIES AND NEIGHBOURS IN LANTEGLOS PARISH WHO NEED  
SOME EXTRA HELP THIS CHRISTMAS.

THERE WILL BE DONATION TUBS AT

KITTY'S KOFFEE, POLRUAN STORE, AND THE RUSSELL INN.



## Remembrance Sunday in Lanteglos Parish

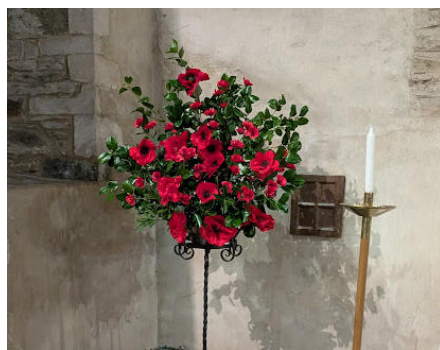
from Kathryn Hill

Unlike at the Cenotaph where the sun shone, we remembered the fallen in the rain! As well as wreaths laid on behalf of the Parish Council and the Parochial Church Council at the War Memorial, a wreath was also laid on the grave of the unknown man by a representative of the young people of the parish. Most of those paying tribute went back into the church for a short service which included the choir singing Peter Skellern's lovely anthem 'Rest in peace and rise in glory'. A short act of remembrance and wreath laying also took place at the Bodinnick War Memorial at 12.30pm.

In this year which marks the 85<sup>th</sup> anniversary of Dunkirk and the 80<sup>th</sup> anniversary of VE and VJ days it is important to pay tribute to all who fought and all who died, not just in the two world wars but in the various wars and conflicts that have, and still do, follow them. In the service we read the prophesy in the Book of Micah:

*"They will beat their swords into ploughshares and their spears into pruning hooks. Nation will not take up sword against nation, nor will they train for war anymore."*

That prophesy is yet to be fulfilled but I both believe and pray that one day it will be true.



## A Heartfelt Thank You and Goodbye

from Carol Gripton

I was truly overwhelmed by the wonderful party arranged to mark the end of an era. It was such a beautiful surprise and it left me feeling deeply emotional and very sad to be saying goodbye.

Whether it was working as the district nurse and midwife, volunteering on the Regatta Committee or just enjoying a cup of tea at women's hour, the village has been my home and a big part of my life for nearly 60 years. The decision to leave behind so many happy memories and cherished friendships has been one of the hardest choices I have ever had to make. Over the decades, I have seen many changes in village life, but the kindness, friendship and support of those around me have always been a constant source of strength and joy.

Over recent months I have reluctantly come to realise that now is the time to move on to the next chapter and new adventures. Even so, I will miss you all dearly and carry Polruan in my heart wherever I go. I look forward to staying in touch and returning to visit, so we can share more good times and happy memories together.

From the bottom of my heart, thank you for the wonderful farewell and for all the love, support and friendship you have given to me over the years.

If anyone has any photos of the event or any from our time together, I would love to see them, so please send them to Julie at griptonja2@gmail.com.

With love and best wishes.



### Can you spare a few hours?

If so, perhaps you will consider sharing distribution of the Parish News? Many hands make light work so the current team would welcome more coming on board to share the role.

The role involves collecting the Parish News from the Printer (normally at either Caffa Mill or Four Turnings), towards the end of the month preceding publication, then delivering these to the outlying areas of the Parish and finally to those who distribute in Polruan. If you are interested or would like more information, please contact the distribution team for further details.

**Thank you**

## SHOWROOM NOW OPEN

[www.rb-windows.co.uk](http://www.rb-windows.co.uk)

[enquiries@rb-window.co.uk](mailto:enquiries@rb-window.co.uk)

Call today 01752 265000 / 263000



Conservatories | Doors | Windows | Sealed units  
Rainwater goods | Secondary double glazing

✓ Since 1986, this family run business has become one of the leading suppliers of Profile 22 in Devon & Cornwall. We pride ourselves on beautifully made Windows, Doors & Conservatories.

✓ Excellent, reliable customer service with no compromise on quality.

  
**RBWINDOWS**  
South West Limited

55 Fore Street, Torpoint,  
Cornwall PL11 2AD

**10 year guarantee**

### Subscriptions

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

We only charge for the postage so please contact us to have the Parish News sent by post on publication for a year.

Please contact Graham Tyson, The Old Barn,

Readers are kindly requested to mention the Parish News when responding to our advertisers.

It helps the advertisers to know that their advertising is effective.

It also helps The Parish News which relies on our advertisers' continued support.



LANGMAID

&

HUNKING

FUNERAL DIRECTOR

FOR A CARING AND

PERSONAL SERVICE

CONTACT PETER RIPLEY

PENLEATH CLIFF RISE POL-  
RUAN



**Roseland Podiatry**

Visiting podiatry/chiropractic practice

07813 508740/ 01872 530715

Treatment of nails including conditions such as ingrowing, thickened and fungal nails.

Treatment of corns, callus and other skin conditions.

Diabetic and high risk foot management.

Biomechanical assessments and orthotics.

Footcare and footwear advice.

Julie Moutinho DPodM MCPod

Registered Podiatrist

juliemoutinho123@gmail.com



## Organisation and Decluttering services

### Kernow Clutterbugs

help to declutter ANY SPACE

One room or the whole house!

We can help with:

- Wardrobe Organisation
- Kitchen Cupboard clear out
- Blitzing Paperwork
- Home office organising
- Attics, Garages or Shed sorting
- Sorting for a house move

For bookings or questions

07943 497155

Image by Stocksnap from Pixabay

[bonniebate@yahoo.com](mailto:bonniebate@yahoo.com)

## Polruan Regatta and Children's Sports

### from the Committee

The strong easterly winds and swell, disappointingly led to the cancellation of our planned Seafari trip in July. So we were really pleased when Ben and Peter were able to take us out in late September. They took our children up the coast as far as Looe Island. Ben told the story of the smugglers and customs men at Lantic Bay, legends surrounding Punches Cross and smugglers from Polperro. Polruan children certainly are speed fans, enjoying bouncing across the waves and the excitement of donuts! The seals were elusive, but the sea birds led us to a pod of Harbour Porpoise chasing fish, what an experience.

Our Christmas activities, long planned, begin on Friday, 5 December when the Christmas trees for the Old Coal Wharf and St Saviour's grounds will arrive. We are grateful to the Palmer family for organising and transporting them and to the men from the boatyard for hauling the Old Coal Wharf tree into place.

The lights will be put up on the morning of Sunday, 7 December and they will run until Tuesday, 6 January.

On Saturday, 13 December we will be holding our lunch time Christmas Party for the children aged from birth up to and including those in school Year 2. We have hired in some soft play equipment, and after lunch Father Christmas will be making a visit.

The trip to the Theatre Royal, Plymouth for the pantomime will be on Sunday, 4 January. This year Shane Richie stars in Dick Whittington.

Invitations for both the party and the pantomime trip will have been emailed to all families registered on our data protection list before publication of this edition of the Parish News.

Dates for 2026 have been set as follows:-

- Annual General Meeting: 10 March
- Choosing of Royalty: 25 May
- Beach Gala: 2 August
- Regatta Weekend 29 August to 31 August
- Christmas party: 12 December.

Regatta seems to be a long way away but the committee have been busy; our entertainers are booked, along with the Lostwithiel Town Band and the disco.

Thank you for your continued support enabling these traditional, fun activities to continue.

We wish you a Happy Christmas and New Year.



children's hospice  
SOUTH WEST

## Little Harbour

### from Lynn Bartlett

The ladies of Polruan WI wanted to support the Children's Hospice South West and so took on the challenge of the Moonlight Memory Walk. This annual event was held in the night garden at Heligan Gardens at the beginning of November. It was a moonlit evening, no wind or rain and the lights in the garden were very special. The evening began with a memory ceremony, followed by a warmup and then a gentle 4km walk. There were 285 people walking in groups of 30; the final total raised was £28,000. A visit to Heligan to see the night garden is to be recommended.

To help raise sponsorship, Kat and Ali at the Russell Inn, generously held a Bingo evening. It was well supported and £619 was raised. The JustGiving page and sponsorship forms have produced a wonderful total of £1,815.

Thank you to everyone, we felt so well supported.

The Blamey shelves in the Reading Room have been refreshed and there's a wide selection of adult and children's books to choose from. There are also jigsaws including some with a Christmas scene. We will keep updating the shelves during the winter months. Our book sales begin again next Spring.

Thank you to Kat and the team for supporting us with sales of Christmas cards. There are packs of 10 cards with this year's designs for £5 in Kitty's. They can also be viewed on the CHSW web page or by contacting me on 07977 440132 or via email at [lbart49738@aol.com](mailto:lbart49738@aol.com).

Thank you for your continued support; your donations are very much appreciated and ensure that children with life limiting conditions, their parents and siblings have the care, support and love they need.





## News from Polruan Academy

from Jane Wills, Head of School

As the nights draw in, the leaves let go and the gales arrive from the Atlantic, school life takes on an autumnal feel. Rather than retreating inside, we add layers of clothing and embrace the weather; who doesn't like jumping in puddles?

This year, our final half term before Christmas is filled with performing arts. We have started preparations for our Christmas performances and are planning to entertain all parents/carers and villagers with our Christmas plays performed in the Village Hall on Thursday, 11 December; with the younger children performing a traditional nativity play and the older children performing a Christmas Pantomime version of Aladdin.

In addition to the Christmas plays, we have several community engagements. We have our Christmas Service at St Saviour's church on Friday, 19 December and we are inviting parents, families and prospective families to join us for a singalong around the tree at school on Thursday, 18 December at 2pm. Please look out for posters advertising the events.

In the classroom, Canute class have been finding out how toys have changed throughout times. As part of this unit of work, they will be sequencing toys on a timeline, investigating artefacts from the past, identifying how teddy bears have changed and what toys may be like in the future.

Along the journey, they will develop their historical knowledge of chronology and talk to different generations about toys from their childhood.

The children in Tregagle class are studying where our energy comes from. In science, we are exploring electricity, electrical circuits and conductors and looking at how renewable energy produces electricity. In art, the class is making a 3D installation sculpture drawing inspired by their trip to Heligan Gardens. Our work around climate feeds into this unit with the children considering our aging school building and its capacity to adapt.

Christmas time is when we are reminded of our supportive community and this year is no exception. We received a grand total of £420 from Polruan Sunnysiders WI following their successful fundraising event 'Polruan has Talent'. Thank You!

We have been invited to sing at the Polruan social committee's Christmas Lunch on 9 December, and our lovely Open the Book team will provide the children with a Christmas Experience following our Christmas service on Friday, 19.

Finally, we have used funds raised by parents from the Russell Inn Quiz night to take all the children to Hall for Cornwall to watch Aladdin.

We wish you all a Merry Christmas and Happy New Year.

## Christmas biscuits

### Ingredients

- 200g unsalted butter, softened
- 280g caster sugar
- 1 large egg
- 1 tsp vanilla extract
- 400g plain flour
- For decoration:
- Icing sugar
- Water
- Food colouring
- Sprinkles and edible glitter

### Step 1: Make the dough

Preheat the oven to 190°C/170°C fan/Gas 5.

Cream the softened butter and sugar together in a large bowl until pale, light, and fluffy.

Beat in the egg and vanilla extract, a little at a time, until fully combined.

Stir in the flour until the mixture comes together to form a soft dough.

Flatten the dough into a disc, wrap it in cling film, and chill for at least 30 minutes.

### Step 2: Cut and bake the biscuits

Lightly flour your work surface and roll the chilled dough to about 5mm (¼ inch) thick

Use Christmas-themed cutters to cut out shapes like stars, trees, and snowmen



Carefully place the shapes onto a baking tray lined with baking paper.

Bake for 8-10 minutes, or until the edges are just starting to turn golden brown.

Leave the biscuits to cool on the tray for 5 minutes before transferring them to a wire rack to cool completely.

### Step 3: Decorate the biscuits

Once the biscuits are completely cool, mix icing sugar with a little water to create a thick icing. Add food colouring to make festive colours.

Spread the icing onto the biscuits using a knife or a piping bag.

Decorate with sprinkles, edible glitter, or other edible decorations.

Allow the icing to set before serving or storing.

Adapted from [BBC Food Christmas biscuits](#)

## HAIR AT BOTIGA

Barbershop & Ladies Hair Salon

Langurtho Rd  
Fowey, PL23 1EQ

Tel: 01726 834511  
[hairatbotiga.co.uk](http://hairatbotiga.co.uk)

## MANUAL THERAPY SERVICES

restore balance, relieve pain, renew movement



- Effective pain relief
- Sports injury recovery
- Whole body wellness
- Spinal alignment

BOOK YOUR SESSION TODAY

07870 189 676

[info@yogapod.co.uk](mailto:info@yogapod.co.uk)

Daniel Petkoff (M.Ost)

multidisciplinary manual medicine

Lanteglos-by-Fowey, Cornwall  
[www.yogapod.co.uk](http://www.yogapod.co.uk)



## FOWEY INTERIOR DESIGN

Fowey Interior Design create the interiors or dress the events you wish for to schedule and to budget.

[www.foweyinteriordesign.com](http://www.foweyinteriordesign.com)

[alex@foweyinteriordesign.com](mailto:alex@foweyinteriordesign.com)

[Foweyinteriordesign](https://www.instagram.com/foweyinteriordesign)

Looking forward to hearing from you..... 07342 111837

## RAK Building Services

Over 40 years experience friendly and local

Free quotation on all services provided

- new builds extensions
- full renovations
- stonework plastering carpentry plumbing
- seawall restoration
- also specialise in driveways and patios

Call for a free quote

07850193476 or [andrewfkelly@icloud.com](mailto:andrewfkelly@icloud.com)



## Lanreath Pilgrimage

from Jenny Johnson

My late mother and father had their honeymoon at The Punch Bowl Inn, Lanreath, in 1954. We can only imagine it was recommended to them via an AA or RAC guide — as was common in the 1950's (no Google available back then!) because they lived in Leicestershire, so it wasn't exactly local to them.

They loved the village so much, when they got home, they named the house they had built themselves, 'Lanreath' and both my older sister and I were born there in 1959 and 1964 respectively. Sadly, both my parents died in our family home 'Lanreath', but they wouldn't have had it any other way.

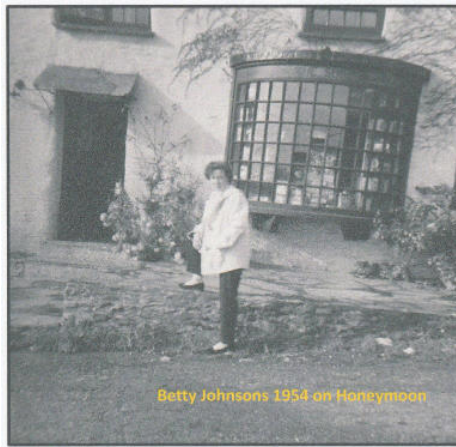
Lanreath, our home, was in the family for over 70 years, only being sold when Mum died last year. It was the place of many family occasions and parties and held a very affectionate place in all our hearts.

When my sister decided to get married to Ian this year, there was only one place we wanted to send them for their honeymoon, Lanreath — and we gate crashed their honeymoon!

We have just returned from a lovely week in Lanreath, staying at the Rectory with Julie, and enjoying a meal at The Punch Bowl.

We recreated the photos from Mum and Dad's honeymoon, which are included.

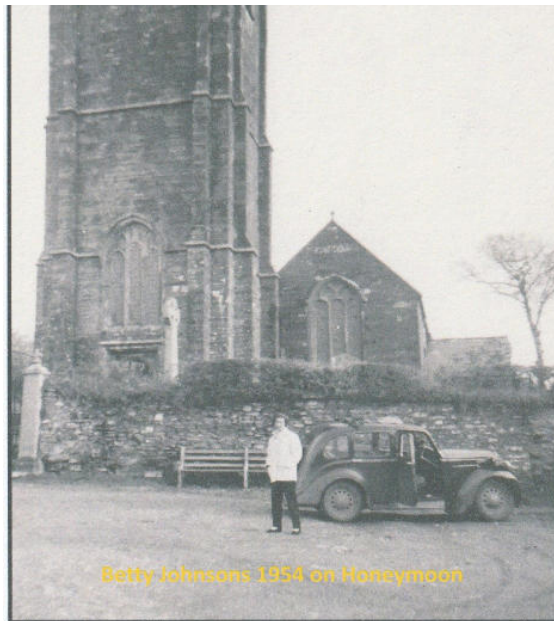
I understand this is more important and sentimental to us, but thought it had a local historic interest too and hope your readers enjoy sharing our memories.



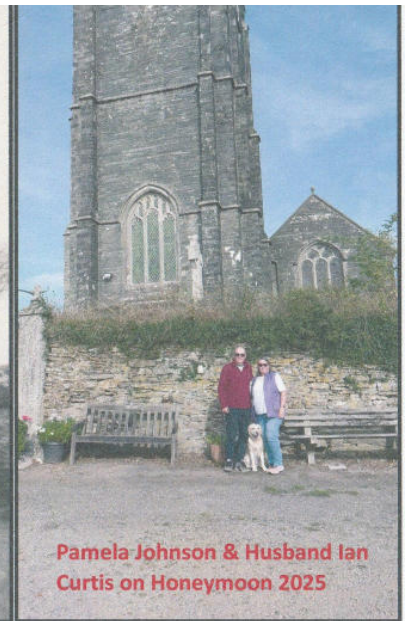
Betty Johnsons 1954 on Honeymoon



Pamela Johnson 2025 on Honeymoon



Betty Johnsons 1954 on Honeymoon



Pamela Johnson & Husband Ian Curtis on Honeymoon 2025



# POLRUAN STORE



Make this year a local year

**Orders for all your essentials are now being taken**

Visit us in store alternatively direct any enquiries via our email address or 'phone the store

We are open 08.00 - 17.00 Monday to Thursday and Saturday

08.00 - 1800 Friday

08.00 - 11.30 Sunday

Tel: 01726 870477 [office@polruanstore.co.uk](mailto:office@polruanstore.co.uk)

Find us on Instagram at polruanstorecornwall

Polruan Store, 14 Fore Street, Polruan, Cornwall, PL23 1PQ

**Thank you for supporting our local business**





## The Reading Room

from Brian Cook

One of the unusual features of Polruan is our Reading Room. In the 19<sup>th</sup> and early 20<sup>th</sup> Centuries communities across the country had reading rooms that provided newspapers and other documents for their members. In our case these included Lloyds Shipping Registers and the like. Polruan's Reading Room was maintained by a committee which charged its male members a fee to cover expenses. Most reading rooms have fallen into disuse and been closed, but ours is still here.

Sometime ago the committee handed the Reading Room back to the Town Trust who decided to refurbish it and maintain it as a free facility for individual residents and visitors — they don't have to be male anymore! Besides refurbishing and decorating the room the Trust cleared out a lot of old books and newspapers and reframed the historic photographs. Lynn's hospice book sale display is still here with a fine stock of secondhand books and jigsaws. Village records, looked after by Lorraine, are now

displayed on a bookshelf presented by John Stratford earlier this year.

The room is usually open every day and is a quiet haven with a great view, where people read and work. We have lots of visitors and recently the morning unlocking was immediately followed by the entry of two enthusiastic Australian lady visitors who, clutching Helen Doe's book on the schooner, Jane Slade, were trying to track down records of their great, great (maybe another great!) grandfather who had worked on the building of that notable ship in Polruan. Besides the written records, most visitors are also impressed by the old photograph display. The room is also rented out to village organisations for meetings.

Why not call in to have a look at this unique Polruan amenity. What is the story of HMS Polruan, who were those gig rowers in 1951 and are you impressed by those sea bass being brought ashore to be weighed and photographed? The answers to these and other local questions are in our Reading Room.



Follow us on Facebook for updates.



# SERVICES SCR

**-POLRUAN-CORNWALL-**

Info.scrservices@gmail.com / 07900955932

www.scrservices.co.uk

**General Building, Electrical & Plumbing  
Installations, Bathrooms, Kitchens,  
Plastering, Tiling, Painting and Decorating,  
Electrical Testing & Certification, PAT Testing.**  
"Feel free to contact us to discuss your projects"

## The Adventures of a Miniature Schnauzer

Written & Narrated  
by Phil Carrigan



Available from:  
Amazon and Phil Carrigan Books

Happy Christmas from all at CCC



## Coffee, Cake & Catch-up's Christmas Dinner

12 noon on Tuesday 9th December  
at Polruan Village Hall

Join us for Dinner and Entertainment.  
Pre-booking is essential. There is no charge for dinner.  
Complimentary transport can be booked.

Have you booked your place yet? Bookings must be received by  
MONDAY 1st DECEMBER

Unfortunately we are unable to accommodate "Walk Ins"

To book please telephone 07811 756615 or email us at  
polruanccc@gmail.com.



In December we are only having one CCC and that will be our Christmas Dinner on Tuesday 9th.

Unfortunately there will be no space for "Walk-Ins". Hopefully you've had your invitation or the opportunity to book.

In January we have our usual COFFEE MORNING from 10 - 12 on Tuesday 13th and our LUNCH will be on Tuesday 27th from 11 - 1pm

We'd love you to join us!

**POLRUAN PUPS**  
**DOG WALKING & PET SITTING**

Need help keeping your furry friend(s) active and happy? Let me help!

Dog Walking / Feeding Visits  
Home check-in / Companionship  
Cat Sitting / Pick up & Drop off

Contact us today to discuss your requirements and give your furry friend(s) the attention they deserve!

Contact Emma on 07442 037662





# John Charles Ralph Nuttall-Smith; 1938 – 2025

from Simon Nuttall-Smith

John Nuttall-Smith passed away in London on 30 September 2025 aged 87. He is survived by his wife, Sue, children Simon and Caroline and grandchildren, Emma, Jasmine, Wendy and Ben.

Many of this Parish will remember John, who made Polruan his home with his wife, Sue, following retirement in his 50s from a career with the Observer newspaper and life in Blackheath, London. They moved to the village in January 1993 and stayed over 30 years at their home, Withyfield on St Saviour's Hill. In February 2024 they returned to Blackheath, to be closer to family as well as the health and care facilities John needed in the last two years of life.

During his time in Polruan John was an active member of the local community and church, helping publish the Lanteglos News (to later become the Parish News) from 1994 for over 20 years. He used his significant advertising and publishing experience to support the Vicar and the gifted editors to enhance and shape the publication, representing a national beacon for parish magazines today.

He was also an active member of the local RNLI and committee member, supporting fund raising events with afternoon teas at Headland and Pig Roasts on the Quay. During the late 90s John used his artistic leaning to good effect with roles in the annual productions put on by the Polruan Theatre Club.

Life in Polruan enabled John to indulge in his passion for sailing where he had a mooring for most of his time in the village. He enjoyed nothing more than a good sail in his Cornish Shrimper, messing around in the harbour and the occasional trip with family or friends up river with a flask of tea or bottle of fizz.

John was a fervent gardener with much of his spare time spent nurturing the garden through rain or shine, across all seasons, potting, planting and weeding. In his later years he was ably assisted by Sam Lamy.

John's children and grandchildren were frequent visitors to Polruan with many happy memories of Hall walks, coastal paths, boat trips to Lantic Bay, mackerel fishing and crabbing on the pontoon. Long days out were celebrated with John often taking over some of the cooking duties together with his home baked bread on the Aga. John and Sue have many happy memories of their of life in the village, the parish community and enjoying time and raising a glass with their many friends in Polruan.



Cornish Shrimper. Courtesy Small Boats Monthly



## Our memories of John and the Parish News

from Suzanne and Edgar Goddard

We first came to know John when we took over the production of The Parish News.

John was patient and obviously proud of 'his' publication and we very much felt the need to prove we were capable of carrying on. He was warm and encouraging and we were very pleased when he and Sue Sharkerley were happy to start handing over.

What we took most from our talks together in the handover was the discipline and standards he brought to its production from his professional experience in publishing and we still adhere to those principles today. And we still look back at his editions for inspiration and ideas on laying out a page.

Unquestionably, a hard act to follow and his systems and style live on in how we have tackled the production.

His love of the water and Edgar's jealousy of his boats was another long discussion point, he never did quite recognise our boat as a vintage wooden classic as it had no sails!

We are also indebted to him for introducing us to Mavis Cocks, who we have enjoyed reading again and again for our own pleasure and to learn something of a village we have loved, how it has evolved and how the people lived. We have used her work a lot in The Parish News as we feel it is still relevant, authentic and of the place that is Polruan, just like John.



An early Lanteglos News

## John

from Richard Hews

John was a great friend and a remarkable individual. Like many of us, he wasn't local by birth but, once he'd visited Polruan, the spell of the Parish of Lanteglos and the water took hold.

In addition to being a longstanding contributor to the community, not least through his key involvement with the Parish News over many years, John was a great outdoors man. He was a keen gardener. Whenever the weather allowed, John would be out weeding, pruning, planting and mowing in the garden; it was a pleasure to visit and admire all the colours he had created over the years.

John and Sue enjoyed being on the water as well and during the summer months, would often venture out on Katie of Polruan, a Salcombe Launch, originally purchased at the Southampton Boat Show where she was the first of her line. Her navy blue hull always looked immaculate. When John reached a certain age however, he felt it was time to part with her but to whom? While staying with us on holiday, our friend Sarah Steele, spotted Katie on her mooring and asked who owned her, so we introduced her to John. Next morning, they left the Polruan pontoon and headed out to Polridmouth Bay. By the time they had returned, Katie had a new owner and now sits proudly at the top of the Beaulieu River in Hampshire.

John was also a connoisseur of good food and wine which he generously shared with friends. Indeed, the hospitality given by John and Sue was always fun and memorable whatever the weather.

John will be greatly missed by his many friends. May he rest in peace.



'Katie of Polruan', John's Salcombe Launch in Polruan Pool



## A brief History of Lanteglos News (to become the Parish News)

from John Halkes (Vicar of the Parish until 2004)

In 1992 I started Lanteglos News from the Vicarage. It was a bi-monthly A3 folded sheet and it was to go into every home as a Parish Magazine. The Parochial Church Council (PCC) had agreed it was not just to be a Church newsletter (which was already in place); Lanteglos News was to be a church led gift to the whole community — not mainly Polruan centred as in the past. Graham and 'bella Tyson would come to the Vicarage to help my wife and I fold and collate (with much whisky consumed!). Graham's support as PCC Treasurer was critical to our plan as was the distribution system already in place and organised by Mary Toms.

By 1994, I had become terribly busy in the parish and diocese. Keith Charman, the Parish Clerk, tried editing but it was in the early days of IT, so the result was variable, and the PCC needed to keep editorial and financial control. I appealed for help and Lee Elston, who had a background in journalism in the States, volunteered to edit. We used John Thomlinson, a local designer, to do the layout and I liaised with the printer at Trevedda (near Highway).

Advertising paid for the whole production thanks to John Nuttall-Smith; and Marjorie Barrie, an ex-Fleet St hack, who lived a few doors down from us, was a great supplier

of copy. Together, John and Majorie made things happen.

After approximately 5 years Beth Rigg took over from Lee as editor. We no longer needed an outside designer. Beth worked one morning a week at The Vicarage as my secretary and was a whizz at computers and John Nuttall-Smith already looked after advertising, however, we all realised the magazine was expanding hugely and Beth did not have time to oversee production layout, as well as getting in copy. John and I both had MS Publisher on our computers, and he and Sue Shakerley had become good neighbours and members of the congregation. I asked him for help, and he said yes — becoming another Lanteglos Godsend!

So, before the turn of the century John Nuttall-Smith became the lynchpin of the magazine and finally, time and technology matched our needs!

I left the Vicarage in September 2004 and the magazine (still black and white) has just gone from strength to strength under John's editorship and more recently under the current editorship (including its shift to colour production!). Today it is still the glue of the Parish — and now a gift to the Benefice.

---

## A memorable Christmas

by the late Mavis Cocks

In the early part of World War II Ken and I lived on the quay with our little daughter Janice in a three-storeyed house and with certain winds there was quite a strong down-draught. It was Christmas Day and our Christmas dinner of a precious roast chicken and pudding etc almost ready. The tree was glistening prettily and Janice was in her play pen having a real good time with her new toys (mostly hand-knitted animals and a doll made out of a black stocking and so on).

The pudding and the vegetables were bubbling away in their covered saucepans and I had just taken the dinner out of the coal heated oven when there was a sudden fierce gust of wind and down the chimney came a big fall of soot. Some landed on our chicken and potatoes, some covered our table, some reached the tree, quite a bit made Janice resemble a black-bird and Ken and myself were almost blackened as well. I'm not given to crying but when I looked around I'm afraid that was just what I did.

Ken got a bowl of warm water and cleaned up Janice and also my face, put clean clothes on Janice and got a clean blouse and coat for myself, got the pram from the outhouse and strapped Janice in it and then said quietly "Go out with Janice for a walk. Don't go to the families and spoil their Christmas Day. Come back when you've had a good walk." So off I went with the pram and I reached Lanteglos Church and back quietly crying in and out and we never met a soul. All were in their homes of course.

When we got back home Ken had cleared away all traces of the soot, cleaned himself and had all fresh cloths etc on the table. The pudding and veg hadn't been hurt because of the saucepan lids. So Ken had washed the chicken and potatoes and made fresh gravy and even had some holly in a vase in the middle of the table. There was no TV or anything like that to cheer us up, but he sat us down and served up a piping hot Christmas dinner and pudding and I thought then I would remember it for the rest of my life and so I have.

Ken was called up a month after and Janice and myself moved up to my Mother's when he went overseas and stayed with her until he came home again which, God willing, he did. I wonder how many men would have cleaned up the chicken like he did and made good gravy to go with it!

He told me after the war that many a soldier overseas with him had to smile when he described to them what was a most memorable Christmas Day and how he turned what looked like a tragedy into a happy, heartfelt occasion.

*From 'Times Past, Memories of Polruan' by Mavis Cocks published by LPCC 2009*

## Who's Chicken?

by Alex McKay

We once had four, a proper flock,  
With scratch and cluck and morning squawk.  
They ruled the roost with eggy pride —  
'Til rogue unleashed began to stride.

One fateful day, a blur, a bark,  
A flash of teeth across the park.  
No note, no knock, no sorry said —  
Just feathers flung and Nugget dead.

Two hours on, a neighbour's hint:  
A dog with neither lead nor stint.  
Its owner strolling, head held high,  
As chicken clucked its last goodbye.

Another gone. No trace. No lead.  
A country crime most foul, indeed.  
And as the silence fills the coop,  
We see the prints, the dig, the swoop.

Now we're down to two brave hens,  
Shell-shocked widows inside the pen.  
And village folk may laugh and scoff —  
But murder's murder, on lead or off.

There's dog mess dotting all the lanes,  
A trail of small suburban stains.  
Yet when you dare to say, "Excuse—"   
They vanish fast in Barbour blues.

And as for Harry? Who can say?  
A name half-whispered in dismay.  
A hound, perhaps. A dog-shaped blur.  
The kind who doesn't answer "Grr."

So here's a plea, from coop to gate:  
Let's not pretend it's down to fate.  
The lead exists. The rules are plain.  
It's not the dog. It's who's on the chain.

So leash them tight, clean up the mess,  
And if they kill, at least confess.  
Or risk the wrath of two lasting hens —  
Who are now in training, in the den...

For vengeance clucks and justice calls,  
And feathers rise where silence falls.  
So mind your step, and mind your pup,  
For when we cluck, we cluck things up.



## Polruan's Got Talent? You bet!

from Vicky Halls

A packed house (standing room only), young and old, came to the Village Hall to experience the first Polruan has Talent event on Saturday, 1 November, organised by the Polruan Sunnysiders WI.

As the lights went down, the scene for the evening was set with Peter Skellern and Richard Stillgo's comedy duet – WI Calendar song. This was followed by the WI Sunnysiders themselves, performing a magnificent, synchronised swim, starting with a coquettish dance across the stage with brief glimpses of their skimpy swimwear (cleverly represented by designs on their T-shirts) and culminating in a deep dive, for a breath saving amount of time, while their legs did the splits and various balletic movements above the water. You may wonder how this was achieved on stage? You should have been there; it was incredibly funny and beautifully performed.

The audience settled into what was obviously going to be a great night; we had musical performances ranging from a gentle duet on the clarinet from Louise Kidd and Bernice Guest, through to an Abba Tribute (who can forget Fleur's twerking). We had amazing vocal solo performances from Tom Bridger and Robert Cox; I was genuinely in awe of their voices – definitely stars in our midst. We mustn't forget of course the hilarious duet from the 'Allotment Society' with a song comparing the relative merits of vegetables and children. The vegetables came out tops.

We also had the poets. Kathryn Hill animatedly performed a cautionary tale from Hilaire Belloc, Tony Cottrell read some of his poetry and Marian O'Connor recited her own work 'Modern Psyche' with a reimagining of the Greek Goddess Psyche as a 21<sup>st</sup> Century American teenager.

Jonathan Rashleigh performed a skit on 'Missing the stays', a nautical delight for the sailors in the audience and Norman Mallard read an extract from Charlie Mackesy's book The Boy, The Mole, The Fox and The Horse, with a lesson in mindfulness and the healing power of cake.

To provide further variety we also had a couple of sketches, one performed by Henry Rowe and Ray Rigg, describing how the Battle of Trafalgar would have played out with a modern take on diversity, equity and inclusion, with a little health and safety thrown in. I would have been very disappointed if they hadn't ended the skit with "kiss me, Hardy"! We also had the PLOPS, an all-female cast, enjoying a few glasses of red wine, and lamenting the various pitfalls of hosting a dinner party – very relatable.

The whole evening culminated in an audience and all-cast participation in that 70s classic, YMCA.

And finally, a couple of one-liners from Henry Rowe, acting as compère for the evening that made me chuckle:

- "What about multi-storey car parks? Wrong, on so many levels!"
- (holding up a sign saying 'BNAG') "That's bang out of order!"

What an incredible event, I laughed a lot and enjoyed every minute and what an amazing pool of talent exists within Polruan, I feel very privileged to live here!





## A Christmas Concert

by the late Mavis Cocks

[By Ed. I picked this for its festive theme and also to show Polruan's always been a place for talent!]

I'm sure quite a number of people around my age (80+) would say they learned to dance at the "threepenny hops" run by the church. Fr. Parker's daughter Bunty organised them and played the piano. She was helped at times by her sister who later married Colonel Spencer. The "hops" were held in the Church Hall, which is now Vera Hawkin's bungalow. We went in groups with strict instructions from our parents to be home by ten o'clock and to keep together.

The Christmas "Hop" cost sixpence and went on for a bit longer. The hall was decorated with paper balls, holly and paper chains and looked very festive. We enjoyed all the favourite dances such as the Paul Jones, Veleta, Barn Dance, Waltz etc. and at the Christmas special- Spot Dances; for that one, the lights would be dimmed and the lucky couple picked out by the spot light had a special prize.

We looked forward to the Christmas concert which was also held in the hall. At the concert all the locals did an act - solos, recitations, action dances etc.

A particular favourite was Kitty Williams, dressed as a man singing "All by myself in the moonlight." She was always encored. Other favourites included "Nellie Dean", "Johnny's so long at the Fair" and many others. The hall was packed and the atmosphere wonderful.

At that time I and many others went to Chapel, but that made no difference. We were all made very welcome and we all appreciated getting together and joining in the fun.

Lovely memories!

First published here December 2000



**Polruan Theatre Club Presents**

## **Saving Fairyland**

**Polruan Panto 2026 - 17, 19, 20 and 21 February**

**Georgie Porgie has come back and with the financial backing of the Rat and the threat of the Big Bad Wolf, wants to take over Fairyland! Can Upsie Daisy and Boy Blue stop them, or will the bully succeed? Find out in 'Saving Fairyland'; a NEW pantomime. New lower cost tickets: Adult £8, Children £4 and introducing Family tickets (2 adults, 2 children) £20. Advance booking 01726 870666 and at the Reading Room from 16-20 February.**



polruantheatreclub.co.uk

### Friends of the Festival:

Are you looking for that thoughtful, hard to find Christmas present for your literary and arts loving family member or friend? Then we can help! Becoming a Friend of the Festival is easy, simply head to: [www.foweyfestival.com/friends](http://www.foweyfestival.com/friends) where you can sign up online.

We offer two levels of membership:

**Silver Friends at £60 per annum:** Receive 10% discount for events held in the membership year which runs 1 June to 31 May 31 the following year. Maximum discounted tickets: 2 per event.

**Bronze Friends at £30 per annum:** Receive 5% discount for events held in the membership year which runs 1 June to 31 May 31 the following year. Maximum discounted tickets: 2 per event.

**Please note:** discount does not apply to fundraising events.

Both give the following benefits to Friends:

- Priority booking ahead of public booking and priority seating where available
- Advance notice of programme content
- Regular e-newsletters throughout the year
- Priority invitations to one-off events throughout the year
- 10% discount on books purchased from the Waterstones Festival Bookshop during the Festival and 10% discount on the book of the month at Waterstones, Truro.

By buying a Friends membership not only will you delight your friends or family, but you will be supporting the work of The du Maurier Festival Society, a charity, who run The du Maurier Fowey Literary Festival.

### Dates for your diary

#### **Afghanistan and the Towers**

Fowey Town Hall

**Friday, 5 December 2025 5-6pm**

Emmy and BAFTA award-winning wildlife cameraman, Ian McCarthy, gives a personal account of two extraordinary journeys unfolding on the edge of history. This will be a fascinating and entertaining talk, not to be missed

#### **Quiz Night**

**Friday, 5 December 2025 7-9pm**

Music, brain teasers, quizzes, and conversation with BBC Radio 3's, Petroc Trelawny, as quizmaster extraordinaire! Joining Petroc will be Richard Sisson, 'Widow' of *Kit and the Widow*, renowned musician and score writer of Alan Bennett's play, *The History Boys*. Petroc will be signing his latest books. Join with a friend, small group (max 6), or solo

- Festival bar
- Christmas Raffle

TICKETS £12 per event – For more information and to buy tickets head to

[www.foweyfestival.com](http://www.foweyfestival.com)

Email: [info@foweyfestival.com](mailto:info@foweyfestival.com)





**First Saturday of every month, 10am - 12.30pm,  
at Whitecross Village Hall**

**Saturday: 6<sup>th</sup> December, 3<sup>rd</sup> January, 7<sup>th</sup> February**

#### 🌿 Market news 🌿

Don't miss the December market on Saturday 6<sup>th</sup>! It's the place to find unique local Christmas presents – hand-thrown studio pottery; hand-turned bowls and pens made from Cornish timber; basketry, wickerwork and willow weaving; Greyface Dartmoor sheepskins; gift sets of Sapooni soaps, toiletries and skin care; Lorraine's homemade cards and trinkets, and Alice's fabulous hand-tied wreaths.

Plus, of course, an abundance of delicious festive food including Di's mince pies, Dexter beef joints, local cheeses and rare-breed sausages.

And you may get a chance to meet local MP Anna Gelderd, who's hoping to pop into the market to support and chat to our stallholders.

#### Remember...

- ✱ Bring your own cup/mug to save 30p on hot drinks from Brew with a View
- ✱ Avoid the bread queues by ordering in advance from Emily and Joe, to collect at the market (send a message through social media or their website: <https://tywardreathbakery.co.uk/>)
- ✱ Don't risk the pasties running out... reserve your 'Adam's Pasty' (cooked in the village hall kitchen) by texting Kim on 07402 234386
- ✱ Bring some cash, as not all the stallholders take cards
- ✱ The best way to come to the market from Polruan or Fowey is by community bus
- ✱ And we'll all be here again on Saturday 3 January (apart from Kaye's fish stall, as the boats won't have been out). Whitecross is one of the few markets that keeps going all year round – so come and support your amazing local growers, makers and bakers!

#### What's usually on sale at Whitecross?

- ✱ Fresh fish and shellfish from the Looe day-boats (except January)
  - ✱ 'Real bread', including sourdough loaves, focaccia and monthly specials
  - ✱ Local heritage wheat varieties grown and milled by Cornish Golden Grains
  - ✱ Raw local honeys, oxymel, pollen and propolis
  - ✱ Homemade cakes, bakes and quiches; homemade jams and chutneys
  - ✱ Rare-breed, high-welfare and free-range local meat, including Dexter beef, goat, pork, mutton, hogget, wild venison, brisket burgers, bacon, sausages, ham
  - ✱ Apple juice, olive oil, kimchi, sauerkrauts, kefir, free-range eggs, Cornish cheeses
  - ✱ Seasonal local veg, fruit and salads; wreaths and displays of cut / dried local flowers
  - ✱ Handmade aromatherapy soaps, skincare, candles; handmade cards and gifts
  - ✱ Studio pottery; woodturning, bonsai, willow basketry, local charcoal, herbal teas;
- And there's always something more.

Follow the market on Facebook and Instagram ('whitecross local market') – many thanks to Charlotte for doing all our social media.

Contact us by email: [whitecrosslocalmarket@gmail.com](mailto:whitecrosslocalmarket@gmail.com) or text/tel. Liz on 07900 668604.

#### Whitecross Market needs YOU!

If you love the market and want to help keep it running, could you spare the odd hour or two to volunteer: making teas and coffees in Brew with a View, or helping cook pasties in the kitchen, or putting chairs and tables away at the end?

Please have a chat with one of the team if you think you can help – thank you.



*Sapooni's natural skincare products are made in Bodinnick*



*Diane will be baking mince pies for the December market*



*Emma and Ant create beautiful things from their woodland*



## News from Frogmore Farm

from Gill Palmer

Children love mud. Our little boys had a wonderful time when one hundred vehicles, vintage tractors, new tractors and lots of four-wheel drive vehicles did a charity run one Sunday. They came up the narrow road from Pont and went through the field opposite



Triggabrowne Farm. It was a really wet, foggy day which was such a shame because they wanted to take photos up at the Trig point overlooking the sea, but they couldn't even see the sea! The vehicles came through another field and into the road by Lantivet House. All the big wheels churned up the mud, all wet, deep and sloshy. The boys loved it, they jumped and splashed and of course managed to fall in, what fun they had. Ben had to get the yard brush and clean the road. The parade then went to Bodinnick and across the ferry to Fowey for a BBQ at Lankelly Rugby Club. I know that more than £3000 was collected.

The cattle have been brought into the sheds for the Winter. Ben sheared a strip of hair from their backs; this helps to keep the animals

cool which in turn helps to prevent pneumonia. They were very happy to settle

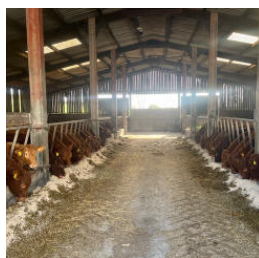


into their Winter quarters. Lying on a deep bed of straw must be nicer than sleeping on wet muddy grass. The young bulls were put into the new shed which was built especially for them.

Our daily routine changes in the Winter. Instead of driving around the fields feeding and counting the animals every day, we are mainly working in the yards. Ben has to test the temperature of the grain every month with a long probe to be sure it isn't heating up. He keeps the records for when we are inspected for our farm assurance stickers, without which we cannot sell any grain.

The sheds have fresh straw blown in every day by a wonderful machine called a straw chopper. The same machine spreads the

silage along the feed passages; the cattle then reach through the barriers when they are hungry. The young bulls are fed ad-lib with crushed grain — it's amazing how much they eat.

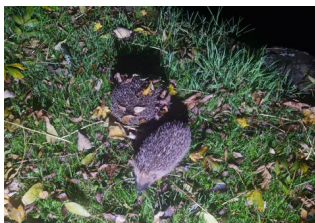


The cows had a PD test to see if they were pregnant and to work out approximately when the calf will be due. Eighty-one animals were tested and eighty are pregnant. That was a nice surprise after such a long hot Summer. We were worried that it was too hot for the bulls to work!

We said a sad goodbye to our old bull, Hank. He had always been a gentle giant who loved to have his coat brushed. Bruce the young bull is not so friendly, he has been put in Hank's pen and we are hoping Sid in the next pen, will calm him down.

Simon went into the garden one night to see what was upsetting the dogs. It turned out to be two hedgehogs. Although they were very near to each other, they were not a couple. Hedgehogs lead solitary lives. It's nice to know there are still a few about.

Our cottage windows are very rotten. They were due to be replaced last year,



then this Spring and still we wait. This allows all sorts of creepy crawlies to come into the house. I put lots of woodlice, earwigs, ladybirds and spiders out each day. I read in the newspaper that if you put orange peel around the windows, spiders won't come in. I filled the rotten wood with the peel. It seemed to work.

Outside the windows, massive webs appeared. It was fascinating to see how many flies were trapped. One day a wasp was tangled in a web. The spider raced out to wrap it up and then the fight began. The wasp twisted and turned, its sting extended trying to get the spider. The spider dodged around trying to twist the web around the trapped insect with its legs. The struggle went on for ages and unfortunately, I don't know who won because I had to go out. I'm very glad the insect Matthew found on his doorstep didn't come through the window; it was a giant stick insect that seems to have lived in his garden for a few months. It's as long as his hand. He has put it in his log store



out of the wind and rain. What sort of Winter will we have? Will the stick insect survive?

Please ensure that any rubbish for collection is put out early Monday morning and not before



It is strongly recommended that householders put bin bags in a dust bin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

**Please do not feed the gulls**



A very big thank you to Kat and the team at 'Kitty's Koffiji who have taken over the Foodbank collection point in the village.

Please contact Norman and Angie on 01726 870747 regarding any cash donations

Many thanks to those who continue to contribute so generously during this time of great need for many families.

Please contact the Foodbank if you would benefit from their services or know of someone else who might need to:

[liskeardlooe.foodbank.org.uk](http://liskeardlooe.foodbank.org.uk)

[liskeard.foodbank@gmail.com](mailto:liskeard.foodbank@gmail.com)

Tel: 07512 011452

**Closing date for the 1 February 2026 issue is**

**Wednesday, 14 January 2026**

Please send all copy and letters to the new editorial team at [editor@polruanparishnews.co.uk](mailto:editor@polruanparishnews.co.uk)

**no later than Wednesday, 14 January 2026**

\*\*\* Thank you \*\*\*

# Lanteglos-by-Fowey Parish Council

from Rob Rooney, Chair Lanteglos-by-Fowey Parish Council

I like shouting about our Parish Council's successes from the rooftops and October's meeting brought news of just such a success.

Polruan Store in Fore Street is correctly recognised as crucial to the well-being of the village as a community. Lanteglos-by-Fowey Parish Council set aside £10,000 three-or-so years ago, as part of a fundraising effort when it looked like a buyer may not have been forthcoming.

Fortunately, Graham and Joanna Morris, took on the business – which includes living accommodation – and Polruan breathed a sigh of relief.

This year, Graham and Joanna applied to alter the premises internally. When the Parish Council looked at the Planning Application it seemed uncontroversial. It was a shock, therefore, to learn that Cornwall's Planning Department was recommending refusal.

In the rare instances when Cornwall's planners don't agree with us, we have a choice – go with the planners or disagree and take it to the elected members. We decided to do the latter in this instance.

Vice-chair, Gini Ainley, spoke on behalf of the Parish Council to the assembled Planning Committee Members. She was supported by local Cornwall Councillor, Jim Candy. The planning department stuck to its guns, but the members of the Committee voted in favour of the development.

The next morning, our Parish Council Clerk received the following email from Mr and Mrs Morris:

*Good morning,*

*Could you please pass on our thanks and gratitude to the members of the Parish Council for their support and encouragement regarding*

*our Planning Application for Polruan Store. We sincerely appreciate the time and effort that everyone has put into this endeavour, and we wonder if it would have been granted without the overwhelming support and commitment of everyone involved.*

*With warmest wishes*

*Graham and Joanna Morris*

Our October meeting brought a financial shock for councillors — a water bill for the St Saviours toilet block for July to October of £2,373.88 – the previous quarter, it was £526.48.

Naturally, we are in touch with South West Water about this. The Parish Council is aware of several other Polruan residents who have suffered similar shocks at the hands of this private monopoly. Are you in a similar position?

## Lanteglos-by-Fowey Planning

from Shanie Herbert, Clerk to Lanteglos-by-Fowey Parish Council

(for full details see Parish Council minutes)

### Applications

**PA25/02741 29 Greenbank, Polruan.**

Construction of a driveway. The clerk re-sent the parish council's objection to the planning department (discussed at the July meeting) as these had not yet been posted onto the portal.

**PA25/05618 Blackhall Cliff Rise Polruan.**

Alterations and extension (side/rear/roof) to dwelling with associated works. No comment.

**PA25/06760 1 Moss Terrace East Street Polruan.**

Single storey extension to the front elevation of the dwelling to accommodate larger living space to ground floor, replacement of existing balcony without compliance with conditions 2 and 3 of decision notice PA24/09272 dated 20.02.2025.

Members were asked to consider a request from the applicant to amend the planning condition 3 and allow a planter to be placed in front of the window instead of installing obscured glass. Members felt that this was not an acceptable option due to the temporary nature of a planter. Clerk to reply to the planning officer

**PA25/07394 Pencarreg Townsend Polruan.**

Erection of residential garage, with associated works. No comment

**PA25/07611 Blackhall Cliff Rise Polruan.**

Alterations and extension (side/rear/roof) to dwelling with associated works with variation of Condition 2 of Decision Notice PA25/05618 dated 11.09.2025.

Members, requested a diagram showing the elevations before recording their final comments.

**PA25/07645 15 Ocean View Polruan.**

Proposed extension to form first floor level over part of existing ground floor, conversion of garage to form annexe accommodation with proposed link to dwelling, closing up of existing driveway and formation of new access and parking area.

Members noted the property is in the middle of an estate set on a hill side outside of the Conservation Area. Some properties have already added an additional first floor without making a significant impact (with the exception 9 Ocean View).

Members did not consider the plans to be over development but requested more detail to form a view on other planning matters. and these would be raised with the Planning Officer.

### Decisions by Cornwall Council

**PA25/00288/PRE Polmarine West Street Polruan.**

Pre-application advice for proposed rear and side extension together with pedestrian access to West Street Closed

**PA24/07170 St Saviours Church Fore Street Polruan.**

Application for Permission in Principle to convert the building to up to 4 apartments (minimum of 2, maximum of 4). Granted (CAADs, PIPs and LUs only).

**PA25/05618 Blackhall Cliff Rise Polruan**

Alterations & extension (side/rear/roof) to dwelling with associated works. Approved

**PA25/06754 Fox Valley Cottages Lanlawren**

**Farm Trenewan Looe.** Application for a Lawful Development Certificate for Proposed construction of building for manager's accommodation and additional holiday units: confirmation of commencement of works in relation to decision notice PA22/07246 dated 04.11.2022 - installation of drainage works Granted (CAADs, PIPs and LUs only)

**PA25/06676 Dolphins 4A Hockens Lane Polruan.**

Works to trees in a conservation area (TCA) - T1 (Copper Beech) works include crown reduction and removal of two horizontal branches. Decided not to make a Tree Preservation Order (TPO)

## News from Polruan Town Trust

from Beth Rigg, Chair

We had hoped to announce that the clock on the South West Water (SWW) building on the Quay was now working and keeping the correct time, but after 2 months it has stopped! SWW have tried to restart the clock, but the feeling is this time it needs replacing. One of the Trustees has taken this project to heart and is determined to get the clock replaced. Watch this space.

The quarterly inspection of the playground took place in November and the Spring Dolphin was repaired.

The Trustees are continuing to sort out funding and quotes for the refurbishment of the Winkle Picker flat. This remains our top priority.

The coloured lights on the Quay and Old Coal Wharf have lots of missing bulbs and we have been advised that replacements are very difficult to come by. The Trust has had quotes for the replacement of all the strings of lights, but it is going to be very expensive. We are hoping that the Charity Quiz organised by the Lugger on 20 December will raise some money for the Trust, which will be ring fenced for the lights. Any donations towards the new lights would be gratefully received.

Should you require any further information or details on the Trust and its activities please do not hesitate to contact the clerk on [clerk@polruantowntrust.org](mailto:clerk@polruantowntrust.org) or any of the Trustees.



## End of an Era for the Parish News

from the Future Parish News Team

As you will be aware this is the last Parish News to be edited by Suzanne and Edgar Goddard who have voluntarily taken on the role for ten years. They have been a fantastic asset to this village, not only for their contribution towards making the Parish News the publication that it now is, but through their many other involvements with organisations such as the NCI, Town Trust, Parish Council, Polruan Village Hall, Polruan Primary Academy, Kids Klub and Open the Book to name but a few. We will all miss them and wish them all the best in their new home.

We have managed to put together a small team of volunteers who are willing to consider continuing with editing the Parish News. We will endeavour to keep the standard of the Parish News as high as possible and please do continue to send in your contributions for publication. Please send your contributions to [editor@polruanparishnews.co.uk](mailto:editor@polruanparishnews.co.uk) and your advertising requirements to [advertising@polruanparishnews.co.uk](mailto:advertising@polruanparishnews.co.uk).

## Lanreath Parish Council

### Summary of draft Minutes

#### Meeting 16 September

Attendance by 6 Councillors; Chairman - Cllr D Heard, Vice-Chairman (minutes), Cllr John Gundry.

PCSO Cocks addressed the meeting and provided crime statistics for the Parish in the previous month, as well as information for interested local groups of sources of funding for community projects.

Councillors were informed that regarding PA25/00228/PREAPP (Solar Farm) there was nothing new to report, save that it was expected that there would be a full planning application before the end of the year.

The Clerk's report was detailed (in her absence) in the meeting agenda. Those matters requiring further action were discussed and resolutions passed.

Correspondence was dealt with, and thereafter PA25/06104 was considered, Councillors resolved to support.

The 3 Councillor vacancies were discussed and the meeting resolved to raise awareness in the community. Councillors considered: a report that pedestrian access was being impeded by overgrown verges along a village street; play equipment for younger children in the Parish; the fireworks display; Local Maintenance Partnership funding; the 20-mph implementation in Lanreath village.

Reports were given regarding Assets, the Village Hall, Community Area Partnership, and Climate Change.

Parish Council finances were considered, and payments for the next two months approved.

With all agenda items having been considered the meeting closed at 21.04.

#### Meeting 21 October

Attendance by 5 Councillors, no members of the public, and Cllr Preece in attendance. Chairman – Cllr D Heard, Clerk – Mrs R Warren.

Cllr Preece provided a comprehensive update and responded to Councillors questions.

Councillors were advised regarding PA25/000228/PREAPP, that any full planning application was likely to be significantly different to the PREAPP, after local objection and some consultation with the community.

The Clerk reported on matters that had been actioned and thereafter the meeting briefly considered significant correspondence.

PA25/02367 was considered and the meeting resolved to support.

It was resolved that the Clerk, Chairman and Cllr Roberts would work on a draft Budget to be considered at the November meeting. The Clerk's financial report and payments for the next month were approved.

The broken light on the shop footpath to be considered at the November meeting. There being no public participation, and having considered all agenda items, the meeting concluded at 21.21.

Next meeting 18 November 6.30pm.

Full details of dates of all meetings, agendas, and minutes can be found on <https://www.lanreathparishcouncil.co.uk>

## Are you passionate about keeping your community safe?

If you can spare a few hours each month then Looe Community Speed Watch Team would love to hear from you.



To find out more about Community Speed Watch and how it contributes to making roads a safer place for all to use find out more:

<https://youtu.be/FZvgmr3xZnY>

[Community Speed Watch](#)

Devon and Cornwall Road Safety Team

If you would like to join your local team then please email your name and contact number, with details of your enquiry to

[speedwatch@dc.police.uk](mailto:speedwatch@dc.police.uk)

## Lanreath Ladybirds

### Parent Baby/Toddler group

0 to 4 years

Tuesday and Thursday

09.15 until 11.30am

during term time

Lanreath Village Hall

Get to know local parents and chat over a cup of tea or coffee. We have plenty of toys, books and craft activities for little ones and a quiet section for babies.

We have been established for over 20 years and the group has helped new parents and their children through the difficult early months and years.

Cost: £3 per child and £1.50 for siblings (including a snack); £1 without a snack

For more information, please join our Facebook page:

Lanreath Ladybirds Playgroup or contact Sandra on 01503 220860



## To Advertisers and Contributors from the Editor

We are very grateful for all the fantastic contributions received at The Parish News.

We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14<sup>th</sup> of the month preceding publication, otherwise the content will remain unchanged.



## Friends of the Fowey Estuary

Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us.

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation, there really is something for everyone.

Take a look at our website [www.friendsofthefowey.org.uk](http://www.friendsofthefowey.org.uk) or follow our Facebook Group.

Our events are Free to members and £2.50 for non-members, unless stated otherwise.

### Winter Shoresearch Survey with Sally Cuthbertson

*Sunday, 7 December, 12 noon*  
at Readymoney Beach, Fowey

All are welcome to join Sally for this walkover survey - a great one for anyone new to surveying.

Wear warm layers and sensible shoes.

Readymoney Beach Shop will be open for hot drinks and cakes!

Events are open to all unless otherwise stated, and you are welcome to bring your friends and family along.

Field trips - please bring appropriate footwear, clothing, waterproofs, a packed lunch or money for lunch.

Children under the age of 18 must be accompanied by an adult.



# Fowey River Lions

Since the last edition of the newsletter, the Fowey River Lions have been busy distributing grants to the successful applicants from earlier in the year. We were pleased to receive such a large number of requests and only sorry that we can't support them all. Our winners this year were: The Du Maurier Society for their two-day children's literature workshops; Lostwithiel School for glockenspiels; Polkerris Scout Group for new camp kitchen equipment; Lostwithiel Scout Group for maps, fire-lighting kits and other sundry outdoor activity equipment; Squires Field for sports equipment and finally, Lostwithiel Town Band for music books and stands.

Our campaign to collect your old and unwanted spectacles for the Recycle for Sight Programme - a global initiative helping people with vision problems in developing countries - was hugely successful with 10kg of unwanted eyewear being donated to this excellent cause. Thank you to everyone who took the opportunity to put old and unwanted eyewear to skilful use - your glasses along with donations from across the UK are now being cleaned and refurbished before being sent to 23 countries around the world. We'd also like to thank our friends at Par Track Cafe, Lostwithiel Community Centre, Tywardreath Village Shop and Boots in Fowey for allowing us the space to put our collection boxes out.

We had a very successful quiz night at Safe Harbour in Fowey during October, raising funds for local good causes. Thanks go to all who attended and the Safe Harbour team for an excellent evening.

We are also very excited to be selected as one of The Co-op's community charities this year thanks to Caitlyn and the team at the Fowey



Polkerris Scouts



Squires Field



Donated eyewear



Du Maurier Society

Co-op. This excellent community programme provides funding for local charities. To make the most of this opportunity, we need your help and it won't cost you a penny - simply log on to the Co-op website and Select Fowey River Lions as your chosen charity. The more votes we get, the greater the contribution - so please take a moment and help us to help others in the area.

Finally, our thanks once again go to James and his team at Dowrick Electrical who support us each year by maintaining and installing the Christmas lights in Fowey. This year we had an early start to support the town's Christmas Market and the lights will be bringing a festive look to the town throughout the Christmas period.

If you live in the Fowey River area, we'd be delighted to have you join the Lions. We support major charities, assist local individuals and families in need, and help young people with funding for developmental projects. It's rewarding work and it's enjoyable too! We meet on the first Monday of every month at 7pm at The Ship Inn, Polmear, Par. Why not pop in for a drink and a chat with no obligation to join, we'd love to talk to you about what we do.

### DECEMBER • JANUARY 25

- |               |                  |
|---------------|------------------|
| 24. Brassband | 21. Linage       |
| 23. Ergo      | 20. Xmas         |
| 22. Team mate | 19. Year         |
| 21. Buy       | 18. Clean        |
| 17. Crypt     | 15. Baa lamb     |
| 16. Eat away  | 14. Buy          |
| 15. Bus       | 12. Mistletoe    |
| 14. Bellini   | 11. Airy fairy   |
| 13. Agnes     | 7. Criminal type |
| 12. Lark      | 6. Lark          |
| 11. Gambol    | 5. Nibbles       |
| 10. Laburnum  | 4. Holly         |
| 9. Abba       | 2. Abominate     |
| 8. Thankless  | 1. Languages     |

DOWN

ACROSS

### CROSSWORD ANSWERS

Chris

## MYLWARD CARPENTRY

RENOVATIONS AND BUILDING

Office 01726 870078

Mobile 07837 831571

[Chrismylward@hotmail.co.uk](mailto:Chrismylward@hotmail.co.uk)

Based in Polruan

Tiling

Roofing

Painting

Building work

Refurbishment



Higher Windmill Allotments

from Brian Cook

The allotment year begins and finishes in the Autumn. We have recently had the Society’s AGM at which, beside talking out the issues that need discussion, we pay our subscription for the year ahead. This income covers the Society’s rent to the landlord (the NT), insurance, water charges and machinery servicing as well as other minor items. Because of a successful fundraising event it wasn’t necessary to increase the subscriptions this year.

During October we had a clearance day when the whole site was tidied up and grass and hedges cut. We have the makings of a very large bonfire waiting for dry weather and the wind in the right direction.

This has been a successful season, particularly for flowers and fruit growing and there have been a number of competitions running. Des won both sunflower events, Graham had the largest marrow and Colin the biggest pumpkin — congratulations!

Members have been working hard on beginning the preparation of their plots for the new season. Fruit bushes have been pruned, old vegetable crops cleared and manure and compost spread and dug in. There are still a number of vegetables to be harvested — parsnips, sprouts, leeks and spinach. At this time of the year, we look ahead to the new season and consider the lessons of what grew well this year and what crops to try in the new year.



Whitecross and District Gardens

from Angela Flynn

Please note our December meeting is earlier than usual — 11 December.

A Chat about Folklore and Winter Plants with George Kestell

Whitecross Village Hall

11 December 2025 at 7.30pm

George Kestell has been a very popular speaker over the years, full of fun and very informative. He will delight us with a seasonal talk about plants associated with this time of year, alongside some ideas for seasonal planting. Expect Christmas cheer and laughter - to be followed by mulled wine and mince pies.

Let's Talk about Houseplants with Kim Parrish

Whitecross Village Hall

15 January 2026 at 7.30pm,

Kim and her team have been designing and creating gardens since 1997, including coastal, country and town gardens. In 2024 Kim’s work formed part of Mark Whyte’s book “Coastal Garden Design”.

This talk however will feature an aspect of gardening which is becoming popular - House Plants. We look forward to learning more about how to incorporate these into our homes. To be followed by refreshments.

We meet at 7.30pm on the third Thursday of every month between September and April at Whitecross Village Hall (PL23 1NF)

Membership £10

Visitors welcome to meetings — £3 deducted from fee if you become a member

We are always looking for new members to join our friendly group of gardeners, so why not come along to one of our meetings, you’d be very welcome.

For further information or if you would like to share a lift, please contact Angela Flynn (07711 821429) who will be happy to help.



Looe and District Flower Club

from Christine Smith  
Chairman



Looe & District Flower Club welcomes you to:

A Cornish Christmas with a flower demonstration by Pat Whitehouse

Pelynt Village Hall

Tuesday, 2 December at 2pm

Members free;  
Non-members £5

The flowers are raffled at the end of the meeting and refreshments are provided.

Defibrillators in the Parish



**Whitecross:** Whitecross Village Hall

**Polruan:** Polruan Village Hall,  
School Lane  
Veverly car park  
The Quay, Polruan  
Fire Station, Greenbank

**Bodinnick:** The Old Ferry Inn

The defibrillators are very simple to use, with voice instructions given whenever it is activated.



The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Publisher

Lanteglos-by-Fowey PCC 07399 563440  
[trelawnybenefice@gmail.com](mailto:trelawnybenefice@gmail.com)

Editorial team

[editor@polruanparishnews.co.uk](mailto:editor@polruanparishnews.co.uk)

Advertising

[advertising@polruanparishnews.co.uk](mailto:advertising@polruanparishnews.co.uk)

Distribution

Linda Hazell 07977 625134  
[lindahazell@sky.com](mailto:lindahazell@sky.com)

Lanteglos Community Bus Timetable

	Dec	Jan	Fare
Whitecross Market	6 <sup>th</sup>	3 <sup>rd</sup>	Donation
Par Market and St Austell	3 <sup>rd</sup> , 17 <sup>th</sup>	7 <sup>th</sup> , 21 <sup>st</sup>	£3.00
Trago and Bodmin	10 <sup>th</sup> 10 <sup>th</sup>	14 <sup>th</sup> 14 <sup>th</sup>	£3.00 £4.00
Truro	-	28 <sup>th</sup>	£4.50

All services are on Wednesdays except for Whitecross Farmers’ Market (the first Saturday of every month).

The services start from Furze Park at 0925 (1015 for Whitecross), then as requested at Well, Greenbank and Ferris Way.

Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick.

£1 reduction for concessions to all fares.  
To book, please telephone  
01726 870826 after 9am

**Service subject to driver availability and, of course, Government Guidelines**





# National Coastwatch

## EYES ALONG THE COAST

### from Ray Rigg

Marine activity has now reduced considerably and we have moved into winter mode; we still keep watches but team members take time to revise their training and learn more about our technology in the quite periods. So, I thought this would be a good time to say something about the national organisation.

In 1994, in Cadgwith Bay off the Lizard in Cornwall, a fishing boat sank, and its two crew unfortunately perished. This happened soon after many Coastguard lookouts had been closed, and such was the depth of local feeling following the tragedy, the local community decided to set up a volunteer watch over that section of the coastline, and the National Coastwatch Institution was formed.

National Coastwatch has gone on to establish 60 lookout stations around England and Wales, from Fleetwood in the North West, through Wales, and around the English coastline to Filey, in the North East. More are planned, based on information supplied by our colleagues at the Maritime and Coastguard Agency (HMCG) and the RNLI, and will be established as quickly as funding permits and staff can be recruited. NCI Polruan was formed in 1998; it is station number ten and is one of 13 stations that serve Cornwall.

The organisation is a registered charity reporting to HM Coast Guard. National Coastwatch (NCI) watchkeepers provide eyes and ears along the coast, keeping watch and monitoring radio channels to provide a listening watch in poor visibility. When people find themselves in trouble, we are there to alert HM Coastguard and direct the appropriate emergency and rescue services to the casualty.

The NCI nationally has a membership of approximately 3,000 volunteers. The national office is situated in Liskeard, where there are three administrative staff, our only paid employees. Each station has to raise its own operating funds locally whilst nationally we have a number of generous sponsors.

### National Activity Report — covering 1 January to 31 October 2025

October continued to see a slowdown in activities around the coastline but incidents involving the NCI tended to be of a more serious nature as weather conditions worsened. Nationally, we dealt with a total of 60 incidents in October.

So far this year NCI have initiated or supported 862 incidents across our 60 active stations, an increase of 117 or 16% on the same time last year. Through our diligence and support so far this year we have initiated



or assisted in the rescue of 284 persons and assisted 547 others. That's a total of 831 people who have benefitted from our help and vigilance; 353 incidents have required the launching of a lifeboat. NCI Polruan has had a very quiet year with only five incidents including the rescue of a missing villager.

If you are interested in joining us, please drop into the station or call Ray Rigg on 07956 286270. Training is carried out by experienced watchkeepers in the lookout station and in classroom settings. An assessment is carried out when you're ready, to check that all necessary competencies have been learned.



### MEMBERSHIP:

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Cornwall shown by C Fylm community film clubs

Polruan residents, local residents and visitors are all welcome!



### BOOKINGS:

by phone on 01726 870505  
or through the

website: [www.polruanfilmclub.co.uk](http://www.polruanfilmclub.co.uk)  
or email: [boxoffice@polruanfilmclub.co.uk](mailto:boxoffice@polruanfilmclub.co.uk)

**Your first film is included in your membership fee. After that you just need a ticket for each screening you want to attend. Occasionally due to non-availability we may have to substitute a film at the last minute.**

Almost another year of films shown at the Village Hall - a total of 45 will have been shown by the end of November! We've had some really great times together, not just enjoying the films but it's become a lovely social event too. Watch out in a few months for news of our special celebrations when we show the 50th film in May 2026.

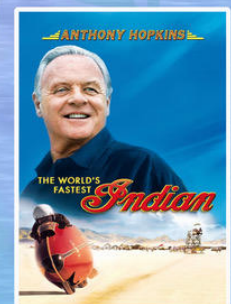
We will be taking a month off in December and there will be no film screening. It's a very busy month and, apart from the fact that securing a booking on the Village Hall that month instead of the usual date which would fall on Saturday 27th December, is nigh impossible, so many people have other commitments that month. Thank you to all our members for your continued support!

However, we're back in January and have some exciting films lined up for you in the New Year.

On **SATURDAY 31st JANUARY 7pm** we will be screening **THE WORLD'S FASTEST INDIAN** which stars Anthony Hopkins. (BBFC rating is a 12)

It's based on the story of New Zealander Burt Munro, who spent years rebuilding a 1920 Indian motorcycle, which helped him set the land speed world record at Utah's Bonneville Salt Flats in 1967.

Our **February** film will be **Bohemian Rhapsody** and then in **March** we hope to screen **Mr Burton** more details to follow in the next Parish News Magazine.



**MEMBERSHIP RENEWALS** If your membership has expired you can renew this online choosing that option from the drop-down box. This will include the ticket for your first film in this new membership year.

**TICKETS: ANNUAL MEMBERSHIP INCLUDING ENTRANCE TO FIRST FILM : ADULTS £8 (there is an option for you to add a donation to this to help support CFylm) and YOUNG PERSONS: £4 (aged 18-24). No membership fee for under 18s**



# Fowey Harbour

HERITAGE SOCIETY

## From Lostwithiel to the sea — a voyage rediscovering my old patch

A Talk by Captain Mike Sutherland,  
Retired Fowey Harbour Master

**Fowey Town Hall**

Saturday, 13 December 2025 at 2pm



We are blessed with having a beautiful estuary and for 25 years Mike was responsible for its management and organisation.

Starting at Lostwithiel, Mike takes us 7 miles down the estuary and up the Pills and Creeks to the Harbour mouth, highlighting points of interest and some of the history behind the harbour and its surrounds, including some of the projects that have shaped the estuary over that time.

He will also give a quick overview of the website [www.Foweyharbourhistory.com](http://www.Foweyharbourhistory.com) where he records the Harbour's history in depth.

## Stories Behind the Cornwall Memory Game

A Talk by Merryn Threadgould

**Polruan Village Hall**

Saturday, 17 January 2026 at 2pm



Merryn Threadgould returns to talk us through another hand-picked selection of Cornish nuggets mined from the rich history of the Duchy. From the most interesting mine to lockdown graffiti and a poor man's soup, this talk never fails to engage the senses, including laughter.

Tickets on the door: Members Free; Non-members £10. Includes complementary tea and coffee

Further information available from

[kathpearce@gmail.com](mailto:kathpearce@gmail.com)

[www.foweyharbourheritage.org.uk](http://www.foweyharbourheritage.org.uk)



## SUNNY SIDE SAILING

At SunnySide Sailing, we offer unforgettable experiences on the water - whether you're learning to sail, building confidence, or just looking for a new adventure. Based in Polruan, on the River Fowey and beautiful Cornish coast, we deliver high-quality sail training, skippered charters, race opportunities, and bespoke support for boat owners.

**Sailing Courses**

**Skippered Charter / Racing Skills Days / Own Boat Support**



07828 166 179

[www.sunnysidesailing.co.uk](http://www.sunnysidesailing.co.uk)

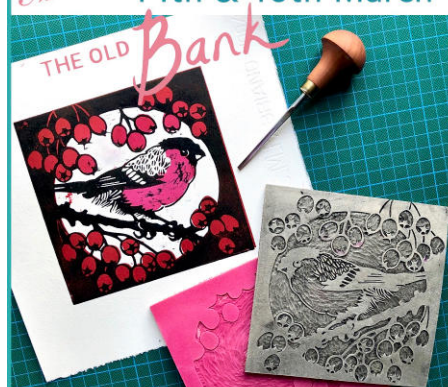
[enquiries@sunnysidesailing.co.uk](mailto:enquiries@sunnysidesailing.co.uk)



## LINOCUT PRINTMAKING WORKSHOPS IN FOWEY

24th & 25th January 2026

*Mother's Day*  
14th & 15th March



**BOOK YOUR PLACE**

[OLIVIACLIFTONBLIGH.COM](http://OLIVIACLIFTONBLIGH.COM)



**Polly Food Hampers to help toward your Christmas Celebrations!**

**Will you find Christmas a challenge this year?**

Polly Christmas Hampers are free to anyone in Lanteglos Parish who will find Christmas a struggle, and will include some basic supplies as well as a few festive treats to make Christmas Day special. The present cost of living crisis is affecting many of us in some way so please do not hesitate to request a hamper if you feel it would be helpful for you or maybe someone you know.

We are asking for hamper requests by December 3rd. Please tell us of any dietary preferences etc.

**To protect privacy and data only two people will be involved in taking order details and deliveries of hampers.**

Please contact Angie Mallard on

07967131525



## LERRYN FILM CLUB

**In the Lerryn Memorial Hall**

Our next screenings will be:

18 December 2025: The Penguin Lessons

22 January 2026: Lion

Doors open at 7pm for a chat with friends

Films are screened at 7.30pm

To join the Lerryn Film Club or come as a guest on [Lerryn.Filmclub@outlook.com](mailto:Lerryn.Filmclub@outlook.com) or phone Sue on 01208 871513.



## Polruan Coastguard

from Jamie Adams, Station Officer



As you are reading this, winter will have fully set in! With this comes the wind, rain, floods, storms and Christmas!

For the team it has been very quiet with only 3 call outs.

### From the Station log

**13 September:** Team paged at 13:07hrs; two persons in water, jet skis collided. Stood down on route to scene. Looe ILB towed casualties to Looe for treatment.

**22 September:** Team paged at 10:11hrs; Person fallen on cliff path, lower limb injuries. Team assisted Looe Coastguard Rescue Team (CRT) with extraction and treatment before family took casualty to hospital for further treatment.

**29 October:** Team paged at 21:43hrs; Suicidal male, Looe area. Team stood down on route. Casualty found safe with relatives.

We continue to train twice a month throughout the year, mixing up the training with knowledge and indoor training: casualty care, unexploded ordnance (UXO) and pyrotechnics, map reading etc. and outdoor skills: search, rope rescue and water rescue. But whatever the weather, training continues inside or out.

With the winter weather mentioned above, come significantly higher risks along the coastline. The strong winds, large waves and higher tides, although great to watch are highly dangerous and it is advisable to watch from a safe distance and to stay away from the edge.

The team are currently recruiting for up to three new team members, you can apply if

- You are over 18.
- You hold a full driving licence.
- You live close to the station.

Although the first two are mandatory the last one can be flexible and we would definitely be interested in potential new members from the outlying areas and villages of Lerryn, Lanreath, Pelynt and so on.

Full details can be found at [hmcoastguard.uk/volunteer-as-a-coastguard](http://hmcoastguard.uk/volunteer-as-a-coastguard) (or look for **Join our team** on the [hmcoastguard.uk](http://hmcoastguard.uk) website).

Alternatively, pop by the station if you see us training! We train on every second and last Thursday of each month.

Well seeing as I've mentioned the Christmas word, the team and I hope you all have a joyful and safe Christmas and new year!

**All the best and stay safe!**



After the busy summer months, with shouts arriving regularly, we entered a brief respite over the past two months, with only a single call-out for our local volunteer RNLI crews. On the morning of Saturday, 27 September, the volunteer crew were paged to launch to assess the condition of a sailor who had called for help while alone aboard his yacht in Fowey Harbour. The Southwest Ambulance Service had requested the launch as the casualty was reported to be unwell and deteriorating. As the crew prepared to launch, a Fowey Harbour Patrol boat brought the casualty to the lifeboat pontoon, so the launch was aborted. Instead, our crew then provided casualty care at the station while waiting for the ambulance, which arrived soon after. The ambulance crew took over the casualty for assessment. He was released later.



The local crew remain on call with the new, latest-generation, Atlantic 85 rigid inflatable lifeboat, as well as the inshore Class D vessel. The larger vessel currently in use is a temporary vessel on loan, while a brand new craft is under construction and is due to arrive in the new year, when there will be a naming ceremony and celebration. Local crew are now fully qualified on the station's new vessel.

Could you help save lives at sea as a RNLI Water Safety Volunteer? The RNLI are currently recruiting in the Fowey/St Austell area for a Water Safety Officer. You might already be involved in the RNLI, or be new to the organisation, however all applications are welcome and training will be provided. As part of the water safety team, you will play an important part in RNLI lifesaving operations, by sharing vital water safety messages, supporting or running events and helping to educate and equip water users from all spheres to enjoy the sea safely. To find more information and how to apply, enter [bit.ly/48tj3g7](https://bit.ly/48tj3g7) in your browser, which will take you directly to the relevant RNLI webpage.

You can keep up to date with all the local lifeboat shouts, as well as news, events and activities on Facebook @FoweyLifeboat and Facebook @FoweyLifeboatCommittee.

The RNLI is the charity that saves lives at sea.



**A GIFT IN YOUR WILL  
IS OUR PROTECTION AT SEA**

To find out more go to [RNLI.org/Wills](http://RNLI.org/Wills)  
or call us on 0300 300 0062 and quote 'Parish News'.



**Lifeboats**



## News from the Boatyard

from Jacqui Lewis and Molly Lewis

As the Autumn months of September and October roll by, Toms' Yard has been a hive of activity, welcoming both new and returning customers. We have been continuing with a range of exciting improvements supported by the UK Shared Prosperity Fund grant via Cornwall Council.

Our Engineering and Carpentry Workshops are now nearing completion; upgrades include insulated wall panels, new lighting, extraction systems and enhanced electrics, all complemented by the addition of various new specialist machines. The reception area and stores have also been renovated, creating a more efficient and welcoming space for both staff and visitors.

Sustainability remains central to our progress. Solar panels have been installed on several yard buildings, powering our new electric machinery and contributing to our reduced carbon emissions across the boatyard. A new remotely operated winch has also been fitted, improving both performance and safety for our slipway lifting operations. We are also eagerly awaiting the arrival of our new Mobile Vessel Trolley, which will be a valuable addition to our lifting equipment.

Looking ahead, remaining projects include the installation of a vessel wash-off system and improved staff welfare facilities. These final upgrades are scheduled for completion by the end of the year to early January.

Meanwhile, you will spot the Ferries back in the yard for their annual maintenance, starting with Bodinnick. The Polruan Ferry continues its community support, providing a 24-hour service for Purple Gecko Events' 100-Mile Ultra Marathon, which began and finished in Looe. Additionally, a discounted trip was provided for the Coffee, Cake, and Catch-up Group's river outing.

The Bodinnick Ferry enjoyed supporting both the Duchy Ford Club's End of Season Run and the Charity Tractor and Vehicle Run, providing discounted crossings to all participants.

As the festive season approaches, we would like to thank all our customers, suppliers, and friends for their continued support throughout the year. From everyone at Toms' Yard, we wish you a Merry Christmas and a Happy New Year!

Don't forget to check our Facebook page and website for ferry timetables over the festive season.



*New winch arriving via the Bodinnick Ferry*



Funded by  
UK Government



CORNWALL  
COUNCIL  
*one and all • onen hag oll*



Council of the  
ISLES OF SCILLY



GOOD  
GROWTH  
CORNWALL & ISLES OF SCILLY  
SHARED PROSPERITY FUND

# C Toms and Son Ltd

Toms Yard, East Street

Polruan PL23 1PB

info@ctomsandson.co.uk



## Tel: 01726 870232

- Craneage to 25 Tonnes
- Hoist 260 Tonnes
- Slipway 400 Tonnes
- New Build & Refits
- Marine Engineering





# *Polruan Theatre Club Presents*

# *Saving Fairyland*

A new pantomime written and directed by Tony Cottrell

17<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup> and 21<sup>st</sup> February 2026

Polruan Village Hall at 7:30pm  
with a licensed bar

Tickets: Adult £8 Child £4 Family (2 Adult 2 Children) £20

Advanced booking on 01726 870666 and at  
the Reading Room from 16-20 February

[polruantheatreclub.co.uk](http://polruantheatreclub.co.uk)



*The*  
Carpet Gallery  
**CARPETS**

[www.thecarpetgallerylostwithiel.co.uk](http://www.thecarpetgallerylostwithiel.co.uk)

*The*  
Carpet Gallery  
**VINYLS**

[www.thecarpetgallerylostwithiel.co.uk](http://www.thecarpetgallerylostwithiel.co.uk)

*The*  
Carpet Gallery  
**TILES**

[www.thecarpetgallerylostwithiel.co.uk](http://www.thecarpetgallerylostwithiel.co.uk)

With over thirty years experience, The Carpet Gallery will give you free professional advice on an extensive range of products from leading manufacturers worldwide. To further ensure your satisfaction, The Carpet Gallery is a member of the Carpet Foundation and operates under a code of practice approved by the Office of Fair Trading. Flooring professionals dedicated to upholding the highest standards of workmanship and integrity

**Tues 9-4 Wed 9-1 Thurs 9-4 Fri 9-4**

*Other times by appointment*



**FREE FITTING - MEASURING - ESTIMATING**  
**20 QUEEN STREET, LOSTWITHIEL PL22 0AD Tel: 01208 873237**

